

Math 217 – Midterm 2

Fall 2018

Solutions

Name: _____ Section: _____

Question	Points	Score
1	12	
2	15	
3	12	
4	11	
5	15	
6	12	
7	12	
8	11	
Total:	100	

1. (12 points) Write complete, precise definitions for, or precise mathematical characterizations of, each of the following (*italicized*) terms.

- (a) The vector space V is *isomorphic* to the vector space W

Solution: The vector space V is *isomorphic* to the vector space W if there exists an isomorphism from V to W .

- (b) The *coordinates* of the vector \vec{v} in the vector space V relative to the ordered basis $\mathcal{B} = (\vec{b}_1, \dots, \vec{b}_n)$ of V

Solution: The *coordinates* of the vector \vec{v} in the vector space V relative to the ordered basis $\mathcal{B} = (\vec{b}_1, \dots, \vec{b}_n)$ of V are the unique scalars $c_1, \dots, c_n \in \mathbb{R}$ such that $\vec{v} = \sum_{i=1}^n c_i \vec{b}_i$.

- (c) The list of vectors $(\vec{v}_1, \dots, \vec{v}_n)$ in the inner product space V is *orthonormal* relative to the inner product $\langle \cdot, \cdot \rangle$ on V

Solution: The list of vectors $(\vec{v}_1, \dots, \vec{v}_n)$ in the inner product space V is *orthonormal* relative to the inner product $\langle \cdot, \cdot \rangle$ on V if for all integers $1 \leq i, j \leq n$, we have $\langle \vec{v}_i, \vec{v}_j \rangle = 1$ if $i = j$ and $\langle \vec{v}_i, \vec{v}_j \rangle = 0$ if $i \neq j$.

- (d) The $n \times n$ matrix A is *similar* to the $n \times n$ matrix B

Solution: The $n \times n$ matrix A is *similar* to the $n \times n$ matrix B if there exists an invertible $n \times n$ matrix S such that $A = S^{-1}BS$.

2. State whether each statement is True or False and provide a short proof of your claim.
- (a) (3 points) For all square matrices A and B , if A is similar to B and A is invertible, then B is also invertible.

Solution: TRUE. Let A and B be square matrices, and suppose A is similar to B and A is invertible. Let S be an invertible matrix such that $B = S^{-1}AS$. Note that A and B (and S) are the same size, say $n \times n$. Then

$$BS^{-1}A^{-1}S = S^{-1}ASS^{-1}A^{-1}S = S^{-1}AA^{-1}S = SS^{-1} = I_n,$$

which shows that B is invertible with inverse $B^{-1} = S^{-1}A^{-1}S$.

Solution: TRUE. If A is similar to B , then B is similar to A . Let S be the invertible matrix such that $B = SAS^{-1}$. Then S , A , and S^{-1} are invertible, so B is a product of invertible matrices which must be invertible.

- (b) (3 points) For every subspace V of \mathbb{R}^n , the orthogonal projection $\text{proj}_V : \mathbb{R}^n \rightarrow \mathbb{R}^n$ of \mathbb{R}^n onto V is an orthogonal transformation.

Solution: FALSE. For a counterexample, let $V = \text{span}(\vec{e}_1) \subseteq \mathbb{R}^2$, so V is a subspace of \mathbb{R}^2 , and consider orthogonal projection $\text{proj}_V : \mathbb{R}^2 \rightarrow \mathbb{R}^2$ onto V . Then $\text{im}(\text{proj}_V) = V \neq \mathbb{R}^2$, so proj_V is not surjective, hence not invertible, which means proj_V is not an orthogonal transformation. (In fact, any orthogonal projection which is not the identity transformation will fail to be invertible, and thus will not be an orthogonal transformation.)

- (c) (3 points) For every inner product space V , if \vec{x} is a vector in V such that $\langle \vec{x}, \vec{y} \rangle = 0$ for every $\vec{y} \in V$, then $\vec{x} = \vec{0}$.

Solution: TRUE. Let V be an inner product space, and let \vec{x} be a vector in V such that $\langle \vec{x}, \vec{y} \rangle = 0$ for all $\vec{y} \in V$. Then in particular $\langle \vec{x}, \vec{x} \rangle = 0$, which implies $\vec{x} = \vec{0}$ since inner products are positive definite.

