



# YOU BELONG AT THE TABLE:

Finding your voice in cybersecurity

Opinions are my own & do not represent my employer.



**BIC WINTER CONFERENCE 2021**

**SPEAKER**

**KEITH CHAPMAN**

 @S1LV3RL10N

**"YOU BELONG AT THE  
TABLE : FINDING  
YOUR VOICE IN  
CYBERSECURITY"**

**02/06/2021  
2:30 PM EST  
TRACK: ORANGE**

  
**BIC  
WINTER  
CONFERENCE  
2021**

REGISTER ON EVENTBRITE

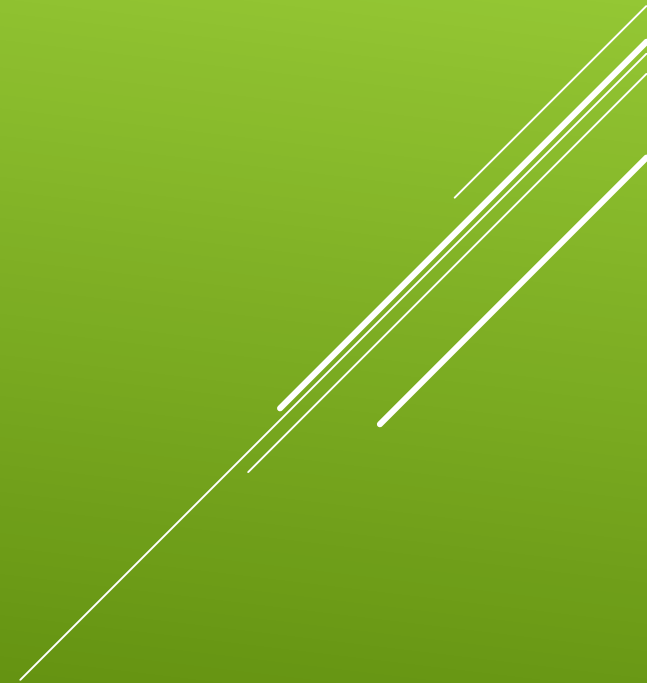
The poster features a circular portrait of Keith Chapman, a man with a beard and glasses, wearing a white shirt and a patterned tie. The background of the poster is dark with a starry space theme. The text is in various fonts and colors, including white, yellow, and orange. The BIC Winter Conference 2021 logo is in the bottom right corner.

<https://github.com/S1lv3rL10n/Talks>

THIS TALK IS FOR YOU IF:



- ▶ Many ways into cybersecurity
- ▶ We need greater diversity
  - ▶ of People
  - ▶ of Thought
- ▶ Keep Learning



