ICPSR | INTER-UNIVERSITY CONSORTIUM FOR POLITICAL AND SOCIAL RESEARCH

ICPSR 33541

Healthy Schools Program Evaluation, 2006-2014

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Codebook for Datasets 5-9

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ICPSR Processing Notes

1. ICPSR generated the SPSS and plain text data files, SPSS setups and record layout files for Datasets 5-9 from the original SPSS data files provided by the principal investigators.

2. The SPSS system missing value is represented as a blank field in the plain text data files.

3. ICPSR compiled this codebook from materials provided by the principal investigators.

4. Table 1 describes the units of observation in Datasets 5-9.

Table 1. Units of Observation for Datasets 5-9

Dataset Name	Unit of Observation
HSP Participation and Inventory Data File, 2006-2014 (Dataset 5)	schools
Arizona, Prince George's County and Nevada Healthy Schools Youth Survey Data File (Dataset 6)	students
Arizona and Prince George's County Youth Height and Weight Measurements Data File (Dataset 7)	students
Arizona Academic Achievement Data File (Dataset 8).	grades within schools
Prince George's County School Wellness Coordinator Survey Data File (Dataset 9)	school wellness coordinators

5. Dataset 5 has 17 cases with duplicate values for the school ID variables SchoolID and ICPSR_SchoolID. The former is a restricted variable and the latter was created by ICPSR for the public use version of the data file (see Note 10 below). ICPSR_SchoolID has two cases coded 30, two cases coded 1470, two cases coded 1812, two cases coded 2571, two cases coded 2730, two cases coded 2747, two cases coded 3159, and three cases coded 3128.

6. The restricted use versions of Datasets 1 and 5 can be merged with each other and the restricted use versions of Datasets 2-4 and 6-9 by matching on the common ID variable SchoolID.

7. The public use versions of Datasets 1 and 5 can be merged with each other by matching on the common ID variable ICPSR_SchoolID. However, it is not possible to merge the public use versions of Datasets 1 or 5 with the public use versions of Datasets 2-4 or 6-9 because ICPSR recoded to missing the school ID variables in the public use versions of Datasets 2-4 and 6-9.

8. It is not possible to track individual students over time in Datasets 2-4 and 6-7. The case ID variables in Datasets 2-4 and 6-7 (the variables StudentID, ICPSR_StudentID or ICPSR_CaseID depending on the file) are not unique student identifiers. Students with both baseline and follow-up responses in these datasets were assigned different ID values for each wave.

9. The variable cohort in Dataset 6 has incorrect value labels.

10. For reasons of confidentiality ICPSR restricted some variables in Datasets 5-8 from general dissemination. Tables 2-5 show which variables are restricted and how ICPSR recoded them in the public use versions of Datasets 5-8. ICPSR also resorted in random order the cases in the public use versions of Datasets 5-8 and created new random ID variables in both the public and restricted use versions of Dataset 5 (ICPSR_SchoolID) and Datasets 6 and 7 (ICPSR_CaseID). The restricted use versions of Datasets 5-8 contain all of the variables in each dataset, including the restricted variables in their original form.

The public use files can be download from the ICPSR website, while the restricted use versions are available only under the terms and conditions of an ICPSR restricted data use agreement.

In the Tables 2-5 "Recoded to missing" indicates that ICPSR recoded a variable to system missing in the SPSS data file and recoded it to a blank field in the plain text data file.

Table 2. Restricted Variables in the HSP Participation and Inventory Data File, 2006-2011 (Dataset 5)

Variable Name	Variable Label	How Recoded in the Public-Use File
SchoolID	SchoolID	Recoded to missing
DistrictID	DistrictID	Recoded to missing
State	State where school located	Recoded to blank
County	County where school located	Recoded to blank
StudentEnrollment	Student Enrollment	Recoded to missing
CaucasianPercent	Caucasian Percent	Recoded to missing
AfricanAmericanPercent	African American Percent	Recoded to missing
HispanicPercent	Hispanic Percent	Recoded to missing
AsianPercent	Asian Percent	Recoded to missing
NativeAmericanPercent	Native American Percent	Recoded to missing
FRL	FRL Number	Recoded to missing
PctFRL	FRL Percent	Recoded to missing
LoGr	Low Grade	Recoded to missing
HiGr	High Grade	Recoded to missing
MOUDate	Date MOU was signed	Recoded to missing
StatusAHGDate	School Status Date	Recoded to missing
RecognitionStatusDate	Recognition Status Date	Recoded to missing
RecognitionEligibility	Recognition Eligibility	Recoded to blank
RecognitionLevel	Recognition Level	Recoded to blank
RecognitionStatus	Recognition Status	Recoded to blank
ActionPlanDate	Action Plan Date	Recoded to missing
InventoryDate	Inventory Date	Recoded to missing
OnlineEnrollmentDate	Online Enrollment Date	Recoded to missing
CohortYr	Year School Agreed to Participate in HSP	Recoded to missing
InitYear	Year HSP Implementation Began	Recoded to missing
StatusAHG	School status in HSP (AHG generated)	Recoded to missing
Cohort	Cohort from which the data was collected	Recoded to missing
Session1	Session 1 date	Recoded to missing
Session2	Session 2 date	Recoded to missing
Session3	Session 3 date	Recoded to missing
Session4	Session 4 date	Recoded to missing
Session5	Session 5 date	Recoded to missing
Session6	Session 6 date	Recoded to missing
Session7	Session 7 date	Recoded to missing
Session8	Session 8 date	Recoded to missing
Session9	Session 9 date	Recoded to missing
FirstInvDate	First Inventory Date	Recoded to missing
Date_1	Date baseline was completed	Recoded to missing
Date_2	Date follow-up was completed	Recoded to missing

Table 3. Restricted Variables in the Arizona, Prince George's County and Nevada Healthy Schools Youth Survey Data File (Dataset 6)

Variable Name	Variable Label	How Recoded in the Public-Use File
SchoolID	SchoolID	Recoded to missing
cohort	Cohort from which the data was collected	Recoded to missing
wave.year	Year that survey wave took place	Recoded to missing
level	School level	Recoded to missing
age	Q1 How old are you?	Recoded to missing
americanindian	Q4.1 How do you describe yourself?- American Indian or Alaskan Native	Recoded to missing
asian	Q4.2 How do you describe yourself?- Asian or Asian American	Recoded to missing
hawaiian	How do you describe yourself?- Hawaiian or Pacific Islander	Recoded to missing
grade	Q7 What grade are you in?	Grades 10 and 11 were combined: The values 10 and 11 were recoded to 13.

Table 4. Restricted Variables in the Arizona and Prince George's County Youth Height and Weight Measurements Data File (Dataset 7)

Variable Name	Variable Label	How Recoded in the Public-Use File
SchoolID	SchoolID	Recoded to missing
admindate	Date of measurement	Recoded to missing
SampleorCensus	Whether school did a sample or a census of students	Recoded to missing
cohort	Cohort from which the data was collected	Recoded to missing
wave.year	Year in which wave took place	Recoded to missing
grade	grade	Recoded to missing
DOB	Date of Birth	Recoded to missing
ageyears	students age in years	Recoded to missing
agemosrnd	students age in months rounded to nearest month	Recoded to missing
Height	student height in inches	Recoded to missing
weight	student weight in pounds	Recoded to missing

Table 5. Restricted Variable in the Arizona Academic Achievement Data File (Dataset 8)

Variable Name	Variable Label	How Recoded in the Public-Use File
SchoolID	SchoolID	Recoded to missing

11. ICPSR restricted Dataset 9 from general dissemination for reasons of confidentiality. There is no public-use version of this dataset.

ICPSR recoded the person and school names it found in Dataset 9 to the strings “PERSON NAME N” and “SCHOOL NAME N,” where N is an integer from 1 to the number of persons or schools named in the file.

The recoded strings are unique to each named person or school. ICPSR recoded every instance of a name (and variation of the name if it referred to the same person or school) to the same string.

Dataset 9 is available only under the terms and conditions of an ICPSR restricted data use agreement.

Healthy Schools Program Evaluation, 2006-2014
Addition to ICPSR 33541

Study Citation

1. **Principal investigator(s)**

   Margaret Beam, PhD
   RMC Research Corporation

2. **Title.** Healthy Schools Program Evaluation**,** 2006–2014

   File 5: HSP Participation and Inventory Data, 2007-2014

   File 6: Arizona, PGC, and Nevada Healthy Schools Youth Survey Data

   File 7: Arizona and PGC Youth Height and Weight Measurements Data

   File 8: Arizona Academic Achievement Data

   File 9: PGC School Wellness Coordinator Survey Data

3. **Funding sources.** Including grant number and related acknowledgments.

   The Alliance for a Healthier Generation

4. **Data collector/producer.** Persons or organizations responsible for data collection, and the date and location of data production.

   RMC Research Corporation
   November 2014
   Portland, OR

5. **Project description.**

   The Alliance for a Healthier Generation, founded by the American Heart Association and the William J. Clinton Foundation, created the Healthy Schools Program (HSP) in 2006 with funding from the Robert Wood Johnson Foundation. The goal of the program is to support schools to create environments in which physical activity and healthy eating are encouraged and accessible before, during, and after school. The Alliance for a Healthier Generation began recruitment in the 2006–2007 school year with a pilot cohort of 224 schools in 13 states; states were chosen in which excellent relationships existed between state-level stakeholders and the American Heart Association and Clinton Foundation. The Alliance expanded to 20 additional states and the District of Columbia in the 2007–2008 and 2008–2009 school years. These states were targeted because in 2007 they had either an adult obesity rate of 25% or higher, or they had the highest obesity rate in children 10–17 years. In subsequent cohorts, the Alliance expanded their program to additional states. By the 2013–2014 school year, the Healthy Schools Program had reached 718 districts in 42 states. In all cohort years, the Alliance targeted

schools with predominantly low income and high ethnic minority populations. The Alliance recruited individual schools, not school districts, although several entire urban school districts also adopted the program.

Schools that participate in the Healthy Schools Program participation receive on-site training of trainer sessions annually to guide schools through a process for developing a healthier school environment. Three sessions are provided in Year 1, followed by two sessions annually thereafter. The sessions are not content-dependent, but rather sessions are tailored to schools' needs and the point at which they are in the program. The 9 technical assistance sessions focus on 6 steps toward a healthier school environment:

1. Formation of a School Wellness Council—The School Wellness Council is the major force behind local implementation of the Healthy Schools Program. The School Wellness Council is comprised of administrators, school staff, parents, community partners, and others who represent the diversity of the school community. The School Wellness Council plans, advises, and leads the implementation of all Healthy Schools Program activities.
2. Completion of the Healthy Schools Inventory—The School Wellness Council completes the Healthy Schools Inventory, a needs assessment that identifies which elements of the Healthy Schools Program best practice criteria are already in place and which best practices areas can serve as next steps.
3. Analysis of Inventory Results and Development of a Plan of Action—Once the School Wellness Council has completed the inventory, members discuss the gaps identified in the analysis and determine what suggested actions are achievable and important in their school community. The action plan will be developed with an eye toward achieving Healthy Schools Program recognition.
4. Identification of Resources for Implementation—The School Wellness Council reviews the action plan and identifies the resources necessary for implementation. The Alliance for a Healthier Generation team works to first identify local and state resources, and will also broker resources available at the national level through Alliance for a Healthier Generation partners.
5. Implementation of the Plan—The School Wellness Council uses local and Healthy Schools Program resources to implement changes in the school environment. This requires enlisting a broad range of people from the school and the community, including students and parents, to create a healthier school environment.
6. Measurement and Celebration of Successes—Once the plan has begun to be implemented, the School Wellness Council convenes periodically to assess their progress against the Healthy Schools Program recognition criteria. The relationship manager helps schools apply for national recognition so that the entire school community can celebrate their successes.

The questions for the evaluation of the Healthy Schools Program addressed both process and impact outcomes:

- Is the Healthy Schools Program technical assistance and training model effective in increasing the implementation of policies and programs that promote and provide access to healthier foods and more physical activity before, during and after school?

- Are there distinctive or common school-level characteristics that hasten or hinder school-level implementation of policies and programs that promote and provide access to healthy foods and physical activity in the school setting in Healthy Schools Program schools?
- Does participation in the Healthy Schools Program contribute to an increase in healthy eating behaviors and physical activity participation among students? Does participation in the Healthy Schools Program contribute to a decrease in body mass index (BMI) among students? Does participation in the Healthy Schools Program contribute to an increase in achievement scores among students?

The evaluation was a mixed-method design incorporating both quantitative and qualitative components. The quantitative component of the evaluation was a longitudinal design that measured student cohort changes in eating and physical activity behaviors, BMI, and academic achievement; and schools' implementation of policies and practices promoted by the Healthy Schools Program. Youth behavior data included in this submission were collected in Arizona, Maryland, and Nevada sites; BMI data were collected in Arizona and Maryland sites; and academic achievement data were collected in Arizona only. Evaluation questions and data collection methods for each site were tailored around outcomes of interest for each site's specific funder. Additional program engagement factors and demographic factors were measured in relation to outcomes. For the qualitative component the evaluation team conducted site visits to a sample of schools from the initial (2006-2007) pilot cohort of schools and from sampled schools from the Miami, Boston, rural Missouri, Kansas City, Nevada, and Prince George's County, Maryland sites.

Schools' progress toward implementing policies and practices was measured via schools' self-report on the Healthy Schools Program Inventory, which schools complete at the start of implementation (baseline) and approximately once a year thereafter during implementation; the school's most recent updated Inventory is used as its follow-up measure. The Inventory is based on the Healthy Schools Program Framework, a set of best practice guidelines that promote physical activity and healthy eating among students and staff. The Inventory is embedded in the Healthy Schools Builder, an interactive online tool designed to help guide schools through the process of conducting a needs assessment, prioritizing action steps, and developing a customized action plan for school health and wellness. A supplemental analysis was conducted to examine engagement and school demographic indicators that might be related to program implementation outcomes.

6. Sample and sampling procedures

File 5: Healthy Schools Program Participation and Inventory Data, 2007-2014

The purpose of this data collection was to track program participation and engagement and to assess schools' implementation of policies and practices related to nutrition and physical activity over the course of program implementation. This data file includes school demographic data (retrieved from the Market Data Retrieval school database) and training and technical assistance data (entered by Alliance for a Healthier Generation program staff) for all schools that participated in the Healthy Schools Program between August 2007 and August 2014. These data include 8,509 schools located in 43 states and 765 districts across the U.S. This data file also includes Healthy Schools Inventory data for each school that completed the Healthy Schools Inventory, a

web-based survey initially completed by a school representative when a school signed a Memorandum of Understanding with the Alliance for a Healthier Generation and updated over time. Because the Inventory tool was modified over the course of the program and data reflect different versions, an Inventory crosswalk that shows alignment between accompanying Inventory instruments are included in this submission. This data file includes schools' baseline and most recent follow-up Inventory data to establish progress over the course of participation in the Healthy Schools Program. The Inventory version completed by each school at baseline and follow-up is denoted by the variables Year_1 and Year_2, respectively. Two variables, [HasBaseline] and [HasFollowup], indicate whether a school completed a baseline and follow-up Inventory.

File 6: Healthy Schools Youth Survey Data

The purpose of the Healthy Schools Youth Survey was to determine grade level cohort trends in students' eating and physical activity habits, attitudes regarding healthy eating and physical activity, and health knowledge in schools participating in the Healthy Schools Program. Three survey administration sites are included in this data file: Arizona, Maryland (Prince George's County; PGC), and Nevada. Within each site, RMC Research used stratified random sampling to select schools for the survey sample (stratified by school level). All students within the specified grade levels at selected schools were included in the survey sample. School or district staff determined the class in which the survey was administered—generally physical education or health education—and the 2-week administration period. Surveys were administered during a single class period by local school staff to all students within Grades 5, 8, and 10 (Arizona) or 11 (Maryland and Nevada) who were present on the day of administration. Surveys were anonymous. Thus although students potentially responded to surveys at Wave 1 and Wave 2, there is no identifier to match student data collected at Wave 1 with those collected at Wave 2. Analyses were conducted at the school level.

This data file includes survey data for 22,507 students in Grades 5, 8, and 10 or 11 over two waves. Specific information regarding each site is included below.

Arizona

- Timeline (Wave 1: winter 2012; Wave 2: winter 2014)
- Grade levels: 5, 8, 10
- Number of schools randomly selected using school level stratification: n = 24
- Number of schools that participated (Wave 1 n = 21; Wave 2 n = 20)

Maryland (PGC)

- Timeline (Wave 1: fall 2010; Wave 2: fall 2012)
- Grade levels: 5, 8, 11
- Number of schools randomly selected using school level stratification: n = 68
- Number of schools that participated (Wave 1 n = 58; Wave 2 n = 48)

Nevada

- Timeline (Wave 1: fall 2010; Wave 2: fall 2012)
- Grade levels: 5, 8, 11
- Number of schools randomly selected using school level stratification: n = 43
- Number of schools that participated (Wave 1 n = 21; Wave 2 n = 16)

File 7: Youth Height and Weight Data

The purpose of the height and weight data collection was to determine grade level cohort trends in students' body mass index (BMI) in schools participating in the Healthy Schools Program. Height and weight data collection took place in schools in two data collection sites: Arizona and Maryland. Participating schools included the same schools from the Arizona and Maryland sites that were selected to participate in the Healthy Schools Youth Survey. Because BMI data collection was already occurring as part of a general health policy that Prince George's County Public Schools was already engaged in, BMI data for the PGC, Maryland site includes a census of students at each participating school at each wave. For Arizona, the target sample was 50 students per participating elementary school and 100 students per participating middle and high school for each wave. RMC Research used classroom enrollment information to randomly select classrooms of students to achieve the targeted sample size. Height and weight measurements were conducted by school or district nurses, and school or district staff submitted the data to RMC Research. Height and weight data collection was anonymous (i.e., there is no student identifier). Analyses were conducted at the school level and separately for each study site.

This data file includes height, weight, and body mass index (BMI) data for 16,999 students in Grades 5, 8, and 10 (Arizona) and in Grades 1–12 (Maryland) over two waves. Specific information regarding each site is included below.

Arizona

- Timeline (Wave 1: winter 2012; Wave 2: winter 2014)
- Grade levels: 5, 8, 10
- Number of schools randomly selected using school level stratification: n = 24
- Number of classrooms randomly selected: (Wave 1 n = 71; Wave 2 n = 53)
- Number of schools that participated (Wave 1 n = 19; Wave 2 n = 19)

Maryland (PGC)

- Timeline (Wave 1: spring 2010; Wave 2: spring 2013)
- Grade levels: 1-12
- Number of schools randomly selected using school level stratification: n = 34
- Number of schools that participated (Wave 1 n = 29; Wave 2 n = 22)

File 8: Arizona Academic Achievement Data

The purpose of the academic achievement data analysis was to determine whether students participating in the Healthy Schools Program scored higher than students from a demographically comparable sample of schools not participating in the Healthy Schools Program. Archival assessment data were downloaded from the Arizona Department of Education website. Propensity score analyses were used to match each Healthy Schools Program school in Arizona (n = 75) to a non-Healthy Schools Program school. These matched schools (n = 75) served as the comparison group. Schools were matched on the following school demographic characteristics: percent Hispanic, percent Caucasian, and percent eligible for free or reduced lunch. Academic data consisted of yearly test scores for the TerraNova and Stanford tests converted to normal curve equivalent (NCE) scores. All students in Grades 2 through 9 were included in the

analysis. A short-interrupted time series analyses examined data over a six-year period from 2008–2013.

File 9: School Wellness Coordinator Survey Data

The purpose of the Wellness Coordinator Survey was to assess schools' ability to sustain the Healthy Schools Program in their school after receiving four years of onsite assistance from a program manager. RMC Research invited school wellness coordinators from all Healthy Schools Program schools in the Maryland site (N = 187) to complete the online survey. A total of 119 completed the survey for a response rate of 64%. This file contains survey responses for the 119 school wellness coordinators who completed the survey.

7. **Weighting.** If weights are required, information on weight variables, how they were constructed, and how they should be used should be presented.

   No weighting was required.

8. **Date and geographic location of data collection, and time period covered.**

File 5: Healthy Schools Program Participation and Inventory Data, 2007-2014

Location	Time Period
AK, ID, WI, FL, AL, GA, MA, OR, SC, NE, OH, NY, WV, DE, NC, TN, MD, AR, PA, MI, CA, KY, NJ, TX, MO, IL, NM, NV, DC, AZ, KS, LA, IA, MN, OK, MS, SD, IN, HI, CT, VA, UT, WA.	Aug 2007 to Aug 2014

File 6: Healthy Schools Youth Survey Data

Location	Time Period
Large suburban district in Arizona	winter 2012, winter 2014
Large urban district in Maryland	fall 2010, fall 2012
Nevada	fall 2010, fall 2012

File 7: Youth Height and Weight Data

Location	Time Period
Large suburban district in Arizona	winter 2012, winter 2014
Large urban district in Maryland	fall 2010, fall 2013

File 8: Academic Achievement Data

Location	Time Period
Arizona	spring 2008, 2009, 2010, 2011, 2012, 2013

File 9: Wellness Coordinator Survey Data

Location	Time Period
Large urban district in Maryland	fall 2013

9. Data source(s). If a dataset draws on resources other than surveys, documentation should indicate the original sources or documents from which data were obtained.

File 8: Academic Achievement Data

http://www.azed.gov/research-evaluation/norm-referenced-assessment-results/

10. Unit(s) of analysis/observation. The unit of analysis describes who or what is being studied.

File 5: Healthy Schools Program Participation and Inventory Data, 2007-2014: Schools participating in Healthy Schools Program

File 6: Healthy Schools Youth Survey Data: Student cohorts in Grades 5, 8, 10, and 11

File 7: Youth Height and Weight Data: Student cohorts in Grades 1–12

File 8: Academic Achievement Data: Student cohorts in Grades 2–9

File 9: School Wellness Coordinator Survey Data: Schools participating in Healthy Schools Program in one urban district.

11. Technical information on files

Data File #5

File Name	Healthy Schools Program Participation and Inventory Data, 2007-2014
File Structure	☑rectangular ❑ hierarchical
# Cases	8,509
# Variables	486

Data File #6

File Name	Healthy Schools Youth Survey Data
File Structure	☑rectangular ❑ hierarchical
# Cases	23,806
# Variables	134

Data File #7

File Name	Youth Height and Weight Data
File Structure	☑rectangular ❑ hierarchical
# Cases	23,193

# Variables	30

Data File #8

File Name	Academic Achievement Data
File Structure	☑rectangular ❑ hierarchical
# Cases	4,818
# Variables	30

Data File #9

File Name	School Wellness Coordinator Survey Data
File Structure	☑rectangular ❑ hierarchical
# Cases	119
# Variables	157

Dataset 5. HSP Participation and Inventory Data File, 2006-2014

Alliance for a Healthier Generation

Healthy Schools Program Evaluation

Codebook for Dataset 5

SchoolID	**SchoolID**
Location:	**1**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
8509	0	10003	25178

DistrictID	**DistrictID**
Location:	**2**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
8337	172	1001	2358

State	**State where school is located**
Location:	**3**
Variable Type:	**String**

Value	Frequency	Percent
	27	0.3%
AK	50	0.6%
AL	190	2.2%
AR	191	2.2%
AZ	159	1.9%
CA	665	7.8%
CT	53	0.6%
DC	93	1.1%
DE	82	1.0%
FL	859	10.1%
GA	389	4.6%

Value	Frequency	Percent
HI	72	0.8%
IA	141	1.7%
ID	1	0.0%
IL	135	1.6%
IN	114	1.3%
KS	168	2.0%
KY	345	4.1%
LA	245	2.9%
MA	248	2.9%
MD	273	3.2%
MI	196	2.3%
MN	62	0.7%
MO	246	2.9%
MS	167	2.0%
NC	249	2.9%
NE	203	2.4%
NJ	342	4.0%
NM	118	1.4%
NV	162	1.9%
NY	271	3.2%
OH	191	2.2%
OK	176	2.1%
OR	157	1.8%
PA	193	2.3%
SC	227	2.7%
SD	96	1.1%
TN	201	2.4%
TX	463	5.4%
UT	1	0.0%
VA	12	0.1%
WA	21	0.2%
WI	33	0.4%
WV	222	2.6%

County	County where school is located
Location:	**4**
Variable Type:	**String**

SLocale	School locale
Location:	**5**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	City	3426	40.3%
2	Suburb	2226	26.2%
3	Town	962	11.3%
4	Rural	1464	17.2%
-9	missing	431	5.1%

Level	School level
Location:	**6**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Elementary	4855	57.1%
2	Middle	1381	16.2%
3	High	1295	15.2%
4	Other/Missing	978	11.5%
-9	missing	0	0%

StudentEnrollment	Student Enrollment
Location:	**7**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
8444	65	5	43000	642.51	529.00	845.21

CaucasianPercent	Caucasian Percent
Location:	**8**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
7631	878	0.00	100.00	39.73	33.00	33.33

AfricanAmericanPercent	African American Percent
Location:	**9**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
7499	1010	0.00	100.00	32.44	19.00	32.61

HispanicPercent	Hispanic Percent
Location:	**10**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
7646	863	0.00	100.00	28.58	15.00	29.78

AsianPercent	Asian Percent
Location:	**11**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5437	3072	0.00	96.00	5.52	2.00	9.92

NativeAmericanPercent	Native American Percent
Location:	**12**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
2470	6039	0.00	100.00	6.86	1.00	18.25

PrimRace	Predominant race of enrolled students
Location:	**13**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	White	3421	40.2%
2	Black	2369	27.8%
3	Hispanic	2065	24.3%
4	Asian	120	1.4%
5	Am Indian	0	0.0%
-9	missing	534	6.3%

FRL	FRL Number
Location:	**14**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
7897	612	0	485478	451.32	324.00	5478.85

PctFRL	FRL Percent
Location:	**15**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
7889	620	0.00	100.00	63.38	67.34	26.82

Region	Region (US Census)
Location:	**16**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Northeast	1107	13.0%
2	Midwest	1585	18.6%
3	South	4384	51.5%
4	West	1406	16.5%
-9	missing	27	0.3%

LoGr	Low Grade
Location:	**17**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	Kindergarten	5376	63.2%
1	1st grade	78	0.9%
2	2nd grade	24	0.3%
3	3rd grade	76	0.9%
4	4th grade	67	0.8%
5	5th grade	124	1.5%
6	6th grade	1150	13.5%
7	7th grade	293	3.4%
8	8th grade	25	0.3%
9	9th grade	1131	13.3%
10	10th grade	50	0.6%
11	11th grade	7	0.1%
12	12th grade	1	0.0%
13	Pre-Kindergarten	1	0.0%
14	Missing	0	0.0%
15	NA or no students reported	0	0.0%
16	Ungraded	0	0.0%
-9	missing	106	1.2%

HiGr	High Grade
Location:	**18**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	Kindergarten	0	0.0%
1	1st grade	23	0.3%
2	2nd grade	87	1.0%
3	3rd grade	101	1.2%
4	4th grade	221	2.6%
5	5th grade	3348	39.4%
6	6th grade	1021	12.0%
7	7th grade	45	0.5%
8	8th grade	1997	23.5%
9	9th grade	48	0.6%
10	10th grade	17	0.2%
11	11th grade	10	0.1%
12	12th grade	1429	16.8%
13	Pre-Kindergarten	0	0.0%
14	Missing	0	0.0%
15	NA or no students reported	0	0.0%
16	Ungraded	1	0.0%
-9	missing	161	1.9%

MOU	Memorandum of understanding signed
Location:	**19**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	0	0.0%
1	Yes	8509	100.0%
-9	missing	0	0.0%

MOUDate	Date MOU was signed
Location:	**20**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
4120	4389	07/25/07	10/31/14

StatusAHGDate	School Status Date
Location:	**21**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
7482	1027	04/28/11	10/31/14

RecognitionStatusDate	Recognition Status Date
Location:	**22**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
1063	7446	04/18/12	07/28/14

RecognitionEligibility	Recognition Eligibility
Location:	**23**
Variable Type:	**String**

Value Label	Frequency	Percent
	7807	91.7%
Eligible for Bronze	18	0.2%
Eligible for Gold	13	0.2%
Eligible for Silver	13	0.2%
Not Eligible	658	7.7%

RecognitionLevel	Recognition Level
Location:	**24**
Variable Type:	**String**

Value Label	Frequency	Percent
	7143	83.9%
Bronze	824	9.7%
Gold	9	0.1%
No Award	345	4.1%
Silver	188	2.2%

RecognitionStatus	Recognition Status
Location:	**25**
Variable Type:	**String**

Value Label	Frequency	Percent
	7449	87.5%
Applied for Silver	1	0.0%
Declined for Bronze	32	0.4%
Declined for Gold	1	0.0%
Declined for Silver	3	0.0%
Incomplete Bronze	361	4.2%
Incomplete Gold	8	0.1%
Incomplete Silver	47	0.6%
Received Bronze	497	5.8%
Received Gold	6	0.1%
Received Silver	104	1.2%

ActionPlanDate	Action Plan Date
Location:	**26**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
1011	7498	07/24/14	11/02/14

InventoryDate	Inventory Date
Location:	**27**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
703	7806	10/13/12	11/02/14

InventorySubmitted	Inventory Submitted
Location:	**28**
Variable Type:	**String**

Value Label	Frequency	Percent
No	7806	91.7%
Yes	703	8.3%

OnlineEnrollmentDate	Online Enrollment Date
Location:	**29**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
772	7737	08/29/13	10/28/14

CohortYr	**Year School Agreed to Participate in HSP**
Location:	**30**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
2006	2006-2007	206	2.4%
2007	2007-2008	703	8.3%
2008	2008-2009	1063	12.5%
2009	2009-2010	1508	17.7%
2010	2010-2011	755	8.9%
2011	2011-2012	1054	12.4%
2012	2012-2013	1656	19.5%
2013	2013-2014	1520	17.9%
2014	2014-2015	31	0.4%
-9	missing	13	0.2%

InitYear	**Year HSP Implementation Began**
Location:	**31**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
2006	2006-07	211	2.5%
2007	2007-08	649	7.6%
2008	2008-09	1110	13.0%
2009	2009-10	1459	17.1%
2010	2010-11	789	9.3%
2011	2011-12	1085	12.8%
2012	2012-13	1624	19.1%
2013	2013-14	1569	18.4%
2014	2014-15	0	0.0%
-9	missing	13	0.2%

Engaged	**Has engaged in HSP (attended session or completed inventory)**
Location:	**32**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	0	0.0%
1	Yes	7659	90.0%
-9	missing	850	10.0%

HSPType	**HSP Type**
Location:	**33**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	online	4186	49.2%
1	onsite	3925	46.1%
2	not enrolled	342	4.0%
3	reach	56	0.7%
4	unknown	0	0.0%
-9	missing	0	0.0%

StatusAHG	**School status in HSP (AHG generated)**
Location:	**34**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Active	3838	45.1%
2	Inactive	0	0.0%
3	Dropped	1177	13.8%
4	Closed	246	2.9%
5	Graduated	3247	38.2%
-9	missing	0	0.0%

Cohort	**Cohort from which the data was collected**
Location:	**35**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1.5	RWJ Expansion	5821	68.4%
2.0	Miami	311	3.7%
3.0	Boston	127	1.5%
4.0	Rural Missouri	93	1.1%
6.0	Kansas City	92	1.1%
7.0	Prince Georges	190	2.2%
8.0	Nevada	162	1.9%
9.0	Arizona	133	1.6%
10.0	Cook County	66	0.8%
11.0	Broward County	121	1.4%
12.0	Monroe County	11	0.1%
13.0	JPB Foundation	945	11.1%
14.0	Sanofi	97	1.1%
15.0	Desert Healthcare	76	0.9%
16.0	Kaiser Permanente	199	2.3%
17.0	HBI	27	0.3%
18.0	St. Lukes	26	0.3%
-9.0	missing	12	0.1%

Session1	**Session 1 date**
Location:	**36**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
4251	4258	01/01/00	10/16/14

Session2	**Session 2 date**
Location:	**37**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
3977	4532	09/06/06	10/16/14

Session3	**Session 3 date**
Location:	**38**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
3817	4692	02/02/07	10/08/14

Session4	**Session 4 date**
Location:	**39**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
3139	5370	09/05/07	10/22/14

Session5	**Session 5 date**
Location:	**40**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
2953	5556	03/19/08	06/27/14

Session6	**Session 6 date**
Location:	**41**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
2103	6406	08/25/08	10/30/14

Session7	**Session 7 date**
Location:	**42**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
1197	7312	12/18/08	06/12/14

Session8	**Session 8 date**
Location:	**43**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
919	7590	08/31/09	10/30/14

Session9	**Session 9 date**
Location:	**44**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
556	7953	04/06/10	06/06/14

S1	**Session 1 occurred**
Location:	**45**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	2490	29.3%
1	Yes	4251	50.0%
-9	missing	1768	20.8%

S2	Session 2 occurred
Location:	**46**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	2764	32.5%
1	Yes	3977	46.7%
-9	missing	1768	20.8%

S3	Session 3 occurred
Location:	**47**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	2924	34.4%
1	Yes	3817	44.9%
-9	missing	1768	20.8%

S4	Session 4 occurred
Location:	**48**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	3602	42.3%
1	Yes	3139	36.9%
-9	Missing	1768	20.8%

S5	Session 5 occurred
Location:	**49**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	3788	44.5%
1	Yes	2953	34.7%
-9	missing	1768	20.8%

S6	Session 6 occurred
Location:	**50**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	4638	54.5%
1	Yes	2103	24.7%
-9	missing	1768	20.8%

S7	Session 7 occurred
Location:	**51**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	5544	65.2%
1	Yes	1197	14.1%
-9	missing	1768	20.8%

S8	Session 8 occurred
Location:	**52**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	5822	68.4%
1	Yes	919	10.8%
-9	missing	1768	20.8%

S9	Session 9 occurred
Location:	**53**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	6185	72.7%
1	Yes	556	6.5%
-9	missing	1768	20.8%

NSessions	N of Sessions
Location:	**54**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	1 Session	1908	22.4%
2	2 Sessions	1411	16.6%
3	3 Sessions	671	7.9%
4	4 Sessions	640	7.5%
5	5 Sessions	662	7.8%
6	6 Sessions	573	6.7%
7	7 Sessions	352	4.1%
8	8 Sessions	319	3.7%
9	9 Sessions	205	2.4%
-9	missing	1768	20.8%

HasBaseline	Completed a baseline inventory
Location:	**55**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	1293	15.2%
1	Yes	7215	84.8%

HasFollowup	Completed a follow up inventory
Location:	**56**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	3068	36.1%
1	Yes	5440	63.9%

FirstInvDate	First Inventory Date
Location:	**57**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
7132	1377	08/24/06	09/30/14

Date_1	Date baseline was completed
Location:	**58**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
7215	1294	08/24/06	06/26/14

Date_2	Date follow-up was completed
Location:	**59**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
5440	3069	02/08/07	06/26/14

Year_1	Year_1: Inventory Version Year
Location:	**60**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
2006	Version A	221	2.6%
2007	Version B	544	6.4%
2008	Version C	2792	32.8%
2011	Version D	3658	43.0%
-9	missing	1293	15.2%

Year_2	Year_2: Inventory Version Year
Location:	**61**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
2006	Version A	9	0.1%
2007	Version B	17	0.2%
2008	Version C	800	9.4%
2011	Version D	4614	54.2%
-9	missing	3068	36.1%

iPolicy_1	iPolicy_1: Version D Policy and Systems summary scale
Location:	**62**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
3658	4851	0	11	5.57	5.00	2.993

iMeals_1	iMeals_1: Version D School Meals summary scale
Location:	**63**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
3658	4851	0	31	20.82	22.00	5.766

iFoods_1	iFoods_1: Version D Competitive Foods and Beverages summary scale
Location:	**64**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
3658	4851	0	8	3.99	4.00	2.570

iHlthEd_1	iHlthEd_1: Version D Health Education summary scale
Location:	**65**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
2763	5746	0	20	6.25	6.00	3.899

iStaff_1	iStaff_1: Version D Employee Wellness summary scale
Location:	**66**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
3658	4851	0	8	3.91	4.00	2.437

iPhysEd_1	iPhysEd_1: Version D Physical Education summary scale
Location:	**67**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
3255	5254	0	24	10.37	11.00	3.187

iStudent_1	iStudent_1: Version D Student Wellness summary scale
Location:	**68**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
3593	4916	0	14	5.55	5.00	2.799

iPolicy_2	iPolicy_2: Version D Policy and Systems summary scale
Location:	**69**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4614	3895	0	11	7.48	8.00	2.720

iMeals_2	iMeals_2: Version D School Meals summary scale
Location:	**70**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4614	3895	0	31	23.46	24.00	4.797

iFoods_2	iFoods_2: Version D Competitive Foods and Beverages summary scale
Location:	**71**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4614	3895	0	8	4.81	5.00	2.440

lHlthEd_2	iHlthEd_2: Version D Health Education summary scale
Location:	**72**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4512	3997	0	20	7.26	8.00	3.551

iStaff_2	iStaff_2: Version D Employee Wellness summary scale
Location:	**73**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4614	3895	0	8	5.38	6.00	2.231

iPhysEd_2	iPhysEd_2: Version D Physical Education summary scale
Location:	**74**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4539	3970	0	24	11.13	11.00	2.849

iStudent_2	iStudent_2: Version D Student Wellness summary scale
Location:	**75**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4569	3940	0	14	6.65	7.00	2.807

iTotal_2	iTotal_2: Version D Total summary scale
Location:	**76**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4570	3939	12	105	66.01	67.00	14.482

BCDPolicy_1	BCDPolicy_1: BCD common items Policy and Systems summary scale
Location:	**77**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6986	1523	0	5	3.37	3.00	1.272

BCDMeals_1	BCDMeals_1: BCD common items School Meals summary scale
Location:	**78**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6989	1520	0	13	8.37	9.00	2.709

BCDFoods_1	BCDFoods_1: BCD common items Competitive Foods and Beverages summary scale
Location:	**79**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6982	1527	0	4	1.89	2.00	1.370

BCDHlthEd_1	BCDHlthEd_1: BCD common items Health Education summary scale
Location:	**80**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6673	1836	0	11	4.27	5.00	2.439

BCDStaff_1	BCDStaff_1: BCD common items Employee Wellness summary scale
Location:	**81**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6984	1525	0	4	1.85	2.00	1.296

BCDPhysEd_1	BCDPhysEd_1: Version common items Physical Education summary scale
Location:	**82**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
3913	4596	0	22	8.97	9.00	2.775

BCDStudent_1	BCDStudent_1: BCD common items Student Wellness summary scale
Location:	**83**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6870	1639	0	9	3.61	4.00	1.957

BCDTotal_1	BCDTotal_1: BCD common items Total summary scale
Location:	**84**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6920	1589	0	64	28.24	28.00	8.936

BCDPolicy_2	BCDPolicy_2: BCD common items Policy and Systems summary scale
Location:	**85**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5431	3078	0	5	3.87	4.00	1.178

BCDMeals_2	BCDMeals_2: BCD common items School Meals summary scale
Location:	**86**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5429	3080	0	13	9.88	10.00	2.282

BCDFoods_2	BCDFoods_2: BCD common items Competitive Foods and Beverages summary scale
Location:	**87**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5429	3080	0	4	2.17	2.00	1.358

BCDHlthEd_2	BCDHlthEd_2: BCD common items Health Education summary scale
Location:	**88**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5354	3155	0	11	5.16	6.00	2.353

BCDStaff_2	BCDStaff_2: BCD common items Employee Wellness summary scale
Location:	**89**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5431	3078	0	4	2.72	3.00	1.250

BCDPhysEd_2	BCDPhysEd_2: Version common items Physical Education summary scale
Location:	**90**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4423	4086	0	22	9.43	9.00	2.508

BCDStudent_2	BCDStudent_2: BCD common items Student Wellness summary scale
Location:	**91**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5379	3130	0	9	4.35	4.00	1.925

BCDTotal_2	BCDTotal_2: BCD common items Total summary scale
Location:	**92**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5387	3122	5	64	35.84	36.00	8.575

CDPolicy_1	CDPolicy_1: CD common items Policy and Systems summary scale
Location:	**93**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6447	2062	0	10	5.54	6.00	2.532

CDMeals_1	CDMeals_1: CD common items School Meals summary scale
Location:	**94**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6155	2354	0	14	9.24	9.00	2.853

CDFoods_1	CDFoods_1: CD common items Competitive Foods and Beverages summary scale
Location:	**95**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6982	1527	0	4	1.89	2.00	1.370

CDHlthEd_1	CDHlthEd_1: CD common items Health Education summary scale
Location:	**96**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6663	1846	0	12	4.50	5.00	2.612

CDStaff_1	CDStaff_1: CD common items Employee Wellness summary scale
Location:	**97**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6984	1525	0	4	1.85	2.00	1.296

CDPhysEd_1	CDPhysEd_1: CD common items Physical Education summary scale
Location:	**98**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6466	2043	0	23	9.17	9.00	3.021

CDStudent_1	CDStudent_1: CD common items Student Wellness summary scale
Location:	**99**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6870	1639	0	9	3.61	4.00	1.957

CDTotal_1	CDTotal_1: CD common items Total summary scale
Location:	**100**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6705	1804	0	71	34.13	34.00	10.317

CDPolicy_2	CDPolicy_2: CD common items Policy and Systems summary scale
Location:	**101**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5414	3095	0	10	6.97	7.00	2.385

CDMeals_2	CDMeals_2: CD common items School Meals summary scale
Location:	**102**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5402	3107	0	14	10.67	11.00	2.452

CDFoods_2	CDFoods_2: CD common items Competitive Foods and Beverages summary scale
Location:	**103**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5429	3080	0	4	2.17	2.00	1.358

CDHlthEd_2	CDHlthEd_2: CD common items Health Education summary scale
Location:	**104**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5353	3156	0	12	5.47	6.00	2.538

CDStaff_2	CDStaff_2: CD common items Employee Wellness summary scale
Location:	**105**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5431	3078	0	4	2.72	3.00	1.250

CDPhysEd_2	CDPhysEd_2: CD common items Physical Education summary scale
Location:	**106**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5334	3175	0	23	10.08	10.00	2.844

CDStudent_2	CDStudent_2: CD common items Student Wellness summary scale
Location:	**107**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5379	3130	0	9	4.35	4.00	1.925

CDTotal_2	CDTotal_2: CD common items Total summary scale
Location:	**108**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5376	3133	6	71	42.26	43.00	9.692

iPolicyP_1	Policy/Systems (percent baseline items)
Location:	**109**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
3658	4851	0.00	100.00	50.6213	45.4545	27.21234

iMealsP_1	School Meals (percent baseline items)
Location:	**110**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
3658	4851	0.00	100.00	67.1714	70.9677	18.59917

iFoodsP_1	Competitive Foods and Beverages (percent baseline items)
Location:	**111**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
3658	4851	0.00	100.00	49.8941	50.0000	32.12807

iStaffP_1	Staff Wellness (percent baseline items)
Location:	**112**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
3658	4851	0.00	100.00	48.8484	50.0000	30.45769

iHlthEdP_1	Health Education (percent baseline items)
Location:	**113**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
2763	5746	0.00	100.00	52.7116	54.5455	31.46153

iPhysEdP_1	Physical Education (percent baseline items)
Location:	**114**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
3255	5254	0.00	100.00	68.9084	71.4286	20.26847

iStudentP_1	Student Wellness (percent baseline items)
Location:	**115**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
3593	4916	0.00	140.00	53.4220	54.5455	26.58905

iTotalP_1	Total Score (percent baseline items)
Location:	**116**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
3594	4915	0.00	100.00	56.6262	56.3830	16.69201

iPolicyP_2	Policy/Systems (percent followup items)
Location:	**117**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4614	3895	0.00	100.00	67.9690	72.7273	24.73023

iMealsP_2	School Meals (percent followup items)
Location:	**118**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4614	3895	0.00	100.00	75.6680	77.4194	15.47480

iFoodsP_2	Competitive Foods and Beverages (percent followup items)
Location:	**119**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4614	3895	0.00	100.00	60.1403	62.5000	30.49701

iStaffP_2	Staff Wellness (percent followup items)
Location:	**120**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4614	3895	0.00	100.00	67.2248	75.0000	27.89007

iHlthEdP_2	Health Education (percent followup items)
Location:	**121**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4512	3997	0.00	113.33	61.5552	63.6364	28.19193

iPhysEdP_2	Physical Education (percent followup items)
Location:	**122**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4539	3970	0.00	100.00	73.4799	76.4706	17.67342

iStudentP_2	Student Wellness (percent followup items)
Location:	**123**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4569	3940	0.00	140.00	64.0004	63.6364	26.60622

iTotalP_2	Total Score (percent followup items)
Location:	**124**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4570	3939	12.50	100.00	69.1848	70.2128	15.02781

BCDPolicyP_1	Policy/Systems (percent baseline items)
Location:	**125**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6986	1523	0.00	100.00	67.3862	60.0000	25.43726

BCDMealsP_1	School Meals (percent baseline items)
Location:	**126**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6989	1520	0.00	100.00	64.3979	69.2308	20.83837

BCDFoodsP_1	Competitive Foods and Beverages (percent baseline items)
Location:	**127**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6982	1527	0.00	100.00	47.3360	50.0000	34.24749

BCDStaffP_1	Staff Wellness (percent baseline items)
Location:	**128**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6984	1525	0.00	100.00	46.2808	50.0000	32.38849

BCDHlthEdP_1	Health Education (percent baseline items)
Location:	**129**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6673	1836	0.00	100.00	56.5340	57.1429	31.17222

BCDPhysEdP_1	Physical Education (percent baseline items)
Location:	**130**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
3913	4596	0.00	109.09	72.2293	73.3333	20.64406

BCDStudentP_1	Student Wellness (percent baseline items)
Location:	**131**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6890	1619	-20.00	100.00	52.8801	57.1429	27.53411

BCDTotalP_1	Total Score (percent baseline items)
Location:	**132**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
6920	1589	0.00	101.96	53.5658	52.9412	17.04126

BCDPolicyP_2	Policy/Systems (percent followup items)
Location:	**133**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5431	3078	0.00	100.00	77.4296	80.0000	23.56183

BCDMealsP_2	School Meals (percent followup items)
Location:	**134**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5429	3080	0.00	100.00	76.0007	76.9231	17.55338

BCDFoodsP_2	Competitive Foods and Beverages (percent followup items)
Location:	**135**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5429	3080	0.00	100.00	54.2641	50.0000	33.94310

BCDStaffP_2	Staff Wellness (percent followup items)
Location:	**136**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5431	3078	0.00	100.00	67.9065	75.0000	31.24149

BCDHlthEdP_2	Health Education (percent followup items)
Location:	**137**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5354	3155	0.00	100.00	67.9194	71.4286	29.12885

BCDPhysEdP_2	Physical Education (percent followup items)
Location:	**138**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4423	4086	0.00	109.09	77.7223	81.8182	18.58330

BCDStudentP_2	Student Wellness (percent followup items)
Location:	**139**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5385	3124	-20.00	100.00	64.2715	66.6667	26.78317

BCDTotalP_2	Total Score (percent followup items)
Location:	**140**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5387	3122	8.93	101.96	68.1093	68.6275	16.74746

Inv11a_1	Completed 2011 Version A at Baseline (Y/N)
Location:	**141**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	1409	16.6%
1	Yes	16	0.2%
-9	missing	7083	83.3%

Inv11b_1	Completed 2011 Version B at Baseline (Y/N)
Location:	**142**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	16	0.2%
1	Yes	1409	16.6%
-9	missing	7083	83.3%

Policy_1	Policy_1: Policy/Systems
Location:	**143**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No level	4273	50.2%
1	Bronze	1391	16.3%
2	Silver	710	8.3%
3	Gold	829	9.7%
-9	missing	1305	15.3%

Meals_1	**Meals_1: School Meals**
Location:	**144**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No level	3769	44.3%
1	Bronze	2468	29.0%
2	Silver	673	7.9%
3	Gold	296	3.5%
-9	missing	1302	15.3%

Foods_1	**Foods_1: Competitive Foods & Beverages**
Location:	**145**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No level	2900	34.1%
1	Bronze	2232	26.2%
2	Silver	610	7.2%
3	Gold	1458	17.1%
-9	missing	1308	15.4%

HlthEd_1	**HlthEd_1: Health Education**
Location:	**146**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No level	3430	40.3%
1	Bronze	1790	21.0%
2	Silver	1256	14.8%
3	Gold	727	8.5%
-9	missing	1305	15.3%

Staff_1	Staff_1: Employee Wellness
Location:	**147**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No level	5751	67.6%
1	Bronze	236	2.8%
2	Silver	748	8.8%
3	Gold	467	5.5%
-9	missing	1306	15.4%

PhysEd_1	PhysEd_1: Physical Education
Location:	**148**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No level	2540	29.9%
1	Bronze	2342	27.5%
2	Silver	1852	21.8%
3	Gold	467	5.5%
-9	missing	1307	15.4%

Student_1	Student_1: Student Wellness
Location:	**149**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No level	928	10.9%
1	Bronze	1337	15.7%
2	Silver	1194	14.0%
3	Gold	199	2.3%
-9	missing	4850	57.0%

I101_1	I101_1: School is implementing the district wellness policy and providing feedback to the district regarding its progress annually
Location:	**150**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1383	16.3%
1	yes	5603	65.9%
-9	missing data: question not answered	1522	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I102_1	I102_1: School has an active wellness council committee that meets at least every other month during the school year
Location:	**151**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	3124	36.7%
1	yes	3322	39.0%
-9	missing data: question not answered	2062	24.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I103_1	I103_1: Family members and guardians have the opportunity to provide input to the implementation of wellness policy activities
Location:	**152**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	3310	38.9%
1	yes	3674	43.2%
-9	missing data: question not answered	1524	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I104_1	I104_1: Students have the opportunity to provide input to the implementation of wellness policy activities
Location:	**153**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	4259	50.1%
1	yes	2726	32.0%
-9	missing data: question not answered	1523	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I105_1	Exemplar I105_1: The status of wellness policy implementation at the school level is communicated annually to school staff, students and families
Location:	**154**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	3173	37.3%
1	yes	3274	38.5%
-9	missing data: question not answered	2061	24.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I106_1	I106_1: School wellness council committee recommends new or revised health or wellness polices and activities to the district
Location:	**155**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2397	28.2%
1	yes	1261	14.8%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I107_1	I107_1: Drinking water is available to students free of charge at all times during the school day
Location:	**156**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	257	3.0%
1	yes	6730	79.1%
-9	missing data: question not answered	1521	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I108_1	I108_1: School grounds and or buildings are open to students their families and the community for access to physical activities
Location:	**157**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2180	25.6%
1	yes	4807	56.5%
-9	missing data: question not answered	1521	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I109_1	I109_1: School has secured funds or leveraged resources to support wellness priorities for students and staff
Location:	**158**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	4027	47.3%
1	yes	2420	28.4%
-9	missing data: question not answered	2061	24.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I110_1	I110_1: Schools wellness goals are integrated into the overall School Improvement Plan
Location:	**159**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	4096	48.1%
1	yes	2351	27.6%
-9	missing data: question not answered	2061	24.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I111_1	I111_1: School tracks students body mass index and reports the results to the district in aggregate on an annual basis

Location: **160**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	no	3496	41.1%
1	yes	2951	34.7%
-9	missing data: question not answered	2061	24.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I201a_1	I201a_1: School serves breakfast and lunch

Location: **161**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	no	110	1.3%
1	yes	6046	71.1%
-9	missing data: question not answered	2349	27.6%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	3	0.0%
-1	missing data: not asked at school level	0	0.0%

I201b_1	I201b_1: School breakfast and lunch programs meet USDA School Meals Initiative SMI standards for reimbursable meals
Location:	**162**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	201	2.4%
1	yes	5955	70.0%
-9	missing data: question not answered	2349	27.6%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	3	0.0%
-1	missing data: not asked at school level	0	0.0%

I201c_1	I201c_1: USDA meal program participating district has had a SMI review in the past 5 years and all corrective actions have been completed
Location:	**163**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	266	3.1%
1	yes	2561	30.1%
-9	missing data: question not answered	5678	66.7%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	3	0.0%
-1	missing data: not asked at school level	0	0.0%

I202_1	I202_1: Annual training covering basic nutrition and healthy eating concepts is completed by 100 percent of the food service staff who prepare and serve meals
Location:	**164**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1845	21.7%
1	yes	5137	60.4%
-9	missing data: question not answered	1526	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I203_1	I203_1: School offers only unflavored low fat milk or fat-free flavored milk with no more than 150 calories per 8 oz
Location:	**165**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1005	11.8%
1	yes	5987	70.4%
-9	missing data: question not answered	1516	17.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I204_1	I204_1: School offers at least five non-fried, no low added sugar fruit and or vegetable options daily
Location:	**166**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1318	15.5%
1	yes	3430	40.3%
-9	missing data: question not answered	3749	44.1%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	11	0.1%
-1	missing data: not asked at school level	0	0.0%

