

What's in an Acronym?

The cheater's guide to sounding like an expert on making a more activity-friendly world.

AASHTO – American Association of State Highway Transportation Officials	LGC – Local Government Commission
ADT – Average Daily Traffic	LOS – Level of Service
AIA – American Institute of Architects	MPO – Metropolitan Planning Organization
AHS – American Hiking Society	MUTCD – Manual on Uniform Traffic Control Devices
APA – American Planning Association	NACCHO – National Association of County and City Health Officials
AQMD – Air Quality Management District	NCBW – National Center for Bicycling and Walking
ASLA – American Society of Landscape Architects	NCCDPHP – National Center for Chronic Disease Prevention and Health Promotion
ASTDHPPHE - Assn. of State and Territorial Directors of Health Promotion and Public Health Education	NHTSA – National Highway Traffic Safety Administration
AVA – American Volkspoint Association	NPS – National Park Service
BRFSS – Behavioral Risk Factor Surveillance System	NPTS – National Personal Transportation Survey
CDC – Centers for Disease Control	NSC – National Safety Council
CMAQ – Congestion Mitigation and Air Quality	PBIC – Pedestrian and Bicycle Information Center (Univ. of North Carolina)
CNU – Congress for a New Urbanism	PWA – Partnership for a Walkable America
CPTED – Crime Prevention Through Environmental Design	RTC – Rails-to-Trails Conservancy
CVD – Cardiovascular Disease	RTCA – Rivers and Trails Conservation Assistance program (of the NPS)
DNPA – Division of Nutrition and Physical Activity (of the CDC)	Sec 402 – Section 402 Safety Funds
DOT – Department of Transportation	STPP – Surface Transportation Policy Project
ECGA – East Coast Greenway Association	TEA-21 – Transportation Equity Act for the 21 st Century
EPA – Environmental Protection Agency	TIP – Transportation Improvement Plan
FHWA – Federal Highway Administration	TDM – Transportation Demand Management
ICMA - International City/County Managers Association	TND – Traditional Neighborhood Design
ITE – Institute of Transportation Engineers	ULI – Urban Land Institute

A Select List of Resources for More Livable Communities.

Active Living by Design program of the Robert Wood Johnson Foundation, Chapel Hill, NC;
www.activelivingbydesign.org. *Extensive research bibliography on-line.*

AmericaWalks, Boston, MA; www.americawalks.org. *A coalition of ~50 local and regional pedestrian advocacy groups nationwide, provides technical assistance.*

Bikes Belong Coalition, Ltd., Brookline, MA: 617-734-2800; www.bikesbelong.org.
Coalition of bicycle industry supporters of more livable community efforts.

Centers for Disease Control and Prevention. www.cdc.gov/nccdphp/dnpa. *A site with tons of current data on health and physical activity, and promotional resources.*

Complete Streets, Washington, DC; (202) 207-3355, www.completestreets.org, *National campaign to have all roads accommodate pedestrians, bicyclists, transit riders, as well as cars.*

League of American Bicyclists, Washington, DC, 202-822-1333; www.bikeleague.org.
National advocacy group advancing the Bike Friendly Communities program.

Local Government Commission, Sacramento, CA: 916-448-1198; www.lgc.org
Huge library of practical planning and transportation guides, e.g. "Real Towns."

National Center for Bicycling and Walking, Washington, D.C; www.bikewalk.org. *Provides Walkable Community Workshops, technical assistance, Pro Walk/Pro Bike conference.*

Pedestrian and Bicycle Information Center, Chapel Hill, NC.: 877-WALKBIKE; 202-463-8405;
www.walkinginfo.org; www.bicyclinginfo.org. *Technical support for communities, including walkability and bike-ability checklists and bike/ped facility design guides.*

Rails-to-Trails Conservancy, Washington, DC.; www.railtrails.org. *Great help for trail and greenway advocates, including research supporting trails' benefits.*

Rivers and Trails Conservation Assistance, a program of the National Park Service;
www.ncrc.nps.gov/rta. *Provides technical support.*

Surface Transportation Policy Project, Washington, D.C. 202-466-2636, www.transact.org.
Publishes annual reports loaded with pedestrian activity and safety data.

Safe Routes to School National Clearinghouse, www.saferoutesinfo.org

Walkable Communities, Inc., High Springs, FL: 904-454-3304, www.walkable.org
The consulting firm of Dan Burden, one of the nation's leading experts.

THE COMPLETE GUIDE TO WALKING FOR HEALTH, WEIGHT LOSS, AND FITNESS (Lyons Press,
2008) *A comprehensive guide to walking for exercise by Mark Fenton.*