

117TH CONGRESS  
1ST SESSION

# H. RES. 654

Expressing support for the designation of September 17, 2021, as “National Concussion Awareness Day”.

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## IN THE HOUSE OF REPRESENTATIVES

SEPTEMBER 17, 2021

Mr. PASCRELL (for himself and Mr. BACON) submitted the following resolution; which was referred to the Committee on Energy and Commerce

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## RESOLUTION

Expressing support for the designation of September 17, 2021, as “National Concussion Awareness Day”.

Whereas mild traumatic brain injury, otherwise known as a “concussion”, is an important health concern for children, teens, and adults;

Whereas, according to information from the Centers for Disease Control and Prevention—

(1) there are as many as 1,600,000 to 3,800,000 sports-related concussions annually;

(2) as many as 5,300,000 individuals live with a disability because of a traumatic brain injury;

(3) between 2010 and 2016, an estimated 2,000,000 children under age 18 visited an emergency department because of a traumatic brain injury sustained during sports- or recreation-related activities;

(4) an estimated 283,000 children seek care in United States emergency departments each year for a sports- or recreation-related traumatic brain injury, with traumatic brain injuries sustained in contact sports accounting for approximately 45 percent of these visits; and

(5) research suggests that many children with a traumatic brain injury do not seek care in emergency departments or do not seek care at all, resulting in a significant underestimate of prevalence;

Whereas the seriousness of concussions should not be minimized in athletics, and return-to-play and return-to-learn protocols can help ensure recovery;

Whereas concussions can affect physical, mental, and social health, and a greater awareness and understanding of proper diagnosis and management of concussions is critical to improved outcomes; and

Whereas the House of Representatives can raise awareness about concussions among the medical community and the public: Now, therefore, be it

1       *Resolved*, That the House of Representatives—

2               (1) expresses support for the designation of  
3       “National Concussion Awareness Day”;

4               (2) recognizes that mild traumatic brain injury  
5       (“mTBI”), otherwise known as a concussion, is an  
6       important health concern;

7               (3) commends the organizations and individuals  
8       that raise awareness about mild traumatic brain in-  
9       jury;

1           (4) encourages Federal, State, and local policy-  
2 makers to work together—

3           (A) to raise awareness about the effects of  
4 concussions; and

5           (B) to improve the understanding of prop-  
6 er diagnosis and management of concussions;  
7 and

8           (5) encourages further research and prevention  
9 efforts to ensure that fewer individuals experience  
10 the most adverse effects of mild traumatic brain in-  
11 jury.

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