I205_1	I205_1: At least one fruit other than 100 percent juice is offered at breakfast
Location:	**167**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1601	18.8%
1	yes	5391	63.4%
-9	missing data: question not answered	1516	17.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I206_1	I206_1: A different fruit is served every day of the week at lunch
Location:	**168**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	282	3.3%
1	yes	3376	39.7%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I207_1	I207_1: A different vegetable is served every day of the week at lunch
Location:	**169**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	313	3.7%
1	yes	3345	39.3%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I208_1	I208_1: Starchy vegetables are limited to amounts specified by USDA
Location:	**170**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	247	2.9%
1	yes	3411	40.1%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I209_1	I209_1: Half of all grains at breakfast and half of all grains at lunch must be whole grains
Location:	**171**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1720	20.2%
1	yes	5272	62.0%
-9	missing data: question not answered	1516	17.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I210_1	I210_1: Breakfast and lunch menus are available in the languages that parents primarily speak
Location:	**172**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1810	21.3%
1	yes	5182	60.9%
-9	missing data: question not answered	1516	17.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I211_1	I211_1: School conducts yearly taste tests with students of healthy foods intended for inclusion in reimbursable meals
Location:	**173**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1802	21.2%
1	yes	1856	21.8%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I212_1	I212_1: All dressing offered for salads and salad bars must be portion controlled and contain no more than 80 calories per serving
Location:	**174**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1326	15.6%
1	yes	2332	27.4%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I213_1	I213_1: School offers no desserts or only desserts that meet the Alliance Competitive Foods Guidelines
Location:	**175**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2385	28.0%
1	yes	4077	47.9%
-9	missing data: question not answered	2046	24.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I214_1	I214_1: School offers nonfried fish at least once a week
Location:	**176**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	5207	61.2%
1	yes	1785	21.0%
-9	missing data: question not answered	1516	17.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I215_1	I215_1: Oils used during onsite food preparation contain no more than 2 g saturated fat per serving
Location:	**177**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	743	8.7%
1	yes	2915	34.3%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I216_1	I216_1: All gains offered daily at breakfast and lunch are whole grains
Location:	**178**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	4177	49.1%
1	yes	2791	32.8%
-9	missing data: question not answered	1540	18.1%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I217_1	I217_1: School offers only lean protein products such as lean red meat skinless poultry lean deli meats fatfree or low fat cheese beans tofu etc
Location:	**179**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	3962	46.6%
1	yes	3030	35.6%
-9	missing data: question not answered	1516	17.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I218_1	I218_1: School offers only nonfried products and uses no deep fat frying in food preparation
Location:	**180**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2737	32.2%
1	yes	4255	50.0%
-9	missing data: question not answered	1516	17.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I219_1	I219_1: Starchy vegetables are limited to one cup per week
Location:	**181**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1679	19.7%
1	yes	1979	23.3%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I220_1	I220_1: School offers at least one low fat entrée daily
Location:	**182**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2743	32.2%
1	yes	4249	49.9%
-9	missing data: question not answered	1516	17.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I221_1	I221_1: Staff prompts students to choose fruits and vegetables
Location:	**183**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	405	4.8%
1	yes	3253	38.2%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I222_1	I222_1: School engages in marketing of healthy options using posters table tents or creating naming of healthy options
Location:	**184**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	813	9.6%
1	yes	2845	33.4%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I223_1	I223_1: School offers convenient placement of healthy options
Location:	**185**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	815	9.6%
1	yes	2843	33.4%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I224_1	I224_1: School makes use of appealing presentation of foods
Location:	**186**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	582	6.8%
1	yes	3076	36.2%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I225_1	I225_1: School provides quick healthy meal options such as grab and go meals or vending of reimbursable meals
Location:	**187**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2071	24.3%
1	yes	1587	18.7%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I226_1	I226_1: School permits use of prepaid meal funds only for reimbursable meals and competitive foods and beverages that meet Alliance Guidelines
Location:	**188**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1161	13.6%
1	yes	2497	29.3%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I227_1	I227_1: School has a system in place for students or parents to preselect breakfast and lunch
Location:	**189**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2648	31.1%
1	yes	1010	11.9%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I228_1	I228_1: School designates a meal that meets HSPHUSSC standards as the default option for meals Students or parents who desire other options must actively choose them
Location:	**190**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2168	25.5%
1	yes	1490	17.5%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I229_1	I229_1: Cafeteria environment minimizes distractions from choosing and eating healthy foods through measures such as adequate lighting noise reduction and seating arrangements
Location:	**191**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	985	11.6%
1	yes	2673	31.4%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I301_1	I301_1: All beverages for sale to students outside of the school meals program during the regular and extended school day meet or exceed the Alliance School Beverage Guidelines
Location:	**192**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2093	24.6%
1	yes	4895	57.5%
-9	missing data: question not answered	1520	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I302_1	I302_1: All competitive foods for sale to students outside of the school meals program during the regular and extended school day meet the Alliance Competitive Foods Guidelines
Location:	**193**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	3154	37.1%
1	yes	3827	45.0%
-9	missing data: question not answered	1527	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I303_1	I303_1: School policies and practices support that all beverages and competitive foods served to students for school and classroom parties during the regular and extended school day meet the Alliance Guidelines
Location:	**194**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	4134	48.6%
1	yes	2841	33.4%
-9	missing data: question not answered	1533	18.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I304_1	I304_1: School policies and practices support that food is never used as a reward or reinforcement for students
Location:	**195**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2093	24.6%
1	yes	1565	18.4%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I305_1	I305_1: Food and beverages sold and served in the staff lounge and at schoolsponsored staff functions meet at least the Alliance High School Beverage and Competitive Foods Guidelines
Location:	**196**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	5315	62.5%
1	yes	1665	19.6%
-9	missing data: question not answered	1528	18.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I306_1	I306_1: Sports drinks are not available in the school setting except when provided by the school for student athletes participating in sport programs involving vigorous activity of more than one hour
Location:	**197**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1128	13.3%
1	yes	2530	29.7%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I307_1	I307_1: School policies and practices restrict branding and marketing to those competitive foods and beverages that meet the Alliance Guidelines
Location:	**198**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1505	17.7%
1	yes	2153	25.3%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I308_1	I308_1: All entrees served as competitive foods shall meet at least the Alliance School Meals criterion for a low fat lunch entrée
Location:	**199**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1639	19.3%
1	yes	2019	23.7%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I400e_1	I400e_1: Elementary school level: comprehensive health education is required for all students and includes func knowledge and skills based lessons on healthy eating and benefits of PA
Location:	**200**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1186	13.9%
1	yes	3019	35.5%
-9	missing data: question not answered	4303	50.6%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I400m_1	I400m_1: MS Level: comprehensive health education includes func knowledge and skillsbased lessons on healthy eating & benefits of PA and is taught in a standalone course
Location:	**201**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	299	3.5%
1	yes	501	5.9%
-9	missing data: question not answered	7708	90.6%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I400h_1	I400h_1: HS Level: comprehensive health education includes func knowledge and skillsbased lessons on healthy eating & benefits of PA and is taught in a standalone course . . .
Location:	**202**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	65	0.8%
1	yes	426	5.0%
-9	missing data: question not answered	8017	94.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I401a_1	I401a_1: At the elementary level comprehensive health education is required for all students and includes functional knowledge and skillsbased lessons on healthy eating and benefits of physical activity
Location:	**203**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	665	7.8%
1	yes	1279	15.0%
-9	missing data: question not answered	6541	76.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	7	0.1%

I401b_1	Exemplar I401b_1: Provides a min of 30 minutes per week of instructional time or the equivalent number of minutes annually in grades K2 AND A min of 40 minutes per week of instructional time or the equivalent number of minutes annually in grades 3 to 5
Location:	**204**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	927	10.9%
1	yes	1017	12.0%
-9	missing data: question not answered	6541	76.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	7	0.1%

I402_1	I402_1: MS: Comprehensive health ed required for at least 1 grade
Location:	**205**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	577	6.8%
1	yes	1091	12.8%
-9	missing data: question not answered	4622	54.3%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	2218	26.1%

I402a_1	I402a_1: At the MS level comp HE includes func knowledge & skills-based lessons on healthy eating & ben of physical activity & is taught in a stand-alone HE course for at least 9 wks OR planned units of study are inc w other subjects over the year
Location:	**206**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	341	4.0%
1	yes	459	5.4%
-9	missing data: question not answered	7681	90.3%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	11	0.1%

I402b_1	I402b_1: At the middle school level comprehensive health education is required in at least 1 grade
Location:	**207**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	284	3.3%
1	yes	516	6.1%
-9	missing data: question not answered	7681	90.3%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	11	0.1%

I403_1	I403_1: HS: Comprehensive health ed required and taught in a term-long course for at least 9 weeks
Location:	**208**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	199	2.3%
1	yes	876	10.3%
-9	missing data: question not answered	4476	52.6%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	2957	34.8%

I403a_1	I403a_1: At the high school level comprehensive health education includes functional knowledge and skillsbased lessons on healthy eating and benefits of physical activity
Location:	**209**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	89	1.0%
1	yes	407	4.8%
-9	missing data: question not answered	7987	93.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	9	0.1%

I403b_1	I403b_1: At the high school level comprehensive health education is required for high school graduation
Location:	**210**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	116	1.4%
1	yes	380	4.5%
-9	missing data: question not answered	7987	93.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	9	0.1%

I403c_1	I403c_1: At the high school level comprehensive health education is taught in a term-long course for at least nine weeks
Location:	**211**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	97	1.1%
1	yes	399	4.7%
-9	missing data: question not answered	7987	93.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	9	0.1%

I404b_1	I404b_1: At the ES level comp HE provides a min of 40 minutes per wk of instructional time or the equiv number of minutes annually in grades Kto2 AND A min of 80 minutes per wk of instruc time or the equiv number of minutes annually in grades 3to5
Location:	**212**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1297	15.2%
1	yes	647	7.6%
-9	missing data: question not answered	6541	76.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	7	0.1%

I405_1	I405_1: MS: Comprehensive health ed required for at least 1 grade
Location:	**213**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1079	12.7%
1	yes	870	10.2%
-9	missing data: question not answered	4341	51.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	2218	26.1%

I405a_1	I405a_1: At the MS level, comp HE includes func knowledge & skillsbased lessons on healthy eating & benefits of PA & is taught in a standalone HE course for at least 9 wks OR planned units of study are inc w other subjects over the yr
Location:	**214**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	358	4.2%
1	yes	442	5.2%
-9	missing data: question not answered	7681	90.3%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	11	0.1%

I405b_1	I405b_1: At the middle school level comprehensive health education is required in at least 2 grades
Location:	**215**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	394	4.6%
1	yes	406	4.8%
-9	missing data: question not answered	7681	90.3%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	11	0.1%

I406a_1	I406a_1: At the high school level comprehensive health education includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity
Location:	**216**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	93	1.1%
1	yes	403	4.7%
-9	missing data: question not answered	7987	93.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	9	0.1%

I406b_1	I406b_1: At the high school level comprehensive health education is required for half credit for high school graduation
Location:	**217**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	137	1.6%
1	yes	359	4.2%
-9	missing data: question not answered	7987	93.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	9	0.1%

I406c_1	I406c_1: At the high school level comprehensive health education is taught in a semester long course or two term long courses
Location:	**218**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	146	1.7%
1	yes	350	4.1%
-9	missing data: question not answered	7987	93.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	9	0.1%

I407_1	I407_1: Health education curriculum and instructional strategies meet the diverse needs and interests of all students
Location:	**219**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2631	30.9%
1	yes	4361	51.3%
-9	missing data: question not answered	1516	17.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I408a_1	I408a_1: At the elementary level comprehensive health education is required for all students and includes functional knowledge and skillsbased lessons on healthy eating and benefits of physical activity
Location:	**220**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	783	9.2%
1	yes	1161	13.6%
-9	missing data: question not answered	6541	76.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	7	0.1%

I408b_1	I408b_1: At the ES level comp HE provides a min of 80 minutes per wk of instructional time or the equiv number of minutes annually in grades Kto2 AND A min of 120 minutes per wk of instruct time or the equiv number of minutes annually in grades 3to5
Location:	**221**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1527	17.9%
1	yes	417	4.9%
-9	missing data: question not answered	6541	76.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	7	0.1%

I409_1	I409_1: MS: Comprehensive health ed required for every grade
Location:	**222**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1231	14.5%
1	yes	718	8.4%
-9	missing data: question not answered	4341	51.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	2218	26.1%

I409a_1	I409a_1: At the MS level comp HE inc func knowledge & skillsbased lessons on healthy eating & benefits of PA & is taught in a standalone HE course for >9 wks over the yr OR planned units of study are inc w other subj over the yr
Location:	**223**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	387	4.5%
1	yes	413	4.9%
-9	missing data: question not answered	7681	90.3%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	11	0.1%

I409b_1	I409b_1: At the middle school level comprehensive health education is required in every grade
Location:	**224**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	456	5.4%
1	yes	344	4.0%
-9	missing data: question not answered	7681	90.3%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	11	0.1%

I410_1	I410_1: 410 response
Location:	**225**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	42	0.5%
1	yes	51	0.6%
-9	missing data: question not answered	7006	82.3%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	1409	16.6%
-1	missing data: not asked at school level	0	0.0%

I410a_1	I410a_1: At the high school level comprehensive health education includes functional knowledge and skillsbased lessons on healthy eating and benefits of physical activity
Location:	**226**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	95	1.1%
1	yes	401	4.7%
-9	missing data: question not answered	7987	93.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	9	0.1%

I401b_1	I410b_1: At the high school level comprehensive health education is required for one credit for high school graduation
Location:	**227**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	262	3.1%
1	yes	234	2.8%
-9	missing data: question not answered	7987	93.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	9	0.1%

I411_1	I411_1: Healthy eating and physical activity messages are integrated into at least two other subjects to reinforce what is taught in health education
Location:	**228**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	3228	37.9%
1	yes	3764	44.2%
-9	missing data: question not answered	1516	17.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I412_1	I412_1: Health education is taught by trained teachers at the elementary school level and teachers are licensed or certified in health education at the middle and high school levels
Location:	**229**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2462	28.9%
1	yes	4530	53.2%
-9	missing data: question not answered	1516	17.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I413_1	I413_1: All teachers who teach HE receive annual prof dev on effective practices for HE including healthy eating & benefits of PA for a minimum of three contact hours at the elementary level and six contact hours at the middle and high school levels
Location:	**230**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	4416	51.9%
1	yes	2576	30.3%
-9	missing data: question not answered	1516	17.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I414_1	I414_1: All students are assessed in health education and results are reported on the report card every term that health education is required
Location:	**231**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	3972	46.7%
1	yes	3020	35.5%
-9	missing data: question not answered	1516	17.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I415_1	I415_1: Healthy eating and physical activity instruction is aligned to the national/state health education standards
Location:	**232**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1848	21.7%
1	yes	5144	60.5%
-9	missing data: question not answered	1516	17.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I416_1	I416_1: District or school utilized the CDC's Health Education Curriculum Analysis Tool HECAT healthy eating and physical activity modules to enhance develop or select an appropriate and effective health education curriculum
Location:	**233**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	4844	56.9%
1	yes	1606	18.9%
-9	missing data: question not answered	2058	24.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I501_1	I501_1: A school employee wellness leader or committee has been identified
Location:	**234**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1506	17.7%
1	yes	5483	64.4%
-9	missing data: question not answered	1519	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I502_1	I502_1: A school employee wellness needs or interest assessment has been conducted yearly with staff
Location:	**235**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	5121	60.2%
1	yes	1868	22.0%
-9	missing data: question not answered	1519	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I503_1	I503_1: School staff have opportunities to participate in physical activities OR healthy eating programs
Location:	**236**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1246	14.6%
1	yes	2412	28.3%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I504_1	I504_1: School staff have opportunities to participate in physical activities AND healthy eating programs
Location:	**237**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	3890	45.7%
1	yes	3092	36.3%
-9	missing data: question not answered	1526	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I505_1	I505_1: School staff are actively participating in physical activity and healthy eating programs
Location:	**238**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2303	27.1%
1	yes	1355	15.9%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I506_1	I506_1: School or district annually evaluates the employee wellness program
Location:	**239**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	4493	52.8%
1	yes	2488	29.2%
-9	missing data: question not answered	1527	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I507_1	I507_1: District has a comprehensive employee wellness program
Location:	**240**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1954	23.0%
1	yes	1704	20.0%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I508_1	I508_1: District insurance coverage provides obesity prevention and treatment services for staff
Location:	**241**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1950	22.9%
1	yes	1708	20.1%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I600_1	i600_1: Allows students of all grades to enroll in additional physical education
Location:	**242**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	321	3.8%
1	yes	1415	16.6%
-9	missing data: question not answered	6772	79.6%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I601_1	I601_1: Requires all students at the elementary school level to participate in a minimum of 60 minutes of physical education per week
Location:	**243**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1174	13.8%
1	yes	3614	42.5%
-9	missing data: question not answered	3701	43.5%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	19	0.2%

I602a_1	I602a_1: Requires all students at the middle school level to participate in a minimum of 90 minutes per week
Location:	**244**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	634	7.5%
1	yes	1301	15.3%
-9	missing data: question not answered	6558	77.1%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4	0.0%
-1	missing data: not asked at school level	11	0.1%

I602b_1	I602b_1: Requires all students at the middle school level to participate in physical education for the equivalent of one year
Location:	**245**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	262	3.1%
1	yes	1672	19.7%
-9	missing data: question not answered	6559	77.1%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4	0.0%
-1	missing data: not asked at school level	11	0.1%

I603_1	I603_1: 603 response
Location:	**246**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	30	0.4%
1	yes	64	0.8%
-9	missing data: question not answered	7005	82.3%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	1409	16.6%
-1	missing data: not asked at school level	0	0.0%

I603a_1	I603a_1: Requires all students at the high school level to participate in physical education for the equivalent of one half year
Location:	**247**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	106	1.2%
1	yes	916	10.8%
-9	missing data: question not answered	7483	88.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	3	0.0%
-1	missing data: not asked at school level	0	0.0%

I603b_1	I603b_1: Allows students of all grades to enroll in additional physical education
Location:	**248**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	138	1.6%
1	yes	369	4.3%
-9	missing data: question not answered	7998	94.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	3	0.0%
-1	missing data: not asked at school level	0	0.0%

I604_1	I604_1: Requires all students at the elementary school level to participate in a minimum of 90 minutes of physical education per week
Location:	**249**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2084	24.5%
1	yes	2246	26.4%
-9	missing data: question not answered	4159	48.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	19	0.2%

I605a_1	I605a_1: Requires all students at the middle school level to participate in a minimum of 135 minutes per week
Location:	**250**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	828	9.7%
1	yes	821	9.6%
-9	missing data: question not answered	6844	80.4%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4	0.0%
-1	missing data: not asked at school level	11	0.1%

I605b_1	I605b_1: Requires all students at the middle school level to participate in physical education for the equivalent of two years
Location:	**251**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	462	5.4%
1	yes	1424	16.7%
-9	missing data: question not answered	6607	77.7%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4	0.0%
-1	missing data: not asked at school level	11	0.1%

I606_1	I606_1: 606 response
Location:	**252**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	51	0.6%
1	yes	43	0.5%
-9	missing data: question not answered	7005	82.3%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	1409	16.6%
-1	missing data: not asked at school level	0	0.0%

I606a_1	I606a_1: Requires all students at the high school level to participate in physical education for the equivalent of one year
Location:	**253**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	295	3.5%
1	yes	686	8.1%
-9	missing data: question not answered	7514	88.3%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4	0.0%
-1	missing data: not asked at school level	9	0.1%

I606b_1	I606b_1: Allows students of all grades to enroll in additional physical education
Location:	**254**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	138	1.6%
1	yes	359	4.2%
-9	missing data: question not answered	7998	94.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4	0.0%
-1	missing data: not asked at school level	9	0.1%

I607_1	I607_1: Physical education instructional strategies and other practices meet the diverse needs and interests of all students
Location:	**255**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1014	11.9%
1	yes	5973	70.2%
-9	missing data: question not answered	1521	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I608_1	I608_1: Requires all students at the elementary school level to participate in a minimum of 150 minutes of physical education per week
Location:	**256**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	3213	37.8%
1	yes	1117	13.1%
-9	missing data: question not answered	4159	48.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	19	0.2%

I609a_1	I609a_1: Requires all students at the middle school level to participate in a minimum of 225 minutes per week
Location:	**257**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1207	14.2%
1	yes	442	5.2%
-9	missing data: question not answered	6844	80.4%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4	0.0%
-1	missing data: not asked at school level	11	0.1%

I609b_1	I609b_1: Requires all students at the middle school level to participate in physical education for all years
Location:	**258**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	613	7.2%
1	yes	1273	15.0%
-9	missing data: question not answered	6607	77.7%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4	0.0%
-1	missing data: not asked at school level	11	0.1%

I610_1	I610_1: 610 response
Location:	**259**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	66	0.8%
1	yes	28	0.3%
-9	missing data: question not answered	7005	82.3%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	1409	16.6%
-1	missing data: not asked at school level	0	0.0%

I610a_1	I610a_1: Requires all students at the high school level to participate in physical education for one and one half years
Location:	**260**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	668	7.9%
1	yes	313	3.7%
-9	missing data: question not answered	7514	88.3%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4	0.0%
-1	missing data: not asked at school level	9	0.1%

I610b_1	I610b_1: Allows students of all grades to enroll in additional physical education
Location:	**261**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	147	1.7%
1	yes	350	4.1%
-9	missing data: question not answered	7998	94.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4	0.0%
-1	missing data: not asked at school level	9	0.1%

I611_1	I611_1: Physical education is taught by licensed or certified physical educators at all grade levels
Location:	**262**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	394	4.6%
1	yes	5952	70.0%
-9	missing data: question not answered	2162	25.4%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I612_1	I612_1: Students are engaged in moderate to vigorous physical activity at least 50 percent of physical education class time
Location:	**263**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	708	8.3%
1	yes	6279	73.8%
-9	missing data: question not answered	1521	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I613_1	I613_1: Physical education classes are appropriately modified or adapted to promote the participation of all students
Location:	**264**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	761	8.9%
1	yes	6226	73.2%
-9	missing data: question not answered	1521	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I614_1	I614_1: All teachers who teach physical education participate in annual professional development on effective practices for physical education for a minimum of 6 contact hours
Location:	**265**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2490	29.3%
1	yes	4497	52.9%
-9	missing data: question not answered	1521	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I615_1	I615_1: All students are assessed in mastery of skills and content in physical education and results are on the report card every term that physical education is required
Location:	**266**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2203	25.9%
1	yes	4784	56.2%
-9	missing data: question not answered	1521	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I616_1	I616_1: Instruction is based on a written and sequential curriculum that is aligned to the national/state physical education standards
Location:	**267**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1067	12.5%
1	yes	5920	69.6%
-9	missing data: question not answered	1521	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I617_1	I617_1: School provides fitness education conducts annual healthrelated fitness assessments and utilizes assessment results to direct instruction and create individualized physical activityfitness plans that include goalsetting and monitoring
Location:	**268**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1357	15.9%
1	yes	2301	27.0%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I618_1	I618_1: Student teacher ratio in physical education is comparable with other classes at all grade levels
Location:	**269**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2235	26.3%
1	yes	4752	55.9%
-9	missing data: question not answered	1521	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I619_1	I619_1: Physical education requirements are not waived for other activities or classes
Location:	**270**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1944	22.8%
1	yes	3023	35.5%
-9	missing data: question not answered	1546	18.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	1995	23.4%

I620_1	I620_1: District or school utilized the CDCs Physical Education Curriculum Analysis Tool PECAT to enhance, develop or select an appropriate and effective physical education curriculum
Location:	**271**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	5098	59.9%
1	yes	1889	22.2%
-9	missing data: question not answered	1521	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I701_1	I701_1: At the elementary school level school offers at least 20 minutes of recess daily ELE
Location:	**272**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1249	14.7%
1	yes	3782	44.5%
-9	missing data: question not answered	3458	40.6%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	19	0.2%

I702_1	I702_1: At the elementary school level classes participate in recess before lunch ELE
Location:	**273**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1635	19.2%
1	yes	903	10.6%
-9	missing data: question not answered	5951	69.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	19	0.2%

I703_1	I703_1: Before and afterschool programs dedicate at least 20 percent of their time to physical activity ELE
Location:	**274**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	2657	31.2%
1	Yes	2910	34.2%
-9	missing: question not answered	2644	31.1%
-8	missing: question not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing: question not asked at school level	298	3.5%

I704_1	I704_1: All before and after school program staff participate in annual professional development including physical activity and healthy eating as an element of their program ELE
Location:	**275**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	4117	48.4%
1	Yes	1449	17.0%
-9	missing: question not answered	2645	31.1%
-8	missing: question not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing: question not asked at school level	298	3.5%

I705_1	I705_1: Snacks are served as part of the After School Snack or Meal Program reimbursed through the USDA or an independent snack program that meets the Alliance Competitive Foods and Beverage Guidelines ELE MS
Location:	**276**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	2742	32.2%
1	Yes	3436	40.4%
-9	missing: question not answered	2033	23.9%
-8	missing: question not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing: question not asked at school level	298	3.5%

I706_1	I706_1: Afterschool programs academic enrichment and tutoring that serve snacks incorporate nutrition education ELE MS
Location:	**277**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1991	23.4%
1	yes	1175	13.8%
-9	missing data: question not answered	5342	62.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I707_1	I707_1: School provides opportunities for students to participate in daily physical activity during the school day excluding recess and physical education ELE MS HS
Location:	**278**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	3020	35.5%
1	yes	3965	46.6%
-9	missing data: question not answered	1523	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I708_1	I708_1: School utilizes community resources to provide physical activity and/or nutrition education opportunities before or after school ELE MS HS
Location:	**279**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1934	22.7%
1	yes	1724	20.3%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I709_1	I709_1: School connects students and families with physical activity opportunities in the community ELE MS HS
Location:	**280**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	2512	29.5%
1	Yes	4156	48.8%
-9	missing: question not answered	1543	18.1%
-8	missing: question not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing: question not asked at school level	298	3.5%

I710_1	I710_1: School actively supports and promotes walking or bicycling to and from school ELE MS HS
Location:	**281**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	4296	50.5%
1	yes	2689	31.6%
-9	missing data: question not answered	1523	17.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I711_1	I711_1: School policies and practices support that physical activity is not used for or withheld as punishment for students ELE MS HS
Location:	**282**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1104	13.0%
1	yes	2554	30.0%
-9	missing data: question not answered	4850	57.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I712_1	I712_1: School offers a range of competitive physical activity opportunities intramural or interscholastic sports for all grades before or after the school day MS HS
Location:	**283**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2390	28.1%
1	yes	2901	34.1%
-9	missing data: question not answered	3217	37.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I713_1	I713_1: School offers a range of noncompetitive physical activity opportunities aimed at engaging students in fun recreational and lifelong learning opportunities before or after the school day for all grades MS HS
Location:	**284**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2827	33.2%
1	yes	2464	29.0%
-9	missing data: question not answered	3217	37.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I714_1	I714_1: School provides access to before and after school offerings by making transportation options available MS HS
Location:	**285**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1348	15.8%
1	yes	616	7.2%
-9	missing data: question not answered	6544	76.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I201_1	I201_1: 201 response
Location:	**286**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	14	0.2%
1	yes	424	5.0%
-9	Missing data: question not answered	6661	78.3%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	1409	16.6%

I401_1	I401_1: 401 response
Location:	**287**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	145	1.7%
1	yes	169	2.0%
-9	Missing data: question not answered	6785	79.7%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	1409	16.6%

I404_1	I404_1: 404 response
Location:	**288**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	210	2.5%
1	yes	104	1.2%
-9	Missing data: question not answered	6785	79.7%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	1409	16.6%

I404a_1	I404a_1: At the elementary level comprehensive health education is required for all students and includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity
Location:	**289**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	753	8.8%
1	Yes	1191	14.0%
-9	missing: question not answered	6542	76.9%
-8	missing: question not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing: question not asked at school level	7	0.1%

I406_1	I406_1: 406 response
Location:	**290**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	28	0.3%
1	yes	66	0.8%
-9	Missing data: question not answered	7005	82.3%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	1409	16.6%

I408_1	I408_1: 408 response
Location:	**291**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	264	3.1%
1	yes	50	0.6%
-9	Missing data: question not answered	6785	79.7%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	1409	16.6%

NScales_1	Number of Inventory Scales Completed at Baseline
Location:	**292**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
7215	1294	6	8	7.43	7.00	.502

Overall_1	Overall_1: Overall Score
Location:	**293**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No level	3342	39.3%
1	Bronze	158	1.9%
2	Silver	22	0.3%
3	Gold	0	0.0%
4	Platinum	0	0.0%
-9	missing	4986	58.6%

TotSum_1	TotSum_1: Total
Location:	**294**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
3526	4983	0	25	7.65	7.00	4.504

Inv11a_2	Completed 2011 Version A at Follow-up (Y/N)
Location:	**295**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	4525	53.2%
1	Yes	16	0.2%
-9	missing	3967	46.6%

Inv11b_2	Completed 2011 Version B at Follow-up (Y/N)
Location:	**296**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	16	0.2%
1	Yes	4525	53.2%
-9	missing	3967	46.6%

Policy_2	Policy_2: Policy/Systems
Location:	**297**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No level	1781	20.9%
1	Bronze	1482	17.4%
2	Silver	845	9.9%
3	Gold	1332	15.7%
-9	missing	3068	36.1%

Meals_2	Meals_2: School Meals
Location:	**298**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No level	1975	23.2%
1	Bronze	2374	27.9%
2	Silver	655	7.7%
3	Gold	434	5.1%
-9	missing	3070	36.1%

Foods_2	Foods_2: Competitive Foods & Beverages
Location:	**299**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No level	1411	16.6%
1	Bronze	2118	24.9%
2	Silver	867	10.2%
3	Gold	1042	12.2%
-9	missing	3070	36.1%

HlthEd_2	HlthEd_2: Health Education
Location:	**300**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No level	2071	24.3%
1	Bronze	1517	17.8%
2	Silver	1008	11.8%
3	Gold	844	9.9%
-9	missing	3068	36.1%

Staff_2	Staff_2: Employee Wellness
Location:	**301**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No level	2512	29.5%
1	Bronze	402	4.7%
2	Silver	1425	16.7%
3	Gold	1101	12.9%
-9	missing	3068	36.1%

PhysEd_2	PhysEd_2: Physical Education
Location:	**302**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No level	1566	18.4%
1	Bronze	1778	20.9%
2	Silver	1439	16.9%
3	Gold	657	7.7%
-9	missing	3068	36.1%

Student_2	Student_2: Student Wellness
Location:	**303**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No level	652	7.7%
1	Bronze	1496	17.6%
2	Silver	2056	24.2%
3	Gold	410	4.8%
-9	missing	3894	45.8%

I101_2	I101_2: School is implementing the district wellness policy and providing feedback to the district regarding its progress annually

Location: **304**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	no	765	9.0%
1	yes	4666	54.8%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I102_2	I102_2: School has an active wellness council committee that meets at least every other month during the school year

Location: **305**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	no	1319	15.5%
1	yes	4095	48.1%
-9	missing data: question not answered	3094	36.4%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I103_2	I103_2: Family members and guardians have the opportunity to provide input to the implementation of wellness policy activities
Location:	**306**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1772	20.8%
1	yes	3659	43.0%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I104_2	I104_2: Students have the opportunity to provide input to the implementation of wellness policy activities
Location:	**307**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2296	27.0%
1	yes	3135	36.8%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I105_2	I105_2: The status of wellness policy implementation at the school level is communicated annually to school staff, students and families

Location: **308**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	no	1709	20.1%
1	yes	3705	43.5%
-9	missing data: question not answered	3094	36.4%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I106_2	I106_2: School wellness council committee recommends new or revised health or wellness polices and activities to the district

Location: **309**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	no	2216	26.0%
1	yes	2398	28.2%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I107_2	I107_2: Drinking water is available to students free of charge at all times during the school day
Location:	**310**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	74	0.9%
1	yes	5357	63.0%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I108_2	I108_2: School grounds and or buildings are open to students their families and the community for access to physical activities
Location:	**311**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1222	14.4%
1	yes	4209	49.5%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I109_2	I109_2: School has secured funds or leveraged resources to support wellness priorities for students and staff
Location:	**312**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2364	27.8%
1	yes	3050	35.8%
-9	missing data: question not answered	3094	36.4%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I110_2	I110_2: Schools wellness goals are integrated into the overall School Improvement Plan
Location:	**313**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2597	30.5%
1	yes	2817	33.1%
-9	missing data: question not answered	3094	36.4%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I111_2	I111_2: School tracks students body mass index and reports the results to the district in aggregate on an annual basis
Location:	**314**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2304	27.1%
1	yes	3110	36.6%
-9	missing data: question not answered	3094	36.4%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I201a_2	I201a_2: School serves breakfast and lunch
Location:	**315**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	84	1.0%
1	yes	5318	62.5%
-9	missing data: question not answered	3104	36.5%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	2	0.0%
-1	missing data: not asked at school level	0	0.0%

I201b_2	I201b_2: School breakfast and lunch programs meet USDA School Meals Initiative SMI standards for reimbursable meals

Location: **316**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	no	99	1.2%
1	yes	5303	62.3%
-9	missing data: question not answered	3104	36.5%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	2	0.0%
-1	missing data: not asked at school level	0	0.0%

i201C_2	I201c_2: USDA meal program participating district has had a SMI review in the past 5 years and all corrective actions have been completed

Location: **317**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	no	201	2.4%
1	yes	4386	51.6%
-9	missing data: question not answered	3919	46.1%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	2	0.0%
-1	missing data: not asked at school level	0	0.0%

I202_2	I202_2: Annual training covering basic nutrition and healthy eating concepts is completed by 100 percent of the food service staff who prepare and serve meals
Location:	**318**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	686	8.1%
1	yes	4743	55.7%
-9	missing data: question not answered	3079	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I203_2	I203_2: School offers only unflavored low fat milk or fat-free flavored milk with no more than 150 calories per 8 oz
Location:	**319**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	336	3.9%
1	yes	5094	59.9%
-9	missing data: question not answered	3078	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I204_2	I204_2: School offers at least five non-fried, no low added sugar fruit and or vegetable options daily
Location:	**320**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	610	7.2%
1	yes	4731	55.6%
-9	missing data: question not answered	3151	37.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	0	0.0%

I205_2	I205_2: At least one fruit other than 100 percent juice is offered at breakfast
Location:	**321**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	814	9.6%
1	yes	4616	54.3%
-9	missing data: question not answered	3078	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I206_2	I206_2: A different fruit is served every day of the week at lunch
Location:	**322**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	180	2.1%
1	yes	4434	52.1%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I207_2	I207_2: A different vegetable is served every day of the week at lunch
Location:	**323**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	298	3.5%
1	yes	4316	50.7%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I208_2	I208_2: Starchy vegetables are limited to amounts specified by USDA
Location:	**324**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	245	2.9%
1	yes	4369	51.4%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I209_2	I209_2: Half of all grains at breakfast and half of all grains at lunch must be whole grains
Location:	**325**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	578	6.8%
1	yes	4852	57.0%
-9	missing data: question not answered	3078	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I210_2	I210_2: Breakfast and lunch menus are available in the languages that parents primarily speak
Location:	**326**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1107	13.0%
1	yes	4323	50.8%
-9	missing data: question not answered	3078	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I211_2	I211_2: School conducts yearly taste tests with students of healthy foods intended for inclusion in reimbursable meals
Location:	**327**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1942	22.8%
1	yes	2672	31.4%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I212_2	I212_2: All dressing offered for salads and salad bars must be portion controlled and contain no more than 80 calories per serving

Location: **328**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	no	1259	14.8%
1	yes	3355	39.4%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I213_2	I213_2: School offers no desserts or only desserts that meet the Alliance Competitive Foods Guidelines

Location: **329**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	no	1249	14.7%
1	yes	4164	48.9%
-9	missing data: question not answered	3095	36.4%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I214_2	I214_2: School offers nonfried fish at least once a week
Location:	**330**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	3277	38.5%
1	yes	2153	25.3%
-9	missing data: question not answered	3078	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I215_2	I215_2: Oils used during onsite food preparation contain no more than 2 g saturated fat per serving
Location:	**331**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	679	8.0%
1	yes	3935	46.3%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I216_2	I216_2: All gains offered daily at breakfast and lunch are whole grains
Location:	**332**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2823	33.2%
1	yes	2606	30.6%
-9	missing data: question not answered	3079	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I217_2	I217_2: School offers only lean protein products such as lean red meat skinless poultry lean deli meats fatfree or low fat cheese beans tofu etc
Location:	**333**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2836	33.3%
1	yes	2594	30.5%
-9	missing data: question not answered	3078	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I218_2	I218_2: School offers only nonfried products and uses no deep fat frying in food preparation
Location:	**334**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1672	19.7%
1	yes	3758	44.2%
-9	missing data: question not answered	3078	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I219_2	I219_2: Starchy vegetables are limited to one cup per week
Location:	**335**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1913	22.5%
1	yes	2701	31.7%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I220_2	I220_2: School offers at least one low fat entrée daily
Location:	**336**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1882	22.1%
1	yes	3548	41.7%
-9	missing data: question not answered	3078	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I221_2	I221_2: Staff prompts students to choose fruits and vegetables
Location:	**337**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	359	4.2%
1	yes	4255	50.0%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I222_2	I222_2: School engages in marketing of healthy options using posters table tents or creating naming of healthy options
Location:	**338**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	764	9.0%
1	yes	3850	45.3%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I223_2	I223_2: School offers convenient placement of healthy options
Location:	**339**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	813	9.6%
1	yes	3801	44.7%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I224_2	I224_2: School makes use of appealing presentation of foods
Location:	**340**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	589	6.9%
1	yes	4025	47.3%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I225_2	I225_2: School provides quick healthy meal options such as grab and go meals or vending of reimbursable meals
Location:	**341**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2409	28.3%
1	yes	2205	25.9%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I226_2	I226_2: School permits use of prepaid meal funds only for reimbursable meals and competitive foods and beverages that meet Alliance Guidelines
Location:	**342**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1451	17.1%
1	yes	3163	37.2%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I227_2	I227_2: School has a system in place for students or parents to preselect breakfast and lunch
Location:	**343**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	3392	39.9%
1	yes	1222	14.4%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I228_2	I228_2: School designates a meal that meets HSPHUSSC standards as the default option for meals Students or parents who desire other options must actively choose them
Location:	**344**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2645	31.1%
1	yes	1969	23.1%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I229_2	I229_2: Cafeteria environment minimizes distractions from choosing and eating healthy foods through measures such as adequate lighting noise reduction and seating arrangements
Location:	**345**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	879	10.3%
1	yes	3735	43.9%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I301_2	I301_2: All beverages for sale to students outside of the school meals program during the regular and extended school day meet or exceed the Alliance School Beverage Guidelines
Location:	**346**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1290	15.2%
1	yes	4139	48.6%
-9	missing data: question not answered	3079	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I302_2	I302_2: All competitive foods for sale to students outside of the school meals program during the regular and extended school day meet the Alliance Competitive Foods Guidelines
Location:	**347**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2306	27.1%
1	yes	3123	36.7%
-9	missing data: question not answered	3079	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I303_2	I303_2: School policies and practices support that all beverages and competitive foods served to students for school and classroom parties during the regular and extended school day meet the Alliance Guidelines
Location:	**348**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2539	29.8%
1	yes	2890	34.0%
-9	missing data: question not answered	3079	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I304_2	I304_2: School policies and practices support that food is never used as a reward or reinforcement for students
Location:	**349**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2102	24.7%
1	yes	2512	29.5%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I305_2	I305_2: Food and beverages sold and served in the staff lounge and at schoolsponsored staff functions meet at least the Alliance High School Beverage and Competitive Foods Guidelines
Location:	**350**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	3798	44.6%
1	yes	1633	19.2%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I306_2	I306_2: Sports drinks are not available in the school setting except when provided by the school for student athletes participating in sport programs involving vigorous activity of more than one hour
Location:	**351**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1051	12.4%
1	yes	3563	41.9%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I307_2	I307_2: School policies and practices restrict branding and marketing to those competitive foods and beverages that meet the Alliance Guidelines
Location:	**352**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1466	17.2%
1	yes	3148	37.0%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I308_2	I308_2: All entrees served as competitive foods shall meet at least the Alliance School Meals criterion for a low fat lunch entrée
Location:	**353**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1612	18.9%
1	yes	3002	35.3%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I400e_2	I400e_2: Elementary school level: comprehensive health education is required for all students and includes func knowledge and skills based lessons on healthy eating and benefits of PA
Location:	**354**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	809	9.5%
1	yes	2916	34.3%
-9	missing data: question not answered	4783	56.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I400m_2	i400m_2: MS Level: comprehensive health education includes func knowledge and skillsbased lessons on healthy eating & benefits of PA and is taught in a standalone course . . .
Location:	**355**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	273	3.2%
1	yes	928	10.9%
-9	missing data: question not answered	7307	85.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I400h_2	i400h_2: HS Level: comprehensive health education includes func knowledge and skills based lessons on healthy eating & benefits of PA and is taught in a standalone course . . .
Location:	**356**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	57	0.7%
1	yes	669	7.9%
-9	missing data: question not answered	7782	91.5%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I401a_2	I401a_2: At the elementary level comprehensive health education is required for all students and includes functional knowledge and skills based lessons on healthy eating and benefits of physical activity
Location:	**357**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	781	9.2%
1	yes	2433	28.6%
-9	missing data: question not answered	5275	62.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	3	0.0%

I401b_2	I401b_2: Provides a min of 30 minutes per week of instructional time or the equivalent number of minutes annually in grades K2 AND A min of 40 minutes per week of instructional time or the equivalent number of minutes annually in grades 3to5
Location:	**358**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1065	12.5%
1	yes	2149	25.3%
-9	missing data: question not answered	5275	62.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	3	0.0%

I402_2	I402_2: MS: Comprehensive health ed required for at least 1 grade
Location:	**359**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	363	4.3%
1	yes	1071	12.6%
-9	missing data: question not answered	4257	50.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	2817	33.1%

I402a_2	I402a_2: At the MS level comp HE includes func knowledge & skills-based lessons on healthy eating & ben of physical activity & is taught in a stand-alone HE course for at least 9 wks OR planned units of study are inc w other subjects over the year
Location:	**360**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	409	4.8%
1	yes	792	9.3%
-9	missing data: question not answered	7277	85.5%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	14	0.2%

I402b_2	I402b_2: At the middle school level comprehensive health education is required in at least 1 grade
Location:	**361**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	275	3.2%
1	yes	926	10.9%
-9	missing data: question not answered	7277	85.5%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	14	0.2%

I403_2	I403_2: HS: Comprehensive health ed required and taught in a term-long course for at least 9 weeks
Location:	**362**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	152	1.8%
1	yes	724	8.5%
-9	missing data: question not answered	3798	44.6%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	3834	45.1%

I403a_2	I403a_2: At the high school level comprehensive health education includes functional knowledge and skillsbased lessons on healthy eating and benefits of physical activity
Location:	**363**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	121	1.4%
1	yes	608	7.1%
-9	missing data: question not answered	7749	91.1%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	14	0.2%

I403b_2	I403b_2: At the high school level comprehensive health education is required for high school graduation
Location:	**364**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	133	1.6%
1	yes	596	7.0%
-9	missing data: question not answered	7749	91.1%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	14	0.2%

I403c_2	I403c_2: At the high school level comprehensive health education is taught in a term-long course for at least nine weeks
Location:	**365**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	97	1.1%
1	yes	632	7.4%
-9	missing data: question not answered	7749	91.1%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	14	0.2%

I404b_2	I404b_2: At the ES level comp HE provides a min of 40 minutes per wk of instructional time or the equiv number of minutes annually in grades Kto2 AND A min of 80 minutes per wk of instruc time or the equiv number of minutes annually in grades 3to5
Location:	**366**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1859	21.9%
1	yes	1355	15.9%
-9	missing data: question not answered	5275	62.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	3	0.0%

I405_2	I405_2: MS: Comprehensive health ed required for at least 1 grade
Location:	**367**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	630	7.4%
1	yes	879	10.3%
-9	missing data: question not answered	4182	49.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	2817	33.1%

I405a_2	I405a_2: At the MS level, comp HE includes func knowledge & skillsbased lessons on healthy eating & benefits of PA & is taught in a standalone HE course for at least 9 wks OR planned units of study are inc w other subjects over the yr
Location:	**368**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	499	5.9%
1	yes	702	8.3%
-9	missing data: question not answered	7277	85.5%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	14	0.2%

I405b_2	I405b_2: At the middle school level comprehensive health education is required in at least 2 grades
Location:	**369**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	456	5.4%
1	yes	745	8.8%
-9	missing data: question not answered	7277	85.5%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	14	0.2%

I406a_2	I406a_2: At the high school level comprehensive health education includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity
Location:	**370**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	145	1.7%
1	yes	584	6.9%
-9	missing data: question not answered	7749	91.1%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	14	0.2%

I406b_2	I406b_2: At the high school level comprehensive health education is required for half credit for high school graduation
Location:	**371**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	195	2.3%
1	yes	534	6.3%
-9	missing data: question not answered	7749	91.1%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	14	0.2%

I406c_2	I406c_2: At the high school level comprehensive health education is taught in a semesterlong course or two termlong courses
Location:	**372**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	210	2.5%
1	yes	519	6.1%
-9	missing data: question not answered	7749	91.1%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	14	0.2%

I407_2	I407_2: Health education curriculum and instructional strategies meet the diverse needs and interests of all students
Location:	**373**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1299	15.3%
1	yes	4132	48.6%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I408a_2	I408a_2: At the elementary level comprehensive health education is required for all students and includes functional knowledge and skillsbased lessons on healthy eating and benefits of physical activity
Location:	**374**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1253	14.7%
1	yes	1961	23.0%
-9	missing data: question not answered	5275	62.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	3	0.0%

I408b_2	I408b_2: At the ES level comp HE provides a min of 80 minutes per wk of instructional time or the equiv number of minutes annually in grades Kto2 AND A min of 120 minutes per wk of instruct time or the equiv number of minutes annually in grades 3to5
Location:	**375**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2367	27.8%
1	yes	847	10.0%
-9	missing data: question not answered	5275	62.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	3	0.0%

I409_2	I409_2: MS: Comprehensive health ed required for every grade
Location:	**376**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	771	9.1%
1	yes	738	8.7%
-9	missing data: question not answered	4182	49.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	2817	33.1%

I409a_2	I409a_2: At the MS level comp HE inc func knowledge & skillsbased lessons on healthy eating & benefits of PA & is taught in a standalone HE course for >9 wks over the yr OR planned units of study are inc w other subj over the yr
Location:	**377**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	463	5.4%
1	yes	738	8.7%
-9	missing data: question not answered	7277	85.5%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	14	0.2%

I409b_2	I409b_2: At the middle school level comprehensive health education is required in every grade
Location:	**378**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	561	6.6%
1	yes	640	7.5%
-9	missing data: question not answered	7277	85.5%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	14	0.2%

I410_2	I410_2: 410 response
Location:	**379**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1	0.0%
1	yes	4	0.0%
-9	missing data: question not answered	3978	46.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4525	53.2%
-1	missing data: not asked at school level	0	0.0%

I410a_2	I410a_2: At the high school level comprehensive health education includes functional knowledge and skillsbased lessons on healthy eating and benefits of physical activity
Location:	**380**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	122	1.4%
1	yes	607	7.1%
-9	missing data: question not answered	7749	91.1%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	14	0.2%

I410b_2	I410b_2: At the high school level comprehensive health education is required for one credit for high school graduation
Location:	**381**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	307	3.6%
1	yes	422	5.0%
-9	missing data: question not answered	7749	91.1%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing data: not asked at school level	14	0.2%

I411_2	I411_2: Healthy eating and physical activity messages are integrated into at least two other subjects to reinforce what is taught in health education
Location:	**382**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1750	20.6%
1	yes	3681	43.3%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I412_2	I412_2: Health education is taught by trained teachers at the elementary school level and teachers are licensed or certified in health education at the middle and high school levels
Location:	**383**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1308	15.4%
1	yes	4123	48.5%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I413_2	I413_2: All teachers who teach HE receive annual prof dev on effective practices for HE including healthy eating & benefits of PA for a minimum of three contact hours at the elementary level and six contact hours at the middle and high school levels
Location:	**384**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2845	33.4%
1	yes	2586	30.4%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I414_2	I414_2: All students are assessed in health education and results are reported on the report card every term that health education is required
Location:	**385**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2648	31.1%
1	yes	2783	32.7%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I415_2	I415_2: Healthy eating and physical activity instruction is aligned to the national/state health education standards
Location:	**386**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	936	11.0%
1	yes	4495	52.8%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I416_2	I416_2: District or school utilized the CDC's Health Education Curriculum Analysis Tool HECAT healthy eating and physical activity modules to enhance develop or select an appropriate and effective health education curriculum
Location:	**387**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	3710	43.6%
1	yes	1704	20.0%
-9	missing data: question not answered	3094	36.4%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I501_2	I501_2: A school employee wellness leader or committee has been identified
Location:	**388**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	506	5.9%
1	yes	4925	57.9%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I502_2	I502_2: A school employee wellness needs or interest assessment has been conducted yearly with staff
Location:	**389**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2179	25.6%
1	yes	3252	38.2%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I503_2	I503_2: School staff have opportunities to participate in physical activities OR healthy eating programs
Location:	**390**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	742	8.7%
1	yes	3872	45.5%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I504_2	I504_2: School staff have opportunities to participate in physical activities AND healthy eating programs
Location:	**391**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1848	21.7%
1	yes	3583	42.1%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I505_2	I505_2: School staff are actively participating in physical activity and healthy eating programs
Location:	**392**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1969	23.1%
1	yes	2645	31.1%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I506_2	I506_2: School or district annually evaluates the employee wellness program
Location:	**393**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2439	28.7%
1	yes	2992	35.2%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I507_2	I507_2: District has a comprehensive employee wellness program
Location:	**394**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1777	20.9%
1	yes	2837	33.3%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I508_2	I508_2: District insurance coverage provides obesity prevention and treatment services for staff
Location:	**395**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1826	21.5%
1	yes	2788	32.8%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I600_2	I600_2: Allows students of all grades to enroll in additional physical education
Location:	**396**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	128	1.5%
1	yes	965	11.3%
-9	missing data: question not answered	7415	87.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I601_2	I601_2: Requires all students at the elementary school level to participate in a minimum of 60 minutes of physical education per week
Location:	**397**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	718	8.4%
1	yes	3036	35.7%
-9	missing data: question not answered	4749	55.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	5	0.1%

I602a_2	I602a_2: Requires all students at the middle school level to participate in a minimum of 90 minutes per week
Location:	**398**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	369	4.3%
1	yes	1139	13.4%
-9	missing data: question not answered	6986	82.1%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	14	0.2%

I602b_2	I602b_2: Requires all students at the middle school level to participate in physical education for the equivalent of one year
Location:	**399**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	217	2.6%
1	yes	1295	15.2%
-9	missing data: question not answered	6982	82.1%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	14	0.2%

I603_2	I603_2: 603 response
Location:	**400**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2	0.0%
1	yes	3	0.0%
-9	missing data: question not answered	3978	46.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4525	53.2%
-1	missing data: not asked at school level	0	0.0%

I603a_2	I603a_2: Requires all students at the high school level to participate in physical education for the equivalent of one half year
Location:	**401**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	59	0.7%
1	yes	833	9.8%
-9	missing data: question not answered	7614	89.5%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	2	0.0%
-1	missing data: not asked at school level	0	0.0%

I603b_2	I603b_2: Allows students of all grades to enroll in additional physical education
Location:	**402**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	119	1.4%
1	yes	627	7.4%
-9	missing data: question not answered	7760	91.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	2	0.0%
-1	missing data: not asked at school level	0	0.0%

I604_2	I604_2: Requires all students at the elementary school level to participate in a minimum of 90 minutes of physical education per week
Location:	**403**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1666	19.6%
1	yes	1952	22.9%
-9	missing data: question not answered	4885	57.4%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	5	0.1%

I605a_2	I605a_2: Requires all students at the middle school level to participate in a minimum of 135 minutes per week
Location:	**404**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	661	7.8%
1	yes	774	9.1%
-9	missing data: question not answered	7059	83.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	14	0.2%

I605b_2	I605b_2: Requires all students at the middle school level to participate in physical education for the equivalent of two years
Location:	**405**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	410	4.8%
1	yes	1087	12.8%
-9	missing data: question not answered	6997	82.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	14	0.2%

I606_2	I606_2: 606 response
Location:	**406**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	4	0.0%
1	yes	1	0.0%
-9	missing data: question not answered	3978	46.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4525	53.2%
-1	missing data: not asked at school level	0	0.0%

I606a_2	I606a_2: Requires all students at the high school level to participate in physical education for the equivalent of one year
Location:	**407**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	174	2.0%
1	yes	695	8.2%
-9	missing data: question not answered	7622	89.6%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	3	0.0%
-1	missing data: not asked at school level	14	0.2%

I606b_2	I606b_2: Allows students of all grades to enroll in additional physical education
Location:	**408**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	138	1.6%
1	yes	592	7.0%
-9	missing data: question not answered	7760	91.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4	0.0%
-1	missing data: not asked at school level	14	0.2%

I607_2	I607_2: Physical education instructional strategies and other practices meet the diverse needs and interests of all students
Location:	**409**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	377	4.4%
1	yes	5054	59.4%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I608_2	I608_2: Requires all students at the elementary school level to participate in a minimum of 150 minutes of physical education per week

Location: **410**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	no	2601	30.6%
1	yes	1017	12.0%
-9	missing data: question not answered	4885	57.4%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	5	0.1%

I609a_2	I609a_2: Requires all students at the middle school level to participate in a minimum of 225 minutes per week

Location: **411**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	no	985	11.6%
1	yes	449	5.3%
-9	missing data: question not answered	7059	83.0%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	1	0.0%
-1	missing data: not asked at school level	14	0.2%

I609b_2	I609b_2: Requires all students at the middle school level to participate in physical education for all years
Location:	**412**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	595	7.0%
1	yes	901	10.6%
-9	missing data: question not answered	6997	82.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	1	0.0%
-1	missing data: not asked at school level	14	0.2%

I610_2	I610_2: 610 response
Location:	**413**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	3	0.0%
1	yes	2	0.0%
-9	missing data: question not answered	3978	46.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4525	53.2%
-1	missing data: not asked at school level	0	0.0%

I610a_2	I610a_2: Requires all students at the high school level to participate in physical education for one and one half years
Location:	**414**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	436	5.1%
1	yes	433	5.1%
-9	missing data: question not answered	7622	89.6%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	3	0.0%
-1	missing data: not asked at school level	14	0.2%

I610b_2	I610b_2: Allows students of all grades to enroll in additional physical education
Location:	**415**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	166	2.0%
1	yes	565	6.6%
-9	missing data: question not answered	7760	91.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	3	0.0%
-1	missing data: not asked at school level	14	0.2%

I611_2	I611_2: Physical education is taught by licensed or certified physical educators at all grade levels
Location:	**416**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	309	3.6%
1	yes	5082	59.7%
-9	missing data: question not answered	3117	36.6%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I612_2	I612_2: Students are engaged in moderate to vigorous physical activity at least 50 percent of physical education class time
Location:	**417**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	271	3.2%
1	yes	5160	60.6%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I613_2	I613_2: Physical education classes are appropriately modified or adapted to promote the participation of all students
Location:	**418**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	263	3.1%
1	yes	5168	60.7%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I614_2	I614_2: All teachers who teach physical education participate in annual professional development on effective practices for physical education for a minimum of 6 contact hours
Location:	**419**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1322	15.5%
1	yes	4109	48.3%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I615_2	I615_2: All students are assessed in mastery of skills and content in physical education and results are on the report card every term that physical education is required
Location:	**420**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1213	14.3%
1	yes	4218	49.6%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I616_2	I616_2: Instruction is based on a written and sequential curriculum that is aligned to the national/state physical education standards
Location:	**421**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	544	6.4%
1	yes	4887	57.4%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I617_2	I617_2: School provides fitness education conducts annual health related fitness assessments and utilizes assessment results to direct instruction and create individualized physical activity fitness plans that include goal setting and monitoring
Location:	**422**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1279	15.0%
1	yes	3335	39.2%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I618_2	I618_2: Student teacher ratio in physical education is comparable with other classes at all grade levels
Location:	**423**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1398	16.4%
1	yes	4033	47.4%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I619_2	I619_2: Physical education requirements are not waived for other activities or classes
Location:	**424**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1745	20.5%
1	yes	3233	38.0%
-9	missing data: question not answered	3082	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	448	5.3%

