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CHBH  
CENTRE FOR HUMAN BRAIN HEALTH

imh  
institute for mental health

Centre for Developmental Science

## Introduction to computational modelling: Theory

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2

## Outline & learning aims

1. What is a model & why should I use modelling?
2. Steps of a modelling project
3. Example: algorithm for (pro-environmental) effort-based decisions
4. From algorithm to choices
5. Model fitting & comparison
6. Simulations and robustness checks

3

## What is a model?

4

## Computational modelling

Computational models:

- are algorithms or equations that formalise the relationship between theorised variables
- can make predictions about how individuals perform a task
- quantify the variables or processes that guide behaviour

5

## Why model?

6

## Why model?

1. **Latent variables** – cognitive and neural processes are hidden
2. **Complexity** – how behaviour changes over time
3. **Individual differences** – subject-specific parameters
4. **Data reduction** – single numbers or parameters integrate features
5. **Computational neurology** – understanding disrupted computations
6. **Parametric modulators** – neural processes are not binary

7

## How to model?

8

## Stages of a modelling project

1. **Identify** an algorithm that could explain behaviour
2. **Simulate** data to check model robustness and behavioural effects
3. **Design** and run study optimised for modelling
4. **Fit** models to participants' data
5. **Compare** models and select the “best”
6. **Analyse** parameters and / or neural data

Cohen et al. (2017) *Nature Neuroscience*

9

## Algorithms for effort-based decision-making

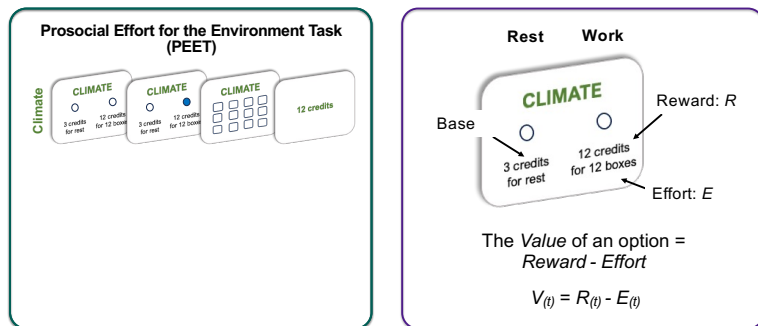
10



11

### Exerting effort for the environment

Choices to exert physical effort for the climate and a control condition

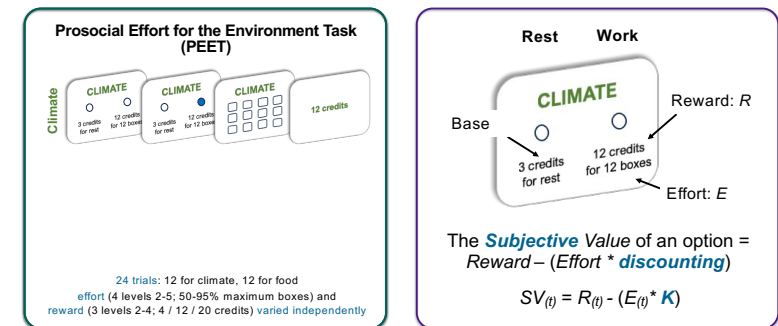


Cutler\*, Contreras-Huerta\*, Todorova, Nitschke, Michalaki, Koppel, Gkinopoulos, Vogel, Lamm, Västfjäll, Tsakiris, Apps<sup>†</sup> & Lockwood<sup>†</sup>

12

### Exerting effort for the environment

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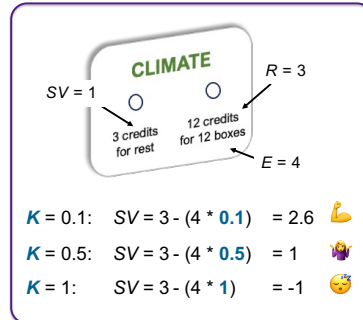
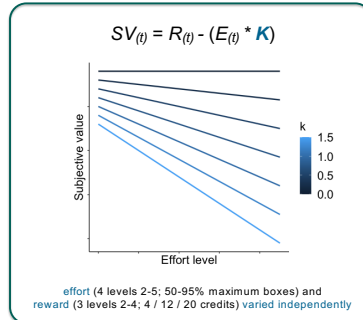


