# H. R. 4036

To amend title XVIII of the Social Security Act and the SUPPORT for Patients and Communities Act to provide for Medicare and Medicaid mental and behavioral health treatment through telehealth.

## IN THE HOUSE OF REPRESENTATIVES

June 22, 2021

Mr. Bilirakis (for himself and Mr. Soto) introduced the following bill; which was referred to the Committee on Energy and Commerce, and in addition to the Committee on Ways and Means, for a period to be subsequently determined by the Speaker, in each case for consideration of such provisions as fall within the jurisdiction of the committee concerned

# A BILL

To amend title XVIII of the Social Security Act and the SUPPORT for Patients and Communities Act to provide for Medicare and Medicaid mental and behavioral health treatment through telehealth.

- 1 Be it enacted by the Senate and House of Representa-
- 2 tives of the United States of America in Congress assembled,
- 3 SECTION 1. SHORT TITLE.
- 4 This Act may be cited as the "Enhance Access to
- 5 Support Essential Behavioral Health Services Act" or the
- 6 "EASE Behavioral Health Services Act".

#### SEC. 2. FINDINGS.

- 2 Congress finds as follows:
- 3 (1) Nearly 18 percent of adults in the United 4 States reported a mental, behavioral, or emotional 5 disorder in 2015.
  - (2) Children are also significantly impacted. According to the Centers for Disease Control and Prevention, 1 in 6 children ages 2 years through 8 years have a diagnosed mental, behavioral, or developmental disorder, indicating that disorders begin in early childhood and affect lifelong health.
  - (3) Moreover, 1 in 7 children and adolescents have at least one treatable mental health disorder.
  - (4) There is a critical link between mental health and substance use disorders. According to the Substance Abuse and Mental Health Services Administration, 1 in 4 adults with severe mental illness had a substance use disorder in 2017.
  - (5) Moreover, children who have had a major depressive episode are more than twice as likely to use illicit drugs.
  - (6) In 2017, approximately 19.7 million people aged 12 years or older had a substance use disorder related to their use of alcohol or illicit drugs in the past year.

- 1 (7) Despite this overwhelming need, access to 2 behavioral health services remains among the most 3 pressing health care challenges in our country.
  - (8) An estimated 56 percent of Americans with a mental health disorder did not receive treatment in 2017.
    - (9) Similarly, half of children and adolescents did not receive treatment for their mental health disorder in 2016.
    - (10) Further complicating access to care, as demand for behavioral health services increases in communities across the United States, the number of psychiatrists available to treat them continues to decline.
    - (11) The population of practicing psychiatrists declined by more than 10 percent between the period of 2003 through 2013, while the population of primary care physicians and neurologists grew during the same period.
    - (12) Technology has evolved to connect individuals to health care services in new ways, including via telehealth.
  - (13) Moreover, studies show that video visits are an effective strategy to provide mental health

1	treatment to children and, in fact, may be preferable
2	in some cases.
3	(14) During the 115th Congress, Congress rec-
4	ognized the potential of telehealth to ensure that
5	those in urgent need of substance use disorder treat-
6	ment receive the care they require.
7	(15) As passed and signed into law, sections
8	2001 and 1009 of the SUPPORT for Patients and
9	Communities Act (Public Law 115–271) expands
10	the use of telehealth services for the treatment of
11	opioid use disorder and other substance use dis-
12	orders.
13	(16) It is widely recognized that there is a close
14	relationship between mental health and substance
15	use disorders.
16	SEC. 3. MEDICARE TREATMENT OF BEHAVIORAL HEALTH
17	SERVICES FURNISHED THROUGH TELE-
18	HEALTH.
19	Section 1834(m) of the Social Security Act (42
20	U.S.C. 1395m(m)) is amended—
21	(1) in paragraph (4)(C)—
22	(A) in clause (i), by striking "and (7)" and
23	inserting "(7), and (9)"; and
24	(B) in clause (ii)(X)—