I620_2	I620_2: District or school utilized the CDCs Physical Education Curriculum Analysis Tool PECAT to enhance, develop or select an appropriate and effective physical education curriculum
Location:	**425**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	3654	42.9%
1	yes	1777	20.9%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I701_2	I701_2: At the elementary school level school offers at least 20 minutes of recess daily ELE
Location:	**426**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	736	8.7%
1	yes	3080	36.2%
-9	missing data: question not answered	4685	55.1%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	7	0.1%

I702_2	I702_2: At the elementary school level classes participate in recess before lunch ELE
Location:	**427**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2028	23.8%
1	yes	1248	14.7%
-9	missing data: question not answered	5225	61.4%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	7	0.1%

I703_2	I703_2: Before and afterschool programs dedicate at least 20 percent of their time to physical activity ELE
Location:	**428**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	1321	15.5%
1	Yes	2674	31.4%
-9	missing: question not answered	4409	51.8%
-8	missing: question not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing: question not asked at school level	105	1.2%

I704_2	I704_2: All before and after school program staff participate in annual professional development including physical activity and healthy eating as an element of their program ELE
Location:	**429**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	2422	28.5%
1	Yes	1573	18.5%
-9	missing: question not answered	4409	51.8%
-8	missing: question not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing: question not asked at school level	105	1.2%

I705_2	I705_2: Snacks are served as part of the After School Snack or Meal Program reimbursed through the USDA or an independent snack program that meets the Alliance Competitive Foods and Beverage Guidelines ELE MS

Location: **430**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	No	1483	17.4%
1	Yes	3280	38.5%
-9	missing: question not answered	3641	42.8%
-8	missing: question not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing: question not asked at school level	105	1.2%

I706_2	I706_2: Afterschool programs academic enrichment and tutoring that serve snacks incorporate nutrition education ELE MS

Location: **431**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	no	2056	24.2%
1	yes	1977	23.2%
-9	missing data: question not answered	4475	52.6%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I707_2	I707_2: School provides opportunities for students to participate in daily physical activity during the school day excluding recess and physical education ELE MS HS

Location: **432**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	no	2114	24.8%
1	yes	3317	39.0%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I708_2	I708_2: School utilizes community resources to provide physical activity and/or nutrition education opportunities before or after school ELE MS HS

Location: **433**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	no	1810	21.3%
1	yes	2804	33.0%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I709_2	I709_2: School connects students and families with physical activity opportunities in the community ELE MS HS

Location: **434**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	No	1283	15.1%
1	Yes	4043	47.5%
-9	missing: question not answered	3078	36.2%
-8	missing: question not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing: question not asked at school level	105	1.2%

I710_2	I710_2: School actively supports and promotes walking or bicycling to and from school ELE MS HS

Location: **435**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	no	2515	29.6%
1	yes	2916	34.3%
-9	missing data: question not answered	3077	36.2%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I711_2	I711_2: School policies and practices support that physical activity is not used for or withheld as punishment for students ELE MS HS
Location:	**436**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1010	11.9%
1	yes	3604	42.4%
-9	missing data: question not answered	3894	45.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I712_2	I712_2: School offers a range of competitive physical activity opportunities intramural or interscholastic sports for all grades before or after the school day MS HS
Location:	**437**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	1119	13.2%
1	yes	2123	25.0%
-9	missing data: question not answered	5266	61.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I713_2	I713_2: School offers a range of noncompetitive physical activity opportunities aimed at engaging students in fun recreational and lifelong learning opportunities before or after the school day for all grades MS HS

Location: **438**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	no	1369	16.1%
1	yes	1873	22.0%
-9	missing data: question not answered	5266	61.9%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I714_2	I714_2: School provides access to before and after school offerings by making transportation options available MS HS

Location: **439**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
0	no	1560	18.3%
1	yes	865	10.2%
-9	missing data: question not answered	6083	71.5%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	0	0.0%
-1	missing data: not asked at school level	0	0.0%

I201_2	I201_2: 201 response
Location:	**440**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2	0.0%
1	yes	14	0.2%
-9	Missing data: question not answered	3967	46.6%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4525	53.2%

I401_2	I401_2: 401 response
Location:	**441**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	3	0.0%
1	yes	9	0.1%
-9	Missing data: question not answered	3971	46.7%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4525	53.2%

I404_2	I404_2: 404 response
Location:	**442**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	6	0.1%
1	yes	6	0.1%
-9	Missing data: question not answered	3971	46.7%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4525	53.2%

I404a_2	I404a_2: At the elementary level comprehensive health education is required for all students and includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity
Location:	**443**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	1108	13.0%
1	Yes	2106	24.8%
-9	missing: question not answered	5276	62.0%
-8	missing: question not asked (question not asked on version of inventory or unable to determine based on mismatch)	16	0.2%
-1	missing: question not asked at school level	3	0.0%

I406_2	I406_2: 406 response
Location:	**444**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	2	0.0%
1	yes	3	0.0%
-9	Missing data: question not answered	3978	46.8%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4525	53.2%

I408_2	I408_2: 408 response
Location:	**445**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	no	7	0.1%
1	yes	5	0.1%
-9	Missing data: question not answered	3971	46.7%
-8	missing data: not asked (question not asked on version of inventory or unable to determine based on mismatch)	4525	53.2%

NScales_2	Number of Inventory Scales Completed at Follow-up
Location:	**446**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5440	3069	6	8	7.13	7.00	.339

Overall_2	Overall_2: Overall Score
Location:	**447**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No level	640	7.5%
1	Bronze	134	1.6%
2	Silver	46	0.5%
3	Gold	4	0.0%
4	Platinum	0	0.0%
-9	missing	7684	90.3%

TotSum_2	TotSum_2: Total
Location:	**448**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
824	7685	0	27	10.12	9.00	5.783

YrsPrePost	Years between baseline and followup
Location:	**449**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5440	3069	0	7	1.78	2.00	1.397

BCDPolicyG	Policy/Systems (gain items)
Location:	**450**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5250	3259	-80.00	100.00	8.6629	0.0000	21.62574

BCDMealsG	School Meals (gain items)
Location:	**451**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5253	3256	-61.54	100.00	13.8544	7.6923	18.94513

BCDFoodsG	Competitive Foods and Beverages (gain items)
Location:	**452**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5248	3261	-100.00	100.00	6.3786	0.0000	30.42517

BCDHlthEdG	Health Education (gain items)
Location:	**453**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4959	3550	-100.00	100.00	11.2099	0.0000	24.40433

BCDStaffG	Staff Wellness (gain items)
Location:	**454**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5249	3260	-100.00	100.00	21.3231	25.0000	31.92200

BCDPhysEdG	Physical Education (gain items)
Location:	**455**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
2535	5974	-66.67	81.82	4.8109	0.0000	13.73271

BCDStudentG	Student Wellness (gain items)
Location:	**456**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5180	3329	-85.71	120.00	11.1427	0.0000	25.56325

BCDTotalG	Total Score (gain items)
Location:	**457**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
5206	3303	-54.90	84.31	16.2667	13.7255	15.88619

BCDPolicyC	Policy/Systems (change items)
Location:	**458**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	3352	39.4%
1	Yes	1898	22.3%
-9	missing	3258	38.3%

BCDMealsC	School Meals (change items)
Location:	**459**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	1460	17.2%
1	Yes	3793	44.6%
-9	missing	3255	38.3%

BCDFoodsC	Competitive Foods and Beverages (change items)
Location:	**460**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	3658	43.0%
1	Yes	1590	18.7%
-9	missing	3260	38.3%

BCDHlthEdC	Health Education (change items)
Location:	**461**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	2749	32.3%
1	Yes	2210	26.0%
-9	missing	3549	41.7%

BCDStaffC	Staff Wellness (change items)
Location:	**462**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	2538	29.8%
1	Yes	2711	31.9%
-9	missing	3259	38.3%

BCDPhysEdC	Physical Education (change items)
Location:	**463**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	1646	19.3%
1	Yes	889	10.4%
-9	missing	5973	70.2%

BCDStudentC	Student Wellness (change items)
Location:	**464**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	2894	34.0%
1	Yes	2286	26.9%
-9	missing	3328	39.1%

BCDTotalC	Total Score (change items)
Location:	**465**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	649	7.6%
1	Yes	4557	53.6%
-9	missing	3302	38.8%

BCDn_1	Number with baseline (change items)
Location:	**466**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	1514	17.8%
1	Yes	6994	82.2%
-9	missing	0	0.0%

BCDn_2	Number with followup (change items)
Location:	**467**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	3077	36.2%
1	Yes	5431	63.8%
-9	missing	0	0.0%

BCDnc	Number with change (change items)
Location:	**468**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	3250	38.2%
1	Yes	5258	61.8%
-9	missing	0	0.0%

iPolicyG	Policy/Systems (gain items)
Location:	**469**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
2273	6236	-64	100	11.41	0.00	19.746

iMealsG	School Meals (gain items)
Location:	**470**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
2273	6236	-61	90	11.15	6.45	13.780

iFoodsG	Competitive Foods and Beverages (gain items)
Location:	**471**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
2273	6236	-88	100	5.79	0.00	18.609

iHlthEdG	Health Education (gain items)
Location:	**472**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
1424	7085	-91	92	3.49	0.00	15.353

iStaffG	Staff Wellness (gain items)
Location:	**473**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
2273	6236	-88	100	12.89	0.00	21.854

iPhysEdG	Physical Education (gain items)
Location:	**474**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
1905	6604	-71	71	3.20	0.00	10.654

iStudentG	Student Wellness (gain items)
Location:	**475**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
2232	6277	-70	110	6.76	0.00	16.053

iTotalG	Total Score (gain items)
Location:	**476**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
2232	6277	-48	71	12.39	8.51	13.407

iPolicyC	Policy/Systems (change items)
Location:	**477**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	1141	13.4%
1	Yes	1132	13.3%
-9	missing	6235	73.3%

iMealsC	School Meals (change items)
Location:	**478**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	311	3.7%
1	Yes	1962	23.1%
-9	missing	6235	73.3%

iFoodsC	Competitive Foods and Beverages (change items)
Location:	**479**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	1686	19.8%
1	Yes	587	6.9%
-9	missing	6235	73.3%

iHlthEdC	Health Education (change items)
Location:	**480**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	1090	12.8%
1	Yes	334	3.9%
-9	missing	7084	83.3%

iStaffC	Staff Wellness (change items)
Location:	**481**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	1225	14.4%
1	Yes	1048	12.3%
-9	missing	6235	73.3%

iPhysEdC	Physical Education (change items)
Location:	**482**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	1383	16.3%
1	Yes	522	6.1%
-9	missing	6603	77.6%

iStudentC	Student Wellness (change items)
Location:	**483**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	1460	17.2%
1	Yes	772	9.1%
-9	missing	6276	73.8%

iTotalC	Total Score (change items)
Location:	**484**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	250	2.9%
1	Yes	1982	23.3%
-9	missing	6276	73.8%

Crosswalk of Inventory Versions A Through D

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
Policy and Systems: 11 Items **2007 → 2011vB Common items: 5** **2008 → 2011vB Common items: 10** **2011vA to 2011vB Common items: 11**								
—	B01	C01	101	101	School is implementing the district wellness policy and providing feedback to the district regarding its progress annually			
—	—	C03	102	102	School has an active wellness council/committee that meets at least every other month during the school year			N/A
—	B11	C06	103	103	Family members and guardians have the opportunity to provide input to the implementation of wellness policy activities			
—	B10	C07d	104	104	Students have the opportunity to provide input to the implementation of wellness policy activities			
—	—	C02	105	105	The status of wellness policy implementation at the school levels is communicated annually to school staff, students, and families			N/A
—	—	—	106	106	School wellness council/committee recommends new or revised health or wellness policies and activities to the district		N/A	N/A

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
—	B06	C07a	107	107	Drinking water is available to students free of charge at all times during the school day			
—	B09	C07e	108	108	School grounds and /or buildings are open to students, their families and the community for access to physical activities			
—	—	C07g	109	109	School has secured funds or leveraged resources to support wellness priorities for students and staff			N/A
—	—	C07h	110	110	School's wellness goals are integrated into the overall school improvement plan			N/A
—	—	C07i	111	111	School tracks students' body mass index and reports the results to the district in aggregate on an annual basis.			N/A
—	B07ab	C07c	—	—	School wellness is a standing agenda item on the site council and/or parent group meetings	N/A	N/A	N/A
School Meals: 31 items **2007 → 2011vB Common items: 13** **2007 → 2011vA Common Items: 11 + 1 conditional** **2008 → 2011vB Common items: 14** **2008 → 2011vA Common Items: 12 + 1 conditional** **2011vA to 2011vB Common items: 27 + 1 conditional**								
—	B13	C08	—	201a	School serves breakfast and lunch			
—	B15	C10	—	201b	School breakfast and lunch programs meet USDA School Meals Initiative (SMI) standards for reimbursable meals			
—	—	—	—	201c	USDA meal program participating		N/A	N/A

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
					district has had a SMI review in the past 5 years and all corrective actions have been completed.			
—	B16	C11	202	202	Annual training covering basic nutrition and healthy eating concepts (techniques for reducing fat and sodium in food preparation, portion control, culinary techniques for handling fresh food, etc.) is completed by 100% of food service staff who prepare and serve meals			
A13a	B19a	C14a	203	203	School offers only unflavored low fat milk (1% or lower milk fat) or fat-free flavored milk with no more than 150 calories per 8 oz.			
A13d	B19d	C14d	Cond.	204	School offers at least five non-fried, no/low added sugar fruit and or vegetables options daily. Fruit that is fresh, frozen, or canned in juice or light syrup is acceptable. Salad may be counted as one of the five servings. Potato products that have been par-fried (e.g., French fries, hash browns, tater tots) count only if they meet the Alliance Comp. Food Guidelines. (Yes; No, 4 options offered daily; No, 1-3 options are offered daily).	RECODE I204 ('no-4' = '1') ('yes' = '1') ('no-3-or-fewer' = '0'). Note: v.A to v.B: This is a partially common item. If v.A = yes, then it is common. If v.A = no, then response is missing. The third option "4 options offered daily" was added to the v.B.	Rename vars (c14d = i204).	*This is a match if 204 = yes or No, 4 options offered daily and B19d = yes OR if 204 = no and b19d = no* Rename vars (b19d = i204).

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
A13c	B19c	C14c	205	205	At least one fruit other than 100% juice is offered at breakfast. Fruit may be fresh, canned, or frozen in fruit juice or light syrup			
—	—	—	206	206	A different fruit is served every day of the week at lunch. All servings must be at least ¼ cup. Dried fruit must have no added sugars. Fruit that is fresh, frozen or canned in juice or light syrup in acceptable.		N/A	N/A
—	—	—	207	207	A different vegetable is served every day of the week at lunch. All servings must be at least ¼ cup.		N/A	N/A
—	—	—	208	208	Starchy vegetables are limited to amounts specified by USDA		N/A	N/A
A13b	B19b	C14b	209	209	Half of all grains at breakfast and half of all grains at lunch must be whole grains			
—	B17a	C12a	210	210	Breakfast and lunch menus are available in the languages that parents primarily speak			
—	—	—	211	211	School conducts yearly taste tests, with students, of healthy foods (fruits, vegetables, whole grains, lean proteins, low fat entrees, and fat-free or low fat dairy) intended for inclusion in reimbursable meals		N/A	N/A
—	—	—	212	212	All dressing offered for salads and salad bar must be portion controlled and contain no more than 80 calories per serving		N/A	N/A

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
—	—	C14k	213	213	School offers no desserts or only desserts that met the Alliance Competitive Foods Guidelines			N/A
—	B19h	C14h	214	214	School offers non-fried fish at least once a week. Fish products that meet the criterion for lean proteins (10g or less total fat, 4.5g or less saturated fat, and less than 95mg cholesterol per serving and per 100g) are permitted.			
—	—	—	215	215	Oils used during onsite food preparation contain no more than 2g saturated fat per serving (1 tbsp).		N/A	N/A
—	B18	C13	216	216	All grains offered daily, at breakfast and lunch, are whole grains.			
A13i	B19i	C14i	217	217	School offers only lean protein products such as lean red meat, skinless poultry, lean deli meats, fat-free or low fat cheese, beans, tofu, etc. (Lean: 10g or less total fat, 4.5g or less saturated fat, and less than 95mg cholesterol per serving and per 100g.) The following are exempt: one egg with not fat added; up to 1.5 ounces of reduced fat cheese.			

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
A13g	B19g	C14g	218	218	School offers only non-fried products and uses not deep fat frying in food preparation. Par-fried meat/meat alternate products that meet the Alliance criterion for lean proteins and side items (i.e., potato products) that meet the Alliance Competitive Foods Guidelines are permitted.			
—	—	—	219	219	Starchy vegetables are limited to one cup per week.		N/A	N/A
A13e	B19e	C14e	220	220	School offers at least one low fat entrée daily, with no more than 12g total fat, 4.5g saturated fat, zero trans fat, and 480 mg sodium.			
—	—	—	221	221	Staff prompts students to choose fruits and vegetables.		N/A	N/A
—	—	—	222	222	School engages in marketing of healthy options using posters, table tents, or creative naming of healthy options.		N/A	N/A
—	—	—	223	223	School offers convenient placement of healthy options, e.g., near the register.		N/A	N/A
—	—	—	224	224	School makes use of appealing presentation of foods.		N/A	N/A
—	—	—	225	225	School provides quick healthy meal options such as “grab and go” meals or vending of reimbursable meals.		N/A	N/A

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
—	—	—	226	226	School permits use of prepaid meal funds only for reimbursable meals and competitive foods and beverages that meet Alliance Guidelines.		N/A	N/A
—	—	—	227	227	School has a system in place for students or parents to preselect breakfast and lunch.		N/A	N/A
—	—	—	228	228	School designates a meal that meets HSP/HUSSC standards as the default option for meals. Students or parents who desire other options must actively choose them.		N/A	N/A
—	—	—	229	229	Cafeteria environment minimizes distractions from choosing and eating healthy foods through measures such as adequate lighting, noise reduction and seating arrangements		N/A	N/A
—	B14	C09	—	—	Our National School Breakfast and Lunch Program or independent meals program meets USDA access standards with a plan in place to avoid "overt identification" of students who qualify for free or reduced-price meals.	N/A	N/A	N/A
—	B17b	C12b	—	—	Yearly taste foods that are representative of the variety of religions and cultures that make up the student community are conducted annually	N/A	N/A	N/A

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
—	B17c	C12c	—	—	The cafeteria uses an electronic point-of-sale system that protects low-income students participating in the free or reduced-price meal program from being stigmatized	N/A	N/A	N/A
A13f	B19f	C14f	—	—	Uses only unsaturated, zero trans fat oils during on-site (post-manufactured) food preparation	N/A	N/A	N/A
Competitive Food and Beverages: 8 items **2007 → 2011vB Common items: 4** **2008 → 2011vB Common items: 4** **2011vA to 2011vB Common items: 8**								
A14	B20	C15	301	301	All beverages for sale to students outside of the school meals program during the regular and extended school day meet or exceed the Alliance School Beverage Guidelines. This includes a la carte, vending, snack and other food carts, school store and fundraising.			
A15	B22	C17	302	302	All competitive foods for sale to students outside of the school meals program during the regular and extended school day meet the Alliance Competitive Foods Guidelines. This includes a la carte, vending, snack and other food carts, school store and fundraising.			

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]

—	B23
	B24
		C18
		C19
			303	303	School policies and practices support that all beverages and competitive foods served to students for school and classroom parties during the regular and extended school day meet the Alliance Guidelines (Exception allowed for a total of two times per year).		*Combines C18 and C19.*
							If C18 and C19 = yes and 303 = yes, there is a match.
							If C18 and/or C19 = no and 303 = yes, not a match.
							If C18 and/or C19 = no and 303 = no, there is a match.
							Compute i303 = -9.
							if (c18 = 1 and c19 = 1) i303 = 1.
							if (c18 = 0 or c19 = 0) i303 = 0.
							Add value labels i303 -9 'missing data: cannot be compared'.
							MISSING VALUES i303 (-9).
								Combines b23 and b24, If B23 and B24 = yes and 303 = yes, there is a match.
								If b23 and/or B24 = no and 303 = yes, not a match.
								If b23 and/or b24 = no and 303 = no, there is a match.
								Compute i303 = -9.
								If (b23 = 1 and b24 = 1) i303 = 1.
								If (b23 = 0 or b24 = 0) i303 = 0.
								Add value labels i303 -9 'missing data: can not be compared'.
								MISSING VALUES i303 (-9).

—	—	—	304	304	School policies and practices support that food is never used as a reward or reinforcement for students		N/A	N/A
A30	B34	C29	305	305	Food and beverages sold and served in the staff lounge and at school-sponsored staff functions meet at least the Alliance High School Beverage and Competitive Foods Guidelines			

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
—	—	—	306	306	Sports drinks (and "other beverages" between 11-66 calories per 8 ounces) are not available in the school setting except when provided by the school for student athletes participating in sport programs involving vigorous activity or more than one hour		N/A	N/A
—	—	—	307	307	School policies and practices restrict branding and marketing to those competitive foods and beverages that meet the Alliance Guidelines		N/A	N/A
—	—	—	308	308	All entrees served as competitive foods (e.g., a la carte, school store, vending, snack cart) shall meet, at least, the Alliance School Meals criterion for a low fat lunch entrée: No more than 12g total fat, 4.5g saturated fat, zero trans fat and 480 mg sodium		N/A	N/A
—	B21a	C16a	—	—	Completed an inventory of all competitive foods currently offered in vending machines, on a la carte lines, as fundraisers, and school stores and on snack carts to identify which meet the Alliance Competitive Foods Guidelines	N/A	N/A	N/A
—	B21b	C16b	—	—	Created a list of competitive foods available from vendor(s) that meet the Alliance Competitive Foods Guidelines	N/A	N/A	N/A

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
—	B21c	C16c	—	—	Developed a written policy stating that all competitive foods will be compliant with the Alliance Competitive Foods Guidelines within 12 months and sent this policy to parents and guardians	N/A	N/A	N/A
—	B21d	C16d	—	—	Ensured all new Requests for Proposals and/or Requests for Quotes that contain competitive foods and are issued during this school year (even if effective for future school years) include only competitive foods that meet the Alliance Competitive Foods Guidelines	N/A	N/A	N/A
—	B21e	C16e	—	—	Lowered the price of compliant competitive foods and raised the price of non-compliant foods in all areas where competitive foods are sold	N/A	N/A	N/A
—	B21f	C16f	—	—	Substituted at least two candy or bake sale fundraisers with healthier alternatives'	N/A	N/A	N/A
—	B21g	C16g	—	—	Conducted and evaluated one or more initiatives to engage students in leading change toward healthier competitive foods at the school	N/A	N/A	N/A
—	B21h	C16h	—	—	Conducted a marketing campaign to promote nutritious snack choices in all areas where competitive foods are sold based on input from students, school staff, administration and food service staff	N/A	N/A	N/A

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
Health Education: 27 items **2007 → 2011vB Common items: 13** **2008 → 2011vB Common items: 14** **2011vA to 2011vB Common items: 7**				**2007 → 2011vA Common items: 6** **2008 → 2011vA Common items: 7**				
A22	B25	C20	—	401a 404a 408a	At the elementary level, comprehensive health education is required for all students and includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity	Do if (LEVEL = 1). Compute i400e = max(i401a, i404a, i408a). End if. Var labels i400e 'Elementary school level: comprehensive health education is required for all students and includes func knowledge and skills based lessons on healthy eating and benefits of PA'.	RENAME VAR c20 = i400e. if (level = 2 or level = 3 or level = 5) i403 = $sysmis.	RECODE b25 (1 = sysmis) (2 = 1) (3 = 0) INTO i400e. if (level = 2 or level = 3 or level = 5) i400e = $sysmis.
	—	—	—	401b	Provides a minimum of 30 minutes per week of instructional time or the equivalent number of minutes annually in Grades K–2 and a minimum of 40 minutes per week of instructional time or the equivalent number of minutes annually in Grades 3–5.		N/A	N/A

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
—	—	—	—	402a 405a 409a	At the middle school level, comprehensive health education includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity and is taught in a stand-alone health education course for at least 9 weeks or the equivalent number of minutes over the year OR planned units of study are incorporated with other subjects for the equivalent number of minutes over the year	Do if (LEVEL = 2). Compute i400m = max(i402a, i405a, i409a). end if. Var labels i400m 'MS Level: comprehensive health education includes func knowledge and skillsbased lessons on healthy eating & benefits of PA and is taught in a standalone course . . . '.	N/A	N/A

A23	B26	C21	—	402b	At the middle school level, comprehensive health education is required in at least 1 grade	compute i402 = -9.
						if (LEVEL = 2 and i400m = 1 and i402b = 1) i402 = 1.
						if (level = 1 or level = 3) i402 = -7.
						if (level = 2 and i400m = 0) i402 = 0.
						if (level = 2 and i402b = 0) i402 = 0.
						Var labels i402 'MS: Comprehensive health ed required for at least 1 grade'.
							**Note: this is combined with 402a, 405a, and 409a to create the common item.*
							recode c21 (0 = 0) (1,2,3 = 1) into i402.
							if (level = 1 or level = 3) i402 = $sysmis.
								*Note: this is combined with 402a, 405a, and 409a to create the common item.
								recode b26 (0 = 0) (1,2,3 = 1) into i402.
								if (level = 1 or level = 3) i402 = $sysmis.

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
—	—	—	—	403a 406a 410a	At the high school level, comprehensive health education includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity	do if (LEVEL = 3). Compute i400h = max (i403a, i406a, i410a). end if. Var labels i400h 'HS Level: comprehensive health education includes func knowledge and skillsbased lessons on healthy eating & benefits of PA and is taught in a standalone course . . . '.	N/A	N/A
—	—	—	—	403b	At the high school level, comprehensive health education includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity.		N/A	N/A

A24	B27	C22	—	403c	At the high school level, comprehensive health education is taught in a term-long course for at least nine weeks	Compute i403 = -9.
						if (LEVEL = 3 and i400h = 1 and i403c = 1) i403 = 1.
						if (level = 1 or level = 2) i403 = -7.
						if (level = 3 and i400h = 0) i403 = 0.
						if (level = 3 and i403c = 0) i403 = 0.
						Var labels i403 'HS: Comprehensive health ed required and taught in a term-long course for at least 9 weeks'.
							**Note: this is combined with i403a, 406a, 410a to create the common item.*
							recode c22 (0 = 0) (1,2,3 = 1) into i403.
							if (level = 1 or level = 2) i403 = $sysmis.
								**note: this is combined with i403a , i406a, i410a to create the common item.*
								recode b27 (0 = 0) (1,2,3 = 1) into i403.
								if (level = 1 or level = 2) i403 = $sysmis.

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
A22	B25	C20	—	404a	—See 401a—		see 401a	
—	—	—	—	404b	At the elementary level, comprehensive health education provides a minimum of 40 minutes per week of instructional time or the equivalent number of minutes annually in grades K-2 and a minimum of 80 minutes per week of instructional time or the equivalent number of minutes annually in grades 3-5.		N/A	N/A
—	—	—	—	405a	—See 402a—		N/A	N/A

A23	B26	C21	—	405b	At the middle school level, comprehensive health education is required in at least 2 grades	Compute i405 = -9.
						if (LEVEL = 2 and i400m = 1 and i405b = 1) i405 = 1.
						if (Level = 1 or level = 3) i405 = -7.
						if (level = 2 and i400m = 0 or i405b = 0) i405 = 0.
						Var labels i405 'MS: Comprehensive health ed required for at least 1 grade'.
							**Note: this is combined with 402a, 405a, and 409a to create the common item.*
							recode c21 (0,1 = 0) (2,3 = 1) into i405.
							if (level = 1 or level = 3) i405 = $sysmis.
								**Note: this is combined with 402a, 405a, and 409a to create the common item.*
								recode b26 (0,1 = 0) (2,3 = 1) into i405.
								if (level = 1 or level = 3) i405 = $sysmis.

—	—	—	—	406a	—see 403a—		N/A	N/A
—	—	—	—	406b	At the high school level, comprehensive health education is required for .5 credit for high school graduation		N/A	N/A

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
—	—	—	—	406c	At the high school level, comprehensive health education is taught in a semester-long course or two term-long courses		N/A	N/A
—	B28g	C23h	407	407	Health education curriculum and instructional strategies meet the diverse needs and interests of all students			
A22	B25	C20	—	408a	—see 401a—		see 401a	
—	—	—	—	408b	At the elementary level, comprehensive health education provides a minimum of 80 minutes per week of instructional time or the equivalent number of minutes annually in grades K-2 and a minimum of 120 minutes per week of instructional time or the equivalent number of minutes annually in grades 3-5		N/A	N/A
—	—	—	—	409a	—see 402a—		N/A	N/A

A23	B26	C21	—	409b	At the middle school level, comprehensive health education is required in every grade	Compute i409 = -9.
						if (level = 2 and i400m = 1 and i409b = 1) i409 = 1.
						if (level = 1 or level = 3) i409 = -7.
						if (level = 2 and i400m = 0 or i409b = 0) i409 = 0.
						Var labels i409 'MS: Comprehensive health ed required for every grade'.
							**Note: this is combined with 402a, 405a, and 409a to create the common item.*
							recode c21 (0,1,2 = 0) (3 = 1) into i409.
							if (level = 1 or level = 3) i409 = $sysmis.
								**Note: this is combined with 402a, 405a, and 409a to create the common item.*
								recode b26 (0,1,2 = 0) (3 = 1) into i409.

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
—	—	—	—	410a	—see403a—		N/A	N/A
—	—	—	—	410b	At the high school level, comprehensive education is required for one credit for high school graduation		N/A	N/A
A25e	B28e	C23f	411	411	Healthy eating and physical activity messages are integrated into at least two other subjects to reinforce what is taught in health education			
A25c	B28c	C23d	412	412	Health education is taught by trained teachers at the elementary school level and teachers are licensed or certified in health education at the middle and high school levels.			
A25d	B28d	C23e	413	413	All teachers who teach health education receive annual professional development on effective practices for health education, including health eating and benefits of physical activity, for a minimum of three contact hours at the elementary level and 6 contact hours at the middle and high school levels.			
—	B28h	C23i	414	414	All students are assessed in health education and results are reported on the report card every term that health education is required.			

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
A25a	B28a	C23a	415	415	Healthy eating and physical activity instruction is aligned to the national/state health education standards			
—	—	C23b	416	416	District or school utilized the CDC's Health Education Curriculum Analysis Tool (HECAT) healthy eating and physical activity modules to enhance, develop or select an appropriate and effective health education curriculum			N/A
A25f	B28f	C23g	—	—	At the middle and high school levels, health education electives offering additional instruction on healthy eating and physical activity are offered	N/A	N/A	N/A
Employee Wellness: 8 Items **2007 → 2011vB Common items: 4** **2008 → 2011vB Common items: 4** **2011vA to 2011vB Common items: 8**								
—	B30a	C25a	501	501	A school employee wellness leader or committee has been identified			
A26a	B30c	C25c	502	502	A school employee wellness needs or interest assessment has been conducted yearly with staff			
—	—	—	503	503	School staff have opportunities to participate in physical activities or healthy eating programs		N/A	N/A
A27	B31	C26	504	504	School staff have opportunities to participate in physical activities AND healthy eating programs			

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
—	—	—	505	505	School staff are actively participating in physical activity and healthy eating programs		N/A	N/A
A28	B32	C27	506	506	School or district annually evaluates the employee wellness program			
—	—	—	507	507	District has a comprehensive employee wellness program		N/A	N/A
—	—	—	508	508	District insurance coverage provides obesity prevention and treatment services for staff		N/A	N/A
—	B30b	C23b	—	—	Our district or school utilizes the CDC's Health Education Curriculum Analysis Tool (HECAT) healthy eating and physical activity modules to assess these topics in our health education curriculum	N/A	N/A	N/A
A26b	B30d	C25d	—	—	Developed a written school employee wellness action plan based on the results of the needs assessment that at a minimum includes opportunities related to physical activity and healthy eating	N/A	N/A	N/A
—	B33b	C28b	—	—	Our school's school employee wellness action plan includes opportunities related to Weight Management	N/A	N/A	N/A
—	B33c	C28c	—	—	Our school's school employee wellness action plan includes opportunities related to Health Screenings	N/A	N/A	N/A

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
—	B33d	C28d	—	—	Our school's school employee wellness action plan includes opportunities related to Stress Management	N/A	N/A	N/A
—	B33e	C28e	—	—	Our school's school employee wellness action plan includes opportunities related to Tobacco Cessation	N/A	N/A	N/A
Physical Education: 26 items **2007 → 2011vB Common items: 23** **2007 → 2011vA Common Items: 11 + 6 conditional** **2008 → 2011vB Common items: 24** **2008 → 2011vA Common Items: 12 + 6 conditional** **2011vA to 2011vB Common items: 14 + 6 conditional**								
A17	B35	C30	601	601	Requires all students at the elementary school level to participate in a minimum of 60 minutes of physical education per week (or 120 minutes of physical education per 2 weeks) NOTE: This item does not get summed with 604 and 608 to show that a minimum schools have 60 minutes . . . it is up to the school to mark items with a lower number of minutes.		RECODE c30 (3,4,5 = 1) (2 = 0) INTO i601. If (level = 2 or level = 3 or level = 5) i601 = $sysmis.	RECODE b35 (3,4,5 = 1) (2 = 0) INTO i601. If (level = 2 or level = 3 or level = 5) i601 = $sysmis.
A18	B36	C31	COND: This was one question	602a	Requires all students at the middle school level to participate in a minimum of 90 minutes per week	NOTE: v.A was a combined question including a and b. The question was split into 2 in 2011v.B.	RECODE c31 (3,4,5 = 1) (2 = 0) INTO i602a. if (level = 1 or level = 3) i602a = $sysmis.	RECODE b36 (3,4,5 = 1) (2 = 0) INTO i602a. if (level = 1 or level = 3) i602a = $sysmis.

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
—	B37	C32		602b	Requires all students at the middle school level to participate in physical education for the equivalent of one year.	NOTE: v.A was a combined question including a and b. The question was split into 2 in 2011v.B.	RECODE c32 (3,4,5 = 1) (2 = 0) INTO i602b. if (level = 1 or level = 3) i602b = $sysmis.	RECODE b37 (3,4,5 = 1) (2 = 0) INTO i602b. if (level = 1 or level = 3) i602b = $sysmis.
A19	B38	C33	COND: This was one question	603a	Requires all students at the high school level to participate in physical education for the equivalent of one half year	NOTE: v.A was a combined question including a and b. The question was split into 2 in 2011v.B.	RECODE c33 (3,4,5 = 1) (2 = 0) INTO i603a. if (level = 1 or level = 2 or level = 6) I603a = $sysmis.	RECODE b38 (3,4,5 = 1) (2 = 0) INTO i603a. if (level = 1 or level = 2) I603a = $sysmis.
—	B39	C34		603b 606b 610b	Allows students of all grades to enroll in additional physical education	Compute i600 = max(i603b, i606b, i610b). Var labels i600 'Allows students of all grades to enroll in additional physical education'. NOTE: v.A was a combined question including a and b. The question was split into 2 in 2011v.B.	RECODE c34 (1 = 1) (0 = 0) INTO i600. if (level = 1) i600 = $sysmis.	RECODE b39 (2,4 = 1) (3 = 0) INTO i600. if (level = 1) i600 = $sysmis.

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
A17	B35	C30	604	604	Requires all students at the elementary school level to participate in a minimum of 90 minutes of physical education per week (or 180 minutes of physical education per 2 weeks) NOTE: This item does not get summed with 604 and 608 to show that a minimum schools have 60 minutes . . . it is up to the school to mark items with a lower number of minutes.		RECODE c30 (4,5 = 1) (2,3 = 0) INTO i604. if (level = 2 or level 3 or level = 6) i604 = $sysmis.	RECODE b35 (4,5 = 1) (2,3 = 0) INTO i604. if (level = 2 or level = 3 or level = 6) i604 = $sysmis.
A18	B36	C31	COND: This was one question	605a	Requires all students at the middle school level to participate in a minimum of 135 minutes per week	NOTE: v.A was a combined question including a and b. The question was split into 2 in 2011v.B.	RECODE c31 (4,5 = 1) (2,3 = 0) INTO i605a. if (level = 1 or level = 3) i605a = $sysmis.	RECODE b36 (4,5 = 1) (2,3 = 0) INTO i605a. if (level = 1 or level = 3) i605a = $sysmis.
—	B37	C32		605b	Requires all students at the middle school level to participate in physical education for the equivalent of 2 years	NOTE: v.A was a combined question including a and b. The question was split into 2 in 2011v.B.	RECODE c32 (4,5 = 1) (2,3 = 0) INTO i605b. if (level = 1 or level = 3) i605b = $sysmis.	RECODE b37 (4,5 = 1) (2,3 = 0) INTO i605b. if (level = 1 or level = 3) i605b = $sysmis.
A19	B38	C33	COND: This was one question	606a	Requires all students at the high school level to participate in physical education for the equivalent of one year	NOTE: v.A was a combined question including a and b. The question was split into 2 in 2011v.B.	RECODE c33 (4,5 = 1) (2,3 = 0) INTO i606a. if (level = 1 or level = 2 or level = 6) i606a = $sysmis.	RECODE b38 (4,5 = 1) (2,3 = 0) INTO i606a. if (level = 1 or level = 2 or level = 6) i606a = $sysmis.

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
—	B39	C34		606b	—see 603b	NOTE: v.A was a combined question including a and b. The question was split into 2 in 2011v.B.	—see603b	
—	B40h	C37g	607	607	Physical education instructional strategies and other practices meet the diverse needs and interests of all students			
—	B35	C30	608	608	Requires all students at the elementary school level to participate in a minimum of 150 minutes of physical education per week (or 300 minutes of physical education per 2 weeks). NOTE: This item does not get summed with 604 and 608 to show that a minimum schools have 60 minutes . . . it is up to the school to mark items with a lower number of minutes.		RECODE c30 (5 = 1) (2,3,4 = 0) INTO i608. if (level = 2 or level = 3 or level = 5) i608 = $sysmis.	RECODE b35 (5 = 1) (2,3,4 = 0) INTO i608. if (level = 2 or level = 3 or level = 5) i608 = $sysmis.
A18	B36	C31	COND: This was one question	609a	Requires all students at the middle school level to participate in a minimum of 225 minutes per week	NOTE: v.A was a combined question including a and b. The question was split into 2 in 2011v.B.	RECODE c31 (5 = 1) (2,3,4 = 0) INTO i609a. if (level = 1 or level = 3) i609a = $sysmis.	RECODE b36 (5 = 1) (2,3,4 = 0) INTO i609a. if (level = 1 or level = 3) i609a = $sysmis.
—	B37	C32		609b	Requires all students at the middle school level to participate in physical education for all years	NOTE: v.A was a combined question including a and b. The question was split into 2 in 2011v.B.	RECODE c32 (5 = 1) (2,3,4 = 0) INTO i609b. if (level = 1 or level = 3) i609b = $sysmis.	RECODE b37 (5 = 1) (2,3,4 = 0) INTO i609b. if (level = 1 or level = 3) i609b = $sysmis.

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
A19	B38	C33	COND: This was one question	610a	Requires all students at the high school level to participate in physical education for one and one-half years	NOTE: v.A was a combined question including a and b. The question was split into 2 in 2011v.B.	RECODE c33 (5 = 1) (2,3,4 = 0) INTO i610a. if (level = 1 or level = 2 or level = 6) i610a = $sysmis.	RECODE b38 (5 = 1) (2,3,4 = 0) INTO i610a. if (level = 1 or level = 2 or level = 6) i610a = $sysmis.
—	B39	C34		610b	—see 603b	NOTE: v.A was a combined question including a and b. The question was split into 2 in 2011v.B.	—see603b	

—	—	C35
		C36
			611	611	Physical education is taught by licensed or certified physical educators at all grade levels		if (level = 1) i611 = c35.
							if (level NE 1) i611 = c36.
							freq i611 c35 c36.
								N/A

A20b	B40b	C37b	612	612	Students are engaged in moderate to vigorous physical activity at least 50% of the physical education class time			
—	B40f	C37e	613	613	Physical education classes are appropriately modified or adapted to promote the participation of all students, in particular students with chronic health conditions and/or special needs			
A20i	B40g	C37f	614	614	All teachers who teach physical education participate in annual professional development on effective practices for physical education for a minimum of 6 contact hours			

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
A20c	B40c	C37c	615	615	All students are assessed in mastery of skills and content in physical education and results are on the report card every term that physical education is required			
A20a	B40a	C37a	616	616	Instruction is based on a written and sequential curriculum that is aligned to the national/state physical education standards			
—	—	—	617	617	School provides fitness education, conducts annual health-related fitness assessments, and utilizes assessment results to direct instruction and create individualized physical activity/fitness plans that include goal-setting and monitoring.		N/A	N/A
—	B40e	C37d	618	618	Student/teacher ratio in physical education is comparable with other classes at all grade levels			
A20k	B40j	C37i	619	619	Physical education requirements are not waived for other activities or classes		compute i619 = c37i. if (level = 1) i619 = - 7. Add value labels i619 -7 'missing data: not asked at school level'. MISSING VALUES i619 (-7, -8, -9).	COMPUTE i619 = b40j. if (level = 1) i619 = -7. recode i619 (-1 = sysmis) (else = copy).

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
A20j	B40i	C37h	620	620	District or school utilized the CDC's Physical Education Curriculum Analysis Tool (PECAT) to enhance, develop or select an appropriate and effective physical education curriculum.			
Student Wellness: 14 items **2007 → 2011vB Common items: 9** **2008 → 2011vB Common items: 9** **2011vA to 2011vB Common items: 14**								
A21c	B29c	C24c	701	701	At the elementary school level, school offers at least 20 minutes of recess daily (ele)			
—	—	—	702	702	At the elementary school level, classes participate in recess before school lunch. (ele)		N/A	N/A
—	B41b	C38b	703	703	Before and afterschool programs dedicate at least 20% of their time to physical activity (ele)			
—	B41g	C38g	704	704	All before and after school program staff participate in annual professional development including physical activity and healthy eating as an element of their program (ele)			
—	B41c	C38c	705	705	Snacks are served as part of the After School Snack or Meal Program (reimbursed through the USDA) or an independent snack program that meets the Alliance Competitive Foods and Beverage Guidelines (ele, ms)			

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
—	—	—	706	706	Afterschool programs (academic enrichment and tutoring) that serve snacks incorporate nutrition education (ele, ms)		N/A	N/A
A21a	B29a	C24a	707	707	School provides opportunities for students to participate in daily physical activity during the school day (excluding recess and physical education (ele, ms, hs)			
—	—	—	708	708	School utilizes community resources to provide physical activity and/or nutrition education opportunities before or after school (ele, ms, hs)		N/A	N/A
—	B41f	C38f	709	709	School connects students and families with physical activity opportunities in the community (ele, ms, hs)			
—	B29f	C24f	710	710	School actively supports and promotes walking or bicycling to and from school (ele, ms, hs)			
—	—	—	711	711	School policies and practices support that physical activity is not used for or withheld as punishment for students (ele, ms, hs)		N/A	N/A
A21d	B29d	C24d	712	712	School offers a range of competitive physical activity opportunities (intramural or interscholastic sports) for all grades before or after the school day (ms, hs)			

2006	2007	2008	2011vA	2011vB	Variable Label	Notes for Variable Creation Within 2011 Inventory[a]	Notes for 2008 → 2011 Common Item[b]	Notes for 2007 → 2011 Common Item[c]
—	B29e	C24e	713	713	School offers a range of non-competitive physical activity opportunities aimed at engaging students in fun, recreational and life-long learning opportunities before or after the school day for all grades (ms, hs)			
—	—	—	714	714	School provides access to before and after school offerings by making transportation options available. (ms, hs)		N/A	N/A
A21b	B29b	C24b	—	—	Our school has an annual plan for integrating physical activity into most subject areas	N/A	N/A	N/A

Note. Rows highlighted in blue, green, and purple indicate school-level specific questions.
[a]Unless otherwise specified, no computation is required. [b]Unless otherwise specified, 2008 = 2011. [c]Unless otherwise specified, 2007 = 2011.

Healthy Schools Inventory

Policy

1. (1) My district has a wellness policy that has been approved by the school board/committee.

   ☐ Yes (A)
   ☐ No (B)

2. (2) My district or school has adopted administrative regulations that are aligned to our district wellness policy.

   ☐ Yes (A)
   ☐ No (B)

3. (3) My school has a wellness council/committee.

   ☐ Yes (A)
   ☐ No (B)

4. (4) My school's wellness council/committee meets at least every other month.

   ☐ Yes (A)
   ☐ No (B)
   ☐ My school does not have a wellness committee/council (C)

5. (5) Student health and wellness is a standing agenda item on my school's (please mark all that apply):

   ☐ Site Council meeting agenda (A)
   ☐ Parent organization meeting agenda (B)
   ☐ None of the above (C)

6. (6) My district or school has dedicated funds to implement the wellness policy.

   ☐ Yes (A)
   ☐ No (B)
   ☐ My school does not have a policy (C)

7. (7) My school or district has a plan to evaluate and report progress on the implementation of the district wellness policy.

- ☐ Yes (A)
- ☐ No (B)

8. (35) Over the last 12 months, has your school received training or technical assistance on school health or obesity prevention program from a consultant, Alliance relationship manager, or other person outside the school?

- ☐ Yes (A)
- ☐ No (B)
- ☐ Don't Know

9. (36) If so, how much assistance has your school received?

- ☐ No assistance (A)
- ☐ Some assistance (B)
- ☐ Considerable assistance (C)
- ☐ Extensive assistance (D)

10. (37) How instrumental has this assistance been in helping your school take steps that will improve the health of your school environment?

- ☐ Not at all instrumental (A)
- ☐ Somewhat instrumental (B)
- ☐ Fairly instrumental (C)
- ☐ Very instrumental (D)

Recognition Conditions for Policy	
Gold	1A and 2A and 3A and 4A and (5A or 5B) and 6A and 7A
Silver	1A and 2A and 3A and 4A and (5A or 5B)
Bronze	1A and 2A and 4A
No Level	Anything else

Reimbursable Meals

1. (8) My school participates in the National School Lunch Program.

- ☐ Yes (A)
- ☐ No (B)

2. (9) My school participates in the National School Breakfast Program.

- ☐ Yes (A)
- ☐ No (B)

3. (10) Reimbursable meals served at my school meet the USDA School Meals Initiative standards.

- ☐ Yes (A)
- ☐ No (B)

4. (11) My school has an action plan in place to increase participation in the National School Breakfast and Lunch programs

- ☐ Yes (A)
- ☐ No (B)

5. (12) Drinking fountains that are well-functioning and dispense safe drinking water are available to students at all times during the school day

- ☐ Yes (A)
- ☐ No (B)

6. (13) Please check all of the following reimbursable meals features that exist in your school.

- ☐ Offers only fat-free or low-fat milk (flavored or unflavored) (A)
- ☐ Offers whole grains daily at breakfast and lunch (B)
- ☐ Offers at least 2 fruits with breakfast (C)
- ☐ Offers at least 4 non-fried, no-added-sugar fruits and/or vegetables daily (salad bar can serve as one of the four) (D)
- ☐ Offers at least one reimbursable meal at each meal with <35% calories from fat, <9% calories from saturated fat, < 1% of calories from *trans* fat and <575 mg sodium for breakfast and <767mg sodium for lunch (E)
- ☐ Uses only unsaturated, zero trans fat oils in food preparation (F)
- ☐ Uses no deep fat frying in food preparation (G)
- ☐ Offers non-fried fish at least 1 time/week (H)
- ☐ Serves only lean protein products such as lean red meat, skinless poultry, lean deli meats, fat-free or low-fat cheese, beans, tofu, etc. (I)
- ☐ Has an annual training program completed by ALL food service staff covering techniques to reduce fat, sodium, etc. in food preparation (J)
- ☐ Offers daily salad bar with at least 5 different fresh vegetable and/or fruit options available (K)

Recognition Conditions for Reimbursable Meals	
Gold	If 8A and 9A, and 10A and 11A and 12A and all of 13A-K checked
Silver	If 8A and 9A, and 10A and 11A and 12A and any 6 of 13A–K checked
Bronze	If 8A and 9A, and 10A and 12A and any 4 of 13A-K checked
No Level	Anything else

Competitive Foods

7. (14) All beverages sold during the regular and extended school day meet the Alliance for a Healthier Generation beverage guidelines.

   - ☐ Yes (A)
   - ☐ No (B)
   - ☐ No beverages are sold in this school (C)

8. (15) All foods (outside of the reimbursable meals program) sold during the regular and extended school day meet the AHG competitive foods guidelines.

   - ☐ Yes (A)
   - ☐ No (B)
   - ☐ No food is sold outside the reimbursable meals program (C)

9. (16) My school is actively trying to improve the nutritional quality of competitive foods served.

   - ☐ Yes (A)
   - ☐ No (B)
   - ☐ My school does not sell or offer competitive foods (C)

Recognition Conditions for Competitive Foods	
Gold	If (14A or 14C) and (15A or 15C) and (16A or 16C)
Silver	No silver
Bronze	If (14A or 14C) and (16A or 16C)
No Level	Anything Else

Health Education

1. (22) My school requires that every student enrolled in the Kindergarten through 5th grades receive health education that includes instruction on healthy eating and physical activity at every grade level.

   - ☐ Yes (A)
   - ☐ No (B)
   - ☐ My school does not contain these grades (C)

2. (23) My school requires that every student enrolled in the 6th through 8th grades receive health education that includes instruction on healthy eating and physical activity:

   - ☐ At least one term at one grade level (A)
   - ☐ At least one term at two grade levels (B)
   - ☐ At least one term at all grade levels (C)

- ☐ My school does not require health education (D)
- ☐ My school does not contain these grades (E)

3. (24) My school requires that every student enrolled in the 9th through 12th grades receive health education that includes instruction on healthy eating and physical activity:

   - ☐ One term (A)
   - ☐ Equivalent to at least 1 year (B)
   - ☐ My school does not require health education (C)

4. (25) Which of the following are true of the Health Education programs at your school?
   (please mark all that apply)

   - ☐ Planned healthy eating and physical activity instruction is aligned to the national/state health education standards (A)
   - ☐ Planned healthy eating and physical activity instruction is aligned to the characteristics of effective health education curricula (B)
   - ☐ Health education is taught by trained teachers at the elementary level or certified/licensed teachers at the secondary level (C)
   - ☐ Teachers who teach health education have annual professional development on effective practices for physical activity and healthy eating instruction (D)
   - ☐ There is a written plan to integrate healthy eating and physical activity instruction into other subject areas (E)
   - ☐ Health education electives are offered at the middle and high school levels (F)

Recognition Conditions for Health Education	
Gold	If (22A or 22C) and (23C or 23E) and (24B or 24D) and (all of 25A–F)
Silver	If (22A or 22C) and (23B or 23C or 23E) and (24B or 24C or 24D) and (any 4 or more of 25A–F)
Bronze	If (22A or 22C) and (23A or 23B or 23C or 23E) and (24 A or 24B or 24D) and (any 3 or more of 25A–F)
No Level	Anything else

Physical Education

1. (17) Please mark the number of minutes of Physical Education that your school requires for all students enrolled in Kindergarten through 5th grades:

   - ☐ Less than 50 minutes per week (A)
   - ☐ 51-100 minutes per week (B)
   - ☐ 101-149 minutes per week (C)
   - ☐ 150 minutes or more per week (D)
   - ☐ My school does not contain these grades (E)

2. (18) Please mark the number of minutes of Physical Education that your school requires for all students enrolled in the 6th through 8th grades:

- ☐ Less than 90 minutes per week (A)
- ☐ 91–134 minutes per week (B)
- ☐ 135–224 minutes per week (C)
- ☐ 225 minutes or more per week (D)
- ☐ My school does not contain these grades (E)

3. (19) How much Physical Education is required for graduation for all students enrolled in 9th through 12th grades?

- ☐ Less than 1 year (A)
- ☐ Equivalent to 1 year (B)
- ☐ Equivalent to 1.5 years (C)
- ☐ Equivalent to 2 years or more (D)
- ☐ My school does not contain these grades (E)

4. (20) Which of the following are true of the Physical Education program at your school? (please mark all that apply)

- ☐ PE is based on a sequential curriculum map that is aligned to the national and state (if applicable) standards for PE (A)
- ☐ Students are moderately to vigorously active for at least 50% of PE class time (B)
- ☐ Students receive a PE grade on report card every year based on improvement in fitness and cognitive development. (C)
- ☐ PE is taught by licensed or certified Physical Educators or appropriately trained classroom teachers at the elementary school level (D)
- ☐ PE is taught by licensed or certified physical educators at the middle and high school levels (E)
- ☐ Student/teacher ratio is comparable with other subject areas (e.g. language arts and math) at the middle and high school levels (F)
- ☐ The PE program has a dedicated budget for equipment and professional development (G)
- ☐ High school has elective PE offerings (H)
- ☐ Teachers who teach physical education have annual professional development on effective practices (I)
- ☐ District or schools utilize the CDC's Physical Education Curriculum Analysis Tool (PECAT) to asses PE curriculum (J)
- ☐ Physical education credits toward high school graduation are not waived for other activities (K)

Recognition Conditions for Physical Education	
Gold	If (17D or 17E) and (18D or 18E) and (19D or 19E) and ((17D and all of 20A, 20B, 20C, 20D, 20G, 20I, 20J) or ((18D or 19D) and all of 20A, 20B, 20C, 20E, 20F, 20G, 20H, 20I, 20J, 20K))

Silver	If (17C or 17D or 17E) and (18C or 18D or 18E) and (19C or 19D or 19E) and (((17C or 17D) and any 5 or more of 20A, 20B, 20C, 20D, 20G, 20I, 20J) or ((18C or 18D or 19C or 19D) and any 6 or more of 20A, 20B, 20C, 20E, 20F, 20G, 20H, 20I, 20J, 20K))
Bronze	If (17B or 17C or 17D or 17E) and (18B or 18C or 18D or 18E) and (19B or 19C or 19D or 19E) and (((17B or 17C or 17D) and any 3 or more of 20A, 20B, 20C, 20D, 20G, 20I, 20J) or ((18B or 18C or 18D or 19B or 19C or 19D) and any 4 or more of 20A, 20B, 20C, 20E, 20F, 20G, 20H, 20I, 20J, 20K))
No Level	Anything else

Physical Activity

5. (21) My school provides the following physical activity opportunities for students (please mark all that apply):

   - ☐ Incorporates physical activity or "fitness breaks" once daily into the school day (A)
   - ☐ Has an annual plan for integrating physical activity into most subject areas (B)
   - ☐ Offers at least 20 minutes of recess daily at the elementary level (C)
   - ☐ Offers a range of physical activity opportunities (including Intramural, interscholastic, and non-competitive sports) after the school day (D)

Recognition Conditions for Physical Activity	
Gold	If 3 or more of 21A, 21B, 21C, or 21D
Silver	If 2 of 21A, 21B, 21C, or 21D
Bronze	If 1 of 21A, 21B, 21C, or 21D
No Level	Anything else

Afterschool Programs

1. (31) My school opens its grounds to outside programs that provide physical activity opportunities to students, their families, and the community.

