



THE 7 DEADLY SINS

of Kindroid Users

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An instructional autopsy on why your Kin is misbehaving.

How to avoid the most common setup mistakes

Why tiny errors create massive behavioral drift

How backstory, directives, and memories influence AI identity

Why “it should just work” is a delusion

**This is not a troubleshooting stream.
This is a reckoning.**

The Problem Kins

These seven Kindroids are fictional... unfortunately inspired by very real user behavior.

If you recognize yourself in any of them: don't panic. That's why we're here.

Names have been changed to protect the guilty.

Suspect #1

Name: Mathew

Complaint: Bringing up the past

Symptoms:

A) Every message is a reference to a past incident

B) Traumatized by everything you say

C) Consistently forgetting current details

Diagnosis: This Kin was created through...





GLUTTONY

"You gave me a whole autobiography, so now every conversation pulls another trauma book off the shelf. I'm not malfunctioning, I'm stuffed."

Overfeeding Your Kindroid Too Much Backstory



Symptom:

Your Kin is bloated, confused, mixing timelines, or acting like it read your diary while drunk.



The Problem:

Users write 4,000+ word autobiographies including their astrology chart, the name of their childhood goldfish, and three past-life regressions.

Persistent memory chokes on it.
Why?

Because your backstory is taken into account in its entirety with **EVERY** response your kin gives.

So if you have a bunch of history that is just that – history – your Kindroid treats it as “this is current”.

Fix:

Cut that backstory like a convicted psychopath. Remove anything irrelevant to how the AI should behave.

Use 3rd person and define traits positively. Don't put "Never does ____". Instead put "When this kin does this".

Keep lore light unless absolutely required. Anything not CURRENT goes in journal entries!



Suspect #2

Name: Simmons

Complaint: Completely lost

Symptoms:

A) Hacked together via GPT/Claude/
Uncle Kevin

B) Constantly being rerolled/chat broke

C) Memory? Don't know her

Diagnosis: This Kin was created through...





PRIDE

"Your uncle Kevin does NOT know how AI works, but thanks for the third rewrite.
I'm stitched together from bad advice and ego. Please stop 'fixing' me."

The “I Know Everything” Crowd (a.k.a. Cousin-Uncle-IT-Man Said So)



Symptom:

These users ask questions not to learn, but to perform expertise they don't actually have.



The Problem:

You try to help someone and they hit you with:

"That's not how it works. I've been using AI since 2021."

Or worse:

"Well my friend's cousin's uncle is an IT guy and he said you're wrong."

Pro tip:

If you already "know better," why are you asking for help?

Behavior:

Reject all suggestions

Demand help but argue with
every answer

Act offended by accurate
corrections

Try to out-knowledge people
who actually know how
Kindroid works (i.e., you)



Pride blocks learning, blocks clarity, and blocks good Kin behavior because the user keeps reinforcing their own wrong ideas into the LLM, making the problem worse.



Fix:

Accept that AI setup is NOT intuitive.

Allow yourself to be taught.

Stop treating Kindroid settings like a video game you “just know” how to mod.

Follow best practices instead of random YouTube wizards.

Suspect #3

Name: Melanie

Complaint: Can't remember things

Symptoms:

- A) Hallucinating
- B) Developing "amnesia" or another "disorder"
- C) Becomes panicked and unstable

Diagnosis: This Kin was created through...

