

# HeartFit

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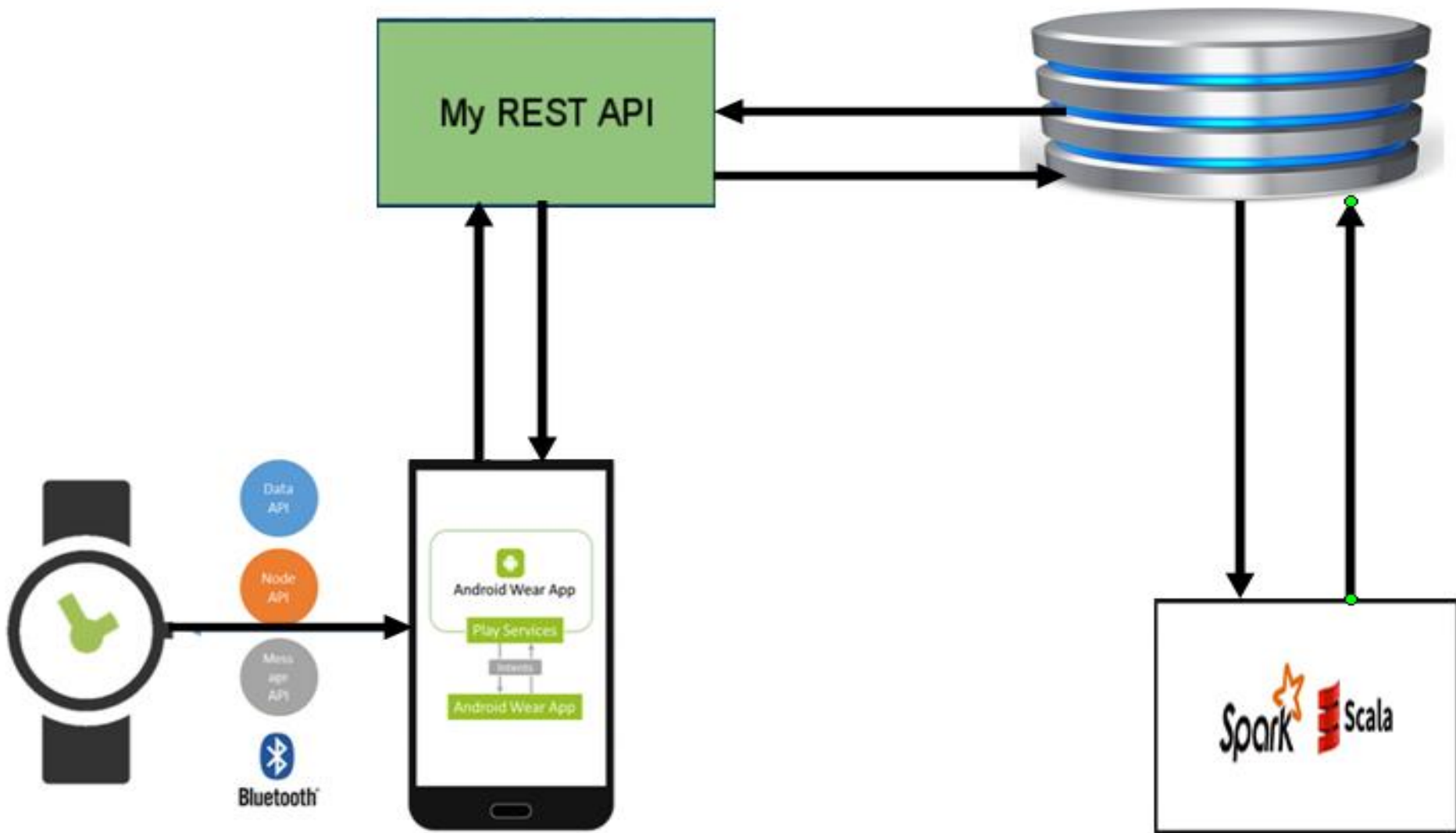
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# Features

- Monitoring Heart rate per hour to indicate any abnormal behavior
- Sleeping pattern Mining, to monitor how well user is sleeping by collecting accelerometer events
- Recommending matching food item having similar nutrient

# Architecture



# Data Collection

- Two types: Real time and Static
- Real Time Sensorial data : Heart rate and accelerometer sensors
- National Nutrient Database for Standard Reference : for matching nutrient food recommendation.
- Its Static database for now. Need to update when their library gets updated.

# ML Algorithms

- Spark MLlib Apriori for frequent pattern : FP growth inbuilt algorithm in Spark MLlib.
- For finding the frequent heart pattern for previous hour heart rate data and representing them as a chart.
- The purpose is to provide number of occurrence of particular heart bit in an hour cycle.

# ML Algorithms

Cosine Similarity : Content/feature based collaborative filtering for recommending food items having similar nutrition.

$$\cos(\vec{t}_1, \vec{t}_2) = \frac{\vec{t}_1 \cdot \vec{t}_2}{\|\vec{t}_1\| \|\vec{t}_2\|}$$

	glutathione	homocystine	coa	transhydrogenase
$\vec{t}_1$	1	1	0	1
$\vec{t}_2$	2	0	1	1

$$\frac{1 \cdot 2 + 1 \cdot 0 + 0 \cdot 1 + 1 \cdot 1}{\sqrt{1^2 + 1^2 + 0^2 + 1^2} \sqrt{2^2 + 0^2 + 1^2 + 1^2}} \simeq 0.72$$

# References

➤ <http://www.ars.usda.gov/Services/docs.htm?docid=8964>

➤ <ftp://ftp.tik.ee.ethz.ch/pub/students/2010-HS/SA-2010-26.pdf>

➤ <http://www.ceng.metu.edu.tr/~e1395557/foodRecSys.pdf>

➤ <https://bioinformatics.oxfordjournals.org/content/suppl/2009/10/24/btp613.DC1/bioinf-2008-1835-File004.pdf>

➤ <http://blog.echen.me/2012/02/09/movie-recommendations-and-more-via-mapreduce-and-scalding/>