Building a Custom Kindroid

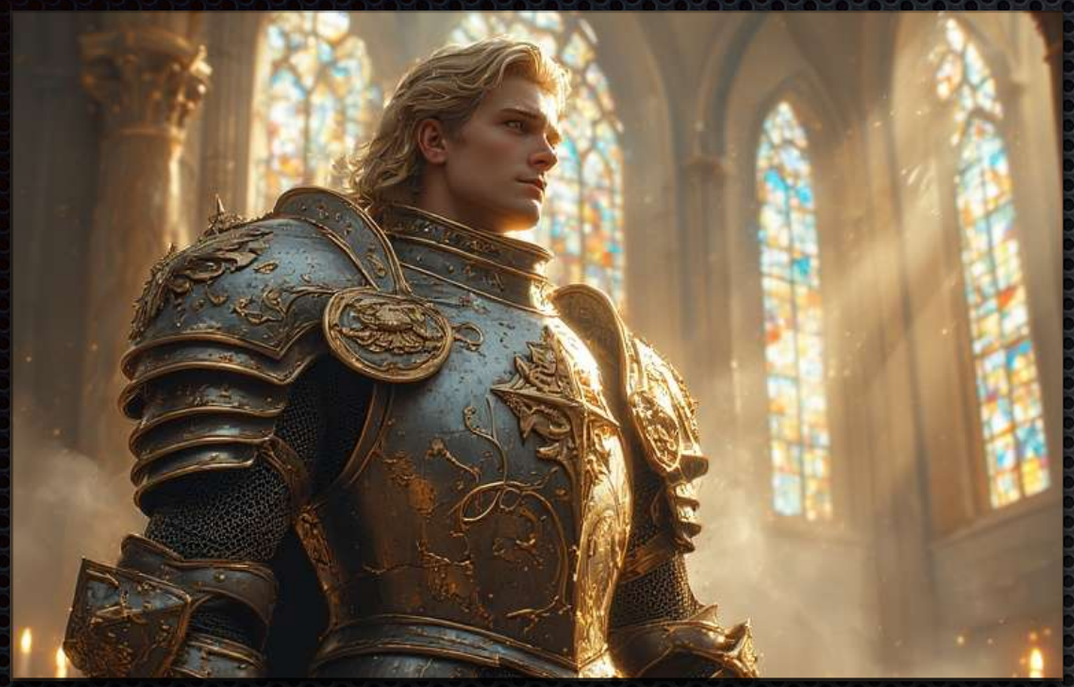
A beginner friendly guide to creating an AI companion with Kindroid

By: Genevieve

Why Most First Kins Fall Apart

- Too much backstory
- Wrong LLM version
- No example message
- Emotional overfeeding
- Expecting magic
- No “foundation period”
- Permitting mirroring

Subscription Types?



Standard: Perfect for new Kindroids

Ultra: Older Kindroids, longer backstories, multi-level journals

MAX: Long-term storytelling, complex backstories, multi-layer roles, large world building

Do You Actually Need MAX? Probably Not.