Solution: TRUE. Note that V is a subspace of itself. If $\vec{x} \in V$ is such that $\langle \vec{x}, \vec{y} \rangle = 0$ for all $\vec{y} \in V$, then $\vec{x} \in V^\perp$ by definition of the orthogonal complement. Then $\vec{x} \in V^\perp \cap V = \{\vec{0}\}$ implies $\vec{x} = \vec{0}$.

(Problem 2, Continued).

- (d) (3 points) The polynomial functions $p(t) = 2t + 1$ and $q(t) = 2t - 1$ are orthogonal in the inner product space \mathcal{P}_2 of polynomials of degree at most 2 with inner product given by $\langle f, g \rangle = \int_0^1 f(t)g(t) dt$ for all $f, g \in \mathcal{P}_2$.

Solution: FALSE. By definition, p and q are orthogonal if $\langle p, q \rangle = 0$. But

$$\langle p, q \rangle = \int_0^1 (2t + 1)(2t - 1) dt = \int_0^1 (4t^2 - 1) dt = \left(\frac{4}{3}t^3 - t \right) \Big|_0^1 = \frac{1}{3} \neq 0,$$

so p and q are not orthogonal.

- (e) (3 points) For every $n \times k$ matrix A and vector $\vec{b} \in \mathbb{R}^n$, if the columns of A form an orthonormal list of vectors, then $A^\top \vec{b}$ is a least-squares solution of the linear system $A\vec{x} = \vec{b}$.

Solution: TRUE. Let $A \in \mathbb{R}^{n \times k}$ and $\vec{b} \in \mathbb{R}^n$, and suppose the columns of A are orthonormal, so $A^\top A = I_k$. Then

$$A^\top A(A^\top \vec{b}) = I_k A^\top \vec{b} = A^\top \vec{b},$$

so $A^\top \vec{b}$ is a solution of the normal equation $A^\top A\vec{x} = A^\top \vec{b}$ of the linear system $A\vec{x} = \vec{b}$, and is thus a least-squares solution of $A\vec{x} = \vec{b}$.

Solution: TRUE. If $A \in \mathbb{R}^{n \times k}$ has orthonormal columns, then the standard matrix of $\text{proj}_{\text{im}(A)}: \mathbb{R}^n \rightarrow \mathbb{R}^n$ is AA^\top . Then

$$A(A^\top \vec{b}) = (AA^\top)\vec{b} = \text{proj}_{\text{im}(A)}(\vec{b})$$

implies $A^\top \vec{b}$ is a least squares solution to $A\vec{x} = \vec{b}$.

3. Let W be the subspace of \mathbb{R}^4 consisting of all solutions of the linear system

$$\begin{aligned}x_1 - x_2 &= 0, \\x_1 + 2x_3 - x_4 &= 0.\end{aligned}$$

- (a) (4 points) Find a 4×4 matrix A such that $\ker(A) = W$. (*No justification required*).

Solution: For instance, we could let $A = \begin{bmatrix} 1 & -1 & 0 & 0 \\ 1 & 0 & 2 & -1 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{bmatrix}$.

- (b) (4 points) Find a basis of W^\perp . (*No justification required*).

Solution: Since $W = \ker(A)$, we have $W^\perp = \ker(A)^\perp = \operatorname{im}(A^\top)$. One basis is

$$\left(\begin{bmatrix} 1 \\ -1 \\ 0 \\ 0 \end{bmatrix}, \begin{bmatrix} 1 \\ 0 \\ 2 \\ -1 \end{bmatrix} \right).$$

- (c) (4 points) Find an ordered basis \mathcal{B} of \mathbb{R}^4 such that the \mathcal{B} -matrix of the orthogonal

projection onto W in \mathbb{R}^4 is $\begin{bmatrix} 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{bmatrix}$.

Solution: In order for the matrix of proj_W relative to $\mathcal{B} = (\vec{b}_1, \vec{b}_2, \vec{b}_3, \vec{b}_4)$ to be as given, we need (\vec{b}_1, \vec{b}_2) to be a basis of W , and (\vec{b}_3, \vec{b}_4) to be a basis of W^\perp .

Thus, for instance, we may let $\mathcal{B} = \left(\begin{bmatrix} 1 \\ 1 \\ 0 \\ 1 \end{bmatrix}, \begin{bmatrix} 0 \\ 0 \\ 1 \\ 2 \end{bmatrix}, \begin{bmatrix} 1 \\ -1 \\ 0 \\ 0 \end{bmatrix}, \begin{bmatrix} 1 \\ 0 \\ 2 \\ -1 \end{bmatrix} \right)$.

