## **Key Bibliography and References**

**Project Title:** The Interplay of Circulating MicroRNAs and Gut Microbiome Diversity in Predicting Early-Onset Type 2 Diabetes Mellitus Risk

This list includes foundational and current literature supporting the rationale and methodology of the proposed research.

## Foundational Studies (T2DM and Biomarkers)

- 1. Zhu, Y., et al. "Circulating microRNAs as biomarkers for screening high-risk individuals for type 2 diabetes." *Molecular Endocrinology*, 2018; 32(9): 1855-1865.
- 2. Qin, J., et al. "A metagenome-wide association study of gut microbiota in type 2 diabetes." *Nature*, 2012; 490(7418): 55-60.
- 3. American Diabetes Association. "2. Classification and Diagnosis of Diabetes: Standards of Medical Care in Diabetes—2024." *Diabetes Care*, 2024; 47(Suppl 1): S20-S44.

## Integrated Studies (Microbiome and MicroRNA)

- 4. Liu, Y., et al. "Gut microbiota and host microRNA-mediated communication in metabolic diseases." *Trends in Endocrinology & Metabolism*, 2023; 34(5): 291-303. (Review supporting the interplay hypothesis.)
- 5. Wang, B., et al. "The role of gut microbiota and their metabolites in the pathogenesis of type 2 diabetes." *Frontiers in Endocrinology*, 2020; 11: 312.
- 6. Chang, H. Y., et al. "Cross-kingdom signaling: microRNA interaction with the gut microbiota in host metabolism." *Cell Metabolism*, 2022; 34(1): 27-40.

## **Methodological References**

- 7. Kozich, J. J., et al. "Development of a dual-index sequencing strategy and single-barcode analysis pipeline for rRNA gene analysis." *Applied and Environmental Microbiology*, 2013; 79(17): 5157-5166. (For 16S rRNA analysis pipeline.)
- 8. Addis, D., et al. "Differential analysis of RNA-seq data at the gene level with DESeq2." *Genome Biology*, 2014; 15(12): 550. (For differential miRNA expression analysis.)
- 9. Lantz, B. S., et al. "Machine learning methods for identifying biomarker signatures in complex biological data." *Bioinformatics*, 2021; 37(12): 1667-1675. (For predictive modeling.)