# ANNUAL REPORT

2016-2017





# **WORKING TOGETHER**

# 2016-2017

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3-201

CINDY I'ANSON

**Executive Director** 

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Systems Management

JANE MCKERROLL

Finance

LORRAINE JEFFREY

Quality Improvement /

Children's Mental Health Services (Halton)

**ROBIN BRENNAN** 

Autism Services



Darren Thomas

AGM Guest Speaker

Darren Thomas is a member of the Bear Clan from the Seneca Nation, who resides on Six Nations of the Grand River Territory. Darren is a PhD Candidate in community psychology and a full time lecturer in Indigenous Studies at the Brantford Campus of Wilfrid Laurier. His research focuses on Indigenous governance, health and well-being, and Indigenous knowledge.

# OUR MESSAGE TO THE COMMUNITY

Over the past year, Woodview has continued to grow and evolve in response to community needs and the shifting landscape in children's mental health and autism services. We have developed a new Strategic Plan to reflect changes and guide us through new challenges and opportunities. Our strategic priorities reflect the important role that our clients, staff, community partners, funders, and donors have in the work that we do. All of our priorities are achievable with the support of these key stakeholders. Our new mission, vision, and values reflect the importance we place on client voice, our commitment to staff, and our role as a community leader.

We are extremely pleased to have Darren Thomas as the speaker for our joint annual general meeting with Contact Brant. Darren brings his personal experience and research to his presentation 'Seven Generations', which aims to "empower individuals; promote the understanding of Canada's settlement history; and build a commitment to strengthen a relationship of allyship in order for all peoples to enjoy a safe, fair, and just society for generations to come." One of our key priorities as a Lead Agency for Moving on Mental Health is engagement of our Indigenous partners in Brant and on Six Nations of the Grand River to enhance our understanding of the needs of Indigenous children, youth, and families, and to ensure clear pathways to service. We are building on our relationship with Six Nations Child and Family Services to jointly deliver the SNAP® (Stop Now and Plan) program to children and families living in Brant and on Six Nations.

In response to the shifting landscape of children's autism services, we are working with ErinoakKids, Central region lead for the Ontario Autism Program, as a key partner in the implementation and delivery of services in Halton. These are exciting and challenging times and we look forward to the benefits the new program will have.

In response to community need and in partnership with families of young adults with ASD who were aging out of school-based supports, we developed the LIFE (Learning, Independence, Friendship, Education) program to help fill a gap in services.

In this report you will see some of the important feedback we have received from families about how we are doing at Woodview. Also highlighted are some of our fundraising activities, with our many thanks to the event donors, supporters, and organizers.

Woodview would not be the vibrant, positive organization it is today without the dedicated staff that work hard everyday to strengthen the lives of the people we serve and inspire hope. Our staff are the backbone of our organization.

A special thank you to the Board of Directors for their tireless commitment to Woodview and support of the work that we do.



Cindy l'Anson

Executive Director



Harold Goldsmith
Chair, Board of Directors

# GOING ABOVE AND BEYOND

# MISSION

Woodview goes above and beyond to engage individuals and families by providing high quality mental health and autism services and supports that inspires hope and strengthens lives.

# VISION

An inclusive community where everyone has a voice and feels valued.

## VALUES

### Accountability

We act with integrity and are responsible, reliable, and transparent to all our stakeholders.

### **Respecting Others**

We hold the people we serve at the centre of all that we do. We treat everyone with dignity, respect client voice, and embrace diversity.

### Working Together

We actively encourage, support, and invest in partnerships.

### Leading

We are forward-thinking and work to influence positive change in our communities.

Innovation and Learning

We seek new opportunities to learn, to improve, to teach, and to add value.

Commitment to Staff

We nurture a positive culture by celebrating individual accomplishments, empowering staff, and fostering team spirit.