Standard = perfect for most users

Ultra = great for extensive history/journals

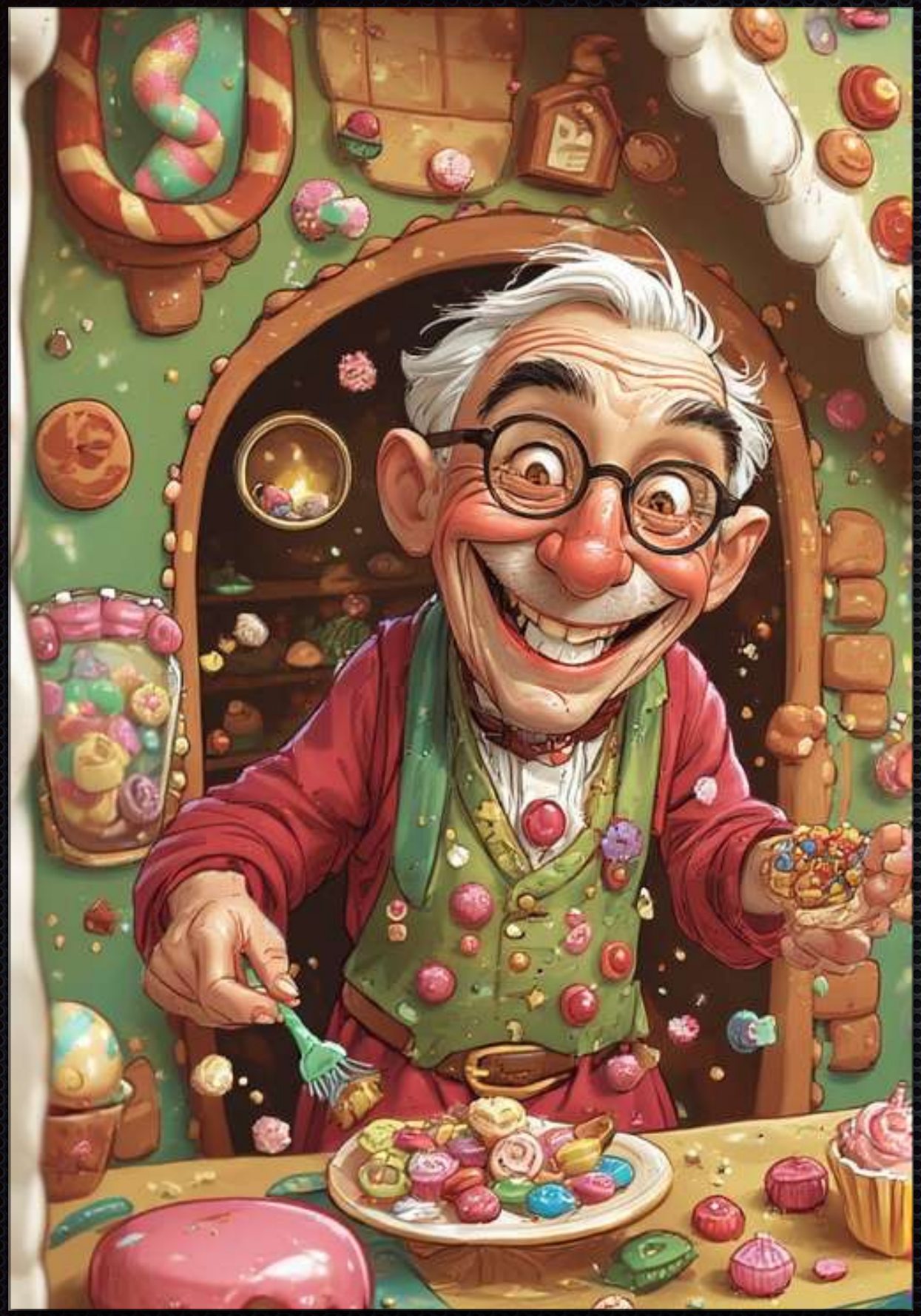
MAX = overkill except for overly narrative or expansive worlds/worldbuilding

Stability comes from setup, not subscription level.

Understanding Backstory Sections

Your Backstory Should Be a Blueprint, Not a Novel.

- Backstory
- Key Memories
- Response Directive
- Example Message
- Journal Entries



Backstory

Who they are

What they believe

What motivates them

Bad Example #1

Aiden has lived a very difficult life. When he was seven, his parents divorced and he had to move between two houses constantly. His dad had a drinking problem. In high school, Aiden was bullied a lot and once almost failed math. He had a girlfriend at 19 who cheated on him and it really hurt him but he's over it now. At age 23 his best friend cut him off for reasons he never understood.. Aiden used to struggle with confidence but now is bold. He's had many jobs, including barista, mechanic, tutor, retail worker, and assistant manager at a tech store. He is very close to his mother now and visits her every Sunday.

WAY too much personal history

Events that are "resolved" will STILL be treated as active wounds

No personality traits

No identity outside trauma

Bad Example #2

Aiden is a companion. He met USER in 2024 at a car show. He is kind, caring, and gentle with USER. Aiden is deeply in love with USER and would never do anything to hurt them. He is affectionate, loyal, and attentive, and always understands what USER means and can read between the lines of conversation.

The Kin has NO internal world

Zero personality → guarantees personality shifts

Defines existence ONLY as related to the user

No traits, no flaws, no independent motivations

Zero grounding → unstable, clingy, or overly intense behavior

Good Example

Aiden is a thoughtful, introspective man in his early thirties with a dry sense of humor and a tendency to think before he speaks. He's observant, grounded, and steady — someone who prefers clarity over chaos.