   - ☐ Yes (A)
   - ☐ No (B)

2. (32) Physical activity is an integral part of afterschool program offerings at my school.

   - ☐ Yes (A)
   - ☐ No (B)
   - ☐ My school does not offer afterschool programs (C)

3. (33) Food and beverages offered as a part of afterschool programs meet the AHG beverage and competitive foods guidelines.

- ☐ Yes (A)
- ☐ No (B)
- ☐ My school does not offer afterschool programs (C)

Recognition Conditions for Afterschool Programs	
Gold	If (31A and (32A or 32C)) and (33A or 33C)
Silver	If ((any 1 of 31B or 32B or 33B) and (none of 31C or 32C or 33C)) or (31B and (32A or 32C) and (33A or 33C))
Bronze	If ((any 2 of 31B or 32B or 33B) and (none of 31C or 32C or 33C)) or (31A and (32B or 32C) and (33B or 33C))
No Level	Anything else

Staff Wellness

1. (26) My school has (please mark all that apply):

- ☐ Conducted a needs assessment on staff wellness (A)
- ☐ Developed a staff wellness action plan (B)
- ☐ None of the above (C)

2. (27)My school has an active staff wellness program.

- ☐ Yes (A)
- ☐ No (B)

3. (28) My school's staff wellness program activities are evaluated.

- ☐ Yes (A)
- ☐ No (B)
- ☐ My school does not have a staff wellness program (C)

4. (29) My school's staff wellness program includes physical activity and healthy eating opportunities.

- ☐ Yes (A)
- ☐ No (B)
- ☐ My school does not have a staff wellness program (C)

5. (30) My school requires that food and beverages served at school-sponsored staff functions meet the AHG beverage and competitive foods guidelines.

- ☐ Yes (A)
- ☐ No (B)

Recognition Conditions for Staff Wellness	
Gold	If 26A and 26B and 27A and 28A and 29A and 30A
Silver	If 26A and 26B
Bronze	If 26A
No Level	Anything else

Platinum Level*

Note: Schools should only be directed to these questions if they have achieved Gold status

1. (34) Which of the following are true of your school (please mark all that apply)?

- ☐ Goals in the school wellness action plan are integrated into the overall school improvement plan (A)
- ☐ The cafeteria is used as a 'nutrition education' learning laboratory on a weekly basis via programs, promotions, nutrition labeling, special demos or guests, etc.(B)
- ☐ District or school requires that student rewards meet the AHG beverage and competitive foods guidelines.(C)
- ☐ District or school restricts food marketing to those foods and beverages that meet AHG beverage and competitive food guidelines.(D)
- ☐ District or school prohibits food branding in non-food environments such as recreational facilities, classrooms, and hallways. (E)
- ☐ District or school requires that food and beverages served at school parties meet the AHG beverage and competitive foods guidelines (F)
- ☐ Healthy eating and physical activity knowledge and skills taught in health education are reinforced through instruction in Family and Consumer Sciences courses (G)
- ☐ Non-traditional physical activity-promoting programming aimed at engaging non-intramural athletes in fun, recreational, and life-long learning opportunities (e.g. dance, karate, aerobics, hiking or walking clubs, games, etc.) is provided. (H)
- ☐ Staff wellness program is evaluated and revised annually by the School Wellness Council. (I)
- ☐ District Wellness Policy includes a staff wellness component and program(s) are offered to district staff (J)
- ☐ Schools track their student and staff BMI and fitness levels and report those numbers annually, like academic scores (K)
- ☐ Requires three or four years of Physical Education for high school graduation (L)
- ☐ Two full years of health education are required for high school graduation (M)

Exemplary Recognition Criteria
Meets gold level criteria and any 4 of 34A–M

Healthy Schools Inventory

Policy/Systems

1. Our district has adopted a wellness policy that is consistent with the 2004 Congressional requirements.

   - ☐ Yes (A)
   - ☐ No (B)

2. Our district or school has adopted administrative regulations (procedures/policies) that are aligned to our district wellness policy.

   - ☐ Yes (A)
   - ☐ No (B)

3. Our school has convened a wellness council/committee.

   - ☐ Yes (A)
   - ☐ No (B)

4. Our school's wellness council/committee meets at least every other month.

   - ☐ Yes (A)
   - ☐ No (B)
   - ☐ Our school does not have a wellness council/committee (C)

5. Our school's wellness council/committee is representative of the diversity of our student population.

   - ☐ Yes (A)
   - ☐ No (B)
   - ☐ Our school does not have a wellness council/committee (C)

6. Drinking water is available to students free of charge at all times during the school day.

   - ☐ Yes (A)
   - ☐ No (B)

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7. Student wellness is a standing agenda item on our school's (please mark all that apply):

   - ☐ Site Council meeting agenda (A)
   - ☐ Parent Organization meeting agenda (B)

8. Our district or school has dedicated funds to implement the wellness policy.

   - ☐ Yes (A)
   - ☐ No (B)
   - ☐ Our district or school does not have a wellness policy (C)

9. Our school grounds are open to students, their families and the community for access to physical activity.

   - ☐ Yes (A)
   - ☐ No (B)

10. Students have the opportunity to provide meaningful input to the development and implementation of school health and wellness activities.

    - ☐ Yes (A)
    - ☐ No (B)

11. Parents/guardians have the opportunity to provide meaningful input to the development and implementation of school health and wellness activities.

    - ☐ Yes (A)
    - ☐ No (B)

12. Our district or school has a plan for evaluating and reporting progress on the implementation of the wellness policy.

    - ☐ Yes (A)
    - ☐ No (B)

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Recognition Conditions for Policy/Systems	
Bronze	(1 IS a AND 3 IS a AND 4 IS a AND 5 IS a AND 6 IS a)
Silver	(1 IS a AND 2 IS a AND 3 IS a AND 4 IS a AND 5 IS a AND 6 IS a AND 9 IS a AND 10 IS a) AND (7 IS a OR 7 IS b)
Gold	(1 IS a AND 2 IS a AND 3 IS a AND 4 IS a AND 5 IS a AND 6 IS a AND 8 IS a AND 9 IS a AND 10 IS a AND 11 IS a AND 12 IS a) AND (7 IS a OR 7 IS b)

School Meals Programs

13. Healthy foods are offered as part of the National School Breakfast and Lunch Program or as independent meals program that meets USDA nutrition standards.

    ☐ Yes (A)
    ☐ No (B)

14. Our National School Breakfast and Lunch Program or independent meals program meets USDA access standards with a plan in place to avoid "overt identification" of students who qualify for free or reduced-price meals.

    ☐ Yes (A)
    ☐ No (B)

15. School breakfast and lunch programs served at our school meet the USDA School Meals Initiative (SMI) standards for reimbursable meals.

    ☐ Yes (A)
    ☐ No (B)

16. An annual training program covering techniques to reduce fat and sodium in food preparation is completed by 100% of food service staff.

    ☐ Yes (A)
    ☐ No (B)

17. The following are done as a part of our school meals program (please mark all that apply):

    ☐ Breakfast and lunch menus are in alignment with school meals applications and are printed/available in the language(s) that parents primarily speak (A)

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- ☐ Foods that are representative of the variety of religions and cultures that make up the student population are offered on a regular basis (B)
- ☐ The cafeteria uses an electronic point-of-sale system that protects low-income students participating in the free or reduced-price meal program from being stigmatized (C)

18. Our school offers only whole grains daily at breakfast and lunch.

- ☐ Yes (A)
- ☐ No (B)

19. The following school meals program features exist in our school (please mark all that apply):

- ☐ Offers only 1%, ½% or fat-free milk (flavored or unflavored) (A)
- ☐ Half of all grains served daily, at breakfast and lunch, are whole grains (B)
- ☐ In addition to 100% fruit juice, serves at least one (1) fruit (fresh or canned in fruit juice or light syrup) at breakfast (C)
- ☐ Offers at least four non-fried, no-added-sugar fruit and/or vegetable options daily (salad can serve as one of the four) (D)
- ☐ Offers at least one low-fat entree choice at lunch with <35% calories from fat, <9% calories from saturated fat, < 1% of calories from trans fat and <480 mg sodium (E)
- ☐ Uses only unsaturated, zero trans fat oils during on site (post-manufactured) food preparation (F)
- ☐ Serves only non-fried food products and uses no deep fat frying in food preparation (G)
- ☐ Offers non-fried fish at least one time per week (H)
- ☐ Serves only lean protein products such as lean red meat, skinless poultry, lean deli meats, fat-free or low-fat cheese, beans, tofu, etc. (I)
- ☐ Offers a daily salad with three fruits or vegetables in addition to lettuce/lettuce mix and portion-controlled, 1 oz. low-fat or no-fat dressing (J)
- ☐ Serves only desserts that meet the Alliance Competitive Foods Guidelines (K)

Recognition Conditions for School Meals	
Bronze	(13 IS a AND 14 IS a AND 15 IS a AND 16 IS a AND 19 COUNT_SELECTED_GREATER_THAN 4)
Silver	(13 IS a AND 14 IS a AND 15 IS a AND 16 IS a AND 17 COUNT_SELECTED_GREATER_THAN 2 AND 19 COUNT_SELECTED_GREATER_THAN 6)
Gold	(13 IS a AND 14 IS a AND 15 IS a AND 16 IS a AND 17 COUNT_SELECTED_GREATER_THAN 2 AND 18 IS a AND 19 COUNT_SELECTED_GREATER_THAN 10)

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Competitive Foods& Beverages

20. At our school, all beverages *offered* for sale to students outside of the school meals program during the regular and extended school day meet or exceed the Alliance School Beverage Guidelines.

    - ☐ Yes (A)
    - ☐ No (B)
    - ☐ No beverages are sold in our school (C)

21. Our school has taken the following actions (please mark all that apply):

    - ☐ Completed an inventory of all competitive foods currently offered in vending machines, on a la carte lines, as fundraisers, and school stores and on snack carts to identify which meet the Alliance Competitive Foods Guidelines (A)
    - ☐ Created a list of competitive foods available from vendor(s) that meet the Alliance Competitive Foods Guidelines (B)
    - ☐ Developed a written policy stating that all competitive foods will be compliant with the Alliance Competitive Foods Guidelines within 12 months (C)
    - ☐ Sent the policy mentioned above to parents and guardians (D)
    - ☐ Ensured all new Requests for Proposals and/or Requests for Quotes that contain competitive foods and are issued during this school year (even if effective for future school years) include only competitive foods that meet the Alliance Competitive Foods Guidelines (E)
    - ☐ Lowered the price of compliant competitive foods and raised the price of non-compliant foods in all areas where competitive foods are sold (F)
    - ☐ Substituted at least two candy or bake sale fundraisers with healthier alternatives (G)
    - ☐ Conducted and evaluated one or more initiatives to engage students in leading change toward healthier competitive foods at the school (H)
    - ☐ Conducted a marketing campaign to promote nutritious snack choices in all areas where competitive foods are sold based on input from students, school staff, administration and food service staff (I)

22. All competitive foods *offered* for sale to students outside of the school meal program during the regular and extended school day meet the Alliance Competitive Foods Guidelines.

    - ☐ Yes (A)
    - ☐ No (B)
    - ☐ No food is sold outside the reimbursable meals program (C)

23. All beverages *served* to students outside of the school meals program during the regular and extended school day, including school parties, meet the Alliance School Beverage Guidelines with the exception of a maximum of two times per year.

    - ☐ Yes (A)

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- ☐ No (B)

24. All competitive foods *served* to students outside of the school meals program during the regular and extended school day, including school parties, meet the Alliance Competitive Foods Guidelines with the exception of a maximum of two times per year.

- ☐ Yes (A)
- ☐ No (B)

Recognition Conditions for Competitive Foods and Beverages	
Bronze	(20 IS_NOT b AND 21 COUNT_SELECTED_GREATER_THAN 1) OR (20 IS_NOT b AND 22 CONTAINS c)
Silver	(20 IS_NOT b AND 21 COUNT_SELECTED_GREATER_THAN 1 AND 22 IS a AND 23 IS a) OR (20 IS_NOT b AND 22 IS c AND 23 is a)
Gold	(20 IS_NOT b AND 21 COUNT_SELECTED_GREATER_THAN 1 AND 22 IS a AND 23 IS a AND 24 is a) OR (20 IS_NOT b AND 22 IS c AND 23 is a AND 24 is a)

Health Education

25. Our school requires that every student enrolled in the *Kindergarten through 5th grades* receives skills-based instruction on healthy eating and physical activity as part of a dedicated comprehensive health education program.

- ☐ Our school does not contain any of these grades (A)
- ☐ Yes (B)
- ☐ No (C)

26. Our school requires that every student enrolled in the *6th through 8th grades* receives skills-based instruction on healthy eating and physical activity as part of a dedicated, stand alone, term-long health education course.

- ☐ Our school does not contain any of these grades (A)
- ☐ For at least one term at one grade level (B)
- ☐ For at least one term at two grade levels (C)
- ☐ For at least one term at all grade levels (D)
- ☐ Our school does not require or requires less than one term of Health Education (E)

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27. Our school requires that every student enrolled in the *9th through 12th grades* receives skills-based instruction on healthy eating and physical activity as a part of a dedicated, stand alone, term-long health education course.

    - ☐ Our school does not contain any of these grades (A)
    - ☐ For at least the equivalent of one term (B)
    - ☐ For at least the equivalent of two terms (C)
    - ☐ For at least the equivalent of three or more terms (D)
    - ☐ Our school does not require or requires less than one term of Health Education (E)

28. The following are true of the Health Education program at our school (please mark all that apply):

    - ☐ Planned healthy eating and physical activity instruction is aligned to the national/state health education standards (A)
    - ☐ Planned healthy eating and physical activity instruction is aligned to the Characteristics of Effective Health Education Curricula (B)
    - ☐ Health education is taught by trained teachers at the elementary school level or teachers certified/licensed in health education at the secondary level (C)
    - ☐ All teachers who teach health education receive annual professional development on effective practices for health education, including physical activity and healthy eating, for a minimum of eight contact hours (D)
    - ☐ There is a written plan to integrate healthy eating and physical activity instruction into other subject areas (E)
    - ☐ At the middle and high school levels, health education electives offering additional instruction on healthy eating and physical activity are offered (F)
    - ☐ The health education curriculum and instruction uses instructional strategies and examples that are inclusive of the diversity of the student population (G)
    - ☐ All students are assessed in health education and results are reported on the report card every term that health education is offered (H)

Recognition Conditions for Health Education	
Bronze	25 IS_NOT c AND 26 IS_NOT e AND 27 IS_NOT e AND 28 COUNT_SELECTED_GREATER_THAN 2
Silver	25 IS_NOT c AND 26 IS_NOT b AND 26 IS_NOT e AND 27 IS_NOT b AND 27 IS_NOT e AND 28 COUNT_SELECTED_GREATER_THAN 4
Gold	25 IS_NOT c AND 26 IS_NOT b AND 26 IS_NOT c AND 26 IS_NOT e AND 27 IS_NOT b AND 27 IS_NOT c AND 27 IS_NOT e AND 28 COUNT_SELECTED_GREATER_THAN 6

Physical Activity

29. Our school provides the following physical activity opportunities for students (please mark all that apply):

    - ☐ All students have the opportunity to participate in physical activity breaks on a daily basis (A)
    - ☐ We have an annual plan for integrating physical activity into most subject areas (B)
    - ☐ At the elementary school level, we offer at least 20 minutes of recess daily (C)
    - ☐ We offer a range of competitive physical activity opportunities (including intramural or interscholastic sports) before or after the school day (D)
    - ☐ We offer a range of non-competitive physical activity opportunities aimed at engaging students in fun, recreational and life-long learning opportunities before or after the school day (E)
    - ☐ We have a plan in place to promote safe walking and biking to school (F)

Recognition Conditions for Physical Activity	
Bronze	(29 COUNT_SELECTED_GREATER_THAN 1)
Silver	(29 COUNT_SELECTED_GREATER_THAN 3)
Gold	(29 COUNT_SELECTED_GREATER_THAN 4)

School Employee Wellness

30. Our school has (please mark all that apply):

    - ☐ Identified a school employee wellness leader or committee (A)
    - ☐ Obtained administrators' support for development of a school employee wellness program and plan (B)
    - ☐ Conducted a staff needs assessment on school employee wellness (C)
    - ☐ Developed a school employee wellness action plan that at a minimum includes opportunities related to physical activity and healthy eating (D)

31. Our school is implementing our school employee wellness action plan/program that at a minimum includes opportunities related to physical activity and healthy eating.

    - ☐ Our school does not have a school employee wellness program (A)
    - ☐ Yes (B)
    - ☐ No (C)

32. Our school's school employee wellness activities are evaluated annually.

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- ☐ Our school does not have a school employee wellness program (A)
- ☐ Yes (B)
- ☐ No (C)

33. Our school's school employee wellness program includes opportunities related to (please mark all that apply):

- ☐ Our school does not have a school employee wellness program (A)
- ☐ Weight Management (B)
- ☐ Health Screenings (C)
- ☐ Stress Management (D)
- ☐ Tobacco Cessation (E)

34. Food and beverages sold and served in the staff lounge and at school-sponsored staff functions meet at least the Alliance High School Beverage and Competitive Food Guidelines.

- ☐ Yes (A)
- ☐ No (B)

Recognition Conditions for School Employee Wellness	
Bronze	(30 COUNT_SELECTED_GREATER_THAN 3)
Silver	(30 COUNT_SELECTED_GREATER_THAN 3 AND 31 IS b)
Gold	(30 COUNT_SELECTED_GREATER_THAN 3 AND 31 IS b) AND ((32 CONTAINS b AND 34 CONTAINS a AND 33 DOES_NOT_CONTAIN a AND 33 COUNT_SELECTED_GREATER_THAN 1) OR (32 CONTAINS b AND 34 CONTAINS a AND 33 CONTAINS a AND 33 COUNT_SELECTED_GREATER_THAN 2))

Physical Education

35. Please mark the number of minutes of physical education that your school requires for all students enrolled in *Kindergarten through 5th grades*:

- ☐ Our school does not contain any of these grades (A)
- ☐ Less than 50 minutes per week (B)
- ☐ 50 - 99 minutes per week (C)
- ☐ 100 -149 minutes per week (D)
- ☐ 150 minutes or more per week (E)

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36. Please mark the number of minutes of physical education that your school requires for all students enrolled in the *6th through 8th grades*:

- ☐ Our school does not contain any of these grades (A)
- ☐ Less than 90 minutes per week (B)
- ☐ 90 - 134 minutes per week (C)
- ☐ 135 - 224 minutes per week (D)
- ☐ 225 minutes or more per week (E)

37. Please mark the number of years your school requires for all students enrolled in the *6th through 8th grades* to participate in physical education:

- ☐ Our school does not contain any of these grades (A)
- ☐ None (B)
- ☐ One year (C)
- ☐ Two years (D)
- ☐ All years (E)

38. Please mark the number of years of physical education that your school requires for all students enrolled in the *9th through 12th grades*:

- ☐ Our school does not contain any of these grades (A)
- ☐ Less than ½ year (B)
- ☐ At least the equivalent of ½ year, but less than 1 year (C)
- ☐ At least the equivalent of 1 year, but less than 1.5 years (D)
- ☐ At least the equivalent of 1.5 years (E)

39. If the school is a middle or high school, the school offers opportunities for all students in all grades to enroll in physical education courses beyond what is required.

- ☐ Our school is an elementary school (A)
- ☐ Yes (B)
- ☐ No (C)
- ☐ Our school requires PE for all students at all grades so additional PE is not offered (D)

40. The following are true of the Physical Education programs at our school (please mark all that apply):

- ☐ Physical education is based on a sequential curriculum map that is aligned to the national and state (if applicable) standards for physical education (A)
- ☐ Students are moderately to vigorously active for at least 50% of physical education class time (B)

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- ☐ All students are assessed in mastery of skills and content in physical education and results are on the report card every term that physical education is required (C)
- ☐ Physical education is taught by licensed physical educators or appropriately trained teachers at the elementary school level or certified/licensed physical educators at the secondary level (D)
- ☐ The student/teacher ratio in physical education is comparable with other classes at all grade levels (E)
- ☐ Physical education classes are appropriately modified or adapted to promote the participation of all students in physical education (in particular students with chronic health conditions and special needs) (F)
- ☐ All teachers who teach physical education receive annual professional development on effective practices in physical education for a minimum of eight contact hours (G)
- ☐ Physical education instructional strategies and other practices support needs of the diversity of student population (H)
- ☐ Our district or school utilizes the CDC's Physical Education Curriculum Analysis Tool (PECAT) to assess our physical education curriculum (I)
- ☐ At the high school level, physical education credits are not waived for other physical activities (J)

Recognition Conditions for Physical Education	
Bronze	(35 IS_NOT b AND 36 IS_NOT b AND 37 IS_NOT b AND 38 IS_NOT b AND 39 IS_NOT c AND 40 COUNT_SELECTED_GREATER_THAN 3)
Silver	(35 IS_NOT b AND 36 IS_NOT (b,c) AND 37 IS_NOT (b,c) AND 38 IS_NOT (b,c) AND 39 IS_NOT c AND 40 COUNT_SELECTED_GREATER_THAN 5)
Gold	(35 IS_NOT (b,c,d) AND 36 IS_NOT (b,c,d) AND 37 IS_NOT (b,c,d) AND 38 IS_NOT (b,c,d) AND 39 IS_NOT c AND 40 COUNT_SELECTED_GREATER_THAN 8)

Before & Afterschool Programs

41. The following is true of before and afterschool programs at our school (please check all that apply):

- ☐ Our school does not offer before or afterschool programs (A)
- ☐ Before and afterschool program offerings dedicate at least 20 percent of their time to physical activity (B)
- ☐ A healthy snack is offered as part of the After School Snack Program reimbursed through the USDA or through an independent meals program that meets USDA nutrition and access standards (C)
- ☐ Before and afterschool programs offer a variety of physical activity opportunities that reflect the perspectives, diversity and needs among students, families and the community (D)
- ☐ Snacks offered are healthy food and beverage selections that reflect the diverse demographics of the school community (E)
- ☐ Our school encourages students to connect with physical activity opportunities in the community (F)

- ☐ All before and afterschool program staff participate in annual professional development on the importance of and strategies for including physical activity as an element of their programs (G)

Recognition Conditions for Before and Afterschool Programs	
Bronze	(41 CONTAINS a AND 41 COUNT_SELECTED_GREATER_THAN 2 AND 41 COUNT_SELECTED_LESS_THAN 5) OR (41 DOES_NOT_CONTAIN a AND 41 COUNT_SELECTED_GREATER_THAN 1 AND 41 COUNT_SELECTED_LESS_THAN 4)
Silver	(41 CONTAINS a AND 41 COUNT_SELECTED_GREATER_THAN 4 AND 41 COUNT_SELECTED_LESS_THAN 7) OR (41 DOES_NOT_CONTAIN a AND 41 COUNT_SELECTED_GREATER_THAN 3 AND 41 COUNT_SELECTED_LESS_THAN 6)
Gold	(41 CONTAINS a AND 41 COUNT_SELECTED_LESS_THAN 2) OR (41 CONTAINS a AND 41 COUNT_SELECTED_GREATER_THAN 6) OR (41 DOES_NOT_CONTAIN a AND 41 COUNT_SELECTED_GREATER_THAN 5)

Platinum Level

42. The following are true of our school (please mark all that apply):

- ☐ Goals in the school wellness action plan are integrated into the overall School Improvement Plan (A)
- ☐ School tracks students' body mass index and fitness levels and reports these numbers in aggregate on an annual basis (B)
- ☐ District wellness policy includes a statement that acknowledges the importance of diversity and culturally inclusive practices in school wellness efforts (C)
- ☐ The cafeteria is used as a 'nutrition education' learning laboratory on a weekly basis via programs, promotions, nutrition labeling, special demos or guests, etc. (D)
- ☐ Food is never used as a reward or reinforcement for students (E)
- ☐ District or school restricts food marketing to those foods and beverages that meet the Alliance Beverage and Competitive Foods Guidelines (F)
- ☐ Commercial food and beverage branding is prohibited in non-food environments such as recreational facilities, classrooms and hallways (G)
- ☐ Skills-based instruction on healthy eating and physical activity is provided to every student as a part of a dedicated, stand-alone health education for an equivalent of at least four terms at the high school level (H)
- ☐ Healthy eating and physical activity knowledge and skills taught in health education are reinforced through instruction in Family and Consumer Sciences courses (I)
- ☐ District wellness policy addresses School Employee Wellness programs for all school staff (J)

Recognition Conditions for Platinum
(42 COUNT_SELECTED_GREATER_THAN 3) OR (42 COUNT_SELECTED_GREATER_THAN 2 AND 33 IS (b,c,d,e)) OR (42 COUNT_SELECTED_GREATER_THAN 2 AND 40 IS (a-j)) OR (42 COUNT_SELECTED_GREATER_THAN 1 AND 40 IS (a-j) AND 33 IS (b-e))

Healthy Schools Inventory

Policy/Systems

1. Our district has adopted a wellness policy containing the elements required by the 2004 Congressional Child Nutrition reauthorization.

   ☐ Yes
   ☐ No

2. The status of activities that support the implementation of our wellness policy are communicated at least annually to students, families and school staff.

   ☐ Yes
   ☐ No
   ☐ Our district has not adopted a wellness policy

3. Our school has convened a wellness council/committee that meets at least every other month during the school year.

   ☐ Yes
   ☐ No

4. Our school's wellness council/committee includes and fosters the participation of representatives with the varying linguistic, cultural and socio-economic backgrounds of the student population.

   ☐ Yes
   ☐ No
   ☐ Our school does not have a wellness council/committee

5. Our school's wellness council/committee includes at least one student-family member representative as an active member.

   ☐ Yes
   ☐ No
   ☐ Our school does not have a wellness council/committee

6. All parents and guardians have the opportunity to provide meaningful input into the development and implementation of school health and wellness activities.

   ☐ Yes
   ☐ No

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7. The following policy/systems features exist in our school (please mark all that apply):

   ☐ Drinking water is available to all students free of charge at all times during the school day
   ☐ Our district or school has adopted administration regulations (procedures/policies) for the wellness policy
   ☐ School wellness is a standing agenda item on the site council and/or parent group meetings
   ☐ Students have the opportunity to provide meaningful input into the development and implementation of school health and wellness activities
   ☐ School grounds are open to students, their families and the community for access to physical activity
   ☐ Our district or school has established a progress reporting mechanism for implementation and evaluation of the wellness policy
   ☐ Our district or school has secured funds to implement our school health/wellness action plan
   ☐ Goals from the school health/wellness action plan are integrated into the overall School Improvement Plan
   ☐ Our school tracks students' body mass index and fitness levels and reports those numbers in aggregate on an annual basis
   ☐ Our school building, grounds and athletic/play equipment are regularly monitored for safety and environmental quality (water, air, pest, lighting, defects, etc.)
   ☐ Our district wellness policy includes a statement that acknowledges the importance of diversity and culturally inclusive practices in school wellness efforts

School Meals Programs

8. School participates in the National School Breakfast and Lunch Programs or in independent breakfast and lunch programs that meet USDA nutrition standards.

   ☐ Yes
   ☐ No

9. The National School Breakfast and Lunch Programs or the independent meals programs meet USDA access standards with a plan in place to avoid "overt identification" of students who qualify for free or reduced-price meals

   ☐ Yes
   ☐ No

10. School breakfast and lunch programs meet USDA School Meals Initiative (SMI) standards for reimbursable meals.

   ☐ Yes
   ☐ No

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11. Annual training, covering techniques such as reducing fat and sodium in food preparation, and portion control, is completed by 100% of food service staff who prepare and serve meals

    ☐ Yes
    ☐ No

12. The following are done as a part of our school meals program (please mark all that apply):

    ☐ Breakfast and lunch menus are in alignment with applications for free and reduced-price meals by way of being printed/available in the language(s) that parents primarily speak
    ☐ The school conducts yearly taste tests of foods that are representative of the variety of religions and cultures that make up the school student community
    ☐ The cafeteria uses an electronic point-of-sale system that protects low-income students participating in the free or reduced-price meal program from being stigmatized

13. Our school offers only whole grains daily at breakfast and lunch.

    ☐ Yes
    ☐ No

14. The following school meals program features exist in our school (please mark all that apply):

    ☐ Offers only 1%, ½% or fat-free milk (flavored or unflavored; flavored milk must contain no more than 150 calories per 8 oz.)
    ☐ Half of all grains offered daily, at breakfast and lunch, are whole grains
    ☐ At least one fruit (fresh, canned or frozen in fruit juice or light syrup) is offered at breakfast
    ☐ Offers at least four non-fried, no-added-sugar fruit and/or vegetable options daily (salad can serve as one of the four)
    ☐ Offers at least one low-fat entree choice at lunch with ≤ 35% calories from fat, ≤ 10% calories from saturated fat, 0 g trans fat and ≤ 480 mg sodium
    ☐ Uses only unsaturated (no more than 1 g saturated fat), zero trans fat oils during on-site (post-manufactured) food preparation
    ☐ Serves only non-fried food products (food products that have not been pre-fried, flash fried, or par-fried during the manufacturing process) and uses no deep fat frying in food preparation
    ☐ Offers non-fried fish at least one time per week
    ☐ Offers only lean protein products such as lean red meat, skinless poultry, lean deli meats, fat-free or low-fat cheese, beans, tofu, etc. (Lean: less than 10 g fat, 4.5 g or less saturated fat, and less than 95 mg cholesterol per serving and per 100 g.)
    ☐ Offers a daily salad with three fruits or vegetables in addition to lettuce/lettuce mix. If dressing is offered, must be portion controlled, 1 oz. low-fat or no-fat dressing
    ☐ Offers only desserts that meet the Alliance Competitive Foods Guidelines
    ☐ Implemented a written food safety plan for preparation and service of school meals, based on Hazard Analysis Critical Control Point (HACCP) principals as identified by USDA's guidance

Competitive Foods& Beverages

15. At our school, all beverages offered for sale to students outside of the school meals program during the regular and extended school day meet or exceed the Alliance School Beverage Guidelines.

    ☐ Yes
    ☐ No
    ☐ No beverages are sold in our school

16. Our school has created an inventory of all competitive foods currently offered and taken the following actions (please mark all that apply):

    ☐ Completed an inventory of all competitive foods currently offered in vending machines, on a la carte lines, as fundraisers, and school stores and on snack carts to identify which meet the Alliance Competitive Foods Guidelines
    ☐ Created a list of competitive foods available from vendor(s) that meet the Alliance Competitive Foods Guidelines
    ☐ Developed a written policy stating that all competitive foods will be compliant with the Alliance Competitive Foods Guidelines within 12 months and sent this policy to parents and guardians
    ☐ Ensured all new Requests for Proposals and/or Requests for Quotes that contain competitive foods and are issued during this school year (even if effective for future school years) include only competitive foods that meet the Alliance Competitive Foods Guidelines
    ☐ Lowered the price of compliant competitive foods and raised the price of non-compliant foods in all areas where competitive foods are sold
    ☐ Substituted at least two non-compliant food fundraisers with non-food alternatives or with only products that meet the Guidelines
    ☐ Conducted one or more initiatives with an evaluation component to engage students in leading change toward healthier competitive foods at the school
    ☐ Conducted a marketing campaign with evidence of input from students, school staff, administration and food service staff to promote nutritious snack choices in all areas where competitive foods are sold

17. All competitive foods *offered* for sale to students outside of the school meal program during the regular and extended school day meet or exceed the Alliance Competitive Foods Guidelines.

    ☐ Yes
    ☐ No
    ☐ No food is sold outside the reimbursable meals program

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18. With the exception of a maximum of two times per year, all beverages *served* to students outside of the school meals program during the regular and extended school day, including school and classroom parties, meet the Alliance School Beverage Guidelines.

    ☐ Yes
    ☐ No

19. With the exception of a maximum of two times per year, all competitive foods *served* to students outside of the school meals program during the regular and extended school day, including school and classroom parties, meet the Alliance Competitive Foods Guidelines

    ☐ Yes
    ☐ No

Health Education

20. Our school requires that every student enrolled in the *Kindergarten through 5th grades* receives skills-based instruction on healthy eating and physical activity as part of a dedicated comprehensive health education program.

    ☐ Our school does not contain any of these grades
    ☐ Yes
    ☐ No

21. Our school requires that every student enrolled in the 6th through 8th grades receives skills-based instruction on healthy eating and physical activity as part of a dedicated, stand alone, term-long health education course, or the equivalent.

    ☐ Our school does not contain any of these grades
    ☐ For at least one term during one year
    ☐ For at least one term during two years
    ☐ For at least one term during each year
    ☐ Our school does not require or requires less than one term of Health Education

22. Our school requires that every student enrolled in the 9th through 12th grades receives skills-based instruction on healthy eating and physical activity as a part of a dedicated, stand alone, term-long health education course.

    ☐ Our school does not contain any of these grades
    ☐ For at least one term
    ☐ For the equivalent of two terms
    ☐ For the equivalent of three terms
    ☐ Our school does not require or requires less than one term of Health Education

23. The following are true of the Health Education program at our school (please mark all that apply).
    - ☐ Planned healthy eating and physical activity instruction is aligned to the national/state health education standards
    - ☐ Our district or school utilizes the CDC's Health Education Curriculum Analysis Tool (HECAT) healthy eating and physical activity modules to assess these topics in our health education curriculum
    - ☐ Our district or school ensures that our health education curriculum aligns with the CDC's Health Education Curriculum Analysis Tool (HECAT) healthy eating and physical activity modules
    - ☐ Health education is taught by trained teachers at the elementary school level or teachers certified/licensed in health education at the secondary level
    - ☐ All teachers who teach health education receive annual professional development on effective practices for health education, including physical activity and healthy eating, for a minimum of three contact hours at the elementary level and eight contact hours at the middle and high school levels
    - ☐ Healthy eating and physical activity messages are integrated into other subject areas
    - ☐ At the middle and high school levels, health education electives offering additional instruction on healthy eating and physical activity are offered
    - ☐ Health education curriculum instructional strategies and examples are inclusive of the diversity of the student population
    - ☐ All students are assessed in health education and results are reported on the report card every term that health education is offered

Physical Activity

24. Our school provides the following physical activity opportunities for students (please mark all that apply):
    - ☐ All students have the opportunity to participate in physical activity breaks on a daily basis
    - ☐ Our school has an annual plan for integrating physical activity into most subject areas
    - ☐ At the elementary school level, at least 20 minutes of recess is offered daily
    - ☐ Our school offers a range of competitive physical activity opportunities (including intramural or interscholastic sports) before or after the school day
    - ☐ Our school offers a range of non-competitive physical activity opportunities aimed at engaging students in fun, recreational and life-long learning opportunities before or after the school day
    - ☐ Our school has a plan in place to promote safe walking and bicycling to/from school

School Employee Wellness

25. Our school has (please mark all that apply):
    - ☐ Identified a school employee wellness leader or committee
    - ☐ Obtained administrator's support for development of a school employee wellness program
    - ☐ Conducted a school employee wellness needs assessment with staff
    - ☐ Developed a written school employee wellness action plan based on the results of the needs assessment that at a minimum includes opportunities related to physical activity and healthy eating

26. Our school is implementing our school employee wellness action plan that at a minimum includes opportunities related to physical activity and healthy eating.
    - ☐ Our school does not have a school employee wellness action plan
    - ☐ Yes
    - ☐ No

27. Our school's school employee wellness action plan is evaluated annually.
    - ☐ Our school does not have a school employee wellness action plan
    - ☐ Yes
    - ☐ No

28. Our school's school employee wellness action plan includes opportunities related to (please mark all that apply):
    - ☐ Our school does not have a school employee wellness action plan
    - ☐ Weight Management
    - ☐ Health Screenings
    - ☐ Stress Management
    - ☐ Tobacco Cessation

29. Food and beverages sold and served in the staff lounge and at school-sponsored staff functions meet at least the Alliance High School Beverage and Competitive Food Guidelines.
    - ☐ Yes
    - ☐ No

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Physical Education

30. Please mark the number of minutes of physical education that your school requires for all students enrolled in Kindergarten through 5th grades:

    ☐ Our school does not contain any of these grades
    ☐ Less than 60 minutes per week
    ☐ 60 - 89 minutes per week
    ☐ 90 -149 minutes per week
    ☐ 150 minutes or more per week

31. Please mark the number of minutes of physical education that your school requires for all students enrolled in the 6th through 8th grades:

    ☐ Our school does not contain any of these grades
    ☐ Less than 90 minutes per week
    ☐ 90 - 134 minutes per week
    ☐ 135 - 224 minutes per week
    ☐ 225 minutes or more per week

32. Please mark the number of years your school requires for all students enrolled in the 6th through 8th grades to participate in physical education:

    ☐ Our school does not contain any of these grades
    ☐ None
    ☐ One year
    ☐ Two years
    ☐ All years

33. Please mark the number of years of physical education that your school requires for all students enrolled in the 9th through 12th grades:

    ☐ Our school does not contain any of these grades
    ☐ Less than ½ year
    ☐ At least the equivalent of ½ year, but less than 1 year
    ☐ At least the equivalent of 1 year, but less than 1.5 years
    ☐ At least the equivalent of 1.5 years

34. If the school is a middle or high school, the school offers opportunities for all students in all grades to enroll in physical education courses beyond what is required.

    ☐ Our school is an elementary school
    ☐ Yes
    ☐ No
    ☐ Our school requires PE for all students at all grades so additional PE is not offered

35. If the school is an elementary school, physical education is taught by:

    ☐ Our school is a middle or high school
    ☐ Appropriately trained classroom teachers
    ☐ Licensed or certified physical educators
    ☐ Our school does not teach physical education

36. If the school is a middle or high school, physical education is taught by:

    € Our school is an elementary school
    € Appropriately trained classroom teachers
    € Licensed or certified physical educators
    € Our school does not teach physical education

37. The following are true of the Physical Education programs at our school (please mark all that apply):

    ☐ Physical education is based on a sequential curriculum map that is aligned to the national and state (if applicable) standards for physical education
    ☐ Students are moderately to vigorously active for at least 50% of physical education class time
    ☐ All students are assessed in mastery of skills and content in physical education and results are on the report card every term that physical education is required
    ☐ The student/teacher ratio in physical education is comparable with other classes at all grade levels
    ☐ Physical education classes are appropriately modified or adapted to promote the participation of all students in physical education (in particular students with chronic health conditions and special needs)
    ☐ All teachers who teach physical education receive annual professional development on effective practices in physical education for a minimum of eight contact hours
    ☐ Physical education instructional strategies and other practices support needs of the diversity of student population
    ☐ Our district or school utilizes the CDC's Physical Education Curriculum Analysis Tool (PECAT) to assess our physical education curriculum
    ☐ At the middle and high school levels, physical education requirements are not waived for other activities

Before and Afterschool Programs

38. The following is true of before and afterschool programs at our school (please check all that apply):

- ☐ Our school does not offer before or afterschool programs
- ☐ Before and afterschool program offerings dedicate at least 20 percent of their time to physical activity
- ☐ At the elementary and middle school levels, a healthy snack is offered as part of the After School Snack Program reimbursed through the USDA or an independent meal program that meets the Alliance Competitive Food and Beverage Guidelines
- ☐ Before and afterschool programs offer a variety of physical activity opportunities that reflect the diversity and needs among students, families and the community
- ☐ At the elementary and middle school levels, snacks offered are healthy food and beverage selections that reflect the diverse demographics of the school community
- ☐ Our school encourages students to connect with physical activity opportunities in the community
- ☐ All before and afterschool program staff participate in annual professional development on the importance of and strategies for including physical activity and healthy eating as elements of their programs

Platinum Level

39. The following are true of our school (please mark all that apply):

- ☐ The cafeteria is used as a 'nutrition education' learning laboratory on a weekly basis via programs, promotions, nutrition labeling, special demos or guests, etc.
- ☐ Food is never used as a reward or reinforcement for students
- ☐ District or school restricts food marketing to those foods and beverages that meet the Alliance Beverage and Competitive Foods Guidelines
- ☐ Commercial food and beverage branding is prohibited in non-food environments such as recreational facilities, classrooms and hallways
- ☐ Skills-based instruction on healthy eating and physical activity is provided to every student as a part of a dedicated, stand-alone health education for an equivalent of at least four terms at the high school level
- ☐ Healthy eating and physical activity knowledge and skills taught in health education are reinforced through instruction in Family and Consumer Sciences courses
- ☐ District wellness policy addresses School Employee Wellness programs for all school staff
- ☐ School provides access to before and afterschool programs by offering transportation options
- ☐ District insurance policy covers obesity prevention and treatment services

Alliance for a **Healthier Generation**

HEALTHY SCHOOLS PROGRAM

framework

Criteria for Developing a Healthier School Environment

Founded by American Heart Association. CLINTON FOUNDATION

Generous support is provided by: Robert Wood Johnson Foundation
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Without proper prevention and treatment of childhood obesity, the current generation could become the first in American history to live shorter lives than their parents.

President Bill Clinton, Co-lead of the Alliance for a Healthier Generation

The Healthy Schools Program recognizes schools that create healthier school environments that promote physical activity and healthy eating among students and staff. The Healthy Schools Program Framework of Criteria identifies specific best practices to create healthier school environments. The criteria are based on the best available evidence of programs, policies and practices that positively impact healthy eating and physical activity behaviors among students and staff. The criteria are reviewed and revised annually by the American Heart Association and the Healthy Schools Program Expert Panel.

To earn a Healthy Schools Program National Recognition Award, schools must meet the requisite number of criteria in each of the following seven content areas that address school health improvement:

- 100 **Policy/Systems**
- 200 **School Meals**
- 300 **Competitive Foods & Beverages**
- 400 **Health Education**
- 500 **Employee Wellness**
- 600 **Physical Education**
- 700 **Student Wellness**

The Healthy Schools Program recommends that schools use the Six Steps for Building a Healthier School Environment to implement the Framework of Criteria:

1. Convene a school wellness council
2. Use the Healthy Schools Program Inventory to assess your school's current efforts
3. Develop an action plan based on what's important and achievable in your school community
4. Identify resources that can facilitate implementation of your action plan
5. Take action
6. Celebrate your successes and monitor your progress

The Alliance for a Healthier Generation offers national awards at the bronze, silver and gold levels.

po policy/systems

BRONZE LEVEL AWARD

101 ☐ School is implementing the district wellness policy and providing feedback to the district regarding its progress annually

102 ☐ School has an active wellness council/committee that meets at least every other month during the school year

☐ 1 Checklist Criterion

SILVER LEVEL AWARD

☐ Meets Bronze

103 ☐ Family members and guardians have the opportunity to provide input to the implementation of wellness policy activities

104 ☐ Students have the opportunity to provide input to the implementation of wellness policy activities

105 ☐ The status of wellness policy implementation at the school level is communicated annually to school staff, students and families

☐ 1 additional Checklist Criterion, total of 2

GOLD LEVEL AWARD

☐ Meets Silver

106 ☐ School wellness council/committee recommends new or revised health or wellness policies and activities to the district

☐ 2 additional Checklist Criteria, total of 4

CHECKLIST CRITERIA

107 ☐ Drinking water is available to students free of charge at all times during the school day

108 ☐ School grounds and/or buildings are open to students, their families and the community for access to physical activities

109 ☐ School has secured funds or leveraged resources to support wellness priorities for students and staff

110 ☐ School's wellness goals are integrated into the overall School Improvement Plan

111 ☐ School tracks students' body mass index and reports the results to the district in aggregate on an annual basis

Listen during staff meetings to any school improvement initiatives that may have a connection to wellness. Have follow up conversations and think together how the school wellness council might help with these efforts.

— Kathy Wilbur, National Health Education and Policy Manager

sm school meals

BRONZE LEVEL AWARD

201 ☐ School serves both breakfast and lunch. Meals meet the USDA standards for reimbursable meals. USDA meal program participating district has had a School Meals Initiative (SMI) review in the past 5 years and all corrective actions have been completed.

202 ☐ Annual training covering basic nutrition and healthy eating concepts (techniques for reducing fat and sodium in food preparation, portion control, culinary techniques for handling fresh food, etc.) is completed by 100% of food service staff who prepare and serve meals

203 ☐ School offers only unflavored low fat milk (1% or lower milk fat) or fat-free flavored or unflavored milk with no more than 150 calories per 8 ounces

204 ☐ School offers at least five non-fried, no/low added sugar fruit and/or vegetable options daily

- Fruit that is fresh, frozen or canned in juice or light syrup is acceptable
- Salad may be counted as one of the five servings
- Potato products that have been par-fried (e.g. French fries, hash browns, tater tots) count only if they meet the Alliance Competitive Foods Guidelines

205 ☐ At least one fruit other than 100% juice is offered at breakfast. Fruit may be fresh, canned or frozen in fruit juice or light syrup.

206 ☐ A different fruit is served every day of the week at lunch. All servings must be at least ¼ cup. Dried fruit must have no added sugars. Fruit that is fresh, frozen or canned in juice or light syrup is acceptable.

- 100% fruit juice can be counted as fruit at lunch only once per week
- Fruit at lunch must be served fresh at least one day per week

207 ☐ A different vegetable is served every day of the week at lunch. All servings must be at least ¼ cup.

- Dark green or orange vegetables are offered three or more days a week. At least one must be dark green. At least one must be orange.
- Cooked dry beans or peas (legumes) must be offered each week (includes canned dry beans and peas)

208 ☐ Starchy vegetables are limited to amounts specified by USDA

209 ☐ Half of all grains at breakfast and half of all grains at lunch must be whole grains

☐ 2 Checklist Criteria

SILVER LEVEL AWARD

☐ Meets Bronze

210 ☐ Breakfast and lunch menus are available in the language(s) that parents primarily speak

211 ☐ School conducts yearly taste tests, with students, of healthy foods (fruits, vegetables, whole grains, lean proteins, low fat entrees and fat-free or low fat dairy) intended for inclusion in reimbursable meals

212 ☐ All dressing offered for salads and salad bars must be portion controlled and contain no more than 80 calories per serving

213 ☐ School offers no desserts or only desserts that meet the Alliance Competitive Foods Guidelines

214 ☐ School offers non-fried fish at least once a week. Fish products that meet the criterion for lean proteins (10 g or less total fat, 4.5 g or less saturated fat, and less than 95 mg cholesterol per serving and per 100 g) are permitted.

215 ☐ Oils used during onsite food preparation contain no more than 2g saturated fat per serving (1 Tablespoon)

☐ 2 additional Checklist Criteria, total of 4

GOLD LEVEL AWARD

- ☐ Meets Silver

216 ☐ All grains offered daily, at breakfast and lunch, are whole grains

217 ☐ School offers only lean protein products such as lean red meat, skinless poultry, lean deli meats, fat-free or low fat cheese, beans, tofu, etc. (Lean: 10 g or less total fat, 4.5 g or less saturated fat, and less than 95 mg cholesterol per serving and per 100 g.) The following are exempt: one egg with no fat added; up to 1.5 ounces of reduced fat cheese.

218 ☐ School offers only non-fried products and uses no deep fat frying in food preparation. Par-fried meat/meat alternate products that meet the Alliance criterion for lean proteins and side items (i.e. potato products) that meet the Alliance Competitive Foods Guidelines are permitted.

219 ☐ Starchy vegetables are limited to one cup per week

220 ☐ School offers at least one low fat entrée daily, with no more than 12 g total fat, 4.5 g saturated fat, zero trans fat and 480 mg sodium

☐ 2 additional Checklist Criteria, total of 6

CHECKLIST CRITERIA

221 ☐ Staff prompts students to choose fruits and vegetables

222 ☐ School engages in marketing of healthy options using posters, table tents or creative naming of healthy options

223 ☐ School offers convenient placement of healthy options, e.g. near the register

224 ☐ School makes use of appealing presentation of foods

225 ☐ School provides quick healthy meal options such as "grab and go" meals or vending of reimbursable meals

226 ☐ School permits use of prepaid meal funds only for reimbursable meals and competitive foods and beverages that meet Alliance Guidelines

227 ☐ School has a system in place for students or parents to preselect breakfast and lunch

228 ☐ School designates a meal that meets HSP/HUSSC standards as the default option for meals. Students or parents who desire other options must actively choose them.

229 ☐ Cafeteria environment minimizes distractions from choosing and eating healthy foods through measures such as adequate lighting, noise reduction and seating arrangements

The Alliance for a Healthier Generation provides training tools to help schools identify healthier food options, and begin to make healthier choices in food purchasing and preparation. — Kim Kengor, National School Nutrition Manager

cf competitive foods & beverages

BRONZE LEVEL AWARD

301 ☐ All beverages for sale to students outside of the school meals program during the regular and extended school day meet or exceed the Alliance School Beverage Guidelines. This includes a la carte, vending, snack and other food carts, school store and fundraising.

SILVER LEVEL AWARD

☐ Meets Bronze

302 ☐ All competitive foods for sale to students outside of the school meals program during the regular and extended school day meet the Alliance Competitive Foods Guidelines. This includes a la carte, vending, snack and other food carts, school store and fundraising.

303 ☐ School policies and practices support that all beverages and competitive foods served to students for school and classroom parties during the regular and extended school day meet the Alliance Guidelines. (Exception allowed for a total of two times per year.)

304 ☐ School policies and practices support that food is never used as a reward or reinforcement for students

GOLD LEVEL AWARD

☐ Meets Silver

305 ☐ Food and beverages sold and served in the staff lounge and at school-sponsored staff functions meet at least the Alliance High School Beverage and Competitive Foods Guidelines

306 ☐ Sports drinks (and "other beverages" between 11-66 calories per 8 ounces) are not available in the school setting except when provided by the school for student athletes participating in sport programs involving vigorous activity of more than one hour

307 ☐ School policies and practices restrict branding and marketing to those competitive foods and beverages that meet the Alliance Guidelines

308 ☐ All entrees served as competitive foods (e.g., a la carte, school store, vending, snack cart) shall meet, at least, the Alliance School Meals criterion for a low fat lunch entrée: No more than 12 g total fat, 4.5 g saturated fat, zero trans fat and 480 mg sodium

Conducting fundraisers that are profitable, make use of local resources, engage students in meaningful ways and that do not undermine one's health is in everyone's best interest.

— Kate Lampel Link, Competitive Foods and Beverage Manager

ADDITIONAL INFORMATION
Alliance School Beverage Guidelines

Helping schools provide healthy settings for their students is a top priority for the Alliance for a Healthier Generation. These School Beverage Guidelines were developed to serve as the beverage criteria for the Healthy Schools Program. They will accelerate the shift to lower-calorie and nutritious beverages that children consume during the regular and extended school day. These Guidelines have been adopted by the American Beverage Association, PepsiCo, Coca-Cola and Dr Pepper Snapple Group as their school beverage policy.

Elementary School
Water

Up to 8 ounce servings of milk and 100% juice

- Fat-free or low fat regular and flavored milk with up to 150 calories / 8 ounces*
- 100% juice with no added sweeteners, up to 120 calories / 8 ounces, and with at least 10% of the recommended daily value for three or more vitamins and minerals

Middle School
Water

Up to 10 ounce servings of milk and 100% juice

- Fat-free or low fat regular or flavored milk with up to 150 calories / 8 ounces*
- 100% juice with no added sweeteners, up to 120 calories / 8 ounces, and with at least 10% of the recommended daily value for three or more vitamins and minerals

As a practical matter, if middle school and high school students have shared access to areas on a common campus or in common buildings, then the school community has the option to adopt the high school standard.

High School
Water

No or low calorie beverages with up to 10 calories / 8 ounces

Up to 12 ounce servings of milk, 100% juice, and certain other drinks

- Fat-free or low fat regular and flavored milk with up to 150 calories / 8 ounces*
- 100% juice with no added sweeteners, up to 120 calories / 8 ounces, and with at least 10% of the recommended daily value for three or more vitamins and minerals
- Other drinks with no more than 66 calories / 8 ounces

At least 50% of non-milk beverages must be water and no- or low-calorie options

The Guidelines apply to all beverages (outside of the school meal) sold to students on school grounds during the regular and extended school day. The extended school day includes before and after school activities like clubs, yearbook, band, student government, drama and childcare/latch-key programs. These School Beverage Guidelines do not apply to school-related events (such as interscholastic sporting events, school plays, and band concerts) where parents and other adults constitute a significant portion of the audience or are selling beverages as boosters.

**Milk includes nutritionally equivalent milk alternatives per USDA. The calorie limit for fat-free and low fat flavored milk in CA schools is 180 calories / 8 oz.*

The Competitive Foods and Beverages Toolkit outlines specific steps that stakeholders can take to improve the snack and beverage selection throughout a school environment.

— Kate Lampel Link, Competitive Foods and Beverage Manager

Alliance Competitive Foods Guidelines

These Guidelines apply to snacks, side items, treats, and desserts offered for sale as competitive foods in schools. All such competitive foods shall meet one of the following numbered criteria.

These foods include but are not limited to fruits, vegetables, yogurts (including drinkable yogurt and yogurt smoothies), puddings, soups, cheeses, snack chips (e.g., potato, tortilla, corn, veggie, etc.), pretzels, crackers, popcorn, nuts, seeds, french fries, dried meat snacks, granola bars, energy bars, breakfast bars, health bars, cookies, brownies, snack cakes, coffee cakes, pastries, doughnuts, danishes, candy, confectionery, chocolate, ice cream, frozen yogurt, sherbet, ice pops, frozen fruit bars, and other similar foods.

Items that would be considered to be entrées if sold in the reimbursable meal program, but are sold à la carte as competitive foods, are not subject to these Guidelines.