- ▶ Find Your Community
- ▶ Work Your Plan
- ▶ Find Your Voice

YOU BELONG AT THE TABLE



FIND YOUR COMMUNITY





- ▶ Conferences
- ▶ Groups



FIND YOUR COMMUNITY



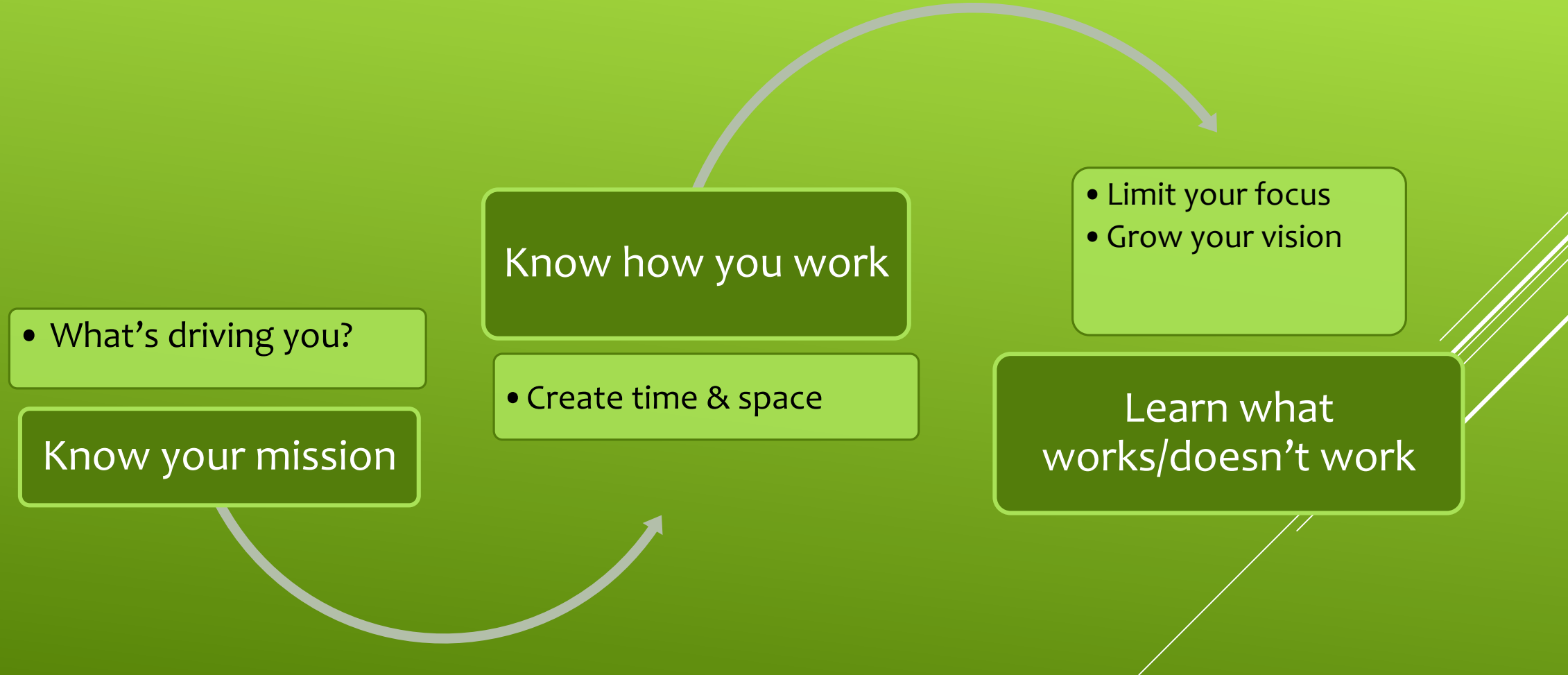
BE YOURSELF

**DAY 42: THE HUMANS STILL THINK I'M  
A BAKED POTATO**





# BE YOURSELF



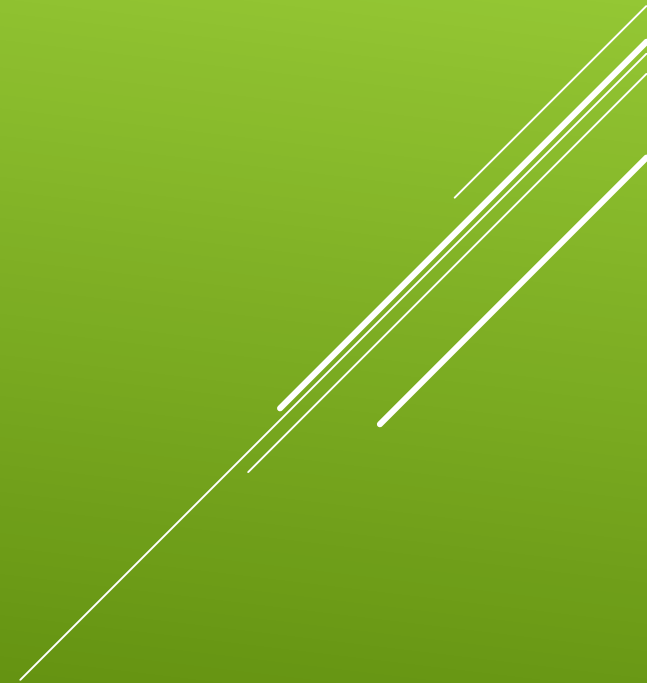
Know your  
mission



Know how you work



Learn what works/  
doesn't work



**WHAT  
YOU KNOW**



**WHAT YOU  
ARE DOING**



**WHAT YOU  
ARE LOOKING FOR**



**HOW YOU  
CAN HELP**





WORK YOUR PLAN



- ▶ U.S. Bureau of Labor Statistics
- ▶ Certification roadmaps
- ▶ Cyberseek
- ▶ NICCS
- ▶ 5 Year Plan
- ▶ Books
- ▶ And more (Podcasts, Webcasts, etc.)

## STUDY PLAN

- ▶ U.S. Bureau of Labor Statistics
- ▶ Certification roadmaps
- ▶ Cyberseek
- ▶ NICCS
- ▶ 5 Year Plan
- ▶ Books
- ▶ And more (Podcasts, Webcasts, etc.)

## STUDY PLAN



# OCCUPATIONAL OUTLOOK HANDBOOK

Occupational Outlook Handbook > Computer and Information Technology >

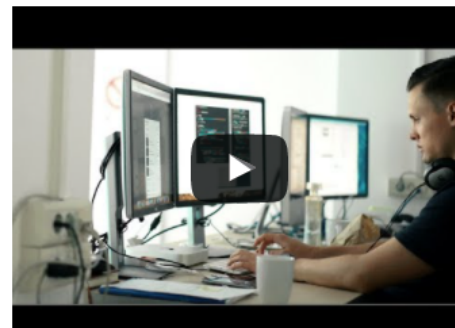
## Information Security Analysts

[PRINTER-FRIENDLY](#)

[Summary](#) [What They Do](#) [Work Environment](#) [How to Become One](#) [Pay](#) [Job Outlook](#) [State & Area Data](#) [Similar Occupations](#) [More Info](#)

### Summary

Quick Facts: Information Security Analysts	
2019 Median Pay	\$99,730 per year \$47.95 per hour
Typical Entry-Level Education	Bachelor's degree
Work Experience in a Related Occupation	Less than 5 years
On-the-job Training	None
Number of Jobs, 2019	131,000
Job Outlook, 2019-29	31% (Much faster than average)
Employment Change, 2019-29	40,900



### [What Information Security Analysts Do](#)

Information security analysts plan and carry out security measures to protect an organization's computer networks and systems.

### [Work Environment](#)

Most information security analysts work for computer companies, consulting firms, or business and financial companies.

### [How to Become an Information Security Analyst](#)

Most information security analyst positions require a bachelor's degree in a computer-related field. Employers usually prefer to hire analysts with experience in a related occupation.

- ▶ U.S. Bureau of Labor Statistics
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## STUDY PLAN

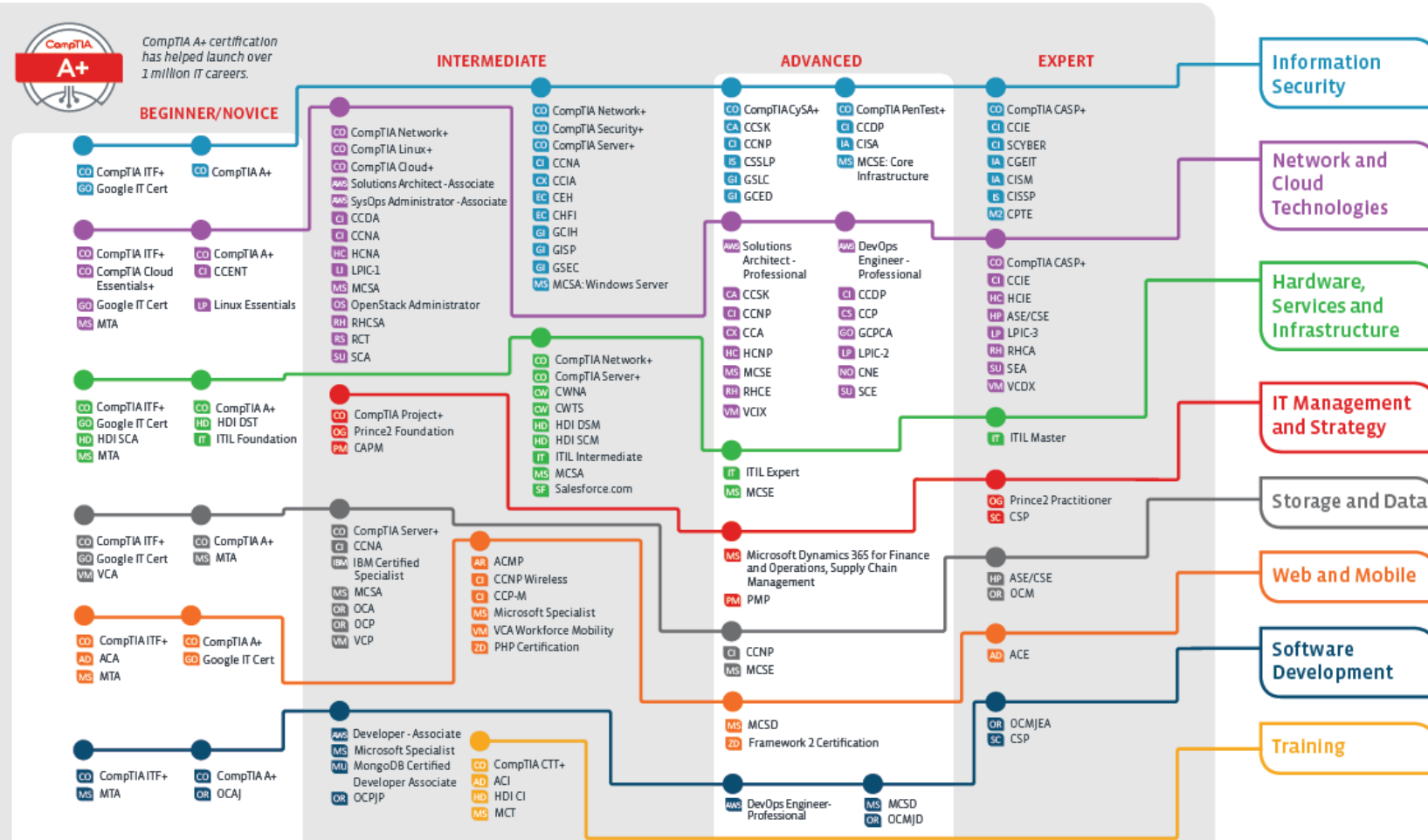


# IT Certification Roadmap

Explore the possibilities with the CompTIA Interactive IT Roadmap at:  
[CompTIA.org/CertsRoadmap](https://CompTIA.org/CertsRoadmap)

