

# Supervised Learning: Regression, Part II

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## Linear Models in High Dimensions

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- ▶ When  $p$  is large, least squares regression will lead to very low training error but terrible test error.
- ▶ We will now see some approaches for fitting linear models in high dimensions,  $p \gg n$ .
- ▶ These approaches also work well when  $p \approx n$  or  $n > p$ .

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- ▶ For instance, these biomarkers could be:
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  - ▶ protein levels.
  - ▶ mutations in genes potentially implicated in breast cancer.
- ▶ How can we develop a model with low test error in this setting?

## Remember

- ▶ We have  $n$  **training observations**.
- ▶ Our goal is to get a model that will perform well on **future test observations**.
- ▶ We'll incur some bias in order to reduce variance.

## Variable Pre-Selection

The simplest approach for fitting a model in high dimensions:

1. Choose a small set of variables, say the  $q$  variables that are most correlated with the response, where  $q < n$  and  $q < p$ .
2. Use least squares to fit a model predicting  $y$  using only these  $q$  variables.

This approach is simple and straightforward.

## Variable Pre-Selection in R

```
xtr <- matrix(rnorm(100*100),ncol=100)
beta <- c(rep(1,10),rep(0,90))
ytr <- xtr%%beta + rnorm(100)
cors <- cor(xtr,ytr)
whichers <- which(abs(cors)>.2)
mod <- lm(ytr~xtr[,whichers])
print(summary(mod))
```

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- ▶ For a range of values of  $q$ , we can perform the validation set approach, leave-one-out cross-validation, or  $K$ -fold cross-validation in order to estimate the test error.
- ▶ Then choose the value of  $q$  for which the estimated test error is smallest.



## Estimating the Test Error For a Given $q$

This is the **right** way to estimate the test error using the validation set approach:

1. Split the observations into a training set and a validation set.
2. Using the training set only:
  - a. Identify the  $q$  variables most associated with the response.
  - b. Use least squares to fit a model predicting  $y$  using those  $q$  variables.
  - c. Let  $\hat{\beta}_1, \dots, \hat{\beta}_q$  denote the resulting coefficient estimates.
3. Use  $\hat{\beta}_1, \dots, \hat{\beta}_q$  obtained on training set to predict response on validation set, and compute the validation set MSE.

## Estimating the Test Error For a Given $q$

This is the **wrong** way to estimate the test error using the validation set approach:

1. Identify the  $q$  variables most associated with the response on the full data set.
2. Split the observations into a training set and a validation set.
3. Using the training set only:
  - a. Use least squares to fit a model predicting  $y$  using those  $q$  variables.
  - b. Let  $\hat{\beta}_1, \dots, \hat{\beta}_q$  denote the resulting coefficient estimates.
4. Use  $\hat{\beta}_1, \dots, \hat{\beta}_q$  obtained on training set to predict response on validation set, and compute the validation set MSE.

## Frequently Asked Questions

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**A:** Yes.

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**A:** Yes.
- ▶ **Q:** Would anyone make such a silly mistake?  
**A:** Yes.

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## A Better Approach

- ▶ The variable pre-selection approach is simple and easy to implement – all you need is a way to calculate correlations, and software to fit a linear model using least squares.
- ▶ But it might not work well: just because a bunch of variables are correlated with the response doesn't mean that when used together in a linear model, they will predict the response well.
- ▶ What we really want to do: pick the  $q$  variables that best predict the response.

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- ▶ This is called **best subset selection**.
- ▶ Unfortunately, this is computationally intractable:
  - ▶ When  $p = 3$ ,  $2^p = 8$ .
  - ▶ When  $p = 6$ ,  $2^p = 64$ .
  - ▶ When  $p = 250$ , there are  $2^{250} \approx 10^{80}$  possible models.  
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According to [www.universetoday.com](http://www.universetoday.com), this is around the number of atoms in the known universe.
  - ▶ Not feasible to consider so many models!
- ▶ Need an efficient way to sift through all of these models:  
**forward stepwise regression**.