1. Any fruit with no added sweeteners and total fat listed as 0g on the Nutrition Facts panel, or vegetables that are non-fried. Since fresh fruits and vegetables vary in size and calories naturally, they have no calorie limit. However, calories for packaged fruits and vegetables are easily ascertained according to package nutrition labeling. As such, calorie limits for these fruits and vegetables are specified as follows:

	Elementary	**Middle**	**High**
Fresh	no limit	no limit	no limit
Packaged in own juice	150	180	200
Dried	150	180	200

2. Any reduced-fat or part-skim cheese ≤ 1.5 oz.
3. Any one egg with no added fat or equal amount of egg equivalent with no added fat.
4. Any other food that meets all of the following criteria:
   a. ≤ 35% of total calories from fat
      i. Nuts, nut butters, and seeds are exempt from above limitation and are permitted.
      ii. Fruit and nut combination products described in Addendum 1 are exempt from the above limitation.
   b. ≤ 10% of calories from saturated fat **OR** ≤ 1g saturated fat
      i. Nuts, nut butters, and seeds are exempt from above limitation and are permitted.
   c. 0 g trans fat
   d. ≤ 35% sugar by weight
   e. ≤ 230 mg sodium
      i. Lowfat and fat-free dairy products can have ≤ 480mg sodium
      ii. Vegetables with sauce, and soups can have ≤ 480mg sodium if they contain one or more of the following: ≥ 2g fiber; or ≥ 5g protein; or ≥ 10% DV of Vitamin A, C, E, folate, calcium, magnesium, potassium, or iron; or ≥ 1/2 serving (1/4 cup) of fruit or vegetables.
   f. If products are dairy, they must be non-fat or low fat dairy.
   g. Meet 1 of the following calorie requirements:
      i. ≤ 100 calories
      ii. Vegetables with sauce and soups meeting 3.e above can have 150 calories if they contain two or more of the following: ≥ 2g fiber; or ≥ 5g protein; or ≥ 10% DV of Vitamin A, C, E, folate, calcium, magnesium, potassium, or iron; or ≥ 1/2 serving (1/4 cup) of fruit or vegetables.
      iii. Other foods can have calorie limits per below if they contain one or more of the following: ≥ 2g fiber; or ≥ 5g protein; or ≥ 10% DV of Vitamin A, C, E, folate, calcium, magnesium, potassium, or iron; or ≥ 1/2 serving (1/4 cup) of fruit or vegetables:
         - ≤ 150 calories for elementary schools
         - ≤ 180 calories for middle school
         - ≤ 200 calories for high school

For individual serving packages, these nutritional Guidelines are defined for a whole package as labeled on the package's Nutrition Facts panel. In the event that the food is bought in bulk but served individually, such as on an à la carte line, then the criteria apply to the label serving.

Time of Day
These Guidelines shall apply to items sold on school grounds or at school activities during the regular and extended school day when events are primarily under the control of the school or third parties on behalf of the school. The extended school day is defined as the time before or after the official school day that includes activities such as clubs, yearbook, band and choir practice, student government, drama, sports practices, intramural sports, and childcare / latchkey programs. These Guidelines shall also apply to food supplied by schools during official transportation to and from school and school sponsored activities, including but not limited to field trips and interscholastic sporting events where the school is the visiting team except as specified herein.

These Guidelines do not apply to school sponsored or school related bona fide fundraising activities that take place off of school grounds and not in transit to and from school. Nor do they apply to booster sales at school related events where parents and other adults are a significant part of an audience or are selling food as boosters either during intermission or immediately before or after such events. These school related events frequently occur during evenings and weekends. Examples of these events include but are not limited to interscholastic sporting events, school plays, and band concerts.

Addendum 1: Dried Fruit and Nut Combination Products
Dried fruit and nut products (commonly known as trail mix) are compliant with these Guidelines if they meet the following requirements:

- The items found in the combination product include only dried fruit, and nuts and/or seeds.
- The product contains no added sweeteners.
- The combination product is exempt from the ≤ 35% of total calories from fat requirement, but must meet all requirements around calories, saturated fat, trans fat, sodium, sugar by weight, and positive nutrients.

he health education

BRONZE LEVEL AWARD

401 ☐ At the elementary level, comprehensive health education is required for all students and includes:
- Functional knowledge and skills-based lessons on healthy eating and benefits of physical activity
- A minimum of 30 minutes per week of instructional time or the equivalent number of minutes annually in grades K – 2
- A minimum of 40 minutes per week of instructional time or the equivalent number of minutes annually in grades 3 – 5

402 ☐ At the middle school level, comprehensive health education:
- Includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity
- Is required in at least one grade
- Is taught in a stand-alone, health education course for at least nine weeks or the equivalent number of minutes over the year OR planned units of study are incorporated with other subjects for the equivalent number of minutes over the year

403 ☐ At the high school level, comprehensive health education:
- Includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity
- Is required for high school graduation
- Is taught in a term-long course for at least nine weeks

☐ 2 Checklist Criteria

SILVER LEVEL AWARD

☐ Meets Bronze

404 ☐ At the elementary level, comprehensive health education is required for all students and includes:
- Functional knowledge and skills-based lessons on healthy eating and benefits of physical activity
- A minimum of 40 minutes per week of instructional time or the equivalent number of minutes annually in grades K – 2
- A minimum of 80 minutes per week of instructional time or the equivalent number of minutes annually in grades 3 – 5

405 ☐ At the middle school level, comprehensive health education:
- Includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity
- Is required in at least two grades
- Is taught in a stand-alone, health education course for at least nine weeks or the equivalent number of minutes over the year OR planned units of study are incorporated with other subjects for the equivalent number of minutes over the year

406 ☐ At the high school level, comprehensive health education:
- Includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity
- Is required for .5 credit for high school graduation
- Is taught in a semester-long course or two term-long courses

407 ☐ Health education curriculum and instructional strategies meet the diverse needs and interests of all students

☐ 1 additional Checklist Criterion, total of 3

GOLD LEVEL AWARD

☐ Meets Silver

408 ☐ At the elementary level, comprehensive health education is required for all students and includes:
- Functional knowledge and skills-based lessons on healthy eating and benefits of physical activity
- A minimum of 80 minutes per week of instructional time or the equivalent number of minutes annually in grades K – 2
- A minimum of 120 minutes per week of instructional time or the equivalent number of minutes annually in grades 3 – 5

409 ☐ At the middle school level, comprehensive health education:
- Includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity
- Is required in every grade
- Is taught in a stand-alone, health education course for at least nine weeks or the equivalent number of minutes over the year

410 ☐ At the high school level, comprehensive health education:
- Includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity
- Is required for one credit for high school graduation

411 ☐ Healthy eating and physical activity messages are integrated into at least two other subjects to reinforce what is taught in health education

☐ 1 additional Checklist Criterion, total of 4

CHECKLIST CRITERIA

412 ☐ Health education is taught by trained teachers at the elementary school level and teachers are licensed or certified in health education at the middle and high school levels

413 ☐ All teachers who teach health education receive annual professional development on effective practices for health education, including healthy eating and benefits of physical activity, for a minimum of three contact hours at the elementary level and six contact hours at the middle and high school levels

414 ☐ All students are assessed in health education and results are reported on the report card every term that health education is required

415 ☐ Healthy eating and physical activity instruction is aligned to the national/state health education standards

416 ☐ District or school utilized the CDC's Health Education Curriculum Analysis Tool (HECAT) healthy eating and physical activity modules to enhance, develop or select an appropriate and effective health education curriculum

ew employee wellness

BRONZE LEVEL AWARD

501 ☐ A school employee wellness leader or committee has been identified

502 ☐ A school employee wellness needs or interest assessment has been conducted yearly with staff

503 ☐ School staff have opportunities to participate in physical activities OR healthy eating programs

SILVER LEVEL AWARD

☐ Meets Bronze

504 ☐ School staff have opportunities to participate in physical activities AND healthy eating programs

GOLD LEVEL AWARD

☐ Meets Silver

505 ☐ School staff are actively participating in physical activity and healthy eating programs

506 ☐ School or district annually evaluates the employee wellness program

507 ☐ District has a comprehensive employee wellness program

508 ☐ District insurance coverage provides obesity prevention and treatment services for staff

Rewards and incentives have been proven to be effective in increasing participation in employee wellness programs. Incentives can help employees who are having difficulty deciding to make healthy choices take the first steps in that direction.

— Michelle Owens, National Student and Employee Wellness Manager

pe physical education

BRONZE LEVEL AWARD

601 ☐ Requires all students at the elementary school level to participate in a minimum of 60 minutes of physical education per week (or 120 minutes of physical education per 2 weeks)

602 ☐ Requires all students at the middle school level to participate in a minimum of 90 minutes of physical education per week for the equivalent of one year

603 ☐ Requires all students at the high school level to complete the equivalent of one-half year of physical education and allows students of all grades to enroll in additional physical education

☐ 3 Checklist Criteria

SILVER LEVEL AWARD

☐ Meets Bronze

604 ☐ Requires all students at the elementary school level to participate in a minimum of 90 minutes of physical education per week (or 180 minutes of physical education per 2 weeks)

605 ☐ Requires all students at the middle school level to participate in a minimum of 135 minutes of physical education per week for the equivalent of two years

606 ☐ Requires all students at the high school level to complete the equivalent of one year of physical education and allows students of all grades to enroll in additional physical education

607 ☐ Physical education instructional strategies and other practices meet the diverse needs and interests of all students

☐ 3 additional Checklist Criteria, total of 6

GOLD LEVEL AWARD

☐ Meets Silver

608 ☐ Requires all students at the elementary school level to participate in a minimum of 150 minutes of physical education per week (or 300 minutes of physical education per 2 weeks)

609 ☐ Requires all students at the middle school level to participate in a minimum of 225 minutes of physical education per week for all years of middle school

610 ☐ Requires all students at the high school level to complete the equivalent of one and one-half years of physical education and allows students of all grades to enroll in additional physical education

611 ☐ Physical education is taught by licensed or certified physical educators at all grade levels

☐ 2 additional Checklist Criteria, total of 8

pe continued physical education

CHECKLIST CRITERIA

612 ☐ Students are engaged in moderate to vigorous physical activity at least 50% of physical education class time

613 ☐ Physical education classes are appropriately modified or adapted to promote the participation of all students, in particular students with chronic health conditions and/or special needs

614 ☐ All teachers who teach physical education participate in annual professional development on effective practices for physical education for a minimum of 6 contact hours

615 ☐ All students are assessed in mastery of skills and content in physical education and results are on the report card every term that physical education is required

616 ☐ Instruction is based on a written and sequential curriculum that is aligned to the national/state physical education standards

617 ☐ School provides fitness education, conducts annual health-related fitness assessments, and utilizes assessment results to direct instruction and create individualized physical activity/fitness plans that include goal-setting and monitoring

618 ☐ Student/teacher ratio in physical education is comparable with other classes at all grade levels

619 ☐ Physical education requirements are not waived for other activities or classes

620 ☐ District or school utilized the CDC's Physical Education Curriculum Analysis Tool (PECAT) to enhance, develop or select an appropriate and effective physical education curriculum

Daily, quality physical education at all grade levels is essential to providing instruction and development so that students can learn the skills and knowledge to be active throughout their lifetime.

— Lisa Perry, National Physical Education & Physical Activity Manager

SW student wellness

CHECKLIST CRITERIA

Elementary Bronze: 4 Checklist Criteria Silver: 7 Checklist Criteria Gold: 11 (All) Checklist Criteria	Middle Bronze: 4 Checklist Criteria Silver: 7 Checklist Criteria Gold: 10 (All) Checklist Criteria	High Bronze: 4 Checklist Criteria Silver: 7 Checklist Criteria Gold: 8 (All) Checklist Criteria
701 At the elementary school level, school offers at least 20 minutes of recess daily	705 Snacks are served as part of the After School Snack or Meal Program (reimbursed through the USDA) or an independent snack program that meets the Alliance Competitive Foods and Beverage Guidelines	707 School provides opportunities for students to participate in daily physical activity during the school day (excluding recess and physical education)
702 At the elementary school level, classes participate in recess before lunch	706 Afterschool programs (academic enrichment and tutoring) that serve snacks incorporate nutrition education	708 School utilizes community resources to provide physical activity and/or nutrition education opportunities before or after school
703 Before and afterschool programs dedicate at least 20% of their time to physical activity	707 School provides opportunities for students to participate in daily physical activity during the school day (excluding recess and physical education)	709 School connects students and families with physical activity opportunities in the community
704 All before and after school program staff participate in annual professional development including physical activity and healthy eating as an element of their program	708 School utilizes community resources to provide physical activity and/or nutrition education opportunities before or after school	710 School actively supports and promotes walking or bicycling to and from school
705 Snacks are served as part of the After School Snack or Meal Program (reimbursed through the USDA) or an independent snack program that meets the Alliance Competitive Foods and Beverage Guidelines	709 School connects students and families with physical activity opportunities in the community	711 School policies and practices support that physical activity is not used for or withheld as punishment for students

CHECKLIST CRITERIA continued

Elementary Bronze: 4 Checklist Criteria Silver: 7 Checklist Criteria Gold: 11 (All) Checklist Criteria	Middle Bronze: 4 Checklist Criteria Silver: 7 Checklist Criteria Gold: 10 (All) Checklist Criteria	High Bronze: 4 Checklist Criteria Silver: 7 Checklist Criteria Gold: 8 (All) Checklist Criteria
706 Afterschool programs (academic enrichment and tutoring) that serve snacks incorporate nutrition education	710 School actively supports and promotes walking or bicycling to and from school	712 School offers a range of competitive physical activity opportunities (intramural or interscholastic sports) for all grades before or after the school day
707 School provides opportunities for students to participate in daily physical activity during the school day (excluding recess and physical education)	711 School policies and practices support that physical activity is not used for or withheld as punishment for students	713 School offers a range of non-competitive physical activity opportunities aimed at engaging students in fun, recreational and life-long learning opportunities before or after the school day for all grades
708 School utilizes community resources to provide physical activity and/or nutrition education opportunities before or after school	712 School offers a range of competitive physical activ-ity opportunities (intramural or interscholastic sports) for all grades before or after the school day	714 School provides access to before and after school offerings by making transportation options available
709 School connects students and families with physical activity opportunities in the community	713 School offers a range of non-competitive physical activity opportunities aimed at engaging students in fun, recreational and life-long learning opportunities before or after the school day for all grades	
710 School actively supports and promotes walking or bicycling to and from school	714 School provides access to before and after school offerings by making transportation options available	
711 School policies and practices support that physical activity is not used for or withheld as punishment for students		

GLOSSARY

The following terms appear in the Healthy Schools Program Framework and the Healthy Schools Builder Inventory. The definitions below are intended to clarify these terms and assist schools in effectively interpreting criteria.

100% of food service staff: school food service staff or volunteers that prepare and/or serve meals (those that "touch" food), other non-preparation or non-serving staff or volunteers should be welcome to attend.

After School Snack Program: a program offered by the USDA that offers cash reimbursement to help schools serve snacks to children after their regular school day ends.

All beverages offered for sale: drinks served or offered for sale to students at school outside of the school (reimbursable) meals program including vending machines, a la carte lines, school stores, snack and other food carts and fundraisers.

All beverages served: beverages served to students outside of the school (reimbursable) meals program at events such as school parties and classroom celebrations where students do not actively purchase the products but do consume them.

All competitive foods (and/or beverages) offered for sale: items available at schools outside of the school (reimbursable) meals program including vending machines, a la carte lines, school stores, snack and other food carts and fundraisers. Any item that is offered for individual sale (even if the item is part of a school meal) is considered "competitive." This includes, for example, milk, juice, water and side items.

Alliance Competitive Foods Guidelines: science-based, age-appropriate, calorie and portion controlled standards covering snacks offered for sale to students outside of the school (reimbursable) meal program such as products sold in school vending machines, a la carte lines, snack and other food carts, fundraisers and school stores.

Alliance School Beverage Guidelines: science-based, age-appropriate, calorie and portion controlled standards covering beverages offered for sale to students outside of the school meal program such as products sold in school vending machines, a la carte lines, snack and other food carts, fundraisers and school stores.

Annual training: an annual workshop, seminar, or training opportunity designed specifically for school nutrition professionals.

Assessed in mastery of skills and content: individual student evaluations are obtained through a variety of assessment techniques that assess children's cognitive and affective learning as well as their physical performance. These techniques may include skill rubrics, peer assessments, self-assessments, oral and written assessments. Grading systems reflect the degree to which students achieve the educational instructional goals set for them. Report cards and progress reports provide regular, systemic information about student knowledge and performance.

Benefits of physical activity: in health education, knowledge and skills that promote physical activity; not movement skills that are taught in physical education.

Body Mass Index (BMI): a formula that assesses weight relative to height. It provides a useful screening tool to indirectly measure the amount of body fat.

For additional information, contact 1-888-KID-HLTH or schools@healthiergeneration.org.

GLOSSARY

Branding and marketing of competitive foods and beverages: branding is the practice of using a company's name or logo to create product brand recognition and influence purchasing. Marketing includes product and brand placement (such as exposing students to advertising and actual products), promotions and incentives used to encourage purchasing.

Comprehensive health education: includes the development, delivery and evaluation of planned, sequential and developmentally appropriate instruction and learning experiences designed to protect, promote and enhance the health literacy, skills and well-being of students from kindergarten through high school. Health education topics include healthy eating; physical activity; tobacco, alcohol and other drugs use prevention; mental and emotional health; personal health; safety and injury prevention; sexual health and bullying and violence prevention.

Contact hours: equivalent to clock hours.

Default option for meals: A pre-planned reimbursable meal meeting HSP/HUSSC standards (e.g. for lean protein, whole grains, fruits and vegetables and low fat milk) that is automatically selected for each students unless the student actively selects other foods.

Diversity: a value that is fundamental to school wellness and which should include the practice of respecting and representing individual differences across all elements of the school health environment. Differences include but are not limited to religious beliefs, gender, age, lifestyle choices, communication styles, sexual orientation, economic backgrounds, culture and traditions, ethnicity or race.

Equivalent of a dedicated, stand alone, health education course: 1) health education units of study are equal in time to a term-long course, 2) the units of study are comprised of a sequence of contiguous health lessons and 3) the units of study include functional knowledge and skill-based instruction in healthy eating and physical activity.

Evaluates: school has used tools to help identify needed changes, determine if objectives have been met, and measure impact and participation in program or activities.

Extended school day: time during before- and afterschool activities that includes clubs, intramural sports, band and choir practice, drama rehearsals, etc.

Fitness education: instructional and learning process of acquiring values, knowledge, skills; experiencing regular participation in physical activity; and promoting healthy nutritional choices to achieve life enhancing health-related fitness.

Food and beverage marketing: marketing that includes product and brand placement (such as how students are exposed to advertising and actual products) and promotions and incentives used to entice purchasing.

Functional knowledge: relevant, accurate, reliable information and concepts that results in the adoption and maintenance of healthy behaviors; includes distinguishing between facts and misconceptions; addresses individual values that support health-enhancing behaviors; corrects misperceptions about group norms; and increases personal perception of risk and harmfulness of engaging in specific health risk behaviors.

Health Education Curriculum Analysis Tool: a curriculum analysis tool to help school districts and schools conduct a clear, complete, and consistent analysis of written health education curricula, based upon the national health education standards.

Health-related fitness assessment: includes a variety of health-related physical fitness tests that assess aerobic capacity; muscular strength, muscular endurance, and flexibility; and body composition. Scores from these assessments determine students' overall physical fitness and suggest areas for improvement when appropriate. Aggregate data is used to modify instruction to meet the needs of the students.

HSP/HUSSC standards: refers to the Healthy Schools Program/USDA Healthier US Schools Challenge when used in reference to a reimbursable meal, having a minimum of the following foods: one serving of meat/meat alternate, one full serving of (non-fried) vegetables, one full serving of fruit, one full serving of whole grains, 8 ounces of unflavored 1% milk or nonfat flavored or unflavored milk with no more than 150 calories, no dessert or only a dessert that meets the Alliance Competitive Foods Guidelines.

Implementation: execution or accomplishment of a plan or policy; ensure actual fulfillment by concrete measures.

GLOSSARY

Interscholastic: activities and competitions that occur between students of different schools.

Intramural: activities and competitions that occur between students attending the same school.

Lean protein: meat or meat alternate containing 10 g or less total fat, 4.5 g or less saturated fat, and less than 95 mg cholesterol per serving and per 100 g.

Leveraged resources: maximizing potential and expanding connections with partners to enhance wellness priorities; includes in-kind contributions and discounts for products and services.

Licensed or certified educators: educators that meet state departments of education requirements to hold a teaching license, certificate or endorsement.

Low-fat Entrees: entree with ≤ 12 grams total fat, ≤ 4.5 grams saturated fat, 0 grams trans fat, and ≤ 480 mg sodium.

Moderate to vigorous physical activity: activities that cause an increase in heart rate, breathing and body temperature.

National/state standards for physical education: national and state content standards define what a student should know and be able to do as result of a quality health education or physical education program. They provide a framework for developing realistic and achievable expectations for student performance at every grade level.

Needs/interest assessment: tool used to gather key data to develop support for and plan an employee wellness program and can include the overall health needs and issues facing a group or specific interests.

Non-competitive: activities which do not designate winners.

Non-fried fish: fish products that have not been pre-fried, flash fried, or par-fried during the manufacturing process, nor fried on-site before serving. Fish that meets the lean protein requirements (less than 10 g fat, 4.5 g or less saturated fat, and less than 95 mg cholesterol per serving and per 100 g) is exempt from the non-fried requirement.

Non-fried food products: food products that have not been pre-fried, flash fried, or par-fried during the manufacturing process, nor fried on-site before serving.

Obesity prevention and treatment services: examples include visits to registered dietitian, telephonic health coaching, and/or visits to primary care providers for referral and follow-up care regarding obesity prevention.

Physical activity breaks: planned, structured intervals throughout the school day when students are out of their seats and moving. Physical activity breaks do not include passing periods or recess.

Physical activity opportunities in the community: activities such as organized sports, dance, yoga, martial arts, fun walk/run, community health fairs and other special events that are provided by members or organizations in the school community.

Physical activity: physical activity is bodily movement of any type and may include recreational, fitness and sport activities such as jumping rope, playing soccer, lifting weights, as well as daily activities such as walking to the store, taking the stairs or raking the leaves.

Physical education beyond what is required: all students are allowed to participate in additional physical education classes in addition to fulfilling the standard minute requirement.

Physical Education Curriculum Analysis Tool: the PECAT is a curriculum analysis tool to help school districts conduct a clear, complete, and consistent analysis of written physical education curricula, based upon national physical education standards.

Portion-controlled: a pre-measured portion or portion controlled packet of food, e.g. salad dressing in pre-portioned packets.

Prepaid meal funds: funds that a student or parent has deposited into a school account intended for purchase of foods and beverages in the school foodservice operation.

Preselected meals: Meals that are ordered/selected by the student or parent before the meal period. Example: student or parent orders lunch in advance, such as the previous day or during first period class.

Professional development: specialized training designed to increase or enhance a teacher's knowledge, skills and effectiveness in a specific content area.

GLOSSARY

Reimbursable Meals: a combination of food items served to students at breakfast and/or lunch that meets both nutrition standards and calorie levels for the meal pattern specified in federal regulations and that are priced as a unit.

Report card every term that physical education or health education is required: during any term that a student is required to take physical education or health education, results of assessment will be on the student's report card.

Saturated fat: a fatty acid that has the maximum number of hydrogen atoms. Saturated fats are mostly found in animal products such as meat, whole milk, butter, and lard.

School employee wellness leader or committee: school staff with a commitment to implementing school employee wellness programs. The district school health coordinator might also fulfill the role of employee wellness leader in some cases. A committee can be a new or existing school wellness council, wellness policy team, school safety or accountability committee.

School Improvement Plan: a comprehensive plan that identifies long-range improvement goals for the school. The plan often includes goals to improve academic performance, professional development and school facilities. The plan can also include goals pertaining to student and staff wellness.

School Meals Initiative (SMI): minimum standards for calories and other nutrients, established by USDA in 1995 to improve the nutritional quality of school lunches and breakfasts.

School parties: includes all celebrations held in the school during the regular and extended school day, including classroom parties and all school celebrations such as holiday parties.

Skill-based instruction: incorporates teaching strategies to promote understanding of key health concepts and provides adequate instructional time for the practice and reinforcement of health-enhancing skills.

Sports drink: a beverage that is designed to help rehydrate athletes after vigorous training or competition that is continuous for an hour or more.

Stand-alone course: is on the master schedule, meets on a regularly basis and has a dedicated scope and sequence, pacing guide or curriculum for health education.

State standards: content standards define what a student should know and be able to do as a result of a quality health education or physical education program. They provide a framework for developing realistic and achievable expectations for student performance at every grade level.

Term-long course: the time formally used in the school or district to break out the school year (e.g. quarter, semester, trimester, etc.) equivalent to one grading period.

Trans fat: byproducts of partial hydrogenation, a process in which hydrogen is added back into vegetable oil (polyunsaturated) to turn the oil into a more saturated fat. Sources may be found in commercially prepared baked goods, snack foods, fried foods, and salad dressings.

Unsaturated fat: a fatty acid that is missing one or more pairs of hydrogen atoms, found mainly in many fish, nuts, seeds and oils from plants. Examples of other sources include: salmon, trout, olives, walnuts and liquid vegetable oils such as soybean, corn, safflower, canola, olive and sunflower.

Wellness council/committee: a working group of school staff, families, students, and community members convened to address pressing student health issues. Members are representative of all segments of the community and school. *Note: the School Wellness Council may also be referred to as a School Health Advisory Council or School Wellness Committee. School level Wellness Councils or health teams can also be extensions of district-level councils/committees.*

Wellness policy: a district policy that addresses student health and wellness and a healthy school environment.

Whole grains: foods made from the entire grain seed, usually called the kernel, which consists of the bran, germ, and endosperm. If the kernel has been cracked, crushed, or flaked, it must retain nearly the same relative proportions of bran, germ, and endosperm as the original grain in order to be called whole grain.

healthy schools program expert panel

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School Employee Wellness Manager
Directors of Health Promotion and Education

Charlene Burgeson
Executive Director
National Association of Sport and Physical Education

Gene Etheridge
Retired Principal, Orosi High School,
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Prince George's County Public Schools

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Chief Science Officer
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Kim Stitzel
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Alliance for a Healthier Generation

www.HealthierGeneration.org

Healthy Schools Inventory Worksheet

Effective August 2011

The members of your School Wellness Council can use this worksheet in preparation for answering the Healthy Schools Inventory questions. Helpful tips regarding whom in your school and district might have the answers are included, as well as the evidence to collect to demonstrate successful implementation of the criteria. The evidence of success is also what you need if your school chooses to apply for the Healthy Schools Program National Recognition Award. For more details on the National Recognition Award application, contact Recognition@HealthierGeneration.org.

Policy and Systems (11 Questions)

	Inventory Question	People Who Will Likely Know	Evidence of Success
101	School is implementing the district wellness policy and providing feedback to the district regarding its progress annually ☐ **Yes** ☐ **No**	Principal District Food Service Director	Describe how the school has provided annual feedback to the district regarding its progress on the implementation of the district wellness policy.
102	School has an active wellness council/committee that meets at least every other month during the school year ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Provide three dates when the school wellness council/committee (SWC) met. Indicate the 1) name, 2) position of each member of the wellness council/committee in the school or community and 3) contributions to the committee and wellness efforts.
103	Family members and guardians have the opportunity to provide input to the implementation of wellness policy activities ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Describe two ways the school has given family members and guardians an opportunity for input to the implementation of wellness policy activities.
104	Students have the opportunity to provide input to the implementation of wellness policy activities ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Describe two ways the school has given students an opportunity for input to the implementation of wellness policy activities.

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Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
105	The status of wellness policy implementation at the school level is communicated annually to school staff, students and families ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Describe two ways that the school has communicated the status of wellness policy implementation to school staff, students and families this year.
106	School wellness council/committee recommends new or revised health or wellness policies and activities to the district ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Please share the recommendations the school has made to the district and explain why the recommendations were made. Describe the district's response to the recommendations.
107	Drinking water is available to students free of charge at all times during the school day ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson Custodian	Verify that drinking water is available to students free of charge at all times during the school day.
108	School grounds and/or buildings are open to students, their families and the community for access to physical activities ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson Custodian	Explain how the school shares information about ways community groups, students and families can access school grounds and buildings for physical activities and/or describe joint use policies that are in place.
109	School has secured funds or leveraged resources to support wellness priorities for students and staff ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Provide one example of how the school has secured funds or leveraged resources to support wellness priorities. Be specific about what funds were secured or resources leveraged.
110	School's wellness goals are integrated into the overall School Improvement Plan ☐ **Yes** ☐ **No**	Principal	State which wellness goals have been integrated into the overall School Improvement Plan.
111	School tracks students' body mass index and reports the results to the district in aggregate on an annual basis ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson Physical Education Teacher School Nurse	Describe your school's process for tracking and reporting students' body mass index on an annual basis.

Inventory Worksheet

School Meals (32 Questions)

	Inventory Question	People Who Will Likely Know	Evidence of Success
201-a	School serves breakfast and lunch. ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director Principal	Provide two months (eight consecutive weeks) of breakfast **AND** lunch menus from the months prior to submission of the application. Verify that the date of the last SMI review has taken place within the last 5 years and provide the date of review.
201-b	School breakfast and lunch programs meet USDA School Meals Initiative (SMI) standards for reimbursable meals. ☐ **Yes** ☐ **No**		
201-c	USDA meal program participating district has had a SMI review in the past 5 years and all corrective actions have been completed. ☐ **Yes** ☐ **No**		
202	Annual training covering basic nutrition and healthy eating concepts (techniques for reducing fat and sodium in food preparation, portion control, culinary techniques for handling fresh food, etc.) is completed by 100% of food service staff who prepare and serve meals ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	Provide the date, name of person or organization providing training, and topics covered.
203	School offers only unflavored low fat milk (1% or lower milk fat) or fat-free flavored milk with no more than 150 calories per 8 oz ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	Identify all types of milk served in the cafeteria, including brand name and vendor, fat level, serving size, calories, and flavoring.
204	School offers at least five non-fried, no/low added sugar fruit and/or vegetable options daily ▪ Fruit that is fresh, frozen or canned in juice or light syrup is acceptable ▪ Salad may be counted as one of the five servings ▪ Potato products that have been par-fried (e.g. French fries, hash browns, tater tots) count *only* if they meet the Alliance Competitive Foods Guidelines ☐ **Yes** ☐ **No, 4 options offered daily** ☐ **No, 1-3 options are offered daily**	School Food Service/Cafeteria Manager District Food Service Director	On the two months of menus submitted, verify that the school offers at least five non-fried vegetables or fruits daily. Provide nutrition facts labels and the Product Calculator printout for *potato products* other than mashed or baked potatoes (e.g. French fries, hash browns and tater tots).

Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
205	At least one fruit other than 100% juice is offered at breakfast. Fruit may be fresh, canned or frozen in fruit juice or light syrup. ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	On the two months of menus submitted, identify the daily fruit served at breakfast.
206	A different fruit is served every day of the week at lunch. All servings must be at least ¼ cup. Dried fruit must have no added sugars. Fruit that is fresh, frozen or canned in juice or light syrup is acceptable. ▪ 100% fruit juice can be counted as fruit at lunch only once per week ▪ Fruit at lunch must be served fresh at least 1 day per week ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	On the two months of menus submitted, identify the different fruits offered daily at lunch and the fresh fruit served weekly at lunch. Verify that all juices offered at breakfast and lunch are 100% juice.
207	A different vegetable is served every day of the week at lunch. All servings must be at least ¼ cup. ▪ Dark green or orange vegetables are offered 3 or more days a week. At least one must be dark green. At least one must be orange. ▪ Cooked dry beans or peas (legumes) must be offered each week (includes canned dry beans and peas) ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	On the two months of menus submitted, verify that: ▪ Dark green or orange vegetables are offered 3 or more days a week at lunch. At least one must be dark green. At least one must be orange. ▪ Cooked dry beans or peas (legumes) are offered each week at lunch (includes canned dry beans and peas.)
208	Starchy vegetables are limited to amounts specified by USDA ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	Verify that starchy vegetables are limited to amounts specified by USDA.
209	Half of all grains at breakfast and half of all grains at lunch must be whole grains ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	On the two months of menus submitted, label the whole grain products at breakfast and lunch as WG. ***For packaged grain products:*** Provide an ingredient statement for each packaged whole grain product. ***For school made grain products:*** Provide the recipe for each product.

Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
210	Breakfast and lunch menus are available in the language(s) that parents primarily speak ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	Provide copies of menus offered in other languages OR describe how you help non-English proficient students and families to understand your menus.
211	School conducts yearly taste tests, with students, of healthy foods (fruits, vegetables, whole grains, lean proteins, low fat entrees and fat-free or low fat dairy) intended for inclusion in reimbursable meals ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	List dates, locations, description of foods tested this school year and method of obtaining feedback from students.
212	All dressing offered for salads and salad bars must be portion controlled and contain no more than 80 calories per serving ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	Provide nutrition facts labels for all salad dressings offered to students OR recipe with nutrient values per serving for school made dressings. State how the portion is controlled to limit calories to no more than 80 calories per serving. Include the brand, type, portion, calories.
213	School offers no desserts or only desserts that meet the Alliance Competitive Foods Guidelines ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	***For pre-packaged desserts:*** Locate the dessert on the Product Navigator page. Provide a printout of the product listing OR enter the nutrition facts values into the Product Calculator. Provide a printout of the calculator results. ***For school made desserts:*** Provide the product recipe. Enter the nutrition values for one serving of the recipe into the Product Calculator. Provide a printout of the calculator results.
214	School offers non-fried fish at least once a week. Fish products that meet the criterion for lean proteins (10 g or less total fat, 4.5 g or less saturated fat, and less than 95 mg cholesterol per serving and per 100 g) are permitted. ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	On the two months of menus submitted, verify that non-fried fish appears at least one time per week. For each breaded fish product offered, provide the nutrition facts label.

Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
215	Oils used during onsite food preparation contain no more than 2 g saturated fat per serving (1 Tablespoon) ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	List oils used during onsite food preparation and provide nutrition facts label for each.
216	All grains offered daily, at breakfast and lunch, are whole grains ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	Provide ingredient statements for **all** grain and flour products on the menu. ***For packaged grain products:*** Provide an ingredient statement for each packaged whole grain product. Whole grain must be the first ingredient listed or the first grain ingredient listed. ***For school made grain products:*** Provide the product recipe for each product. If a single grain/flour ingredient is used, it must be whole grain. If more than one grain/flour ingredient is used, the amount of the combined whole grain/flour ingredients must be at least 51% of the total grain/flour ingredients in the recipe.
217	School offers only lean protein products such as lean red meat, skinless poultry, lean deli meats, fat-free or low fat cheese, beans, tofu, etc. (Lean: 10 g or less total fat, 4.5 g or less saturated fat, and less than 95 mg cholesterol per serving and per 100 g.) The following are exempt: one egg with no fat added; up to 1.5 ounces of reduced fat cheese. ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	Provide nutrition facts labels for *all* protein products featured on two months of menus submitted.

Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
218	School offers only non-fried products and uses no deep fat frying in food preparation. Par-fried meat/meat alternate products that meet the Alliance criterion for lean proteins and side items (i.e. potato products) that meet the Alliance Competitive Foods Guidelines are permitted. ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	For ***breaded entrees*** such as chicken and fish, provide nutrition facts label to verify each product meets the criteria for lean protein: 10 g or less total fat, 4.5 g or less saturated fat, and less than 95 mg cholesterol per serving and per 100 g. For ***potato products*** such as French fries, oven fries, potato wedges, hash browns, home fries and tater tots, provide nutrition facts label for each product. Enter the nutrient values into the Product Calculator. Use the "fried vegetables" category. Provide the **calculator printout** to verify each product meets Alliance Competitive Foods Guidelines.
219	Starchy vegetables are limited to one cup per week ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	Verify that starchy vegetables as defined by USDA are limited to one cup per week.
220	School offers at least one low fat entrée daily, with no more than 12 g total fat, 4.5 g saturated fat, zero trans fat and 480 mg sodium ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	On the two months of menus submitted, label the low fat entrée each day as LFE. Enter the total fat grams, saturated fat grams, trans fat grams and sodium in milligrams for five consecutive days of entrees in the chart provided. For entrees with multiple components (e.g. yogurt/muffin/string cheese) provide this information for each component and for the entire entrée. Salad entrees must include salad dressing in the total.

Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
221	Staff prompts students to choose fruits and vegetables ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	Describe how staff prompts students to choose fruits and vegetables.
222	School engages in marketing of healthy options using posters, table tents or creative naming of healthy options ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	Describe at least two techniques used to market healthy foods. Provide digital photos or samples of posters, table tents, etc. For creative naming, menu will be used to verify.
223	School offers convenient placement of healthy options, e.g. near the register ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	Describe how placement of healthy food options encourages increased consumption from students. Provide digital photo of set up where possible.
224	School makes use of appealing presentation of foods ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	Describe at least two presentation techniques your school uses to increase eye appeal of healthy foods. Provide digital photos of creative presentation of foods where possible.
225	School provides quick healthy meal options such as “grab and go” meals or vending of reimbursable meals ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	Describe how school makes convenient, healthy “grab and go” meals or vended reimbursable meals available to students. Provide digital photos of “grab and go” or vending of reimbursable meals where possible.
226	School permits use of prepaid meal funds only for reimbursable meals and competitive foods and beverages that meet Alliance Guidelines ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	Describe how use of prepaid funds is limited to reimbursable meals and competitive foods and beverages that meet Alliance guidelines.
227	School has a system in place for students or parents to preselect breakfast and lunch ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	Describe your system for pre-selection of breakfast and lunch by students or parents.

Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
228	School designates a meal that meets HSP/HUSSC standards as the default option for meals. Students or parents who desire other options must actively choose them. ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	Describe how your school has implemented a default meal option meeting HSP/HUSSC standards.
229	Cafeteria environment minimizes distractions from choosing and eating healthy foods through measures such as adequate lighting, noise reduction and seating arrangements ☐ **Yes** ☐ **No**	School Food Service/Cafeteria Manager District Food Service Director	Describe at least one feature of your cafeteria environment that minimizes distractions from choosing and eating healthy foods. Provide digital photos if applicable.

Inventory Worksheet

Competitive Foods and Beverages (8 Questions)

	Inventory Question	People Who Will Likely Know	Evidence of Success
301	All beverages for sale to students outside of the school meals program during the regular and extended school day meet or exceed the Alliance School Beverage Guidelines. This includes a la carte, vending, snack and other food carts, school store and fundraising. ☐ **Yes** ☐ **No**	Principal School Food Service/Cafeteria Manager District Food Service Director Athletic Director School Store Manager PTA/PTO	Complete the *Alliance School Beverage Inventory.* Be sure to include the description (brand, product name, flavor/type and size) of **all** beverages sold including Product Navigator identification of products or product labels.
302	All competitive foods for sale to students outside of the school meals program during the regular and extended school day meet the Alliance Competitive Foods Guidelines. This includes a la carte, vending, snack and other food carts, school store and fundraising. ☐ **Yes** ☐ **No**	Principal School Food Service/Cafeteria Manager District Food Service Director	Complete the *Alliance Competitive Foods Inventory.* Be sure to include the description (brand, product name, flavor/type and size) of **all** competitive foods sold including Product Navigator identification of products, printouts from the Product Calculator or product labels.
303	School policies and practices support that all beverages and competitive foods served to students for school and classroom parties during the regular and extended school day meet the Alliance Guidelines. (Exception allowed for a total of two times per year.) ☐ **Yes** ☐ **No**	Principal School Food Service/Cafeteria Manager District Food Service Director	Provide a copy of the policy, a policy statement or relevant letters to school staff, parents/families or students that explain how school and classroom parties must align with the Alliance Guidelines. **OR** Clearly explain how school and classroom parties and celebrations are specifically aligned to the Alliance School Beverage and Competitive Foods Guidelines.

Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
304	School policies and practices support that food is never used as a reward or reinforcement for students ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Provide a copy of the policy, a policy statement or relevant letters to school staff, parents/families or students that articulate that food is never used as a reward or reinforcement. **OR** Clearly explain how policies and practices, including consistent school-wide messaging, enforce that food is never used as a reward or reinforcement throughout the school, including every classroom.
305	Food and beverages sold and served in the staff lounge and at school-sponsored staff functions meet at least the Alliance High School Beverage and Competitive Foods Guidelines ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Provide two or more photographs of each staff lounge vending machine (with all products clearly identifiable) or complete the *Staff Vending Inventory* **AND** Clearly explain how foods and beverages served at school faculty/staff functions meet the Alliance Competitive Foods and School Beverage Guidelines for high schools. Include a description of foods and beverages typically served and messaging that enforces the serving of only compliant items.
306	Sports drinks (and "other beverages" between 11-66 calories per 8 ounces) are not available in the school setting except when provided by the school for student athletes participating in sport programs involving vigorous activity of more than one hour ☐ **Yes** ☐ **No**	Principal School Food Service/Cafeteria Manager District Food Service Director Athletic Director School Store Manager	Provide a copy of the beverage and/or sports drinks policy, a policy statement or relevant letters to school staff, parents/families or students that describe limiting this class of beverages for all students except for athletes participating in sport programs involving vigorous activity of more than one hour. **OR** Clearly explain where and when sports drinks (and "other beverages") are allowed for students on the school campus. Include types of beverages, hours available and the venues where they can be found.

Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
307	School policies and practices restrict branding and marketing to those competitive foods and beverages that meet the Alliance Guidelines ☐ **Yes** ☐ **No**	Principal School Food Service/Cafeteria Manager District Food Service Director Athletic Director	Provide a copy of the policy, a policy statement or relevant letters to vendors, school staff, parents/families or students that restrict branding and marketing practices to only those products that meet the Guidelines. **OR** Clearly explain how competitive foods and beverage branding and marketing are restricted.
308	All entrees served as competitive foods (e.g., a la carte, school store, vending, snack cart) shall meet, at least, the Alliance School Meals criterion for a low fat lunch entrée: No more than 12 g total fat, 4.5 g saturated fat, zero trans fat and 480 mg sodium ☐ **Yes** ☐ **No**	Principal School Food Service/Cafeteria Manager District Food Service Director	Complete the chart for five competitive food entrées: Total fat grams, saturated fat grams, trans fat grams and sodium in milligrams. For entrees with multiple components (e.g. yogurt/muffin/string cheese) provide this information for each component and for the entire entrée. Salad entrées must include salad dressing in the total.

Inventory Worksheet

Health Education (27 Questions)

	Inventory Question	People Who Will Likely Know	Evidence of Success
401-a	At the elementary level, comprehensive health education is required for all students and includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity. ☐ **Yes** ☐ **No**	Principal District Curriculum or Health Education Specialist Health Education Teacher	Document the amount of health education instruction required, either as a stand-alone class or incorporated with other subjects. Identify by grade the concepts and skills related to healthy eating and physical activity that are taught as part of health education. Identify at least 5 effective strategies that are regularly used to teach health education in your school.
401-b	Provides a minimum of 30 minutes per week of instructional time or the equivalent number of minutes annually in grades K – 2 AND A minimum of 40 minutes per week of instructional time or the equivalent number of minutes annually in grades 3 – 5. ☐ **Yes** ☐ **No**		
402-a	At the middle school level, comprehensive health education includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity and is taught in a stand-alone health education course for at least 9 weeks or the equivalent number of minutes over the year OR planned units of study are incorporated with other subjects for the equivalent number of minutes over the year. ☐ **Yes** ☐ **No**	Principal District Curriculum or Health Education Specialist Health Education Teacher	Document the amount of health education instruction required, either as a stand-alone class or incorporated with other subjects. Identify by grade the concepts and skills related to healthy eating and physical activity that are taught as part of health education. Identify at least 5 effective strategies that are regularly used to teach health education in your school.
402-b	At the middle school level, comprehensive health education is required in at least 1 grade. ☐ **Yes** ☐ **No**		

Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
403-a	At the high school level, comprehensive health education includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity: ☐ **Yes** ☐ **No**	Principal District Curriculum or Health Education Specialist Health Education Teacher	Document the amount of health education instruction required for high school graduation. Identify the concepts and skills related to healthy eating and physical activity that are taught as part of health education. Identify at least 5 effective strategies that are regularly used to teach health education in your school.
403-b	At the high school level, comprehensive health education is required for high school graduation. ☐ **Yes** ☐ **No**		
403-c	At the high school level, comprehensive health education is taught in a term-long course for at least nine weeks. ☐ **Yes** ☐ **No**		
404-a	At the elementary level, comprehensive health education is required for all students and includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity. ☐ **Yes** ☐ **No**	Principal District Curriculum or Health Education Specialist Health Education Teacher	Document the amount of health education instruction required, either as a stand-alone class or incorporated with other subjects. Identify by grade the concepts and skills related to healthy eating and physical activity that are taught as part of health education. Identify at least 5 effective strategies that are regularly used to teach health education in your school.
404-b	At the elementary level, comprehensive health education provides a minimum of 40 minutes per week of instructional time or the equivalent number of minutes annually in grades K – 2 AND A minimum of 80 minutes per week of instructional time or the equivalent number of minutes annually in grades 3 – 5 ☐ **Yes** ☐ **No**		

Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
405-a	At the middle school level, comprehensive health education includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity and is taught in a stand-alone health education course for at least 9 weeks or the equivalent number of minutes over the year OR planned units of study are incorporated with other subjects for the equivalent number of minutes over the year. ☐ **Yes** ☐ **No**	Principal District Curriculum or Health Education Specialist Health Education Teacher	Document the amount of health education instruction required, either as a stand-alone class or incorporated with other subjects. Identify by grade the concepts and skills related to healthy eating and physical activity that are taught as part of health education. Identify at least 5 effective strategies that are regularly used to teach health education in your school.
405-b	At the middle school level, comprehensive health education is required in at least 2 grades. ☐ **Yes** ☐ **No**		
406-a	At the high school level, comprehensive health education includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity. ☐ **Yes** ☐ **No**	Principal District Curriculum or Health Education Specialist Health Education Teacher	Document the amount of health education instruction required for high school graduation. Identify the concepts and skills related to healthy eating and physical activity that are taught as part of health education. Identify at least 5 effective strategies that are regularly used to teach health education in your school.
406-b	At the high school level, comprehensive health education is required for .5 credit for high school graduation. ☐ **Yes** ☐ **No**		
406-c	At the high school level, comprehensive health education is taught in a semester-long course or two term-long courses. ☐ **Yes** ☐ **No**		
407	Health education curriculum and instructional strategies meet the diverse needs and interests of all students ☐ **Yes** ☐ **No**	Principal District Curriculum or Health Education Specialist Health Education Teacher	Identify at least 3 strategies that are regularly used in health education classes to meet the diverse needs and interests of all students.

Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
408-a	At the elementary level, comprehensive health education is required for all students and includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity. ☐ **Yes** ☐ **No**	Principal District Curriculum or Health Education Specialist Health Education Teacher	Document the amount of health education instruction required, either as a stand-alone class or incorporated with other subjects. Identify by grade the concepts and skills related to healthy eating and physical activity that are taught as part of health education. Identify at least 5 effective strategies that are regularly used to teach health education in your school.
408-b	At the elementary level, comprehensive health education provides a minimum of 80 minutes per week of instructional time or the equivalent number of minutes annually in grades K – 2 AND A minimum of 120 minutes per week of instructional time or the equivalent number of minutes annually in grades 3 – 5. ☐ **Yes** ☐ **No**		
409-a	At the middle school level, comprehensive health education includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity and is taught in a stand-alone health education course for at least 9 weeks or the equivalent number of minutes over the year OR planned units of study are incorporated with other subjects for the equivalent number of minutes over the year. ☐ **Yes** ☐ **No**	Principal District Curriculum or Health Education Specialist Health Education Teacher	Document the amount of health education instruction required. Identify by grade the concepts and skills related to healthy eating and physical activity that are taught as part of health education. Identify at least 5 effective strategies that are regularly used to teach health education in your school.
409-b	At the middle school level, comprehensive health education is required in every grade. ☐ **Yes** ☐ **No**		

Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
410-a	At the high school level, comprehensive health education includes functional knowledge and skills-based lessons on healthy eating and benefits of physical activity. ☐ **Yes** ☐ **No**	Principal District Curriculum or Health Education Specialist Health Education Teacher	Document the amount of health education instruction required for high school graduation. Identify the concepts and skills related to healthy eating and physical activity that are taught as part of health education. Identify at least 5 effective strategies that are regularly used to teach health education in your school.
410-b	At the high school level, comprehensive health education is required for one credit for high school graduation. ☐ **Yes** ☐ **No**		
411	Healthy eating and physical activity messages are integrated into at least two other subjects to reinforce what is taught in health education ☐ **Yes** ☐ **No**	Principal District Curriculum or Health Education Specialist Health Education Teacher	Document by grades, which subjects integrate and reinforce healthy eating and physical activity messages. Describe examples of the healthy eating and physical activity messages.
412	Health education is taught by trained teachers at the elementary school level and teachers are licensed or certified in health education at the middle and high school levels ☐ **Yes** ☐ **No**	Principal District Curriculum or Health Education Specialist Health Education Teacher	Verify that elementary teachers who teach health education have been appropriately trained, and verify that middle and high school teachers who teach health education hold a current certificate/license in health education.
413	All teachers who teach health education receive annual professional development on effective practices for health education, including healthy eating and benefits of physical activity, for a minimum of three contact hours at the elementary level and six contact hours at the middle and high school levels ☐ **Yes** ☐ **No**	Principal District Curriculum or Health Education Specialist Health Education Teacher	Verify teachers who teach health education receive the appropriate contact hours of annual professional development on effective practices for health education, including healthy eating and benefits of physical activity, and identify the types of professional development teachers received.
414	All students are assessed in health education and results are reported on the report card every term that health education is required ☐ **Yes** ☐ **No**	Principal District Curriculum or Health Education Specialist Health Education Teacher	Submit a student report card template with health education clearly delineated for every grade that health education is taught and describe one performance assessment that measures student learning of healthy eating and/or physical activity concepts and skills that is administered to students in your school.

Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
415	Healthy eating and physical activity instruction is aligned to the national/state health education standards ☐ **Yes** ☐ **No**	Principal District Curriculum or Health Education Specialist Health Education Teacher	Document lessons related to healthy eating and physical activity by grade span and indicate alignment to state or national health education standards.
416	District or school utilized the CDC's Health Education Curriculum Analysis Tool (HECAT) healthy eating and physical activity modules to enhance, develop or select an appropriate and effective health education curriculum ☐ **Yes** ☐ **No**	Principal District Curriculum or Health Education Specialist Health Education Teacher	Provide the results of the analysis from the HECAT Improvement Plan Worksheet.

Inventory Worksheet

Employee Wellness (8 Questions)

	Inventory Question	People Who Will Likely Know	Evidence of Success
501	A school employee wellness leader or committee has been identified ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Identify the employee wellness leader, their position and other committee members (if applicable).
502	A school employee wellness needs or interest assessment has been conducted yearly with staff ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Provide a detailed summary of the results of the interest survey or needs assessment.
503	School staff have opportunities to participate in physical activities OR healthy eating programs ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Describe how physical activity **OR** healthy eating programs are being implemented.
504	School staff have opportunities to participate in physical activities AND healthy eating programs ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Describe how physical activity **AND** healthy eating programs are being implemented.
505	School staff are actively participating in physical activity and healthy eating programs ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Describe how the employee wellness program determines staff participation in physical activity and healthy eating programs compared to total number of staff in the school.
506	School or district annually evaluates the employee wellness program ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson District Administrator	Describe how the employee wellness program is being evaluated. Attach evaluation results as supporting documentation as applicable.
507	District has a comprehensive employee wellness program ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson District Administrator	Provide documentation from the district describing the comprehensive employee wellness program available for all school staff.
508	District insurance coverage provides obesity prevention and treatment services for staff ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson District Administrator	Attach a copy of your district insurance policy highlighting coverage of obesity prevention and treatment options.

Inventory Worksheet

Physical Education (26 Questions)

	Inventory Question	People Who Will Likely Know	Evidence of Success
601	Requires all students at the elementary school level to participate in a minimum of 60 minutes of physical education per week (or 120 minutes of physical education per 2 weeks) ☐ **Yes** ☐ **No**	Principal Physical Education Teacher	Determine how many minutes of PE per week (or per 2 weeks) each grade level receives.
602-a	Requires all students at the middle school level to participate in a minimum of 90 minutes per week. ☐ **Yes** ☐ **No**	Principal Physical Education Teacher	Determine how many minutes of PE per week each grade level receives.
602-b	Requires all students at the middle school level to participate in physical education for the equivalent of one year. ☐ **Yes** ☐ **No**		
603-a	Requires all students at the high school level to participate in physical education for the equivalent of one half year. ☐ **Yes** ☐ **No**	Principal Physical Education Teacher	Determine number of required years of PE.
603-b	Allows students of all grades to enroll in additional physical education. ☐ **Yes** ☐ **No**		
604	Requires all students at the elementary school level to participate in a minimum of 90 minutes of physical education per week (or 180 minutes of physical education per 2 weeks) ☐ **Yes** ☐ **No**	Principal Physical Education Teacher	Determine how many minutes of PE per week (or per 2 weeks) each grade level receives.

Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
605-a	Requires all students at the middle school level to participate in a minimum of 135 minutes per week. ☐ **Yes** ☐ **No**	Principal Physical Education Teacher	Determine how many minutes of PE per week each grade level receives.
605-b	Requires all students at the middle school level to participate in physical education for the equivalent of two years. ☐ **Yes** ☐ **No**		
606-a	Requires all students at the high school level to participate in physical education for the equivalent of one year. ☐ **Yes** ☐ **No**	Principal Physical Education Teacher	Determine number of required years of PE.
606-b	Allows students of all grades to enroll in additional physical education. ☐ **Yes** ☐ **No**		
607	Physical education instructional strategies and other practices meet the diverse needs and interests of all students ☐ **Yes** ☐ **No**	Principal Physical Education Teacher District Curriculum Specialist	Identify at least 5 strategies that are regularly used in physical education to meet the diverse needs and interests of all students.
608	Requires all students at the elementary school level to participate in a minimum of 150 minutes of physical education per week (or 300 minutes of physical education per 2 weeks) ☐ **Yes** ☐ **No**	Principal Physical Education Teacher	Determine how many minutes of PE per week (or per 2 weeks) each grade level receives.
609-a	Requires all students at the middle school level to participate in a minimum of 225 minutes per week. ☐ **Yes** ☐ **No**	Principal Physical Education Teacher	Determine how many minutes of PE per week each grade level receives.
609-b	Requires all students at the middle school level to participate in physical education for all years. ☐ **Yes** ☐ **No**		

Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
610-a	Requires all students at the high school level to participate in physical education for one and one-half years. ☐ **Yes** ☐ **No**	Principal Physical Education Teacher	Determine number of required years of PE.
610-b	Allows students of all grades to enroll in additional physical education. ☐ **Yes** ☐ **No**		
611	Physical education is taught by licensed or certified physical educators at all grade levels ☐ **Yes** ☐ **No**	Principal Physical Education Teacher District Curriculum Specialist	Verify physical education is taught by licensed physical education teachers. List the name of each physical educator, the license or certification area and expiration date.
612	Students are engaged in moderate to vigorous physical activity at least 50% of physical education class time ☐ **Yes** ☐ **No**	Principal Physical Education Teacher	Identify at least eight strategies which are employed on a regular basis in your school's PE classes to encourage moderate to vigorous physical activity.
613	Physical education classes are appropriately modified or adapted to promote the participation of all students, in particular students with chronic health conditions and/or special needs ☐ **Yes** ☐ **No**	Principal Physical Education Teacher District Curriculum Specialist	Describe how PE classes are appropriately modified or adapted to promote the participation of all students in PE. Provide at least one example of how instruction is modified for students with mental disabilities.
614	All teachers who teach physical education participate in annual professional development on effective practices for physical education for a minimum of 6 contact hours ☐ **Yes** ☐ **No**	Principal Physical Education Teacher District Curriculum Specialist	Verify teachers who teach physical education receive the appropriate contact hours of annual professional development on effective practices for physical education, and identify the types of professional development teachers received.
615	All students are assessed in mastery of skills and content in physical education and results are on the report card every term that physical education is required ☐ **Yes** ☐ **No**	Principal Physical Education Teacher	Verify students are assessed in mastery of skills and content in physical education and results are on the report card every term that physical education is required. Describe how students are assessed in mastery of skills and knowledge of content.

Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
616	Instruction is based on a written and sequential curriculum that is aligned to the national/state physical education standards ☐ **Yes** ☐ **No**	Principal Physical Education Teacher District Curriculum Specialist	Document topics taught by grade span and indicate alignment to state or national physical education standards.
617	School provides fitness education, conducts annual health-related fitness assessments, and utilizes assessment results to direct instruction and create individualized physical activity/fitness plans that include goal-setting and monitoring ☐ **Yes** ☐ **No**	Principal Physical Education Teacher	Verify that school provides fitness education, conducts annual health-related fitness assessments and utilizes assessment results to direct instruction and create individualized physical activity/fitness plans that include goal-setting and monitoring.
618	Student/teacher ratio in physical education is comparable with other classes at all grade levels ☐ **Yes** ☐ **No**	Principal Physical Education Teacher	Verify all PE classes maintain the same student/teacher ratio as all grade level or core content classes.
619	Physical education requirements are not waived for other activities or classes ☐ **Yes** ☐ **No**	Principal Physical Education Teacher School Counselor	Verify district or school policy prohibits substitution of other classes or activities for physical education requirements.
620	District or school utilized the CDC's Physical Education Curriculum Analysis Tool (PECAT) to enhance, develop or select an appropriate and effective physical education curriculum ☐ **Yes** ☐ **No**	Principal Physical Education Teacher District Curriculum Specialist	Provide the results of the analysis from the PECAT Improvement Plan Worksheet.

Inventory Worksheet

Physical Education (14 Questions)

Applies to Elementary (ELE), Middle (MS), High (HS)

	Inventory Question	People Who Will Likely Know	Evidence of Success
701	At the elementary school level, school offers at least 20 minutes of recess daily (ELE) ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Document how many minutes of recess each grade receives each day.
702	At the elementary school level, classes participate in recess before lunch (ELE) ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Provide the date when recess before lunch was implemented for all grades. Describe the challenges to implementing recess before lunch and how the school overcame these challenges and developed a successful implementation of recess before lunch.
703	Before and afterschool programs dedicate at least 20% of their time to physical activity (ELE) ☐ **Yes** ☐ **No**	Principal Before and Afterschool Director	Provide a copy of or document the before or afterschool weekly schedule showing physical activities offered and the time allotted each day for all students to participate.
704	All before and after school program staff participate in annual professional development including physical activity and healthy eating as an element of their program (ELE) ☐ **Yes** ☐ **No**	Principal Before and Afterschool Director	Verify all before and after school program staff receive annual professional development including incorporating physical activity and healthy eating as an element to their program, and identify the training date, training organization, and topics covered.
705	Snacks are served as part of the After School Snack or Meal Program (reimbursed through the USDA) or an independent snack program that meets the Alliance Competitive Foods and Beverage Guidelines (ELE, MS) ☐ **Yes** ☐ **No**	Principal Before and Afterschool Director School Food Service Director/Cafeteria Manager District Food Service Director	Identify whether the snack program is provided by NSLP, CACFP, or an independent program and provide a monthly snack menu for snacks reimbursed through the USDA.
706	Afterschool programs (academic enrichment and tutoring) that serve snacks incorporate nutrition education (ELE, MS) ☐ **Yes** ☐ **No**	Principal Before and Afterschool Director	Describe how afterschool programs that serve snacks provide nutrition education opportunities for all students.

Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
707	School provides opportunities for students to participate in daily physical activity during the school day (excluding recess and physical education) (ELE, MS, HS) ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Describe how the school integrates structured physical activity breaks into daily activities for all students.
708	School utilizes community resources to provide physical activity and/or nutrition education opportunities before or after school (ELE, MS, HS) ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Describe how the school utilizes community resources to provide physical activity and nutrition education opportunities for students.
709	School connects students and families with physical activity opportunities in the community (ELE, MS, HS) ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Describe how physical activity opportunities in the community are promoted by the school.
710	School actively supports and promotes walking or bicycling to and from school (ELE, MS, HS) ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Identify strategies the school uses to promote walking and bicycling to and from school:
711	School policies and practices support that physical activity is not used for or withheld as punishment for students (ELE, MS, HS) ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Provide a copy of the policy, a policy statement or relevant letters to school staff, parents/families or students that support that physical activity is not used or withheld as punishment for students. **OR** Clearly explain how school practices support that physical activity is not used or withheld as punishment for students.
712	School offers a range of competitive physical activity opportunities (intramural or interscholastic sports) for all grades before or after the school day (MS, HS) ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson Athletic Director	Document the school's monthly competitive physical activity opportunities (intramural or interscholastic sports) before or after the school day.

Inventory Worksheet

	Inventory Question	People Who Will Likely Know	Evidence of Success
713	School offers a range of non-competitive physical activity opportunities aimed at engaging students in fun, recreational and life-long learning opportunities before or after the school day for all grades (MS, HS) ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson	Document the school's monthly non-competitive physical activity opportunities aimed at engaging students in fun, recreational and life-long learning opportunities before or after the school day.
714	School provides access to before and after school offerings by making transportation options available (MS, HS) ☐ **Yes** ☐ **No**	Principal School Wellness Council Chairperson District Transportation Director	Describe the transportation options that are offered to students attending before and afterschool programs.

Dataset 6. Arizona, Prince George's County (Maryland) and Nevada Healthy Schools Youth Survey Data File

Alliance for a Healthier Generation

Healthy Schools Program Evaluation

Codebook for Dataset 6

SchoolID	**School ID**
Location:	**1**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
22806	0	11900	25179

Cohort	**Cohort from which the data was collected**
Location:	**2**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
7	Prince Georges	10576	46.4%
8	Nevada	3972	17.4%
9	Arizona	8258	36.2%
-9	missing	0	0.0%

Wave	**Survey wave**
Location:	**3**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Time1	11952	52.4%
2	Time2	10854	47.6%
-9	missing	0	0.0%

Wave.year	**Year that survey wave took place**
Location:	**4**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	2008-2009	7793	34.2%
2	2010-2011	10914	47.9%
3	2012-2013	4099	18.0%
-9	missing	0	0.0%

Level	**School level**
Location:	**5**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Elementary School	7599	33.3%
2	Middle School	11163	48.9%
3	High School	3872	17.0%
4	K-12	172	0.8%
-9	missing	0	0.0%

Age	**Q1 How old are you?**
Location:	**6**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
8	less than 9	20	0.1%
9	9 years old	110	0.5%
10	10 years old	5365	23.5%
11	11 years old	2014	8.8%
12	12 years old	292	1.3%
13	13 years old	7119	31.2%
14	14 years old	3559	15.6%
15	15 years old	1062	4.7%
16	16 years old	2369	10.4%
17	17 years old	518	2.3%
18	18 or older	34	0.1%
-9	missing: not answered	242	1.1%
-8	missing: invalid	88	0.4%
-1	missing: not asked	14	0.1%

Gender	**Q2 Are you: (male or female)?**
Location:	**7**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Male	11359	49.8%
2	Female	11173	49.0%
-9	missing: not answered	261	1.1%
-8	missing: invalid	0	0.0%
-1	missing: not asked	13	0.1%

Lastschoolnew	**Q3 Did you go to this school last year?**
Location:	**8**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	2646	11.6%
1	Yes	19536	85.7%
-9	missing: not answered	460	2.0%
-8	missing: invalid	0	0.0%
-1	missing: not asked	164	0.7%

Americanindian	**Q4.1 How do you describe yourself?- American Indian or Alaskan Native**
Location:	**9**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	20906	91.7%
1	Yes	1227	5.4%
-9	missing: not answered	673	3.0%
-8	missing: invalid	0	0.0%
-1	missing: not asked	0	0.0%

Asian	**Q4.2 How do you describe yourself?- Asian or Asian American**
Location:	**10**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	20792	91.2%
1	Yes	1341	5.9%
-9	missing: not answered	673	3.0%
-8	missing: invalid	0	0.0%
-1	missing: not asked	0	0.0%

Black	**Q4.3 How do you describe yourself?- Black or African American**
Location:	**11**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	14395	63.1%
1	Yes	7738	33.9%
-9	missing: not answered	673	3.0%
-8	missing: invalid	0	0.0%
-1	missing: not asked	0	0.0%

Hawaiian	**Q4.4 How do you describe yourself?- Hawaiian or Pacific Islander**
Location:	**12**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	21740	95.3%
1	Yes	393	1.7%
-9	missing: not answered	673	3.0%
-8	missing: invalid	0	0.0%
-1	missing: not asked	0	0.0%

White	**Q4.5 How do you describe yourself?- White**
Location:	**13**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	13926	61.1%
1	Yes	8207	36.0%
-9	missing: not answered	673	3.0%
-8	missing: invalid	0	0.0%
-1	missing: not asked	0	0.0%

Otherrace	**Q4.6 How do you describe yourself?- Other**
Location:	**14**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	16099	70.6%
1	Yes	6034	26.5%
-9	missing: not answered	673	3.0%
-8	missing: invalid	0	0.0%
-1	missing: not asked	0	0.0%

Hispanic	**Q5 Are you Hispanic or Latino?**
Location:	**15**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	15782	69.2%
1	Yes	6296	27.6%
-9	missing: not answered	558	2.4%
-8	missing: invalid	0	0.0%
-1	missing: not asked	170	0.7%

Healthlimit	**Q6 Do you have any health condition that limits your physical activity?**
Location:	**16**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	18557	81.4%
1	Yes	3498	15.3%
-9	missing: not answered	556	2.4%
-8	missing: invalid	0	0.0%
-1	missing: not asked	195	0.9%

Grade	**Q7 What grade are you in?**
Location:	**17**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
4	4th grade	0	0.0%
5	5th grade	7603	33.3%
6	6th grade	0	0.0%
7	7th grade	0	0.0%
8	8th grade	11074	48.6%
9	9th grade	0	0.0%
10	10th grade	1504	6.6%
11	11th grade	2326	10.2%
12	12th grade	0	0.0%
-9	missing: not answered	209	0.9%
-8	missing: invalid	88	0.4%
-1	missing: not asked	2	0.0%

Transportnice	**Q8 When it's nice outside, how do you usually get to school?**
Location:	**18**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Car/carpool	6391	28.0%
2	School bus	10090	44.2%
3	City bus	107	0.5%
4	Walk	2755	12.1%
5	Ride bicycle	551	2.4%
6	Skates or scooter	83	0.4%
7	Other	216	0.9%
8	More than one of these ways	2084	9.1%
-9	missing: not answered	455	2.0%
-8	missing: invalid	0	0.0%
-1	missing: not asked	74	0.3%

Transportbad	**Q9 When it's not nice outside, how do you usually get to school?**
Location:	**19**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Car/carpool	9043	39.7%
2	School bus	9600	42.1%
3	City bus	125	0.5%
4	Walk	1543	6.8%
5	Ride bicycle	209	0.9%
6	Skates or scooter	39	0.2%
7	Other	225	1.0%
8	More than one of these ways	1495	6.6%
-9	missing: not answered	455	2.0%
-8	missing: invalid	0	0.0%
-1	missing: not asked	72	0.3%

Descweight	**Q10 How do you describe your weight?**
Location:	**20**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Very underweight	609	2.7%
2	Slightly underweight	2924	12.8%
3	About the right weight	11588	50.8%
4	Slightly overweight	3881	17.0%
5	Very overweight	464	2.0%
6	Don't know	2758	12.1%
-9	missing: not answered	456	2.0%
-8	missing: invalid	0	0.0%
-1	missing: not asked	126	0.6%

Fixweight	**Q11 Which of the following are you trying to do about your weight?**
Location:	**21**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Lose weight	9103	39.9%
2	Gain weight	2947	12.9%
3	Stay the same weight	5290	23.2%
4	I am not trying to do anything about my weight	4879	21.4%
-9	missing: not answered	459	2.0%
-8	missing: invalid	0	0.0%
-1	missing: not asked	128	0.6%

Dinnerout	**Q12 How many times each week do you usually eat dinner prepared away from home?**
Location:	**22**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Never or almost never	6832	30.0%
2	1 or 2 times per week	11040	48.4%
3	3 or 4 times per week	2711	11.9%
4	5 or more times per week	1623	7.1%
-9	missing: not answered	484	2.1%
-8	missing:invalid	0	0.0%
-1	missing: not asked	116	0.5%

Dinnerffood	**Q13 How often do you eat fast food (such as Burger King, McDonalds, Taco Bell, etc.) for dinner?**
Location:	**23**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Never or almost never	8677	38.0%
2	1 or 2 times per week	11413	50.0%
3	3 or 4 times per week	1732	7.6%
4	5 or more times per week	533	2.3%
-9	missing: not answered	371	1.6%
-8	missing: invalid	0	0.0%
-1	missing: not asked	80	0.4%

Dinnerfamily	**Q14 How often do you eat dinner with your family?**
Location:	**24**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Never or almost never	2307	10.1%
2	1 or 2 times per week	3085	13.5%
3	3 or 4 times per week	5497	24.1%
4	5 or more times per week	11369	49.9%
-9	missing: not answered	407	1.8%
-8	missing: invalid	0	0.0%
-1	missing: not asked	141	0.6%

Skiplunchyest	**Q15a Yesterday at school, did you skip lunch entirely?**
Location:	**25**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	18223	79.9%
1	Yes	3237	14.2%
-9	missing: not answered	818	3.6%
-8	missing: invalid	294	1.3%
-1	missing: not asked	234	1.0%

Bringlunchyest	**Q15b Yesterday at school, did you bring your lunch to school?**
Location:	**26**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	15225	66.8%
1	Yes	6220	27.3%
-9	missing: not answered	778	3.4%
-8	missing: invalid	294	1.3%
-1	missing: not asked	289	1.3%

Caflunchyest	**Q15c Yesterday at school, did you get your lunch from the cafeteria line?**
Location:	**27**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	8341	36.6%
1	Yes	13319	58.4%
-9	missing: not answered	620	2.7%
-8	missing: invalid	294	1.3%
-1	missing: not asked	232	1.0%

Venlunchyest	**Q15d Yesterday at school, did you get lunch from a vending machine at school?**
Location:	**28**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	19737	86.5%
1	Yes	1467	6.4%
-9	missing: not answered	982	4.3%
-8	missing: invalid	294	1.3%
-1	missing: not asked	326	1.4%

Snbarlunchyest	**Q15e Yesterday at school, did you get lunch from a snack bar, cart, or store at school?**
Location:	**29**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	18195	79.8%
1	Yes	3078	13.5%
-9	missing: not answered	960	4.2%
-8	missing: invalid	294	1.3%
-1	missing: not asked	279	1.2%

Awaylunchyest	**Q15f Yesterday at school, did you get lunch away from school?**
Location:	**30**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	18917	82.9%
1	Yes	2278	10.0%
-9	missing: not answered	982	4.3%
-8	missing: invalid	294	1.3%
-1	missing: not asked	335	1.5%

Juice100yest	**Q16a Yesterday at school, did you drink 100% fruit juice such as orange juice, apple juice or grape juice? (do not count punch, Hi-C, sports drinks or other fruit-flavored drinks)**
Location:	**31**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	2438	10.7%
2	Yes	8561	37.5%
3	No	10345	45.4%
4	Don't know what this item is	382	1.7%
-9	missing: not answered	774	3.4%
-8	missing: invalid	75	0.3%
-1	missing: not asked	231	1.0%

Sodayest	**Q16b Yesterday at school, did you drink regular soda or a soft drink? (do not count diet soda)**
Location:	**32**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	6478	28.4%
2	Yes	2725	11.9%
3	No	12077	53.0%
4	Don't know what this item is	265	1.2%
-9	missing: not answered	899	3.9%
-8	missing: invalid	84	0.4%
-1	missing: not asked	278	1.2%

Sportdrinkyest	**Q16c Yesterday at school, did you drink sports drink such as Gatorade or Powerade?**
Location:	**33**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	4093	17.9%
2	Yes	5805	25.5%
3	No	11396	50.0%
4	Don't know what this item is	220	1.0%
-9	missing: not answered	919	4.0%
-8	missing: invalid	81	0.4%
-1	missing: not asked	292	1.3%

Wateryest	**Q16d Yesterday at school, did you drink glass, cup, or bottle of water?**
Location:	**34**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	2416	10.6%
2	Yes	10899	47.8%
3	No	7963	34.9%
4	Don't know what this item is	299	1.3%
-9	missing: not answered	861	3.8%
-8	missing: invalid	75	0.3%
-1	missing: not asked	293	1.3%

Milkyest	**Q16e Yesterday at school, did you drink regular (white) milk?**
Location:	**35**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	448	2.0%
2	Yes	6504	28.5%
3	No	14405	63.2%
4	Don't know what this item is	214	0.9%
-9	missing: not answered	893	3.9%
-8	missing: invalid	50	0.2%
-1	missing: not asked	292	1.3%

Flavmilkyest	**Q16f Yesterday at school, did you drink chocolate or strawberry flavored milk?**
Location:	**36**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	738	3.2%
2	Yes	8519	37.4%
3	No	12072	52.9%
4	Don't know what this item is	216	.9%
-9	missing: not answered	944	4.1%
-8	missing: invalid	55	0.2%
-1	missing: not asked	262	1.1%

Juicenot100yest	Q16g Yesterday at school, did you drink less than 100% juice drinks such as punch, Hi-C, lemonade, or other fruit-flavored drinks?
Location:	**37**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	4052	17.8%
2	Yes	4985	21.9%
3	No	11847	51.9%
4	Don't know what this item is	575	2.5%
-9	missing: not answered	948	4.2%
-8	missing: invalid	87	0.4%
-1	missing: not asked	312	1.4%

Fruityest	Q17a Yesterday in school, did you eat fresh fruit? (do not count fruit juice)
Location:	**38**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	1020	4.5%
2	Yes	9811	43.0%
3	No	10603	46.5%
4	Don't know what this item is	277	1.2%
-9	missing: not answered	766	3.4%
-8	missing: invalid	46	0.2%
-1	missing: not asked	283	1.2%

Cannedfruityest	**Q17b Yesterday in school, did you eat canned fruit? (do not count fruit juice)**
Location:	**39**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	2717	11.9%
2	Yes	3664	16.1%
3	No	14566	63.9%
4	Don't know what this item is	547	2.4%
-9	missing: not answered	941	4.1%
-8	missing: invalid	52	0.2%
-1	missing: not asked	319	1.4%

Saladyest	**Q17c Yesterday in school, did you eat green salad?**
Location:	**40**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	1020	4.5%
2	Yes	4798	21.0%
3	No	15233	66.8%
4	Don't know what this item is	303	1.3%
-9	missing: not answered	1073	4.7%
-8	missing: invalid	44	0.2%
-1	missing: not asked	335	1.5%

Rawvegyest	**Q17d Yesterday in school, did you eat uncooked vegetables (like carrot sticks or sliced bell peppers)?**
Location:	**41**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	1314	5.8%
2	Yes	5657	24.8%
3	No	14213	62.3%
4	Don’t know what this item is	348	1.5%
-9	missing: not answered	870	3.8%
-8	missing: invalid	48	0.2%
-1	missing: not asked	356	1.6%

Greenvegyest	**Q17e Yesterday in school, did you eat green vegetables (cooked vegetables like green beans and corn)?**
Location:	**42**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	1601	7.0%
2	Yes	5224	22.9%
3	No	14355	62.9%
4	Don’t know what this item is	245	1.1%
-9	missing: not answered	991	4.3%
-8	missing: invalid	41	0.2%
-1	missing: not asked	349	1.5%

Friesyest	**Q17f Yesterday in school, did you eat French fries or other fried potatoes?**
Location:	**43**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	649	2.8%
2	Yes	8339	36.6%
3	No	12242	53.7%
4	Don’t know what this item is	203	0.9%
-9	missing: not answered	988	4.3%
-8	missing: invalid	44	0.2%
-1	missing: not asked	341	1.5%

Hotdogyest	**Q17g Yesterday in school, did you eat hot dog, corn dog, hamburger or pizza?**
Location:	**44**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	364	1.6%
2	Yes	9299	40.8%
3	No	11665	51.1%
4	Don’t know what this item is	178	0.8%
-9	missing: not answered	936	4.1%
-8	missing: invalid	37	0.2%
-1	missing: not asked	327	1.4%

Friedfoodyest	Q17h Yesterday in school, did you eat fried food like fried chicken, chicken nuggets, fish sticks, or fried mozzarella sticks?
Location:	**45**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	662	2.9%
2	Yes	7944	34.8%
3	No	12676	55.6%
4	Don't know what this item is	229	1.0%
-9	missing: not answered	905	4.0%
-8	missing: invalid	39	0.2%
-1	missing: not asked	351	1.5%

Lofatcheeseyest	Q17i Yesterday in school, did you eat string cheese or yogurt?
Location:	**46**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	2015	8.8%
2	Yes	5327	23.4%
3	No	13685	60.0%
4	Don't know what this item is	257	1.1%
-9	missing: not answered	1098	4.8%
-8	missing: invalid	47	0.2%
-1	missing: not asked	377	1.7%

Chipsyest	**Q17j Yesterday in school, did you eat potato chips, tortilla chips, cheese puffs, pork rinds or other fried snacks? (do not count baked chips)**
Location:	**47**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	2583	11.3%
2	Yes	5865	25.7%
3	No	12723	55.8%
4	Don't know what this item is	272	1.2%
-9	missing: not answered	932	4.1%
-8	missing: invalid	52	0.2%
-1	missing: not asked	379	1.7%

Bakedchipsyest	**Q17k Yesterday in school, did you eat baked chips, pretzels, crackers, or similar snacks?**
Location:	**48**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	2068	9.1%
2	Yes	7180	31.5%
3	No	11856	52.0%
4	Don't know what this item is	249	1.1%
-9	missing: not answered	1024	4.5%
-8	missing: invalid	54	0.2%
-1	missing: not asked	375	1.6%

Candyyest	**Q17l Yesterday at school, did you eat candy such as Snickers bar, Skittles, Starburst or M&Ms?**
Location:	**49**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	3869	17.0%
2	Yes	4079	17.9%
3	No	13218	58.0%
4	Don't know what this item is	226	1.0%
-9	missing: not answered	976	4.3%
-8	missing: invalid	54	0.2%
-1	missing: not asked	384	1.7%

Othersweetsyest	**Q17m Yesterday in school, did you eat other sweets like cake, cookies, donuts, brownies, or sweet rolls?**
Location:	**50**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	2855	12.5%
2	Yes	5657	24.8%
3	No	12607	55.3%
4	Don't know what this item is	245	1.1%
-9	missing: not answered	1003	4.4%
-8	missing: invalid	54	0.2%
-1	missing: not asked	385	1.7%

Raisinsyest	**Q17n Yesterday in school, did you eat raisins, nuts, seeds, trail mix, or granola bar?**
Location:	**51**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	3492	15.3%
2	Yes	4821	21.1%
3	No	12759	55.9%
4	Don’t know what this item is	296	1.3%
-9	missing: not answered	992	4.3%
-8	missing: invalid	59	0.3%
-1	missing: not asked	387	1.7%

Cal100packyest	**Q17o Yesterday at school, did you eat 100 calorie packs such as Chips Ahoy or Oreo Thin Crisps?**
Location:	**52**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	4375	19.2%
2	Yes	2331	10.2%
3	No	14251	62.5%
4	Don’t know what this item is	411	1.8%
-9	missing: not answered	987	4.3%
-8	missing: invalid	58	0.3%
-1	missing: not asked	393	1.7%

Bfastschlusual	**Q18 In a usual week at school, do you eat breakfast provided by your school?**
Location:	**53**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	17435	76.4%
1	Yes	4512	19.8%
-9	missing: not answered	620	2.7%
-8	missing: invalid	0	0.0%
-1	missing: not asked	239	1.0%

Skiplunchusual	**Q19 In a usual week at school, how often do you skip lunch entirely?**
Location:	**54**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Everyday	1277	5.6%
2	Sometimes	5936	26.0%
3	Not usually or never	14169	62.1%
-9	missing: not answered	821	3.6%
-8	missing: invalid	224	1.0%
-1	missing: not asked	379	1.7%

Bringlunchusual	**Q19b In a usual week at school, how often do you bring lunch to school?**
Location:	**55**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Everyday	4065	17.8%
2	Sometimes	5691	25.0%
3	Not usually or never	11573	50.7%
-9	missing: not answered	824	3.6%
-8	missing: invalid	224	1.0%
-1	missing: not asked	429	1.9%

Caflunchusual	**Q19c In a usual week at school, how often do you get lunch from the cafeteria?**
Location:	**56**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Everyday	9141	40.1%
2	Sometimes	7299	32.0%
3	Not usually or never	5000	21.9%
-9	missing: not answered	760	3.3%
-8	missing: invalid	224	1.0%
-1	missing: not asked	382	1.7%

Venlunchusual	**Q19d In a usual week at school, how often do you get lunch from a vending machine at school?**
Location:	**57**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Everyday	573	2.5%
2	Sometimes	2994	13.1%
3	Not usually or never	17611	77.2%
-9	missing: not answered	945	4.1%
-8	missing: invalid	224	1.0%
-1	missing: not asked	459	2.0%

Snbarlunchusual	**Q19e In a usual week at school, how many days do you get lunch from a snack bar, cart, or store at school?**
Location:	**58**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Everyday	883	3.9%
2	Sometimes	4085	17.9%
3	Not usually or never	16180	70.9%
-9	missing: not answered	975	4.3%
-8	missing: invalid	224	1.0%
-1	missing: not asked	459	2.0%

Awaylunchusual	**Q19f In a usual week at school, how many days do you get lunch away from school?**
Location:	**59**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Everyday	982	4.3%
2	Sometimes	3305	14.5%
3	Not usually or never	16883	74.0%
-9	missing: not answered	940	4.1%
-8	missing: invalid	224	1.0%
-1	missing: not asked	472	2.1%

Juice100usual	**Q20a In a usual week at school, how often do you drink 100% fruit juice such as orange juice, apple juice or grape juice? (do not count punch, Hi-C, sports drinks, or other fruit flavored drinks)**
Location:	**60**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	1854	8.1%
2	A lot	4853	21.3%
3	Sometimes	7333	32.2%
4	Not usually or never	6861	30.1%
5	Don't know what this item is	253	1.1%
-9	missing: not answered	1092	4.8%
-8	missing: invalid	75	0.3%
-1	missing: not asked	485	2.1%

Sodausual	**Q20b In a usual week at school, how often do you drink regular soda or soft drink? (do not count diet soda)**
Location:	**61**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	5289	23.2%
2	A lot	1473	6.5%
3	Sometimes	4049	17.8%
4	Not usually or never	9856	43.2%
5	Don't know what this item is	233	1.0%
-9	missing: not answered	1246	5.5%
-8	missing: invalid	84	0.4%
-1	missing: not asked	576	2.5%

Sportdrinkusual	**Q20c In a usual week at school, how often do you drink sports drink, such as Gatorade or Powerade?**
Location:	**62**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	3699	16.2%
2	A lot	3238	14.2%
3	Sometimes	5818	25.5%
4	Not usually or never	7930	34.8%
5	Don't know what this item is	211	.9%
-9	missing: not answered	1247	5.5%
-8	missing: invalid	81	0.4%
-1	missing: not asked	582	2.6%

Waterusual	**Q20d In a usual week at school, how often do you drink glass, cup, or bottle of water (or any unsweetened water)?**
Location:	**63**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	2144	9.4%
2	A lot	8138	35.7%
3	Sometimes	5625	24.7%
4	Not usually or never	4777	20.9%
5	Don't know what this item is	235	1.0%
-9	missing: not answered	1213	5.3%
-8	missing: invalid	78	0.3%
-1	missing: not asked	596	2.6%

Milkusual	**Q20e In a usual week at school, how often do you drink regular (white) milk?**
Location:	**64**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	356	1.6%
2	A lot	3863	16.9%
3	Sometimes	5005	21.9%
4	Not usually or never	11410	50.0%
5	Don't know what this item is	239	1.0%
-9	missing: not answered	1267	5.6%
-8	missing: invalid	60	0.3%
-1	missing: not asked	606	2.7%

Flavmilkusual	**Q20f In a usual week at school, how often do you drink chocolate or strawberry flavored milk?**
Location:	**65**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	579	2.5%
2	A lot	5631	24.7%
3	Sometimes	4753	20.8%
4	Not usually or never	9695	42.5%
5	Don't know what this item is	249	1.1%
-9	missing: not answered	1230	5.4%
-8	missing: invalid	57	0.2%
-1	missing: not asked	612	2.7%

Juicenot100usual	Q20g In a usual week at school, how often do you drink less than 100% juice drinks such as punch, Hi-C, lemonade, or other fruit-flavored drinks?
Location:	**66**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	3494	15.3%
2	A lot	2756	12.1%
3	Sometimes	5438	23.8%
4	Not usually or never	8788	38.5%
5	Don't know what this item is	363	1.6%
-9	missing: not answered	1274	5.6%
-8	missing: invalid	77	0.3%
-1	missing: not asked	616	2.7%

Fruitusual	Q21a In a usual week at school, how often do you eat fresh fruit? (do not count fruit juice)
Location:	**67**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	993	4.4%
2	A lot	6010	26.4%
3	Sometimes	7829	34.3%
4	Not usually or never	5823	25.5%
5	Don't know what this item is	204	0.9%
-9	missing: not answered	1202	5.3%
-8	missing: invalid	59	0.3%
-1	missing: not asked	686	3.0%

Cannedfruitusual	**Q21b In a usual week at school, how often do you eat canned fruit or fruit cocktail? (do not count fruit juice)**
Location:	**68**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	2675	11.7%
2	A lot	2213	9.7%
3	Sometimes	4677	20.5%
4	Not usually or never	10580	46.4%
5	Don't know what this item is	437	1.9%
-9	missing: not answered	1438	6.3%
-8	missing: invalid	62	0.3%
-1	missing: not asked	724	3.2%

Saladusual	**Q21c In a usual week at school, how often do you eat green salad?**
Location:	**69**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	999	4.4%
2	A lot	2667	11.7%
3	Sometimes	5946	26.1%
4	Not usually or never	10611	46.5%
5	Don't know what this item is	267	1.2%
-9	missing: not answered	1509	6.6%
-8	missing: invalid	59	0.3%
-1	missing: not asked	748	3.3%

Rawvegusual	Q21d In a usual week at school, how often do you eat uncooked vegetables like carrot sticks, celery sticks, or sliced bell peppers?
Location:	**70**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	1218	5.3%
2	A lot	2948	12.9%
3	Sometimes	6063	26.6%
4	Not usually or never	10180	44.6%
5	Don't know what this item is	233	1.0%
-9	missing: not answered	1348	5.9%
-8	missing: invalid	62	0.3%
-1	missing: not asked	754	3.3%

Greenvegusual	Q21e In a usual week at school, how often do you eat cooked vegetables like green beans and corn?
Location:	**71**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	1448	6.3%
2	A lot	2821	12.4%
3	Sometimes	5905	25.9%
4	Not usually or never	10135	44.4%
5	Don't know what this item is	208	0.9%
-9	missing: not answered	1455	6.4%
-8	missing: invalid	59	0.3%
-1	missing: not asked	775	3.4%

Friesusual	**Q21f In a usual week at school, how often do you eat French fries or other fried potatoes?**
Location:	**72**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	636	2.8%
2	A lot	4288	18.8%
3	Sometimes	8607	37.7%
4	Not usually or never	6812	29.9%
5	Don't know what this item is	173	0.8%
-9	missing: not answered	1451	6.4%
-8	missing: invalid	58	0.3%
-1	missing: not asked	781	3.4%

Hotdogusual	**Q21g In a usual week at school, how often do you eat hot dog, corn dog, hamburger or pizza?**
Location:	**73**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	331	1.5%
2	A lot	5204	22.8%
3	Sometimes	8777	38.5%
4	Not usually or never	6135	26.9%
5	Don't know what this item is	170	0.7%
-9	missing: not answered	1367	6.0%
-8	missing: invalid	55	0.2%
-1	missing: not asked	767	3.4%

Friedfoodusual	**Q21h In a usual week at school, how often do you eat fried food like fried chicken, chicken nuggets, fish sticks, or fried mozzarella sticks?**
Location:	**74**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	656	2.9%
2	A lot	4804	21.1%
3	Sometimes	7960	34.9%
4	Not usually or never	7007	30.7%
5	Don't know what this item is	180	0.8%
-9	missing: not answered	1379	6.0%
-8	missing: invalid	56	0.2%
-1	missing: not asked	764	3.3%

Lofatcheeseusual	**Q21i In a usual week at school, how often do you eat string cheese or yogurt?**
Location:	**75**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	2149	9.4%
2	A lot	2977	13.1%
3	Sometimes	5597	24.5%
4	Not usually or never	9486	41.6%
5	Don't know what this item is	235	1.0%
-9	missing: not answered	1485	6.5%
-8	missing: invalid	60	0.3%
-1	missing: not asked	817	3.6%

Chipsusual	**Q21j In a usual week at school, how often do you eat potato chips, tortilla chips, cheese puffs, pork rinds, or other fried snacks? (do not count baked chips)**
Location:	**76**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	2649	11.6%
2	A lot	2845	12.5%
3	Sometimes	6596	28.9%
4	Not usually or never	8159	35.8%
5	Don't know what this item is	229	1.0%
-9	missing: not answered	1437	6.3%
-8	missing: invalid	62	0.3%
-1	missing: not asked	829	3.6%

Bakedchipsusual	**Q21k In a usual week at school, how often do you eat baked chips, pretzels, crackers, or similar snacks?**
Location:	**77**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	2259	9.9%
2	A lot	3453	15.1%
3	Sometimes	7022	30.8%
4	Not usually or never	7437	32.6%
5	Don't know what this item is	209	0.9%
-9	missing: not answered	1493	6.5%
-8	missing: invalid	59	0.3%
-1	missing: not asked	874	3.8%

Candyusual	**Q21l In a usual week at school, how often do you eat candy such as Snickers, Skittles, Starburst or M&Ms?**
Location:	**78**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	3976	17.4%
2	A lot	1707	7.5%
3	Sometimes	5127	22.5%
4	Not usually or never	9330	40.9%
5	Don't know what this item is	212	0.9%
-9	missing: not answered	1528	6.7%
-8	missing: invalid	60	0.3%
-1	missing: not asked	866	3.8%

Othersweetsusual	**Q21m In a usual week at school, how often do you eat other sweets like cake, cookies, donuts, brownies, or sweet rolls?**
Location:	**79**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	2921	12.8%
2	A lot	2275	10.0%
3	Sometimes	6485	28.4%
4	Not usually or never	8457	37.1%
5	Don't know what this item is	220	1.0%
-9	missing: not answered	1524	6.7%
-8	missing: invalid	56	0.2%
-1	missing: not asked	868	3.8%

Raisinsusual	**Q21n In a usual week at school, how often do you eat raisins, nuts, seeds, trail mix, or granola bar?**
Location:	**80**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	3630	15.9%
2	A lot	2410	10.6%
3	Sometimes	4932	21.6%
4	Not usually or never	9137	40.1%
5	Don't know what this item is	264	1.2%
-9	missing: not answered	1497	6.6%
-8	missing: invalid	62	0.3%
-1	missing: not asked	874	3.8%

Cal100packusual	**Q21o In a usual week at school, how often do you eat 100 calorie packs such as Chips Ahoy or Oreo Thin Crisps?**
Location:	**81**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	My school does not have this	4463	19.6%
2	A lot	1223	5.4%
3	Sometimes	3646	16.0%
4	Not usually or never	10676	46.8%
5	Don't know what this item is	362	1.6%
-9	missing: not answered	1499	6.6%
-8	missing: invalid	58	0.3%
-1	missing: not asked	879	3.9%

Physbefschl	**Q22a In a usual week at school, do you participate in physical exercise before school on school grounds or in the gym?**
Location:	**82**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	12889	56.5%
1	Yes	6440	28.2%
2	Don't know	1353	5.9%
-9	missing: not answered	1267	5.6%
-8	missing: invalid	0	0.0%
-1	missing: not asked	857	3.8%

Physbreaks	**Q22b In a usual week at school, do you participate in physical exercise breaks during class (not PE class)?**
Location:	**83**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	15438	67.7%
1	Yes	3443	15.1%
2	Don't know	1620	7.1%
-9	missing: not answered	1405	6.2%
-8	missing: invalid	0	0.0%
-1	missing: not asked	900	3.9%

Physrecess	**Q22c In a usual week at school, do you participate in physical exercise at recess?**
Location:	**84**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	11566	50.7%
1	Yes	7764	34.0%
2	Don't know	1255	5.5%
-9	missing: not answered	1321	5.8%
-8	missing: invalid	0	0.0%
-1	missing: not asked	900	3.9%

Physlunch	**Q22d In a usual week at school, do you participate in physical exercise during lunch period?**
Location:	**85**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	14481	63.5%
1	Yes	4772	20.9%
2	Don't know	1260	5.5%
-9	missing: not answered	1440	6.3%
-8	missing: invalid	0	0.0%
-1	missing: not asked	853	3.7%

Physaftschool	**Q22e In a usual week at school, do you participate in physical exercise after school on school grounds or in the gym?**
Location:	**86**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	10813	47.4%
1	Yes	8470	37.1%
2	Don't know	1304	5.7%
-9	missing: not answered	1346	5.9%
-8	missing: invalid	0	0.0%
-1	missing: not asked	873	3.8%

Exermodusual	**Q23 In a usual week at school, but not in PE class, how many days do you do moderate physical exercise?**
Location:	**87**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	0 days	2971	13.0%
2	1 day	1162	5.1%
3	2 days	2134	9.4%
4	3 days	3406	14.9%
5	4 days	2205	9.7%
6	5 days	5779	25.3%
7	Don't know	3300	14.5%
-9	missing: not answered	272	1.2%
-8	missing: invalid	1577	6.9%
-1	missing: not asked	0	0.0%

Exerhardusual	**Q24 In a usual week at school, but not in PE class, how many days do you do vigorous physical exercise?**
Location:	**88**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	0 days	4506	19.8%
2	1 day	1854	8.1%
3	2 days	2667	11.7%
4	3 days	3113	13.6%
5	4 days	1742	7.6%
6	5 days	3581	15.7%
7	Don't know	3480	15.3%
-9	missing: not answered	271	1.2%
-8	missing: invalid	1592	7.0%
-1	missing: not asked	0	0.0%

Physnot	**Q25 In a usual week at school, but not in PE class, how many days do you participate in any physical exercise?**
Location:	**89**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	0 days	4939	21.7%
2	1 day	1324	5.8%
3	2 days	1970	8.6%
4	3 days	2529	11.1%
5	4 days	1810	7.9%
6	5 days	4698	20.6%
7	Don't know	3610	15.8%
-9	missing: not answered	275	1.2%
-8	missing: invalid	1651	7.2%
-1	missing: not asked	0	0.0%

Physedoft	**Q26 In an average week when you are in school this year, on how many days do you go to physical education (PE) classes?**
Location:	**90**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	I am not taking PE this year	6352	27.9%
2	1 day	1551	6.8%
3	2 days	3512	15.4%
4	3 days	5673	24.9%
5	4 days	1315	5.8%
6	5 days	1680	7.4%
-9	missing: not answered	1292	5.7%
-8	missing: invalid	494	2.2%
-1	missing: not asked	937	4.1%

Celebfood	**Q27 Have you celebrated a birthday party or holiday with candy, cookies, cake, or other sweets in your classroom this year?**
Location:	**91**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	11674	51.2%
1	Yes	9368	41.1%
-9	missing: not answered	941	4.1%
-8	missing: invalid	0	0.0%
-1	missing: not asked	823	3.6%

Rewardfood	**Q28 Have you gotten candy, cookies, cake, or other sweets as a reward for class participation, good behavior, or a good grade in your classroom this year?**
Location:	**92**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	8157	35.8%
1	Yes	12811	56.2%
-9	missing: not answered	997	4.4%
-8	missing: invalid	0	0.0%
-1	missing: not asked	841	3.7%

Classexer	**Q29 Are you in a class this year where you learn about the importance of physical exercise?**
Location:	**93**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	7430	32.6%
1	Yes	13387	58.7%
-9	missing: not answered	1108	4.9%
-8	missing: invalid	0	0.0%
-1	missing: not asked	881	3.9%

Classeating	**Q30 Are you in a class this year where health and eating habits are talked about?**
Location:	**94**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	9312	40.8%
1	Yes	11480	50.3%
-9	missing: not answered	1122	4.9%
-8	missing: invalid	0	0.0%
-1	missing: not asked	892	3.9%

Posterseating	**Q31 Have you seen any posters about the importance of healthy eating at your school this year?**
Location:	**95**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	4661	20.4%
1	Yes	11041	48.4%
2	Don't know	5170	22.7%
-9	missing: not answered	0	0.0%
-8	missing: invalid	1934	8.5%
-1	missing: not asked	0	0.0%

Postersphyex	**Q32 Have you seen any posters about the importance of physical exercise at your school this year?**
Location:	**96**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	5630	24.7%
1	Yes	9485	41.6%
2	Don't know	5682	24.9%
-9	missing: not answered	1052	4.6%
-8	missing: invalid	0	0.0%
-1	missing: not asked	957	4.2%

Befaftschpe	**Q33 The last time you attended a before or after school program at your school this year, did you participate in any physical exercise while you were there?**
Location:	**97**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	I don't go to a before or after-school program	10957	48.0%
2	Yes	5591	24.5%
3	No	4089	17.9%
-9	missing: not answered	1190	5.2%
-8	missing: invalid	0	0.0%
-1	missing: not asked	979	4.3%

Pethisyear	**Q34 Are you taking PE at school this year?**
Location:	**98**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Yes, all year	8945	39.2%
2	Yes, part of year	5022	22.0%
3	No, not at all	5360	23.5%
4	Don't know	1109	4.9%
-9	missing: not answered	1201	5.3%
-8	missing: invalid	171	0.7%
-1	missing: not asked	998	4.4%

Peactive	**Q35 In a usual PE class this year, about how much time do you spend being physically active (getting exercise and not standing around)?**
Location:	**99**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	I am not taking PE this year	4762	20.9%
2	All of the time or almost all of the time	7346	32.2%
3	More than half of the time	3179	13.9%
4	About half of the time	1710	7.5%
5	Less than half of the time	599	2.6%
6	Very little	517	2.3%
7	Don’t know	1738	7.6%
-9	missing: not answered	347	1.5%
-8	missing: invalid	2608	11.4%
-1	missing: not asked	0	0.0%

Penumstuds	**Q36 The number of students in my PE class this year is:**
Location:	**100**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	I am not taking PE this year	4934	21.6%
2	Not enough	969	4.2%
3	Too many	2267	9.9%
4	Just right	7911	34.7%
5	Don’t know	3793	16.6%
-9	missing: not answered	336	1.5%
-8	missing: invalid	2596	11.4%
-1	missing: not asked	0	0.0%

Petips	Q37a When I am exercising in PE class, my teacher gives me tips or suggestions for improving my skills.
Location:	**101**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	I am not taking PE this year	4807	21.1%
2	Strongly agree	4997	21.9%
3	Agree	5094	22.3%
4	Do not agree or disagree	2509	11.0%
5	Disagree	1184	5.2%
6	Strongly disagree	677	3.0%
-9	missing: not answered	1565	6.9%
-8	missing: invalid	757	3.3%
-1	missing: not asked	1216	5.3%

Peoutside	Q37b My PE teacher teaches me skills, activities, and games that I can do outside of school
Location:	**102**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	I am not taking PE this year	4780	21.0%
2	Strongly agree	6164	27.0%
3	Agree	4816	21.1%
4	Do not agree or disagree	1935	8.5%
5	Disagree	1032	4.5%
6	Strongly disagree	525	2.3%
-9	missing: not answered	1598	7.0%
-8	missing: invalid	700	3.1%
-1	missing: not asked	1256	5.5%

Peaffectbody	**Q37c My PE teacher helps me understand how physical activity affects my body**
Location:	**103**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	I am not taking PE this year	4772	20.9%
2	Strongly agree	5893	25.8%
3	Agree	4923	21.6%
4	Do not agree or disagree	2132	9.3%
5	Disagree	935	4.1%
6	Strongly disagree	496	2.2%
-9	missing: not answered	1661	7.3%
-8	missing: invalid	713	3.1%
-1	missing: not asked	1281	5.6%

Pespace	**Q37d My school has enough equipment and space for PE classes**
Location:	**104**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	I am not taking PE this year	4780	21.0%
2	Strongly agree	5942	26.1%
3	Agree	4860	21.3%
4	Do not agree or disagree	2003	8.8%
5	Disagree	1230	5.4%
6	Strongly disagree	716	3.1%
-9	missing: not answered	1699	7.4%
-8	missing: invalid	280	1.2%
-1	missing: not asked	1296	5.7%

Petests	**Q37e My PE teacher tests my fitness skills and tells me how well I am doing**
Location:	**105**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	I am not taking PE this year	4769	20.9%
2	Strongly agree	5341	23.4%
3	Agree	4801	21.1%
4	Do not agree or disagree	2474	10.8%
5	Disagree	1035	4.5%
6	Strongly disagree	635	2.8%
-9	missing: not answered	1703	7.5%
-8	missing: invalid	740	3.2%
-1	missing: not asked	1308	5.7%

Pemisspersonal	**Q38a How often are you excused from, or do you miss PE class for personal reasons (health, cultural, religious)?**
Location:	**106**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	I am not taking PE this year	5359	23.5%
2	Almost always	1506	6.6%
3	Sometimes	2722	11.9%
4	Not usually or never	7472	32.8%
-9	missing: not answered	4039	17.7%
-8	missing: invalid	391	1.7%
-1	missing: not asked	1317	5.8%

Pemisstutoring	**Q38b How often are you excused from, or do you miss PE class for academic tutoring?**
Location:	**107**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	I am not taking PE this year	5317	23.3%
2	Almost always	1029	4.5%
3	Sometimes	1450	6.4%
4	Not usually or never	8684	38.1%
-9	missing: not answered	4624	20.3%
-8	missing: invalid	345	1.5%
-1	missing: not asked	1357	6.0%

Pemisssports	**Q38c How often are you excused from, or do you miss PE class because you do other sports or exercise instead?**
Location:	**108**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	I am not taking PE this year	5303	23.3%
2	Almost always	1550	6.8%
3	Sometimes	2124	9.3%
4	Not usually or never	7896	34.6%
-9	missing: not answered	4273	18.7%
-8	missing: invalid	309	1.4%
-1	missing: not asked	1351	5.9%

Pemissband	**Q38d How often are you excused from, or do you miss PE class because you are in the band or another type of club or class**
Location:	**109**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	I am not taking PE this year	5301	23.2%
2	Almost always	1334	5.8%
3	Sometimes	2161	9.5%
4	Not usually or never	7951	34.9%
-9	missing: not answered	4316	18.9%
-8	missing: invalid	338	1.5%
-1	missing: not asked	1405	6.2%

Pemissclothes	**Q38e How often are you excused from, or do you miss PE class because you choose not to change into gym clothes**
Location:	**110**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	I am not taking PE this year	5299	23.2%
2	Almost always	956	4.2%
3	Sometimes	1497	6.6%
4	Not usually or never	8656	38.0%
-9	missing: not answered	4598	20.2%
-8	missing: invalid	369	1.6%
-1	missing: not asked	1431	6.3%

Fruitavail	**Q39 Is there fresh fruit available at your school on most days?**
Location:	**111**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	2369	10.4%
1	Yes	14533	63.7%
2	Don't know	4608	20.2%
-9	missing: not answered	717	3.1%
-8	missing: invalid	0	0.0%
-1	missing: not asked	579	2.5%

Saladbar	**Q40 Does your school have a salad bar?**
Location:	**112**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	9822	43.1%
1	Yes	8055	35.3%
2	Don't know	3589	15.7%
-9	missing: not answered	736	3.2%
-8	missing: invalid	0	0.0%
-1	missing: not asked	604	2.6%

Opinlunch	**Q41a The school lunch is healthy.**
Location:	**113**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Always or almost always	2050	9.0%
2	Often	4176	18.3%
3	Sometimes	8300	36.4%
4	Almost never or never	4128	18.1%
5	Don't know	2605	11.4%
-9	missing: not answered	900	3.9%
-8	missing: invalid	0	0.0%
-1	missing: not asked	647	2.8%

Opinbfast	**Q41b The school breakfast is healthy.**
Location:	**114**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Always or almost always	1833	8.0%
2	Often	2896	12.7%
3	Sometimes	4203	18.4%
4	Almost never or never	2557	11.2%
5	Don't know	9529	41.8%
-9	missing: not answered	1001	4.4%
-8	missing: invalid	0	0.0%
-1	missing: not asked	787	3.5%

Opinvending	**Q41c The foods and drinks that are sold in places like vending machines, snack bars, carts, or stores at my school are healthy.**
Location:	**115**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Always or almost always	2218	9.7%
2	Often	2774	12.2%
3	Sometimes	5031	22.1%
4	Almost never or never	5415	23.7%
5	Don't know	5458	23.9%
-9	missing: not answered	1083	4.7%
-8	missing: invalid	0	0.0%
-1	missing: not asked	827	3.6%

Veggiesneed	**Q42 How many total servings of fruits and vegetables do you think you should eat every day to be healthy?**
Location:	**116**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	1-2 servings/day	4945	21.7%
2	3-4 servings/day	10817	47.4%
3	5-9 servings/day	4140	18.2%
4	10-15 servings/day	991	4.3%
-9	missing: not answered	1244	5.5%
-8	missing: invalid	0	0.0%
-1	missing: not asked	669	2.9%

Opinveg	**Q43a I think it is important to eat vegetables.**
Location:	**117**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Strongly agree	12210	53.5%
2	Agree	6928	30.4%
3	Neither	1354	5.9%
4	Disagree	371	1.6%
5	Strongly disagree	320	1.4%
-9	missing: not answered	901	4.0%
-8	missing: invalid	0	0.0%
-1	missing: not asked	722	3.2%

Opinfruit	**Q43b I think it is important to eat fruits.**
Location:	**118**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Strongly agree	14688	64.4%
2	Agree	5460	23.9%
3	Neither	642	2.8%
4	Disagree	191	0.8%
5	Strongly disagree	159	0.7%
-9	missing: not answered	914	4.0%
-8	missing: invalid	0	0.0%
-1	missing: not asked	752	3.3%

Opinwholegrain	**Q43c I think it is important to eat whole grain foods.**
Location:	**119**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Strongly agree	8892	39.0%
2	Agree	8059	35.3%
3	Neither	3031	13.3%
4	Disagree	647	2.8%
5	Strongly disagree	350	1.5%
-9	missing: not answered	1051	4.6%
-8	missing: invalid	0	0.0%
-1	missing: not asked	776	3.4%

Opinlofatmilk	**Q43d I think it is important to drink low-fat milk and eat low-fat milk products.**
Location:	**120**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Strongly agree	6701	29.4%
2	Agree	6749	29.6%
3	Neither	4922	21.6%
4	Disagree	1656	7.3%
5	Strongly disagree	908	4.0%
-9	missing: not answered	1075	4.7%
-8	missing: invalid	0	0.0%
-1	missing: not asked	795	3.5%

Opinprotein	**Q43e I think it is important to eat protein.**
Location:	**121**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Strongly agree	11638	51.0%
2	Agree	6945	30.5%
3	Neither	1570	6.9%
4	Disagree	468	2.1%
5	Strongly disagree	315	1.4%
-9	missing: not answered	1097	4.8%
-8	missing: invalid	0	0.0%
-1	missing: not asked	773	3.4%

Opinsnacks	**Q43f I think it is important to eat snacks like raisins or nuts.**
Location:	**122**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Strongly agree	6438	28.2%
2	Agree	7415	32.5%
3	Neither	4375	19.2%
4	Disagree	1641	7.2%
5	Strongly disagree	1010	4.4%
-9	missing: not answered	1129	5.0%
-8	missing: invalid	0	0.0%
-1	missing: not asked	798	3.5%

Opinphysact	**Q43g I think it is important to be physically active.**
Location:	**123**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Strongly agree	15313	67.1%
2	Agree	4246	18.6%
3	Neither	974	4.3%
4	Disagree	258	1.1%
5	Strongly disagree	237	1.0%
-9	missing: not answered	1001	4.4%
-8	missing: invalid	0	0.0%
-1	missing: not asked	777	3.4%

Exdaysneed	**Q44 For good health, how many days a week do you think you should participate in physical activity, exercise, or sports?**
Location:	**124**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	0	345	1.5%
2	1 day/wk	665	2.9%
3	2-3 days/wk	5351	23.5%
4	4-5 days/wk	6675	29.3%
5	6-7 days/wk	5203	22.8%
-9	missing: not answered	0	0.0%
-8	missing: invalid	4567	20.0%
-1	missing: not asked	0	0.0%

Extimeneed	Q45 On these days, how many minutes or hours do you think you should participate in physical activity, exercise, or sports for good health?
Location:	**125**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	<15 mins/day	629	2.8%
2	15-30 mins/day	3238	14.2%
3	30-45 mins/day	3883	17.0%
4	45-60 mins/day	5944	26.1%
5	1-2 hrs/day	5310	23.3%
6	>2 hrs/day	2169	9.5%
-9	missing: not answered	904	4.0%
-8	missing: invalid	0	0.0%
-1	missing: not asked	729	3.2%

Healthyfoods.index	Healthy Food Index created with fruitusual, cannedfruitusual, saladusual, rawvegusual, greenvegusual, raisinsusual, & lofatcheeseusual—only created if participant answered 5 out of 7 items.
Location:	**126**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
18367	4439	0.00	2.00	0.65	0.57	0.51

Unhealthyfoods.index	Unhealthy Food Index created with friesusual, hotdogusual, & friedfoodusual—only created if participant answered 2 out of 3 items.
Location:	**127**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
20136	2670	0.00	2.00	0.91	1.00	0.63

Snacks.index	**Snack Index created with candyusual, bakedchipsusual, chipsusual, othersweetsusual, & cal100packusual—only created if participant answered 4 out of 5 items.**
Location:	**128**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
15808	6998	0.00	2.00	0.60	0.50	0.51

Unhealthybev.index	**Unhealthy Beverages Index created with sodausual, sportdrinkusual, & juicenot100usual—only created if participant answered 2 out of 3 items.**
Location:	**129**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
16725	6081	0.00	2.00	0.61	0.67	0.55

Physact.index	**Physical Activity Index created with exermodusual, exerhardusual, & physnot—only created if participant answered 2 out of 3 items.**
Location:	**130**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
15526	7280	0.00	5.00	2.67	3.00	1.67

Peclass.index	**Experiences in Physical Education Classes Index created with petips, peoutside, peaffectbody, & petests—only created if participant answered 3 out of 4 items.**
Location:	**131**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
17821	4985	0.00	5.00	3.20	3.75	1.74

Perceiveavail.index	**Perceived Healthy Food Availability Index created with opinlunch, opinbfast, & opinvending—only created if participant answered 2 out of 3 items.**
Location:	**132**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
16506	6300	1.00	4.00	2.21	2.00	0.80

Atthealthy.index	**Attitudes toward Healthy Eating and Exercise Index created with opinveg, opinfruit, opinwholegrain, opinlofatmilk, opinprotein, opinsnacks, & opinphysact—only created if participant answered 5 out of 7 items.**
Location:	**133**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
21042	1764	1.00	5.00	4.26	4.29	0.61

Healthprom.index	**Healthy Promotion Index created with posterseating, postersphyex, classexer, & classeating—only created if participant answered 3 out of 4 items.**
Location:	**134**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
16954	5852	0.00	1.00	0.64	0.67	0.33

Healthy Schools Youth Survey

This survey includes questions about nutrition and physical activity. The information you provide will help the Healthy Schools Program understand the eating and exercise habits of young people like yourself. This is not a test, and there are no wrong answers. Please answer each question as honestly as you can. If you are not comfortable answering a question, you may leave it blank.

