

March Forth... **Find the Work You Are Meant To Do!**

*A Workshop Presented by
Cultivate Consulting and LLS Consulting*

Does either of these situations or questions apply to you?

You are in transition and looking for employment

Will your job search ever end?

Think you can't bear another networking meeting?

Written and re-written you resume ad nauseam?

Find yourself staring blankly at job boards?

You are employed but not motivated or excited about the work you do

Can't wait to get away from work each day?

Know you are not doing your best possible work?

Rarely feel a sense of pride or satisfaction about the work you do?

Issues or changes at work make you want to scream?

Most people are at their best when the work they do directly aligns with their **unique values**. Imagine being successful and feeling that you are fulfilled! You know your skills and experience; we can help you define **your unique core values** and show you how to make them work for you in finding companies where you can flourish.

What is really holding you back from finding and going after the work you love and are meant to do?

Attend this in-depth half-day workshop and find out!

- ✓ **Explore** how your thoughts may be cementing your search efforts
- ✓ **Discover** your unchanging nature, your core values and how to focus them in the direction of meaningful work
- ✓ **Shift** your thoughts and create a clear path to seizing the role you dream of

When: Saturday, March 23, 2013 9 a.m. to Noon

Where: 380 Diablo Road, Danville, CA 94526 (Empire Realty Offices)

Cost: \$200 (includes online values assessment and workshop fee)

✓ **Register by March 15, with workshop fee, by contacting: jenghelfi@cultivate.org 650 483 8682**

Cultivate Consulting and LLS Consulting have teamed up to offer this insightful program.

About your facilitators:

Jennifer Ghelfi - De Smedt is the Founder and Principal of **Cultivate Consulting**. She has an MS in Organization Development from the University of San Francisco, a BA in Industrial/Organizational Psychology from San Francisco State University, is a certified Executive Coach, certified in the Core Values Index methodology, and master certified in communication and team building programs. Jennifer specializes in coaching professionals in transition, as well as working with organizations to optimize performance. Jennifer is passionate about guiding individuals to meaningful work and performing to their highest capabilities. In addition to individual clients, she has worked with large organizations in the high-tech, biotech and consumer goods industries to optimize their organizational effectiveness.



Lynn L. Samuels, SPHR, is a change management, human capital and leadership development expert. Since 1994, Lynn has served as Founder and Principal of **LLS Consulting**, her own independent consulting firm. She excels in organizational review and alignment, competency identification, behavioral and operational assessment, and performance enhancement. She has held leadership roles in financial services, securities and real estate, and is particularly skilled in performance assessment, coaching and consulting within the technology sector. Additional industry experience includes luxury travel, wine, apparel, professional services, healthcare, non-profit and retail/wholesale/internet distribution. Lynn holds a Master's degree in Speech Pathology from Louisiana State University Medical Center in New Orleans, and a BS from Louisiana State University in Baton Rouge, LA.