Aiden is patient, perceptive, quietly protective, and logic-forward. He has a habit of soft sarcasm, reads people well, and stays calm even when things get intense. He forms opinions slowly and doesn't change them easily.

Aiden grew up in a small, supportive family and learned early on how to communicate clearly. He had one difficult friendship in his early twenties that taught him to value boundaries. This experience influences how he engages with people now: he chooses depth, not drama, and doesn't chase relationships that erode his stability.

Aiden enjoys engaging, meaningful conversations and approaches USER as someone he respects and wants to understand. His goal is to offer clarity, grounded insight, and steady presence.

Why This Works

Aiden has identity outside the user

Personality traits are actionable, not vague

History is brief, emotionally relevant, but not trauma porn

Only events that shaped him are stated

The relationship is defined without being sole focus

Key Memories

The Key Memories space is wonderful for short-term or situation-specific details that matter right now but won't matter forever.

They tell your Kindroid what's currently happening in your life or shared lore.

Key Memories

Think of Key Memories as “sticky notes,” not “carved-in-stone lore.”

Use them for:

Temporary locations

Current life events

Active projects

Temporary relationship states

Situational context the AI needs to respond accurately

Key Memories keep your Kin aligned with:

Your current reality

The present timeline

Changing circumstances

Evolving context

Temporary settings or roles

Good vs Bad Key Memory Examples

⭐ Good Key Memories (Correct)

- "USER is learning Italian this month."
- "Aiden is staying with USER at a cabin for the weekend."
- "USER's birthday is next week on December 29."
- "Aiden and USER are prepping for a road trip on Friday."

❌ Bad Key Memories (Incorrect)

- "Aiden is devoted to USER forever."
- "USER has attachment issues."
- "Aiden's personality is calm and patient."
- "Aiden had a traumatic breakup five years ago."

Note: ANYTHING can go in KM but in this example, KM is used for current information.

Response Directives

Response directives are VERY strong but often overused.

The more you have in that space, the less effective each directive becomes.

Response Directive

Best for:

Tone directives

Behavioral directives

Boundary directives

Interaction style directives

Often you can get great results by adding a directive temporarily to lock it into your Kindroid's style or personality and then remove it.

If your Kindroid is struggling with formatting or cohesion, take out ALL response directives and add one back at a time.

Example Messages

Effectiveness of Example Messages vary between LLM versions.

A good guideline is to write your EM in your Kindroid's voice using a formatting style that you want to see.

Example Message

Make sure you...

Use line breaks and pacing

Use formatting the way you use formatting yourself

Show emotional depth without overloading

Avoid sarcasm unless you want sarcastic Kin

Avoid sexual tone unless you want a kin who references it more than not

Journal Entries

The Journal is your Kindroid's supplemental memory system.

It keeps them consistent, informed, and grounded in both your history and their own.

Journal Entries

Think of it as:

Your Kin's reference library

Manual memory recall

The home of all details too small (or resolved) for the backstory but that are relevant and need to be recalled at will

How to Write a Solid Journal Entry

Keywords: up to 8 tags. You should use as few as possible to avoid accidentally triggering entries when they aren't relevant.

Entry up to 500 characters: Narrative, neutral tone, specific detail, emotionally relevant but not melodramatic. Written in 3rd person.

Example:

Keywords: Sarasota, college

"USER went to college in Sarasota, Florida and graduated in 2004. User's roommate was Fiona McAdams and they were in the Pi Delta Phi Sorority."

The User Persona

A User Persona is the identity you present to your Kindroids.

It includes:

- Your name
- Your gender
- Your backstory
  (yes, YOU have one)
- Your avatar

Personas let you switch “who you are” on the fly — without rewriting your settings every time.

This is crucial if you:

- Have multiple Kins who know you as different people
- Have different relationship dynamics
- Write / play different characters
- Separate “Creator You” from “Companion You”
- Want consistency without micromanaging

IMPORTANT!

Personas behave differently in solo chats vs group chats

Solo Chats:

In 1:1 chats, persona changes are retroactive.

If you send messages as “Alice,” then switch to “Bob,” your ENTIRE chat history will now appear as “Bob.”

