



OBJECTIVES FOR THIS SESSION



COURSE OVERVIEW

- ✓ **Why** do we teach this course ?
- ✓ **What** will you learn on this course ?

LEARNING TO LEARN

- ✓ What are the **good habits** to learn effectively ?



10 MIN



Are those skills **important** ? Why ?

**Time Management****Networking****Teamwork****Creative Thinking****Conflict Resolution**

TO COMPLETE THIS ACTIVITY :

1 DISCUSS

- Find 2 reasons for each skills
- Write each reason on posts it

2 SHARE

- Put your POST IT on white board



THIS COURSE WILL ALLOW YOU TO

**Learn
Effectively**

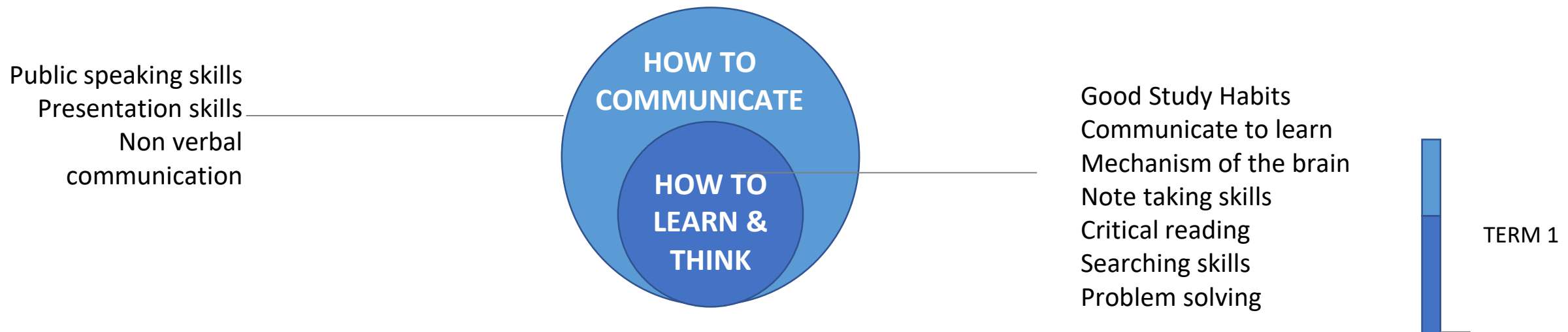
AT SCHOOL

**Work
Effectively**

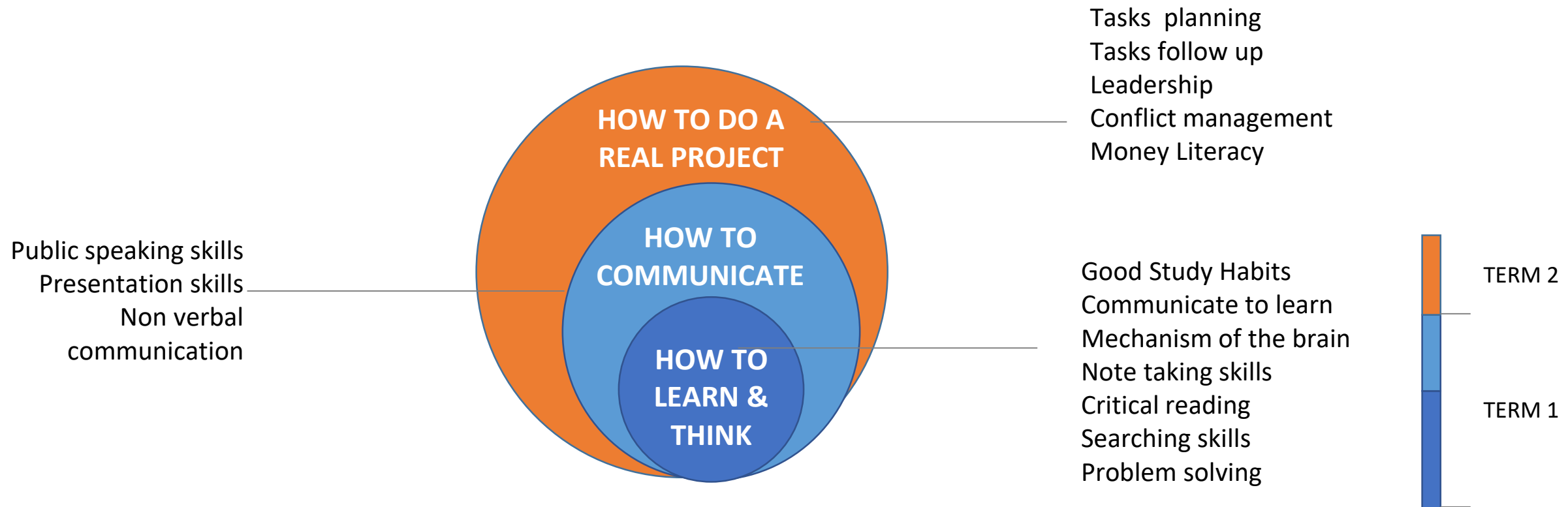
AT COMPAGNY



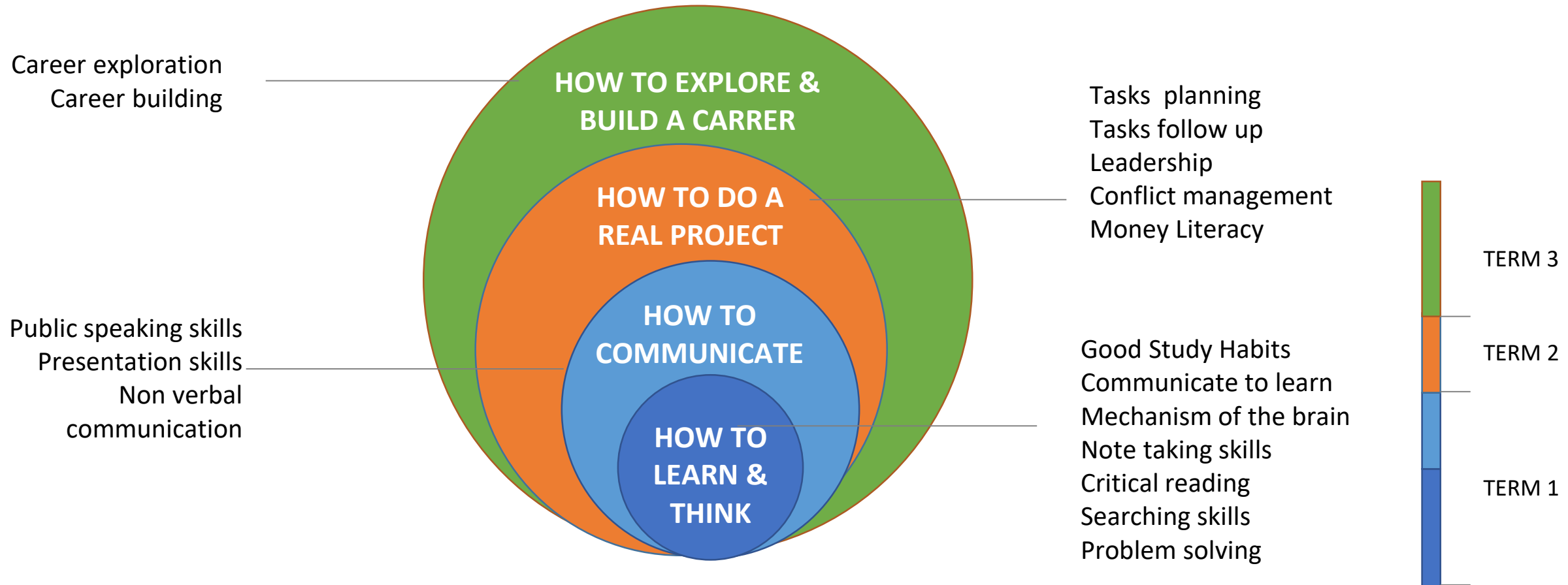
COURSE OBJECTIVES, TERM BY TERM....



