## 117TH CONGRESS 2D SESSION

## H. RES. 1348

Expressing support for the designation of September 15, 2022, as "National Brain Health Day".

## IN THE HOUSE OF REPRESENTATIVES

September 14, 2022

Mr. Blumenauer (for himself and Mr. Griffith) submitted the following resolution; which was referred to the Committee on Energy and Commerce

## RESOLUTION

Expressing support for the designation of September 15, 2022, as "National Brain Health Day".

Whereas 1 in 6 people is affected by brain disease, including stroke, Alzheimer's disease, Parkinson's disease, migraine, epilepsy, autism, multiple sclerosis, brain injury, cerebral palsy, neurogenetic diseases, and other diseases of the brain and central nervous system;

Whereas long COVID has cognitive impacts;

Whereas the cost of neurologic disease in the United States exceeds \$600,000,000,000 a year;

Whereas there is an urgent need to foster brain health awareness to improve citizens' understanding of brain disease and the importance of maintaining a healthy brain and supporting research to find cures;

- Whereas developing brain health awareness initiatives enables the public to become better educated on their health;
- Whereas action is needed to advance the newly evolving field of preventive neurology that identifies individuals at high risk for neurologic disease and presents an evidencebased approach to maintaining optimal brain health;
- Whereas brain health is crucial to optimal functioning and well-being of every individual at every stage of their life and is key to individual and societal advancement;
- Whereas observing "National Brain Health Day" will encourage the promotion and development of effective programs pertinent to improving the public's understanding of brain health; and
- Whereas, on September 15, 2022, the American Academy of Neurology will convene brain health professionals and advocates nationwide to unite in awareness, outreach, and advocacy activities, making it an appropriate day to recognize as "National Brain Health Day": Now, therefore, be it
  - 1 Resolved, That the House of Representatives—
- 2 (1) expresses support for the designation of
- 3 "National Brain Health Day";
- 4 (2) encourages increased public awareness of
- 5 brain health; and
- 6 (3) supports efforts to study and develop better
- 7 treatments to improve brain health.