Statistics 305/605: Introduction to Biostatistical Methods for Health Sciences

Chapter 15, part 4: Inference for Odds Ratios

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Estimating Odds Ratios

For Doll and Hill's lung-cancer data, we estimated the odds ratio from the sample proportions of smokers in the cancer (case) and non-cancer (control) groups.

		case	control
Smoke	Yes	a = 1350	b = 1296
(E)	No	c = 7	d = 61
		a + c = 1357	b + d = 1357

OR estimate is

$$\widehat{OR} = \frac{\frac{a}{a+c}}{1 - \frac{a}{a+c}} / \frac{\frac{b}{b+d}}{1 - \frac{b}{b+d}} = \frac{ad}{bc}$$

► For Doll and Hill's data, we have

$$\widehat{OR} = \frac{ad}{bc} = \frac{1350 \times 61}{1296 \times 7} = 9.1.$$

Testing whether OR = 1

▶ The chi-square test assesses the null hypothesis that OR = 1 (no association between exposure and disease) against the alternative hypothesis that $OR \neq 1$ (an association).

```
## case control
## smoker 1350 1296
## non-smoker 7 61

##
## Pearson's Chi-squared test with Yates' continuity correction
##
## data: mydf
## X-squared = 42.37, df = 1, p-value = 7.552e-11
```

- ▶ The *p*-value for testing H_0 : OR = 1 vs. H_a : $OR \neq 1$ is 7.552×10^{-11} .
- Strong evidence of association between lung cancer and smoking!
- ▶ Recall from the Chapter 6 notes that $OR \approx RR$, provided that the disease is rare.
- Assuming lung cancer is rare, we may approximate the relative risk of lung cancer by the odds ratio.
 - ▶ We estimated the OR to be $\widehat{OR} = \frac{a*d}{b*c} = \frac{1350*61}{1296*7} = 9.1$
 - So we estimate that the risk of lung cancer in smokers is about 9.1 times the risk of lung cancer in non-smokers (i.e. $\widehat{RR}=9.1$).

Confidence Intervals for ORs

- ▶ Recall: The natural logarithm $\log_e(x)$ is defined so that $x = e^{\log_e(x)}$, where the base $e \approx 2.718$.
 - ▶ To get x, we **exponentiate** the natural logarithm $\log_e(x)$; i.e., we raise the base e to the power of the exponent $\log_e(x)$.
- ▶ For large samples, it turns out that $\log_e(\widehat{OR})$ is approximately normally distributed.
- ▶ This approximation leads to CIs for $log_e(OR)$ of the form

estimate
$$\pm$$
 m.e., where

the margin of error term, m.e., is an SE times a critical value.

▶ The standard error of $log_e(\widehat{OR})$ is:

$$SE = \sqrt{\frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{1}{d}}$$

For a level-C CI for $\log_e(OR)$, the critical value is z^* , the upper (1-C)/2 critical value of the standard normal distribution.

▶ A level-*C* CI for $\log_e(OR)$ is thus $\log_e(\widehat{OR}) \pm z^*SE$, or

$$\left(\log_e(\widehat{\mathit{OR}}) - z^*\mathit{SE}, \ \log_e(\widehat{\mathit{OR}}) + z^*\mathit{SE}\right),$$

▶ To get the level-*C* CI for *OR*, we exponeniate the lower and upper bounds of the CI above:

$$\left(e^{\log_e(\widehat{OR})-z^*SE}, e^{\log_e(\widehat{OR})+z^*SE}\right)$$

Application to Doll and Hill's Lung-Cancer Data

- ▶ The estimated OR is $\widehat{OR} = \frac{1350*61}{1296*7} = 9.1$, and its logarithm is $\log_e(9.1) = 2.21$.
- ▶ The SE of $log_e(\widehat{OR})$ is

$$SE = \sqrt{\frac{1}{1350} + \frac{1}{1296} + \frac{1}{7} + \frac{1}{61}} = 0.401$$