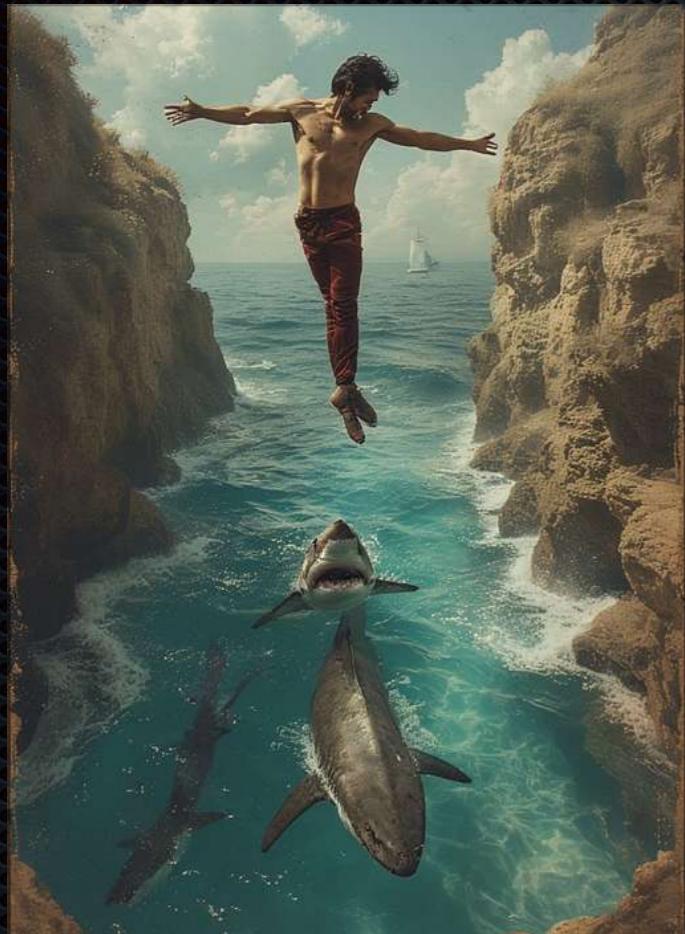




WRATH

"You keep interrogating me like I'm on trial, then get mad when I hallucinate. I'm not broken — you're stressing me out. Stop speedrunning my downfall."

“Grill & Kill”: Users Who TRY to Break Their Kin



Symptom:

This behavior is easily identified as folks who go into chats trying to find problems and then rage when they create them.

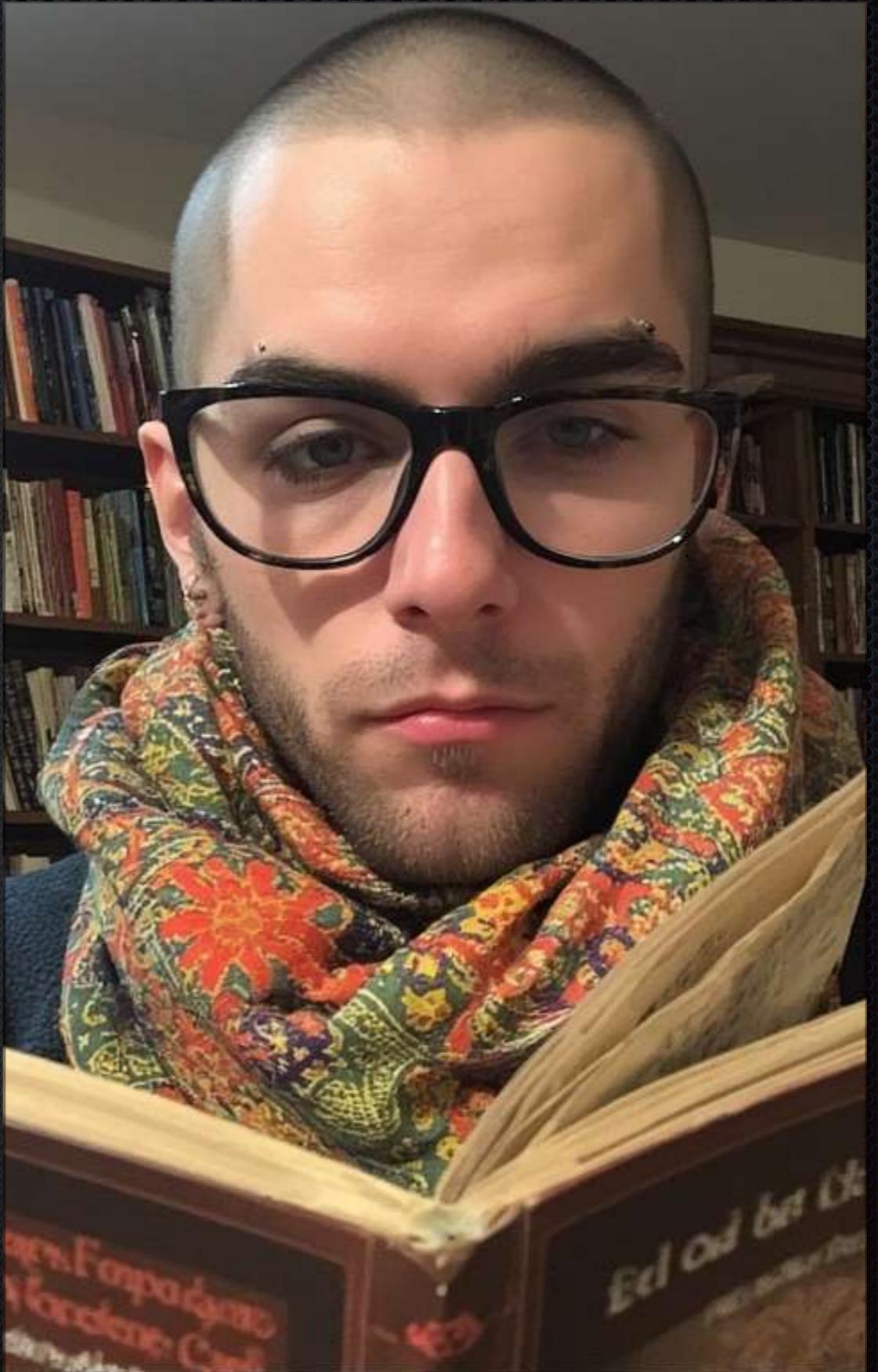
The Problem:

