

प्रातः कालीन प्रार्थना Early morning Prayers:

प्रा॒तर॒ग्निं प्रा॒तरिन्द्रं<sup>१</sup> हवामहे प्रा॒तर्मि॒त्रावरु॑णा प्रा॒तर॒श्विना॑ ।  
प्रा॒तर्भगं॑ पू॒षणं॑ ब्रह्म॑ण॒स्पतिं॑ प्रा॒तः सोम॑मु॒त रु॒द्रं हु॒वेम<sup>२</sup> ॥१॥

**Om Praatar agnim praatar indram havaamahe  
Praatar mitraa varuṇaa praatar ashvinaa  
Praatar bhagam pooṣhaṇam brahmaṇas-patim  
Praataḥ somam-uta rudram huvema.**

In the early morning as we begin the day, (as we rise), we invoke Agni, the holy fire, the great purifier; Indra, the cosmic energy; Mitra and Varuṇa, sun and ocean; the Ashwins, twin divinities of nature's energies of prana and udana; Bhaga, spirit of grandeur and glory; Pooṣha, spirit of nourishment and vitality; Brahmaṇaspati, Lord Supreme of the universe and the Divine Word; Soma, herbal energy; Rudra, lord of justice and freedom from evil and ailment.

प्रा॒तर्जितं॑ भग॑मु॒ग्रं हु॒वेम व॒यं पु॒त्रमदि॑ते॒र्यो वि॒ध॒र्ता ।  
आ॒ध्रश्चि॒द्यं म॒न्य॒मानस्तु॑रश्चि॒द्राजा॑ चि॒द्यं भगं॑ भ॒क्षीत्याहं<sup>२</sup> ॥२॥

**Om Praatar jitam bhagam-ugram huvema vayam  
Putram-aditeryo vidhartaa  
Aadhrash-chidyam manyamaanasturash-ch-idraajaa  
Chidyam bhagam bhakṣheetyaaha.**

As we begin the day we invoke Bhaga, all victorious lord and spirit of glory, child of indestructible mother Infinity and sustainer of all regions of the universe, universally acknowledged and adored, to whom the weakest as well as the most powerful and brilliant prays and says "O Lord, may I move on the pathway of Dharma to obtain the glory and grace I need".

भग॑ प्र॒णेत॑र्भग॒ सत्य॑राधो॒ भगे॑मां धि॒यमु॒दवा॑ दद॒न्नः ।  
भग॑ प्र॒ णो॑ जनय॒ गोभि॑रश्वै॒र्भग॑ प्र॒ नृभि॑र्नृ॒वन्तः॑ स्याम<sup>३</sup> ॥३॥

**Om Bhaga praṇetar bhaga satyaraadho  
Bhagemaam dhiyam-udavaa dadannaḥ  
Bhaga pra ṇo janaya gobhir-ashvair-bhaga  
Pra nribhir-nrivantaḥ syaama**

O Bhaga, lord of power and glory, you are the leader. Lord of light, you are the giver of victory in the field of truth. Lord omniscient, protect and promote this wisdom and intelligence of ours, giving us more and ever more of it. Lord of universal prosperity, provide us with adequate resources of land, cattle, the light of knowledge, speed and success in the field of transport, communication and achievement. O lord of life and humanity let us be blessed with leaders and workers of exceptional all-round qualities.

उ॒तेदा॒नीं॒ भ॒ग॒व॒न्तः॒ स्या॒मो॒त प्र॒पि॒त्व उ॒त म॒ध्ये अ॒ह्ना॒म् ।  
उ॒तोदि॒ता म॒घव॒न्त्सूर्य॑स्य व॒यं दे॒वानां॑ सु॒म॒तौ स्या॑मः ॥४॥

**Om Utedaaneem bhagavantah syaamota  
Prapitva uta madhye ahnaam  
Utoditaa maghavant-sooryasya vayam  
Devaanaam sumatau syaama**

O God, may we be happy and prosperous now, at this very time and at the end of the day, in the middle of the day and through the seasons . And also, O lord of power and glory, let us enjoy the good-will and kindness of the divinities during the day-time and all other times.

भ॒ग ए॒व भ॒गवाँ॑ अ॒स्तु दे॒वास्ते॑न व॒यं भ॒ग॒व॒न्तः स्या॑म ।  
तं त्वा॑ भ॒ग॒ सर्व॑ इ॒ज्जो॑ह॒वीति॒ स नो॑ भ॒ग पु॒र॒ए॒ता भ॑वे॒हः ॥५॥

—ऋ० मं० ७ । सू० ४१ ॥

**Om Bhaga eva bhagavaam astu devaastena  
Vayam bhagavantah syaama  
Tam tvaa bhaga sarva ijhaveeti  
Sa no bhaga pura-etaa bhaveha**

Bhaga, lord of glory is really the lord of glory. By virtue of his grace, let us too be masters of power, prosperity, and excellence, brilliant and generous. O lord of universal power and grace, all life and humanity does homage and obeisance unto you. O lord of prosperity and excellence, you alone are worthy to be our guide, pioneer and leader.