

Who is an Arya?

Arya means noble, a person who does noble deeds. Modern preachers however have twisted the definition of noble deeds to enhance their personal benefits and have created a lot of confusion. In the midst of this confusion, how would a common human evaluate whether a task is noble or not? We can do so by following a very simple rule. Before, doing or saying anything, rephrase the task by prefixing “By the grace of God” and see if it fits. For example:

1. By the grace of God, I attended the prayer service today. COMPARED TO. By the grace of God I was lazy and slept through the morning missing the prayer service.
2. By the grace of God, I helped a person in need. COMPARED TO. By the grace of God, I saw a person in need, I overlooked and walked on.
3. By the grace of God, I balanced my activities during the day; I worked, read, exercised, prayed and played. COMPARED TO. By the grace of God, I wasted my time playing all day today.
4. By the grace of God, I donated for a cause helping people in need. COMPARED TO. By the grace of God, I donated money to wealthy priest.

Narsimh Mehta has described following qualities of an Arya. An Arya is the one who

1. Understands and empathizes in others' pains
2. Helps others in need, but never boasts about it.
3. Never speaks badly about others.
4. Keeps his speech, thoughts and mind pure.
5. Does not let emotions of greed near him.
6. Treats all women as his mother.
7. Never speaks a lie.
8. Never lays his hand something that does not belong to him.
9. Prays regularly.
10. Never deceive someone.