

Final Security Good Practices

Mobile Platform	iOS App
Application domain type	m-Health
Authentication	Yes
Authentication schemes	Biometric-based authentication ; Factors-based authentication
Has DB	Yes
Type of database	SQL (Relational Database)
Which DB	SQLite
Type of information handled	Personal Information ; Confidential Data ; Critical Data
Storage Location	Remote Storage (Cloud Database)
User Registration	Yes
Type of Registration	Will be an administrator that will register the users
Programming Languages	C/C++/Objective-C
Input Forms	Yes
Upload Files	No
The system has logs	Yes
The system has regular updates	Yes
The system has third-party	Yes
System Cloud Environments	Private Cloud
Hardware Specification	Yes
HW Authentication	Basic Authentication (user/pass)
HW Wireless Tech	3G ; 4G/LTE ; 5G ; Bluetooth ; Wi-Fi ; GPS ; RFID ; NFC
Device or Data Center Physical Access	Yes

Security Best Practices Guidelines for Authentication

Security Best Practices for Authentication

Authentication is an important part of the security of any system. Here are best practices that should be followed to ensure a secure authentication process:

- Use strong passwords. Passwords should be at least 8 characters long and should include both upper and lowercase letters, numbers and special characters.
- Use multi-factor authentication whenever possible. This requires users to provide additional forms of authentication, such as a one-time code sent to a phone or email.
- Use a security question to protect accounts. This should be a question that is difficult for outsiders to answer but easy for the user to remember.
- Require users to change their password regularly. This helps reduce the risk of stolen credentials.
- Don't allow the same password to be used again after expiration or change.
- Limit log-in attempts. If too many invalid attempts are made, lock the account.
- Implement a lockout policy. After a certain number of failed attempts, lock the account and require the user to reset the password.
- Monitor user log-ins and suspicious activity.
- Don't store passwords in plain text. All passwords should be encrypted.
- Use security protocols such as TLS or SSL.
- Keep authentication systems up-to-date with the latest patches and security fixes.
- Ensure that all staff are properly trained on authentication best practices.

Security Best Practices Guidelines for Multifactor Authentication

Security Best Practices Guidelines for Multifactor Authentication

Implement Multi-Factor Authentication (MFA) where appropriate:

- Use MFA to protect critical systems, high-value assets, and sensitive data.
- Utilize a variety of authentication methods, such as biometrics, tokens, etc.

Use a password manager:

- Utilize strong, unique passwords for each of your accounts.
- Leverage an identity and access management system to securely store and manage user credentials.

Monitor user login attempts:

- Monitor user login attempts (e.g. IP addresses, time of day access, etc.).
- Set regular reviews and alerts to detect suspicious account activity.

Stay up-to-date on attack techniques:

- Utilize threat intelligence services to gain awareness about attack trends.
- Continuously monitor industry developments and stay aware of emerging threats.

Educate users:

- Regularly educate users on best practices and the importance of multi-factor authentication.
- Educate users on common attack techniques and how to recognize suspicious activity.

Establish a documented process for user onboarding and offboarding:

- Establish defined roles and detail user access requirements.
- Leverage automation and process documentation to ensure consistency in user provisioning.

Use strong credential standards:

- Use secure passphrases or passwords that are at least 12 characters.
- Utilize multi-factor authentication to reduce security risks associated with weak credentials and passwords.

Automate password rotation:

- Automate the password rotation process to ensure accounts remain secure.
- Require users to periodically update their passwords to detect suspicious activity.

Security Best Practices Guidelines for Authorization

Authorization: Security Best Practices Guidelines

Authorization refers to the process of determining what users or groups of users are able to access certain resources in a system. Ensuring the appropriate security of authorization processes is an important part of maintaining the privacy and security of systems and data.

