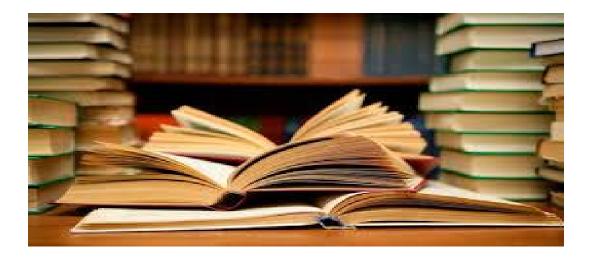
My hobby

My hobby is reading. I read whenever I have free time. I read many kinds of book such as history books, science books, sometimes, it is novel and popular magazines. Reading has a lot of advantages. First, reading is a cheap way to get information and entertainment. Moreover, you can keep a book forever and read it many more times. Thus, reading is a convenient way for me to acquire a wonderful source of knowledge. Futhermore, reading book will contribute to my vocabulary expansion. The more I read, the more words I exposure to, and they will inevitably make their way to my mind. That, therefore, also helps to improves my memory. When I read a book, I have to remember its plot, characters' name, events so that my memory will become much better. Additionally, reading book is the best way to set my mind at rest after a hard and gruelling day. These are some reasons why I am so into reading. And I think, anyone always sticking with their computer should step away from it for a little while, crack a book and replenish their soul for a moment.



https://www.crawshawacademy.org.uk/seecmsfile/?id=165

Benefits of Reading Books

- Stress Reduction.
- Knowledge.
- Vocabulary Expansion.
- Memory Improvement.
- Stronger Analytical Thinking Skills.
- Improved Focus and Concentration.