Cutler\*, Contreras-Huerta\*, Todorova, Nitschke, Michalaki, Koppel, Gkinopoulos, Vogel, Lamm, Västfjäll, Tsakiris, Apps<sup>†</sup> & Lockwood<sup>†</sup>

13

## Varying parameter values

Increasing  $K$  decreases subjective value



14

## From value to choice probabilities

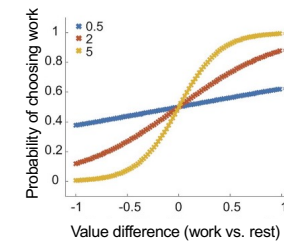
Inverse temperature or decision consistency parameter

### Softmax function

What is the probability of choosing work, given the SV of each option?

$$P_{work(t)} = \frac{\exp(SV_{work(t)} * \beta)}{\exp(SV_{work(t)} * \beta) + \exp(SV_{rest(t)} * \beta)}$$

$$SV_{work(t)} = R(t) - (E(t) * K) \quad SV_{rest} = 1$$



Lockwood & Klein-Flügge (2020) SCAN

15

Simulating data and fitting parameters to participants' choices

16

## Choice probabilities to simulations and fitting

Finding the parameter values that best explain the participant data

$$K = 0.1, \beta = 2, R(t) = 3, E(t) = 4$$

$$SV_{work(t)} = 3 - (4 * 0.1) = 2.6$$

$$P_{work(t)} = \frac{\exp(5.2)}{\exp(5.2) + \exp(2)} = 0.96$$

### Simulate choices

[Generate random number 0-1]

Choice<sub>(t)</sub> = work if  $P_{work(t)} > \text{random number}$

Choice<sub>(t)</sub> = rest if  $P_{work(t)} < \text{random number}$

### Fit participant choices

If Choice<sub>(t)</sub> == work,

$$P_{chosen(t)} = P_{work(t)} = 0.96$$

If Choice<sub>(t)</sub> == rest,

$$P_{chosen(t)} = 1 - P_{work(t)} = 0.04$$

Maximise model evidence by minimising negative log-evidence:

$$\text{Negative log-likelihood} = -\sum(\log(P_{chosen})) = 77.25$$

17

## Choice probabilities to simulations and fitting

Finding the parameter values that best explain the participant data

$$K = 0.1, \beta = 2, R_{(t)} = 3, E_{(t)} = 4$$

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### Fit participant choices

If Choice<sub>(t)</sub> == work, 🎉  
 $P_{chosen(t)} = P_{work(t)} = 0.96$

If Choice<sub>(t)</sub> == rest, 😞  
 $P_{chosen(t)} = 1 - P_{work(t)} = 0.04$

**Maximise** model evidence by **minimising** negative log-evidence:

$$\text{Negative log-likelihood} = -\sum(\log(P_{chosen})) = 77.25$$

18

## Choice probabilities to simulations and fitting

Finding the parameter values that best explain the participant data

$$K = 0.75, \beta = 1.5, R_{(t)} = 3, E_{(t)} = 4$$

$$SV_{work(t)} = 3 - (4 * 0.75) = 0$$

$$P_{work(t)} = \frac{\exp(0)}{\exp(0) + \exp(1.5)} = 0.18$$

### Fit participant choices

If Choice<sub>(t)</sub> == work, 🤖  
 $P_{chosen(t)} = P_{work(t)} = 0.18$

If Choice<sub>(t)</sub> == rest, 🎉  
 $P_{chosen(t)} = 1 - P_{work(t)} = 0.82$

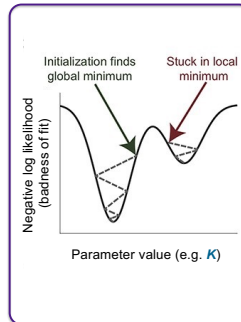
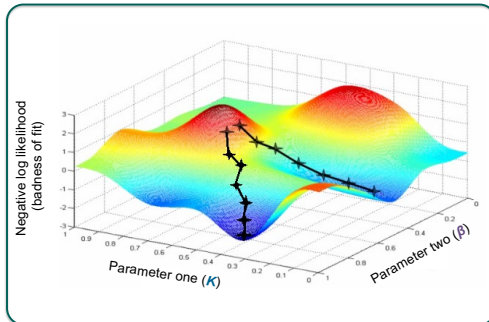
**Maximise** model evidence by **minimising** negative log-evidence:

$$\text{Negative log-likelihood} = -\sum(\log(P_{chosen})) = 4.76$$

19

## Fitting models to estimate parameters

Finding the parameter values that best explain the participant data



Images by Miriam Klein-Flügge & Patricia Lockwood

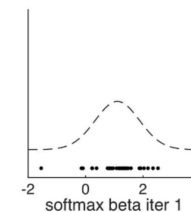
20

## Fitting models to estimate parameters

Finding the parameter values that best explain the participant data

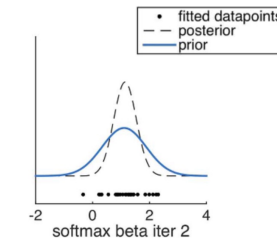
### Maximum likelihood estimation

$$\text{Negative log-likelihood} = -\sum(\log(P_{chosen}))$$



Lockwood & Klein-Flügge (2020) SCAN

### "Hierarchical" expectation maximisation / maximum a posteriori approach



Huys et al., (2011, 2012) PLOS Computational Biology

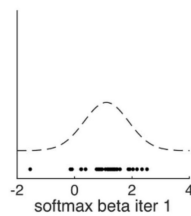
21

## Fitting models to estimate parameters

Finding the parameter values that best explain the participant data

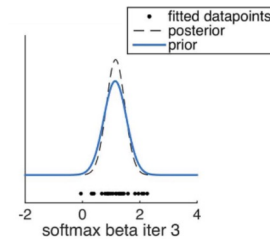
### Maximum likelihood estimation

Negative log-likelihood =  $-\sum(\log(P_{\text{chosen}}))$



Lockwood & Klein-Flügge (2020) SCAN

### "Hierarchical" expectation maximisation / maximum a posteriori approach



Huys et al., (2011, 2012) PLOS Computational Biology

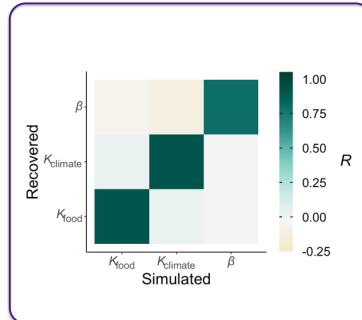
22

## Parameter recovery

Fitting parameters to simulated choices

1. Simulate choices with known true parameters
2. Fit "participant" choices
3. Calculate correlations between true and fitted parameter values

- Cover full range of potential parameter values
- Fine to have more "participants" than participants



Cutler\*, Contreras-Huerta\* et al. (preprint)

23

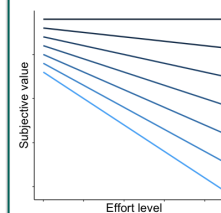
Comparing multiple models and selecting the best one

24

## Effort discounting model space

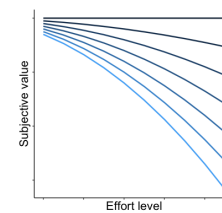
Three possible shapes to capture the discount function

### Linear discounting



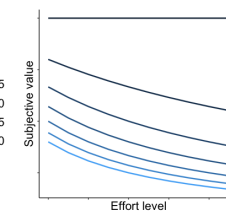
$$SV_{(t)} = R_{(t)} - (K * E_{(t)})$$

### Parabolic discounting



$$SV_{(t)} = R_{(t)} - (K * E_{(t)}^2)$$

### Hyperbolic discounting



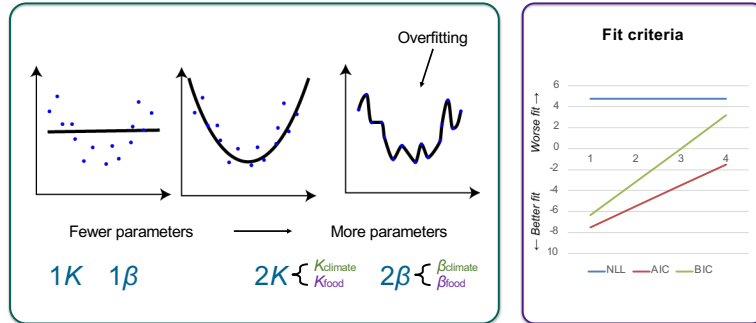
$$SV_{(t)} = \frac{R_{(t)}}{1 + (K * E_{(t)})}$$