## Forward Stepwise Regression

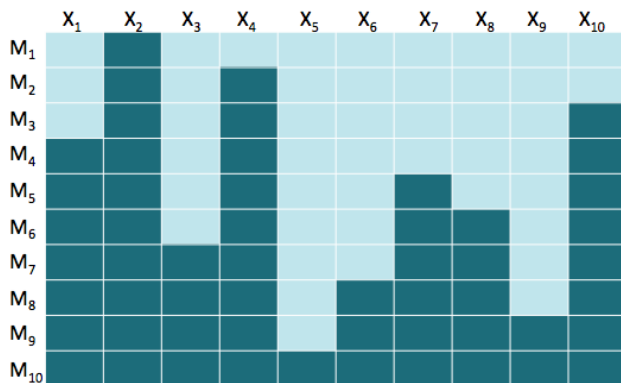
1. Use least squares to fit  $p$  univariate regression models, and select the predictor corresponding to the best model (according to e.g. training set MSE).
2. Use least squares to fit  $p - 1$  models containing that one predictor, and each of the  $p - 1$  other predictors. Select the predictors in the best two-variable model.
3. Now use least squares to fit  $p - 2$  models containing those two predictors, and each of the  $p - 2$  other predictors. Select the predictors in the best three-variable model.
4. And so on....

This gives us a nested set of models, containing the predictors

$$\mathcal{M}_1 \subseteq \mathcal{M}_2 \subseteq \mathcal{M}_3 \subseteq \dots$$

Variable Pre-Selection  
Forward Stepwise Regression  
Ridge Regression  
Lasso Regression  
Principal Components Regression

## Forward Stepwise Regression With $p = 10$



## Example in R

```
xtr <- matrix(rnorm(100*100),ncol=100)
beta <- c(rep(1,10),rep(0,90))
ytr <- xtr%%beta + rnorm(100)
library(leaps)
out <- regsubsets(xtr,ytr,nvmax=30,method="forward")
print(summary(out))
print(coef(out,1:10))
```

## Which Value of $q$ is Best?

- ▶ This procedure traces out a set of models, containing between 1 and  $p$  variables.
- ▶ The  $q$ th model contains  $q$  variables, given by the set  $\mathcal{M}_q$ .
- ▶ **Q:** Which value of  $q$  is best?



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- ▶ **Q:** Which value of  $q$  is best?  
**A:** *The one that minimizes the test error!*
- ▶ We can select the value of  $q$  using cross-validation or the validation set approach.

## Drawback of Forward Stepwise Selection

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- ▶ For instance, suppose that the best model with one variable is

$$y = \beta_3 X_3 + \epsilon$$

and the best model with two variables is

$$y = \beta_4 X_4 + \beta_8 X_8 + \epsilon.$$

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- ▶ **Q:** Does this really happen in practice?  
**A:** Yes.

## How To Do Forward Stepwise?

**Wrong:** Split the data into a training set and a validation set. Perform forward stepwise on the training set, and identify the model with best performance on the validation set. Then, refit the model (using those  $q$  variables) on the full data set.

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**Right:** Split the data into a training set and a validation set. Perform forward stepwise on the training set, and identify the value of  $q$  corresponding to the best-performing model on the validation set. Then, perform forward stepwise selection in order to obtain a  $q$ -variable model on the full data set.

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**Bottom Line:** We estimate the test error in order to choose the correct level of **model complexity**. Then we refit the model on the full data set.



Let's Try It Out in R!

# Chapter 6 R Lab, Part 1

[www.statlearning.com](http://www.statlearning.com)

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- ▶ **Ridge regression** and the **lasso** instead control model complexity by using an alternative to least squares, by **shrinking the regression coefficients**.
- ▶ This is known as **regularization** or **penalization**.
- ▶ **Hot area** in statistical machine learning today.

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- ▶ When  $p > n$ , some of the variables are **highly correlated**.
- ▶ Why does correlation matter?
  - ▶ Suppose that  $X_1$  and  $X_2$  are highly correlated with each other... assume  $X_1 = X_2$  for the sake of argument.
  - ▶ And suppose that the least squares model is

$$\hat{y} = X_1 - 2X_2 + 3X_3.$$

- ▶ Then this is **also** a least squares model:

$$\hat{y} = 100000001X_1 - 100000002X_2 + 3X_3.$$

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- ▶ **Bottom Line:** When there are too many variables, the least squares coefficients can get crazy!
- ▶ This craziness is **directly responsible for poor test error**.
- ▶ It amounts to **too much model complexity**.



