

## **Yogamarg**

### **Terms & Conditions**

This document contains certain information we have deemed important to know:

- Our website does not have any legal obligation to make you lose body fat, we are simply providing yoga exercises that can possibly help the user lose body fat if they practice it according to the given schedules
- We are not responsible for any accident that may occur while practicing exercises, we are simply providers and do not take responsibility in what you do with the information
- We are not responsible for the results the exercises have on the user, for they are public information which we have compiled for the convenience of the user.
- We are not responsible for any mental or physical effects, please consult a doctor if you have any heart problems or similar problems that may affect your ability to exercise.