

Recruitment Flyer Draft

Project Title: Are You at Risk for Early Diabetes? Study on Gut Health and Molecular Clues

HELP US FIND A BETTER WAY TO PREDICT DIABETES RISK

We are recruiting participants for a new research study investigating the earliest signs of Type 2 Diabetes.

WHO CAN PARTICIPATE?

We are looking for three groups of adults (ages 18-45):

1. **Newly Diagnosed:** Individuals recently diagnosed with Type 2 Diabetes (under age 40).
2. **High-Risk Individuals:** Individuals with Pre-Diabetes, or those with a strong family history of Type 2 Diabetes.
3. **Healthy Volunteers:** Individuals with no known risk factors or diagnosis of diabetes.

WHAT DOES PARTICIPATION INVOLVE?

If you qualify, the study involves a **single clinic visit** lasting approximately minutes.

- Review and sign the Informed Consent Form.
- Physical measurements (weight, height, blood pressure).
- A fasting blood draw for standard lab tests and advanced molecular analysis (microRNAs).
- Collection of a single fecal sample (kit provided to be completed at home and returned).
- Completion of a short health and lifestyle questionnaire.

High-Risk participants will be asked to complete follow-up checks over a 2-year period.

COMPENSATION

Participants will receive **\$100** for their time and effort upon completion of the initial study visit.

CONTACT US TODAY

To find out if you qualify or to learn more about the study:

Call: (555) 555-RISK

Email: research.metab@institution.edu

Study ID: IRB-METAB-2025-0042