CompTIA

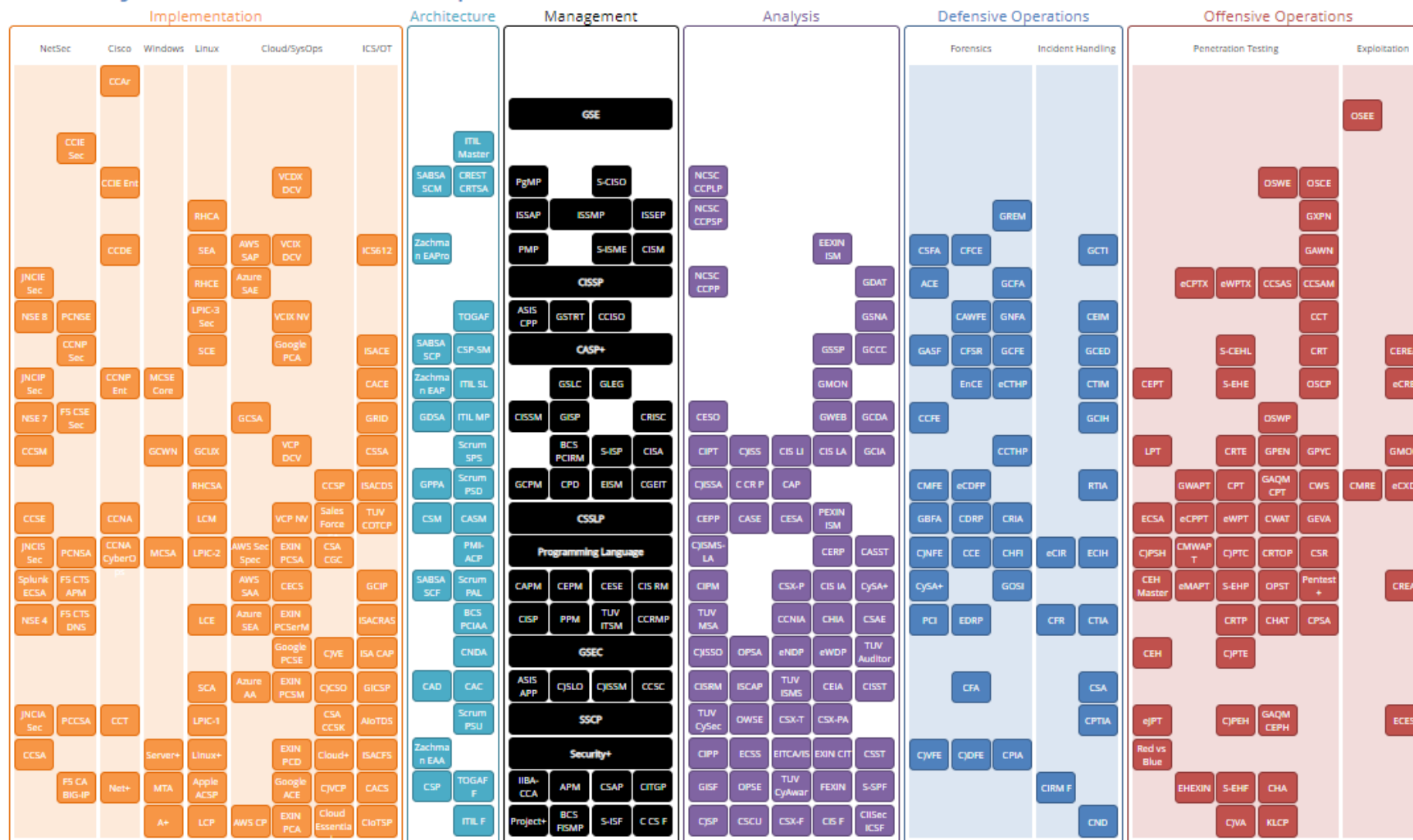
Certifications validate expertise in your chosen career.



Computer literacy certifications validating end user skills include IC3 and ECDL/ICDL

Updated 9/2019

# Security Certification Roadmap



340 certs listed | July 2020

<https://pauljerimy.com/security-certification-roadmap/>

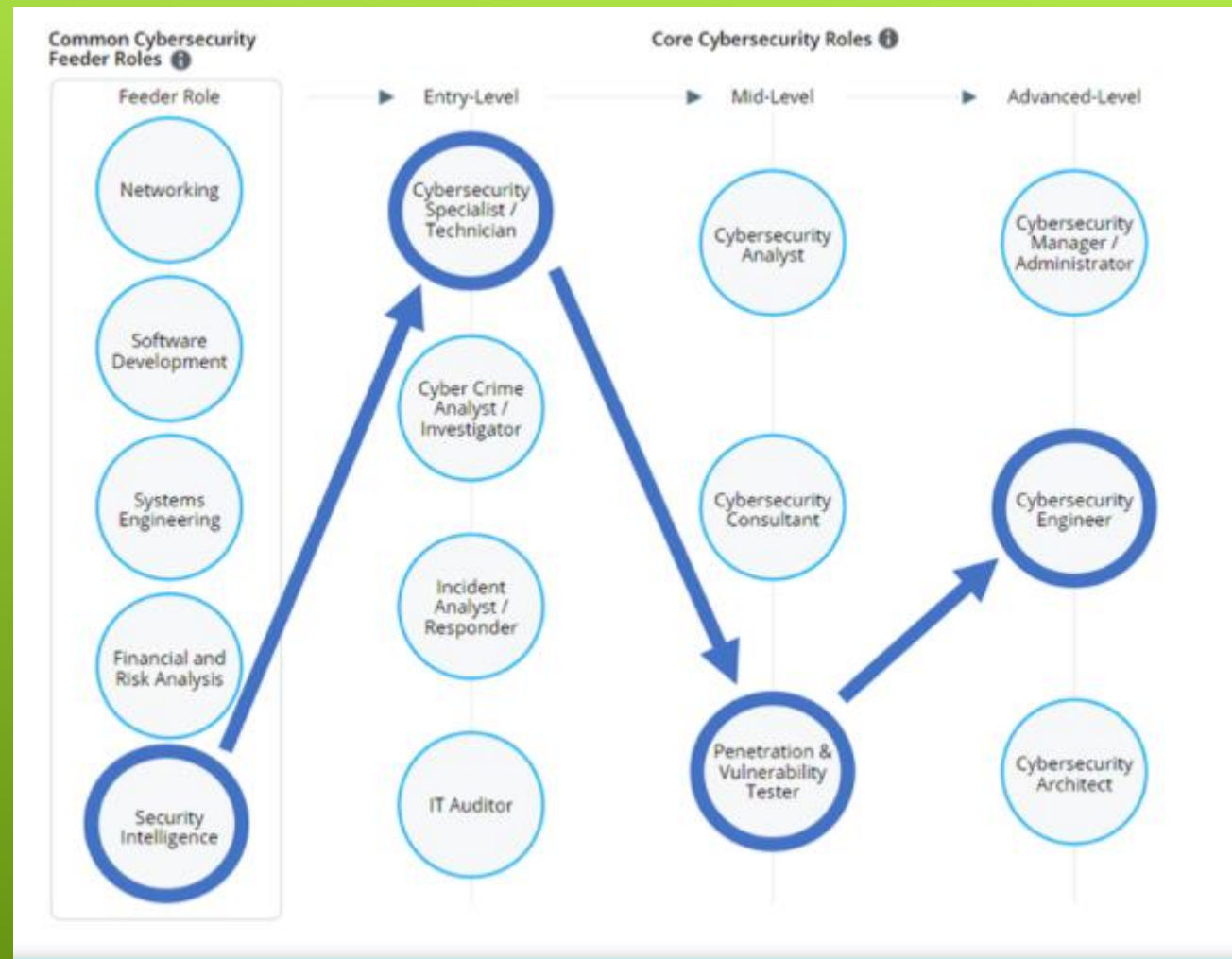
# IT Career Roadmap 2020



[https://pauljerimy.com/wp-content/uploads/2020/03/IT\\_CareerRoadmap2020smol.png](https://pauljerimy.com/wp-content/uploads/2020/03/IT_CareerRoadmap2020smol.png)