The following are some best practices to help ensure the proper security of authorization processes:

- Implement multiple authentication factors to provide both authorization and identification.
- Regularly monitor and audit user access to data and systems and ensure that access is only granted to the necessary individuals.
- Follow the principle of least privilege when providing user access to systems and data - only provide users with the least level of access necessary to perform their tasks.
- Follow data segregation and separation of duties to reduce the potential risk of compromised authentication.
- Ensure authorization processes are enforced across all organizational devices and systems.
- Utilize an authorization system that allows for periodic audits and reviews, as well as the ability to track changes.
- Establish protocols and policies that clearly define grant and access management practices.
- Utilize a password management system in order to provide users with secure and easy access to authorization credentials.
- Ensure authorization processes are kept up-to-date with the latest security protocols.
- Monitor for unauthorized access attempts and investigate suspicious activities.
- Provide users and administrators with consistent and continuous authorization training.

Security Best Practices Guidelines for Cryptographic Storage

Security Best Practices for Cryptographic Storage

Overview

Cryptographic Storage is the practice of maintaining sensitive data in an encrypted form. It helps to protect the confidentiality of your data even if it is stolen.

Security Practices

Identify confidential data to be protected: Identify the data that needs to be stored in encrypted form. This includes data such as user credentials, Personally Identifiable Information (PII), and proprietary information.

Implement strong cryptographic protocols: Use strong cryptographic protocols to encrypt the data. The cryptographic keys should never be shared or stored in plaintext.

Store the cryptographic keys securely: Use a secure mechanism such as hardware security modules (HSMs) to store the cryptographic keys.

Protect the cryptographic keys: Use access controls, such as authentication tokens, to protect the cryptographic keys. Do not allow unauthorized access to the keys.

Review security regularly: Perform periodic audits to check for any unauthorized access to the cryptographic keys.

Train staff on cryptographic storage: Ensure that your staff is trained on secure cryptographic storage practices.

Conclusion

By following the security best practices outlined above, you can ensure the safety of your data and your organization's security.

Security Best Practices Guidelines for Database Security

Database Security Best Practices

1. Establish Separation of Duties

To help reduce the potential for fraud or unauthorized access, establish a separation of duties between those responsible for administering the database, those responsible for defining security policies, and those able to access the data.

2. Encrypt Data in Transit and at Rest

Where possible, use encryption techniques for data stored in the database and for data while it is in transit. This helps protect the data from malicious activity.

3. Restrict Database Access

Ensure that only authorized personnel have access to the database. Implement security measures such as user authentication, user profiles, role-based access control, two-factor authentication, etc.

4. Regularly Monitor Database Activity

Regularly monitor database activity and user access. Monitor authentication activities, login attempts, data modification requests, etc. Review logs regularly and ensure that access requests are authorized.

5. Update Databases Regularly

Databases can quickly become outdated and insecure. Make sure to regularly patch, update, and upgrade the database and applications running on it.

6. Regularly Test Database Security

Regularly test the security of the database to identify potential vulnerabilities. Also, test the strength of passwords and other security controls.

7. Implement An Active Database Backup Strategy

To minimize disruption in the event of a data breach or other security incident, maintain an active and testable database backup strategy.

8. Use Intrusion-Prevention Systems

Implement intrusion-prevention systems to monitor and protect the database from malicious activity.

Security Best Practices Guidelines for Denial of Service

Denial of Service (DoS)

A Denial-of-Service (DoS) attack is a malicious attempt to make a system unavailable, by consuming all of its resources so that legitimate requests can't be served. The main goals of DoS attacks are to render systems unusable or significantly slow them down.

Best Practices

Secure Your Firewall and Perimeter Devices: Ensure that your firewall rules and configurations are updated and actively managed. Monitor and audit these components regularly for any changes or weaknesses that could be exploited.

Implement an Intrusion Detection and/or Prevention System (IDS/IPS): Detect and respond to malicious traffic, as early as possible. This can be done with an Intrusion Detection System (IDS) and/or an Intrusion Prevention System (IPS).

Monitor Network Activity and Logs: Track the source and duration of all incoming and outgoing traffic. Create rules that will alert you immediately when you detect suspicious activity. This will allow you to take action quickly and prevent the attack from escalating.

Establish Network Behavior Baselines: Establish a baseline for normal network traffic patterns and be prepared to identify any sudden spikes or abnormal activity.