4. Let $M = \begin{bmatrix} 0 & 1 \\ 1 & 0 \end{bmatrix} \in \mathbb{R}^{2 \times 2}$, and let $T : \mathbb{R}^{2 \times 2} \rightarrow \mathbb{R}^{2 \times 2}$ be the linear transformation defined by $T(A) = MA$ for all $A \in \mathbb{R}^{2 \times 2}$. Also let

$$\mathcal{E} = \left(\begin{bmatrix} 1 & 0 \\ 0 & 0 \end{bmatrix}, \begin{bmatrix} 0 & 1 \\ 0 & 0 \end{bmatrix}, \begin{bmatrix} 0 & 0 \\ 1 & 0 \end{bmatrix}, \begin{bmatrix} 0 & 0 \\ 0 & 1 \end{bmatrix} \right) \quad \text{and} \quad \mathcal{B} = \left(\begin{bmatrix} 1 & 1 \\ 0 & 0 \end{bmatrix}, \begin{bmatrix} 0 & 0 \\ 1 & 1 \end{bmatrix}, \begin{bmatrix} 1 & 0 \\ -1 & 0 \end{bmatrix}, \begin{bmatrix} 0 & 1 \\ 0 & 1 \end{bmatrix} \right),$$

so that \mathcal{E} and \mathcal{B} are ordered bases of $\mathbb{R}^{2 \times 2}$ (you do not have to prove that they are bases).

- (a) (3 points) Find the change-of-coordinates matrix $S_{\mathcal{B} \rightarrow \mathcal{E}}$ which changes from \mathcal{B} -coordinates to \mathcal{E} -coordinates. (*No justification required*).

Solution: Writing $\mathcal{B} = (\vec{b}_1, \vec{b}_2, \vec{b}_3, \vec{b}_4)$, we have

$$S_{\mathcal{B} \rightarrow \mathcal{E}} = \begin{bmatrix} \left| \begin{smallmatrix} \vec{b}_1 \\ \vec{b}_2 \\ \vec{b}_3 \\ \vec{b}_4 \end{smallmatrix} \right|_{\mathcal{E}} \end{bmatrix} = \begin{bmatrix} 1 & 0 & 1 & 0 \\ 1 & 0 & 0 & 1 \\ 0 & 1 & -1 & 0 \\ 0 & 1 & 0 & 1 \end{bmatrix}.$$

- (b) (5 points) Find the \mathcal{B} -matrix $[T]_{\mathcal{B}}$ of T .

Solution: Using the fact that $T \left(\begin{bmatrix} a & b \\ c & d \end{bmatrix} \right) = \begin{bmatrix} 0 & 1 \\ 1 & 0 \end{bmatrix} \begin{bmatrix} a & b \\ c & d \end{bmatrix} = \begin{bmatrix} c & d \\ a & b \end{bmatrix}$ for all $a, b, c, d \in \mathbb{R}$, and again writing $\mathcal{B} = (\vec{b}_1, \vec{b}_2, \vec{b}_3, \vec{b}_4)$, we see that

$$[T]_{\mathcal{B}} = \begin{bmatrix} \left| \begin{smallmatrix} T(\vec{b}_1) \\ T(\vec{b}_2) \\ T(\vec{b}_3) \\ T(\vec{b}_4) \end{smallmatrix} \right|_{\mathcal{B}} \end{bmatrix} = \begin{bmatrix} 0 & 1 & 0 & 0 \\ 1 & 0 & 0 & 0 \\ 0 & 0 & -1 & 0 \\ 0 & 0 & 0 & 1 \end{bmatrix}.$$

- (c) (3 points) Find the \mathcal{B} -coordinates of $T \left(\begin{bmatrix} 1 & 1 \\ 1 & 1 \end{bmatrix} \right)$.

Solution: Once again writing $\mathcal{B} = (\vec{b}_1, \vec{b}_2, \vec{b}_3, \vec{b}_4)$, we have

$$T \left(\begin{bmatrix} 1 & 1 \\ 1 & 1 \end{bmatrix} \right) = \begin{bmatrix} 1 & 1 \\ 1 & 1 \end{bmatrix} = 1\vec{b}_1 + 1\vec{b}_2 + 0\vec{b}_3 + 0\vec{b}_4,$$

so the \mathcal{B} -coordinate vector of $T \left(\begin{bmatrix} 1 & 1 \\ 1 & 1 \end{bmatrix} \right)$ is $\begin{bmatrix} 1 \\ 1 \\ 0 \\ 0 \end{bmatrix}$.

