## Initial Questionnaire Form

## **Study Preferences**

- 1. When do you study best? (Ranking questions)
  - Early Morning (5 AM 9 AM)
  - Late Morning (9 AM 12 PM)
  - Afternoon (12 PM 4 PM)
  - Evening (4 PM 8 PM)
  - Night (8 PM 12 AM)
  - o Late Night (12 AM 5 AM)
- 2. How long is your ideal study session?
  - o 30 minutes
  - o 1 hour
  - o 1.5 hours
  - $\circ$  2+ hours
- 3. Do you prefer
  - a. One long study session
  - b. Multiple shorter study sessions
- 4. How many total hours per day do you want to study at most? (short answer)

## **Scheduling Constraints**

- 5. What time do you usually wake up?
- 6. What time do you usually go to bed?
- 7. Do you want study sessions on weekends?
  - Yes (Saturday and Sunday)
  - o No
  - o Only Sundays
- 8. Are there certain days you never want study sessions? (Select days)

## Strategy:

- 9. How far in advance do you want to study for your exams?
  - o 1-3 days
  - o 4-6 days
  - o 1 week
  - o 2 weeks +
- 10. Which tasks should be prioritized higher?
  - o Exams
  - o Projects
  - Homework
  - Readings