#### Secretary Report (2022-23)

Rtn. Tej Singh

Rotary Club of Dharamshala is engaged in social services at various levels for the last several years. I would like to thank our DG Rtn. Dr. Dushyant Choudhary, our Club President Rtn. Ajay Sharma and all our esteemed Rotary Members for their support and guidance in making our projects a success. My sincere thanks to Inner Wheel Club and Rotaract Club members for their continuous support in our projects. Our Club organised several projects and social activities till date. I am delighted to present the report.

#### **Annapurna Day Celebration (01-Jul-2022)**

1st July is the beginning of Rotary Year. Our club celebrated this day by Overserving Annapurna Day (Food for the poor). On this day our club visited two different schools for the differentially abled children and distributed Raw food items for their mid-day meal. Rtn. PP Dr. N.N. Sharma and Rtn. PP Dr. Vijay Sharma and Non Rotarian Sh. R.L. Shama contributed financially to support this project.

First day of the year was celebrated by overserving Annapurna Day "Food for the poor" On this day our club distributed raw food items to two school for differentially abled children of Harmony Day Care Centre and Surya Uday Charitable trust. Club Rtn. PP Dr. NN Sharma and PP.Dr. Vijay Sharma and a non-Rotarian Friend Sh. RL Sharma contributed financially for this project.

## First Tree Plantation (05-Jul-2022)

July is the beginning of Monsoon season so this is the best time to plant trees. On 5th of July our Club planted 50 native species of plants including Hard Beda, Amla, Chinar, Devdar, Weeping Willow and Tikoma.

## **Club President Installation Function (16-Jul-2022)**

July is the first month of Rotary Year and we always do an official Installation Ceremony of our New Club President. We make him feel a proud leader of the club. District Governor Elect Advocate Rtn. Vipan Bhashin was the installation officer. Outgoing President Rtn. Sangram Guleria thanked all rotarian of the club for their contribution in previous rotary year and honored each and every rotarian of the club. He also assured his continued participation in club activities and his support to new President. Other present were Zonal Chair Rtn. Kaustub Goel and Assistant Governor Rtn.Dr. Adarsh.

#### Save a Girl Child (13-Jul-2021 to 04-Nov-2022)

This project was taken up by our club during the Covid time. Los Altos Rotary Club from California funded this project where reusable and washable sanitary napkins were sent from Nepal to India to Dharamshala to be distributed among village girls. Many village school girls miss their school due to their mensural periods because they do not have access to the sanitary napkins. With the help of this project we could help girls to attend their school even during their mensural period. Around 400 Sanitary Napkins were distributed to village girls and a education was provided by a gynaecologist to these girls on how to maintain proper hygiene and how to use this napkin.

#### Kargil Vijay Diwas (26-Jul-2022)

On the Occasion of Kargil Vijay Diwas today on 26th of July Rotarians of our club paid homage to the Myrtis of Kagil war. Rotarian visited State War Memorial at Dharamshala and participated in Kargil Vijay Diwas.

#### **Second Tree Plantation Camp (30-Jul-2022)**

Today on 30th July, 2022 Rotary Club of Dharamshala organised 2nd Tree Plantation camp at Senior Secondary School Dari. We planted 50 saplings of native plants in the school campus. Students of National Service Scheme of the school also participated in the plantation drive organised by us.

## **Teacher's Day Celebration (08-Sep-2022)**

Rotary Club of Dharamshala honoured 17 Teachers on 8th Sep by Nation Builder Award.

### Clean Up Operation(17-Sep-2022)

To Celebrate Birthday of our Prime Minister Sh. Narender Modi On 17th Sep,2022 our club participated in a clean-up operation with another NGO called Waste Warrior. 12 Rotarian of our club help the NGO in clean-up operation and spread message to save environment.

## Donation of Bed to Specially Abled Children (17-Sep-2022)

Rotary club Dharamshala donated a tilted bed to Surya Uday Charitable school for special children Yol. This bed will be a great help to the Muscular Dystrophy suffered children and other physically challenged children. The cost of this bed is Rs.40000/- (forty thousand) only. The total cost of this bed is bearded by Rtn. R.s. Bhadwar. Thanks to Rtn. R. S. Bhadwar for this noble cause. The club members also participated in inaugural function of nine sports centres for special children. Kshama Metre Padma Shri was the chief guest.