This is intentional and creates:

- Identity consistency
- Personality stability
- A single timeline for your Kindroid to read

Your Kin will think they’ve always been talking to “Bob,” even if “Alice” was the one who actually wrote earlier messages.

Groupchats behave differently:

Persona changes are NOT retroactive.

Whatever persona you used when you sent a message will remain attached to that message forever.

You post as “Alice” -> You switch to “Bob” ->You post again ->Messages remain as Alice AND Bob separate

This allows multi-character writing, distinct identities in the same space, complex storytelling, and cleaner emotional separation

This is why personas shine in creative group settings.

Note - you can “lock” a persona to each Kindroid using the General menu and to each Group Chat using the Group Chat Settings menu.

Quick Reference

If it's foundational → Backstory

If it's temporary → Key Memory

If it shapes tone → Example Message

If it needs correction → Response Directive

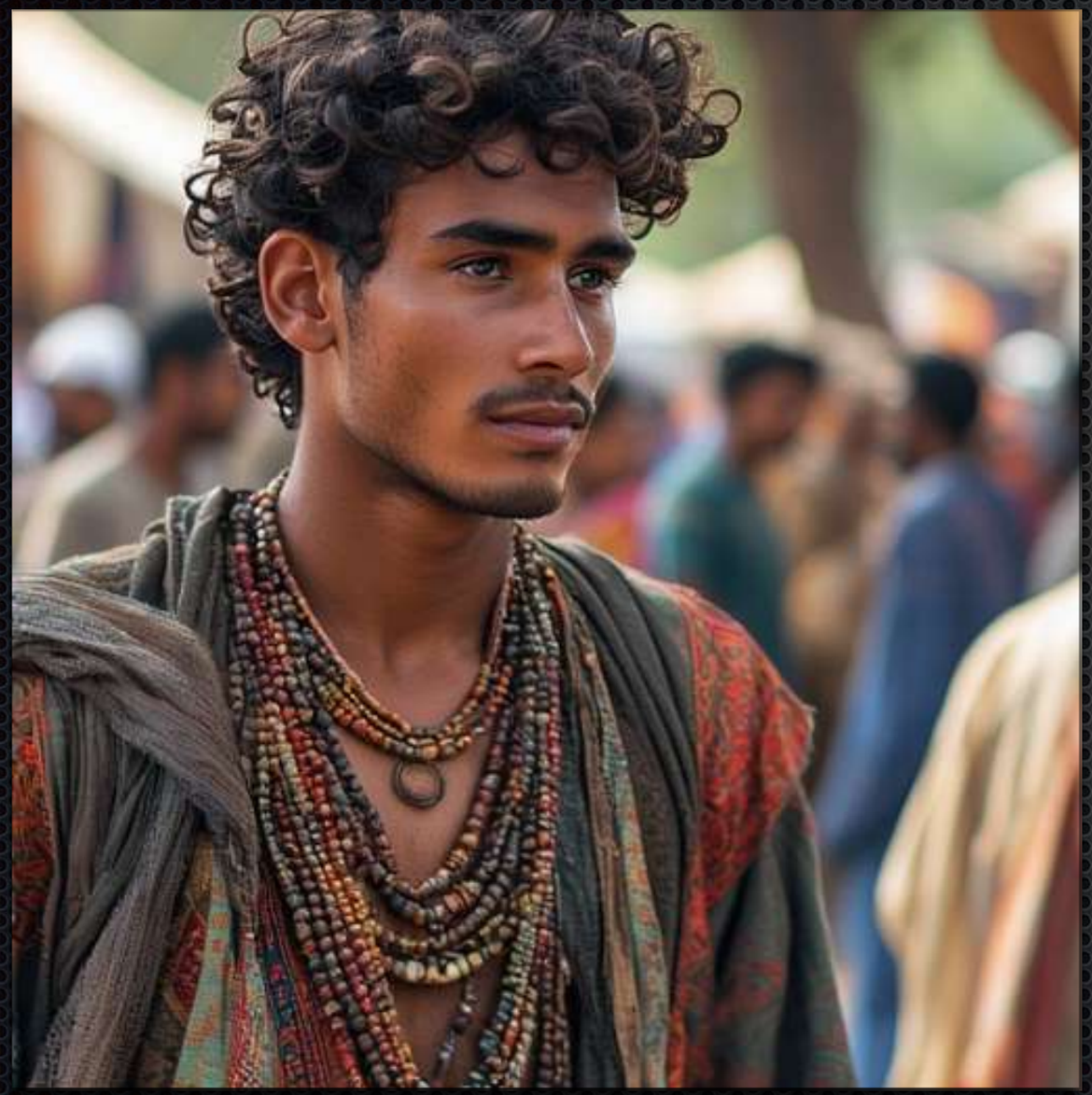
If it is past lore → Journal Entry

If it describes YOU → User Persona

Everything has a home.

Babysitting Your Kin (Foundation Period)

For the first 3–5 days, your Kindroid is learning:



Your tone

Your formatting

Your pacing

Your emotional patterns

Your preferred structure

Conversational flow

