## 117TH CONGRESS 1ST SESSION

## H. RES. 628

Remembering kindness in the United States and affirming our commitment to fostering community and building resiliency through every day acts of kindness.

## IN THE HOUSE OF REPRESENTATIVES

September 10, 2021

Mr. Correa submitted the following resolution; which was referred to the Committee on Oversight and Reform

## **RESOLUTION**

- Remembering kindness in the United States and affirming our commitment to fostering community and building resiliency through every day acts of kindness.
- Whereas kindness means doing something for someone else with no expectation of anything in return;
- Whereas kindness can change a family, a neighborhood, a school, a city, a nation, and ultimately, our world;
- Whereas residents within the United States have a long history of demonstrating kindness daily in their homes, schools, places of faith, businesses, community organizations, and throughout their neighborhoods;
- Whereas kindness has the power to connect people and to build community and is the mortar that connects and builds the social infrastructure of the United States;

- Whereas the culture of kindness and compassion can heal our country from within and promote a healthier society;
- Whereas studies have shown that kindness can improve several aspects of health, mindfulness, self-compassion, compassion toward others, and interpersonal conflict; and
- Whereas kindness can foster strong bonds that will bring individuals together despite their differences in order to tackle the challenges that face the United States in a nonpartisan manner: Now, therefore, be it
  - 1 Resolved, That it is the sense of the House of Rep-
  - 2 resentatives that the United States shall recognize kind
  - 3 actions in our country, encourage kindness, spread love,
- 4 and foster a culture of being kind to one another.

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