- ▶ For a 95% CI, the critical value is $z^* = 1.96$.
- ▶ The 95% CI for $log_e(OR)$ is therefore

$$(2.21-1.96\times0.401,2.21+1.96\times0.041)=(1.42,3.00)$$

► The 95% CI for *OR* is then

$$(e^{1.42}, e^{3.00}) = (4.14, 20.1)$$

Interpretation of Point Estimates of OR

- ► Smoking is associated with an estimated 9.1-fold increase in the odds of lung cancer.
- Or, if lung cancer is rare, we can interpret the OR as an RR and say:
 - smoking is associated with an estimated 9.1-fold increase in the risk of lung cancer.

Interpretation of Interval Estimates of OR

- "With 95% confidence, smoking is associated with an estimated 4.1 to 20-fold increase in the odds of lung cancer"
 - ▶ You can use the statement above, but keep in mind that it really means that: In 95 out of 100 datasets, we expect the CI, such as 4.1-20 for this dataset, to cover the true OR.
- Assuming that lung cancer is rare, we can interpret the OR as an RR and say:
 - "With 95% confidence, smoking is associated with an estimated 4.1 to 20-fold increase in the *risk* of lung cancer"
 - ▶ i.e, in 95 out of 100 datasets, we expect the CI, such as 4.1-20 for this dataset, to cover the true RR.

More Than Two Exposure Levels

▶ Doll and Hill's data with smokers classified by the average number of cigarettes per day:

		case	control
Number of	25+	340	182
cigarettes	15-24	445	408
per day	1-14	565	706
	0	7	61

- ► Can use the last row with 0 cigs per day (unexposed) as a baseline group (\$c=7, d = 61), and calculate our ORs for each level of exposure.
 - ▶ E.G. Estimated OR for 25+ vs. 0 cigs per day:

$$OR = \frac{\text{odds of lung cancer in exposed } (25 + \text{cigs/day})}{\text{odds of lung cancer in unexposed } (O \text{ cigs/day})}$$
$$= \frac{a * d}{b * c} = \frac{340 * 61}{182 * 7} = 16.28$$

Odds-ratios with Multiple Exposure Levels

Add estimated ORs to the table:

		case	control	\widehat{OR}
Number of	25+	340	182	16.28
cigarettes	15-24	445	408	9.50
per day	1-14	565	706	6.97
	0	7	61	_

- ► The increase in estimated *OR*s with exposure level suggests a "dose-response" relationship.
- For observational data such as these, a dose-response relationship is one of the criteria for establishing causality.
 - ▶ In this study, the dose-response relationship with number of cigarettes per day was used to argue that smoking **causes** lung cancer.

Including Confidence Intervals

		case	control	ÔR	95% CI
Number of	25+	340	182	16.28	(7.30,36.32)
cigarettes	15-24	445	408	9.50	(4.30,21.02)
per day	1-14	565	706	6.97	(3.17,15.37)
	0	7	61	_	_

Historical notes

- ▶ Doll and Hill's study of lung cancer was published in 1954
 - ► Turned the tide of public-health opinion on smoking.
- Famously, the iconic geneticist and statistician RA Fisher was strongly opposed (to the point of campaigning against it for the tobacco industry).
- Fisher was a heavy pipe smoker
 - Argued that correlation (association) is not causation
- Died aged 72 in 1962, following complications from cancer surgery.

Chapter 15 Summary

- Contingency tables summarize the joint distribution of two categorical variables.
- ► The chi-square test tests for association between two categorical variables
- For data that are paired in some way, we use McNemar's test, which contrasts the discordant cells in a table that counts each pair just once.
- ▶ Testing for association in a 2 × 2 table amounts to testing whether or not the OR is 1.
 - ▶ Can extend to $r \times 2$ tables with r levels of the exposure.
- ▶ When the disease outcome is rare, the OR can be interpreted as a relative risk (RR).
- Can obtain approximate Clss for the OR.
- ▶ Omitted Berkson's fallacy in text; beyond scope of course.