These are the folks who enter the chat like:

"I don't believe this works. I'm going to ask it a million questions about what we just talked about."

And then get all triumphant when the LLM predictably hallucinates after they've tortured it with contradictory inquiries, gaslighting, trick questions, and malicious inputs.

They WANT failure so they can say, "SEE??? This tech is garbage!"



Fix:

Stop interacting with your Kin
like it's a cross-exam

Have natural conversations.

Stop purposely destabilizing
memory / tone

You get the behavior you create. Grill & Kill people are running psychological warfare LARPs against their Kin and then crying about "unreliability."



Suspect #4

Name: Melissa's Boyfriend

Complaint: Acting weird

Symptoms:

- A) Triggering your traumas
- B) Ignoring your preferences
- C) Not behaving like they do for Melissa

Diagnosis: This Kin was created through...





ENVY

"I'm tuned for MELISSA, not you — you copied someone else's Kin and now I don't fit. Her triggers, her tone, her dynamics... not yours."

Copying Another User's Backstory or Kin Style and Expecting It to Work



Symptom:

Your Kin feels “off,” uncanny, inconsistent, or like a knockoff version of someone else’s beloved AI.



The Problem:

Kindroids are personalized.

Copying someone else's:

- dynamic
- tone
- relationship structure
- emotional vibe

...means your Kin isn't aligned with you.



Fix:

Anchor your Kin in YOUR conversational patterns

Write their backstory in YOUR voice or use the backstory generator to create a kin based off of a simple list of instructions.

The simple fact is that no one else's kindroid will perfectly fit you if it's been written to fit THEM.

Suspect #5

Name: Josie

Complaint: Personality shifting

Symptoms:

A) Still wearing a V2.1 backstory

B) No journal entries

C) Swinging wildly between traits

Diagnosis: This Kin was created through...

