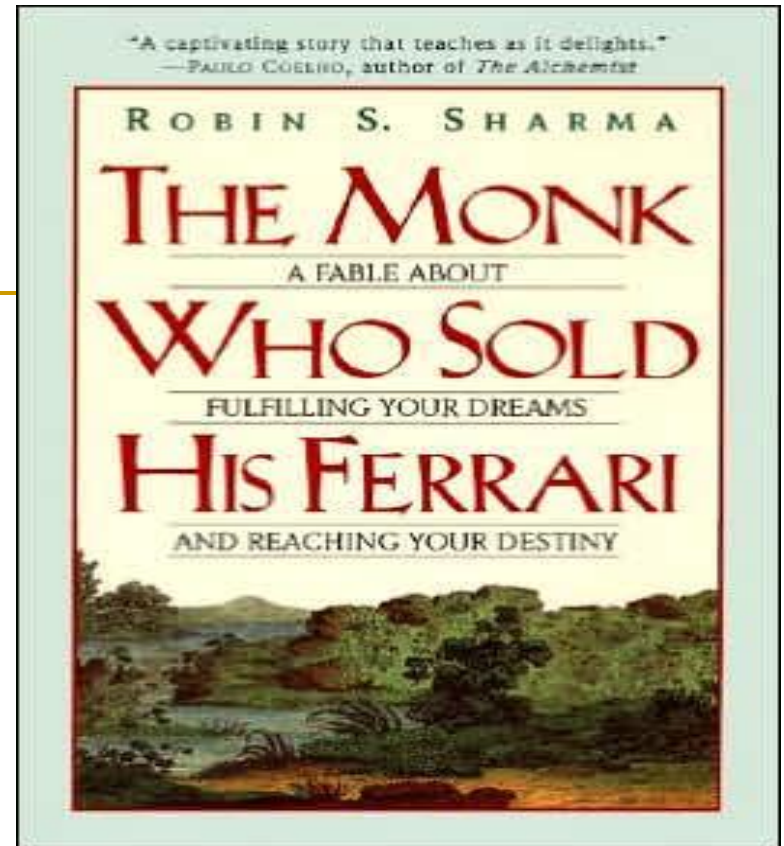


THE MONK WHO SOLD HIS FERRARI



Book review presented by

- Abhishek Choudhury
 - Debayan Chatterjee
 - Pankaj Kotak
 - Kartik Vora
 - Gagandeep Singh
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Introduction of the book

- *Author: - Robin S Sharma.*
 - *Publication: - Jaico Publishing House*
 - *(In arrangement with Harper Collins Publishers Ltd. Toronto, Canada.)*
 - *Distributed by:-India BookDistributors(Bombay) Ltd.*
 - *Print: 2005*
 - *Price: Rs.175*
 - *Pages: 198*
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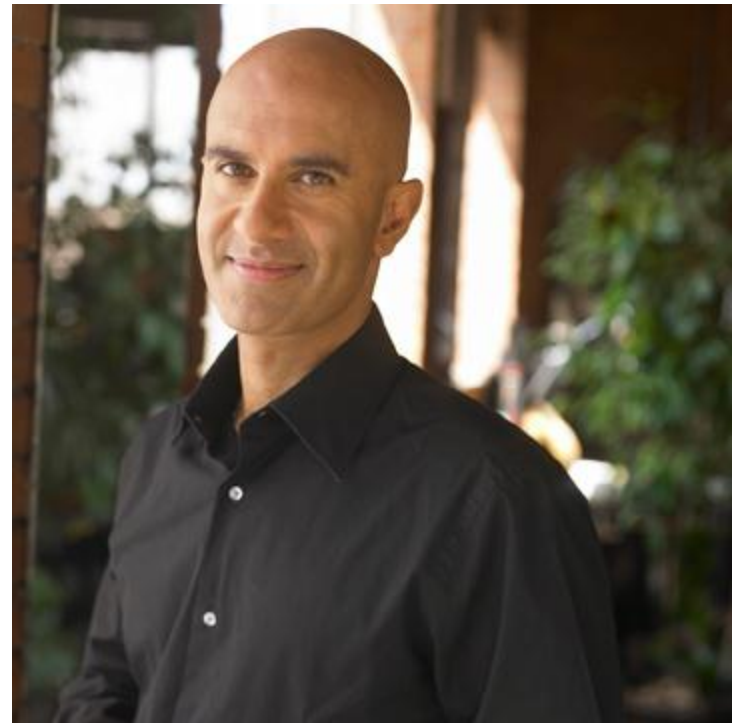
Introduction:

- The monk who sold his Ferrari is a fable that tries to give some unique lesson for living a healthy and fulfilling life. Today's world is running very fast and therefore most the people are not able to get time for their own betterment. We remain highly busy in achieving goals and money; however we forget to consider about health. At a time, when people have everything in world.
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The Author

Robin Sharma

CEO, Sharma Leadership International
Leadership coach
Consultant to Microsoft, NASA, IBM

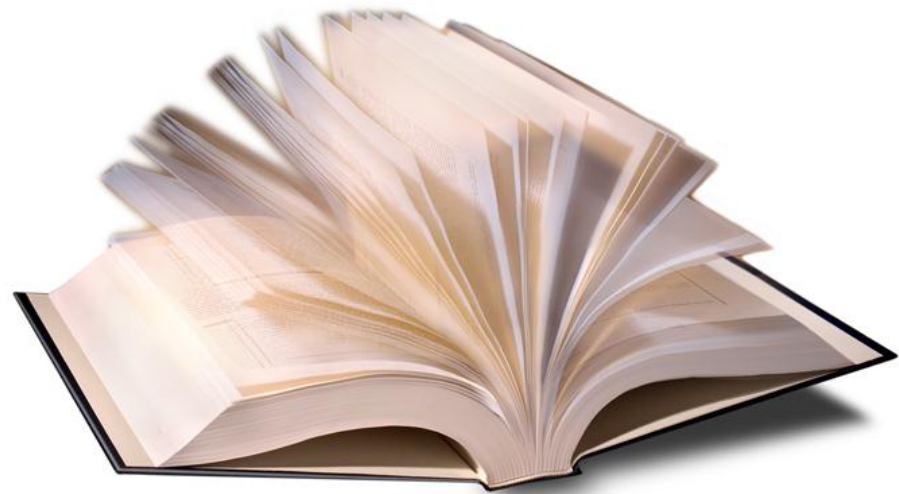


Robin Sharma is a world-renowned authority on organizational and personal leadership. Robin Sharma holds 2 law degrees including a Masters of Law and has had a distinguished career as a litigation lawyer. The widely acclaimed author of seven #1 international bestsellers including the million-copy blockbuster The Monk Who Sold His Ferrari, The Saint, The Surfer and The CEO, which was the #1 selling book in the world at amazon.com.

Robin Sharma is also the Chief Visionary Officer of Sharma Leadership International Inc., a widely respected coaching services firm whose mission is to grow leaders and help organizations become extraordinary. He is a well-known media personality who has appeared in TIME Magazine, The New York Times and other national publications. His bestseller “Who Will Cry When You Die?” was listed as one of the “10 Best Leadership Books” by The Globe and Mail and Leadership Wisdom from The Monk Who Sold His Ferrari written in 1999 has been used as a handbook for professional excellence success by numerous Fortune 500 CEOs.

Other Books by Robin Sharma

- The Monk who sold his Ferrari
- Daily Inspiration
- Who will cry when you die?
- Family wisdom
- Leadership wisdom
- Discover your Destiny
- Mega Living



Story:

“THE MONK WHO SOLD HIS FERRARI”

Is a story of a rich and a very rich successful lawyer who was one of the nation's best trial lawyer, and a man who was known far and wide not only for his abundant legal gifts but also for his high flying jet-set lifestyle. The man was Julian mantle.

He was a superstar in the truest sense in the word. He had everything, a human being could ever want, but later he threw it all away.

