

5.1

$$a) \cos^2 x = \frac{\cos 2x + 1}{2}; \quad x \in \mathbb{R}$$

Sabemos que

$$\begin{aligned} \cos 2x &= \cos^2 x - \sin^2 x \\ &= \cos^2 x - (1 - \cos^2 x) \\ &= 2\cos^2 x - 1 \end{aligned} \quad \left. \begin{array}{l} \\ \\ \end{array} \right\} \begin{array}{l} \text{fórmula fundamental} \\ \text{da trigonometria} \end{array}$$

$$\text{Logo: } 2\cos^2 x = \cos 2x + 1$$

$$\Rightarrow \cos^2 x = \frac{\cos 2x + 1}{2}$$

$$b) \sin^2 x = \frac{1 - \cos 2x}{2}; \quad x \in \mathbb{R}$$

$$\begin{aligned} \cos 2x &= \cos^2 x - \sin^2 x \\ &= (1 - \sin^2 x) - \sin^2 x \\ &= 1 - 2\sin^2 x \end{aligned} \quad \left. \begin{array}{l} \\ \\ \end{array} \right\} \begin{array}{l} \text{fórmula fundamental} \\ \text{da trigonometria} \end{array}$$

$$\text{Logo: } -2\sin^2 x = \cos 2x - 1$$

$$\Rightarrow \sin^2 x = \frac{1 - \cos 2x}{2}$$

5.2

$$a) \sin(\arcsin(-1/2)) = -1/2$$

$$\text{Em geral } \sin(\arcsin(x)) = x, \quad \forall x \in [-1, 1]$$

$$[-1, 1] \xrightarrow{\arcsin} [-\pi/2, \pi/2] \xrightarrow{\sin} [-1, 1]$$

$$\underline{\underline{\text{Mas}}} \quad \arcsin(\sin(y)) = y \quad \text{apenas quando } y \in [-\pi/2, \pi/2]$$

b) $\arcsen(\sen(7\pi/6))$

$$\sen(7\pi/6) = \sen(\pi + \pi/6) = -\sen(\pi/6) = -1/2$$

$$\arcsen(-1/2) = y \quad (\Leftrightarrow) \quad \sen(y) = -1/2 \quad \text{e } y \in [-\pi/2, \pi/2]$$

$$(\Leftrightarrow) \quad y = -\pi/6$$

$$\arcsen(\sen(7\pi/6)) = -\pi/6$$

Note que não podemos simplesmente escrever

$$\arcsen(\sen(7\pi/6)) = 7\pi/6 \quad \times$$

pois, por convenção, $\arcsen: [-1, 1] \rightarrow [-\pi/2, \pi/2]$

c) $\cos(\arccos(\sqrt{3}/2)) = \sqrt{3}/2$

d) $\arccos(\cos(-\pi/3))$

$$\arccos: [-1, 1] \rightarrow [0, \pi]$$

$$\begin{array}{ccc} \text{Temos } \arccos(\cos(-\pi/3)) = \arccos(\cos(\pi/3)) = \pi/3 \\ \downarrow \qquad \qquad \qquad \downarrow \\ \text{a função cos é par} \qquad \pi/3 \in [0, \pi] \end{array}$$

e) $\text{arctg}(\text{tg}(-\pi/4)) = -\pi/4$

$$\text{Note que } \text{arctg}: \mathbb{R} \rightarrow]-\pi/2, \pi/2[\quad \text{e } -\pi/4 \in]-\pi/2, \pi/2[$$

f) $\text{tg}(\text{arctg}(-1)) = -1.$

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a) $\sen(\arccos x) = \sqrt{1-x^2}$

Usando a fórmula fundamental da trigonometria

$$\cos^2(\arccos x) + \sen^2(\arccos x) = 1$$

$$\Rightarrow x^2 + \sen^2(\arccos x) = 1$$

$$\Rightarrow \sin^2(\arccos x) = 1 - x^2$$

$$\Rightarrow \sin(\arccos x) = \pm \sqrt{1-x^2}$$

ORA:

$$[-1, 1] \xrightarrow{\arccos} [0, \pi] \xrightarrow{\sin} [-1, 1]$$

No intervalo $[0, \pi]$ a função seno é positiva

logo, $\sin(\arccos x) = \sqrt{1-x^2}$

$$\text{Domínio} = [-1, 1]$$

b) $\text{tg}(\arccos x) = \frac{\sqrt{1-x^2}}{x}$

$$\text{tg}(\arccos x) = \frac{\sin(\arccos x)}{\cos(\arccos x)} = \frac{\sqrt{1-x^2}}{x}$$

