

Project Title:

ADVANCING NUTRITION SCIENCE THROUGH GEMINI AI

Team Name:

NutriGen AI

Team Members:

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Phase-1: Brainstorming & Ideation

Objective:

To revolutionize nutrition science by utilizing Gemini AI for personalized dietary recommendations, nutrient analysis, and health prediction, ultimately enhancing human health and well-being.

Key Points:

1. Problem Statement:

- The current nutrition science practices rely on generalized dietary guidelines that fail to meet individual needs.
- Difficulty in predicting nutrient deficiencies, health risks, and metabolic responses in real-time.
- Limited integration of large-scale nutrition data and advanced AI technologies for customized recommendations.

2. Proposed Solution:

- Use Gemini AI to analyze vast nutrition databases and real-time health data.
- Provide personalized nutrition plans based on individual genetic, lifestyle, and health data.
- Integrate predictive analytics to forecast potential health risks linked to diet.
- Offer a user-friendly platform for continuous monitoring and nutritional improvement.

3. Target Users:

- Healthcare Professionals – For developing personalized treatment plans.
- Dietitians and Nutritionists – For providing accurate, data-driven recommendations.
- General Public – For tracking personal nutrition and health metrics.
- Fitness Enthusiasts – For optimizing diet to meet fitness goals.

4. Expected Outcome:

- Personalized and accurate dietary recommendations based on AI analysis
- Real-time prediction of potential nutritional deficiencies and health risks.
- Improved dietary outcomes and health status for users.
- A scalable AI-based solution for nutrition science research and application.

Phase-2: Requirement Analysis

Objective:

To build an AI-driven nutrition advisor using Python, Hugging Face transformers, and Streamlit that provides detailed, accurate, and personalized responses to user questions about nutrition based on the given context.

Key Points:

1. Technical Requirements:

Frontend

- **Streamlit Framework** for creating the user interface.

Backend

- **Python 3.8+** for core development.
- **Google Generative AI**

Libraries and Tools

- streamlit – Web app framework.
- torch – For model inference (if using PyTorch-based models).
- numpy, pandas – For handling and preprocessing data (if necessary).

Hardware Requirements

- **CPU/GPU support:** GPU recommended for faster response times.
- **8GB+ RAM** (recommended for running large models efficiently).

2. Functional Requirements:

Model Loading & Initialization

- Load pre-trained models for both question-answering and text generation.

User Input

- Accept a nutrition-related text or fact as the **context**.
- Allow users to ask a specific **question** related to the context.

Response Generation

- Extract relevant information from the context using the question-answering model.
- Generate detailed, personalized advice using the text-generation model.

Display & Feedback

- Provide the AI-generated response in an easy-to-read format.
- Offer a warning if inputs are incomplete or improperly formatted.

Error Handling

- Handle missing inputs and provide useful feedback.
- Gracefully handle model loading errors or performance issues.

3. Constraints & Challenges:

Constraints:

- **Model Response Time:** Large models can be slow to generate responses without GPU support.
- **Internet Dependency:** Models need to be downloaded if not available locally.
- **Limited Dataset:** The system's knowledge is limited to what the models are trained on.
- **Contextual Limitations:** The quality of advice depends on the quality of input text provided.

Challenges:

i. Model Size and Performance

- a. Large models like Falcon-7B require significant memory and processing power.
- b. Balancing between accuracy and response time is critical.

ii. Relevance of Generated Responses

- a. Ensuring the text generation model provides scientifically sound and detailed advice.
- b. Avoiding generic or incomplete responses.