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$$\|\mathbf{y} - \mathbf{X}\beta\|^2 + \lambda \sum_j \beta_j^2.$$

- ▶ Equivalently, find  $\beta$  that minimizes

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subject to the constraint that

$$\sum_{j=1}^p \beta_j^2 \leq s.$$

## Ridge Regression

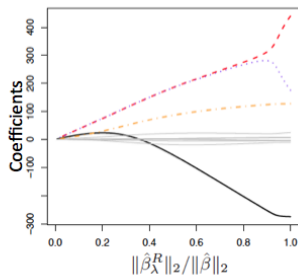
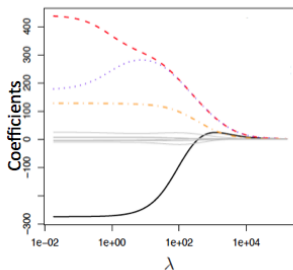
- ▶ Ridge regression coefficient estimates minimize

$$\|\mathbf{y} - \mathbf{X}\boldsymbol{\beta}\|^2 + \lambda \sum_j \beta_j^2.$$

- ▶ Here  $\lambda$  is a nonnegative **tuning parameter** that shrinks the coefficient estimates.
- ▶ When  $\lambda = 0$ , then ridge regression is just the same as least squares.
- ▶ As  $\lambda$  increases, then  $\sum_{j=1}^p (\hat{\beta}_{\lambda,j}^R)^2$  decreases – i.e. coefficients become shrunken towards zero.
- ▶ When  $\lambda = \infty$ ,  $\hat{\boldsymbol{\beta}}_{\lambda}^R = \mathbf{0}$ .

Variable Pre-Selection  
 Forward Stepwise Regression  
**Ridge Regression**  
 Lasso Regression  
 Principal Components Regression

## Ridge Regression As $\lambda$ Varies



## Ridge Regression In Practice

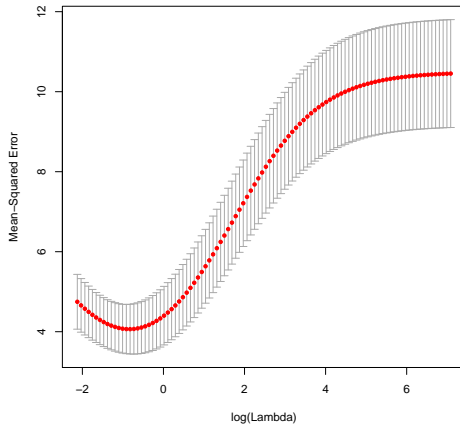
- ▶ Perform ridge regression for a very fine grid of  $\lambda$  values.
- ▶ Use cross-validation or the validation set approach to select the optimal value of  $\lambda$  – that is, the best level of model complexity.
- ▶ Perform ridge on the full data set, using that value of  $\lambda$ .