$$\text{Domínio} = [-1, 1] \setminus \{0\}$$

c) $\cos(\arcsen x) = \sqrt{1-x^2}$

Análogo à alínea a)

d) $\text{tg}(\arcsen x) = \frac{x}{\sqrt{1-x^2}}$

$$\text{tg}(\arcsen x) = \frac{\sin(\arcsen x)}{\cos(\arcsen x)} = \frac{x}{\sqrt{1-x^2}}$$

$$\text{Domínio} =]-1, 1[$$

e) $\sin(\text{arctg} x)$

Vamos usar a fórmula

$$1 + \text{tg}^2 \alpha = \frac{1}{\cos^2 \alpha}$$

Fazendo $\alpha = \text{arctg} x$ vem

$$1 + \text{tg}^2(\text{arctg} x) = \frac{1}{\cos^2(\text{arctg} x)}$$

$$\Rightarrow 1+x^2 = \frac{1}{\cos^2(\arctg x)} \Rightarrow \cos^2(\arctg x) = \frac{1}{1+x^2}$$

$$\Rightarrow \cos(\arctg x) = \pm \frac{1}{\sqrt{1+x^2}}$$

$$\text{ora } \mathbb{R} \xrightarrow{\arctg}]-\pi/2, \pi/2[\xrightarrow{\cos} [-1, 1]$$

No intervalo $]-\pi/2, \pi/2[$ a função cosseno é positiva

$$\text{logo, } \cos(\arctg x) = \frac{1}{\sqrt{1+x^2}}$$

$$\text{Como } \tg(\alpha) = \frac{\text{sen } \alpha}{\cos \alpha} \text{ logo } \text{sen } \alpha = \tg(\alpha) \cos(\alpha).$$

$$\text{Assim, } \text{sen}(\arctg x) = \tg(\arctg x) \cos(\arctg x) \\ = \frac{x}{\sqrt{1+x^2}}$$

$$\text{Domínio} = \mathbb{R}$$

$$+1) \cos(\arctg x) = \frac{1}{\sqrt{1+x^2}}$$

Foi feito na alínea (c).

5.4

$$a) e^x = e^{1-x}$$

$$e^x = e^{1-x} \Leftrightarrow x = 1-x$$

$$\Leftrightarrow 2x = 1$$

$$\Leftrightarrow x = 1/2$$

(pois a função exponencial é injectiva)

$$\text{conjunto solução} = \{1/2\}$$

$$b) e^{2x} + 2e^x - 3 = 0$$

Seja $y = e^x$. Então

$$e^{2x} + 2e^x - 3 = 0 \Leftrightarrow y^2 + 2y - 3 = 0 \Leftrightarrow$$

$$\Leftrightarrow y = 1 \vee y = -3$$

$$\Leftrightarrow e^x = 1 \vee \underbrace{e^x = -3}_{\text{impossível}}$$

$$\Leftrightarrow x = 0$$

Conjunto solução: $\{0\}$

$$c) e^{3x} - 2e^{-x} = 0$$

$$e^{3x} - 2e^{-x} = 0 \Leftrightarrow e^{-x} (e^{4x} - 2) = 0$$

$$\Leftrightarrow \underbrace{e^{-x}}_{\text{impossível}} = 0 \quad \vee \quad e^{4x} - 2 = 0$$

$$\Leftrightarrow e^{4x} = 2 \Leftrightarrow 4x = \ln 2 \Leftrightarrow x = \frac{\ln 2}{4}$$

$$\text{Conjunto solução: } \left\{ \frac{\ln 2}{4} \right\}$$

$$d) \ln(x^2 - 1) + 2 \ln 2 = \ln(4x - 1)$$

$$\ln(x^2 - 1) + 2 \ln 2 = \ln(4x - 1) \Leftrightarrow \ln(x^2 - 1) + \ln(2^2) = \ln(4x - 1)$$

$$\Leftrightarrow \ln(x^2 - 1) + \ln(4) = \ln(4x - 1)$$

$$\Leftrightarrow \ln(4(x^2 - 1)) = \ln(4x - 1)$$

(Note que \ln é injectiva)

$$\Rightarrow 4x^2 - 4 = 4x - 1$$

$$\Rightarrow 4x^2 - 4x - 3 = 0$$

$$\Rightarrow x = \frac{4 \pm \sqrt{16 + 4 \times 4 \times 3}}{2 \times 4}$$

$$\Rightarrow x = \frac{4 \pm 1 \times 2}{8} \Leftrightarrow x = \frac{3}{2} \vee x = -\frac{1}{2}$$

