APEAL mode Learner record (from FETAC module descriptor):

Learner Record

A personal record will be compiled by the candidate. It will include:

- a job description which details the activities undertaken in work
- a record of work including a completed CV and a workplace reference. The reference should include either:
 - a completed Supervisor's Report or
 - a reference/verification of employment for the candidate from an employer, customer, client, service user
- a review and evaluation of the candidate's learning while in work. This should include:
 - critical reflection on personal and vocational experience
 - discussion of the challenges encountered, both personal and work related
 - discussion of the positive aspects, both personal and work related
 - discussion of learning, both personal and work related
 - an outline of future plans in light of workplace experiences.

The learner record may be presented using a variety of media, including written, oral, graphic, audio, visual or any combination of these. Any audio or video evidence must be provided on tape.