## Example in R

```
xtr <- matrix(rnorm(100*100),ncol=100)
beta <- c(rep(1,10),rep(0,90))
ytr <- xtr%%beta + rnorm(100)
library(glmnet)
cv.out <- cv.glmnet(xtr,ytr,alpha=0,nfolds=5)
print(cv.out$cvm)
plot(cv.out)
cat("CV Errors", cv.out$cvm,fill=TRUE)
cat("Lambda with smallest CV Error",
cv.out$lambda[which.min(cv.out$cvm)],fill=TRUE)
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## R Output





## Drawbacks of Ridge

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- ▶ In other words, the resulting model is **sparse**. We say that the lasso performs **feature selection**.
- ▶ The lasso is a very active area of research interest in the statistical community!

## The Lasso

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- ▶ So lasso is just like ridge, except that  $\beta_j^2$  has been replaced with  $|\beta_j|$ .

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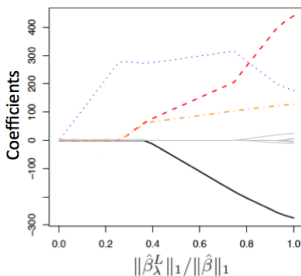
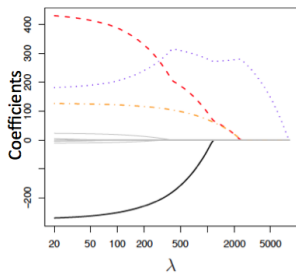
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  - ▶ When  $\lambda$  is very large, we get  $\hat{\beta}_{\lambda}^L = 0$ .
- ▶ But unlike ridge, **lasso will give some coefficients exactly equal to zero for intermediate values of  $\lambda$ !**

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 Forward Stepwise Regression  
 Ridge Regression  
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 Principal Components Regression

## Lasso As $\lambda$ Varies



## Lasso In Practice

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- ▶ Perform the lasso on the full data set, using that value of  $\lambda$ .

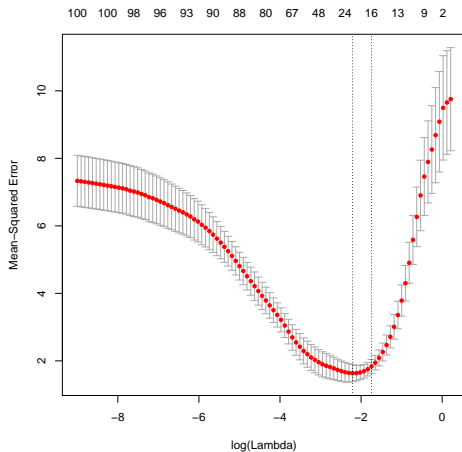


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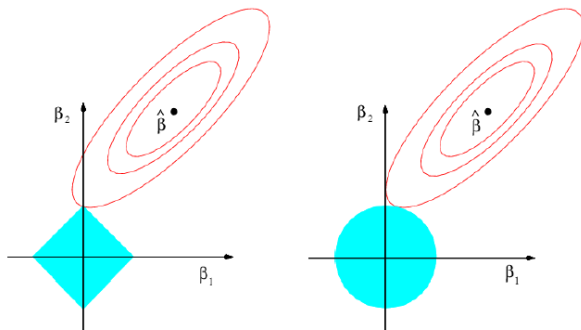
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Principal Components Regression

## R Output



## Ridge and Lasso: A Geometric Interpretation



Let's Try It Out in R!

# Chapter 6 R Lab, Part 2

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## Review

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  - ▶ Variable Pre-Selection
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- ▶ And we have seen two approaches that fit a shrunken model instead of using least squares:
  - ▶ Ridge regression
  - ▶ Lasso
- ▶ Now we see one final approach, **principal components regression**, that first finds a **low-dimensional subspace** of the data and then fits a model on that low-dimensional subspace, using least squares.

## Principal Components Regression

- ▶ Our data consist of  $n$  observations in a  $p$ -dimensional space.
- ▶ However, not all of those  $p$  dimensions are equally useful, especially when  $p \gg n$ .
- ▶ Many are either completely redundant (correlated features) or uninformative (noise features).
- ▶ Can we find a low-dimensional representation of the variables that captures most of the variability in the data?
- ▶ This is a **dimension reduction** approach.



## PCR

- ▶ Let  $Z_1, Z_2, \dots, Z_M$  represent  $M < p$  **linear combinations** of the  $p$  predictors:

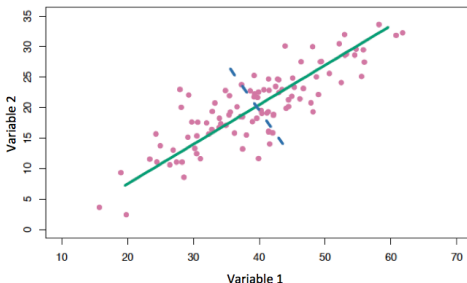
$$Z_m = \sum_{j=1}^p \phi_{mj} X_j.$$

- ▶ Use least squares to fit the model

$$y_i = \theta_0 + \sum_{m=1}^M \theta_m Z_{im} + \epsilon_i, \quad i = 1, \dots, n.$$

- ▶ In other words, we perform least squares using  $M$  new predictors,  $Z_1, \dots, Z_M$ .
- ▶  $Z_1, \dots, Z_M$  chosen to be the **principal components** of the data.

## Principal Components, Conceptually



- ▶ PCs are the linear combinations of the variables that **contain as much as possible of the variability in the features.**
- ▶ Will be discussed further in SISBID Module 4 — Unsupervised Learning.

## PCR

Our final model is linear in the original predictors:

$$\begin{aligned}y_i &= \theta_0 + \sum_{m=1}^M \theta_m Z_{im} + \epsilon_i \\&= \theta_0 + \sum_{m=1}^M \theta_m \sum_{j=1}^p \phi_{mj} X_{ij} + \epsilon_i \\&= \theta_0 + \sum_{j=1}^p \left( \sum_{m=1}^M \theta_m \phi_{mj} \right) X_{ij} + \epsilon_i\end{aligned}$$

Variable Pre-Selection  
Forward Stepwise Regression  
Ridge Regression  
Lasso Regression  
**Principal Components Regression**

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- ▶ Shortcoming of PCR: the first  $M$  principal components are guaranteed to explain a lot of the variation in the features, but that doesn't mean that they are predictive of the response!
- ▶ In SISBID Module 4, will see how principal components can be used for **unsupervised learning**.

## Example in R