1	(i) by striking "or telehealth services"
2	and inserting ", telehealth services"; and
3	(ii) by inserting "or telehealth services
4	described in paragraph (9)" before the pe-
5	riod at the end; and
6	(2) by adding at the end the following new
7	paragraph:
8	"(9) Treatment of Behavioral Health
9	SERVICES FURNISHED THROUGH TELEHEALTH.—
10	The geographic requirements described in paragraph
11	(4)(C)(i) shall not apply with respect to telehealth
12	services that are behavioral health services furnished
13	on or after January 1, 2022, to eligible telehealth in-
14	dividuals, including initial patient evaluations, fol-
15	low-up medical management, and other behavioral
16	health services, as determined by the Secretary, at
17	an originating site described in paragraph (4)(C)(ii)
18	(other than an originating site described in sub-
19	clause (IX) of such paragraph).".
20	SEC. 4. MEDICAID MENTAL AND BEHAVIORAL HEALTH
21	TREATMENT THROUGH TELEHEALTH.
22	Section 1009 of the SUPPORT for Patients and
23	Communities Act (Public Law 115–271) is amended—
24	(1) in subsection (b)—

1	(A) in the header, by striking "Treat-
2	MENT FOR SUBSTANCE USE DISORDERS" and
3	inserting "Treatment for Substance Use
4	DISORDERS AND MENTAL HEALTH DISORDERS
5	AND BEHAVIORAL HEALTH DISORDERS";
6	(B) in the matter preceding paragraph (1),
7	by striking "Not later than 1 year after the
8	date of enactment of this Act, the Secretary"
9	and inserting "The Secretary";
10	(C) in paragraph (1)—
l 1	(i) by striking "treatment for sub-
12	stance use disorders" and inserting "treat-
13	ment for substance use disorders and men-
14	tal health disorders and behavioral health
15	disorders"; and
16	(ii) by inserting "psychotherapy,"
17	after "counseling,";
18	(D) in paragraph (2), by inserting "or
19	mental health disorders and behavioral health
20	disorders" after "substance use disorders";
21	(E) in paragraph (3), by inserting "and
22	mental health disorders and behavioral health
23	disorders" after "substance use disorders"; and
24	(F) by adding at the end, below and after
25	paragraph (3), the following flush left text:

1	"The Secretary shall issue the guidance under this sub-
2	section not later than 1 year after the date of the enact-
3	ment of this Act, with respect to the matters described
4	in the previous provisions of this subsection relating to
5	substance use disorders, and not later than 2 years after
6	the date of the enactment of this Act, with respect to the
7	matters described in such previous provisions relating to
8	mental health disorders and behavioral health disorders.";
9	(2) in subsection (c)—
10	(A) in the header, by striking "TREAT-
11	MENT FOR SUBSTANCE USE DISORDERS" and
12	inserting "Treatment for Substance Use
13	DISORDERS AND MENTAL HEALTH DISORDERS
14	AND BEHAVIORAL HEALTH DISORDERS";
15	(B) in paragraph (1), by striking "treat-
16	ment for substance use disorders" and inserting
17	"treatment for substance use disorders and
18	mental health disorders and behavioral health
19	disorders" each place it appears; and
20	(C) in paragraph (2)—
21	(i) by inserting "with respect to sub-
22	stance use disorders," after "paragraph
23	(1),"; and
24	(ii) by adding at the end the following
25	new sentence: "Not later than 2 years

1	after the date of enactment of this Act, the
2	Comptroller General shall submit to Con-
3	gress a report containing the results of the
4	evaluation conducted under paragraph (1),
5	with respect to mental health disorders and
6	behavioral health disorders, together with
7	recommendations for such legislation and
8	administrative action as the Comptroller
9	General determines appropriate."; and
10	(3) in subsection $(d)(1)$ —
11	(A) in the matter preceding subparagraph
12	(A), by inserting "and mental health disorders
13	and behavioral health disorders" after "sub-
14	stance use disorders";
15	(B) in subparagraph (A), by inserting ",
16	and mental health disorders and behavioral
17	health disorders" after "opioid use disorder";
18	and
19	(C) in subparagraph (B), by inserting
20	"and mental health disorders and behavioral
21	health disorders" after "substance use dis-
22	orders".

### 1 SEC. 5. EFFECTIVE DATE.

- 2 The amendments made by this Act shall take effect
- 3 as is included in the enactment of the SUPPORT for Pa-

4 tients and Communities Act.

 $\bigcirc$