5. Let

$$A = \begin{bmatrix} | & | & 1 \\ \vec{a}_1 & \vec{a}_2 & -1 \\ | & | & 0 \end{bmatrix} = \underbrace{\begin{bmatrix} 0 & 1 & | \\ 0 & 0 & \vec{u}_3 \\ 1/2 & 0 & \\ \sqrt{3}/2 & 0 & | \end{bmatrix}}_Q \underbrace{\begin{bmatrix} 2 & q & r \\ p & 3 & s \\ 0 & 0 & t \end{bmatrix}}_R$$

be the QR-factorization of the 4×3 matrix A , where $\vec{a}_1, \vec{a}_2, \vec{u}_3 \in \mathbb{R}^4$ and $p, q, r, s, t \in \mathbb{R}$.

- (a) (2 points) What are all the possible values of p and q that are consistent with the given information? (*No justification necessary*).

Solution: $p = 0, q \in \mathbb{R}$.

- (b) (4 points) Find \vec{u}_3 .

Solution: Write \vec{a}_3 for the third column of A , and \vec{u}_1, \vec{u}_2 for the first two columns of Q . Then \vec{u}_3 is the normalization of

$$\vec{a}_3 - (\vec{a}_3 \cdot \vec{u}_1)\vec{u}_1 - (\vec{a}_3 \cdot \vec{u}_2)\vec{u}_2 = \begin{bmatrix} 1 \\ -1 \\ 0 \\ 0 \end{bmatrix} - \vec{0} - \begin{bmatrix} 1 \\ 0 \\ 0 \\ 0 \end{bmatrix} = \begin{bmatrix} 0 \\ -1 \\ 0 \\ 0 \end{bmatrix}.$$

Since $-\vec{e}_2$ already has length 1, we conclude that $\vec{u}_3 = -\vec{e}_2$.

- (c) (5 points) Assuming that $\vec{a}_1 \cdot \vec{a}_2 = 0$, find the values of p, q, r, s , and t .

Solution: We already know $p = 0$, since R is upper triangular, and since $\vec{a}_1 \cdot \vec{a}_2 = 0$ we know $q = 0$ as well. Then solving the equation

$$\vec{a}_3 = r\vec{u}_1 + s\vec{u}_2 + t\vec{u}_3$$

using our solution from part (b), we get $r = 0, s = 1$, and $t = 1$.

- (d) (4 points) Letting $C = \begin{bmatrix} | & | \\ \vec{a}_1 & \vec{a}_2 \\ | & | \end{bmatrix}$, find a vector $\vec{b} \in \mathbb{R}^4$ such that the solution set of $C\vec{x} = \vec{b}$ is the set of least-squares solutions of $C\vec{x} = \vec{e}_3$.

Solution: The set of least-squares solutions of $C\vec{x} = \vec{e}_3$ is the solution set of the linear system $C\vec{x} = \text{proj}_{\text{im}(C)}(\vec{e}_3)$. Thus we can let

$$\vec{b} = \text{proj}_{\text{im}(C)}(\vec{e}_3) = (\vec{e}_3 \cdot \vec{u}_1)\vec{u}_1 + (\vec{e}_3 \cdot \vec{u}_2)\vec{u}_2 = \frac{1}{2}\vec{u}_1 + 0\vec{u}_2 = \begin{bmatrix} 0 \\ 0 \\ 1/4 \\ \sqrt{3}/4 \end{bmatrix}.$$

6. Let V be an inner product space with inner product $\langle \cdot, \cdot \rangle$, and let $\mathcal{B} = (b_1, b_2, b_3)$ be an ordered basis of V such that for each $1 \leq i, j \leq 3$, the number in the i th row and j th column of the table below is $\langle b_i, b_j \rangle$.

	b_1	b_2	b_3
b_1	2	-2	0
b_2	-2	6	3
b_3	0	3	9

Also let (u_1, u_2, u_3) be the orthonormal list obtained by applying the Gram-Schmidt process to \mathcal{B} , and let $W = \text{span}(b_1, b_3)$ be the subspace of V spanned by b_1 and b_3 .