Note agora que $-\frac{1}{2}$ não é solução da equação dada pois a expressão não está definida nesse ponto

$$\text{Conjunto solução: } \left\{ \frac{3}{2} \right\}$$

5.5

$$a) f(x) = \operatorname{ch}(3x)$$

$$f'(x) = 3 \operatorname{sh}(3x)$$

$$b) f(x) = \operatorname{sh}(x^2 + 1)$$

$$f'(x) = 2x \operatorname{ch}(x^2 + 1)$$

$$c) f(x) = x^2 \operatorname{sh}^3 x$$

$$f'(x) = 2x \operatorname{sh}^3 x + 3x^2 \operatorname{ch} x \operatorname{sh}^2 x$$

$$d) f(x) = \ln(\operatorname{ch}(x+1))$$

$$f'(x) = \frac{\operatorname{sh}(x+1)}{\operatorname{ch}(x+1)} = \tanh(x+1)$$

a) $\operatorname{ch}^2 x - \operatorname{sh}^2 x = 1$

$$\begin{aligned}\operatorname{ch}^2 x - \operatorname{sh}^2 x &= \left(\frac{e^x + e^{-x}}{2} \right)^2 - \left(\frac{e^x - e^{-x}}{2} \right)^2 \\ &= \frac{e^{2x} + 2 + e^{-2x}}{4} - \frac{e^{2x} - 2 + e^{-2x}}{4} = \\ &= \frac{4}{4} = 1\end{aligned}$$

b) $\operatorname{ch} x + \operatorname{sh} x = e^x$

$$\operatorname{ch} x + \operatorname{sh} x = \frac{e^x + e^{-x}}{2} + \frac{e^x - e^{-x}}{2} = e^x$$

c) $\operatorname{sh}(-x) = -\operatorname{sh} x$

$$\operatorname{sh}(-x) = \frac{e^{-x} - e^x}{2} = -\frac{e^x - e^{-x}}{2} = -\operatorname{sh}(x)$$

d) $\operatorname{ch}(-x) = \operatorname{ch}(x)$

$$\operatorname{ch}(-x) = \frac{e^{-x} + e^x}{2} = \frac{e^x + e^{-x}}{2} = \operatorname{ch}(x)$$

e) $\operatorname{sh}(x+y) = \operatorname{sh} x \operatorname{ch} y + \operatorname{ch} x \operatorname{sh} y$

$$\begin{aligned}\operatorname{sh}(x) \operatorname{ch}(y) + \operatorname{ch}(x) \operatorname{sh}(y) &= \left(\frac{e^x - e^{-x}}{2} \right) \left(\frac{e^y + e^{-y}}{2} \right) + \left(\frac{e^x + e^{-x}}{2} \right) \left(\frac{e^y - e^{-y}}{2} \right) \\ &= \frac{e^x e^y + e^x e^{-y} - e^{-x} e^y - e^{-x} e^{-y}}{4} + \frac{e^x e^y - e^x e^{-y} + e^{-x} e^y - e^{-x} e^{-y}}{4} \\ &= \frac{e^{x+y} - e^{-x-y}}{2} = \frac{e^{x+y} - e^{-(x+y)}}{2} = \operatorname{sh}(x+y)\end{aligned}$$

f) $\operatorname{ch}(x+y) = \operatorname{ch} x \operatorname{ch} y + \operatorname{sh} x \operatorname{sh} y$

Análogo à alínea (e).

g) $\operatorname{th}^2 x + \frac{1}{\operatorname{ch}^2 x} = 1$

De $\operatorname{ch}^2 x - \operatorname{sh}^2 x = 1$ vem

$$1 - \operatorname{th}^2 x = \frac{1}{\operatorname{ch}^2 x} \quad (\Leftrightarrow) \quad \operatorname{th}^2 x + \frac{1}{\operatorname{ch}^2 x} = 1$$

$$b) \coth^2 x - \frac{1}{\sinh^2 x} = 1 \quad x \neq 0.$$

Análogo à alínea (g).

