

**Preparation to enter the
job market**



OBJECTIVES FOR THIS SESSION



- ✓ Draft a one year plan to prepare yourself to enter the job market



15 MIN



Job market

Describe in one word how you feel about entering the job market in a year! Write this word on a paper.



20 MIN



What are your fears?

As a student, is it very common to have fears related to your career and your first step on the job market. Discuss it with your peers.

Acknowledging your fears is the first step to overcome them!

TO COMPLETE THIS ACTIVITY :

①

GROUP DISCUSSION
(10 min)

②

CLASS DISCUSSION
(10 min)



10 MIN



Common feelings of fresh-graduates



Excitement



Optimism



Eagerness to
learn



Confusion



Self-doubt



Imposture
syndrome



Anxiety



Pressure to
succeed



Frustration





25 MIN



Let's get prepared!

Walk from station to station and answer the question. All the stations are ways to be prepared to enter the job market.

TO COMPLETE THIS ACTIVITY :

①

GALLERY WALK
(15 min)

②

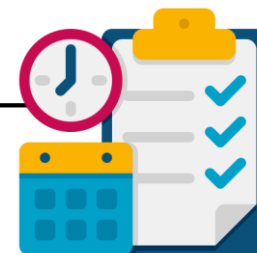
CLASS PRESENTATION
(10min)



15 MIN



Start to plan your preparation



Fill the template in order to plan your preparation.

Make your own decisions and try to commit to this plan as much as possible to be prepared for next year! This plan can of course change based on your future choices and interests.

TO COMPLETE THIS ACTIVITY :

①

Individual work
(10min)

②

Pair sharing
(5min)