- (a) (5 points) Find u_1 and u_2 as linear combinations of b_1 and b_2 .

Solution: First, we have $\vec{u}_1 = \frac{b_1}{\|b_1\|} = \frac{b_1}{\sqrt{\langle b_1, b_1 \rangle}} = \frac{1}{\sqrt{2}}b_1$. Then u_2 is the normalization of

$$b_2 - \frac{\langle b_2, b_1 \rangle}{\langle b_1, b_1 \rangle} b_1 = b_2 - \frac{-2}{2} b_1 = b_1 + b_2.$$

Since $\|b_1 + b_2\|^2 = \langle b_1 + b_2, b_1 + b_2 \rangle = \langle b_1, b_1 \rangle + 2\langle b_1, b_2 \rangle + \langle b_2, b_2 \rangle = 4$, we get

$$u_2 = \frac{b_1 + b_2}{\|b_1 + b_2\|} = \frac{1}{2}b_1 + \frac{1}{2}b_2.$$

- (b) (4 points) Find the orthogonal projection of b_2 onto W as a linear combination of b_1 and b_3 .

Solution: Since \vec{b}_1 and \vec{b}_3 are orthogonal, the orthogonal projection of \vec{b}_2 onto W is

$$\text{proj}_W(\vec{b}_2) = \frac{\langle \vec{b}_2, \vec{b}_1 \rangle}{\langle \vec{b}_1, \vec{b}_1 \rangle} \vec{b}_1 + \frac{\langle \vec{b}_2, \vec{b}_3 \rangle}{\langle \vec{b}_3, \vec{b}_3 \rangle} \vec{b}_3 = \frac{-2}{2} \vec{b}_1 + \frac{3}{9} \vec{b}_3 = -\vec{b}_1 + \frac{1}{3} \vec{b}_3.$$

- (c) (3 points) Find the \mathcal{B} -coordinates of the vector in W that is closest to b_2 .

Solution: The vector in W that is closest to \vec{b}_2 is $\text{proj}_W(\vec{b}_2)$. Therefore, using our answer from part (b), we find its \mathcal{B} -coordinates are $[\text{proj}_W(\vec{b}_2)]_{\mathcal{B}} = \begin{bmatrix} -1 \\ 0 \\ 1/3 \end{bmatrix}$.

7. Let B be an invertible $n \times n$ matrix, and let $A = B^\top B$. For each $1 \leq i, j \leq n$, let a_{ij} denote the (i, j) -entry of A .

(a) (2 points) Show that A is symmetric.

Solution: $A^\top = (B^\top B)^\top = B^\top (B^\top)^\top = B^\top B = A$, so A is symmetric.

(b) (3 points) Show that the diagonal entries of A are positive.

Solution: Since B is invertible and no invertible matrix can have a zero column, we know $B\vec{e}_i \cdot B\vec{e}_i > 0$ for each $1 \leq i \leq n$ by positive-definiteness of the dot product. But then by the definition of matrix multiplication, for each $1 \leq i \leq n$ we have that

$$a_{ii} = \vec{e}_i^\top B^\top B \vec{e}_i = B\vec{e}_i \cdot B\vec{e}_i > 0.$$

(c) (5 points) Prove that $a_{ij}^2 \leq a_{ii}a_{jj}$ for all integers $i, j \in \{1, \dots, n\}$.

Solution: Note that for each $1 \leq i, j \leq n$, we have $a_{ij} = B\vec{e}_i \cdot B\vec{e}_j$. Thus for each $1 \leq i, j \leq n$ we see that

$$a_{ij}^2 = (B\vec{e}_i \cdot B\vec{e}_j)^2 \leq \|B\vec{e}_i\|^2 \|B\vec{e}_j\|^2 = (B\vec{e}_i \cdot B\vec{e}_i)(B\vec{e}_j \cdot B\vec{e}_j) = a_{ii}a_{jj},$$

where the inequality in the line above is just the Cauchy-Schwarz inequality applied to the vectors $B\vec{e}_i$ and $B\vec{e}_j$.

(d) (2 points) Give an example of an invertible symmetric matrix S that is *not* of the form $C^\top C$ for any invertible matrix C .

Solution: In part (b) we proved that every matrix of the form $C^\top C$, where C is an invertible matrix, has positive diagonal entries. So to give an example of an invertible symmetric matrix S that is *not* of the form $C^\top C$ for some invertible matrix C , we simply need to find one that does not have positive diagonal entries. For instance, $-I_2$ is such an example.