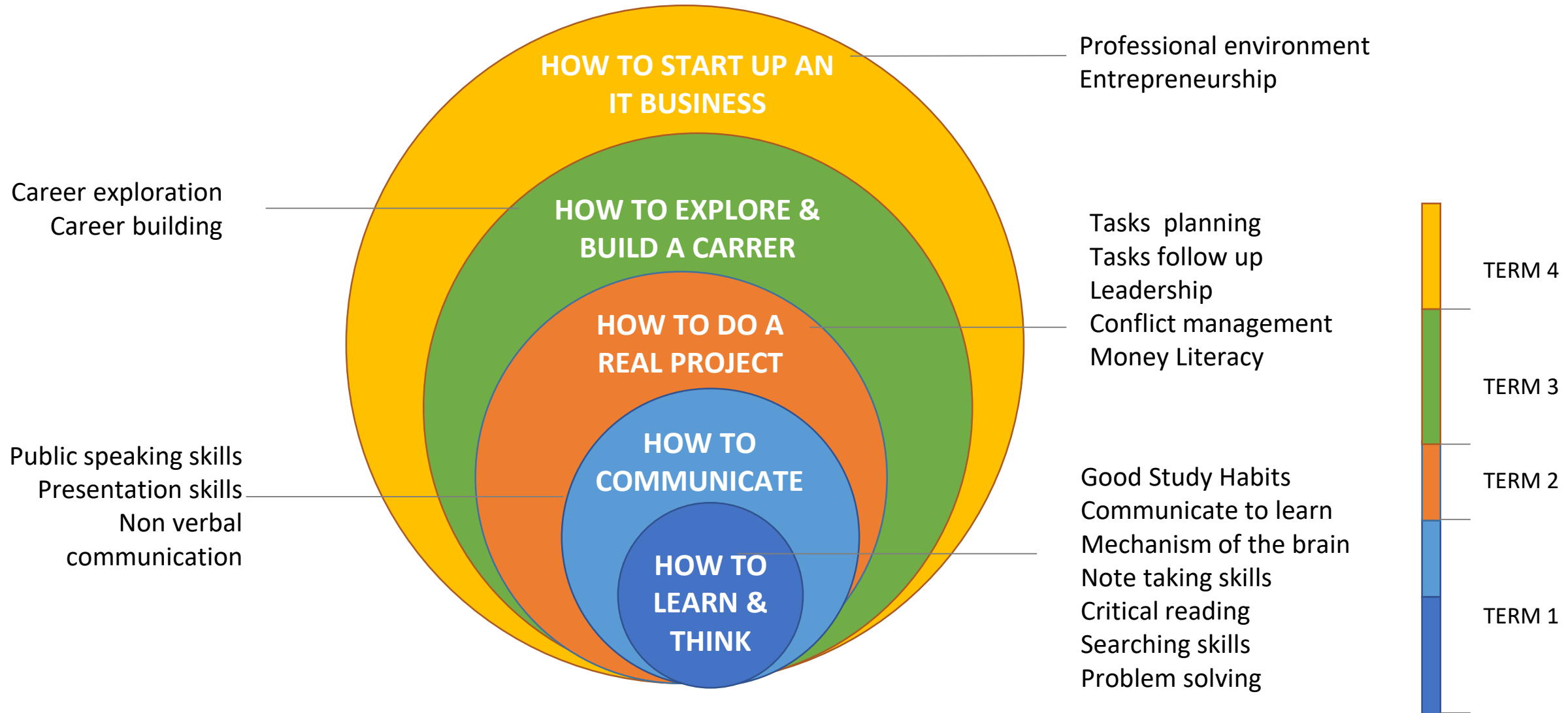
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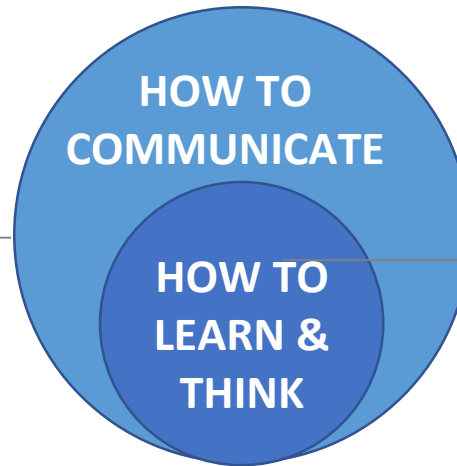
COURSE OBJECTIVES, TERM BY TERM....



2 PROJECTS TO PERFORM

✓ NOTE TAKING PROJECT

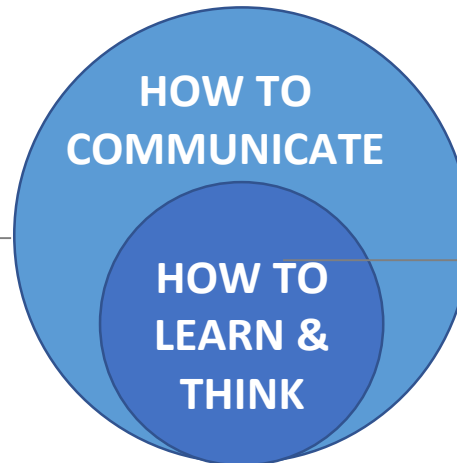
Public speaking skills
Presentation skills
Non verbal
communication