#### Chair Donation (24-Oct-2022)

PP Rtn. Sangram Guleria from our club donated an office chair to local Railway booking office in Dharamshala. The local railway booking clerk helps hundreds of people in making their train reservation easy and he did not have a proper chair to sit in the office while booking the tickets. So, a Rotarian from our club decided to help this office.

#### **Medical Camp in Bagli Village (29-Sep-2022)**

On 29th of Sep a Free Medical Camp was organised by our club in association with Apex Hospital Dharamshala in Bagli village of Dharamshala. 130 Patients we examined. Free consultation and free medicines were distributed to the patients.

#### **Handwash Day-1 (11-Oct-2022)**

On 11th October our Club celebrated Hand Wash Day at Primary School Mant, Dharamshala. Proper Handwashing demonstration was given by the Rotarians of the club. Liquid handwash and cakes of soap were donated to the school.

## Hand Wash-2 (11-Oct-2022)

On 11th October our Club visited Bharti Public School to give a demonstration of Hand Wash. There were around 200 Students who learned the proper way of Handwash.

## Diwali Celebration in Slum Area (22-Oct-2022)

On 22nd Oct our club celebrated Diwali by distributing sweets to the children living in Slum area

#### World Polio Day Awareness Campaign (24-Oct-2022)

On 24th October our club organised a seminar on Polio Awareness in association with local district Health Administration. Rtn. PP Virinder Parmar spoke on the contribution of Rotary in eradicating polio.

#### **Medical Camp at Bhitlu village (30-Oct-2022)**

On 30th October, 2022 our club organised a multi facility medical camp in remote village of Bhitlu to facilitate the people residing in these remote villages. An ophthalmologist, a gynaecologist, Doctor of Medicine from Apex Hospital Dharamshala examined 120 patients in all. Medicines were distributed the needy.

# Reusable sanitary napkin project in GSSS Khaniyara (Nov. 4, 2022)

Rotary club Dharamshala and Inner wheel club Dharamshala organised a medical camp in collaboration with Delek hospital in Gamru Village School

#### **Honoured Senior Rotarians (Nov. 28 2022)**

Rotary club Dharamshala honoured senior Rotarian who completed more than 15 years in Rotary

Rotarians attended district task force meeting regarding measles rubella elimination & routine immunisation, polio eradication programme. (Dec 13 2022).

#### Christmas Celebration (Dec. 24 2022)

Celebrated Christmas with physically challenged children in Surya Uday school Yol

## Seminar on Drug Abuse (Dec. 28 2022)

Club organised a seminar in drug abuse in ITI Dari. Dr. Abhinav Psychiatrist from zonal Hospital Dharamshala and Dr. Gurmeet Katoch DPO CMO office shared views with students on substance use and how to keep away from drugs. Rtn VS Parmar, Rtn Tej Singh, Rtn Hari Singh, Rtn Dawa Phunkyi, Rtn. RS Bhatia, Rtn. Dr R Awasthi, Rtn Sangram Guleria IPP and Sh Rajesh ji Principal ITI Dari graced the occasion.

## Lohri Celebration (10<sup>th</sup> Jan. 2023)

Club members celebrated Lohari with Labourers at Sarah

#### **Donation for Eye Surgery**

Club members donated Rs. 10,000/- to Mr. Manbik for eye surgery at PGI.

## Felicitation of Rtn. Rohit Oberoi (22<sup>nd</sup> Jan. 2023)

Rotary club Dharamshala facilitated Rtn. Rohit Oberoi

#### Pinning of CMO Kangra (11 March 2023)

Rotary club of Dharamshala pinned CMO Kangra and made him an honorary member of Rotary Club of Dharamshala

## Rotary Club Dharamshala celebrated International Women's Day on 15/03/2023

Rotary Club Dharamshala celebrated International Women's Day on 15/03/2023 in DC office Dharamshala. Worthy Deputy Commissioner Kangra Dr Nipun Jindal was the Chief guest. Rotary club recognised the services of women leaders who rendered their valuable services to the community on 15.03 .2023.

## **International Day of Happiness (20 March 2023)**

International Day of Happiness was observed at Hotel Kunal Dharamshala. Rotary members shared views and experiences of happy moments in their life. Stand-up comedy and other entertainment means were presented by Rotary members to keep life happy and blissful.

