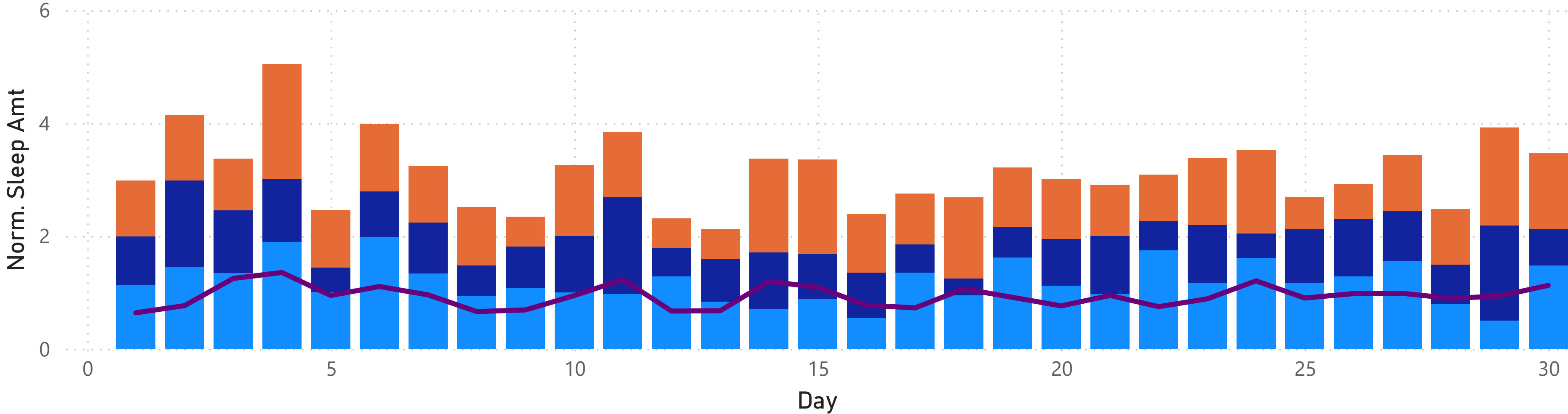


Apple Health Analysis

Sleep Types and Health Score Over Time

● Sleep (Core) ● Sleep (Deep) ● Sleep (REM) ● Health Score



7.08

Average of Sleep Analysis [Total] (hr)

44.59

VO2 (Max) Average

Heart Rate (Min) and Total Sleep Over Time

● Norm. Heart Rate (Min) ● Norm. Sleep (Total)