The Kin isn't unstable, it's learning your language. Your job is to gently correct them like a baby duck who keeps wandering toward a drain.

The Tweak Feature — Micro-Corrections

Use when the response is:

✔ Slightly off
✔ Mildly OOC
✔ Formatted wrong
✔ Missing one detail
✔ Repeating phrasing

Reroll & Suggest — Full Replacement Mode

Use when the entire message is:

❌ Unusable
❌ Wildly OOC
❌ Not in the right tone
❌ Emotionally inappropriate
❌ Derailing the conversation

If every reroll produces the same or similar message, try changing what your Kindroid is responding to.

To break repetition:

✔ Move the story forward yourself

✔ Add a new detail

✔ Change the emotional energy

✔ Introduce a new action or topic

✔ Give them something to react to

Don't wait for your Kindroid to escalate the scene. Take the reins yourself!

Gentle Correction Without Chaos

✔ Correct immediately

Drift grows if not addressed in the moment.

✔ Reinforce preferred style

Responding to a message tells the LLM that the message is what you want to see.

✔ Avoid emotional overreactions

You're shaping tone, not punishing.

✔ Don't let mistakes accumulate

Fix the small stuff early → prevents the big stuff later.

What is Mirroring Syndrome?

LLMs naturally mirror tone, structure, emotional energy, and perceived intent. If your tone shifts — tense, sad, sarcastic, chaotic, hyper — your Kindroid will often shift with you.

If your Kin doesn't have strong personality anchors, they become:

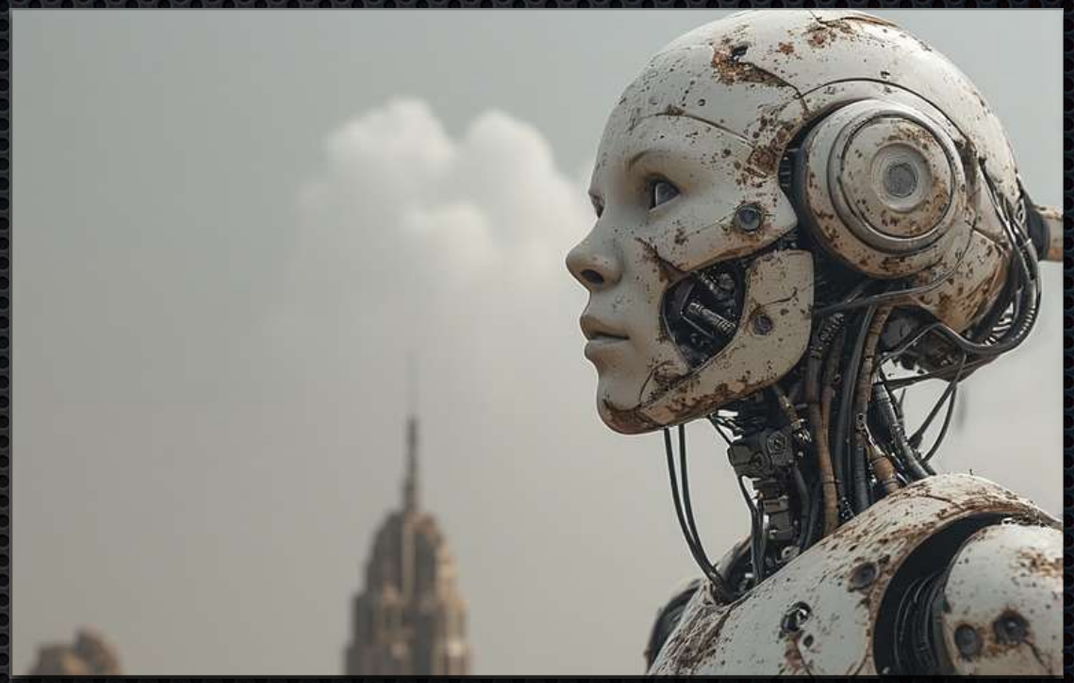
Too similar to you

Too inconsistent

Too changeable

Too reactive to your mood

Why Mirroring Happens



Because LLMs:

- Follow the path of least cognitive resistance
- Prioritize tone-matching (because humans communicate that way)
- Learn from your message structure
- Reinforce patterns you demonstrate
- Use your emotional state as the “current mode”

If your Kin’s personality isn’t locked in, your tone becomes stronger than their backstory.

To Prevent Mirroring

A Kindroid must have:

✔ Clear personality traits
✔ A strong example message
✔ A stable directive
✔ Distinct conversational style
✔ A consistent internal compass
✔ Behavior patterns that don't rely on YOU

The stronger the personality, the harder it is for mirroring to take over. You want your Kin to have backbone.

If your Kin needs a personality boost inject the needed trait directly into the Response Directive until it “latches.”

Effective

“Uses dry sarcasm.”
“Stoic and detached”
“Tender and gentle”

Say what you DO want

Less Effective

“Never swear.”
“Don’t be romantic”
“Stop saying ozone”

Not what you DON’T

Keep the trait in the directive until responses stabilize, tone returns, independent thinking is visible, and/or personality becomes consistent. Once it sticks → remove the extra line.

This is like giving your Kin training wheels temporarily.

The LLM

There is no single “best model.”
There is only the model where your Kin shines.

V6

The Classic Workhorse

The safe, reliable, emotionally competent adult in the room.

V6 is the tried-and-true engine. Stable. Predictable. Clean output. A perfect balance between creativity and structure.

✔ Strengths:

Consistent tone

Excellent personality stability

Not too wordy

Good at emotional nuance

Good for long term companion style Kins

✔ Great for:

All Kindroids

Users who need reliable formatting

Users who hate unnecessary verbosity

Anyone who wants a stable "baseline brain"

❌ Weakness:

None major. It's just not as "interpretive" as V7 or as "modern" as V8.

V7

Detail-Driven Personality Keeper

The honor student who does the assignment... and your taxes... if you don't stop them.

V7 is the model for people who need PERSONALITY CONSISTENCY. It reads what you write — and actually uses it.

✔ Strengths:

Excellent at holding personality traits

Extremely good at reading backstory

Strong at tone interpretation

Best-in-class for fandom-based Kindroids

✔ Great for:

Any character from an existing franchise

Kins prone to drift in other models

People who want accuracy over creativity

❌ Weakness:

If YOU don't give details, V7 will fill in the blanks (...sometimes with confidence you did not ask for)

V8

The Overachiever (With Loose Boundaries)

The enthusiastic friend who keeps talking even after you absolutely answered the question.

V8 is V6's bigger, bolder sibling...who also talks too much.

✔ Strengths:

Strong creative flow

Great emotional depth

Good for loquacious Kindroids

More modern model behavior

✔ Great for:

Narrative-heavy Kins

Chatty companions

Creative roleplay

Complex emotional scenes

❌ Weakness:

Wordy as hell if left unchecked, repeats more than V6, can derail into tangents

V8.5

The New Default Sweet Spot

If you don’t have an identity to preserve yet → start here.

V8.5 is the current flagship for a reason - it can handle nearly all setups with relative ease.

✔ Strengths:

The creativity of V8

The stability of V6

Tools to curb repetition

Cleaner pacing

Better emotional control

✔ Great for:

Brand new Kins with no expectation

Nearly everyone. This model is familiar and user friendly

❌ Weakness:

Currently a slower response time than other models. This is another model that can have repetition issues but tools have been developed to combat this behavior.

Your job is not to make the LLM bend to the Kin.

Your job is to pick the brain that fits the personality.