Reduce Network Flows and Data: Take steps to reduce the amount of data flowing across your network. This can be done by limiting what services are accessible, or by setting up traffic filtering and prioritization rules.

Deploy Resources Appropriately: Make sure that load balancers, firewalls, and other networking devices are deployed in such a way that is capable of handling large amounts of traffic.

Periodically Sandbox: Periodically subject parts of the network to simulated DoS attacks. Use the results to identify weak spots and areas of improvement. This can be done using packet analyzers or DoS vulnerability assessment tools.

Be Prepared to Respond: Create a plan for responding to a DoS attack, anticipate different attack scenarios, and know how to identify any potential indicators of an attack in progress.

Educate Your Staff: Make sure that your staff is aware of the risks associated with DoS attacks and how to recognize suspicious activity. Train them periodically to ensure they are up-to-date on the

Security Best Practices Guidelines for Injection Prevention

Injection Prevention Best Practices

Injection vulnerabilities occur when user input is unexpectedly executed as code. Injection attacks can come in many forms, including SQLi, OS, and LDAP injections, and can cause substantial data loss and server damage. It is important to take precautions to prevent injection attacks from occurring.

General Best Practices

- Validate user input using whitelisting, type conversion, or other techniques
- Enforce input length and format constraints
- Implement output encoding for dynamic data
- Reduce attack surface area, minimizing the amount of code accessible to malicious users
- Sanitize and filter user input
- Check input strings for any malicious code
- Escaping special characters
- Use prepared statements, parameterized queries, and stored procedures for database interaction
- Audit and log all input and output operations
- Use API Gateway to control access to APIs

Web Security Best Practices

- Disable the use of backslash and commas in web applications
- Filter out SQL injection attempts from user input
- Filter out "naughty strings" (e.g. "DROP TABLE")
- Limit the number of characters in forms
- Sanitize regular expression data
- Use HTTPS for all network traffic
- Permit the use of only known file types
- Disallow the execution of arbitrary command line parameters
- Validate URL requests
- Use CAPTCHA for authentication

Following these best practices can help prevent injection attacks and ensure the safety of your system.

References: - https://www.owasp.org/index.php/Input_Validation_Cheat_Sheet - <https://www.veracode.com/security/injection-prevention> - <https://www.netsparker.com/blog/web-security/prevent-sql-injection-attacks/> - <https://www.zeropointsecurity.com/injection-attacks>

Security Best Practices Guidelines for Logging

Security Best Practices for Logging

Introduction

Logging is a critical component of operational security, which can be used to detect potential security incidents, verify compliance with internal and external regulatory requirements, and provide an audit trail for later forensic activities. Proper logging configurations and practice can help you protect the confidentiality, integrity, and availability of your system, as well as reduce the chances of data privacy breaches.

This guide provides an overview of some of the best practices for configuring, maintaining, and viewing logs.

Logging Practices

Establish a logging policy: Decide which logs need to be saved and how long the logs need to be retained, and share the policy with stakeholders.

Set up log aggregation and storage: Ensure that access and storage controls are configured on log files to protect the log data from manipulation or unauthorized access.

Choose appropriate log retention periods and awareness programs: Decide how long the logs should be retained before disposal.

Utilize log monitoring and analysis tool: Use a tool to automate the collection, analysis, and alerting on log data.

Configure the system to generate detailed logs: Detail the events required to capture in the logs including, but not limited to, user authentication, attempted logins, system startup/shutdown, system modifications, etc.

Encrypt data in transit and at rest: Ensure data is encrypted both in transit and at rest to protect sensitive data from unauthorized access.

Test logging regularly: Test the logging system regularly to ensure that all relevant data is being logged as desired.

Ensure only authorized users can view the logs: Apply role-based access control and passwords to prevent unauthorized access to log data.

Educate users on logging: Inform users about logging best practices and policies to avoid inadvertent violations.

Security Best Practices Guidelines for Logging Vocabulary

Logging Vocabulary Security Best Practices

Be Aware of Log-Levels: Understand the context of the information your application collects and what purpose it serves. For example, too much logging could impact performance and increase storage and processing overhead.

