

SMARTER PROGRAMS FOR EARLY CHILDHOOD



health.happy.share.
flavor.growing.leader
proactive.fun.informed.nutritious.start.



**Your preferred partner for nutritious,
affordable, family-style meals for pre-
schoolers.**

At Preferred Meals, we have almost 50 years of experience in school food service and always stay informed and proactive in terms of federal meal program legislation. Trust our experts to provide nutritionally balanced meals made with quality ingredients that will keep your menu student focused while meeting USDA requirements.





Preferred Meals:

Family style meals that help children learn and caregivers teach!

“For us, the Preferred Meals program is the PERFECT solution. Our students get high quality, nutritious food at a reasonable price.”

*Leanne Bowley, Regional Vice President,
Mosaica Educational, Inc.*



Preferred Meals offers a total, single source solution that:

- Delivers wholesome meals to your site
- Furnishes freezers and ovens so you can provide hot meals daily
- Compliments entrees with fresh fruits, vegetables and local baked goods

Preferred Meals: Family style meals that help children learn and caregivers teach!

The Preferred Meals Early Childhood and Head Start meal programs are designed to encourage good eating habits

Preferred Meals Early Childhood and Head Start meal programs are created by nutritionists to be child pleasing for a diverse student population and to meet all the nutritional requirements. We offer:

Wholesome, quality meals

- Many favorites like pizza and chicken nuggets
- A variety of new foods, tastes and textures
- Enjoyable meals formulated to meet strict dietary guidelines
- Nutritionally balanced selections that satisfy differing cultures and ethnicities

Enhanced enjoyment and enthusiasm

- Brand names that children and their families recognize
- Support and training for food service staff and caregivers
- Special holiday meals and occasional treats

Family-style meals create a wholesome, shared eating experience that:

- Teaches children to share meals and practice table manners
- Introduces new food experiences they can share with parents
- Promotes social interaction
- Develops language skills



Create a wholesome, shared eating experience

menu development and training • food and equipment delivery • meal preparation and service •