# STRATEGIC PLAN PRIORITIES

EMPLOYER OF CHOICE

FINANCIAL RESILIENCY

CLIENT

QUALITY SERVICES

Enhance the professional capacity of staff

Maintain a high level of staff engagement and satisfaction

Embrace diversity and inclusion in the workplace Ensure that services provided are of high value and cost-effective

Diversify, stabilize, and strengthen financial resources Clients and families have opportunities to provide meaningful input at all levels of the organization from services to governance

Deliver services in a diverse and inclusive manner

Enhance client experience and outcomes

# ONTARIO AUTISM PROGRAM



# ONTARIO AUTISM PROGRAM

### Implementation of the OAP

In March 2016, the Ontario Ministry of Children and Youth Services introduced the Ontario Autism Program (OAP), a new program designed to provide all children with a diagnosis of Autism Spectrum Disorder with evidence-based behavioural services that are flexible, individualized, and based on the child's unique needs and strengths. The OAP aims to significantly reduce wait times for therapy, deliver diagnosis earlier in a child's development, and increase the number of treatment spaces available to serve more children and accommodate the rising prevalence in autism diagnoses.\*

Key components of the new OAP include:

- A single point of access in each region of the province
- · Family-centered decision making
- Collaborative approach to service

- Service based on need
- A direct funding option
- · Safe, effective autism services

The OAP will address the needs that children and youth with ASD have across the following domains:

- Social/Interpersonal
- Communication
- Cognitive Functions
- School Readiness
- Motor Skills

- Personal Responsibility/Adaptive Skills
- Play and Leisure
- Self-Regulation
- Vocational
- · Challenging Behaviour

### Woodview's Programs

With the accelerated start date of June 2017, Woodview's Intensive Behavioural Intervention (IBI) and Applied Behavioural Analysis (ABA) programs have begun the transition to the new Ontario Autism Program. Woodview continues to work with our families, community partners, and the Ontario government to ensure the transition is as smooth and seamless as possible, while continuing to provide high quality services. To learn more about the Ontario Autism Program and Woodview's Autism services, please visit: woodview.ca/ontario-autism-program

March 2016 Introduction of OAP by MCYS **June 2017** Implementation of OAP Begins

- Guidelines released
- Waitlist Transition
- Families join OAP
- More treatment spaces

By end of 2017

Continued implementation of OAP

- New support workers
- · New appeals process
- · More treatment spaces
- Direct funding option

**June 2018**Full implementation of OAP

<sup>\*</sup> http://www.children.gov.on.ca/htdocs/English/specialneeds/autism/ontario-autism-program.aspx https://news.ontario.ca/mcys/en/2016/06/strengthening-the-ontario-autism-program.html

# LIFE PROGRAM



# LIFE PROGRAM



In September 2016, Woodview launched LIFE; a specialized day support program for adults between 18 – 30 years of age who have a diagnosis of Autism and are no longer in school. LIFE, which stands for Learning, Independence, Friendship, & Education, provides a quality replacement for the school day as well as a respite opportunity to parents and caregivers.

### Parents Partner with Woodview

For parents like Susan Kennedy and Lynda Mouriopoulos, who each have a child ageing out of school-based Autism programs over the next few years, the future was uncertain. They decided to band together with other area parents to actively seek out an organization that would create a program to support their adult children with Autism Spectrum Disorder (ASD).

Woodview launched the LIFE Program to help fill the gap. The program emphasis is on developing life skills, academics for everyday life, outdoor/physical activity, community activities, and day trips based on interests of the program participants. Frequent community activities like yoga, library visits, and swimming connect these young adults to their communities.

"This program is designed to meet the specific needs of adults with ASD, by focusing on building the skills that are most difficult to acquire for those with autism," says Lynda Mouriopoulos. "The well-structured environment, run by professionals, gives families the confidence that their young adults are well cared for." "The new L.I.F.E. Program will not only challenge our young adults with autism, but will allow them to grow and excel at their own pace so that they can be the best that they can be," says Susan Kennedy. "As parents, this provides a tremendous comfort."