Hartmann et al., (2013) Behav. Processes; Lockwood et al., (2022) Current Biology

25

## More parameters?

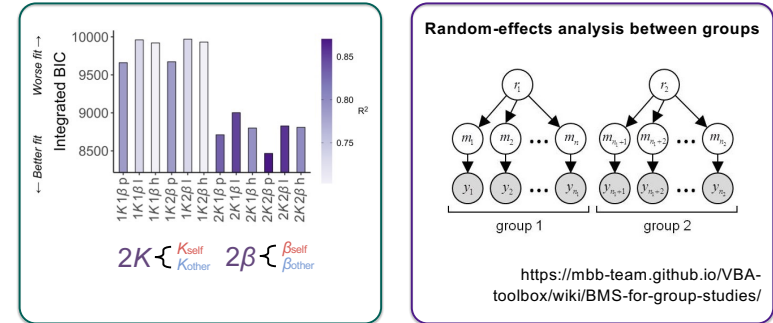
Balancing fit with model complexity



26

## Model selection and fit criteria

Choosing the model that best fits the data



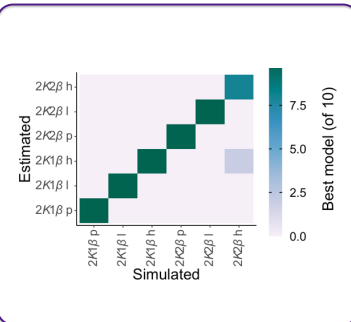
Lockwood\*, Cutler\* et al. (2024) *Nature Human Behaviour*

27

## Model identifiability

Testing the robustness of the model selection process

1. Simulate choices with each model in turn
2. Fit all models and select the best
3. Quantify how many times the real simulated model was chosen as best
  - Range of parameter values at least covering real fitted values
  - Have a similar number of "participants" as participants



Cutler\*, Contreras-Huerta\* et al. (preprint)

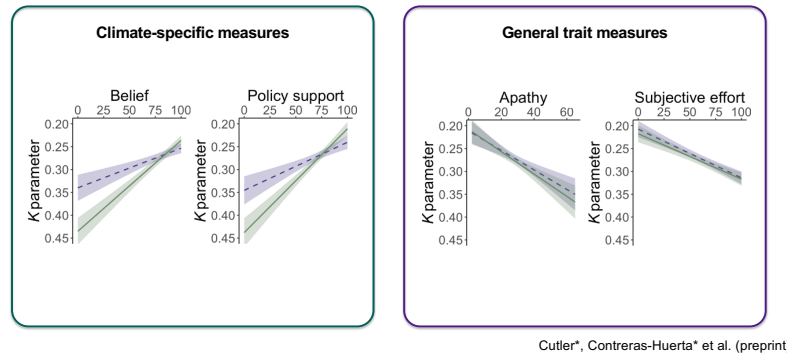
28

Comparing  
parameters between  
individuals or groups

29

## Pro-environmental motivation is climate specific

Climate beliefs and policy support relate to motivation for the environment



30

## Summary

**Algorithms** can integrate task features e.g. effort discounting models

**Value** calculated using algorithm into choice probability via softmax

**Probabilities** can be used for simulating data

**Parameter values** that best fit choices found by minimising error

**Model space** varying how many parameters, discounting shape...

**Select best** model based on fit criterion that penalises complexity

31

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 <b>UNIVERSIDAD ADOLFO IBÁÑEZ</b>	<b>Dr Luis Sebastian Contreras-Huerta</b>	
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32

## Afternoon practical

**Optional** preparation:

- Go to: [github.com/SDN-lab/csc2024](https://github.com/SDN-lab/csc2024)
- Download resources
- [Install MATLAB if you want to try it but don't already have it]
- Charge your laptop during lunch in the link

Website with no download required: [sdn-lab.github.io/csc\\_app](https://sdn-lab.github.io/csc_app)

33