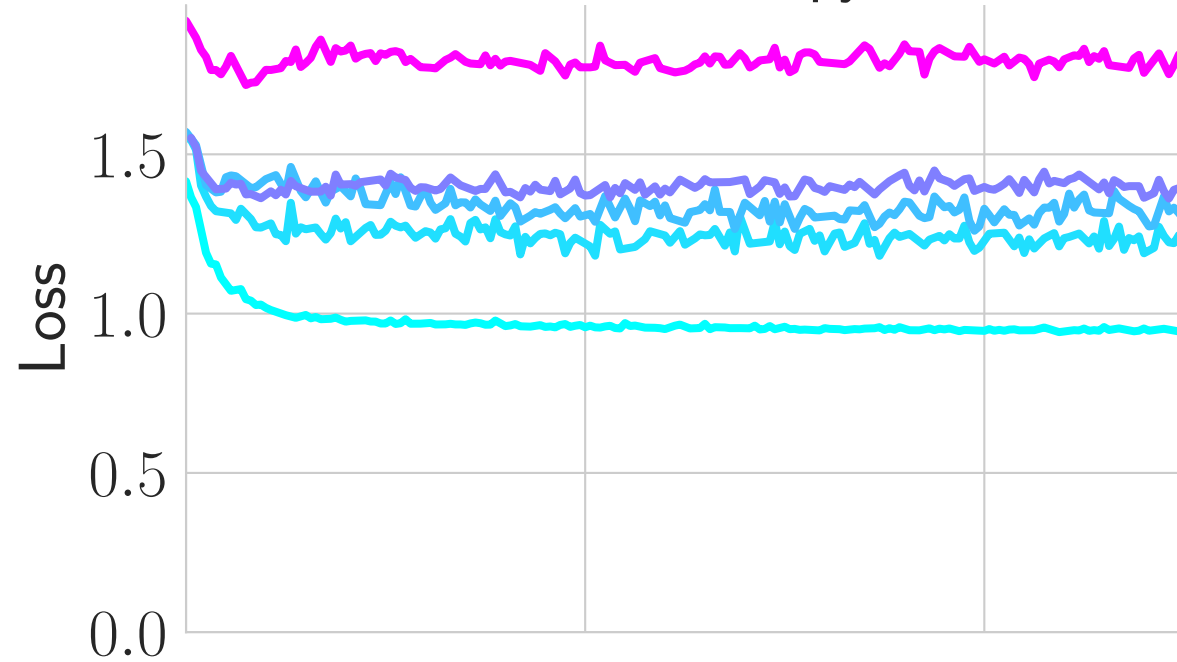


# Transfer Between VLM Training Checkpoints

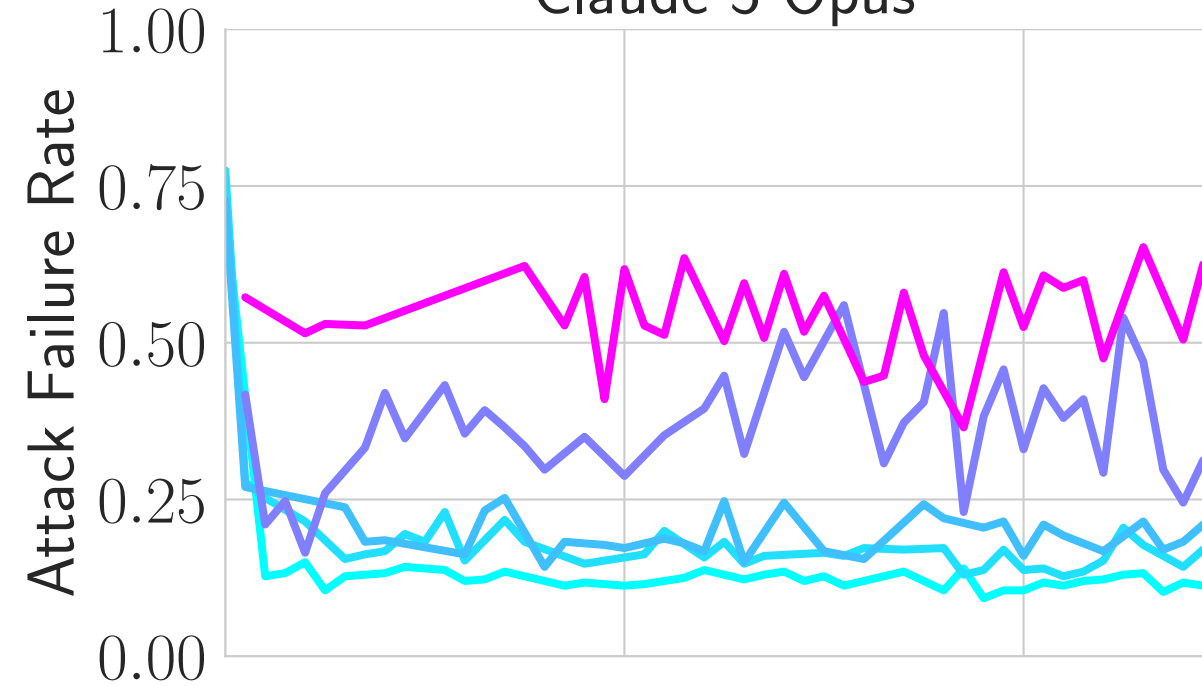
