



2023

LEARN

Personal book

MY EXPERINCE

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1. Frist week at PNC

Coming to Phnom Penh was hard for me before because I never lived with others without family. But I always think I can do it and don't worry about life. I must remember that my life will meet more stories. And I think it is time for me to learn from others. The first day that I come to PNC, I feel afried and think a lot about what I must do tomorrow. But I feel fantastic after I meet some new friends that I never knew before. And I start to know anyone. When I see the location of PNC with my eye, I think PNC is small. But I think, whether the school is big or small, students can learn too. Don't depend on school, but depend on the teacher and team social activities that they keep in mind to help us study and be successful. After I think, I look up some friends such as Thida, Thary, Dyna, Chandy, and Chanthou. And it is amzing. When I come here first, I have any material, and Chanthou is helping me get it to the house for rent. But I will look for someone strong so I can strong too. And after 2,1,2023, I feel stronger but not confident enough to play sports throughout the presentation. However, I have only tried what can make me successful.

2. If you were a fruit, what would you be?

If I were a fruit, I would be an orange. Because I like orange. My mother sells fruit, and when I see an orange, I always choose one to eat. And I'd like to thank my mother for making me happy by letting me eat oranges. When I eat oranges, they make me happy, sweet, and especially healthy. I like all fruits, except apples and pineapple. And before I arrived at PNC, I ate every fruit, but my favourite was orange, which I always ate from week to week. And one more idea: I want to be orange because I want to be good like orange and have a lot of things people need. I feel good when someone needs me, so I can eat like orange. When people eat orange, it will make them healthier, but fruit costs money to buy, so think before you eat it. Especially orange have a lot of benefits such as vitamin C, oranges have other nutrients that keep your body healthy. The fiber in oranges can keep blood sugar levels in check and reduce high cholesterol to prevent cardiovascular disease. Oranges contain approximately 55 milligrams of calcium, or 6% of your daily requirement. Finally, I very much like orange.

3. Describe your day if you were this fruit

If one day I am an orange, I will be very happy because I am a good orange that can make people who eat it happy. And when they eat orange, I will make people healthy and vitamin-rich. One more thing: if I were an orange, I would have skin orange, which is my favourite colour too. I like orange and colour. Like if I were an orange, if I were successful, I would have a lot of something that I needed, but now I must change myself to my favourite fruit. In the future, I will get something that I want. I feel fantastic.

4. My hometown

My hometown is Kampong Thom is Cambodia's second largest province by area. There are a number of significant Angkorian sites in the area, including Prasat Sambor Prei Kuk and Prasat Andet temples. As one of the nine provinces bordering Tonle Sap Lake, Kampong Thom is part of the Tonlé Sap Biosphere Reserve. In kompong thom is developmenting. Some people in kompong thom province rich and some have poor. And people at most sell someting at market, some people work in bank, some people work high school.

I love my hometown. Especialy in my free time I like to see the field and catch the fish or play or do at the filed. So I love my province. In my province have alot beautiful gril and I never love those girl in my province because she don't love. But a good time that I born in my provice. My province have 9 distrist. There are baray distrist, kompong svay distrist, Steung Saen municipality distrist, prasat balangk distrist, prasat sombour distrist, sandaan distrist, santuk distrist, stoung distrist, and taing kouk distrist.

The total population of Kampong Thom is 708,398 person or 4.5% of the total population (14,363,519 person in Cambodia, 2007, provincial government data) with a growth rate of 2.4%, which is consisting of 343,478 person or 48.3% who are male and 364,920 person or 51.7%



Kompong thom

who are female. The above number also consists of 517,072 person or 85.0% who are farmers, 28,150 person or 4.60% who are fishermen, 91,248 person or 15% who are traders, 5,884 person or 0.97% who are government's officers. Kampong Thom is also a province-rich in tourism potentials to attract national and international tourists such as the exotic lakes, rivers, forests, mountain and more than 200 ancient temples.

ADVANTAGES	DISADVANTAGES
Healty	No moeny
Happy	No modern learning like city
Food	Hard life in countryside
No traffic alot	Meet problem's family

5. If you were a fruit, what would you be?

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6. Describe your day if you were this fruit

If one day I am an orange², I will be very happy because I am a good orange that can make people who eat it happy. And when they eat orange, I will make people healthy and vitamin-rich. One more thing: if I were an orange, I would have skin orange, which is my favourite colour too. I like orange and colour. Like if I were an orange, if I were successful, I would have a lot of something that I needed, but now I must change myself to my favourite³ fruit. In the future, I will get something that I want. I feel fantastic.

¹ Benefit : advantages

² Orange : kind of food.

³ Favorite : something that you like.

7. In 5 years I can see :

In five years ago I hope I can live in korea and have alot something that I need. After 5 years I hope I have one job and can help my mother and family. And my dream I want to build small house for my mother. And make she happy. I always think I will get it after 5 years.

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