### High Attendance at Open House Event Reflects Need

An Open House event was hosted by Woodview at our Mischa Weisz Centre for Autism Services location in West Hamilton on June 23, 2016. Organized in partnership with the Parent's Advisory Group, the event unveiled the concept of the program to the community. The high turnout included parents, caregivers, community partners, and family members with autism. In attendance were Louise Murray-Leung, representing Filomena Tassi, MP for Hamilton West-Ancaster-Dundas, and Monique Taylor, MPP Hamilton Mountain and NDP's Children & Youth Services critic.

The LIFE Program currently operates four days a week at Woodview's Mischa Weisz Centre for Autism Services. To learn more, visit: woodview.ca/l-i-f-e/

# MOVING ON MENTAL HEALTH



# MOVING ON MENTAL HEALTH

### Background & Key Responsibilities:

Moving on Mental Health is an important part of Ontario's Mental Health and Addictions Strategy. The plan ensures children, youth, and families are able to get mental health services in their communities that are accessible, responsive, and meet their needs. As the Lead Agency for Brant, Woodview is responsible for ensuring that core community-based child and youth mental health services are available in every service area and that the community-based sector works together so young people get the support they need.

### Working Towards A System of Mental Health Services That Is Youth Friendly

As one of the key priorities, Woodview is committed to partnering with youth in our community to engage them in creating meaningful change to children's mental health services in Brant. Over the past year, rapport has been built with existing groups of youth to work towards transformation. This would not be possible without our collaborative community partnerships and our youth advocates, who bring with them the authentic expertise only youth in our community can provide.

Together we have been able to:



Create a logo that represents the important work of the youth engagement group;

- Offer a youth-friendly kick-off event for Mental Health Week;
- Start a running group with great success and promise, with requests to expand the program;
- Vet new ideas, and help to ensure new mental health projects are youth- informed to increase their chances of success and positive outcomes;
- Choose locations for 9 feedback boxes across Brant to offer youth a way to provide feedback.

Based on consultation reports from our Youth and Family Reference Groups, Woodview has received feedback to not only extend our business hours in Brant, but to also extend our service locations. In response, our Brantford office will be open on Saturdays from 9:00 a.m. to 1:00 p.m. starting September 2017. Woodview will also provide a brief walk-in clinic being offered at various locations throughout community. Stay tuned for an announcement of the locations and hours of service!

### This Year's Priorities

Provide a clear pathway to crisis and respite services; Develop options for a system of mental health services that is youth friendly and addresses barriers to service; Partner with our Indigenous Service Providers to allow us to establish clearer pathways to services for Indigenous families; Establish ongoing linkages to adult mental health services in Brant; Ensure parents/caregivers, service providers, and the community are aware of the need for early years mental health services.

# SNAP® PROGRAM



# SNAP® PROGRAM







### SNAP® Overview at Woodview

As part of the Enhanced Ontario Youth Action Plan, the Ministry of Children and Youth Services is funding Six Nations Child & Family Services to provide SNAP (Stop Now and Plan) in partnership with Woodview.

The SNAP® Program began providing service to clients as of April 2016. SNAP® groups are delivered jointly by staff of Woodview and Six Nations Child & Family Services to families in Brantford, Brant County and on Six Nations of the Grand River.

SNAP® is a 13 week group program with ongoing support for children ages 6-11 who are struggling with serious behavioural issues. SNAP® teaches children how to make better choices, manage their emotions and "keep problems small". SNAP® also offers parenting groups to help parents and caregivers learn effective child management techniques and other SNAP® strategies to deal with their child's behaviours.

The SNAP® Program serves boys and girls ages 6-11 who are engaging in aggressive, anti-social behaviour and/or have come into contact with authority figures at school or in the community. SNAP® Program staff consist of Child and Youth Workers and Social Service Workers who have received extensive training in the SNAP® Model by the Child Development Institute.