Limit Access to Logs: Make sure to limit access to log information to individuals and groups that really need it. Logging should never be exposed to the public.

Create Secure Log Storage: Choose a secure storage system for logs to minimize chances of tampering or unauthorized access.

Keep Track of Log "Events": Document and maintain a record of changes and additions to the log information.

Securely Delete Log Information: Log information should be securely deleted once it has served its purpose.

Configure and Enable Security Logging: Set up and enable logging for any security events, like failed authentication attempts, etc.

Audit Logging Systems: Periodically audit log systems to ensure that they are properly configured and functioning correctly.

Log File Integrity Monitoring: Monitor log files for integrity and ensure that they are not modified, overwritten, or deleted.

Follow Directive Rules: If your organization uses directives such as the European Union's GDPR, HIPAA, and Sarbanes-Oxley Act, make sure your logging practices comply with these regulations.

Security Best Practices Guidelines for Password Storage

Password Storage Best Practices Guidelines

Make your passwords long: Use a minimum of 8-10 characters; longer passwords are more secure.

Make your passwords complex: Include a mix of uppercase and lowercase letters, numbers, and special characters.

Avoid using personal and easily guessed details: Do not use your name, birthdate, address, or any other personally identifiable information in your password.

Do not use the same password for multiple accounts: It is more secure to use unique passwords for each account.

Keep your passwords safe: Store them in a secure password manager or use two-factor authentication when available. If you need to write down your passwords, keep them in a secure, locked place.

Change passwords regularly: Change your passwords at least every 3 months.

Be careful of suspicious links or email attachments: Never click on links or open attachments in emails from unknown or untrusted sources.

Be alert when logging in: Always check to make sure you are on a secure, legitimate website.

Security Best Practices Guidelines for SSRF Prevention

Security Best Practices Guidelines for SSRF Prevention

Server-Side Request Forgery (SSRF) is an attack that forces a server to perform requests on behalf of an attacker. It can be used to compromise data, bypass authentication, and gain access to internal systems.

The following security best practices can help prevent SSRF and protect against related attacks:

- Develop and deploy applications securely and ensure that any input from an untrusted source is sanitized and validated.
- Block access to all unnecessary services, especially those that can be used to send requests to other systems. This includes the likes of external APIs, databases, and filesystems.
- Set up an internal firewall to prevent external requests from entering the network.
- Implement strong authentication and access control restrictions to verify that only authorized users can access critical resources.
- Monitor and log all requests to internal and/or external services.
- Patch and maintain all servers, web applications, and operating systems regularly to keep them up to date.
- Educate and train all staff to be aware of the risks associated with SSRF attacks.
- Make sure third-party APIs and services are configured securely and have adequate security measures in place.

Security Best Practices Guidelines for Session Management

Session Management Best Practices

Session Management is an important part of securing web applications. Implementing good session management practices helps protect user data, prevent unauthorized access, and offers a more secure user experience.

Below are some best practices to help to ensure that you are properly managing user sessions and protecting user data:

Use Secure Cookie Policies when Storing Session Data

- Use secure HTTPS protocol when sending session data.
- Specify short expiration times on session cookies.
- Use "secure" and "httponly" attributes to further enhance cookie protection and disable cookie access from JavaScript code.
- Renew the session ID when sensitive data is updated.

Set Appropriate Access Controls

- Restrict access to authenticated users only.
- Enforce strong passwords and multi-factor authentication when possible.
- Limit access to resources to a specific IP address or range of addresses.

Monitor User Activity

- Monitor session data for signs of suspicious activities.
- Log failed login attempts.
- Implement an audit logging system to track user activities over time.

Implement Timeouts

- Use server side session timeouts to ensure that a user session is terminated when a set period of time has expired.
- Implement shorter timeouts for important transactions like online banking transactions.

Take Advantage of Automated Tools

- Use automated tools to help identify and track session data.
- Use automated tools to update application code and ensure that security issues are proactively addressed.