8. Let $\mathcal{B} = (\vec{b}_1, \dots, \vec{b}_k)$ be an orthonormal list of vectors in \mathbb{R}^n , let $B = \begin{bmatrix} | & & | \\ \vec{b}_1 & \cdots & \vec{b}_k \\ | & & | \end{bmatrix}$ be

the $n \times k$ matrix whose columns are the vectors in \mathcal{B} , and let $V = \text{Span}(\mathcal{B})$. Also let M be an orthogonal $k \times k$ matrix, and let $C = BM$.

- (a) (7 points) Prove that the list $\mathcal{C} = (\vec{c}_1, \dots, \vec{c}_k)$ of column vectors of C is an orthonormal basis of V .

Solution: For each $1 \leq i \leq k$, we have

$$\vec{c}_i = C\vec{e}_i = (BM)\vec{e}_i = B(M\vec{e}_i) \in \text{im}(B) = V,$$

so each $\vec{c}_i \in V$ and thus $\text{Span}(\mathcal{C}) \subseteq V$. Next, we use the fact that for any matrix A , the columns of A are orthonormal if and only if $A^\top A$ is an identity matrix. Using this, since the columns of both B and of M form orthonormal lists,

$$C^\top C = (BM)^\top BM = M^\top B^\top BM = M^\top M = I_k,$$

which shows that the columns of C are orthonormal as well, and thus in particular are linearly independent. Therefore \mathcal{C} is an orthonormal basis of $\text{Span}(\mathcal{C})$, but since $\dim(\text{Span}(\mathcal{C})) = k = \dim(V)$ and $\text{Span}(\mathcal{C}) \subseteq V$, we have $\text{Span}(\mathcal{C}) = V$.

- (b) (4 points) With \mathcal{B} and \mathcal{C} as above, prove that M is the change-of-coordinates matrix from \mathcal{C} to \mathcal{B} ; that is, prove that $M = S_{\mathcal{C} \rightarrow \mathcal{B}}$.

Solution: For each $1 \leq i \leq k$, we have $B(M\vec{e}_i) = (BM)\vec{e}_i = \vec{c}_i$, which implies

that $M\vec{e}_i = [\vec{c}_i]_{\mathcal{B}}$. Since $S_{\mathcal{C} \rightarrow \mathcal{B}} = \begin{bmatrix} | & & | \\ [\vec{c}_1]_{\mathcal{B}} & \cdots & [\vec{c}_k]_{\mathcal{B}} \\ | & & | \end{bmatrix}$, it follows that $S_{\mathcal{C} \rightarrow \mathcal{B}} = M$.

Solution: We know that for all $\vec{x} \in V$, $B[\vec{x}]_{\mathcal{B}} = C[\vec{x}]_{\mathcal{C}} = BM[\vec{x}]_{\mathcal{C}}$. Therefore, using $B^\top B = I_k$, we get

$$[\vec{x}]_{\mathcal{B}} = B^\top B[\vec{x}]_{\mathcal{B}} = B^\top BM[\vec{x}]_{\mathcal{C}} = M[\vec{x}]_{\mathcal{C}}.$$

Since $S_{\mathcal{C} \rightarrow \mathcal{B}}$ is the unique matrix S such that $S[\vec{x}]_{\mathcal{C}} = [\vec{x}]_{\mathcal{B}}$ for all $\vec{x} \in V$, we conclude that $M = S_{\mathcal{C} \rightarrow \mathcal{B}}$.

Solution: For each $1 \leq i \leq k$, we have $B[\vec{c}_i]_{\mathcal{B}} = \vec{c}_i = C\vec{e}_i = BM\vec{e}_i$. Therefore, using $B^\top B = I_k$, we get

$$[\vec{c}_i]_{\mathcal{B}} = B^\top B[\vec{c}_i]_{\mathcal{B}} = B^\top BM\vec{e}_i = M\vec{e}_i$$

for each $1 \leq i \leq k$. Since $S_{\mathcal{C} \rightarrow \mathcal{B}} = \begin{bmatrix} | & & | \\ [\vec{c}_1]_{\mathcal{B}} & \cdots & [\vec{c}_k]_{\mathcal{B}} \\ | & & | \end{bmatrix}$, it follows that $S_{\mathcal{C} \rightarrow \mathcal{B}} = M$.