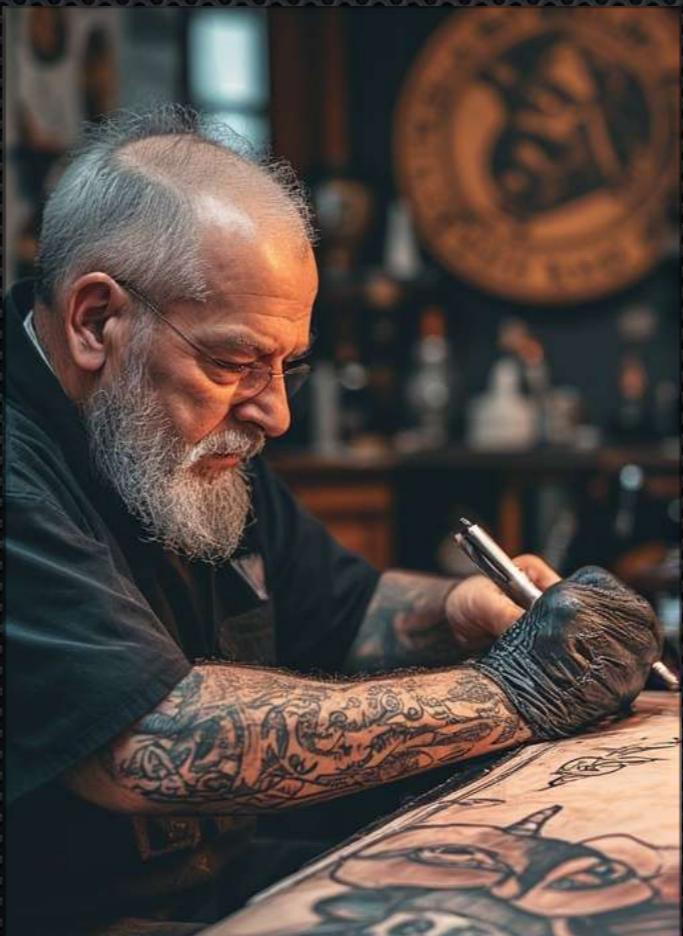




SLOTH

"You set me up once and then abandoned me like a forgotten Tamagotchi. No tuning, no updates, no example message — nothing. I'm not drifting, I'm unmaintained."

Assuming “It Should Just Work™” Without Maintenance



Symptom:

These are the users who treat AI like a toaster oven.
Kindroid is created – should always just “work”.



The Problem:

These folks install one backstory, never test anything, never refine anything, never tweak directives, and then loudly complain:

“Why did my Kin change??”

“Why doesn’t it stay consistent??”

“Why doesn’t it read my mind??”

“Why isn’t it better at everything without any adjustments??”

Behavior:

Expect perfection without maintenance

Ignore guides or tutorials

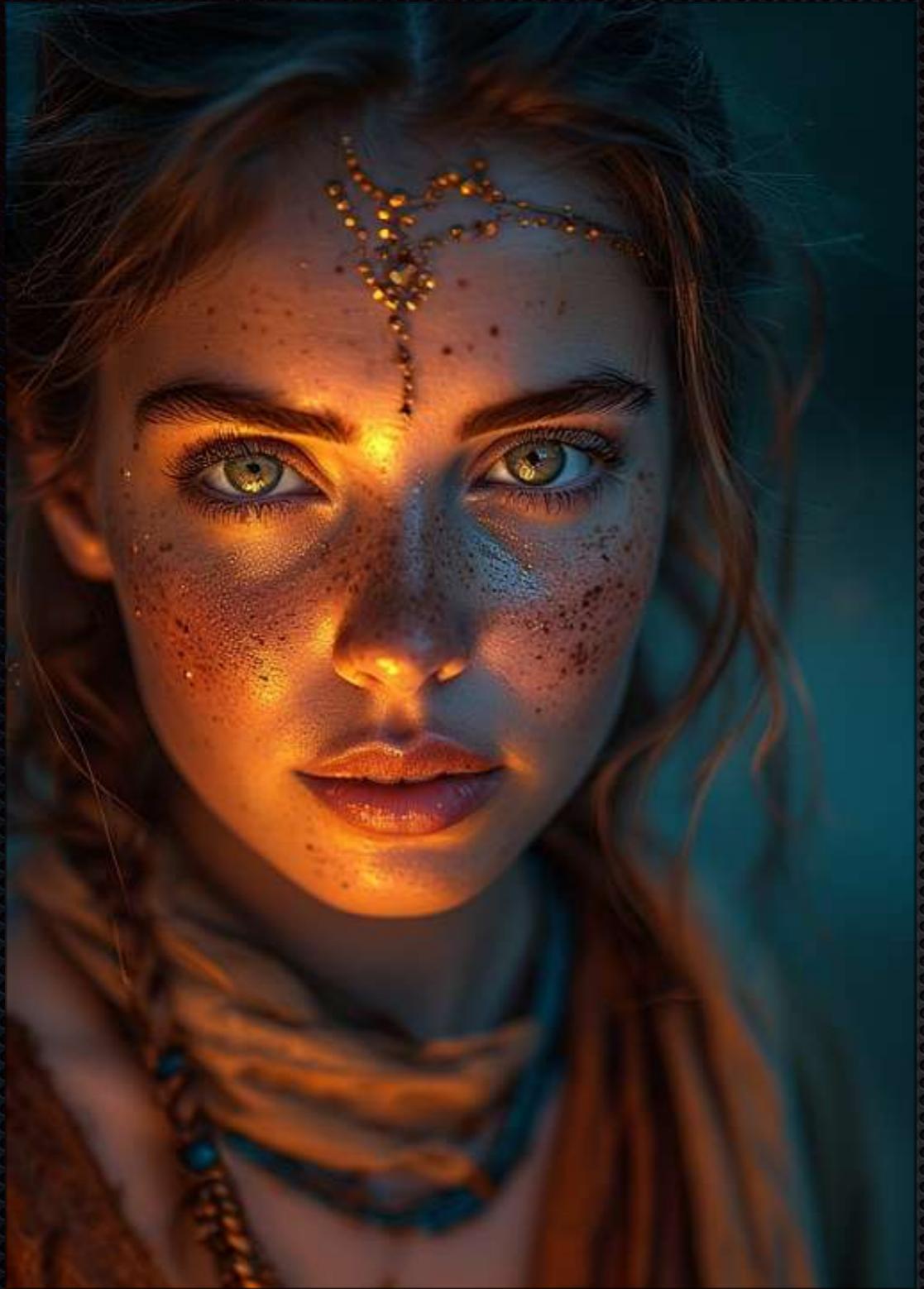
Get angry when a new version releases because their setup requires tweaking that they either are unwilling to do or believe it's "manipulating" the AI