iii. User Input Quality

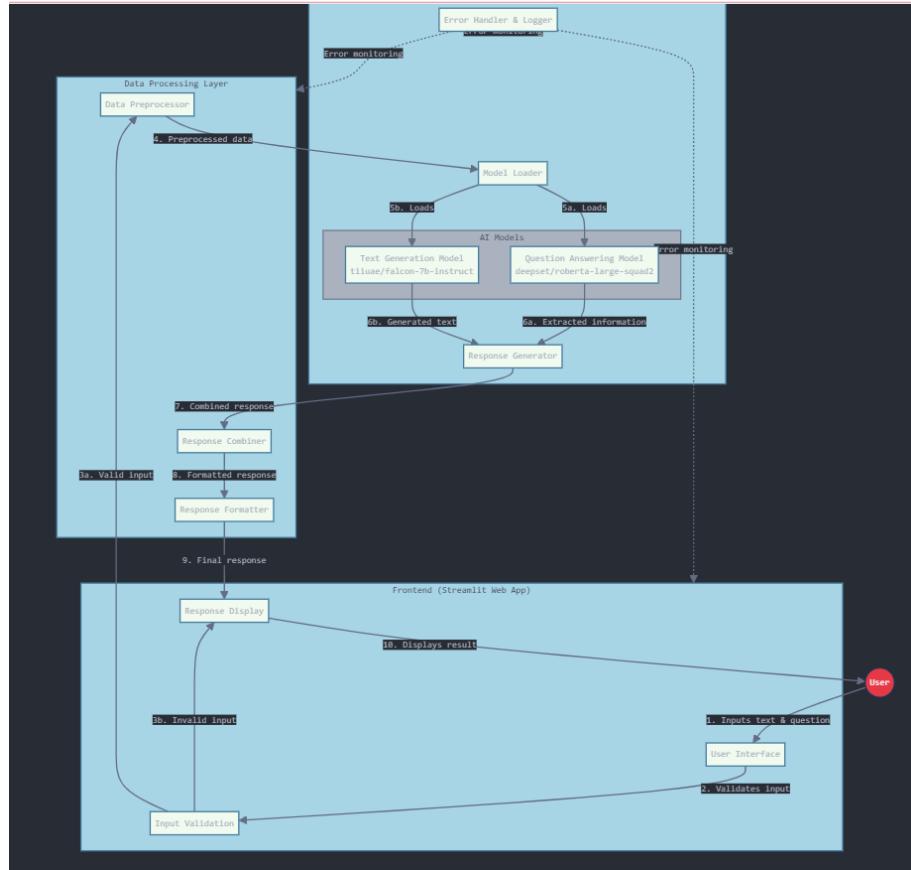
- a. Poorly written or ambiguous context can lead to inaccurate advice.

iv. Maintaining Consistency

- Generating consistent advice aligned with nutritional guidelines.

Phase-3: Project Design

Objective:



Key Points:

1. System Architecture:

Architecture Overview

The system is divided into three main components: **Frontend (UI)**, **Backend (Model Integration)**, and **Data Processing**.

High-Level System Components

i. Frontend (UI) – Streamlit-based Web App

- Provides the user interface for interacting with the application.
- Allows users to input text (nutrition-related content) and ask questions.
- Displays AI-generated advice and answers.

- ii. **Backend (Model and Logic Layer)**
 - a. **Model Loader:** Loads Hugging Face models for Question-Answering (deepset/roberta-large-squad2) and Text Generation (tiiuae/falcon-7b-instruct).
 - b. **Response Generator:** Processes user input, extracts relevant information, and generates a response using AI models.
 - c. **Error Handling and Logging:** Ensures smooth operation, handling exceptions like incomplete inputs or model loading issues.

- iii. **Data Handling and Preprocessing**

- a. Cleans and preprocesses user input.
 - b. Ensures the context is well-formed before feeding it into the models.

- iv. **Response Management**

- o Combines the answers from question-answering and text generation models.
 - o Formats the response to ensure it is clear, informative, and user-friendly.

2. User Flow:

Step-by-Step Flow

- i. **User Input**

- a. The user enters a nutrition-related fact or context (e.g., "Bananas contain potassium and fiber").
 - b. The user then asks a question about the context (e.g., "How do bananas help in digestion?").

- ii. **Input Validation**

- a. The system checks if the context and question are provided.
 - b. If not, it prompts the user to enter the missing information.

- iii. **Model Processing**

- a. The **question-answering model** extracts relevant information from the context.
 - b. The **text generation model** builds a more detailed, personalized response.

- iv. **Response Display**

- a. The generated response is displayed in the Streamlit app.
 - b. The user receives a clear and detailed answer (e.g., "Bananas improve digestion because they contain dietary fiber that promotes gut health").

- v. **Optional Feedback Loop**

- a. The user can refine their input or ask follow-up questions.
 - b. The system adapts and provides more detailed responses.

3. UI/UX Considerations:

User Interface (UI)

- i. **Simple and Minimalistic Design**

- a. Keep the interface clean with minimal input fields and clear instructions.