- ▶ U.S. Bureau of Labor Statistics
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## STUDY PLAN

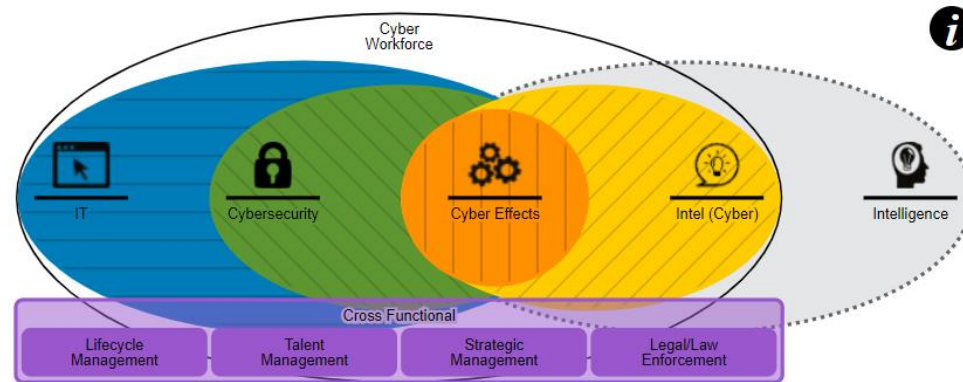


<https://www.cyberseek.org/>



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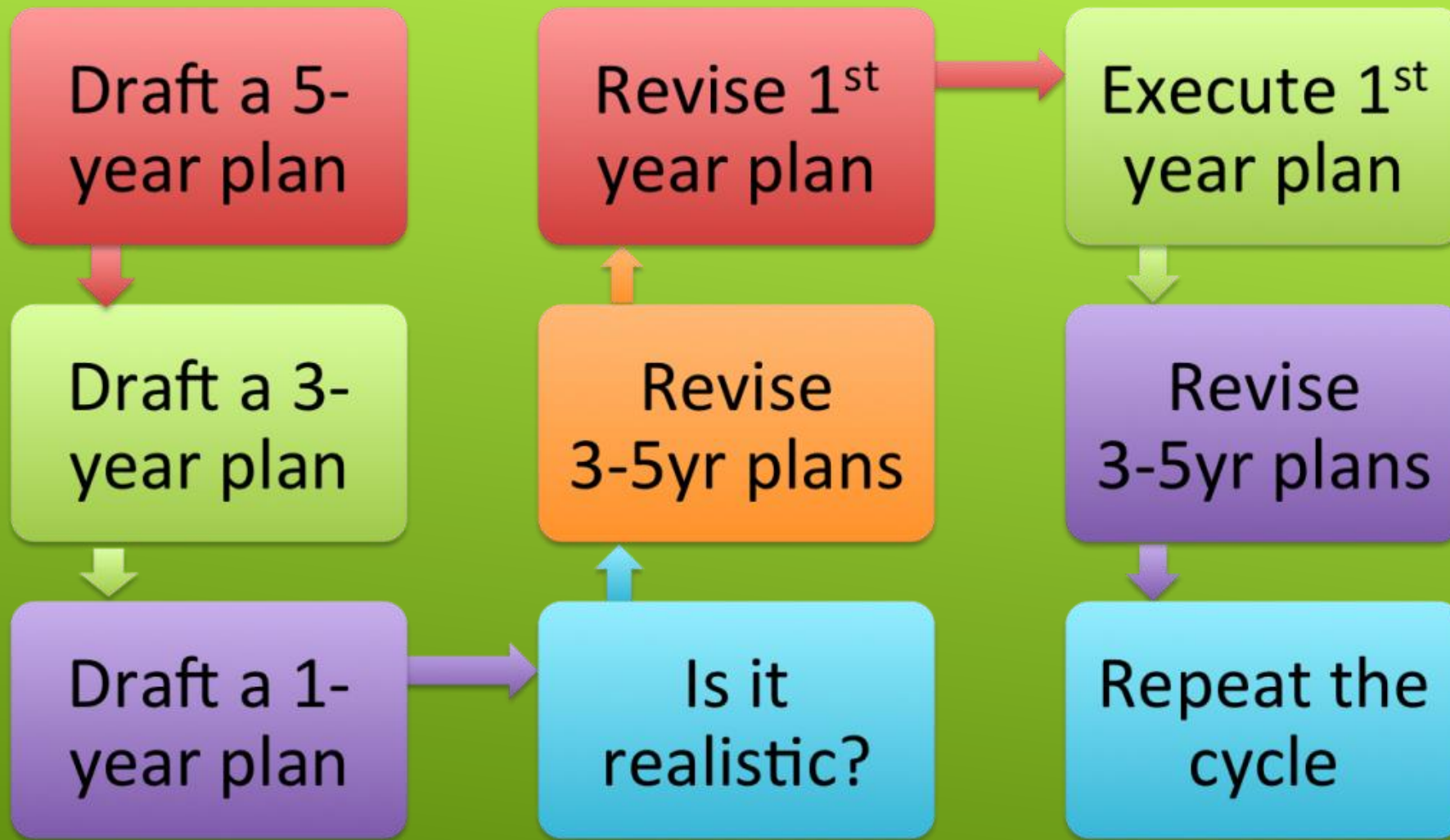
## STUDY PLAN



<https://niccs.us-cert.gov/workforce-development/cyber-career-pathways>

- ▶ U.S. Bureau of Labor Statistics
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- ▶ NICCS
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- ▶ And more (Podcasts, Webcasts, etc.)

## STUDY PLAN



<https://thinkocrats.net/holistic-life-plans/>

- ▶ U.S. Bureau of Labor Statistics
- ▶ Certification roadmaps
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- ▶ Books
- ▶ And more (Podcasts, Webcasts, etc.)