DO NOT write your name on this survey. The answers you give will be kept private.

Thank you very much for your help.

MARKING INSTRUCTIONS

- Mark your answers with a #2 pencil
- Make dark marks that fill the circle completely
- Erase cleanly any answer you want to change
- Be careful not to make any stray marks in the booklet

Examples: Correct Mark Incorrect Marks

VERSION A

PLEASE DO NOT WRITE IN THIS AREA

20297

LET'S START WITH SOME GENERAL QUESTIONS ABOUT YOU:

1. How old are you?

- ◯ Less than 9
- ◯ 9
- ◯ 10
- ◯ 11
- ◯ 12
- ◯ 13
- ◯ 14
- ◯ 15
- ◯ 16
- ◯ 17
- ◯ 18 or older

2. Are you:

- ◯ Male
- ◯ Female

3. Did you go to this school last year?

- ◯ Yes
- ◯ No

4. How do you describe yourself? (Mark all that apply.)

- ◯ American Indian or Alaska Native
- ◯ Asian or Asian American
- ◯ Black or African American
- ◯ Hawaiian or Pacific Islander
- ◯ White
- ◯ Other

5. Are you Hispanic or Latino (a person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin)?

- ◯ Yes
- ◯ No

6. Do you have any health condition that limits your physical activity?

- ◯ Yes
- ◯ No

7. What grade are you in?

- ◯ 4th grade
- ◯ 5th grade
- ◯ 6th grade
- ◯ 7th grade
- ◯ 8th grade
- ◯ 9th grade
- ◯ 10th grade
- ◯ 11th grade
- ◯ 12th grade

8. When it's nice outside, how do you usually get to school?

- ◯ Car/carpool
- ◯ School bus
- ◯ City bus
- ◯ Walk
- ◯ Ride bicycle
- ◯ Skates or scooter
- ◯ Other
- ◯ More than one of these ways

9. When it's not nice outside, how do you usually get to school?

- ◯ Car/carpool
- ◯ School bus
- ◯ City bus
- ◯ Walk
- ◯ Ride bicycle
- ◯ Skates or scooter
- ◯ Other
- ◯ More than one of these ways

10. How do you describe your weight?

- ◯ Very underweight
- ◯ Slightly underweight
- ◯ About the right weight
- ◯ Slightly overweight
- ◯ Very overweight
- ◯ Don't know

11. Which of the following are you trying to do about your weight?

- ◯ **Lose** weight
- ◯ **Gain** weight
- ◯ **Stay** the same weight
- ◯ I am **not trying to do anything** about my weight

12. How many times each week do you usually eat dinner prepared away from home?

- ◯ Never or almost never
- ◯ 1 or 2 times per week
- ◯ 3 or 4 times per week
- ◯ 5 or more times per week

13. How often do you eat fast food (such as Burger King, McDonalds, Taco Bell, etc.) for dinner?

- ◯ Never or almost never
- ◯ 1 or 2 times per week
- ◯ 3 or 4 times per week
- ◯ 5 or more times per week

14. How often do you eat dinner with your family?

- ◯ Never or almost never
- ◯ 1 or 2 times per week
- ◯ 3 or 4 times per week
- ◯ 5 or more times per week

THINK ABOUT YESTERDAY AT SCHOOL (OR THE LAST DAY YOU WERE AT SCHOOL).

15. Yesterday at school (or the last day you were at school), did you: (Please answer Yes or No to each item below.)

	Yes	No
a. Skip lunch entirely	○	○
b. Bring lunch to school	○	○
c. Get lunch from the cafeteria	○	○
d. Get lunch from a vending machine at school	○	○
e. Get lunch from a snack bar, cart, or store at school	○	○
f. Get lunch away from school	○	○

16. Yesterday at school (or the last day you were at school), did you drink the following? Please mark an answer for each item below.

	My school does not have this	Yes	No	I don't know what this item is
a. 100% fruit juice such as orange juice, apple juice, or grape juice (do not count punch, Hi-C, sports drinks or other fruit-flavored drinks)	○	○	○	○
b. Regular soda or a soft drink (do not count diet soda)	○	○	○	○
c. Sports drink, such as Gatorade or Powerade	○	○	○	○
d. A glass, cup, or bottle of water (or any unsweetened water)	○	○	○	○
e. Regular (white) milk	○	○	○	○
f. Chocolate or strawberry flavored milk	○	○	○	○
g. Less than 100% juice drinks such as punch, Hi-C, lemonade, or other fruit-flavored drinks	○	○	○	○

17. Yesterday at school (or the last day you were at school), did you eat the following? Please mark an answer for each item below.

	My school does not have this	Yes	No	I don't know what this item is
a. Fresh fruit (do not count fruit juice)	○	○	○	○
b. Canned fruit or fruit cocktail (do not count fruit juice)	○	○	○	○
c. Green salad	○	○	○	○
d. Uncooked vegetables like carrot sticks, celery sticks, or sliced bell peppers	○	○	○	○
e. Cooked vegetables like green beans and corn	○	○	○	○
f. French fries or other fried potatoes	○	○	○	○
g. Hot dog, corn dog, hamburger, or pizza	○	○	○	○
h. Fried food like fried chicken, chicken nuggets, fish sticks, or fried mozzarella sticks	○	○	○	○
i. String cheese or yogurt	○	○	○	○
j. Potato chips, tortilla chips, cheese puffs, pork rinds or other fried snacks (do not count baked chips)	○	○	○	○
k. Baked chips, pretzels, crackers, or similar snacks	○	○	○	○
l. Candy such as Snickers bar, Skittles, Starburst, or M&Ms	○	○	○	○
m. Other sweets like cake, cookies, donuts, brownies, or sweet rolls	○	○	○	○
n. Raisins, nuts, seeds, trail mix, or granola bar	○	○	○	○
o. 100-calorie packs such as Chips Ahoy or Oreo Thin Crisps	○	○	○	○

NOW THINK ABOUT A USUAL WEEK AT SCHOOL.

18. In a usual week at school, do you eat breakfast provided by your school?

- ○ Yes
- ○ No

19. In a usual week at school, how many days do you: (Please mark an answer for each item below.)

	Everyday	Sometimes	Not usually or never
a. Skip lunch entirely	○	○	○
b. Bring lunch to school	○	○	○
c. Get lunch from the cafeteria	○	○	○
d. Get lunch from a vending machine at school	○	○	○
e. Get lunch from a snack bar, cart, or store at school	○	○	○
f. Get lunch away from school	○	○	○

20. In a usual week at school, how often do you drink the following? (Please mark an answer for each item below.)

	My school does not have this	A lot	Sometimes	Not usually or never	I don't know what this item is
a. 100% fruit juice such as orange juice, apple juice, or grape juice (do not count punch, Hi-C, sports drinks or other fruit flavored drinks)	○	○	○	○	○
b. Regular soda or a soft drink (do not count diet soda)	○	○	○	○	○
c. Sports drink, such as Gatorade or Powerade	○	○	○	○	○
d. A glass, cup, or bottle of water (or any unsweetened water)	○	○	○	○	○
e. Regular (white) milk	○	○	○	○	○
f. Chocolate or strawberry flavored milk	○	○	○	○	○
g. Less than 100% juice drinks such as punch, Hi-C, lemonade, or other fruit-flavored drinks	○	○	○	○	○

21. In a usual week at school, how often do you eat the following? (Please mark an answer for each item below.)

	My school does not have this	A lot	Sometimes	Not usually or never	I don't know what this item is
a. Fresh fruit (do not count fruit juice)	○	○	○	○	○
b. Canned fruit or fruit cocktail (do not count fruit juice)	○	○	○	○	○
c. Green salad	○	○	○	○	○
d. Uncooked vegetables like carrot sticks, celery sticks, or sliced bell peppers	○	○	○	○	○
e. Cooked vegetables like green beans and corn	○	○	○	○	○
f. French fries or other fried potatoes	○	○	○	○	○
g. Hot dog, corn dog, hamburger, or pizza	○	○	○	○	○
h. Fried food like fried chicken, chicken nuggets, fish sticks, or fried mozzarella sticks	○	○	○	○	○
i. String cheese or yogurt	○	○	○	○	○
j. Potato chips, tortilla chips, cheese puffs, pork rinds or other fried snacks (do not count baked chips)	○	○	○	○	○
k. Baked chips, pretzels, crackers, or similar snacks	○	○	○	○	○
l. Candy such as Snickers, Skittles, Starburst, or M&Ms	○	○	○	○	○
m. Other sweets like cake, cookies, donuts, brownies, or sweet rolls	○	○	○	○	○
n. Raisins, nuts, seeds, trail mix, or granola bar	○	○	○	○	○
o. 100-calorie packs such as Chips Ahoy or Oreo Thin Crisps	○	○	○	○	○

NOW THINK ABOUT A USUAL WEEK AT SCHOOL. . . . CONTINUED

22. In a usual week at school, do you participate in physical exercise . . .
Please mark an answer for each item below.

	Yes	No	Don't know
a. Before school on the school grounds or in the gym	○	○	○
b. Breaks during class (not PE class)	○	○	○
c. Recess	○	○	○
d. During lunch period	○	○	○
e. After school on the school grounds or in the gym	○	○	○

23. In a usual week at school, (but not in PE class), how many days do you do moderate physical exercise? (You might get physical exercise during exercise breaks in class or lunch period or before or after school.)

○ 0 days ○ 3 days ○ Don't know
○ 1 day ○ 4 days
○ 2 days ○ 5 days

Moderate Exercise:
- Makes you breathe a little harder
- Makes you sweat a little bit
- Does not make you feel out of breath

24. In a usual week at school, (but not in PE class), how many days do you do hard or vigorous physical exercise? (You might get physical exercise during exercise breaks in class or lunch period or before or after school.)

○ 0 days ○ 3 days ○ Don't know
○ 1 day ○ 4 days
○ 2 days ○ 5 days

Vigorous Exercise:
- Makes you breathe hard
- Makes you sweat

25. In a usual week at school, (but not in PE class), how many days do you participate in any physical exercise (such as exercise breaks in class, open gym time, walking club, dancing, aerobics, or weight lifting)?

○ 0 days ○ 3 days ○ Don't know
○ 1 day ○ 4 days
○ 2 days ○ 5 days

26. In an average week when you are in school this year, on how many days do you go to PE classes?

○ I am not taking PE this year ○ 3 days
○ 1 day ○ 4 days
○ 2 days ○ 5 days

NOW THINK ABOUT THIS SCHOOL YEAR.

27. Have you celebrated a birthday party or holiday with candy, cookies, cake, or other sweets in your classroom this year?

○ Yes ○ No

28. Have you gotten candy, cookies, cake, or other sweets as a reward for class participation, good behavior, or a good grade in your classroom this year?

○ Yes ○ No

29. Are you in a class this year where you learn about the importance of physical exercise?

○ Yes ○ No

30. Are you in a class this year where health and eating habits are talked about?

○ Yes ○ No

31. Have you seen any posters about the importance of healthy eating at your school this year?

○ Yes ○ No ○ I don't know

32. Have you seen any posters about the importance of physical exercise at your school this year?

○ Yes ○ No ○ I don't know

NOW THINK ABOUT THIS SCHOOL YEAR. . . . (CONTINUED)

33. The last time you attended a before or after-school program at your school this year, did you participate in any physical exercise while you were there? (Do not include school sports programs.)

- ◯ I don't go to a before or after-school program
- ◯ Yes
- ◯ No

34. Are you taking physical education (PE) at school this year?

- ◯ Yes, all year
- ◯ Yes, part of the year
- ◯ No, not at all this year
- ◯ Don't know

35. In a usual PE class this year, about how much time do you spend being physically active (getting exercise and not standing around)?

- ◯ I am not taking PE this year
- ◯ All of the time or almost all of the time
- ◯ More than half of the time
- ◯ About half of the time
- ◯ Less than half of the time
- ◯ Very little
- ◯ Don't know

36. The number of students in my PE class this year is:

- ◯ I am not taking PE this year
- ◯ Not enough
- ◯ Too many
- ◯ Just right
- ◯ Don't know

37. Indicate whether you agree or disagree with the following statements. Please mark an answer for each item below.

	I am not taking PE this year	Strongly agree	Agree	Do not agree or disagree	Disagree	Strongly disagree
a. When I am exercising in PE class, my teacher gives me tips or suggestions for improving my skills	◯	◯	◯	◯	◯	◯
b. My PE teacher teaches me skills, activities, and games that I can do outside of school	◯	◯	◯	◯	◯	◯
c. My PE teacher helps me understand how physical exercise affects my body	◯	◯	◯	◯	◯	◯
d. My school has enough equipment and space for PE classes	◯	◯	◯	◯	◯	◯
e. My PE teacher tests my fitness skills and tells me how well I am doing	◯	◯	◯	◯	◯	◯

38. How often are you excused from, or do you miss, PE class for the following reasons? Please mark an answer for each item below.

I am excused from or miss PE class . . .	I am not taking PE this year	Almost always	Sometimes	Not usually or never
a. For personal reasons (like health, cultural, religious reasons)	◯	◯	◯	◯
b. For academic tutoring	◯	◯	◯	◯
c. Because I do other sports or exercise instead (like sports teams, cheerleading, dance, etc.)	◯	◯	◯	◯
d. Because I am in the band or another type of club or class instead	◯	◯	◯	◯
e. Because I choose not to change into gym clothes	◯	◯	◯	◯

TELL US ABOUT YOUR SCHOOL . . .

39. Is there fresh fruit available at your school on most days?

○ Yes ○ No ○ I don't know

40. Does your school have a salad bar?

○ Yes ○ No ○ I don't know

41. How often are these statements true in your opinion? (Please mark an answer for each item below.)

	Always or almost always	Often	Sometimes	Almost never or never	I don't know
a. The school lunch is healthy	○	○	○	○	○
b. The school breakfast is healthy	○	○	○	○	○
c. The foods and drinks that are sold in places like vending machines, snack bars, carts, or stores at my school are healthy	○	○	○	○	○

NOW TELL US WHAT YOU THINK . . .

42. How many total servings of fruits and vegetables do you think you should eat every day to be healthy?

○ 1 or 2 servings a day ○ 5 to 9 servings a day
○ 3 or 4 servings a day ○ 10 to 15 servings a day

43. How strongly do you agree with the following statements? (Please mark an answer for each item below.)

I think it is important to . . .	Strongly agree	Agree	Do not agree or disagree	Disagree	Strongly disagree
a. Eat vegetables	○	○	○	○	○
b. Eat fruits	○	○	○	○	○
c. Eat whole grain foods	○	○	○	○	○
d. Drink low-fat milk and eat low-fat milk products	○	○	○	○	○
e. Eat protein (like meat and beans)	○	○	○	○	○
f. Eat snacks like raisins or nuts	○	○	○	○	○
g. Be physically active	○	○	○	○	○

44. For good health, how many days a week do you think you should participate in physical activity, exercise, or sports?

○ 0 days a week
○ 1 day a week
○ 2 or 3 days a week
○ 4 or 5 days a week
○ 6 or 7 days a week

45. On these days, how many minutes or hours do you think you should participate in physical activity, exercise, or sports for good health?

○ Less than 15 minutes a day ○ 45 to 60 minutes a day
○ 15 to 30 minutes a day ○ 1 to 2 hours a day
○ 30 to 45 minutes a day ○ Over 2 hours a day

Thank you for completing the Healthy Schools Youth Survey.

Please turn in your survey as instructed by your teacher.

Healthy Schools Youth Survey

This survey includes questions about nutrition and physical activity. The information you provide will help the Healthy Schools Program understand the eating and exercise habits of young people like yourself. This is not a test, and there are no wrong answers. Please answer each question as honestly as you can. If you are not comfortable answering a question, you may leave it blank.

DO NOT write your name on the answer sheet. The answers you give will be kept private. Thank you very much for your help.

Marking Instructions

- Mark your answers on the separate answer sheet provided
- Use a #2 pencil
- Make dark marks that fill the circle completely
- Erase cleanly any answer you want to change
- Be careful not to make any stray marks on the answer sheet

Examples Correct mark ○ ● ○ Incorrect Marks ⊗ ⊘ ⊙

Let's start with some general questions about you:

1. How old are you?
   A. Less than 9
   B. 9
   C. 10
   D. 11
   E. 12
   F. 13
   G. 14
   H. 15
   I. 16
   J. 17
   K. 18 or older

2. Are you:

A. Male
B. Female

3. Did you go to this school last year?

A. Yes
B. No

4. How do you describe yourself? (Mark all that apply.)

A. American Indian or Alaska Native
B. Asian or Asian American
C. Black or African American
D. Hawaiian or Pacific Islander
E. White
F. Other

5. Are you Hispanic or Latino (a person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin)?

A. Yes
B. No

6. Do you have any health condition that limits your physical activity?

A. Yes
B. No

7. What grade are you in?

A. 4th grade
B. 5th grade
C. 6th grade
D. 7th grade
E. 8th grade
F. 9th grade
G. 10th grade
H. 11th grade
I. 12th grade

8. When it's nice outside, how do you usually get to school?

A. Car/carpool
B. School bus
C. City bus
D. Walk
E. Ride bicycle
F. Skates or scooter
G. Other
H. More than one of these ways

9. When it's not nice outside, how do you usually get to school?

A. Car/carpool
B. School bus
C. City bus
D. Walk
E. Ride bicycle
F. Skates or scooter
G. Other
H. More than one of these ways

10. How do you describe your weight?

A. Very underweight
B. Slightly underweight
C. About the right weight
D. Slightly overweight
E. Very overweight
F. Don't know

11. Which of the following are you trying to do about your weight?

A. Lose weight
B. Gain weight
C. Stay the same weight
D. I am not trying to do anything about my weight

12. How many times each week do you usually eat dinner prepared away from home?

A. Never or almost never
B. 1 or 2 times per week
C. 3 or 4 times per week
D. 5 or more times per week

13. How often do you eat fast food (such as Burger King, McDonalds, Taco Bell, etc.) for dinner?

A. Never or almost never
B. 1 or 2 times per week
C. 3 or 4 times per week
D. 5 or more times per week

14. How often do you eat dinner with your family?

A. Never or almost never
B. 1 or 2 times per week
C. 3 or 4 times per week
D. 5 or more times per week

Think about YESTERDAY AT SCHOOL (or the last day you were at school) to answer Questions 15,16, and 17.

15. Yesterday at school (or the last day you were at school), did you :
Please answer Yes or No to each item below.

	Yes	No
a. Skip lunch entirely	A	B
b. Bring lunch to school	A	B
c. Get lunch from the cafeteria	A	B
d. Get lunch from a vending machine at school	A	B
e. Get lunch from a snack bar, cart, or store at school	A	B
f. Get lunch away from school	A	B

16. Yesterday at school (or the last day you were at school), did you drink the following?
Please mark an answer for each item below.

	My school does not have this	Yes	No	I don't know what this item is
a. 100% fruit juice such as orange juice, apple juice, or grape juice (do not count punch, Hi-C, sports drinks or other fruit-flavored drinks)	A	B	C	D
b. Regular soda or a soft drink (do not count diet soda)	A	B	C	D
c. Sports drink, such as Gatorade or Powerade	A	B	C	D
d. A glass, cup, or bottle of water (or any unsweetened water)	A	B	C	D
e. Regular (white) milk	A	B	C	D
f. Chocolate or strawberry flavored milk	A	B	C	D
g. Less than 100% juice drinks such as punch, Hi-C, lemonade, or other fruit-flavored drinks	A	B	C	D

17. Yesterday at school (or the last day you were at school), did you eat the following?
Please mark an answer for each item below.

	My school does not have this	Yes	No	I don't know what this item is
a. Fresh fruit (do not count fruit juice)	A	B	C	D
b. Canned fruit or fruit cocktail (do not count fruit juice)	A	B	C	D
c. Green salad	A	B	C	D
d. Uncooked vegetables like carrot sticks, celery sticks, or sliced bell peppers	A	B	C	D
e. Cooked vegetables like green beans and corn	A	B	C	D
f. French fries or other fried potatoes	A	B	C	D
g. Hot dog, corn dog, hamburger, or pizza	A	B	C	D
h. Fried food like fried chicken, chicken nuggets, fish sticks, or fried mozzarella sticks?	A	B	C	D
i. String cheese or yogurt	A	B	C	D
j. Potato chips, tortilla chips, cheese puffs, pork rinds or other fried snacks (do not count baked chips)	A	B	C	D
k. Baked chips, pretzels, crackers, or similar snacks	A	B	C	D
l. Candy such as Snickers bar, Skittles, Starburst, or M&Ms	A	B	C	D
m. Other sweets like cake, cookies, donuts, brownies, or sweet rolls	A	B	C	D
n. Raisins, nuts, seeds, trail mix, or granola bar	A	B	C	D
o. 100-calorie packs such as Chips Ahoy or Oreo Thin Crisps	A	B	C	D

Think about a USUAL WEEK AT SCHOOL to answer Questions 18–26.

18. In a usual week at school, do you eat breakfast provided by your school?

A. Yes
B. No

19. In a usual week at school, how many days do you:
Please mark an answer for each item below.

	Everyday	Sometimes	Not usually or never
a. Skip lunch entirely	A	B	C
b. Bring lunch to school	A	B	C
c. Get lunch from the cafeteria	A	B	C
d. Get lunch from a vending machine at school	A	B	C
e. Get lunch from a snack bar, cart, or store at school	A	B	C
f. Get lunch away from school	A	B	C

20. In a usual week at school, how often do you drink the following?
Please mark an answer for each item below.

	My school does not have this	A lot	Sometimes	Not usually or never	I don't know what this item is
a. 100% fruit juice such as orange juice, apple juice, or grape juice (do not count punch, Hi-C, sports drinks or other fruit flavored drinks)	A	B	C	D	E
b. Regular soda or a soft drink (do not count diet soda)	A	B	C	D	E
c. Sports drink, such as Gatorade or Powerade	A	B	C	D	E
d. A glass, cup, or bottle of water (or any unsweetened water)	A	B	C	D	E
e. Regular (white) milk	A	B	C	D	E
f. Chocolate or strawberry flavored milk	A	B	C	D	E
g. Less than 100% juice drinks such as punch, Hi-C, lemonade, or other fruit-flavored drinks	A	B	C	D	E

21. In a usual week at school, how often do you eat the following?
Please mark an answer for each item below.

	My school does not have this	A lot	Sometimes	Not usually or never	I don't know what this item is
a. Fresh fruit (do not count fruit juice)	A	B	C	D	E
b. Canned fruit or fruit cocktail (do not count fruit juice)	A	B	C	D	E
c. Green salad	A	B	C	D	E
d. Uncooked vegetables like carrot sticks, celery sticks, or sliced bell peppers	A	B	C	D	E
e. Cooked vegetables like green beans and corn	A	B	C	D	E
f. French fries or other fried potatoes	A	B	C	D	E
g. Hot dog, corn dog, hamburger, or pizza	A	B	C	D	E
h. Fried food like fried chicken, chicken nuggets, fish sticks, or fried mozzarella sticks	A	B	C	D	E
i. String cheese or yogurt	A	B	C	D	E
j. Potato chips, tortilla chips, cheese puffs, pork rinds or other fried snacks (do not count baked chips)	A	B	C	D	E
k. Baked chips, pretzels, crackers, or similar snacks	A	B	C	D	E
l. Candy such as Snickers, Skittles, Starburst, or M&Ms	A	B	C	D	E
m. Other sweets like cake, cookies, donuts, brownies, or sweet rolls	A	B	C	D	E
n. Raisins, nuts, seeds, trail mix, or granola bar	A	B	C	D	E
o. 100-calorie packs such as Chips Ahoy or Oreo Thin Crisps	A	B	C	D	E

22. In a usual week at school, do you participate in physical exercise . . .
Please mark an answer for each item below.

	Yes	No	Don't know
a. Before school on the school grounds or in the gym	A	B	C
b. Breaks during class (not PE class)	A	B	C
c. Recess	A	B	C
d. During lunch period	A	B	C
e. After school on the school grounds or in the gym	A	B	C

23. In a usual week at school, (but not in PE class), how many days do you do moderate physical exercise? (You might get physical exercise during exercise breaks in class or lunch period or before or after school.)

A. 0 days
B. 1 day
C. 2 days
D. 3 days
E. 4 days
F. 5 days
G. Don't know

Moderate Exercise:
- Makes you breathe a little harder
- Makes you sweat a little bit
- Does not make you feel out of breath

24. In a usual week at school, (but not in PE class), how many days do you do hard or vigorous physical exercise? (You might get physical exercise during exercise breaks in class or lunch period or before or after school.)

A. 0 days
B. 1 day
C. 2 days
D. 3 days
E. 4 days
F. 5 days
G. Don't know

Vigorous Exercise:
- Makes you breathe hard
- Makes you sweat

25. In a usual week at school, (but not in PE class), how many days do you participate in any physical exercise (such as exercise breaks in class, open gym time, walking club, dancing, aerobics, or weight lifting?

A. 0 days
B. 1 day
C. 2 days
D. 3 days
E. 4 days
F. 5 days
G. Don't know

26. In an average week when you are in school this year, on how many days do you go to PE classes?

A. I am not taking PE this year
B. 1 day
C. 2 days
D. 3 days
E. 4 days
F. 5 days

Think about THIS SCHOOL YEAR to answer Questions 27–38.

27. Have you celebrated a birthday party or holiday with candy, cookies, cake, or other sweets in your classroom this year?

A. Yes
B. No

28. Have you gotten candy, cookies, cake, or other sweets as a reward for class participation, good behavior, or a good grade in your classroom this year?

A. Yes
B. No

29. Are you in a class this year where you learn about the importance of physical exercise?

A. Yes
B. No

30. Are you in a class this year where health and eating habits are talked about?

A. Yes
B. No

31. Have you seen any posters about the importance of healthy eating at your school this year?

A. Yes
B. No
C. I don't know

32. Have you seen any posters about the importance of physical exercise at your school this year?

A. Yes
B. No
C. I don't know

33. The last time you attended a before or after-school program at your school this year, did you participate in any physical exercise while you were there? (Do not include school sports programs.)

A. I don't go to a before or after-school program
B. Yes
C. No

34. Are you taking physical education (PE) at school this year?

A. Yes, all year
B. Yes, part of the year
C. No, not at all this year
D. Don't know

35. In a usual PE class this year, about how much time do you spend being physically active (getting exercise and not standing around)?

A. I am not taking PE this year
B. All of the time or almost all of the time
C. More than half of the time
D. About half of the time
E. Less than half of the time
F. Very little
G. Don't know

36. The number of students in my PE class this year is:

A. I am not taking PE this year
B. Not enough
C. Too many
D. Just right
E. Don't know

37. Indicate whether you agree or disagree with the following statements.
Please mark an answer for each item below.

	I am not taking PE this year	Strongly agree	Agree	Do not agree or disagree	Disagree	Strongly disagree
a. When I am exercising in PE class, my teacher gives me tips or suggestions for improving my skills	A	B	C	D	E	F
b. My PE teacher teaches me skills, activities, and games that I can do outside of school	A	B	C	D	E	F
c. My PE teacher helps me understand how physical exercise affects my body	A	B	C	D	E	F
d. My school has enough equipment and space for PE classes	A	B	C	D	E	F
e. My PE teacher tests my fitness skills and tells me how well I am doing	A	B	C	D	E	F

38. How often are you excused from, or do you miss, PE class for the following reasons?
Please mark an answer for each item below.

I am excused from or miss PE class . . .	I am not taking PE this year	Almost always	Sometimes	Not usually or never
a. For personal reasons (like health, cultural, religious reasons)	A	B	C	D
b. For academic tutoring	A	B	C	D
c. Because I do other sports or exercise instead (like sports teams, cheerleading, dance, etc.)	A	B	C	D
d. Because I am in the band or another type of club or class instead	A	B	C	D
e. Because I choose not to change into gym clothes	A	B	C	D

Tell us about your school . . .

39. Is there fresh fruit available at your school on most days?

A. Yes
B. No
C. I don't know

40. Does your school have a salad bar?

A. Yes
B. No
C. I don't know

41. How often are these statements true in your opinion?
Please mark an answer for each item below.

	Always or almost always	Often	Sometimes	Almost never or never	I don't know
a. The school lunch is healthy	A	B	C	D	E
b. The school breakfast is healthy	A	B	C	D	E
c. The foods and drinks that are sold in places like vending machines, snack bars, carts, or stores at my school are healthy.	A	B	C	D	E

Now tell us what you think . . .

42. How many total servings of fruits and vegetables do you think you should eat every day to be healthy?

A. 1 or 2 servings a day
B. 3 or 4 servings a day
C. 5 to 9 servings a day
D. 10 to 15 servings a day

43. How strongly do you agree with the following statements?
Please mark an answer for each item below.

I think it is important to . . .	Strongly agree	Agree	Do not agree or disagree	Disagree	Strongly disagree
a. Eat vegetables	A	B	C	D	E
b. Eat fruits	A	B	C	D	E
c. Eat whole grain foods	A	B	C	D	E
d. Drink low-fat milk and eat low-fat milk products	A	B	C	D	E
e. Eat protein (like meat and beans)	A	B	C	D	E
f. Eat snacks like raisins or nuts	A	B	C	D	E
g. Be physically active	A	B	C	D	E

44. For good health how many days a week do you think you should participate in physical activity, exercise, or sports?

A. 0 days a week
B. 1 day a week
C. 2 or 3 days a week
D. 4 or 5 days a week
E. 6 or 7 days a week

45. On these days, how many minutes or hours do you think you should participate in physical, exercise, or sports for good health?

A. Less than 15 minutes a day
B. 15 to 30 minutes a day
C. 30 to 45 minutes a day
D. 45 to 60 minutes a day
E. 1 to 2 hours a day
F. Over 2 hours a day

Thank you for completing the Healthy Schools Youth Survey. Please turn in your survey as instructed by your teacher.

Healthy Schools Youth Survey

This survey includes questions about nutrition and physical activity. The information you provide will help the Healthy Schools Program understand the eating and exercise habits of young people like yourself. This is not a test, and there are no wrong answers. Please answer each question as honestly as you can. If you are not comfortable answering a question, you may leave it blank.

DO NOT write your name on this survey. The answers you give will be kept private.

Thank you very much for your help.

MARKING INSTRUCTIONS

- Mark your answers with a #2 pencil
- Make dark marks that fill the circle completely
- Erase cleanly any answer you want to change
- Be careful not to make any stray marks in the booklet

Examples: Correct Mark Incorrect Marks

VERSION A

PLEASE DO NOT WRITE IN THIS AREA

20297

LET'S START WITH SOME GENERAL QUESTIONS ABOUT YOU:

1. How old are you?

- ◯ Less than 9
- ◯ 9
- ◯ 10
- ◯ 11
- ◯ 12
- ◯ 13
- ◯ 14
- ◯ 15
- ◯ 16
- ◯ 17
- ◯ 18 or older

2. Are you:

- ◯ Male
- ◯ Female

3. Did you go to this school last year?

- ◯ Yes
- ◯ No

4. How do you describe yourself? (Mark all that apply.)

- ◯ American Indian or Alaska Native
- ◯ Asian or Asian American
- ◯ Black or African American
- ◯ Hawaiian or Pacific Islander
- ◯ White
- ◯ Other

5. Are you Hispanic or Latino (a person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin)?

- ◯ Yes
- ◯ No

6. Do you have any health condition that limits your physical activity?

- ◯ Yes
- ◯ No

7. What grade are you in?

- ◯ 4th grade
- ◯ 5th grade
- ◯ 6th grade
- ◯ 7th grade
- ◯ 8th grade
- ◯ 9th grade
- ◯ 10th grade
- ◯ 11th grade
- ◯ 12th grade

8. When it's nice outside, how do you usually get to school?

- ◯ Car/carpool
- ◯ School bus
- ◯ City bus
- ◯ Walk
- ◯ Ride bicycle
- ◯ Skates or scooter
- ◯ Other
- ◯ More than one of these ways

9. When it's not nice outside, how do you usually get to school?

- ◯ Car/carpool
- ◯ School bus
- ◯ City bus
- ◯ Walk
- ◯ Ride bicycle
- ◯ Skates or scooter
- ◯ Other
- ◯ More than one of these ways

10. How do you describe your weight?

- ◯ Very underweight
- ◯ Slightly underweight
- ◯ About the right weight
- ◯ Slightly overweight
- ◯ Very overweight
- ◯ Don't know

11. Which of the following are you trying to do about your weight?

- ◯ **Lose** weight
- ◯ **Gain** weight
- ◯ **Stay** the same weight
- ◯ I am **not trying to do anything** about my weight

12. How many times each week do you usually eat dinner prepared away from home?

- ◯ Never or almost never
- ◯ 1 or 2 times per week
- ◯ 3 or 4 times per week
- ◯ 5 or more times per week

13. How often do you eat fast food (such as Burger King, McDonalds, Taco Bell, etc.) for dinner?

- ◯ Never or almost never
- ◯ 1 or 2 times per week
- ◯ 3 or 4 times per week
- ◯ 5 or more times per week

14. How often do you eat dinner with your family?

- ◯ Never or almost never
- ◯ 1 or 2 times per week
- ◯ 3 or 4 times per week
- ◯ 5 or more times per week

THINK ABOUT YESTERDAY AT SCHOOL (OR THE LAST DAY YOU WERE AT SCHOOL).

15. Yesterday at school (or the last day you were at school), did you: (Please answer Yes or No to each item below.)

	Yes	No
a. Skip lunch entirely	○	○
b. Bring lunch to school	○	○
c. Get lunch from the cafeteria	○	○
d. Get lunch from a vending machine at school	○	○
e. Get lunch from a snack bar, cart, or store at school	○	○
f. Get lunch away from school	○	○

16. Yesterday at school (or the last day you were at school), did you drink the following? Please mark an answer for each item below.

	My school does not have this	Yes	No	I don't know what this item is
a. 100% fruit juice such as orange juice, apple juice, or grape juice (do not count punch, Hi-C, sports drinks or other fruit-flavored drinks)	○	○	○	○
b. Regular soda or a soft drink (do not count diet soda)	○	○	○	○
c. Sports drink, such as Gatorade or Powerade	○	○	○	○
d. A glass, cup, or bottle of water (or any unsweetened water)	○	○	○	○
e. Regular (white) milk	○	○	○	○
f. Chocolate or strawberry flavored milk	○	○	○	○
g. Less than 100% juice drinks such as punch, Hi-C, lemonade, or other fruit-flavored drinks	○	○	○	○

17. Yesterday at school (or the last day you were at school), did you eat the following? Please mark an answer for each item below.

	My school does not have this	Yes	No	I don't know what this item is
a. Fresh fruit (do not count fruit juice)	○	○	○	○
b. Canned fruit or fruit cocktail (do not count fruit juice)	○	○	○	○
c. Green salad	○	○	○	○
d. Uncooked vegetables like carrot sticks, celery sticks, or sliced bell peppers	○	○	○	○
e. Cooked vegetables like green beans and corn	○	○	○	○
f. French fries or other fried potatoes	○	○	○	○
g. Hot dog, corn dog, hamburger, or pizza	○	○	○	○
h. Fried food like fried chicken, chicken nuggets, fish sticks, or fried mozzarella sticks	○	○	○	○
i. String cheese or yogurt	○	○	○	○
j. Potato chips, tortilla chips, cheese puffs, pork rinds or other fried snacks (do not count baked chips)	○	○	○	○
k. Baked chips, pretzels, crackers, or similar snacks	○	○	○	○
l. Candy such as Snickers bar, Skittles, Starburst, or M&Ms	○	○	○	○
m. Other sweets like cake, cookies, donuts, brownies, or sweet rolls	○	○	○	○
n. Raisins, nuts, seeds, trail mix, or granola bar	○	○	○	○
o. 100-calorie packs such as Chips Ahoy or Oreo Thin Crisps	○	○	○	○

NOW THINK ABOUT A USUAL WEEK AT SCHOOL.

18. In a usual week at school, do you eat breakfast provided by your school?

- ○ Yes
- ○ No

19. In a usual week at school, how many days do you: (Please mark an answer for each item below.)

	Everyday	Sometimes	Not usually or never
a. Skip lunch entirely	○	○	○
b. Bring lunch to school	○	○	○
c. Get lunch from the cafeteria	○	○	○
d. Get lunch from a vending machine at school	○	○	○
e. Get lunch from a snack bar, cart, or store at school	○	○	○
f. Get lunch away from school	○	○	○

20. In a usual week at school, how often do you drink the following? (Please mark an answer for each item below.)

	My school does not have this	A lot	Sometimes	Not usually or never	I don't know what this item is
a. 100% fruit juice such as orange juice, apple juice, or grape juice (do not count punch, Hi-C, sports drinks or other fruit flavored drinks)	○	○	○	○	○
b. Regular soda or a soft drink (do not count diet soda)	○	○	○	○	○
c. Sports drink, such as Gatorade or Powerade	○	○	○	○	○
d. A glass, cup, or bottle of water (or any unsweetened water)	○	○	○	○	○
e. Regular (white) milk	○	○	○	○	○
f. Chocolate or strawberry flavored milk	○	○	○	○	○
g. Less than 100% juice drinks such as punch, Hi-C, lemonade, or other fruit-flavored drinks	○	○	○	○	○

21. In a usual week at school, how often do you eat the following? (Please mark an answer for each item below.)

	My school does not have this	A lot	Sometimes	Not usually or never	I don't know what this item is
a. Fresh fruit (do not count fruit juice)	○	○	○	○	○
b. Canned fruit or fruit cocktail (do not count fruit juice)	○	○	○	○	○
c. Green salad	○	○	○	○	○
d. Uncooked vegetables like carrot sticks, celery sticks, or sliced bell peppers	○	○	○	○	○
e. Cooked vegetables like green beans and corn	○	○	○	○	○
f. French fries or other fried potatoes	○	○	○	○	○
g. Hot dog, corn dog, hamburger, or pizza	○	○	○	○	○
h. Fried food like fried chicken, chicken nuggets, fish sticks, or fried mozzarella sticks	○	○	○	○	○
i. String cheese or yogurt	○	○	○	○	○
j. Potato chips, tortilla chips, cheese puffs, pork rinds or other fried snacks (do not count baked chips)	○	○	○	○	○
k. Baked chips, pretzels, crackers, or similar snacks	○	○	○	○	○
l. Candy such as Snickers, Skittles, Starburst, or M&Ms	○	○	○	○	○
m. Other sweets like cake, cookies, donuts, brownies, or sweet rolls	○	○	○	○	○
n. Raisins, nuts, seeds, trail mix, or granola bar	○	○	○	○	○
o. 100-calorie packs such as Chips Ahoy or Oreo Thin Crisps	○	○	○	○	○

NOW THINK ABOUT A USUAL WEEK AT SCHOOL. . . . CONTINUED

22. In a usual week at school, do you participate in physical exercise . . .
Please mark an answer for each item below.

	Yes	No	Don't know
a. Before school on the school grounds or in the gym	○	○	○
b. Breaks during class (not PE class)	○	○	○
c. Recess	○	○	○
d. During lunch period	○	○	○
e. After school on the school grounds or in the gym	○	○	○

23. In a usual week at school, (but not in PE class), how many days do you do moderate physical exercise? (You might get physical exercise during exercise breaks in class or lunch period or before or after school.)

○ 0 days ○ 3 days ○ Don't know
○ 1 day ○ 4 days
○ 2 days ○ 5 days

Moderate Exercise:
- Makes you breathe a little harder
- Makes you sweat a little bit
- Does not make you feel out of breath

24. In a usual week at school, (but not in PE class), how many days do you do hard or vigorous physical exercise? (You might get physical exercise during exercise breaks in class or lunch period or before or after school.)

○ 0 days ○ 3 days ○ Don't know
○ 1 day ○ 4 days
○ 2 days ○ 5 days

Vigorous Exercise:
- Makes you breathe hard
- Makes you sweat

25. In a usual week at school, (but not in PE class), how many days do you participate in any physical exercise (such as exercise breaks in class, open gym time, walking club, dancing, aerobics, or weight lifting)?

○ 0 days ○ 3 days ○ Don't know
○ 1 day ○ 4 days
○ 2 days ○ 5 days

26. In an average week when you are in school this year, on how many days do you go to PE classes?

○ I am not taking PE this year ○ 3 days
○ 1 day ○ 4 days
○ 2 days ○ 5 days

NOW THINK ABOUT THIS SCHOOL YEAR.

27. Have you celebrated a birthday party or holiday with candy, cookies, cake, or other sweets in your classroom this year?

○ Yes ○ No

28. Have you gotten candy, cookies, cake, or other sweets as a reward for class participation, good behavior, or a good grade in your classroom this year?

○ Yes ○ No

29. Are you in a class this year where you learn about the importance of physical exercise?

○ Yes ○ No

30. Are you in a class this year where health and eating habits are talked about?

○ Yes ○ No

31. Have you seen any posters about the importance of healthy eating at your school this year?

○ Yes ○ No ○ I don't know

32. Have you seen any posters about the importance of physical exercise at your school this year?

○ Yes ○ No ○ I don't know

NOW THINK ABOUT THIS SCHOOL YEAR. . . . (CONTINUED)

33. The last time you attended a before or after-school program at your school this year, did you participate in any physical exercise while you were there? (Do not include school sports programs.)

- ◯ I don't go to a before or after-school program
- ◯ Yes
- ◯ No

34. Are you taking physical education (PE) at school this year?

- ◯ Yes, all year
- ◯ Yes, part of the year
- ◯ No, not at all this year
- ◯ Don't know

35. In a usual PE class this year, about how much time do you spend being physically active (getting exercise and not standing around)?

- ◯ I am not taking PE this year
- ◯ All of the time or almost all of the time
- ◯ More than half of the time
- ◯ About half of the time
- ◯ Less than half of the time
- ◯ Very little
- ◯ Don't know

36. The number of students in my PE class this year is:

- ◯ I am not taking PE this year
- ◯ Not enough
- ◯ Too many
- ◯ Just right
- ◯ Don't know

37. Indicate whether you agree or disagree with the following statements. Please mark an answer for each item below.

	I am not taking PE this year	Strongly agree	Agree	Do not agree or disagree	Disagree	Strongly disagree
a. When I am exercising in PE class, my teacher gives me tips or suggestions for improving my skills	◯	◯	◯	◯	◯	◯
b. My PE teacher teaches me skills, activities, and games that I can do outside of school	◯	◯	◯	◯	◯	◯
c. My PE teacher helps me understand how physical exercise affects my body	◯	◯	◯	◯	◯	◯
d. My school has enough equipment and space for PE classes	◯	◯	◯	◯	◯	◯
e. My PE teacher tests my fitness skills and tells me how well I am doing	◯	◯	◯	◯	◯	◯

38. How often are you excused from, or do you miss, PE class for the following reasons? Please mark an answer for each item below.

I am excused from or miss PE class . . .	I am not taking PE this year	Almost always	Sometimes	Not usually or never
a. For personal reasons (like health, cultural, religious reasons)	◯	◯	◯	◯
b. For academic tutoring	◯	◯	◯	◯
c. Because I do other sports or exercise instead (like sports teams, cheerleading, dance, etc.)	◯	◯	◯	◯
d. Because I am in the band or another type of club or class instead	◯	◯	◯	◯
e. Because I choose not to change into gym clothes	◯	◯	◯	◯

TELL US ABOUT YOUR SCHOOL . . .

39. Is there fresh fruit available at your school on most days?

○ Yes ○ No ○ I don't know

40. Does your school have a salad bar?

○ Yes ○ No ○ I don't know

41. How often are these statements true in your opinion? (Please mark an answer for each item below.)

	Always or almost always	Often	Sometimes	Almost never or never	I don't know
a. The school lunch is healthy	○	○	○	○	○
b. The school breakfast is healthy	○	○	○	○	○
c. The foods and drinks that are sold in places like vending machines, snack bars, carts, or stores at my school are healthy	○	○	○	○	○

NOW TELL US WHAT YOU THINK . . .

42. How many total servings of fruits and vegetables do you think you should eat every day to be healthy?

○ 1 or 2 servings a day ○ 5 to 9 servings a day
○ 3 or 4 servings a day ○ 10 to 15 servings a day

43. How strongly do you agree with the following statements? (Please mark an answer for each item below.)

I think it is important to . . .	Strongly agree	Agree	Do not agree or disagree	Disagree	Strongly disagree
a. Eat vegetables	○	○	○	○	○
b. Eat fruits	○	○	○	○	○
c. Eat whole grain foods	○	○	○	○	○
d. Drink low-fat milk and eat low-fat milk products	○	○	○	○	○
e. Eat protein (like meat and beans)	○	○	○	○	○
f. Eat snacks like raisins or nuts	○	○	○	○	○
g. Be physically active	○	○	○	○	○

44. For good health, how many days a week do you think you should participate in physical activity, exercise, or sports?

○ 0 days a week
○ 1 day a week
○ 2 or 3 days a week
○ 4 or 5 days a week
○ 6 or 7 days a week

45. On these days, how many minutes or hours do you think you should participate in physical activity, exercise, or sports for good health?

○ Less than 15 minutes a day ○ 45 to 60 minutes a day
○ 15 to 30 minutes a day ○ 1 to 2 hours a day
○ 30 to 45 minutes a day ○ Over 2 hours a day

Thank you for completing the Healthy Schools Youth Survey.

Please turn in your survey as instructed by your teacher.

Dataset 7. Arizona and Prince George's County (Maryland) Youth Height and Weight Measurements Data File

Alliance for a Healthier Generation

Healthy Schools Program Evaluation

Codebook for Dataset 7

SchoolID	**School ID**

Location: **1**

Variable Type: **Numeric**

Valid	Missing	Min	Max
22841	0	11908	23121

SampleorCensus	**Whether school did a sample or a census of students**

Location: **2**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
1	Sample of Students	2329	10.0%
2	Census of students	20864	90.0%
-9	missing	0	0.0%

Cohort	**Cohort from which the data was collected**

Location: **3**

Variable Type: **Numeric**

Value	Value Label	Frequency	Percent
7	Prince Georges	20864	90.0%
9	Arizona	2329	10.0%
-9	missing	0	0.0%

Wave	**BMI data collection wave**
Location:	**4**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Wave 1	13786	59.4%
2	Wave 2	9407	40.6%
-9	missing	0	0.0%

Wave.year	**Year in which wave took place**
Location:	**5**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
2010	2009-2010	12342	53.2%
2012	2011-2012	1444	6.2%
2013	2012-2013	8522	36.7%
2014	2012-2014	885	3.8%
-9	missing	0	0.0%

Level	**School level**
Location:	**6**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Elementary School	7437	32.1%
2	Middle School	6125	26.4%
3	High School	9631	41.5%
4	K-12	0	0.0%
-9	missing	0	0.0%

Grade	Grade
Location:	**7**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	kindergarten	0	0.0%
1	1st grade	200	0.9%
2	2nd grade	18	0.1%
3	3rd grade	231	1.0%
4	4th grade	1325	5.7%
5	5th grade	2271	9.8%
6	6th grade	1672	7.2%
7	7th grade	2096	9.0%
8	8th grade	2551	11.0%
9	9th grade	2364	10.2%
10	10th grade	1884	8.1%
11	11th grade	1154	5.0%
12	12th grade	1233	5.3%
-9	missing	6194	26.7%

Admindate	Date of measurement
Location:	**8**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
23193	0	05/01/2009	02/07/2014

Gender	**Gender**
Location:	**9**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Male	12230	52.7%
2	Female	10963	47.3%
-9	missing	0	0.0%

DOB	**Date of birth**
Location:	**10**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
14667	8526	05/08/1989	06/16/2009

Ageyears	**Student age in years**
Location:	**11**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
14667	8526	3	20	13.35	14.00	3.01

Agemosrnd	**Student age in months rounded to nearest month**
Location:	**12**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
14667	8526	32	251	164.83	169.00	36.14

Height	**Student height in inches**
Location:	**13**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
23166	27	33	85	62.29	63.00	5.79

Weight	**Student weight in pounds**
Location:	**14**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
23145	48	31	300	128.57	125.00	42.63

BMI	**Body mass index**
Location:	**15**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
23141	52	6.96	74.66	22.83	21.78	5.52

ZScore	**BMI Z-Score**
Location:	**16**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
14652	8541	-7.52	9.25	1.13	0.84	1.57

Percentile	**BMI percentile based on CDC growth chart**
Location:	**17**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
14652	8541	0.00	100.00	71.84	81.00	28.30

L	Power in the Box-Cox transformation - LMS parameter
Location:	**18**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
23175	18	-3.35	-1.50	-2.22	-2.14	0.29

M	Median - LMS parameter
Location:	**19**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
23175	18	15.15	23.04	18.92	19.05	1.70

S	Generalized coefficient of variation - LMS parameter
Location:	**20**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
23175	18	.07	.15	0.14	0.14	0.01

P5	5th BMI percentile for age, gender, and height
Location:	**21**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
23175	18	13.42	19.14	15.74	15.76	1.30

P85	85th BMI percentile age, gender, and height
Location:	**22**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
23175	18	16.76	27.08	22.44	22.60	2.17

P95	95th BMI percentile age, gender, and height
Location:	**23**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
23175	18	17.83	31.76	25.86	26.22	2.64

P97	97th BMI percentile age, gender, and height
Location:	**24**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
23175	18	18.23	35.06	27.73	28.13	2.91

P95120	120% of 95th percentile (for Class 2 Obese)
Location:	**25**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
23175	18	21.39	38.12	31.03	31.46	3.16

P95140	140% of 95th percentile (for Class 3 Obese)
Location:	**26**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
23175	18	24.96	44.47	36.21	36.70	3.69

BMIinterp4cat	BMI interpretation: Four categories using CDC guidelines
Location:	**27**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Underweight	437	1.9%
2	Healthy Weight	12877	55.5%
3	Overweight	4373	18.9%
4	Obese	5437	23.4%
-9	missing value because height, weight, or age variable is missing	68	0.3%
-8	Missing value due to height, weight, or age variable being outside of a realistic range, based on CDC guidelines	1	0.0%

BMIinterp2cat	BMI Interpretation: Two categories using CDC guidelines
Location:	**28**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Underweight/Healthy	13314	57.4%
2	Overweight/Obese	9810	42.3%
-9	missing value because height, weight, or age variable is missing	68	0.3%
-8	Missing value due to height, weight, or age variable being outside of a realistic range, based on CDC guidelines	1	0.0%

BMIinterp5cat	**BMI interpretation: Five categories (extreme high obese = 97th percentile)**
Location:	**29**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Underweight	437	1.9%
2	Healthy Weight	12877	55.5%
3	Overweight	4373	18.9%
4	Obese	1526	6.6%
5	Extreme high obese (percentile = 97th)	3911	16.9%
-9	missing value because height, weight, or age variable is missing	68	0.3%
-8	Missing value due to height, weight, or age variable being outside of a realistic range, based on CDC guidelines	1	0.0%

BMIinterp6cat	**BMI interpretation: Six categories including class 2 obese and class 3 obese**
Location:	**30**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Underweight	2606	11.2%
2	Healthy Weight	11437	49.3%
3	Overweight	3988	17.2%
4	Obese	3176	13.7%
5	Class 2 Obese (>120% of 95th percentile or BMI >= 35)	1361	5.9%
6	Class 3 Obese (>140% of 95th percentile or BMI >= 40)	556	2.4%
-9	missing value because height, weight, or age variable is missing	68	0.3%
-8	Missing value due to height, weight, or age variable being outside of a realistic range, based on CDC guidelines	1	0.0%

Healthy Schools Evaluation BMI Worksheet

District:
School: **High School**

Ranges expected for this school:

	Height (inches)	Weight (lbs)	Age (yrs)
Minimum:	56	76	14
Maximum:	80	225	19

Name or ID	Grade Level	Gender (M/F)	Date of Birth (mm/dd/yy)	Date Measured (mm/dd/yy)	Height ft	Height in	Weight lb	Weight oz	Total inches	Total lbs	Age (yrs)	Age (mon)	Body Mass Index (BMI)	BMI Interpretatio	5th Percentile	50th Percentile	85th Percentile	95th Percentile
EXAMPLE	10	M	12/1/1994	2/24/2012	5	7.5	162		67.5	162	17	206	25.00	healthy	17.74935	21.29836	25.00363	28.31420
									N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

Instructions for BMI Worksheet

Column(s)	Indicator	Explanation
A	**Name or ID**	Enter a name, initials, or an ID to help keep track of who you have entered. You will delete this column before sending to RMC Research to keep this information anonymous.
B	**Grade**	Enter the grade level (5 = 5th, 6=6th, etc)
C	**Gender**	Enter the student's gender (M=male, F=female)
D	**Date of Birth**	Enter the student's date of birth in mm/dd/yyyy format (e.g., May 15, 1990 is 5/15/1990)
E	**Date Measured**	Enter the date the student's height and weight were measured in mm/dd/yyyy format (e.g., 2/15/2006) Note that it may be necessary to estimate this date if it is not in the student's record. For example, if the measurements for a grade level were taken during a specific week, enter the date for the middle of that week.
F & G	**Height**	Enter the student's height in feet and inches. If measured in total inches, leave feet blank.
H & I	**Weight**	Enter the student's weight in pounds and ounces. If measured in fractional pounds (e.g. 65.3 lbs), leave ounces blank.