# Rotary Dharamshala organised 6 days Naturopathy and Yoga camp (21/03/203)

Rotary Dharamshala organised 6 days Naturopathy and Yoga camp from 21/03/2023 to 26/03/2023 in Jodhamal Sarai Depot Bazar D/sala. Dr Gautam Pathania from Shahpur treated patients and took Yoga class. Miss Avantika Thakur known as Yoga Doll of Himachal also demonstrated Yoga Asanas in the camp. Please do join the camp and be physically fit.

## Official Visit of District Governor to RC Dharamshala on 12/04/2023

District Governor Dr. Dushyant visit Rotary Club of Dharamshala on 12<sup>th</sup> April 2023.

#### Gosadan at Sarah

Club organised a project at Sarah village Gosadan on 19/04/2023. Cows were feed with Green grass, cattle Feed and Jaggery (Gur).

#### **Career Counselling Signature Project**

To observe Career Counselling signature project, Rotary Club Dharamshala organised a program in Awasthi Education College, Bhatehar (Dari) on Friday morning i.e. on 28/04/2023 at 11 AM in which our District Chair Literacy Rtn. Dr NN Sharma delivered a lecture on Effective Teaching Skills, Change and Challenges to B Ed. students.

## Celebration of Labour Day - Food Item Distribution to the residents of Slum Area

Rotary Club members distributed food items to the residents of the slum area near D Polo Hotel on 1<sup>st</sup> May 2023 Labour Day.

# Rotary Dharamshala celebrated Scholarship Day on 8<sup>th</sup> May at Govt. Senior Secondary School Dari

Rotary Club of Dharamshala celebrated Scholarship day & distributed FD to three girl students of Senior Secondary School Dari.

## Medical camp at High School Kareri on 14-05-2023

Rotary club organised Medical Camp at High School Campus at Kareri Village. The team of Gynaecologist and ENT doctors diagnoses the patients.

## Felicitation of Rotarian Sandro Adario from Italy 2<sup>nd</sup> June 23

Rotary Club of Dharamshala felicitated Rotarian Sandro Adario from Italy who had visited YOL cantonment to see the Testimony of POW. His father was

Prisoner of War at YOL in the year 1943. He was facilitated with Himachali Cap and Mufflar. Club Flags were also exchanged during his visit.

# Rotary Dharamshala celebrated World Environment Day on 5<sup>th</sup> June 2023

Members of Rotary club of Dharamshala celebrated World Environment Day and participated in function organised by different organisations in Gandhi Vatica.

#### Distribution of Clothes to the residents of Barot

Rotary Club members distributed the clothes to the residents of Barot Village on 11<sup>th</sup> June 2023.

#### Medical Camp at Lohardi Barot

A free multi-speciality medical camp at Lohardi (Barot) a very remote area in which about 230 patients were examined and were given medicines free of cost. About 48 near vision specs were also given to needy patients.

During the camp medicines worth Rs. 6000/- were donated to Medical Officer I/C of Ayurvedic Dispensary Lohardi for free distribution to poor patients.

#### Student Award Function at Govt. Sr. Sec. School Dari

During the award function at Govt. Sr. Sec. School Dari 70 students were given school shoes, stationary items were distributed to 100 students. 21 students from class 6<sup>th</sup> to 12<sup>th</sup> were given mementoes for their outstanding performance in studies.

## **International Yoga Day on 21st June 2023**

On the eve of International Yoga Day a Camp was organised at Govt. Sr. Sec. School Serathana. Yoga teacher Mrs. Kamlesh Sharma, Retd. School Principal taught yoga to the students.

## Eye Camp at Sr. Sec. School Serathana

Eye camp was organised by club at Sr. Sec. School Serathana on 21<sup>st</sup> June 2023. Dr. Aditi Prashar Eye Specialist examined the eyes of the students. Club members distributed free specs and medicines to the needy students.

#### **Distribution of School Shoes and Dustbins**

22 pairs of School Shoes and 20 Dustbins were given to students through the Principal Sr. Sec. School Tang by the Rotary Club Dharamshala.

#### **Club Assembly**

The Club Assembly of the Rotary Club of Dharamshala was conducted on 24<sup>th</sup> June 2023 at Hotel The Kunal Dharamshala.

### **Breast Cancer Detection Camp**

The Club of Dharamshala organised breast cancer detection camp along with RC Dharamshala City at Police Ground on 30<sup>th</sup> June. 60 Mammography were done during the camp.

#### **Distribution of Cloths**

Rotary Club of Dharamshala handed over the clothes collected by the club members for distribution to the needy persons to Waste Warriors on 30<sup>th</sup> June 2023.