Explain policy gradients
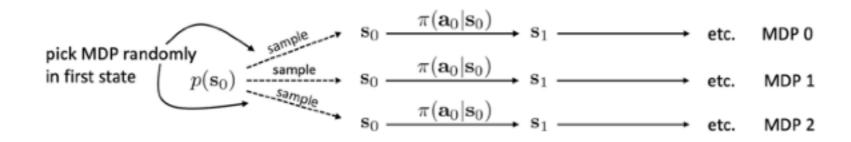
Multi task vs meta RL

multi-task reinforcement learning   meta reinforcement learning