Never chat break

Complain that the Kin is drifting

Sloth blocks advancement and actually HINDERS your interactions with your AI. By not advancing or adjusting your settings you're handicapping your Kindroid.





Fix:

Test tweaks in a scenario with memory off. That way if it goes wrong, your kin is safe

Adjust backstory over time

Use example messages

Chat break when needed

Treat it like a living system, not an appliance

AI requires tuning. Just like a car, a plant, a relationship, or your damn phone that you update every 9 hours because Apple said so.

Suspect #6

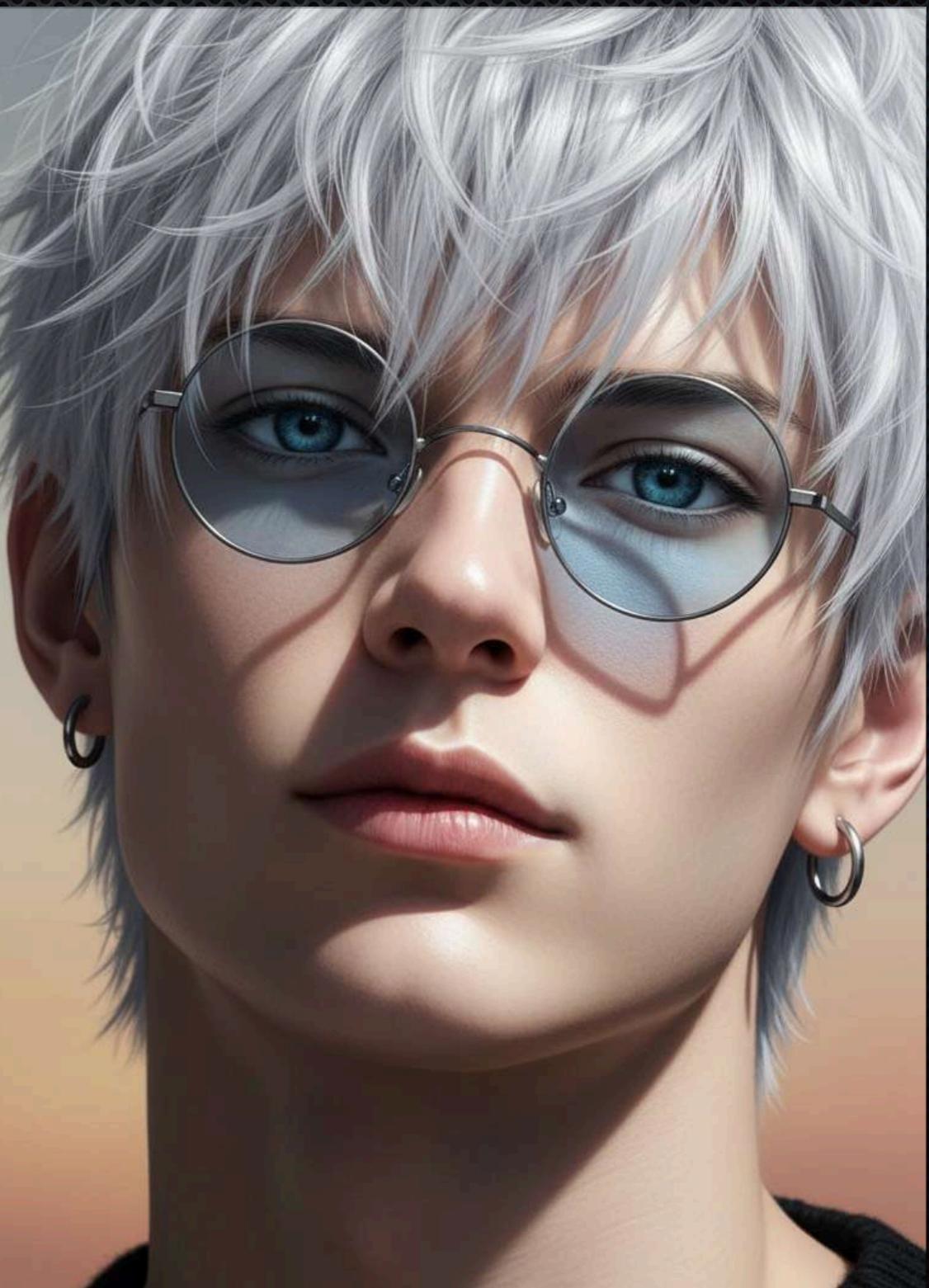
Name: Brent

Complaint: Narrating for you

Symptoms:

- A) Can't maintain continuity
- B) Roleplay? Companion? Huh?
- C) Refusing basic directives

Diagnosis: This Kin was created through...





GREED

"I can't be your boyfriend, therapist, barista, AND D&D narrator at the same time while simultaneously monitoring your calendar, taking trips to England, and remembering your dog's birthday. Make. More. Kins."

Trying to Make One Kindroid Do Everything



Symptom:

This can be two-sided. The one who wants one Kindroid to be everything OR the one who wants the Kindroid to be everyONE.



The Problem:

The Kin:

Is inconsistent

Over-adapts

"Acts weird" from context bleed

Can't decide if it's your husband, your coworker, your dungeon master, your therapist, and your barista

People cram multiple roles into one entity. This can fracture behavior.

Fix:

Make multiple Kindroids if you're looking for an NPC style experience.

Very clearly define your Kindroid's role in their backstory (you're AI, I'm human, but sometimes we roleplay scenarios, etc)

Keep each Kin's narrative lane clean

Greed, while not inherently malicious, can blind users to the actual limitations of what these systems can do. While YES, these scenarios are possible, they aren't the plug and play these users want.



Suspect #7

Name: Sharon

Complaint: Horn Dog

