#### 117TH CONGRESS 2D SESSION

# H. R. 7073

To amend the Public Health Service Act to reauthorize a grant program for screening, assessment, and treatment services for maternal mental health and substance use disorders, and for other purposes.

### IN THE HOUSE OF REPRESENTATIVES

March 15, 2022

Ms. Clark of Massachusetts (for herself, Ms. Herrera Beutler, Ms. Matsui, Mr. Burgess, Ms. Clarke of New York, and Mrs. Kim of California) introduced the following bill; which was referred to the Committee on Energy and Commerce

## A BILL

To amend the Public Health Service Act to reauthorize a grant program for screening, assessment, and treatment services for maternal mental health and substance use disorders, and for other purposes.

- 1 Be it enacted by the Senate and House of Representa-
- 2 tives of the United States of America in Congress assembled,
- 3 SECTION 1. SHORT TITLE.
- 4 This Act may be cited as the "Into the Light for Ma-
- 5 ternal Mental Health and Substance Use Disorders Act
- 6 of 2022" or the "Into the Light for MMH and SUD Act
- 7 of 2022".

#### SEC. 2. FINDINGS.

2	Congress	finde	tha	$\mathbf{f}_{\mathbf{O}}$	wing.
<u> </u>	Congress	mus	une	TOHC	wmg:

- (1) Maternal mental health conditions are the most common complications of pregnancy and child-birth, affecting 1 in 5 women or 800,000 women annually, during pregnancy or the year following pregnancy.
  - (2) Maternal mental health and substance use disorders contribute to the high rate of maternal mortality in the United States, with suicide and drug overdose combined being the leading cause of death for women in the first year following pregnancy.
  - (3) Women who experience racial and economic inequities are 3 to 4 times more likely to be impacted by maternal mental health and other behavioral health disorders.
  - (4) Untreated maternal mental health conditions and substance use disorders can have long-term negative impacts on the mother, baby, family, and society.
  - (5) Mothers with untreated mental health conditions during pregnancy are more likely to have poor nutrition and struggle with substance use disorders, which can lead to poor birth outcomes for the baby.

- 1 (6) Untreated maternal mental health condi-2 tions and substance use disorders can contribute 3 to— 4 (A) impaired parent-child interactions; 5 (B) behavioral, cognitive, or emotional
  - (B) behavioral, cognitive, or emotional delays in the child; and
  - (C) adverse childhood experiences that can negatively impact the child's life.
  - (7) Untreated maternal mental health conditions are estimated to cost the United States economy \$14,000,000,000 or \$32,000 per mother-infant pair every year in addressing poor health outcomes and accounting for lost wages and productivity of the mother.
  - (8) Although the United States Preventive Services Task Force and several national medical organizations encourage health care providers to screen and treat maternal mental health conditions, 75 percent of women impacted remain untreated.
  - (9) Frontline providers who care for women during pregnancy and the first year following pregnancy are often reluctant to screen for maternal mental health conditions, citing lack of education, insurance reimbursement, and resources for affected women.

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1	SEC. 3. SCREENING AND TREATMENT FOR A MATERNAL
2	MENTAL HEALTH AND SUBSTANCE USE DIS-
3	ORDERS.
4	(a) In General.—Section 317L-1 of the Public
5	Health Service Act (42 U.S.C. 247b–13a) is amended—
6	(1) in the section heading, by striking "MA-
7	TERNAL DEPRESSION" and inserting "MATER-
8	NAL MENTAL HEALTH AND SUBSTANCE USE
9	<b>DISORDERS</b> "; and
10	(2) in subsection (a)—
11	(A) by inserting ", Indian Tribes and Trib-
12	al Organizations (as such terms are defined in
13	section 4 of the Indian Self-Determination and
14	Education Assistance Act), and Urban Indian
15	organizations (as such term is defined in sec-
16	tion 4 of the Indian Health Care Improvement
17	Act)" after "States"; and
18	(B) by striking "for women who are preg-
19	nant, or who have given birth within the pre-
20	ceding 12 months, for maternal depression"
21	and inserting "for women who are postpartum,
22	pregnant, or have given birth within the pre-
23	ceding 12 months, for maternal mental health
24	and substance use disorders".