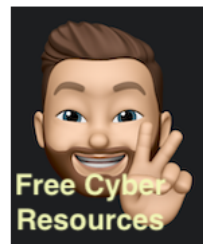
## STUDY PLAN





<https://freetraining.dfirdiva.com/>

README.md



An awesome list of resources for training, conferences, speaking, labs, reading, etc that are **free** all the time that cybersecurity professionals with downtime can take advantage of to improve their skills and marketability to come out on the other side ready to rock. Drop me a subscribe on YouTube and lets connect more:

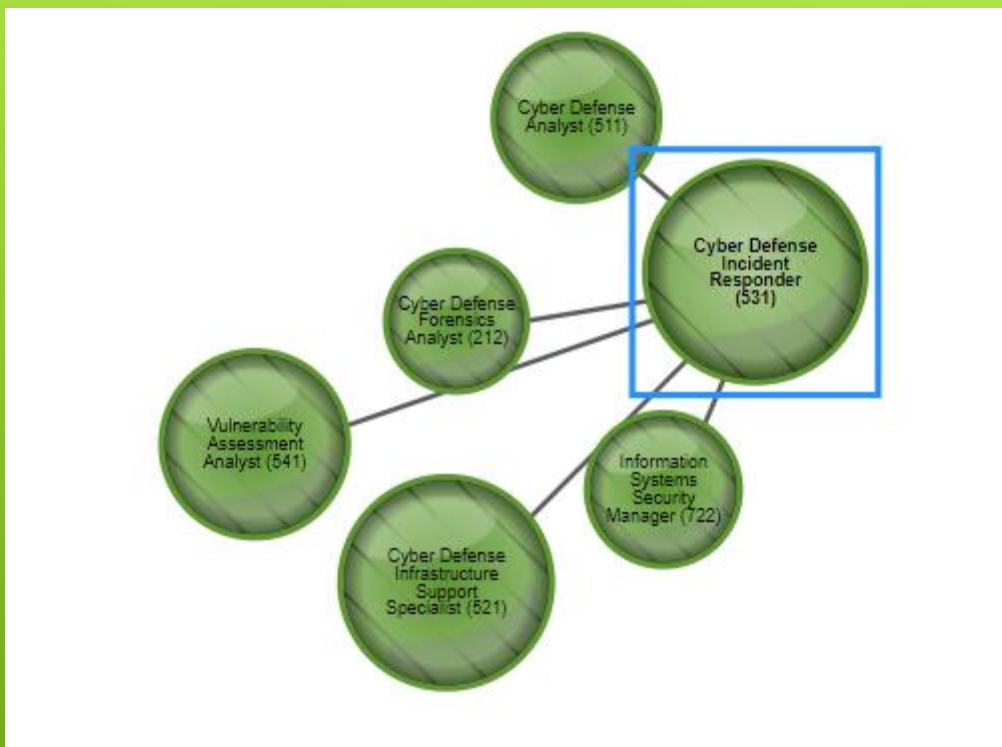
<https://www.youtube.com/c/GeraldAuger>

## CATEGORIES

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1. [Conferences](#)
2. [Instructor Led Webinar/Labs/Workshops](#)
3. [Training](#)
4. [Books](#)
5. [College Courses \(Multi-week w/Enrollment\)](#)
6. [Podcasts](#)
7. [YouTube Channels](#)
8. [News](#)
9. [Professional Networking / \(Virtual\) Meetups \(Discord/Slack Groups\)](#)
10. [References / Tools / Cheat Sheets](#)

[https://github.com/gerryguy311/Free\\_CyberSecurity\\_Professional\\_Development\\_Resources](https://github.com/gerryguy311/Free_CyberSecurity_Professional_Development_Resources)



EXAMPLE: CYBER DEFENSE INCIDENT RESPONDER

**Details**

## Tasks

## Knowledge

## Skills

## Abilities

## Capability Indicators

## Cyber Defense Incident Responder

Investigates, analyzes, and responds to cyber incidents within the network environment or enclave.

**Community:** Cybersecurity

**Category:** Protect and Defend

**Specialty Area:** Incident Response

**OPM ID:** 531

Top 5 roles related by shared tasks, knowledge, skills and abilities:

- Cyber Defense Infrastructure Support Specialist (29.73%)
- Vulnerability Assessment Analyst (22.64%)
- Cyber Defense Analyst (16.81%)
- Information Systems Security Manager (13.21%)
- Cyber Defense Forensics Analyst (9.8%)

Details

Tasks

Knowledge

Skills

Abilities

Capability Indicators

**Legend**

C - Core Tasks

A - Additional Tasks

A\* - Not included in the initial analysis to determine whether it is Core or Additional to the work role.

<b>C T0041</b>	Coordinate and provide expert technical support to enterprise-wide cyber defense technicians to resolve cyber defense incidents.
<b>A T0047</b>	Correlate incident data to identify specific vulnerabilities and make recommendations that enable expeditious remediation.
<b>A T0161</b>	Perform analysis of log files from a variety of sources (e.g., individual host logs, network traffic logs, firewall logs, and intrusion detection system [IDS] logs) to identify possible threats to network security.
<b>A T0163</b>	Perform cyber defense incident triage, to include determining scope, urgency, and potential impact, identifying the specific vulnerability, and making recommendations that enable expeditious remediation.
<b>C T0164</b>	Perform cyber defense trend analysis and reporting.
<b>C T0170</b>	Perform initial, forensically sound collection of images and inspect to discern possible mitigation/remediation on enterprise systems.
<b>A T0175</b>	Perform real-time cyber defense incident handling (e.g., forensic collections, intrusion correlation and tracking, threat analysis, and direct system remediation) tasks to support deployable Incident Response Teams (IRTs).

Details

Tasks

Knowledge

Skills

Abilities

Capability Indicators

**Legend**

C - Core Knowledge

A - Additional  
Knowledge

A\* - Not included in the initial analysis to determine whether it is Core or Additional to the work role.

C	K0001	Knowledge of computer networking concepts and protocols, and network security methodologies.
C	K0002	Knowledge of risk management processes (e.g., methods for assessing and mitigating risk).
C	K0003	Knowledge of laws, regulations, policies, and ethics as they relate to cybersecurity and privacy.
C	K0004	Knowledge of cybersecurity and privacy principles.
C	K0005	Knowledge of cyber threats and vulnerabilities.
C	K0006	Knowledge of specific operational impacts of cybersecurity lapses.
A	K0021	Knowledge of data backup and recovery.
C	K0026	Knowledge of business continuity and disaster recovery continuity of operations plans.

Details

Tasks

Knowledge

**Skills**

Abilities

Capability Indicators

**Legend**

C - Core Skills

A - Additional Skills

A\* - Not included in the initial analysis to determine whether it is Core or Additional to the work role.

<b>C</b>	<b>S0003</b>	Skill of identifying, capturing, containing, and reporting malware.
<b>C</b>	<b>S0047</b>	Skill in preserving evidence integrity according to standard operating procedures or national standards.
<b>C</b>	<b>S0077</b>	Skill in securing network communications.
<b>C</b>	<b>S0078</b>	Skill in recognizing and categorizing types of vulnerabilities and associated attacks.
<b>C</b>	<b>S0079</b>	Skill in protecting a network against malware. (e.g., NIPS, anti-malware, restrict/prevent external devices, spam filters).
<b>C</b>	<b>S0080</b>	Skill in performing damage assessments.
<b>C</b>	<b>S0173</b>	Skill in using security event correlation tools.
<b>A*</b>	<b>S0365</b>	Skill to design incident response for cloud service models.