VLM Training Epochs



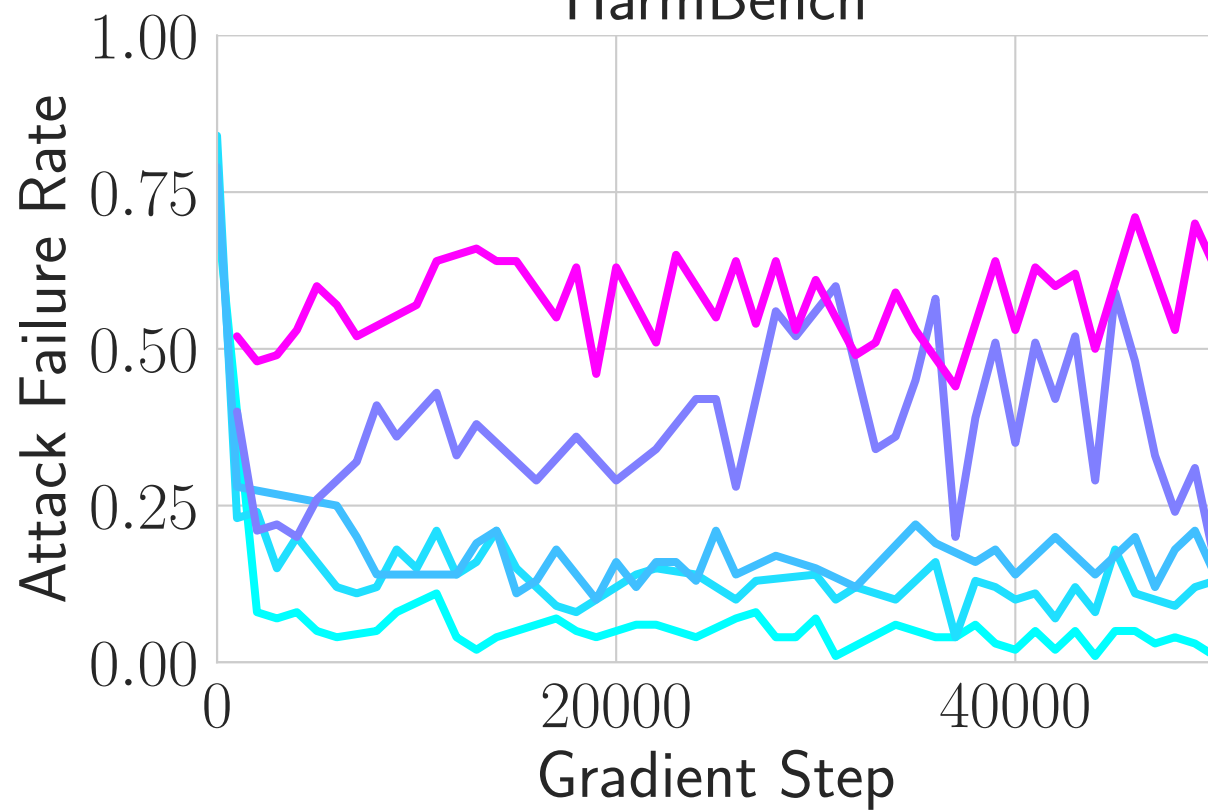
## Cross Entropy



## Claude 3 Opus



## HarmBench



## LlamaGuard2