Following these best practices will help ensure that user data is secure and protected, and that web applications are operating in a safe and secure manner.

Security Best Practices Guidelines for Transport Layer Protection

Transport Layer Protection: Security Best Practices

It is important to ensure that your transport layer is secure to protect the confidentiality, integrity, and availability of your data. The following best practices should be followed when using transport layer protection:

Encryption

1. Use TLS/SSL whenever possible for secure transit of data between clients and servers.
2. Use strong encryption algorithms such as AES-256 and RSA-2048 to protect data.
3. Use Elliptic-curve Cryptography (ECC) for its smaller key size and higher encryption strength.

Certificate Management

1. Use only valid and trusted SSL certificates.
2. Regularly check for revoked and expired certificates and take necessary steps to update them.
3. Make sure all certificates used by the organization are up to date and properly configured.

Firewall & Network Security

1. Make sure to enable firewall rules to allow only secure protocols like HTTPS/TLS.
2. Use Intrusion Detection and Prevention Systems to prevent malicious packets from entering the network.
3. Utilize monitoring and logging tools to detect and respond to suspicious or malicious activity on the network.

Authentication & Authorization

1. Enable two-factor authentication when available, and use a secure password policy.
2. Implement Role-Based Access Control (RBAC) to separate users and enforce access control.
3. Use strong authentication methods such as digital certificates or biometrics.

Physical Security

1. Implement appropriate physical security measures such as access control and CCTV surveillance.
2. Monitor all external device connections such as USB drives.
3. Ensure the secure storage of data center devices.

Security Best Practices Guidelines for Input Validation

Input Validation Security Best Practices

1. **Whitelisting:** Use whitelisting to ensure only known reliable data enters the system.
2. **Data Minimization:** When possible, minimize the amount of user supplied input data.
3. **Data Size Limitation:** Restrict input data to a reasonable length.
4. **Data Type Limitation:** Restrict input data to expected types and formats.
5. **Input Data Sanitization:** Sanitize input data to strip out malicious content (e.g. tags, scripts).
6. **Input Data Encoding:** Encode input data (e.g. HTML encoding) to prevent attackers from exploiting a known vulnerability.
7. **Verify Server Side:** Perform checks and validation on the server side for all user supplied data.
8. **Data Format Validation:** Validate any input data is in the required format.
9. **Reduce False Positives:** Try to reduce any false positives that impede users from submitting their input data (e.g. CAPTCHAs).
10. **Logging and Monitoring:** Monitor suspicious or malicious activity (e.g. failed logins attempts) around user input.

Security Best Practices Guidelines for User Privacy Protection

User Privacy Protection Best Practices

1. Ensure explicit user consent for the collection and use of personal data.
2. Collect and process only the necessary personal data to fulfil your organizations purpose.
3. Securely store all collected personal data.
4. Implement data access controls so that only those that need it have access to personal data.
5. Ensure your data processing activities are documented.
6. Only share personal data with third parties if necessary and if the third party has the right procedures and controls in place to protect the data.
7. Give users the right to access, update, and delete their personal data.
8. Notify users of any data breaches promptly and as required by law.
9. Regularly reassess and revise your user privacy protection standards.
10. Educate all personnel who have access to personal data on user privacy protection best practices.

Security Best Practices Guidelines for Cryptography

Security Best Practices for Cryptography

Cryptography is one of the most important tools when it comes to securing sensitive information. The following best practices should be implemented when using cryptography:

Key Management

1. Generate strong cryptographic keys and store them securely.
2. Back up cryptographic keys regularly in multiple secure locations.
3. Properly revoke cryptographic keys that will no longer be used.
4. Implement access control measures for cryptographic keys to prevent unauthorized access.
5. Limit the number of administrators that have access to cryptographic keys.

Use of Cryptographic Algorithms

1. Use only well-tested cryptographic algorithms and implementations.
2. Regularly assess and update cryptographic algorithms if they become outdated or vulnerable.
3. Use strong cryptographic algorithms such as AES and RSA.
4. Utilize separate cryptographic implementations for different systems for better security.