1	(b) Application.—Subsection (b) of section 317L-
2	1 of the Public Health Service Act (42 U.S.C. 247b–13a)
3	is amended—
4	(1) by striking "a State shall submit" and in-
5	serting "an entity listed in subsection (a) shall sub-
6	mit"; and
7	(2) in paragraphs (1) and (2), by striking "ma-
8	ternal depression" each place it appears and insert-
9	ing "maternal mental health and substance use dis-
10	orders".
11	(c) Priority.—Subsection (c) of section 317L-1 of
12	the Public Health Service Act (42 U.S.C. 247b–13a) is
13	amended—
14	(1) by striking "may give priority to States pro-
15	posing to improve or enhance access to screening"
16	and inserting the following: "shall give priority to
17	entities listed in subsection (a) that—
18	"(1) are proposing to create, improve, or en-
19	hance screening, prevention, and treatment";
20	(2) by striking "maternal depression" and in-
21	serting "maternal mental health and substance use
22	disorders";
23	(3) by striking the period at the end of para-
24	graph (1), as so designated, and inserting a semi-
25	colon; and

1	(4) by inserting after such paragraph (1) the
2	following:
3	"(2) are currently partnered with, or will part-
4	ner with, a community-based organization to address
5	maternal mental health and substance use disorders;
6	"(3) are located in an area with high rates of
7	adverse maternal health outcomes or significant
8	health, economic, racial, or ethnic disparities in ma-
9	ternal health and substance use disorder outcomes;
10	and
11	"(4) operate in a health professional shortage
12	area designated under section 332.".
13	(d) Use of Funds.—Subsection (d) of section
14	317L–1 of the Public Health Service Act (42 U.S.C.
15	247b-13a) is amended—
16	(1) in paragraph (1)—
17	(A) in subparagraph (A), by striking "to
18	health care providers; and" and inserting "on
19	maternal mental health and substance use dis-
20	order screening, brief intervention, treatment
21	(as applicable for health care providers), and
22	referrals for treatment to health care providers
23	in the primary care setting and nonclinical
24	perinatal support workers;";

(B) in subparagraph (B), by striking "to health care providers, including information on maternal depression screening, treatment, and followup support services, and linkages to community-based resources; and" and inserting "on maternal mental health and substance use disorder screening, brief intervention, treatment (as applicable for health care providers) and referrals for treatment, followup support services, and linkages to community-based resources to health care providers in the primary care setting and clinical perinatal support workers; and"; and

### (C) by adding at the end the following:

"(C) enabling health care providers (such as obstetrician-gynecologists, nurse practitioners, nurse midwives, pediatricians, psychiatrists, mental and other behavioral health care providers, and adult primary care clinicians) to provide or receive real-time psychiatric consultation (in-person or remotely), including through the use of technology-enabled collaborative learning and capacity building models (as defined in section 330N), to aid in the treat-

1	ment of pregnant and postpartum women;
2	and"; and
3	(2) in paragraph (2)—
4	(A) by striking subparagraph (A) and re-
5	designating subparagraphs (B) and (C) as sub-
6	paragraphs (A) and (B), respectively;
7	(B) in subparagraph (A), as redesignated,
8	by striking "and" at the end;
9	(C) in subparagraph (B), as redesig-
10	nated—
11	(i) by inserting ", including" before
12	"for rural areas"; and
13	(ii) by striking the period at the end
14	and inserting a semicolon; and
15	(D) by inserting after subparagraph (B),
16	as redesignated, the following:
17	"(C) providing assistance to pregnant and
18	postpartum women to receive maternal mental
19	health and substance use disorder treatment,
20	including patient consultation, care coordina-
21	tion, and navigation for such treatment;
22	"(D) coordinating with maternal and child
23	health programs of the Federal Government
24	and State, local, and Tribal governments, in-
25	cluding child psychiatric access programs;

1	"(E) conducting public outreach and
2	awareness regarding grants under subsection
3	(a);
4	"(F) creating multi-State consortia to
5	carry out the activities required or authorized
6	under this subsection; and
7	"(G) training health care providers in the
8	primary care setting and nonclinical perinatal
9	support workers on trauma-informed care, cul-
10	turally and linguistically appropriate services,
11	and best practices related to training to im-
12	prove the provision of maternal mental health
13	and substance use disorder care for racial and
14	ethnic minority populations, including with re-
15	spect to perceptions and biases that may affect
16	the approach to, and provision of, care.".
17	(e) Additional Provisions.—Section 317L-1 of
18	the Public Health Service Act (42 U.S.C. 247b–13a) is
19	amended—
20	(1) by redesignating subsection (e) as sub-
21	section (h); and
22	(2) by inserting after subsection (d) the fol-
23	lowing:
24	"(e) TECHNICAL ASSISTANCE.—The Secretary shall
25	provide technical assistance to grantees and entities listed