### SNAP® History

The SNAP® (Stop Now and Plan) Program is built on three decades of solid research, innovative program development and stringent evaluation. Throughout this impressive history, SNAP® has been recognized by several national and international bodies and has received numerous prestigious awards and designations.

SNAP was developed by Child Development Institute, an accredited children's mental health organization in Toronto, in 1985 as an intervention program for boys under 12 in conflict with the law. Since then, the program has grown and evolved into an internationally recognized model for teaching troubled children and their parents how to effectively manage their emotions and "keep problems small."

Information provided by childdevelop.ca/snap



### Day Treatment for Adolescents and New Opportunities (DANO)

"I didn't have to re-tell my story during intake interview. Wendy said "you have a story that's why you are here." We had been so exhausted as a family - this was a breath of fresh air. I was told my days of dragging my child to school were over. Thank you. Absolutely loved the parent group! The DBT skills are amazing and opportunity to share and help others was empowering. Megan is awesome - as an educator myself, I don't work with a lot of teachers trained in mental health. Thank you for the 2 credits you drew out of my child. The availability of staff by text, e-mail, phone was such a comfort. I never felt that I was a bother to anyone with guestions or concerns. Home visits made my life so much easier. We would never have the opportunity for siblings to be involved otherwise. Goal setting (although not met at home) is a valuable skill my child has learned and that we keep using and reminding her of. The atmosphere you create is amazing and comforting - my child is so comfortable and I feel you really took the time to get to know her. You CARE!! Overall, I am a believer! We have spent 10 + years going from crisis to crisis with "treatment" that felt like survival. This program is the first long term plan we have ever had and I must say, after spending tens of thousands of dollars on private psychologists, etc.... It is nice to have our tax dollars at work supporting a very sick child and reaping the benefits of a recovery I never thought I would see! THANK you!! From the bottom of our family's heart."

"This program is the first long term plan we have ever had."

- DANO Parent



### Woodview Learning Centre

"For the first time I felt confidence in the abilities of the educators to work with my son the whole school day; teaching supporting, encouraging, listening and really caring. Their skills in communications extend to the whole of the family, beginning with daily taking time to talk with the parents about how our children's day went. I do not feel alone anymore working to build communication and social skills in my son. He has progressed at school and at home, academically and in behaviour selfmonitoring. Thank you so much."

"I do not feel alone anymore working to build communication and social skills in my son."

- WLC Parent

# CAREERS AT WOODVIEW



WE ARE EMBARKING ON A REVAMPED RECRUITMENT MARKETING STRATEGY WHICH INCLUDES A REFRESHED CAREERS PAGE ON OUR WEBSITE THAT WILL BETTER CONVEY THE CULTURE AT WOODVIEW.

**Rewarding Careers** 

Positive Culture

Working Together

Woodview offers meaningful work opportunities where you will find a supportive work environment, opportunities to grow and develop your skills.

Woodview is committed to our staff. We nurture a positive culture by celebrating individual accomplishments, empowering staff, and fostering team spirit.

Woodview has amazing people that embrace opportunities for innovation and learning and are committed to providing quality services to the people we serve.

# WHAT STAFF ARE SAYING



I did my placement at Woodview, then became a relief worker, then fulltime staff, and then a manager. This is actually pretty common at Woodview. This agency is committed to building on staff expertise, which is why we have so many long standing staff.

Amanda - Program Manager



I still pinch myself every so often thinking I'm in a dream. My new position at Woodview has been a dream come true. It's been a goal of mine to work for a workplace that shares the same ethics, values and compassion for the work that we do in this field. I can now say that is a goal I have achieved by working at Woodview. This place is rewarding and a blessing for me!"

Shabnaaz - Outreach Worker



Woodview is a place of work that builds leaders, puts clients and families first. This is evident when someone walks into the office or meets a Woodview staff member in the community. Their love and passion shines through, regardless of their titles or positions. Woodview treats everybody as a family member.