Good Study Habits
Communicate to learn
Mechanism of the brain
Note taking skills
Critical reading
Searching skills
Problem solving

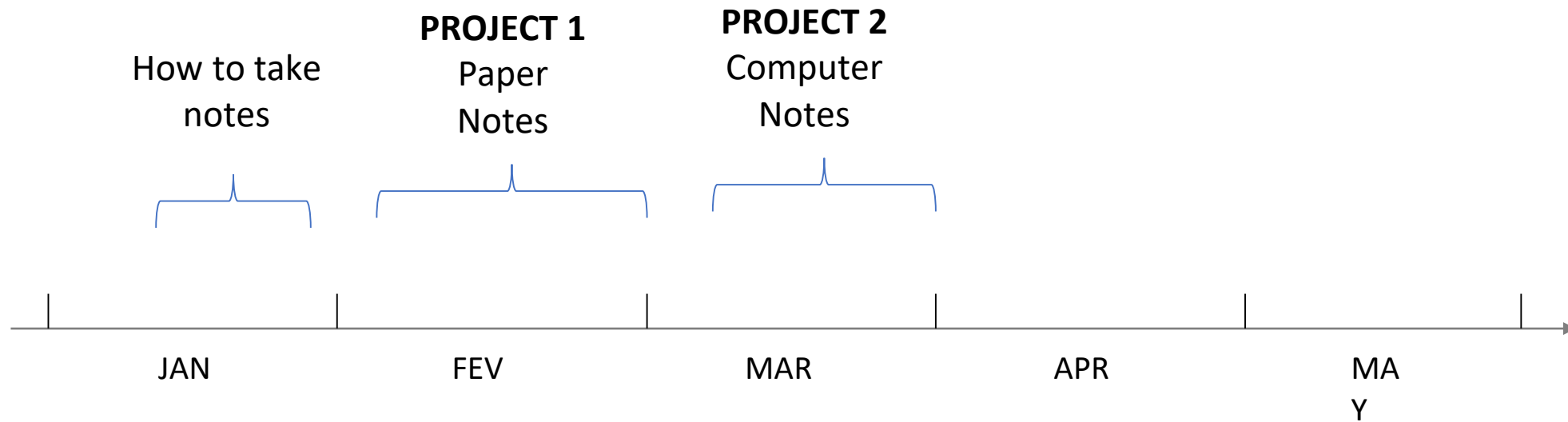
✓ PERSONAL SKILL PROJECT

Public speaking skills
Presentation skills
Non verbal
communication



Good Study Habits
Communicate to learn
Mechanism of the brain
Note taking skills
Critical reading
Searching skills
Problem solving