```
xtr <- matrix(rnorm(100*100),ncol=100)
beta <- c(rep(1,10),rep(0,90))
ytr <- xtr%*%beta + rnorm(100)
library(pls)
out <- pcr(ytr~xtr,scale=TRUE,validation="CV")
summary(out)
validationplot(out,val.type="MSEP")
```

Let's Try It Out in R!

# Chapter 6 R Lab, Part 3

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## Pros/Cons of Each Approach

Approach	Simplicity?*	Sparsity?**	Predictions?***
Pre-Selection	Good	Yes	So-So
Forward Stepwise	Good	Yes	So-So
Ridge	Medium	No	Great
Lasso	Bad	Yes	Great
PCR	Medium	No	Great

\* How simple is this model-fitting procedure? If you were stranded on a desert island with pretty limited statistical software, could you fit this model?

\*\* Does this approach perform feature selection, i.e. is the resulting model sparse?

\*\*\* How good are the predictions resulting from this model?

Variable Pre-Selection  
Forward Stepwise Regression  
Ridge Regression  
Lasso Regression  
**Principal Components Regression**

## No “Best” Approach

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- ▶ There is no “best” approach to regression in high dimensions.
- ▶ Some approaches will work better than others. For instance:
  - ▶ Lasso will work well if it’s really true that just a few features are associated with the response.
  - ▶ Ridge will do better if all of the features are associated with the response.



## No “Best” Approach

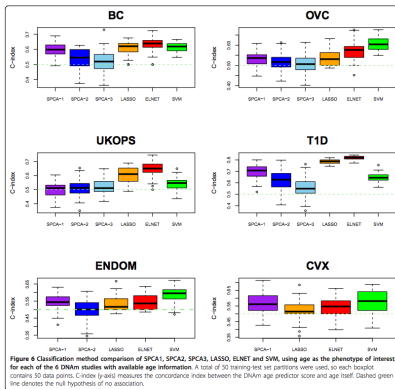
- ▶ There is no “best” approach to regression in high dimensions.
- ▶ Some approaches will work better than others. For instance:
  - ▶ Lasso will work well if it’s really true that just a few features are associated with the response.
  - ▶ Ridge will do better if all of the features are associated with the response.
- ▶ If somebody tells you that one approach is “best”... then they are mistaken. Politely contradict them.
- ▶ While no approach is “best”, some approaches are wrong (e.g.: there is a wrong way to do cross-validation)!

## Predicting Age Using DNA Methylation Data

- ▶ Comparison on 6 data sets
- ▶ SPC: Like principal components regression, but using a subset of features most associated with response. Between 1 and 3 principal components were used.
- ▶ Elastic Net: A hybrid between ridge and lasso.
- ▶ SVM: We'll see it next lecture in the classification context.
- ▶ Citation: Zhuang et al., BMC Bioinformatics, 2012

Variable Pre-Selection  
 Forward Stepwise Regression  
 Ridge Regression  
 Lasso Regression  
 Principal Components Regression

# Didn't I Tell You? No Best Method!



High C-index indicates a low test error.

## Bottom Line

Much more important than what model you fit is how you fit it.

- ▶ Was cross-validation performed properly?
- ▶ Did you select a model (or level of model complexity) based on an estimate of test error?

## Discussion Questions

A collaborator comes to you and says:

*I really don't like this **LASSO** thing; I tried it on my data and it the resulting model only explained 15% of the variability in my data... Then I tried **forward stepwise**, and I was able to get it to explain 95%! Why would anyone ever use the **LASSO**???*

What do you think is happening?

## Discussion Questions

What if instead they said:

*I really don't like this forward stepwise regression thing; I tried it on my data and the resulting model only explained 15% of the variability in my data... Then I tried the LASSO, and I was able to get it to explain 95%! Why would anyone ever use forward stepwise regression???*

## Discussion Questions

Finally, what if they said:

*I really love the **LASSO**. I was originally just using **standard linear regression** and the resulting model only explained 15% of the variability in my data... Then I tried the **LASSO**, and I was able to get it to explain 95%!*

What do you think is happening here?

## Discussion Questions

A collaborator came to me and said:

“I am reviewing a paper where the authors claim to be able to predict the flu, by looking at serum gene expression values 3 weeks before symptom onset. This seems impossible, but I can’t find an obvious error in the paper”



## Discussion Questions

Looking at the paper, the authors had used the following pipeline:

- ▶ Took banked blood from 100 patients (50 subsequently diagnosed with flu, 50 were not).
- ▶ They separately looked at the correlation of expression of each gene with flu-status, and selected the 70 top genes
- ▶ They split into a training and test set.
- ▶ On the training set they ran 5-fold cross validation to come up with an optimal aggregation of kernel-SVM, logistic regression, and boosted classification trees
- ▶ They evaluated this on the test set, and found almost perfect classification.

## Discussion Questions

What is going on???

Did they go on to create an enormously successful biotech company?