

R.M.D ENGINEERING COLLEGE

R.S.M. NAGAR KAVARAIPETTAI - 601 206

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS

INTRAMURALS EVENTS LIST 2018-2019

The department of Physical Education & Sports is organizing Intramural tournaments in various games and Athletic events for the academic year 2018-2019. The following events will be conducted as per the schedule enclosed herewith.

GAMES:

MEN

1. Chess
2. Carrom
3. Basketball
4. Cricket
5. Tennis
6. Badminton
7. Volley ball
8. Table Tennis
9. Ball badminton

WOMEN

1. Chess
2. Carrom
3. Badminton
4. Throwball
5. Basketball
6. Volleyball
7. Table Tennis
8. Ball badminton

ATHLETICS:

BOYS

1. 100m
2. 200m
3. 400m
4. 1500m
5. Discuss Throw
6. Long Jump
7. Javelin Throw
8. Shot-put
9. Triple Jump
10. 800m
11. 4x100m Relay
12. 4x400m Relay

GIRLS

1. 100m
2. 200m
3. 400m
4. 800m
5. Javelin Throw
6. Long Jump
7. Shot-Put
8. Discuss Throw
9. Triple Jump
10. 4x100m Relay

* Weight Lifting, Power Lifting & Best Physique for Boys.

Note: Athletics: - Rules for participation

1. An athlete can take part in any four events (excluding relay).
2. A department can field maximum of two players for each event.
(Athletics, Weight Lifting, Power Lifting & Best Physique)

For further details contact the Sports Co-ordinator in respective departments and Physical Education department. And see the Notice Board.

Rules and Regulations for Intramurals 2018-2019.

S.No	Games	Rules
01.	Volleyball	i) A team consists of Twelve players.
		ii) A match is decided on the basis of Best of Three Games.
		iii) For remaining, FIVB Rules will be followed.
02.	Cricket	i) A team consists of Sixteen Players.
		ii) Matches will be Played as a 15 Over side.
		iii) Cricket Uniform is Compulsory.
		iv) For remaining ICC Rules will be followed.
		v) Umpires decision is final.
		vi) The Finals will be conduct at the R.M.D. Play ground.
03.	Chess	i) A Dept can field Five Players.
		ii) For remaining, FIDE rules will be followed.
04.	Carrom	i) A team consists of Four Players.
		ii) A match is decided on the basis of 3 boards with in 3 boards whoever scores maximum points will be declared as winner.
05.	Throwball	i) A team consists of Twelve Players.
		ii) A match is decided on the basis of Best of Three Games.
		iii) A game consists of 25 Points.
06.	Badminton	i) A team consists of Five Players.
		ii) A match is decided on the basis of 21 points , side change at 11 th point.
07.	Tennis	i) A team consists of Five Players.
		ii) A match is decided on the basis best of Seven Games.
		iii) For Remaining ATP Rules Will Be Followed.
08.	Basketball	i) A team consists of Twelve Players.
		ii) The duration of the matches will be 15-2-15
		iii) For remaining NBA Rules will be followed.
09.	Ballbadminton	i) A team consists of Ten Players. as per new rule match point 35
		ii) A match consists of Best of Single Set. side change 9-18-27
10.	Table Tennis	i) A team consists of Five Players.
		ii) A match is decided on the basis of Best of Three Games.

Note :-

- i. All the matches will be conducted on a knock – out basis.
- ii. Referee's decision is final. No protest will be entertained.
- iii. The organizing committee have rights to change the dates.

Awards:-

- i) Individual Prizes will be given for Winners & Runners.
- ii) In Athletics, Weight Lifting & Power Lifting & Best Physique 1st, 2nd, & 3rd will get Individual prizes.
- iii) In Athletics, Individual championship will be awarded separately for Boys and Girls.
- iv) Overall Trophy will be awarded for the department which scores maximum points for Boys and Girls seperately.

GAMESATHLETICS / WEIGHT & POWER LIFTING & B/PRELAY

WINNER'S – 10 points First Place - 5 points

First Place- 10 points

RUNNER'S – 6 points Second Place - 3 points

Second Place- 6 points

Third Place - 1 point

Third place - 2 points