NOTE TAKING PROJECT

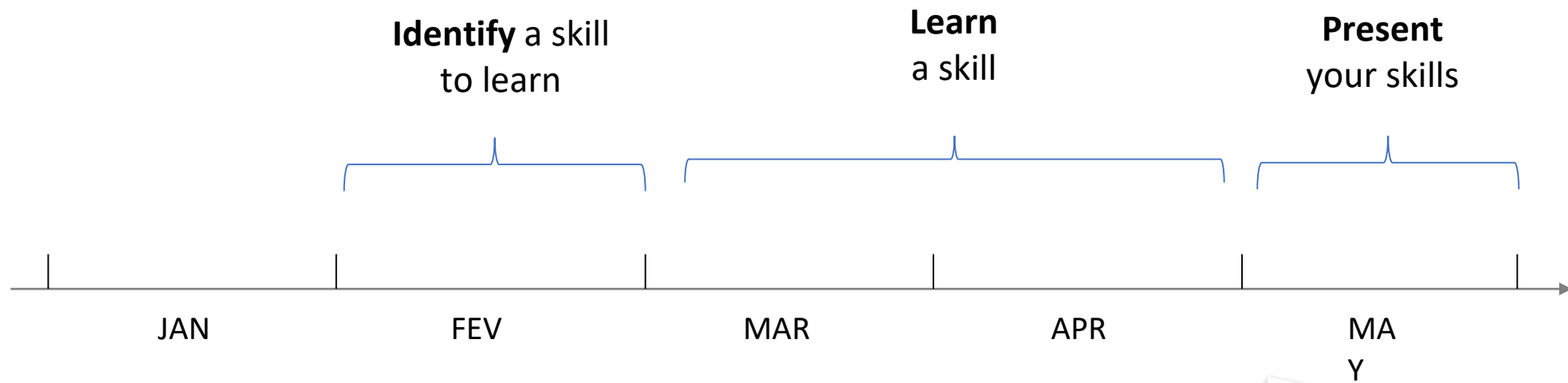


BCU COURSE



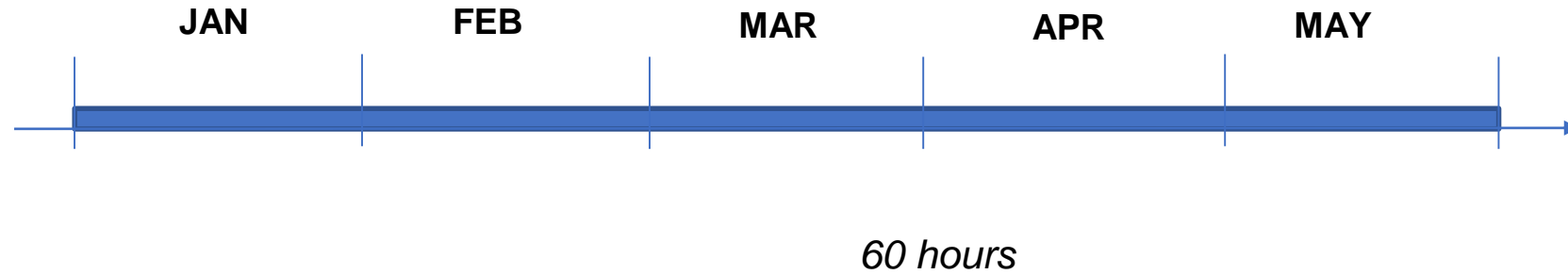
BCU COURSE

PERSONAL SKILL PROJECTS



SKILL FORUM

Course Duration



COURSE EVALUATION

✓ Final	40 %
✓ Quiz	20 %
✓ Participation	10%
✓ Homework	5%
✓ Note taking	10%
✓ Presentation	15%

TERM 1

CHAPTER 1 : LEARN TO LEARN

Good study routines

ACTIVITY 1



20 MIN



What should be your **good study habits** ?

BEFORE CLASS

DURING CLASS

AFTER CLASS

TO COMPLETE THIS ACTIVITY :

① MAKE TEAMS !!

- 3 students per team

② DISCUSS IN TEAM !! 10 min

- Each work on a specific time (before /during / after)
- Write ideas on POST IT

③ PRESENT TO THE CLASS !! 10 min

- Put your POST IT on white board



10 MIN



What should be your **good study habits** ?

BEFORE CLASS

- ✓ I **prepare** questions
- ✓ I review the lesson
- ✓ I prepare **study material**
- ✓ I know the **time**, room

DURING CLASS

- ✓ I leave my bag on the floor
- ✓ I sit in a proper way
- ✓ I'm an **active listener**
- ✓ I show **active participation**
- ✓ I ask for **clarification** if I don't understand
- ✓ I **listen** with attention without disturbing the speaker

- ✓ I **take note** of all important concepts.
- ✓ I list my **assignments** in my personal schedule.

AFTER CLASS

- ✓ I review my **notes**
- ✓ I review my **lesson**
- ✓ I do my **homework**
- ✓ I **summarize** the important points



HOMEWORK

- ✓ Look at the schedule of this week
- ✓ Complete this schedule with your **study habits**
- ✓ Compare your schedule with other classmates

MY STUDY ROUTINE

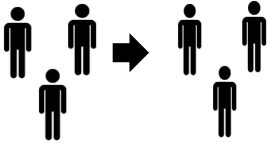
1. On the **GREY** cells: write down the **courses** you have on MONDAY and TUESDAY (ex: Typing, Logic...)
2. On the white cells write down your routine (ex: write my notes, review course, cook food ...)

	MONDAY	TUESDAY
07.00 – 07.30 am		
07.30 – 09.00 am		
09.00 – 10.00 am		
10.00 – 11.30 am		
12.00 – 01.00 pm		
01.00 – 02.30 pm		
02.30 – 03.30 pm		
03.30 – 05.00 pm		
06.00 – 07.00 pm		
07.00 – 09.00 pm		

Warning : be realistic !



10 MIN



What did we learn ?

1

DRAW

✓ Draw on flip chart a **mind map** representing the **key words** of this lesson and their relationship

2

SHARE

✓ Present your flip chart to another group