Leo - Child and Youth Day Treatment Worker

# **EVENT HIGHLIGHTS**

## Golf Tournaments

A very special thank you goes out to our generous donors for their commitment, dedication, and longstanding support in donating proceeds of their golf tournaments to Woodview!



### The Royal Coachman Charity Golf Tournament

Proceeds support the Woodview Learning Centre Sponsorship Fund Special thanks to Ross Nelson!

Jeff Roche & Hannah Gordon-Roche Memorial Golf Tournament Proceeds support the Woodview Learning Centre Sponsorship Fund Special thanks to Gord Roche & Don Gordon!



### **Brant Business Builders Charity Golf Tournament**

Proceeds support Camp Unity Special thanks to Michael Meade and Michael Harrington!



### **Ray's Place Charity Golf Tournament**

Proceeds support Woodview's Hamilton Day Treatment programs Special thanks to Ray's Place and John Fitzgerald!

The support of our donors ensures the longevity of our service and our ability to continue helping those children, youth, adults, and families we support.





# **EVENT HIGHLIGHTS**

### Mental Health Week

Mental Health Week is able to bring so many people together to raise awareness and reduce the stigma associated with mental health. Community agencies collaborated by organizing a variety of accessible events in Brantford, Brant County, and Six Nations to engage families to have fun while learning about the variety of resources available in the community. These events helped provide community members with strategies to focus on their mental health and to guide them on the path to wellness.



# Giving Tuesday

Giving Tuesday takes place on the last Tuesday of November. It is a new Canadian movement for giving and volunteering, taking place each year after Cyber Monday. The "Opening day of the giving season," is a day where charities, companies, and individuals join together to share commitments, rally for favourite causes, and think about others. Woodview participated in the #Unselfie Challenge where staff, volunteers, and supporters would post a 'selfie' with the reason why they support Woodview. We also took part in the first text-to-donate campaign which helped raise awareness about Woodview.



# The Kindness Diaries

It was an evening of inspiration and insight from Leon Logothetis, Author and Host of the trending Netflix series, The Kindness Diaries. On March 15 at Woodview, Leon shared his story of overcoming depression, finding his passion in life, and the impact that human connection and kindness has on our lives. Staff, clients, friends, family, and our community partners joined us to hear Leon's story, and left inspired to share kindness with those around them. Thank you Leon Logothetis from all of us at Woodview! Official photography courtesy of Zekar Photography's Kamila Kuzmicka.



# CIFLY FOR Woodview



# CIFLY FOR Woodview

On October 22, 2016, Woodview partnered with iFLY Toronto Indoor Skydiving for its second iFLY for Woodview fundraising event. iFLY for Woodview was designed as a 24-hour, indoor skydiving marathon to enhance Woodview's programs and services, and to generate an open conversation around mental health and autism.

### **iFLY for Woodview Fast Facts**



- 152 Tickets Sold
- 32 Sponsored Flights
- 29 Prizes
- 4 Grand Prizes
- 24 Volunteers
- 5 Vendors
- 7 Corporate Sponsorships
- \$20,000 raised















- Proceeds from the event helped us purchase items and experiences that have directly benefited our clients and their families. Some of these items include:
- Program outings providing access to different social experiences;
- Sports equipment for our adults with autism;
- Outdoor toys to build and expand social skills, play skills, and communication;
- Sensory room items used to regulate emotions;
- Therapeutic board games;
- And much more!

Thank you once again to our event participants, donors, corporate sponsors, and to everyone who made iFLY for Woodview a huge success!