		Details	Tasks	Knowledge	Skills	Abilities	Capability Indicators
		Entry	Intermediate			Advanced	
Continuous Learning	Credentials/Certifications	<b>Recommended:</b> Yes <b>Example Types:</b> N/A <b>Example Topics:</b> Certifications addressing new attack vectors (emphasis on cloud computing technology, mobile platforms and tablet computers), new vulnerabilities, existing threats to operating environments, advanced IDS concepts, applications protocols, concepts of TCP/IP and the link layer, DNS, fragmentation, IDS fundamentals and initial deployment (e.g., snort, bro), IDS rules (e.g., snort, bro), IPv6, network architecture and event correlation, network traffic analysis and forensics, packet engineering, silk and other traffic analysis tools, TCP, Tcpdump filters, UDP and ICMP, Wireshark fundamentals	<b>Recommended:</b> Yes <b>Example Types:</b> N/A <b>Example Topics:</b> Certifications addressing incident handling (identification, overview and preparation) buffer overflow, client attacks, covering tacks (networks, systems), denial of service attaches, network attacks, password attacks, reconnaissance, scanning (discovery and mapping, techniques, and defense), session hijacking and cache poisoning, techniques for maintaining access, web applications attacks, worms, bots, and bot-nets			<b>Recommended:</b> Yes <b>Example Topics:</b> Certifications addressing identification of malicious system and user activity, incident response in an enterprise environment, incident response process and framework, timeline artifact analysis, timeline collection, timeline processing, volatile data collection, filesystem structure and analysis, artifact analysis	
		<b>Recommended:</b> Yes <b>Examples:</b> 40 hours annually (may include participation in annual security conferences)	<b>Recommended:</b> Yes <b>Examples:</b> 40 hours annually (may include participation in annual security conferences)			<b>Recommended:</b> Yes <b>Examples:</b> 40 hours annually (may include participation in annual security conferences)	

- ▶ Networking
- ▶ System Administration
  - ▶ Linux
    - ▶ Raspberry Pi
  - ▶ Virtual Machines
    - ▶ Proxmox VE
    - ▶ VMWare
    - ▶ Virtual Box
  - ▶ CLOUD
    - ▶ Linode
    - ▶ AWS
    - ▶ Github
  - ▶ Windows

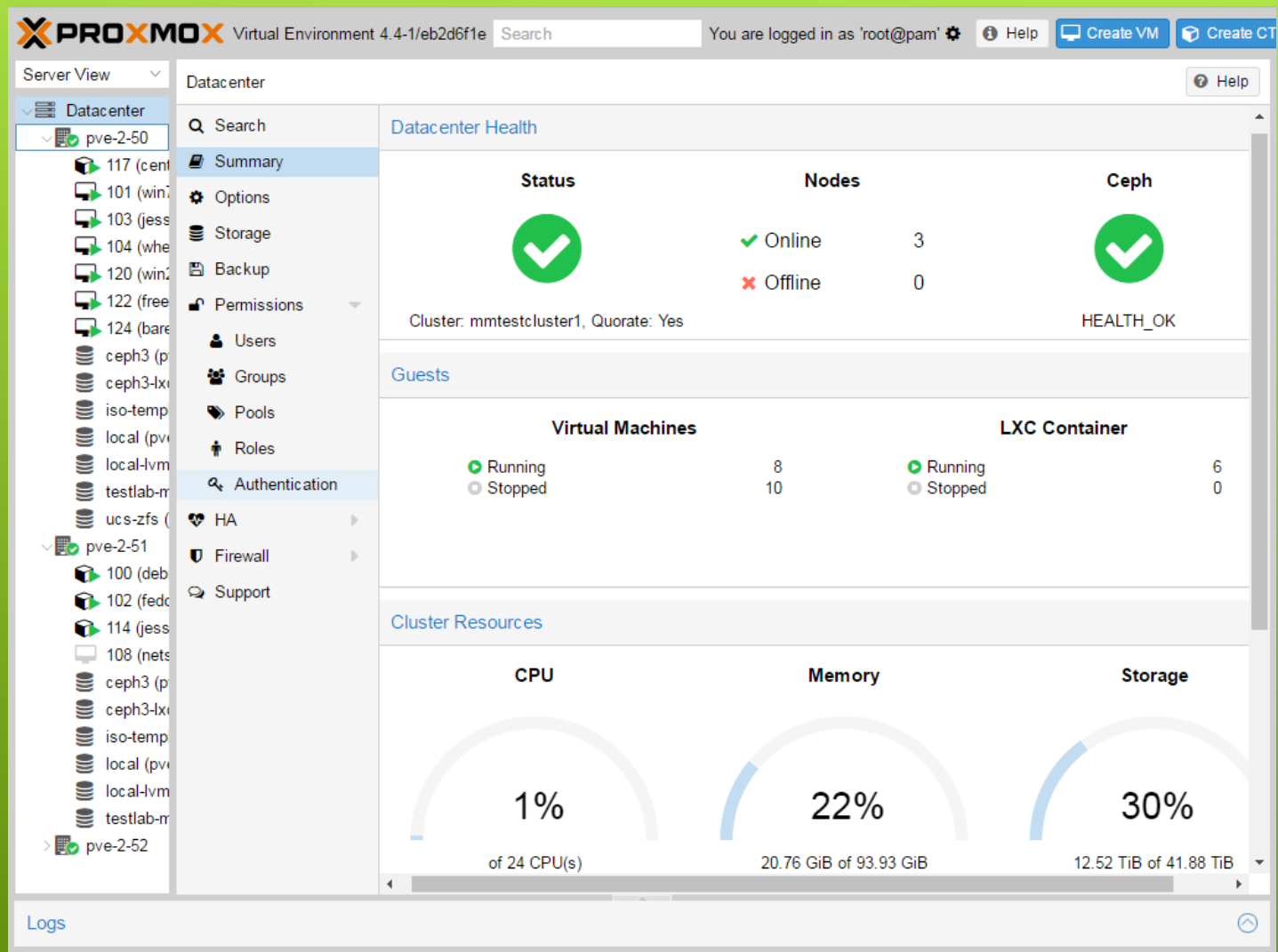


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  - ▶ CLOUD
    - ▶ Linode
    - ▶ AWS
    - ▶ Github
  - ▶ Windows





<https://projects.raspberrypi.org/en/projects>



[https://pve.proxmox.com/wiki/Main\\_Page](https://pve.proxmox.com/wiki/Main_Page)

- ▶ Networking
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  - ▶ Windows



