# SPORTS-WATCHES

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### 1. **Garmin Fenix 7X Solar**

* **Type**: Multisport GPS Watch
* **Key Features**:
  + **Display**: 1.4-inch solar-powered touchscreen with a 280 x 280 resolution.
  + **Battery Life**: Up to 28 days in smartwatch mode, 37 hours in GPS mode, and unlimited solar charging when exposed to sunlight.
  + **GPS and Sensors**: Supports multiple satellite systems (GPS, GLONASS, and Galileo) for precise tracking. Features a barometric altimeter, compass, and thermometer.
  + **Sports Modes**: Supports over 30 sports modes including running, cycling, swimming, hiking, skiing, and golf.
  + **Health Monitoring**: Includes heart rate monitoring, Pulse Ox sensor, sleep tracking, and Body Battery energy monitoring.
  + **Durability**: MIL-STD-810G military standard for thermal, shock, and water resistance (up to 100 meters).
  + **Smart Features**: Notifications, music storage, Garmin Pay, and smart connectivity with phone apps.
  + **Price**: Around $900.

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### 2. **Rolex Submariner Date**

* **Type**: Luxury Diver's Watch
* **Key Features**:
  + **Display**: 41mm Oystersteel case with a black ceramic bezel and a blue sunburst dial.
  + **Water Resistance**: Water-resistant up to 300 meters (1000 feet), making it perfect for diving.
  + **Movement**: Powered by Rolex's in-house Caliber 3235 self-winding movement with a 70-hour power reserve.
  + **Durability**: Known for its robust build, scratch-resistant sapphire crystal, and anti-magnetic properties.
  + **Design**: Classic and timeless design with a rotating bezel for tracking dive times. The date is displayed at 3 o'clock.
  + **Comfort**: Adjustable Oysterlock bracelet with Glidelock extension system, which allows for easy adjustments even when wearing over a wetsuit.
  + **Specialty**: A luxury piece that is just as much a high-performance tool as it is an iconic status symbol.
  + **Price**: Approximately $10,000.

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### 3. **Apple Watch Ultra**

* **Type**: Smart Sports Watch
* **Key Features**:
  + **Display**: 49mm titanium case with an always-on Retina display, 2000 nits brightness (bright enough to read in direct sunlight).
  + **Battery Life**: Up to 36 hours in regular use and up to 60 hours with Low Power Mode.
  + **GPS and Sensors**: Dual-frequency GPS, compass, altimeter, heart rate sensor, blood oxygen sensor, and temperature sensor.
  + **Sports Modes**: Specifically designed for extreme sports, including mountaineering, diving (100 meters water resistance), trail running, cycling, and swimming.
  + **Health Features**: Advanced health tracking with ECG, blood oxygen, and sleep monitoring. Additionally, features fall detection and emergency SOS for safety.
  + **Durability**: Built with a rugged titanium body, sapphire crystal front, and WR100 water resistance, it's engineered for extreme conditions.
  + **Smart Features**: Full integration with the Apple ecosystem, allowing for notifications, calls, and app management directly from the watch.
  + **Price**: Approximately $799.