- 1 in subsection (a) for carrying out activities pursuant to
- 2 this section.
- 3 "(f) Dissemination of Best Practices.—The
- 4 Secretary, based on evaluation of the activities funded
- 5 pursuant to this section, shall identify and disseminate
- 6 evidence-based or evidence-informed best practices for
- 7 screening, assessment, and treatment services for mater-
- 8 nal mental health and substance use disorders, including
- 9 culturally and linguistically appropriate services, for
- 10 women during pregnancy and 12 months following preg-
- 11 nancy.
- 12 "(g) MATCHING REQUIREMENT.—The Federal share
- 13 of the cost of the activities for which a grant is made to
- 14 an entity under subsection (a) shall not exceed 90 percent
- 15 of the total cost of such activities.".
- 16 (f) Authorization of Appropriations.—Sub-
- 17 section (h) of section 317L-1 (42 U.S.C. 247b-13a) of
- 18 the Public Health Service Act, as redesignated, is further
- 19 amended—
- 20 (1) by striking "\$5,000,000" and inserting
- 21 "\$24,000,000"; and
- 22 (2) by striking "2018 through 2022" and in-
- 23 serting "2023 through 2028".

### SEC. 4. MATERNAL MENTAL HEALTH HOTLINE. 2 Part P of title III of the Public Health Service Act 3 (42 U.S.C. 280g et seq.) is amended by adding at the end the following: 4 5 "SEC. 399V-7. MATERNAL MENTAL HEALTH HOTLINE. 6 "(a) IN GENERAL.—The Secretary shall maintain, di-7 rectly or by grant or contract, a national hotline to provide emotional support, information, brief intervention, and 8 9 mental health and substance use disorder resources to pregnant and postpartum women at risk of, or affected by, maternal mental health and substance use disorders, 11 and to their families or household members. "(b) REQUIREMENTS FOR HOTLINE.—The hotline 13 under subsection (a) shall— "(1) be a 24/7 real-time hotline; 15 "(2) provide voice and text support; 16 17 "(3) be staffed by certified peer specialists, li-18 censed health care professionals, or licensed mental 19 health professionals who are trained on— "(A) maternal mental health and sub-20 21 stance use disorder prevention, identification, 22 and intervention; and "(B) providing culturally and linguistically 23 24 appropriate support; and "(4) provide maternal mental health and sub-25

stance use disorder assistance and referral services

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- to meet the needs of underserved populations, indi viduals with disabilities, and family and household
  members of pregnant or postpartum women at risk
- 4 of experiencing maternal mental health and sub-
- 5 stance use disorders.
- 6 "(c) Additional Requirements.—In maintaining
- 7 the hotline under subsection (a), the Secretary shall—
- 8 "(1) consult with the Domestic Violence Hot-
- 9 line, National Suicide Prevention Lifeline, and Vet-
- erans Crisis Line to ensure that pregnant and
- postpartum women are connected in real-time to the
- appropriate specialized hotline service, when applica-
- ble;
- 14 "(2) conduct a public awareness campaign for
- the hotline; and
- 16 "(3) consult with Federal departments and
- agencies, including the Centers of Excellence of the
- 18 Substance Abuse and Mental Health Services Ad-
- ministration and the Department of Veterans Af-
- fairs, to increase awareness regarding the hotline.
- 21 "(d) Annual Report.—The Secretary shall submit
- 22 an annual report to the Congress on the hotline under sub-
- 23 section (a) and implementation of this section, including—
- 24 "(1) an evaluation of the effectiveness of activi-
- 25 ties conducted or supported under subsection (a);

1	"(2) a directory of entities or organizations to
2	which staff maintaining the hotline funded under
3	this section may make referrals; and
4	"(3) such additional information as the Sec-
5	retary determines appropriate.
6	"(e) Authorization of Appropriations.—To
7	carry out this section, there are authorized to be appro-
8	priated \$10,000,000 for each of fiscal years 2023 through
9	2028.".

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