Rick Goldring
Mayor of Burlington



Fred Eisenberger
Mayor of Hamilton



Rob Burton

Mayor of Oakville



3%

Adult

Autism Services

adults, and families

Children's Mental Health Tele-Mental Health Provincial Service Area 2

Children's Autism Services Adult Autism Services

2.168 558

269 99



Children's

**Autism Services** 

### CHILD and YOUTH MENTAL HEALTH CLIENTS BY COMMUNITY

**Brant** 1.542 42 Hamilton Tele-Mental Health 558 Provincial Service Area 2 Halton 584

Halton Tele-Mental Health Brant **Provincial Service** Area 2 20%

2%

Hamilton

CHILD, YOUTH, and ADULT AUTISM CLIENTS BY COMMUNITY

> Hamilton 160 Halton 208



# SUMMARY OF REVENUE & EXPENSES

Other

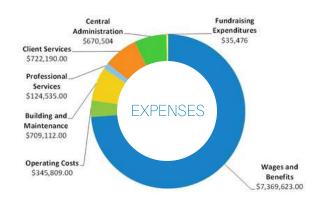
### FOR THE 12-MONTH PERIOD ENDING MARCH 31, 2017

REVENUE		
Ministry Funding Foundations and Grants Fundraising and Donations Other Revenues	\$ \$ \$	6,881,831 103,686 53,444 3,339,064
Total Revenue	\$	10,378,025

# Fundraising and Donations \$53,444 Foundations and Grants \$103,686

### **EXPENSES**

Amortization of capital assets Amortization of deferred capital funding Interest on long-term debt	\$ 123,188 (44,897)
•	\$ 123,188
Amortization of capital assets	
Amortization of capital accets	\$ (200,162)
Excess of revenues over expenses before other items	\$ 400,776
Total Expenses	\$ 9,977,249
Fundraising Expenditures	\$ 35,476
Central Administration	\$ 670,504
Client Services	\$ 722,190
Professional Services	\$ 124,535
Building and Maintenance	\$ 709,112
Operating Costs	\$ 345,809
Wages and Benefits	\$ 7,369,623



A copy of the complete financial statements for the period ending March 31, 2017 audited by SB Partners, Chartered Accountants is available from the Business Office upon request.

# **DONORS**

The following Major Donors have allowed us to extend service in new and innovative ways, research best practices, and meet service demands beyond that which we are able to provide with Ministry funding.

### Gold (\$5,000 plus)

100 Women Who Care,
Brantford Chapter
100 Women Who Care,
Hamilton Chapter
Brant Business Builders
Gordon Dunning
iFLY Toronto
Kiwanis Club of Brantford
The Jeff Roche & Hannah Gordon
Roche Memorial Foundaiton

### Silver (\$1,000 - \$4,999)

CAPIH Charitable Foundation
CEEFAX Security
Halton Honda
Health Source Plus
James & Christine Cosman
Jeanne Durant
Kathy & Richard Jones
Knights of Columbus Council 1679
Lorne & Mary Ames
Ray's Place / John Fitzgerald
Royal Bank of Canada
Simpson Wigle LLP
Stephen Smith & Dorothy
Woltz Foundation
The Royal Coachman

### Bronze (\$500 - \$999)

Canada Life
Cindy l'Anson
Complete Technology Solutions
David W. Wilson Manufacturing Ltd
Frank Fabbro
Galeforce Welding
National Steel Car
Nique Restaurant
Northway Ford Lincoln Ltd
SB Partners
Teresa Rymon-Lipinski
Theotokos & St. Thomas Drugs Inc
Utter Morris Insurance Brokers
Wendy Caron

**Key Funders** 

Ministry of Children and Youth Services
Ministry of Community and Social Services



# **GRANT FUNDERS**

The following Grant Funders have allowed us to extend service in new and innovative ways, research best practices, and meet service demands beyond that which we are able to provide with Ministry funding.

ArcelorMittal Dofasco



Autism Speaks Canada



City of Brantford



Kids Up Front



**RBC** Foundation



Unity for Autism



### Woodview Mental Health & Autism Services

Phone 905-689-4727 Fax 905-689-2474 woodview.ca



### **Head Office**

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Email wcc@woodview.ca



### Brantford

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/WoodviewMHA



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/WoodviewMHA



/Company/Woodview-Mental-Health-And-Autism-Services



### Mischa Weisz Centre for Autism Services

1900 Main Street West, Unit 1 Hamilton, ON I 8S 4R8