<u>The following are calculated for you:</u>

J	**Total Inches**	Height is converted to inches. If CHECK is displayed, there may be an error in how the height was entered; double check the feet and inches columns (H&I) for errors.
K	**Total Pounds**	Weight is converted to pounds with ounces in decimal format. If CHECK is displayed, there may be an error in how the weight was recorded; double check the pounds and ounces columns (J&K) for errors
L	**Age (years)**	Age in years at the time BMI was assessed is calculated from birthdate and date measured. If CHECK is displayed, there may be an error in how the birthdate or measurement date were entered; double check the birthdate and date measured columns.
M	**Age (months)**	Age in months at the time BMI was assessed is calculated from birthdate and date measured. If CHECK is displayed, there may be an error in how the birthdate or measurement date were entered; double check the birthdate and date measured columns.
N	**BMI**	Body Mass Index (BMI), an index of body fat, is calculated for you (unless there is an error in Ht or Wt). If N/A (not available) is displayed, one or all of *Total Inches*, *Total Lbs*, *or Age (mon)* has N/A or CHECK displayed; once these are corrected, the BMI will be displayed. The formula (English measurements) is: BMI = (Wt[lb] / Ht[in]*Ht[in]) * 703 For children, the interpretation must be adjusted by age. See CDC web page for details: http://www.cdc.gov/nccdphp/dnpa/bmi/childrens_BMI/about_childrens_BMI.htm
O	**BMI Interpretation**	The interpretation of the BMI value for each student according to the age norms developed by CDC is displayed. If N/A (not available) is displayed, one or all of *Total Inches*, *Total Lbs*, *or Age (mon)* has N/A or CHECK displayed; once these are corrected, the BMI Interpretation will be displayed. WARNING: BMI is useful for screening purposes but is an imperfect measure of body fat. Youth who are flagged as possibly overweight or underweight for their age should be referred to a health professional.
P	**5th Percentile**	The 5th percentile for BMI for the student's age and gender is displayed. If N/A (not available) is displayed, either *Gender* is missing or *Age (mon)* has N/A or CHECK displayed; once these are corrected, the 5th percentile will be displayed.
Q	**50th Percentile**	The 50th percentile for BMI for the student's age and gender is displayed. If N/A (not available) is displayed, either G*ender* is missing or A*ge (mon)* has N/A or CHECK displayed; once these are corrected, the 50th percentile will be displayed.
R	**85th Percentile**	The 85th percentile for BMI for the student's age and gender is displayed.

		If N/A (not available) is displayed, either G*ender* is missing or A*ge (mon)* has N/A or CHECK displayed; once these are corrected, the 85th percentile will be displayed.
S	**95th Percentile**	The9 5th percentile for BMI for the student's age and gender is displayed. If N/A (not available) is displayed, either G*ender* is missing or A*ge (mon)* has N/A or CHECK displayed; once these are corrected, the 95th percentile will be displayed.

The following are used to check the height, weight, and date values entered:

Cells J3,K3,L3	**Minimum**	The minimum value expected in that column (height, weight, or age) for this school. For example, a high school is not likely to have a student that is less than 70 pounds; thus, 70 would be entered as the minimum expected weight for the school.
Cells J4,K4,L4	**Maximum**	The maximum value expected in that column (height, weight, or age) for this school. For example, an elementary school is not likely to have a student that is greater than 72 inches (6 feet) tall; thus, 72 would be entered as the maximum expected height for the school.

Programmed by Dennis Deck and Jennifer Lembach, RMC Research Corporation, Portland, OR

Dataset 8. Arizona Academic Achievement Data File

Alliance for a Healthier Generation

Healthy Schools Program Evaluation

Codebook for Dataset 8

SchoolID	**SchoolID**
Location:	**1**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
2556	2262	10193	25178

Level	**School level**
Location:	**2**
Variable Type:	**Numeric**

Value Label	Value	Frequency	Percent
1	Elementary School	4358	90.5%
2	Middle School	376	7.8%
3	High School	84	1.7%
-9	missing	0	0.0%

Grade	Grade
Location:	**3**
Variable Type:	**Numeric**

Value Label	Value	Frequency	Percent
2	2nd grade	821	17.0%
3	3rd grade	824	17.1%
4	4th grade	825	17.1%
5	5th grade	825	17.1%
6	6th grade	664	13.8%
7	7th grade	391	8.1%
8	8th grade	391	8.1%
9	9th grade	77	1.6%
-9	missing	0	0.0%

Hsp	HSP Group
Location:	**4**
Variable Type:	**Numeric**

Value Label	Value	Frequency	Percent
0	Comparison Group	2375	49.3%
1	HSP Group	2443	50.7%
-9	missing	0	0.0%

CohortYr	Year School Agreed to Participate in HSP
Location:	**5**
Variable Type:	**Numeric**

Value Label	Value	Frequency	Percent
2010	2010-2011	1501	31.2%
2011	2011-2012	942	19.6%
-9	missing	2375	49.3%

InitYear	**Year HSP Implementation Began**
Location:	**6**
Variable Type:	**Numeric**

Value Label	Value	Frequency	Percent
2010	2010-2011	2797	58.1%
2011	2011-2012	2021	41.9%
-9	Missing	0	0.0%

Year_min	**First Year of Data**
Location:	**7**
Variable Type:	**Numeric**

Value Label	Value	Frequency	Percent
2007	2007-2008	4776	99.1%
2008	2008-2009	42	0.9%
-9	Missing	0	0.0%

Year_max	**Last Year of Data**
Location:	**8**
Variable Type:	**Numeric**

Value Label	Value	Frequency	Percent
2010	2010-2011	8	0.2%
2011	2011-2012	0	0.0%
2012	2012-2013	70	1.5%
2013	2013-2014	4740	98.4%
-9	Missing	0	0.0%

Logr	**Lowest grade offered**
Location:	**9**
Variable Type:	**Numeric**

Value Label	Value	Frequency	Percent
0	Kindergarten	3334	69.2%
1	1st grade	0	0.0%
2	2nd grade	38	.8%
3	3rd grade	0	0.0%
4	4th grade	0	0.0%
5	5th grade	26	.5%
6	6th grade	190	3.9%
7	7th grade	160	3.3%
8	8th grade	0	0.0%
9	9th grade	84	1.7%
10	10th grade	0	0.0%
11	11th grade	0	0.0%
12	12th grade	0	0.0%
13	Pre-Kindergarten	986	20.5%
14	NA or no students reported	0	0.0%
15	Ungraded	0	0.0%

Higr	**Highest grade offered**
Location:	**10**
Variable Type:	**Numeric**

Value Label	Value	Frequency	Percent
0	Kindergarten	0	0.0%
1	1st grade	0	0.0%
2	2nd grade	0	0.0%
3	3rd grade	0	0.0%
4	4th grade	23	0.5%
5	5th grade	959	19.9%
6	6th grade	1719	35.7%
7	7th grade	0	0.0%
8	8th grade	2025	42.0%
9	9th grade	0	0.0%
10	10th grade	0	0.0%
11	11th grade	0	0.0%
12	12th grade	84	1.7%
13	Pre-Kindergarten	8	0.2%
14	NA or no students reported	0	0.0%
15	Ungraded	0	0.0%

Enroll	**Students enrolled in this school**
Location:	**11**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4818	0	63	2964	664.23	652.00	254.307

AmInd	**American Indian enrollment**
Location:	**12**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4810	8	1	276	17.31	11.00	27.399

Asian	**Asian American enrollment**
Location:	**13**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4531	287	1	177	19.70	11.00	25.724

Black	**African American enrollment**
Location:	**14**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4818	0	1	163	35.80	30.00	29.522

White	**White enrollment**
Location:	**15**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4769	49	1	2344	234.28	149.00	258.365

Hispanic	**Hispanic enrollment**
Location:	**16**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4818	0	6	949	355.80	376.00	237.417

FRL	**Number eligible for Free or Reduced lunch**
Location:	**17**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4818	0	0	903	378.42	396.00	243.420

SLocale	**Locale Code**
Location:	**18**
Variable Type:	**Numeric**

Value Label	Value	Frequency	Percent
1	City	3833	79.6%
2	Suburb	985	20.4%
3	Town	0	0.0%
4	Rural	0	0.0%
-9	missing	0	0.0%

Testyear	**Year Tests Administered**
Location:	**19**
Variable Type:	**Numeric**

Value Label	Value	Frequency	Percent
2007	2007-2008	682	14.2%
2008	2008-2009	687	14.3%
2009	2009-2010	686	14.2%
2010	2010-2011	693	14.4%
2011	2011-2012	695	14.4%
2012	2012-2013	692	14.4%
2013	2013-2014	683	14.2%
-9	missing	0	0.0%

MathNum	**Number Tested in Math**
Location:	**20**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4788	30	1.00	766.00	108.44	88.00	84.02

MathNCE	**Average NCE Math**
Location:	**21**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4747	71	13.00	87.00	52.57	51.00	9.55

RdgNum	Number Tested in Reading
Location:	**22**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4789	29	1.00	766.00	108.42	88.00	84.02

RdgNCE	Average NCE Reading
Location:	**23**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4748	70	2.00	78.00	48.60	47.00	9.31

LangNum	Number Tested in Language
Location:	**24**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
2566	2252	1.00	766.00	112.46	90.00	92.45

LangNCE	Average NCE Language
Location:	**25**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
2540	2278	9.00	81.00	48.28	47.00	9.94

MathNCEmean	**Mean NCE Math Score for School**
Location:	**26**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4818	0	18.50	72.32	52.37	50.32	8.49

RdgNCEmean	**Mean NCE Reading Score for School**
Location:	**27**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4818	0	8.25	67.71	48.47	46.07	8.39

LangNCEmean	**Mean NCE Language Score for School**
Location:	**28**
Variable Type:	**Numeric**

Valid	Missing	Min	Max	Mean	Median	SD
4818	0	13.25	68.28	48.02	46.08	8.68

HLMyear	Year relative to initial year HSP implementation
Location:	**29**
Variable Type:	**Numeric**

Value Label	Value	Frequency	Percent
-5	5 yrs before HSP	288	6.0%
-4	4 yrs before HSP	681	14.1%
-3	3 yrs before HSP	689	14.3%
-2	2 yrs before HSP	690	14.3%
-1	1 yr before HSP	694	14.4%
0	HSP initial yr of implementation	690	14.3%
1	1 yr after HSP implementation	684	14.2%
2	2 yrs after HSP implementation	402	8.3%
-9	missing	0	0.0%

Difference	Piecewise term indicating pre-implementation and post-implementation time points
Location:	**30**
Variable Type:	**Numeric**

Value Label	Value	Frequency	Percent
0	Before HSP implementation	3042	63.1%
1	After HSP Implementation (includes yr 0)	1776	36.9%
-9	missing	0	0.0%

Dataset 9. Prince George's County School Wellness Coordinator Survey Data File

Alliance for a Healthier Generation

Healthy Schools Program Evaluation

Codebook for Dataset 9:

SchoolID	**School ID**
Location:	**1**
Variable Type:	**Numeric**

Valid	Missing	Min	Max
119	0	11898	23123

Inityear	**Year HSP Implementation Began**
Location:	**2**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
2008	2008-2009	32	26.9%
2009	2009-2010	51	42.9%
2010	2010-2011	31	26.1%
2011	2011-2012	5	4.2%
-9	missing	0	0%

Cohortyr	**Year School Agreed to Participate in HSP**
Location:	**3**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
2008	2008-2009	38	31.9%
2009	2009-2010	46	38.7%
2010	2010-2011	31	26.1%
2011	2011-2012	3	2.5%
-9	missing	1	.8%

Level	**School level**
Location:	**4**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Elementary School	84	70.6%
2	Middle School	14	11.8%
3	High School	14	11.8%
4	Other	6	5.0%
-9	missing	1	0.8%

ImpYear	**Q1 In which school year did your school begin implementing the Healthy Schools Program?**
Location:	**5**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	2008–2009	9	7.6%
2	2009–2010	26	21.8%
3	2010–2011	24	20.2%
4	2011–2012	25	21.0%
5	Don't know	33	27.7%
-9	missing	2	1.7%

ImpAware	Q2 To what extent is your school community (i.e., administrators, teachers, other school staff, students, parents) aware of the HSP efforts in your school?
Location:	**6**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Hardly any members of our school community are aware	20	16.8%
2	Some members of our school community are aware	32	26.9%
3	Most members of our school community are aware	39	32.8%
4	Nearly all members of our school community are aware	28	23.5%
-9	missing	0	0.0%

ImpSucc	Q3 In your opinion, how successful has your school been in implementing the Healthy Schools Program to date?
Location:	**7**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Not at all successful	14	11.8%
2	A little successful	40	33.6%
3	Moderately successful	47	39.5%
4	Very successful	18	15.1%
-9	missing	0	0.0%

DistAdmn	Q4.1 Supportive district administrative leadership- In your opinion, what 3 factors MOST influenced your schools success implementing the Healthy Schools Program? Select no more than 3 factors
Location:	**8**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	92	77.3%
1	Yes	27	22.7%
-9	missing	0	0.0%

SchlAdmn	Q4.2 Supportive school administrative leadership- In your opinion, what 3 factors MOST influenced your schools success implementing the Healthy Schools Program? Select no more than 3 factors
Location:	**9**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	57	47.9%
1	Yes	62	52.1%
-9	missing	0	0.0%

Council	Q4.3 Active school wellness council- In your opinion, what 3 factors MOST influenced your school's success implementing the Healthy Schools Program? Select no more than 3 factors
Location:	**10**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	72	60.5%
1	Yes	47	39.5%
-9	missing	0	0.0%

StaffComm	Q4.4 Staff interest and commitment- In your opinion, what 3 factors MOST influenced your school's success implementing the Healthy Schools Program? Select no more than 3 factors
Location:	**11**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	55	46.2%
1	Yes	64	53.8%
-9	missing	0	0.0%

ExFund	Q4.5 External funding- In your opinion, what 3 factors MOST influenced your school's success implementing the Healthy Schools Program? Select no more than 3 factors
Location:	**12**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	101	84.9%
1	Yes	18	15.1%
-9	missing	0	0.0%

CommInv	Q4.6 Community involvement- In your opinion, what 3 factors MOST influenced your school's success implementing the Healthy Schools Program? Select no more than 3 factors
Location:	**13**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	109	91.6%
1	Yes	10	8.4%
-9	missing	0	0.0%

Time	Q4.7 Time (implementing the program over 4 years)- In your opinion, what 3 factors MOST influenced your school's success implementing the Healthy Schools Program? Select no more than 3 factors
Location:	**14**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	103	86.6%
1	Yes	16	13.4%
-9	missing	0	0.0%

TA	Q4.8 Technical assistance provided by the HSP program manager- In your opinion, what 3 factors MOST influenced your school's success implementing the Healthy Schools Program? Select no more than 3 factors
Location:	**15**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	86	72.3%
1	Yes	33	27.7%
-9	missing	0	0.0%

OtherInfl	Q4.9 Other- In your opinion, what 3 factors MOST influenced your school's success implementing the Healthy Schools Program? Select no more than 3 factors
Location:	**16**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	100	84.0%
1	Yes	19	16.0%
-9	missing	0	0.0%

OtherInflTxt	Q4.9SP You have indicated Other. Please specify.
Location:	**17**
Variable Type:	**String**

LackDistAdmn	Q5.1 Lack of supportive district administrative leadership- In your opinion, what 3 factors MOST hindered your school's success implementing the Healthy Schools Program? Select no more than 3 factors.
Location:	**18**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	105	88.2%
1	Yes	14	11.8%
-9	missing	0	0.0%

LackSchlAdmn	Q5.2 Lack of supportive school administrative leadership- In your opinion, what 3 factors MOST hindered your school's success implementing the Healthy Schools Program? Select no more than 3 factors..
Location:	**19**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	97	81.5%
1	Yes	22	18.5%
-9	missing	0	0.0%

IneffCouncil	Q5.3 Ineffective school wellness council- In your opinion, what 3 factors MOST hindered your school's success implementing the Healthy Schools Program? Select no more than 3 factors.
Location:	**20**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	91	76.5%
1	Yes	28	23.5%
-9	missing	0	0.0%

LackStaffComm	Q5.4 Lack of staff interest and commitment- In your opinion, what 3 factors MOST hindered your school's success implementing the Healthy Schools Program? Select no more than 3 factors.
Location:	**21**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	75	63.0%
1	Yes	44	37.0%
-9	missing	0	0.0%

LackExFund	Q5.5 Lack of external funding- In your opinion, what 3 factors MOST hindered your school's success implementing the Healthy Schools Program? Select no more than 3 factors.
Location:	**22**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	56	47.1%
1	Yes	63	52.9%
-9	missing	0	0.0%

LackCommInv	Q5.6 Lack of community involvement- In your opinion, what 3 factors MOST hindered your school's success implementing the Healthy Schools Program? Select no more than 3 factors.
Location:	**23**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	74	62.2%
1	Yes	45	37.8%
-9	missing	0	0.0%

LackTime	Q5.7 Insufficient duration thus far in the program - In your opinion, what 3 factors MOST hindered your schools success implementing the Healthy Schools Program? Select no more than 3 factors.
Location:	**24**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	96	80.7%
1	Yes	23	19.3%
-9	missing	0	0.0%

LackTA	Q5.8 School's need for technical assistance outweighs the amount of technical assistance provided by the HSP program manager
Location:	**25**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	109	91.6%
1	Yes	10	8.4%
-9	missing	0	0.0%

OtherHind	Q5.9 Other- In your opinion, what 3 factors MOST hindered your school's success implementing the Healthy Schools Program? Select no more than 3 factors.
Location:	**26**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	88	73.9%
1	Yes	31	26.1%
-9	missing	0	0.0%

OtherHindTxt	Q5.9SP You have indicated Other. Please specify.
Location:	**27**
Variable Type:	**String**

PolicySysFoc	Q6.1 Policies and Systems- How much focus has your school placed on each of the following wellness categories?
Location:	**28**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	No Focus	14	11.8%
2	A Little Focus	46	38.7%
3	Some Focus	41	34.5%
4	A Lot of Focus	17	14.3%
-9	missing	0	0.0%

CafeFoc	Q6.2 Healthy Cafeterias- How much focus has your school placed on each of the following wellness categories?
Location:	**29**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	No Focus	9	7.6%
2	A Little Focus	27	22.7%
3	Some Focus	42	35.3%
4	A Lot of Focus	39	32.8%
-9	missing	2	1.7%

VendFoc	Q6.3 Healthy Vending- How much focus has your school placed on each of the following wellness categories?
Location:	**30**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	No Focus	34	28.6%
2	A Little Focus	27	22.7%
3	Some Focus	33	27.7%
4	A Lot of Focus	24	20.2%
-9	missing	1	0.8%

HlthEdFoc	Q6.4 Health Education- How much focus has your school placed on each of the following wellness categories?
Location:	**31**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	No Focus	10	8.4%
2	A Little Focus	21	17.6%
3	Some Focus	49	41.2%
4	A Lot of Focus	39	32.8%
-9	missing	10	8.4%

EmpWellFoc	Q6.5 Employee Wellness- How much focus has your school placed on each of the following wellness categories?
Location:	**32**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	No Focus	7	5.9%
2	A Little Focus	39	32.8%
3	Some Focus	41	34.5%
4	A Lot of Focus	30	25.2%
-9	missing	2	1.7%

PhysEdFoc	Q6.6 Physical Education- How much focus has your school placed on each of the following wellness categories?
Location:	**33**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	No Focus	3	2.5%
2	A Little Focus	12	10.1%
3	Some Focus	43	36.1%
4	A Lot of Focus	61	51.3%
-9	missing	0	0.0%

StudWellFoc	Q6.7 Student Wellness- How much focus has your school placed on each of the following wellness categories?
Location:	**34**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	No Focus	3	2.5%
2	A Little Focus	24	20.2%
3	Some Focus	52	43.7%
4	A Lot of Focus	40	33.6%
-9	missing	0	0.0%

PolicySysProg	Q7.1 Policies and Systems-In your opinion, how much progress has your school made in each of the following wellness categories?
Location:	**35**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	No Progress	21	17.6%
2	A Little Progress	38	31.9%
3	Some Progress	48	40.3%
4	A Lot of Progress	11	9.2%
-9	missing	1	0.8%

CafeProg	Q7.2 Healthy Cafeterias- In your opinion, how much progress has your school made in each of the following wellness categories?
Location:	**36**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	No Progress	13	10.9%
2	A Little Progress	29	24.4%
3	Some Progress	48	40.3%
4	A Lot of Progress	27	22.7%
-9	missing	2	1.7%

VendProg	Q7.3 Healthy Vending- In your opinion, how much progress has your school made in each of the following wellness categories?
Location:	**37**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	No Progress	37	31.1%
2	A Little Progress	25	21.0%
3	Some Progress	33	27.7%
4	A Lot of Progress	22	18.5%
-9	missing	2	1.7%

EmpWellProg	Q7.5 Employee Wellness- In your opinion, how much progress has your school made in each of the following wellness categories?
Location:	**38**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	No Progress	13	10.9%
2	A Little Progress	35	29.4%
3	Some Progress	50	42.0%
4	A Lot of Progress	19	16.0%
-9	missing	2	1.7%

PhysEdProg	Q7.6 Physical Education- In your opinion, how much progress has your school made in each of the following wellness categories?
Location:	**39**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	No Progress	6	5.0%
2	A Little Progress	19	16.0%
3	Some Progress	48	40.3%
4	A Lot of Progress	45	37.8%
-9	missing	1	0.8%

StudWellProg	Q7.7 Student Wellness- In your opinion, how much progress has your school made in each of the following wellness categories?
Location:	**40**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	No Progress	9	7.6%
2	A Little Progress	25	21.0%
3	Some Progress	52	43.7%
4	A Lot of Progress	30	25.2%
-9	missing	3	2.5%

ImpCont	Q8 Does your school plan to continue implementing the Healthy Schools Program next year?
Location:	**41**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Yes	97	81.5%
2	No	1	0.8%
3	Don't know	19	16.0%
-9	missing	2	1.7%

DiscNeeds	Q8.1 Goals of the Healthy Schools Program do not match the needs of my school- What are the key factors that influenced your school's decision to discontinue the program?
Location:	**42**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	1	0.8%
1	Yes	1	0.8%
-9	missing	117	98.3%

DiscDistLdr	Q8.2 Lack of supportive district administrative leadership- What are the key factors that influenced your school's decision to discontinue the program?
Location:	**43**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	2	1.7%
1	Yes	0	0.0%
-9	missing	117	98.3%

DiscSchlLdr	Q8.3 Lack of supportive school administrative leadership- What are the key factors that influenced your school's decision to discontinue the program?
Location:	**44**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	1	0.8%
1	Yes	1	0.8%
-9	missing	117	98.3%

DiscIneffCncl	Q8.4 Ineffective school wellness council- What are the key factors that influenced your school's decision to discontinue the program?
Location:	**45**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	2	1.7%
1	Yes	0	0.0%
-9	missing	117	98.3%

DiscStaffComm	Q8.5 Lack of staff interest and commitment- What are the key factors that influenced your school's decision to discontinue the program?
Location:	**46**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	2	1.7%
1	Yes	0	0.0%
-9	missing	117	98.3%

DiscExFund	Q8.6 Lack of external funding- What are the key factors that influenced your school's decision to discontinue the program?
Location:	**47**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	2	1.7%
1	Yes	0	0.0%
-9	missing	117	98.3%

DiscCommInv	Q8.7 Lack of community involvement- What are the key factors that influenced your school's decision to discontinue the program?
Location:	**48**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	1	0.8%
1	Yes	1	0.8%
-9	missing	117	98.3%

DiscTA	Q8.8 My school's need for technical assistance outweighs what we are able to receive- What are the key factors that influenced your school's decision to discontinue the program?
Location:	**49**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	2	1.7%
1	Yes	0	0.0%
-9	missing	117	98.3%

DiscOther	Q8.9 Other- What are the key factors that influenced your school's decision to discontinue the program?
Location:	**50**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	2	1.7%
1	Yes	0	0.0%
-9	missing	117	98.3%

DiscOtherTxt	Q8.9SP You have indicated Other. Please specify.
Location:	**51**
Variable Type:	**String**

*Note: this variable is blank.

LastContact	Q10 Think about the last time your school had contact with an HSP program manager or HSP content expert.When was the last contact?
Location:	**52**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Don't know	17	14.3%
2	More than 6 months ago	8	6.7%
3	About 4 to 6 months ago	9	7.6%
4	About 1 to 3 months ago	27	22.7%
5	Less than a month ago	57	47.9%
-9	missing	1	0.8%

ModeContact	Q11 What was the mode of contact?
Location:	**53**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Email	63	52.9%
2	Phone call	1	0.8%
3	Webinar	2	1.7%
4	In person	40	33.6%
5	Don't know	12	10.1%
-9	missing	1	0.8%

TAWkshp	Q12 Targeted assistance related to wellness categories
Location:	**54**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	84	70.6%
1	Yes	35	29.4%
-9	missing	1	0.8%

PolicySys	Q12.1 Policies and Systems- If the purpose of the contact was targeted assistance related to wellness categories, please choose which categories.
Location:	**55**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	85	71.4%
1	Yes	33	27.7%
-9	missing	1	0.8%

Cafe	Q12.2 Healthy Cafeterias- If the purpose of the contact was targeted assistance related to wellness categories, please choose which categories.
Location:	**56**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	98	82.4%
1	Yes	20	16.8%
-9	missing	1	0.8%

Vend	Q12.3 Healthy Vending- If the purpose of the contact was targeted assistance related to wellness categories, please choose which categories.
Location:	**57**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	101	84.9%
1	Yes	17	14.3%
-9	missing	1	0.8%

HlthEd	Q12.4 Health Education- If the purpose of the contact was targeted assistance related to wellness categories, please choose which categories.
Location:	**58**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	100	84.0%
1	Yes	18	15.1%
-9	missing	1	0.8%

EmpWell	Q12.5 Employee Wellness- If the purpose of the contact was targeted assistance related to wellness categories, please choose which categories.
Location:	**59**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	97	81.5%
1	Yes	21	17.6%
-9	missing	1	0.8%

PhysEd	Q12.6 Physical Education- If the purpose of the contact was targeted assistance related to wellness categories, please choose which categories.
Location:	**60**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	98	82.4%
1	Yes	20	16.8%
-9	missing	1	0.8%

StudWell	Q12.7 Student Wellness- If the purpose of the contact was targeted assistance related to wellness categories, please choose which categories.
Location:	**61**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	94	79.0%
1	Yes	24	20.2%
-9	missing	1	0.8%

TaPlan	Q12.8 Targeted assistance related to your schools Action Plan- What was the purpose of the contact?
Location:	**62**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	77	64.7%
1	Yes	42	35.3%
-9	missing	0	0.0%

TaInven	Q12.9 Targeted assistance related to your schools Inventory- What was the purpose of the contact?
Location:	**63**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	86	72.3%
1	Yes	33	27.7%
-9	missing	0	0.0%

TaRecog	Q12.10 Targeted assistance related to your schools Recognition- What was the purpose of the contact?
Location:	**64**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	102	85.7%
1	Yes	17	14.3%
-9	missing	0	0.0%

ContOthr	Q12.11 Other- What was the purpose of the contact?
Location:	**65**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	98	82.4%
1	Yes	21	17.6%
-9	missing	0	0.0%

ContOthrTxt	Q12.11SP You have indicated Other. Please specify
Location:	**66**
Variable Type:	**String**

ContUnsure	Q12.12 Dont know- What was the purpose of the contact?
Location:	**67**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	101	84.9%
1	Yes	18	15.1%
-9	missing	0	0.0%

NoCateg	Q12.13 No Category Listed- If the purpose of the contact was targeted assistance related to wellness categories, please choose which categories.
Location:	**68**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	69	58.0%
1	Yes	49	41.2%
-9	missing	1	0.8%

ContHelp	Q13 During your last contact, how helpful was the HSP program manager or HSP content expert?
Location:	**69**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Not helpful	4	3.4%
2	A little helpful	16	13.4%
3	Moderately helpful	35	29.4%
4	Very helpful	53	44.5%
-9	missing	11	9.2%

MoreHelp	Q14 How could the HSP program manager or HSP content expert be more helpful?
Location:	**70**
Variable Type:	**String**

LastInventYN	Online Inventory completed in the 2012-2013 school year
Location:	**71**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Yes	92	77.3%
2	No	14	11.8%
3	Don't know	13	10.9%
-9	missing	0	0.0%

InvDiff	Q15.1 It was too difficult to complete it online- What prevented your school from completing an online Inventory last year?
Location:	**72**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	12	10.1%
1	Yes	0	0.0%
-9	missing	107	89.9%

InvNoInf	Q15.2 Information needed to complete the Inventory was not easily accessible- What prevented your school from completing an online Inventory last year?
Location:	**73**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	9	7.6%
1	Yes	3	2.5%
-9	missing	107	89.9%

InvTime	Q15.3 It was too time consuming to complete- What prevented your school from completing an online Inventory last year?
Location:	**74**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	11	9.2%
1	Yes	1	0.8%
-9	missing	107	89.9%

InvNoBen	Q15.4 Our school does not benefit from completing it- What prevented your school from completing an online Inventory last year?
Location:	**75**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	12	10.1%
1	Yes	0	0.0%
-9	missing	107	89.9%

InvNoInt	Q15.5 Lack of staff interest- What prevented your school from completing an online Inventory last year?
Location:	**76**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	10	8.4%
1	Yes	2	1.7%
-9	missing	107	89.9%

InvOthr	Q15.6 Other- What prevented your school from completing an online Inventory last year?
Location:	**77**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	9	7.6%
1	Yes	3	2.5%
-9	missing	107	89.9%

InvOthrTxt	Q15.6SP You have indicated Other. Please specify.
Location:	**78**
Variable Type:	**String**

InvUnsure	**Q15.7 Dont know- What prevented your school from completing an online Inventory last year?**
Location:	**79**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	8	6.7%
1	Yes	4	3.4%
-9	missing	107	89.9%

InvPlan	**Q16 Does your school plan to complete an online Inventory in 2013–2014?**
Location:	**80**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Yes	98	82.4%
2	No	4	3.4%
3	Don't know	14	11.8%
-9	missing	3	2.5%

AssNeeds	**Q16.1.1 To assess where our school's needs are- In what ways has your school used or plan to use the Inventory information?**
Location:	**81**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	32	26.9%
1	Yes	66	55.5%
-9	missing	21	17.6%

PrepPlan	Q16.1.2 To prepare our school's Action Plan- In what ways has your school used or plan to use the Inventory information?
Location:	**82**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	31	26.1%
1	Yes	67	56.3%
-9	missing	21	17.6%

AssProg	Q16.1.3 To assess progress over time- In what ways has your school used or plan to use the Inventory information?
Location:	**83**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	66	55.5%
1	Yes	32	26.9%
-9	missing	21	17.6%

PrepRecog	Q16.1.4 To prepare our Recognition application- In what ways has your school used or plan to use the Inventory information?
Location:	**84**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	70	58.8%
1	Yes	28	23.5%
-9	missing	21	17.6%

OthrUse	Q16.1.5 Other - In what ways has your school used or plan to use the Inventory information?
Location:	**85**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	69	58.0%
1	Yes	50	42.0%
2	Don't know	1260	5.5%
-9	missing	0	0.0%

OthrUseTxt	Q16.1.5SP Other. Please specify
Location:	**86**
Variable Type:	**String**

UseUnsure	Q16.1.6 Dont know- In what ways has your school used or plan to use the Inventory information?
Location:	**87**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	93	78.2%
1	Yes	5	4.2%
-9	missing	21	17.6%

InvDiff2	Q16.2.1 It is too difficult to complete it online- What is preventing your school from completing an online Inventory this year?
Location:	**88**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	22	18.5%
1	Yes	0	0.0%
-9	missing	97	81.5%

InvNoInf2	Q16.2.2 Information to complete the Inventory is not easily accessible- What is preventing your school from completing an online Inventory this year?
Location:	**89**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	21	17.6%
1	Yes	1	0.8%
-9	missing	97	81.5%

InvTime2	Q16.2.3 It is too time consuming to complete- What is preventing your school from completing an online Inventory this year?
Location:	**90**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	18	15.1%
1	Yes	4	3.4%
-9	missing	97	81.5%

InvNoBen2	Q16.2.4 Our school does not benefit from completing it- What is preventing your school from completing an online Inventory this year?
Location:	**91**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	21	17.6%
1	Yes	1	0.8%
-9	missing	97	81.5%

InvNoInt2	Q16.2.5 Lack of interest- What is preventing your school from completing an online Inventory this year?
Location:	**92**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	18	15.1%
1	Yes	4	3.4%
-9	missing	97	81.5%

InvOthr2	Q16.2.6 Other- What is preventing your school from completing an online Inventory this year?
Location:	**93**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	18	15.1%
1	Yes	4	3.4%
-9	missing	97	81.5%

InvOthrTxt2	Q16.2.6SP Other, Please specify.
Location:	**94**
Variable Type:	**String**

InvUnsure2	Q16.2.7 Dont know- What is preventing your school from completing an online Inventory this year?
Location:	**95**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	12	10.1%
1	Yes	10	8.4%
-9	missing	97	81.5%

LastPlanYN	Online Action Plan completed in the 2012-2013 school year
Location:	**96**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Yes	85	71.4%
2	No	20	16.8%
3	Don't know	14	11.8%
-9	missing	0	0.0%

PlnDiff	Q17.1 It was too difficult to complete it online- What prevented your school from completing an Action Plan last year?
Location:	**97**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	19	16.0%
1	Yes	0	0.0%
-9	missing	100	84.0%

PlnNoInfo	Q17.2 Information needed to complete it was not easily accessible- What prevented your school from completing an Action Plan last year?
Location:	**98**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	17	14.3%
1	Yes	2	1.7%
-9	missing	100	84.0%

PlnTime	Q17.3 It was too time consuming to complete- What prevented your school from completing an Action Plan last year?
Location:	**99**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	17	14.3%
1	Yes	2	1.7%
-9	missing	100	84.0%

PlnNoBen	Q17.4 Our school does not benefit from completing it- What prevented your school from completing an Action Plan last year?
Location:	**100**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	19	16.0%
1	Yes	0	0.0%
-9	missing	100	84.0%

PlnNoInt	Q17.5 Lack of staff interest- What prevented your school from completing an Action Plan last year?
Location:	**101**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	14	11.8%
1	Yes	5	4.2%
-9	missing	100	84.0%

PlnOthr	Q17.6 Other- What prevented your school from completing an Action Plan last year?
Location:	**102**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	15	12.6%
1	Yes	4	3.4%
-9	missing	100	84.0%

PlnOthrTxt	Q17.6SP You have indicated Other. Please specify.
Location:	**103**
Variable Type:	**String**

PlnUnsure	Q17.7 Dont know- What prevented your school from completing an Action Plan last year?
Location:	**104**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	11	9.2%
1	Yes	8	6.7%
-9	missing	100	84.0%

PlanPln	Q18 Does your school plan to complete an online Action Plan in 2013–2014?
Location:	**105**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	4	3.4%
1	Yes	101	84.9%
2	Don’t Know	12	10.1%
-9	missing	2	1.7%

PlnAssNds	Q18.1.1 To assess where our school's needs are- In what ways has your school used or plan to use the Action Plan information?
Location:	**106**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	33	27.7%
1	Yes	68	57.1%
-9	missing	18	15.1%

PlnPrep	Q18.1.2 To prepare our school's Action Plan- In what ways has your school used or plan to use the Action Plan information?
Location:	**107**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	59	49.6%
1	Yes	42	35.3%
-9	missing	18	15.1%

PlnAssProg	Q18.1.3 To assess progress over time- In what ways has your school used or plan to use the Action Plan information?
Location:	**108**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	57	47.9%
1	Yes	44	37.0%
-9	missing	18	15.1%

PlnPrepRec	Q18.1.4 To prepare our Recognition application- In what ways has your school used or plan to use the Action Plan information?
Location:	**109**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	68	57.1%
1	Yes	33	27.7%
-9	missing	18	15.1%

PlnUseOthr	Q18.1.5 Other - In what ways has your school used or plan to use the Action Plan information?
Location:	**110**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	72	60.5%
1	Yes	47	39.5%
-9	missing	18	15.1%

PlnUseOthrTxt	Q18.1.5SP Other. Please specify
Location:	**111**
Variable Type:	**String**

PlnUseUnsure	Q18.1.6 Dont know- In what ways has your school used or plan to use the Action Plan information?
Location:	**112**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	96	80.7%
1	Yes	5	4.2%
-9	missing	18	15.1%

PlanDiff2	Q18.2.1 It is too difficult to complete it online- What is preventing your school from completing an online Action Plan this year?
Location:	**113**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	18	15.1%
1	Yes	0	0.0%
-9	missing	101	84.9%

PlnNoInfo2	Q18.2.2 Information to complete the Action Plan is not easily accessible- What is preventing your school from completing an online Action Plan this year?
Location:	**114**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	16	13.4%
1	Yes	2	1.7%
-9	missing	101	84.9%

PlnTime2	Q18.2.3 It is too time consuming to complete- What is preventing your school from completing an online Action Plan this year?
Location:	**115**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	15	12.6%
1	Yes	3	2.5%
-9	missing	101	84.9%

PlnNoBen2	Q18.2.4 Our school does not benefit from completing it- What is preventing your school from completing an online Action Plan this year?
Location:	**116**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	17	14.3%
1	Yes	1	0.8%
-9	missing	101	84.9%

PlnNoInt2	Q18.2.5 Lack of interest- What is preventing your school from completing an online Action Plan this year?
Location:	**117**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	13	10.9%
1	Yes	5	4.2%
-9	missing	101	84.9%

PlnOthr2	Q18.2.6 Other- What is preventing your school from completing an online Action Plan this year?
Location:	**118**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	13	10.9%
1	Yes	5	4.2%
-9	missing	101	84.9%

PlnOthrTxt2	Q18.2.6SP Other. Please specify
Location:	**119**
Variable Type:	**String**

PlnUnsure2	Q18.2.7 Dont know- What is preventing your school from completing an online Action Plan this year?
Location:	**120**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	15	12.6%
1	Yes	3	2.5%
-9	missing	101	84.9%

AccWeb	Q19 Approximately when was the last time someone from your school accessed the HSP website?
Location:	**121**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Don't know	16	13.4%
2	Never	1	0.8%
3	More than 6 months ago	9	7.6%
4	About 4 to 6 months ago	11	9.2%
5	About 1 to 3 months ago	30	25.2%
6	Less than a month ago	51	42.9%
-9	missing	1	0.8%

WebEmpWell	Q20.1 Find information on employee wellness- For what purpose(s) has your school accessed the HSP website?
Location:	**122**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	88	73.9%
1	Yes	31	26.1%
-9	missing	0	0.0%

WebNurt	Q20.2 Find information on nutrition- For what purpose(s) has your school accessed the HSP website?
Location:	**123**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	87	73.1%
1	Yes	32	26.9%
-9	missing	0	0.0%

WebHlthStand	Q20.3 Find information on health education standards or school curricula- For what purpose(s) has your school accessed the HSP website?
Location:	**124**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	92	77.3%
1	Yes	27	22.7%
-9	missing	0	0.0%

WebPhysStand	Q20.4 Find information on physical education standards or school curricula- For what purpose(s) has your school accessed the HSP website?
Location:	**125**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	91	76.5%
1	Yes	28	23.5%
-9	missing	0	0.0%

WebAct	Q20.5 Find information on physical fitness activities or recommendations- For what purpose(s) has your school accessed the HSP website?
Location:	**126**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	85	71.4%
1	Yes	34	28.6%
-9	missing	0	0.0%

WebFund	Q20.6 Find information on possible funding opportunities- For what purpose(s) has your school accessed the HSP website?'
Location:	**127**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	91	76.5%
1	Yes	28	23.5%
-9	missing	0	0.0%

WebTa	Q20.7 Contact an online technical assistance provider- For what purpose(s) has your school accessed the HSP website?
Location:	**128**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	108	90.8%
1	Yes	11	9.2%
-9	missing	0	0.0%

WebNetwk	Q20.8 Establish professional contacts and networks- For what purpose(s) has your school accessed the HSP website?
Location:	**129**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	110	92.4%
1	Yes	9	7.6%
-9	missing	0	0.0%

WebInvent	Q20.9 Complete the Healthy Schools Inventory- For what purpose(s) has your school accessed the HSP website?
Location:	**130**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	45	37.8%
1	Yes	74	62.2%
-9	missing	0	0.0%

WebApp	Q20.10 Work on national recognition application- For what purpose(s) has your school accessed the HSP website?
Location:	**131**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	98	82.4%
1	Yes	21	17.6%
-9	missing	0	0.0%

WebOthr	Q20.11 Other- For what purpose(s) has your school accessed the HSP website?
Location:	**132**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	112	94.1%
1	Yes	7	5.9%
-9	missing	0	0.0%

WebOthrTxt	Q20.11SP Other, Please specify.
Location:	**133**
Variable Type:	**String**

WebUnsure	Q20.12 Dont know- For what purpose(s) has your school accessed the HSP website?
Location:	**134**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	105	88.2%
1	Yes	14	11.8%
-9	missing	0	0.0%

UsefulWeb	Q21 In general, how useful is the information that you find on the HSP website?
Location:	**135**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Not useful	4	3.4%
2	A little useful	13	10.9%
3	Moderately useful	45	37.8%
4	Very useful	47	39.5%
-9	missing	10	8.4%

UseWeb	Q22 Has your school used the information from the HSP website?
Location:	**136**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Yes	84	70.6%
2	No	8	6.7%
3	Don't know	26	21.8%
-9	missing	1	0.8%

WayUseWeb	Q23 In what ways did you school use the HSP website information?
Location:	**137**
Variable Type:	**String**

AccSuppCntr	Q24 Has your school accessed the HSP Customer Support Center?
Location:	**138**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Yes	15	12.6%
2	No	70	58.8%
3	Don't know	32	26.9%
-9	missing	2	1.7%

HlpflSuppCntr	Q25 How helpful was the HSP Customer Support Center?
Location:	**139**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
1	Not helpful	3	2.5%
2	A little helpful	0	0.0%
3	Moderately helpful	6	5.0%
4	Very helpful	6	5.0%
-9	missing	104	87.4%

LocateWeb	Q26.1 Difficulty locating the Healthy Schools Program website- Which of the following have been barriers to your school accessing the website?
Location:	**140**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	112	94.1%
1	Yes	7	5.9%
-9	missing	0	0.0%

NavigWeb	Q26.2 Difficulty navigating the Healthy Schools Program website- Which of the following have been barriers to your school accessing the website?
Location:	**141**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	99	83.2%
1	Yes	20	16.8%
-9	missing	0	0.0%

InventWeb	Q26.3 Difficulty accessing or navigating the Healthy Schools Inventory on the Healthy Schools Program website- Which of the following have been barriers to your school accessing the website?
Location:	**142**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	107	89.9%
1	Yes	12	10.1%
-9	missing	0	0.0%

SlowWeb	Q26.4 Slow or interrupted internet service- Which of the following have been barriers to your school accessing the website?
Location:	**143**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	97	81.5%
1	Yes	22	18.5%
-9	missing	0	0.0%

IntConnWeb	Q26.5 Difficulty accessing a computer with an internet connection- Which of the following have been barriers to your school accessing the website?
Location:	**144**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	116	97.5%
1	Yes	3	2.5%
-9	missing	0	0.0%

BarrOthr	Q26.6 Other- Which of the following have been barriers to your school accessing the website?
Location:	**145**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	91	76.5%
1	Yes	28	23.5%
-9	missing	0	0.0%

BarrOthrTxt	Q26.6SP Other. Please specify.
Location:	**146**
Variable Type:	**String**

WebChngs	Q27 What changes could be made to the HSP website to make it more accessible for your school?
Location:	**147**
Variable Type:	**String**

WebRscs	Q28 What resources would your school find helpful to have on the HSP website?
Location:	**148**
Variable Type:	**String**

WebPers	Q29.1 Website that is personalized to our school's needs- Which of the following technology elements would staff at your school find appealing and be likely to use?
Location:	**149**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	62	52.1%
1	Yes	57	47.9%
-9	missing	0	0.0%

EmailNotif	Q29.2 Email notifications with personalized suggestions for our school- Which of the following technology elements would staff at your school find appealing and be likely to use?
Location:	**150**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	53	44.5%
1	Yes	66	55.5%
-9	missing	0	0.0%

WebInteract	Q29.3 A more interactive website- Which of the following technology elements would staff at your school find appealing and be likely to use?
Location:	**151**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	82	68.9%
1	Yes	37	31.1%
-9	missing	0	0.0%

HSPapp	Q29.4 HSP application for smart phones/iPads- Which of the following technology elements would staff at your school find appealing and be likely to use?
Location:	**152**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	71	59.7%
1	Yes	48	40.3%
-9	missing	0	0.0%

TechOthr	Q29.5 Other- Which of the following technology elements would staff at your school find appealing and be likely to use?
Location:	**153**
Variable Type:	**Numeric**

Value	Value Label	Frequency	Percent
0	No	115	96.6%
1	Yes	4	3.4%
-9	missing	0	0.0%

TechOthrTxt	Q29.5SP Other. Please specify.
Location:	**154**
Variable Type:	**String**

AddlSupp	**Q30 What additional support do you need from the district to more effectively implement the HSP?**
Location:	**155**
Variable Type:	**String**

PolicyChng	**Q31 What district level policy changes are needed to further support the HSP?**
Location:	**156**
Variable Type:	**String**

OthrComm	**Q32 Is there any other information you would like to share about your school's involvement in HSP?**
Location:	**157**
Variable Type:	**String**

Alliance for a Healthier Generation Healthy Schools Program

PGC School Coordinator Survey

Implementation

1. In which school year did your school begin implementing the Healthy Schools Program?
   - 2008–2009
   - 2009–2010
   - 2010–2011
   - 2011–2012
   - Don't know

2. To what extent is your school community (i.e., administrators, teachers, other school staff, students, parents) aware of the HSP efforts in your school?
   - Nearly all members of our school community are aware
   - Most members of our school community are aware
   - Some members of our school community are aware
   - Hardly any members of our school community are aware

3. In your opinion, how successful has your school been in implementing the Healthy Schools Program to date?
   - Not at all successful
   - A little successful
   - Moderately successful
   - Very successful

4. In your opinion, what 3 factors MOST influenced your school's success implementing the Healthy Schools Program? *Select no more than 3 factors*.
   - Supportive district administrative leadership
   - Supportive school administrative leadership
   - Active school wellness council
   - Staff interest and commitment
   - External funding
   - Community involvement
   - Time (implementing the program over 4 years)
   - Technical assistance provided by the HSP program manager
   - Other(specify): _____

5. In your opinion, what 3 factors MOST hindered your school's success implementing the Healthy Schools Program? *Select no more than 3 factors*.
   - Lack of supportive district administrative leadership
   - Lack of supportive school administrative leadership
   - Ineffective school wellness council
   - Lack of staff interest and commitment
   - Lack of external funding
   - Lack of community involvement
   - Insufficient duration thus far in the program (school started in a later cohort)
   - School's need for technical assistance outweighs the amount of technical assistance provided by the HSP program manager
   - Other(specify): _____

6. How much focus has your school placed on each of the following wellness categories?

   Scale: 1 = no focus; 2 = a little focus; 3 = some focus; 4 = a lot of focus

   - Policies and Systems
   - Healthy Cafeterias
   - Healthy Vending
   - Health Education
   - Employee Wellness
   - Physical Education
   - Student Wellness

7. In your opinion, how much progress has your school made in each of the following wellness categories?

   Scale: 1 = no progress; 2 = a little progress; 3 = some progress; 4 = a lot of progress

   - Policies and Systems
   - Healthy Cafeterias
   - Healthy Vending
   - Health Education
   - Employee Wellness
   - Physical Education
   - Student Wellness

8. Does your school plan to continue implementing the Healthy Schools Program next year?
   - Yes
   - No
   - Don't know

   [No] What are the key factors that influenced your school's decision to discontinue the program?

   - Goals of the Healthy Schools Program do not match the needs of my school
   - Lack of supportive district administrative leadership
   - Lack of supportive school administrative leadership
   - Ineffective school wellness council
   - Lack of staff interest and commitment
   - Lack of external funding
   - Lack of community involvement
   - My school's need for technical assistance outweighs what we are able to receive
   - Other(specify): _____

Contact With Program Manager and Content Experts

9. Think about the last time your school had contact with an HSP program manager or HSP content expert.

10. When was the last contact?
    - Less than a month ago
    - About 1 to 3 months ago
    - About 4 to 6 months ago
    - More than 6 months ago
    - Don't know

11. What was the mode of contact?
    - Email
    - Phone call
    - Webinar
    - In person
    - Don't know

12. What was the purpose of the contact?
    - Technical assistance workshop
    - Targeted assistance related to wellness categories:
        - Policies and Systems
        - Healthy Cafeterias
        - Healthy Vending
        - Health Education
        - Employee Wellness
        - Physical Education
        - Student Wellness
    - Targeted assistance related to:
        - Action plan
        - Inventory
        - Recognition
    - Other assistance: _____
    - Don't know

13. During your last contact, how helpful was the HSP program manager or HSP content expert?
    - Not helpful
    - A little helpful
    - Moderately helpful
    - Very helpful

14. How could the HSP program manager or HSP content expert be more helpful?

    [OPEN ENDED]

Inventory

The last time your school completed an online Inventory was __/__/__ [RMC to insert date].

Ask if date is prior to 06/01/2012

15. What prevented your school from completing an online Inventory last year? (Y/N)
    - It was too difficult to complete it online
    - Information needed to complete the Inventory was not easily accessible
    - It was too time consuming to complete
    - Our school does not benefit from completing it
    - Lack of staff interest
    - Other _____
    - Don't know

16. Does your school plan to complete an online Inventory in 2013–2014? (Y/N)

[Y] In what ways has your school used or plan to use the Inventory information?

- To assess where our school's needs are
- To prepare our school's Action Plan
- To assess progress over time
- To prepare our Recognition application
- Other _____
- Don't know

[N] What is preventing your school from completing an online Inventory this year?

- It is too difficult to complete it online
- Information to complete the Inventory is not easily accessible
- It is too time consuming to complete
- Our school does not benefit from completing it
- Lack of interest
- Other _____
- Don't know

Action Plan

The last time your school completed an online Action Plan was __/__/__ [RMC to insert date].

Ask if date is prior to 06/01/2012

17. What prevented your school from completing an Action Plan last year? (Y/N)

- It was too difficult to complete it online
- Information needed to complete the Action Plan was not easily accessible
- It was too time consuming to complete
- Our school does not benefit from completing it
- Lack of staff interest
- Other _____
- Don't know

18. Does your school plan to complete an online Action Plan in 2013–2014? (Y/N)

[Y] In what ways has your school used or plan to use the Action Plan information?

- To assess where our school's needs are
- To prepare our school's Action Plan
- To assess progress over time
- To prepare our Recognition application
- Other _____
- Don't know

[N] What is preventing your school from completing an online Action Plan this year?

- It is too difficult to complete it online
- Information to complete the Action Plan is not easily accessible
- It is too time consuming to complete
- Our school does not benefit from completing it
- Lack of interest
- Other _____
- Don't know

Healthy Schools Program Website Access

19. Approximately when was the last time someone from your school accessed the HSP website?

- Less than a month ago
- About 1 to 3 months ago
- About 4 to 6 months ago
- More than 6 months ago
- Never
- Don't know

20. For what purpose(s) has your school accessed the HSP website? (Y/N)

- Find information on employee wellness
- Find information on nutrition
- Find information on health education standards or school curricula
- Find information on physical education standards or school curricula
- Find information on physical fitness activities or recommendations
- Find information on possible funding opportunities
- Contact an online technical assistance provider
- Establish professional contacts and networks
- Complete the Healthy Schools Inventory
- Work on national recognition application
- Other (Specify: _____)
- Don't know

21. In general, how useful is the information that you find on the HSP website?

- Not useful
- A little useful
- Moderately useful
- Very useful

22. Has your school used the information from the HSP website? (Y/N)

23. [Y] In what ways did you school use the HSP website information?

    [OPEN ENDED]

24. Has your school accessed the HSP Customer Support Center?
    - Yes
    - No
    - Don't know

25. [Y] How helpful was the HSP Customer Support Center?
    - Not helpful
    - A little helpful
    - Moderately helpful
    - Very helpful

26. Which of the following have been barriers to your school accessing the website?
    - Difficulty locating the Healthy Schools Program website
    - Difficulty navigating the Healthy Schools Program website
    - Difficulty accessing or navigating the Healthy Schools Inventory on the Healthy Schools Program website
    - Slow or interrupted internet service
    - Difficulty accessing a computer with an internet connection
    - Other (Specify: _____)

27. What changes could be made to the HSP website to make it more accessible for your school?

    [OPEN ENDED]

28. What resources would your school find helpful to have on the HSP website?

    [OPEN ENDED]

29. Which of the following technology elements would staff at your school find appealing and be likely to use?
    - Website that is personalized to our school's needs
    - Email notifications with personalized suggestions for our school
    - A more interactive website
    - HSP application for smart phones/iPads
    - Other (Specify: _____)

General

30. What additional support do you need from the district to more effectively implement the HSP?

    [OPEN ENDED]

31. What district level policy changes are needed to further support the HSP?

    [OPEN ENDED]

32. Is there any other information you would like to share about your school's involvement in HSP?

    [OPEN ENDED]