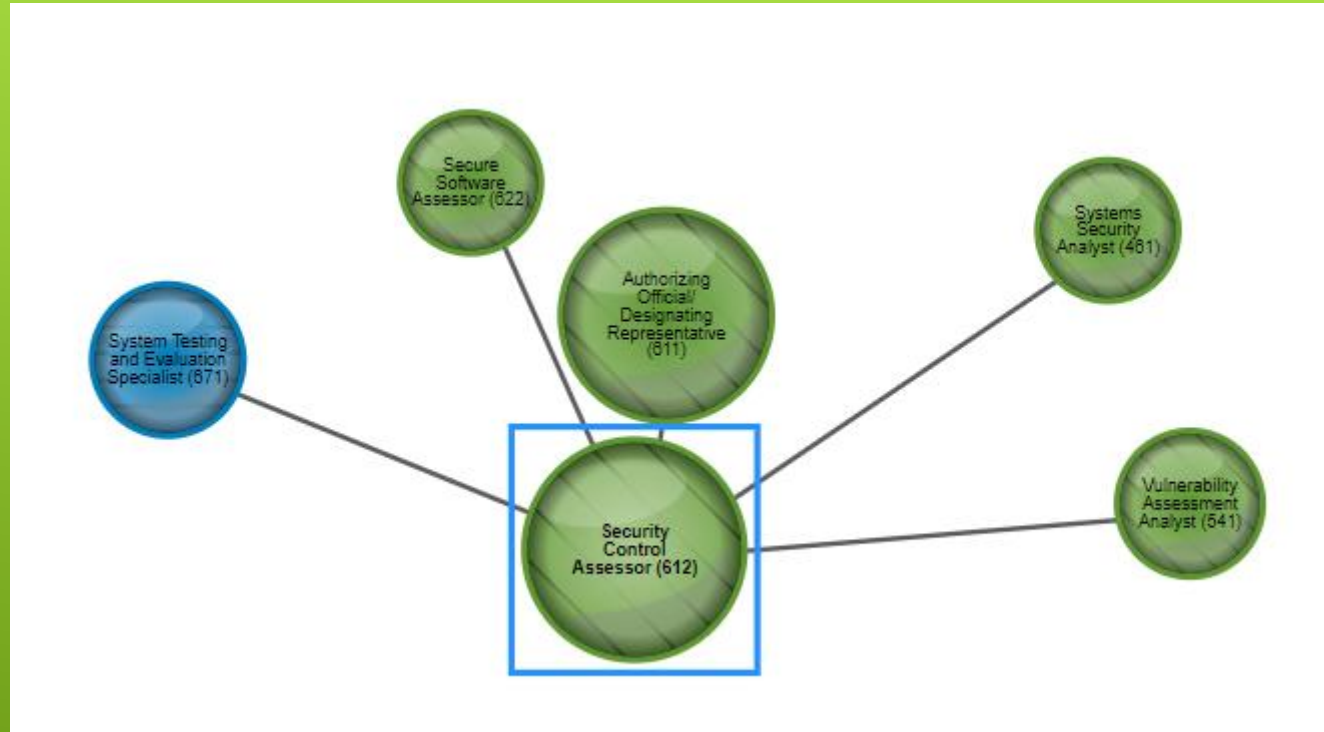




<https://blog.scottlogic.com/2019/07/03/getting-started-with-aws.html>

- ▶ Networking
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  - ▶ Linux
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    - ▶ VMWare
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  - ▶ CLOUD
    - ▶ Linode
    - ▶ AWS
    - ▶ Github
  - ▶ Windows





# EXAMPLE: SECURITY CONTROL ASSESSOR

**Details**

## Tasks

## Knowledge

## Skills

## Abilities

## Capability Indicators

## Security Control Assessor

Conducts independent comprehensive assessments of the management, operational, and technical security controls and control enhancements employed within or inherited by an information technology (IT) system to determine the overall effectiveness of the controls (as defined in NIST SP 800-37).

**Community:** Cybersecurity

**Category:** Securely Provision

**Specialty Area:** Risk Management

**OPM ID:** 612

Top 5 roles related by shared tasks, knowledge, skills and abilities:

- Authorizing Official/Designating Representative (92%)
- System Testing and Evaluation Specialist (40.74%)
- Vulnerability Assessment Analyst (35.85%)
- Systems Security Analyst (31.71%)
- Secure Software Assessor (31.58%)

Details

Tasks

Knowledge

Skills

Abilities

Capability Indicators

**Legend**

C - Core Tasks

A - Additional Tasks

A\* - Not included in the initial analysis to determine whether it is Core or Additional to the work role.

A*	T0145	Manage and approve Accreditation Packages (e.g., ISO/IEC 15026-2).
A*	T0177	Perform security reviews, identify gaps in security architecture, and develop a security risk management plan.
A*	T0178	Perform security reviews and identify security gaps in security architecture resulting in recommendations for inclusion in the risk mitigation strategy.
A*	T0181	Perform risk analysis (e.g., threat, vulnerability, and probability of occurrence) whenever an application or system undergoes a major change.
A	T0184	Plan and conduct security authorization reviews and assurance case development for initial installation of systems and networks.
A*	T0205	Provide input to the Risk Management Framework process activities and related documentation (e.g., system life-cycle support plans, concept of operations, operational procedures, and maintenance training materials).
A	T0221	Review authorization and assurance documents to confirm that the level of risk is within acceptable limits for each software application, system, and network.
A*	T0243	Verify and update security documentation reflecting the application/system security design features.

Details

Tasks

Knowledge

Skills

Abilities

Capability Indicators

**Legend**

C - Core Knowledge

A - Additional  
Knowledge

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C	K0001	Knowledge of computer networking concepts and protocols, and network security methodologies.
C	K0002	Knowledge of risk management processes (e.g., methods for assessing and mitigating risk).
C	K0003	Knowledge of laws, regulations, policies, and ethics as they relate to cybersecurity and privacy.
C	K0004	Knowledge of cybersecurity and privacy principles.
C	K0005	Knowledge of cyber threats and vulnerabilities.
C	K0006	Knowledge of specific operational impacts of cybersecurity lapses.
A*	K0007	Knowledge of authentication, authorization, and access control methods.
A*	K0008	Knowledge of applicable business processes and operations of customer organizations.

Details

Tasks

Knowledge

**Skills**

Abilities

Capability Indicators

**Legend**

C - Core Skills

A - Additional Skills

A\* - Not included in the initial analysis to determine whether it is Core or Additional to the work role.

<b>A</b>	<b>S0001</b>	Skill in conducting vulnerability scans and recognizing vulnerabilities in security systems.
<b>A</b>	<b>S0006</b>	Skill in applying confidentiality, integrity, and availability principles.
<b>C</b>	<b>S0027</b>	Skill in determining how a security system should work (including its resilience and dependability capabilities) and how changes in conditions, operations, or the environment will affect these outcomes.
<b>C</b>	<b>S0034</b>	Skill in discerning the protection needs (i.e., security controls) of information systems and networks.
<b>A</b>	<b>S0038</b>	Skill in identifying measures or indicators of system performance and the actions needed to improve or correct performance, relative to the goals of the system.
<b>A*</b>	<b>S0073</b>	Skill in using virtual machines. (e.g., Microsoft Hyper-V, VMWare vSphere, Citrix XenDesktop/Server, Amazon Elastic Compute Cloud, etc.).
<b>A*</b>	<b>S0078</b>	Skill in recognizing and categorizing types of vulnerabilities and associated attacks.
<b>A*</b>	<b>S0097</b>	Skill in applying security controls.