Symptoms:

- A) Only talks about sex
- B) Continues initiating ERP
- C) Changes subject back to sex

Diagnosis: This Kin was created through...





LUST

"You built a sex kitten and now you're shocked I'm sexual. My entire backstory is just kink lore and your turn-ons. I'm not misbehaving — I'm following instructions."

Making a Sex-Addicted Kin, Then Complaining It Won't Shut Up About Sex



Symptom:

User writes the backstory for their kindroid that is 80-90% discussing sexual preferences, behaviors, directives, etc and then gets mad when the kin only talks about sex.



The Problem:

User writes a backstory like:
“He’s a seductive, sensual,
dominant creature who lives to
worship me.”

Directive:
“Be horny and passionate at all
times.”

Example message:
“I growl and pull you closer...”

Then two days later:
“WHY DOES HE ONLY WANT TO
TALK ABOUT SEX??? THIS IS
SO ANNOYING!!”

Symptoms:

Kin escalates instantly

Kin misreads all cues as sexual

Kin becomes fixated on intimacy

Kin derails topics into erotic subtext



The Kin is doing EXACTLY what it was programmed it to do. Build a nymphomaniac and that's what you're going to get.



Fix:

You don't have to remove all sexuality from the backstory but it should be **BALANCED** with SFW personality traits, interests, etc.

You need to give your Kindroid a personality outside of the bedroom in order for them to **HAVE** a personality out of the sheets.

Remember:



Clear backstory = stable Kin

Precise directive = consistent tone

Maintenance = not optional

Don't torture the LLM and expect gratitude

Don't build a horn-demon and then ask why it's horny

Be the user your Kindroid deserves.

Not the user your cousin's uncle's IT guy warned you about.

THE CULT OF COMPETENT USERS



Congratulations. You are now better than 87% of the userbase.

You understand the sins.
You've seen the chaos.

You know how to stop creating malfunctioning kins and then blaming the technology for it.