5.7 Este exercício está repetido - é o mesmo que 5.5.

5.8

$$a) \operatorname{argsh} x = \ln(x + \sqrt{x^2 + 1}) \quad ; \quad x \in \mathbb{R}$$

argsh é a inversa de \sinh

$$\frac{e^x - e^{-x}}{2} = y \Leftrightarrow e^x - e^{-x} = 2y$$

$$\text{Fazendo } z = e^x \text{ vem } z - \frac{1}{z} = 2y$$

$$\Leftrightarrow z^2 - 1 = 2yz$$

$$\Leftrightarrow z^2 - 2yz - 1 = 0$$

$$\Leftrightarrow z = \frac{2y \pm \sqrt{4y^2 + 4}}{2}$$

$$\Leftrightarrow z = y \pm \sqrt{y^2 + 1}$$

$$\text{Portanto } e^x = y \pm \sqrt{y^2 + 1} \quad \text{e como } e^x > 0 \quad \forall x$$

$$e^x = y + \sqrt{y^2 + 1} \Leftrightarrow x = \ln(y + \sqrt{y^2 + 1})$$

$$\text{Então: } \operatorname{argsh} x = \sinh^{-1} x = \ln(x + \sqrt{x^2 + 1})$$

$$b) \operatorname{argch} x = \ln(x + \sqrt{x^2 - 1}) \quad ; \quad x \in [1, +\infty)$$

Análogo à alínea (a).

$$c) \operatorname{argth} x = \ln\left(\sqrt{\frac{1+x}{1-x}}\right) \quad ; \quad x \in]-1, 1[$$

argth é a inversa de th

$$\operatorname{th} x = \frac{\sinh x}{\cosh x} = \frac{e^x - e^{-x}}{e^x + e^{-x}}$$

$$\operatorname{th} x = y \Leftrightarrow \frac{e^x - e^{-x}}{e^x + e^{-x}} = y \Leftrightarrow$$

$$\Leftrightarrow e^x - e^{-x} = y(e^x + e^{-x})$$

$$\Leftrightarrow (1-y)e^x - (1+y)e^{-x} = 0$$

$$\Leftrightarrow e^{-x} ((1-y)e^{2x} - (1+y)) = 0$$

$$\Leftrightarrow (1-y)e^{2x} - (1+y) = 0 \quad \text{pois } e^{-x} > 0, \forall x$$

$$\Leftrightarrow e^{2x} = \frac{1+y}{1-y}$$

$$\Leftrightarrow 2x = \ln\left(\frac{1+y}{1-y}\right) \Leftrightarrow x = \frac{1}{2} \ln\left(\frac{1+y}{1-y}\right)$$

$$\Leftrightarrow x = \ln\left(\left(\frac{1+y}{1-y}\right)^{1/2}\right) \Leftrightarrow x = \ln\left(\sqrt{\frac{1+y}{1-y}}\right)$$

$$\text{Portanto } \operatorname{argth}(x) = \operatorname{th}^{-1}(x) = \ln\left(\sqrt{\frac{1+x}{1-x}}\right)$$

$$d) \operatorname{argcoth} x = \ln\left(\sqrt{\frac{x+1}{x-1}}\right), \quad x \in \mathbb{R} \setminus]-1, 1[$$

Análogo à alínea (c)

5.9

$$a) \operatorname{argsh} x = \frac{1}{\sqrt{x^2+1}}, \quad x \in \mathbb{R}$$

De $\operatorname{argsh} x = \ln(x + \sqrt{x^2+1})$ vem

$$\begin{aligned} \operatorname{argsh}' x &= \frac{(x + \sqrt{x^2+1})'}{x + \sqrt{x^2+1}} = \frac{1 + \frac{1}{2} 2x \frac{1}{\sqrt{x^2+1}}}{x + \sqrt{x^2+1}} \\ &= \frac{1 + \frac{x}{\sqrt{x^2+1}}}{x + \sqrt{x^2+1}} = \frac{\sqrt{x^2+1} + x}{\sqrt{x^2+1}(x + \sqrt{x^2+1})} = \frac{1}{\sqrt{x^2+1}} \end{aligned}$$

$$b) \operatorname{argch}' x = \frac{1}{\sqrt{x^2-1}}, \quad x \in]1, +\infty[$$

Análogo à alínea (a).

$$c) \operatorname{argth}' x = \frac{1}{1-x^2}, \quad |x| < 1$$

$$\begin{aligned} \operatorname{argth} x &= \ln \left(\sqrt{\frac{1+x}{1-x}} \right) = \frac{1}{2} \ln \left(\frac{1+x}{1-x} \right) = \\ &= \frac{1}{2} (\ln(1+x) - \ln(1-x)) \end{aligned}$$

$$\begin{aligned} \operatorname{argth}' x &= \frac{1}{2} \left(\frac{1}{1+x} - \frac{-1}{1-x} \right) = \frac{1}{2} \left(\frac{1}{1+x} + \frac{1}{1-x} \right) = \\ &= \frac{1}{2} \left(\frac{1-x + 1+x}{(1+x)(1-x)} \right) = \frac{1}{1-x^2} \end{aligned}$$

$$d) \operatorname{argcoth}' x = \frac{1}{1-x^2}, \quad |x| > 1.$$

Análogo à alínea (c).