He gained weight and started smoking too much, he began taking too many chances and lost too many cases, and one day Julian collapsed in the middle of a packed courtroom, Apparently of a 'heart attack', and that was the turning point of his life.

after he got recovered, he resigned from the practice of law, sold his mansion, and even sold his prized Ferrari and departed for India.

High in Himalayas he discovered a group of monks, who shared with him a ancient profound philosophy for personal transformation and living. Julian experienced massive and wonderful changes in his own life physically and mentally.

Two years later he decided to come back to the west and help as many other people as he could to live their best lives and asses the fullness of their potential and also decide to help people to built difference between a rich and a meaningful life.

Critical Analysis:

- *Life is no brief candle for me. It is a sort of splendid torch which I have got hold for the moment, and I want it to burn as brightly as possible before handing it to the future generation. ----- **George Bernard Shaw***
 - This is the powerful message the book begins with. Seldom as human have had we realized the importance of this life. We conjure ourselves to the quotidian of life. Running as cats and dogs for material pleasure we forget the importance of life. We adhere so much to the worldly desires and its happenings that the small cherishing moments mean nothing to us, we hardly wait to pay heed to these. We forget that its not money that we live for, we live for being we, being together with our family and laughing at every small bit , enjoying thoroughly each and every moment.
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Continued

- We should always realize that we are humble, unimportant little people on this earth and try to help this world as much as we can in our short span of time here. I expect to pass through this place but once. Any good, therefore I can do, or any kindness that I can show to any of my fellow mates let me do it now. Let me not defer or neglect it for I shall not pass this way again.
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 - The Monk Who Sold His Ferrari is certainly a gem. This is a book of self-help but at a glance it does not look so. As we go along the pages trying to read between lines we feel that how we ourselves are responsible for self-annihilation. The book succeeds in its objective of making the readers aware of the true potent of this life. The book chiefly focuses on self-actualization. It also focuses on striking a work-life balance. **To quote:**
“Investing in yourself is the best investment you will ever make”. This was rightly stated
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Overview

- The monk who sold his Ferrari is a fable that tries to give some unique lesson for living a healthy and fulfilling life. Today's world is running very fast and therefore most the people are not able to get time for their own betterment. We remain highly busy in achieving goals and money; however we forget to consider about health. At a time, when people have everything in world, but unfortunately, they do not have health to enjoy all this. This book is written with this basic purpose in mind. This is beautifully dealt through the story of a lawyer who appears to have it all - the corner office, the life style, the cars, women....then he gives it all up and tours the East. While there he comes across this strange monk and monastery. He comes to live life in a much different way. Yet he is challenged by the monk who has trained him to go back home and share the message he has learnt, with the West. The main character returns to his old law firm and to his protagonist John. He tells him a parable; then the rest of the book explains the parable and how it relates to different aspects of our lives. It focuses on the benefits of good health. This book also gives emphases on ancient wisdom which is available to sages. It fold open to us many wisdom from ancient time
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Conclusion:

- The Monk Who Sold His Ferrari imaginatively reiterates the ancient truths of Sivanan philosophy in a very forceful manner. The Monk Who Sold His Ferrari effectively expresses ancient truths in a modern idiom. The corporate-variety or the workaholics would do well to read and give their life a better shape and meaning. Students and others can also look forward to build a daily-schedule and develop positive thinking in every aspect. Through the simple and yet effective techniques like *“the heart of rose”* and *“the secret of lake”* one could develop better control on ones mind and thus can control ones thought.
 - This inspiring tale provides a step-by-step approach to living with greater courage, balance, abundance, and joy. A wonderfully crafted fable, The Monk Who Sold His Ferrari tells the extraordinary story of Julian Mantle, a lawyer forced to confront the spiritual crisis of his out-of-balance life. On a life-changing odyssey to an ancient culture, he discovers powerful, wise, and practical lessons that teach us to:
 - • Develop Joyful Thoughts
 - • Follow Our Life's Mission and Calling
 - • Cultivate Self-Discipline and Act Courageously
 - • Value Time as Our Most Important Commodity
 - • Nourish Our Relationships and
 - • Live Fully, One Day at a Time.
 - A must read!
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Thank
You
