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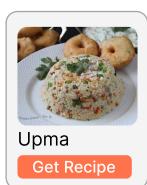




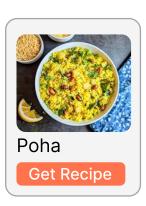


























Poha

Recipe



Ingredients

2 cups poha (flattened rice)
1 potato (diced)
2-3 green chilies (chopped)
1/2 tsp mustard seeds
1/2 tsp turmeric powder
Salt, to taste
2 tbsp oil
1/4 cup peanuts
1 tbsp lemon juice
Coriander leaves (for garnish)

Cooking Instructions

- 1. Rinse poha and drain.
- 2. Mix with salt and turmeric.
- 3. Roast peanuts in oil, set aside.
- 4. Sauté mustard seeds, chilies, curry leaves, potatoes, and onions until soft.
- 5. Add poha, cook for 2-3 mins. Mix in lemon juice.
- 6. Garnish with peanuts and coriander. Serve hot.





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