- ii. **Input Fields and Buttons**

- a. Provide two primary inputs: "**Nutrition Context**" and "**Question**".
 - b. Add a "**Generate Advice**" button for user-triggered response generation.
 - c. User Experience (UX)

iii. Loading Indicator

- a. Show a spinner or progress bar while the models are loading or processing the user input.

iv. Error Messages and Validation

- a. Use clear error messages for missing inputs or processing failures.
- b. Example: "Please enter a valid nutrition-related context before asking a question."

v. Response Formatting

- a. Use bullet points or paragraphs for structured and easy-to-read responses.
- b. Highlight keywords (e.g., nutrients, benefits) in the advice to improve readability.

vi. Mobile-Friendly

- a. Ensure the UI works well on different devices, especially mobile phones.

Phase-4: Project Planning (Agile Methodologies)

Objective:

Sprint	Task	Priority	Duration	Deadline	Assigned To	Dependencies	Expected Outcome
Sprint 1	Environment Setup & API Integration	● High	6 hours	End of Day 1	Member 1	Python, Streamlit setup	API connection established & working
Sprint 1	Frontend UI Development	● Medium	2 hours	End of Day 1	Member 2	API response format finalized	Basic UI with input fields
Sprint 2	Grain Protection Advice Search & Filtering	● High	3 hours	Mid-Day 2	Member 1 & 2	API response, UI elements ready	Search functionality with filtering options
Sprint 2	Error Handling & Debugging	● High	1.5 hours	Mid-Day 2	Member 1 & 4	API logs, UI inputs	Improved API stability
Sprint 3	Testing & UI Enhancements	● Medium	1.5 hours	Mid-Day 2	Member 2 & 3	API response, UI layout completed	Responsive UI, better user experience
Sprint 3	Final Presentation & Deployment	● Low	1 hour	End of Day 2	Entire Team	Working prototype	Demo-ready project

Sprint Planning with Priorities

- **Sprint 1: Setup & Integration (Day 1)**
 - **High Priority:**
 - Set up the environment and install necessary dependencies (Streamlit, Hugging Face Transformers).
 - Integrate AI models for question-answering and text generation.
 - **Medium Priority:**
 - Develop a basic UI for context input and question submission.
- **Sprint 2: Core Features & Debugging (Day 2)**
 - **High Priority:**
 - Implement search functionality for grain protection advice.
 - Handle errors and optimize the response generation process.
- **Sprint 3: Testing, Enhancements & Submission (Day 2)**
 - **Medium Priority:**
 - Test API responses, refine the UI, and fix bugs.
 - **Low Priority:**
 - Prepare the final demo and deploy the app using Streamlit Sharing.

Phase-5: Project Development

Objective

Develop and implement core features of the application.

Key Points

1. **Technology Stack Used**
 - **Frontend:** Streamlit
 - **Backend:** Hugging Face Transformers for AI models (question-answering and text generation)
 - **Programming Language:** Python
2. **Development Process**
 - Implement AI model integration.
 - Build user interface components (input fields, result display).
 - Optimize response generation for relevance and performance.

3. Challenges & Fixes

- **Challenge:** Slow response time for larger models.
 - **Fix:** Implement caching for frequently queried results.
- **Challenge:** Inconsistent AI responses.
 - **Fix:** Use a fallback mechanism with predefined responses for critical queries.

Phase-6: Functional & Performance Testing

Objective

Ensure that the application functions as expected and performs well under different conditions.

Test Cases

Test Case ID	Category	Test Scenario	Expected Outcome	Status
TC-001	Functional Testing	Query "Best storage conditions for rice grains"	Display optimal temperature and humidity levels.	 Passed
TC-002	Functional Testing	Query "How to prevent fungal growth in stored grains?"	Provide relevant prevention strategies.	 Passed
TC-003	Performance Testing	API response time under 500ms	Return results quickly.	 Needs Optimization
TC-004	Bug Fixes & Improvements	Fixed incorrect AI responses.	Data accuracy improved.	 Fixed
TC-005	Final Validation	Ensure UI is responsive across devices	UI should work on mobile & desktop.	 Failed (UI issue on mobile)
TC-006	Deployment Testing	Host the app using Streamlit Sharing	App should be accessible online.	 Deployed