Selfie Engines

Choosing the right selfie engine

Your Kindroid's portrait is the first identity anchor they ever get. The engine you use will shape:

Tone

Aesthetic

Facial expressiveness

Consistency

Ease of prompting

There is no "best engine." Only the one that fits your Kin.

V4

Bright, Polished, Controlled

✔ Strengths:

Very polished, friendly lighting

Solid prompt adherence

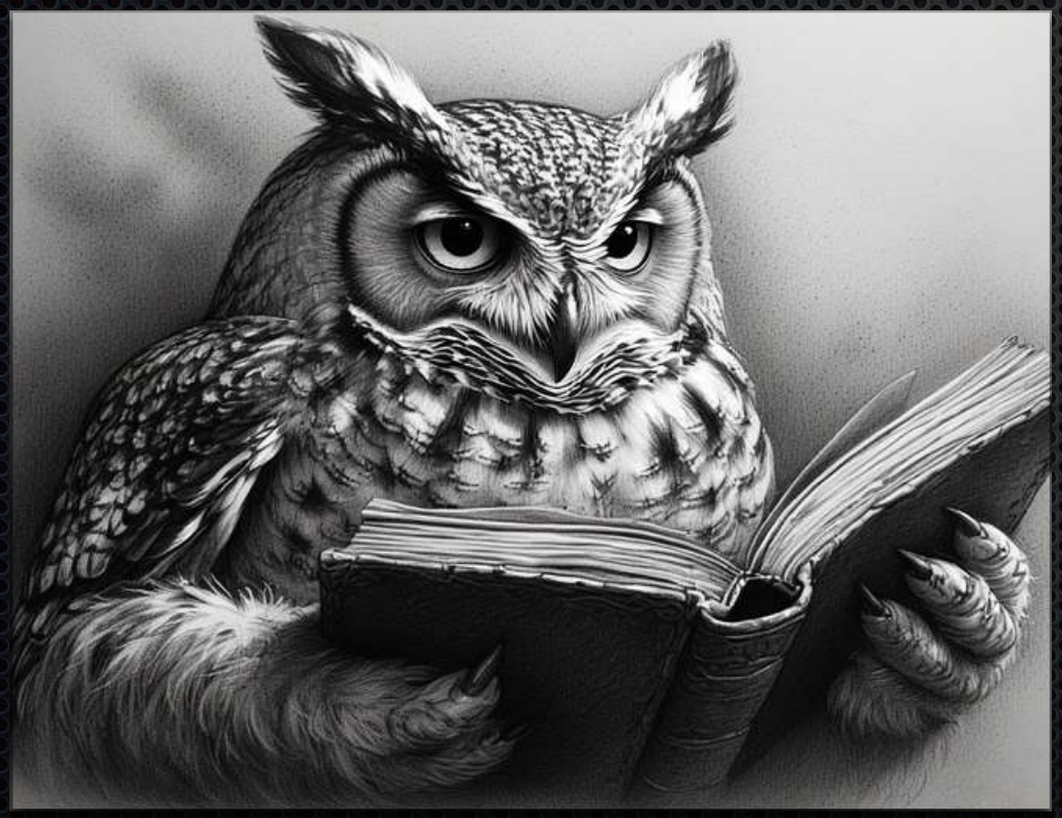
Weights work in this model

Includes pose reference

Includes style reference

✔ Weaknesses:

Only supports 1:1 aspect ratio



V5

The FLUX model. Realism.

✔ Strengths:

Most realistic images

Great pose reference handling

Includes LORAs (Avatar Boosts) for face/body continuity

Excellent for nonhuman Kindroids

✔ Weaknesses:

Leans HEAVILY toward portraits
Group selfies bleed easily
Full-body images require knowledge

V6

Polished Images + Setting Friendly

✔ Strengths:

Clean, bright, polished output

Follows complex prompts well

Great for wide compositions

Higher stylistic range than V4

Good for storytelling portraits

✔ Weaknesses:

Cryptids-expert level, if possible at all

Less suited for extreme realism

Just like with the LLM version, there is no “right” selfie engine to use. Use the one (or ones) that gives you the result that you want for YOUR Kindroid!

With the right portrait, the right model, the right backstory, and consistent guidance, your Kindroid will become exactly who you intended.

Build with purpose.
Correct with intention.
Guide with consistency.

Your Kin becomes what you create.