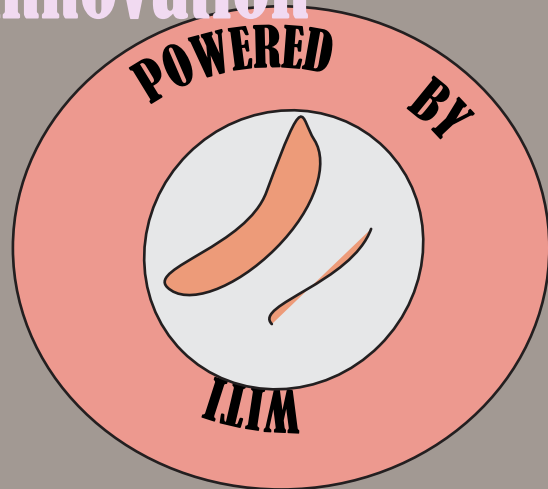


Awareness being created by Women Institute of Technology and Innovation



Dangers of poor personal hygiene.

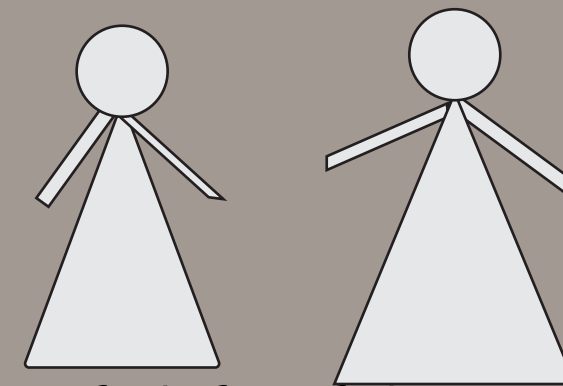
- Increased risk of illness: Spread of bacteria, viruses, and infections.
- Bad Odor and Discomfort: Poor hygiene leads to unpleasant smells and discomfort.
- Reduced Productivity: Illness from hygiene affect concentration and performance.
- Impact on community Health: Unsanitary conditions put everyone at risk

Simple steps to stay clean.

- Wash hands regularly: Especially after using the restroom and before eating.
- Use Hand Sanitiser: When water and soap are unavailable.
- Dispose of waste properly: Use designated bins for garbage.
- Keep shared spaces clean: Wipe surfaces and maintain cleanliness in areas.
- Practice personal hygiene : Bathe daily, brush teeth atleast twice a day, wear clean clothes

CLEANLINESS
IS
NOT
A LUXURY

Stay clean
stay healthy



maintain distance

