

## Suffolk Integroup Association

## Special Events presents

The Cancelled Sun. November 4th "AUTUMN WALK" is now rescheduled for SUN. DEC. 9<sup>th</sup>!

Explore the Highest Point on Long Island along the Walt Whitman Trail! It's a 3.8 mile loop at West Hills County Park in Melville!!

## > PLEASE TAKE NOTE, IT IS HILLY!

Special Events committee to provide Bottled water !!!

> Hike 10:00 AM (Try to be there at 9:30 so you won't be late!) w/ meeting to follow for all those interested.

Our Guide from the Greenbelt Trail Conference, Shari, Will once again Lead us on our Excursion!

PLEASE RSVP Paul H. at <a href="mailto:specevent@suffolkny-aa.org">specevent@suffolkny-aa.org</a>
Or you can Call
the SIA office at (631) 654 - 1150

## Directions:

- ❖ Long Island Expressway to Rt 110 North (exit 49)
- ❖ About a ½ mile down turn West (Left Turn) on Old Country Rd
- \* Then North (Right) on Sweet Hollow Rd.
- ❖ Go Under Northern State Pkwy.
- ❖ Picnic area will be up ahead on the Right side