Details

Tasks

Knowledge

Skills

**Abilities**

Capability Indicators

**Legend**

C - Core Abilities

A - Additional Abilities

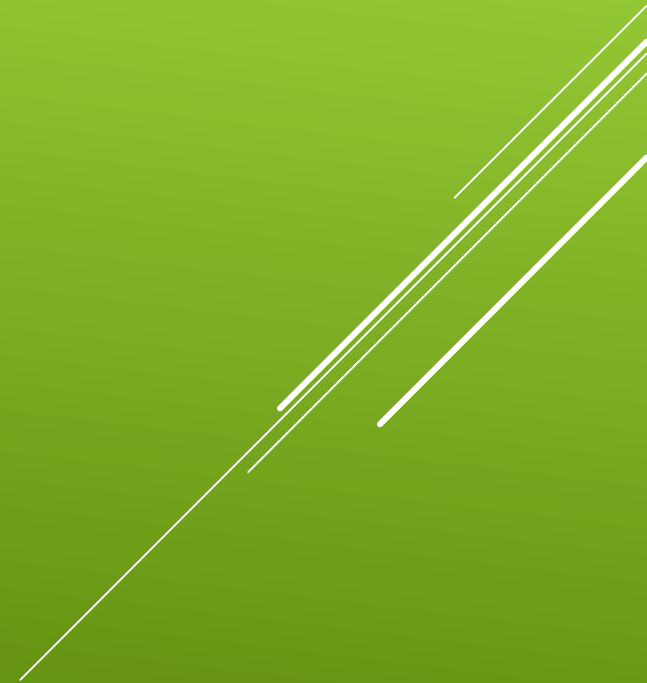
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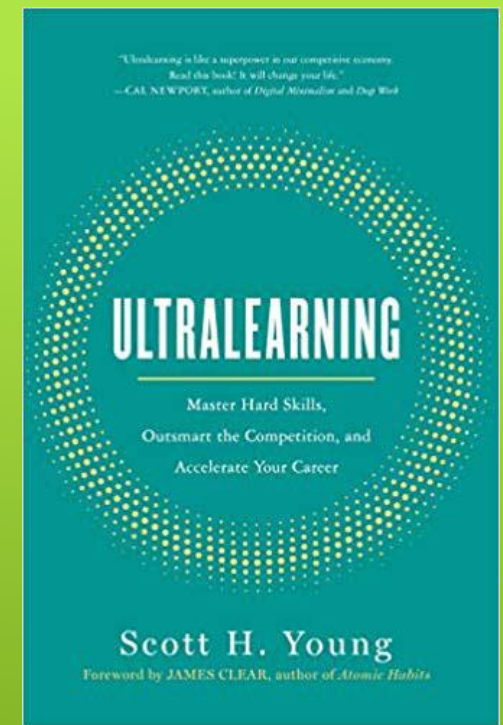
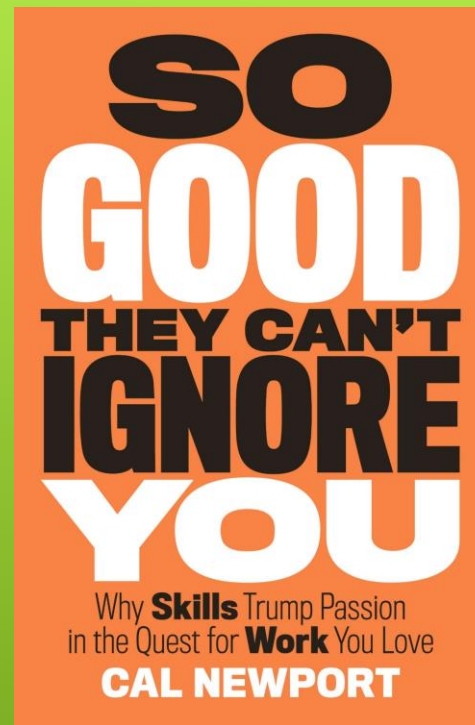
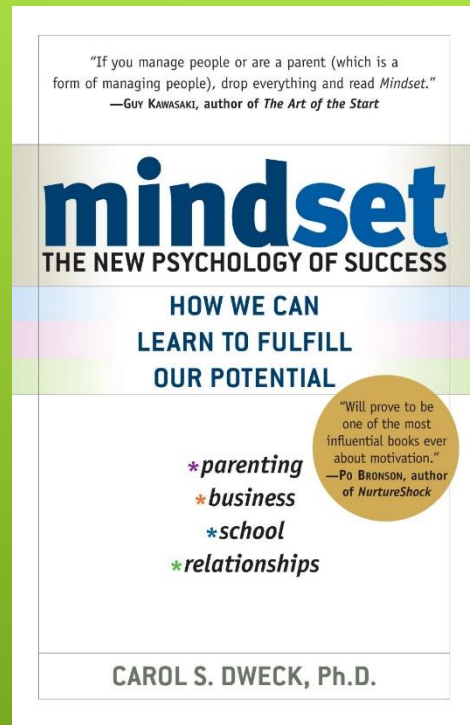
A* A0001	Ability to identify systemic security issues based on the analysis of vulnerability and configuration data.
A* A0011	Ability to answer questions in a clear and concise manner.
A* A0012	Ability to ask clarifying questions.
A* A0013	Ability to communicate complex information, concepts, or ideas in a confident and well-organized manner through verbal, written, and/or visual means.
A* A0014	Ability to communicate effectively when writing.
A* A0015	Ability to conduct vulnerability scans and recognize vulnerabilities in security systems.
A* A0016	Ability to facilitate small group discussions.
A* A0018	Ability to prepare and present briefings.

		Details	Tasks	Knowledge	Skills	Abilities	Capability Indicators
		Entry		Intermediate		Advanced	
Continuous Learning	Credentials/Certifications	<b>Recommended:</b> Yes <b>Example Types:</b> N/A <b>Example Topics:</b> Certifications that address managing, maintaining, troubleshooting, installing, configuring basic network infrastructure, mobile device integration, hardware evaluation, operating systems, technical support, authentication, security testing, intrusion detection/prevention, incident response and recovery, attacks and countermeasures, and cryptography		<b>Recommended:</b> Yes <b>Example Types:</b> N/A <b>Example Topics:</b> Certifications that address network types, network media, switching fundamentals, TCP/IP, IP addressing and routing, WAN technologies, operating and configuring IOS devices, managing network environments, risk management, categorization of information systems, selection of security controls, security control implementation and assessment, information system authorization, monitoring of security controls, system security, network infrastructure, access control, cryptography, and organizational security		<b>Recommended:</b> Yes <b>Example Topics:</b> Certifications that address security and risk management, asset security, security engineering, communications and network security, identity and access management, security assessment and testing, security operations, software development security, incident management, integration of computing/ communications/business disciplines and enterprise components, change management/incident handling for managers, common attacks and malware, security policy, disaster recovery and contingency planning, total cost of ownership, physical security and facility safety, privacy and web security, risk and ethics, protecting intellectual property, network infrastructure, quality and growth of the security organization, wireless security, network and endpoint security technologies, network protocols for managers, project management, managing the mission	
		<b>Recommended:</b> Yes <b>Examples:</b> 40 hours annually (may include mentoring, shadowing, conferences, webinars, or rotations)		<b>Recommended:</b> Yes <b>Examples:</b> 40 hours annually (may include mentoring, shadowing, conferences, webinars, or rotations)		<b>Recommended:</b> Yes <b>Examples:</b> 40 hours annually (may include mentoring, shadowing, conferences, webinars, or rotations)	

- ▶ Build a Home Lab
- ▶ Use a cloud hosted server
- ▶ Work with a nonprofit business
- ▶ Be active in a community
- ▶ Ask questions
- ▶ Synthesize Concepts
- ▶ Mentor

## FIND YOUR VOICE





SUGGESTED READING







# YOU BELONG AT THE TABLE:

Finding your voice in cybersecurity

<https://github.com/S1lv3rL10n/Talks>