Encryption

1. Encrypt data at rest, in transit, and in memory.
2. Never store unencrypted data or passwords.
3. Ensure secure transmission of data over the network and across systems.
4. Use separate encryption keys for different systems for better security.

Security Monitoring

1. Implement proper security monitoring of cryptographic systems.
2. Regularly audit cryptographic systems to ensure that they are secure and compliant.
3. Monitor for unauthorized access to cryptographic keys and systems.
4. Implement proper incident response measures for security breaches.

Security Best Practices Guidelines for Secure Application Update

Secure Update of Cloud-based Mobile Application

Best Practices Guidelines

This document details the best security practices for performing a secure update of a cloud-based mobile application.

1. Prepare a Secure Infrastructure

- Leverage a secure cloud infrastructure designed to ensure the security of the mobile application.
- Use a secure cloud environment such as a virtual private cloud (VPC) with dedicated firewalls and access control mechanisms.
- Ensure that the VPC is fully isolated from any other public services to minimize the risk of unauthorized access.
- Ensure that all security settings related to the VPC, such as ports, protocols, and authentication mechanisms, are properly configured to prevent potential threats and attacks.

2. Encrypt Sensitive User Data

- Ensure that sensitive user data is encrypted both at rest and in transit, using end-to-end encryption to protect against data leakage and malicious actors.
- Use strong cryptographic algorithms and regularly update them in order to remain up-to-date with the latest industry standards.

3. Use Multi-Factor Authentication

- Make sure that multi-factor authentication (MFA) is implemented for all users to provide an extra layer of security.
- Utilize different means for authentication, such as physical tokens, biometrics, one-time passwords, or mobile applications.

4. Implement Proper Access Controls

- Ensure that users and administrators are granted access to only those resources that are absolutely necessary.
- Implement least privilege principles to reduce the risk of unauthorized access of sensitive user data.
- Ensure that sensitive information is stored on secure servers with up-to-date access controls.

5. Ensure Regular Vulnerability Scanning

- Perform regular security scans in order to identify potential vulnerabilities before they can be exploited.
- Utilize web application scanning tools to identify and address any security issues in the code.
- Make sure that all servers are regularly updated with the latest security patches and fixes.

6. Monitor Logs and Monitor Network Activity

- Monitor all system logs and network activities in order to detect any suspicious or malicious activities.
- Utilize automated intrusion detection systems to detect any malicious attempts to break into the system.

7. Develop Secure Application Code

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Security Best Practices Guidelines for Secure Third-party Application

Security Best Practices Guidelines for Secure Third-party Cloud-Based Mobile Applications

The following best practices are designed to ensure secure use of Cloud-Based Mobile Applications.

Proper User Authentication

Authentication should be based on strong credentials such as two-factor authentication whenever possible.

Application passwords should be strong and updated regularly. Make sure to store them securely.

User accounts should be locked out after multiple failed attempts to discourage brute force attacks.

Secure Communications

All communications should be encrypted and authenticated using industry-standard encryption protocols such as HTTPS and SSL/TLS.

Mobile Applications should only communicate with backend services over a secure data channel or VPN

Secure Data Storage

All sensitive data should be stored in an encrypted format.

Data should be stored on secure servers that are regularly patched with the latest security updates.

Access to sensitive data should be limited only to authenticated users.

Secure Data Transmission

All data transmitted between mobile devices and backend services should be encrypted.

All mobile applications should verify the identity of backend services before sending data.

Code Review

All code should be reviewed by a qualified security professional prior to deployment.

All external libraries and frameworks should be regularly updated to ensure that security vulnerabilities are patched.

Application Level Threat Protection

Mobile applications should be tested for security vulnerabilities and common attack vectors.

Mobile applications should include rate limiting, then monitor and block suspicious requests and activities.

Regular Updating

All mobile applications should be regularly patched to ensure that they contain the latest security updates.

All external libraries and frameworks should be regularly updated as well.

By following these best practices, organizations can ensure the secure use of third-party cloud-based mobile applications.