Design research document Complementary app for sexual education

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1. Introduction

We're creating an app to help teachers who work with blind students. The goal is to create a Flutter app that is easy to use and that is designed to be user-friendly and helpful, giving teachers tools and features that support their teaching in sexual education.

2. Research for suitable design for our Flutter mobile application

After a group discussion and a research on possible UI kits, we decided to use Material 3 UI Kit. It is is a great choice for our app because it makes the app easy to use and it follows Google's design guidelines, so the app will look professional and maintain a consistent style. Plus, there are many online resources that will inspire us for the widgets we are planing to use. I got to know the UI kit from (https://m3.material.io/).

3. Material 3 UI kit

- What is Material Design?

Material Design is a design system built and supported by Google designers and developers. Material io includes in-depth UX guidance and UI component implementations for Android, Flutter, and the Web.

- What is Material 3?

Material 3 enables personal, adaptive, and expressive experiences – from dynamic color and enhanced accessibility, to foundations for large screen layouts and design tokens.

This information is from: https://m3.material.io/get-started

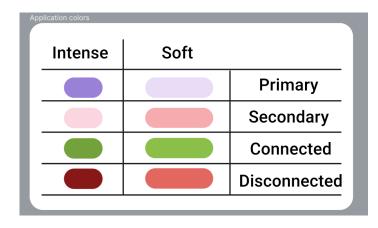
- Where did I found the Material 3 Design Kit itself?

I found the UI kit in the Figma Community and I used the Figma's plugin for Material Design icons.

The link to the UI kit (https://www.figma.com/community/file/1035203688168086460)
The link to the plugin (https://www.figma.com/community/plugin/740272380439725040)

3. Theme, colours and fonts

- Theme & Colours:





The colours ware customised but initially taken from default Material UI Theme.

Link to the default theme: https://m3.material.io/styles/color/system/overview#9e93d40d-7733-4c10-ba68-e3ffb529bb5c

Link to the customise option: https://m3.material.io/styles/color/system/how-the-system-works#bad18447-5981-410b-9b6c-ba4b9cce7344

- Fonts:

My choice: Roboto font

For the application I decided to use Roboto as a font in my app. This font is created by Google and is notable for its simple design, which blends straight lines and smooth curves. Roboto's variety in styles, ranging from light to bold, allows me to use it flexibly throughout my app, be it for eye-catching headlines or easy-to-read body text. Implementing Roboto gives my app a modern and trustworthy feel. It's a font that's both clear and contemporary, ensuring that my app looks up-to-date and well-crafted.

Overall, I think Roboto is a great choice for my app, making it look good while keeping the text clear for users.

Links:

https://fonts.google.com/specimen/Roboto

https://en.wikipedia.org/wiki/Roboto



4. Shapes, spaces, shadows, outlines and images used in the app

- Shapes:

The expanded M3 shape system uses a size-based scale with 7 styles which I will use in the following scenarios:

None (0 px) - used for Bottom app bars, Tabs and Lists

Extra small (4 px) - usually used for <u>Text fields</u> but I prefer to use 8 px for that

Small (8 px) - used for Text fields

Medium (12 px) - used for <u>Cards</u>

Large (16 px) - used for Floating text

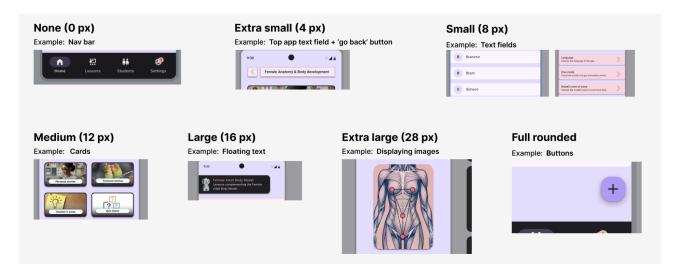
Extra large (28 px) - used for <u>Displaying images</u>

Full rounded - used for Buttons, Icon buttons, Sliders

Overview of Material 3 UI shapes: https://m3.material.io/styles/shape/ overview#81a1857b-add5-44eb-ab54-00ea191013f7

Baseline shapes detailed info: https://m3.material.io/styles/shape/shape-scale-tokens#b09934f1-1b0f-4ce4-ade6-4a1f138add6c

Implementation of the mentioned shapes:

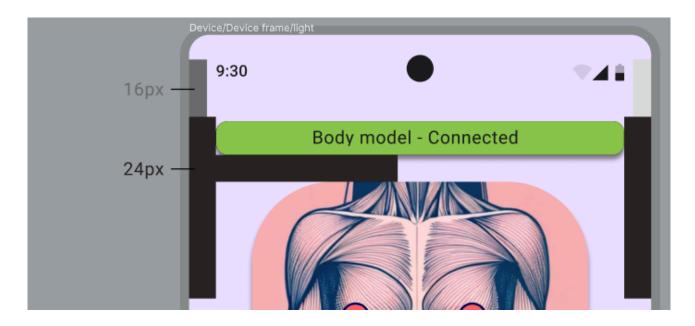


More info about the shapes: https://m3.material.io/styles/shape/shape-scale-tokens#2de68fd7-fd0e-48e9-abf4-96d06ef48658

- Spaces:

By following Material 3 UI kit, I picked the <u>Medium</u> and the <u>Compact</u> spacing layouts. The <u>Medium</u> spacing layouts have margins of 24px, while the <u>Compact</u> have only 16px.

Example from the First Iteration of the Hi-fi:



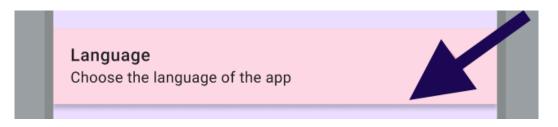
More about the Medium spacing: https://m3.material.io/foundations/layout/applying-layout/medium#0a78287b-3f21-42e6-a08f-a8a199f9a8e3

More about the Compact spacing: https://m3.material.io/foundations/layout/applying-layout/compact#7c838611-d3f0-49c1-9140-1f983c9db0f6

- Shadows:

Material 3 UI kit says when using shadows "Instead of applying shadows by default to all levels, use shadows only when required to create additional protection against a background or to encourage interaction"

That is why I added shadows is several places. I picked to use shadows type "Level 2" which means a shadow with 3px of dept. For colour of the shadow I used the colour of the navigation bar (colour #211F26) with intensity of 25%. You can see the shadow in the picture below:



Overview fo M3 Shadows: https://m3.material.io/styles/elevation/overview#31b94605-a9fc-4b16-b494-23a42cd6a26f

Levels of shadows where you can see the "Level 2" next to the rest types of shadows: https://m3.material.io/styles/elevation/applying-elevation#7da4567a-61f1-43bc-825b-3bc49e9029a8

- Outlines:

All Material 3 outlines in the original UI kit are build for input field, which we have only in one place - in the Teachers notes (a mode within each lesson).

Regarding the online presentation of images, the original Material Design 3 (M3) User Interface (UI) kit does not include any components or specifications. Additionally, the use of inner linear shadows in components like images is not mentioned or detailed anywhere within the M3 guidelines. That is why I decided to add a custom type of outline of pictures and a custom type of inner linear shadows in the images. To evaluate my decision, conducted an A/B testing.

The A/B testing:



The the A/B testing is clear: My custom modifications have significantly improved the visual appeal of the images, making them more attractive to users. Therefore, it's evident that these custom modifications contribute to a more user-friendly experience compared to the standard Material 3 approach.

- Images

Regarding the images, it's important to note that for some of them, I used the AI tool 'DALL-E', while others were taken from the free browser.

Examples of the different pictures:

