



Connect with a

COMMUNITY OF ADPKD PEERS

Patients were compensated for their time. Patient images reflect their health status at the time the photos and videos were taken.

ADPKD=autosomal dominant polycystic kidney disease.

Whether you are just starting treatment or already taking JYNARQUE,
the **ADPKD Peer Mentor Program** is here to support you every step of the way.

INDICATION:

JYNARQUE is a prescription medicine used to slow kidney function decline in adults who are at risk for rapidly progressing autosomal dominant polycystic kidney disease (ADPKD). It is not known if JYNARQUE is safe and effective in children.

SELECT IMPORTANT SAFETY INFORMATION:

Serious liver problems. JYNARQUE can cause serious liver problems that can lead to the need for a liver transplant or can lead to death. Stop taking JYNARQUE and call your healthcare provider right away if you get any of the following symptoms: feeling tired, loss of appetite, nausea, right upper stomach (abdomen) pain or tenderness, vomiting, fever, rash, itching, yellowing of the skin and white part of the eye (jaundice), dark urine.

Please read **FULL PRESCRIBING INFORMATION**, including **BOXED WARNING** and **MEDICATION GUIDE**.

Please read **IMPORTANT SAFETY INFORMATION** on pages 5-6.

ONE-ON-ONE CONVERSATIONS

with ADPKD patients

The **ADPKD Patient Peer Mentor Program** is an easy way to talk with someone else living with ADPKD who knows what you are going through. Connect with a Peer Mentor over a phone or video call to get answers to your ADPKD questions and get the support you've been looking for.

Topics discussed may include:

Navigating family conversations
Traveling while taking JYNARQUE
Finding resources for support
Becoming a patient advocate



**“ Assembling your support team
is key to managing ADPKD.**

Zack

Real ADPKD Patient

[Read Zack's Story ▶](#)

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Click the QR code to connect
with an ADPKD Peer Mentor



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REAL STORIES

from real patients

Hear real patients share their experiences living with ADPKD and taking JYNARQUE. Discover a library of videos and stories across a variety of topics.

Topics discussed may include:

Understanding ADPKD and progression
Family history and conversations
Starting treatment and life on JYNARQUE
Community and support



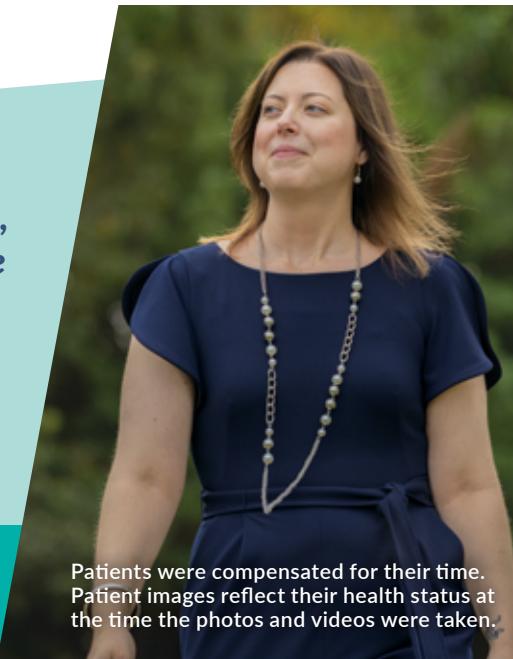
It is so important to meet other people with ADPKD, especially if you don't know anyone, because no one else quite understands what you're going through.

Deidre

Real ADPKD Patient



Click the QR code to explore patient stories



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RESOURCES

for every step of your journey

Throughout your treatment, you'll find helpful tools and information you need to understand treatment with JYNARQUE.



It is very interesting to hear what people with rapidly progressing ADPKD have to say.

Fernando

Real ADPKD Patient



Click the QR code for frequently asked questions



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INDICATION and IMPORTANT SAFETY INFORMATION for JYNARQUE® (tolvaptan)

INDICATION:

What is JYNARQUE?

JYNARQUE is a prescription medicine used to slow kidney function decline in adults who are at risk for rapidly progressing autosomal dominant polycystic kidney disease (ADPKD). It is not known if JYNARQUE is safe and effective in children.

IMPORTANT SAFETY INFORMATION:

- Serious liver problems.** JYNARQUE can cause serious liver problems that can lead to the need for a liver transplant or can lead to death. Stop taking JYNARQUE and call your healthcare provider right away if you get any of the following symptoms:

- | | |
|---|---|
| - feeling tired | - rash |
| - loss of appetite | - itching |
| - nausea | - yellowing of the skin |
| - right upper stomach
(abdomen) pain or tenderness | and white part of the
eye (jaundice) |
| - vomiting | - dark urine |
| - fever | |

It is important that you have a blood test before you start JYNARQUE to help reduce your risk of liver problems. Your healthcare provider will do a blood test to check your liver:

- before you start taking JYNARQUE**
- at 2 weeks and 4 weeks after you start treatment with JYNARQUE**
- then monthly for 18 months during treatment with JYNARQUE**
- and every 3 months from then on**

Because of the risk of serious liver problems, JYNARQUE is only available through a restricted distribution program called the Tolvaptan for ADPKD Shared System Risk Evaluation and Mitigation Strategy (REMS).

Do not take JYNARQUE if you:

- have a history of liver problems or have signs or symptoms of liver problems, excluding polycystic liver disease
- cannot feel if you are thirsty or cannot replace fluids by drinking
- have been told that the amount of sodium (salt) in your blood is too high or too low
- are dehydrated
- are allergic to tolvaptan or any of the ingredients in JYNARQUE
- are unable to urinate

Tell your healthcare provider about all your medical conditions, including if you:

- have a history of sodium (salt) levels that are too low
- are pregnant or plan to become pregnant. It is not known if tolvaptan will harm your unborn baby. Tell your healthcare provider if you become pregnant or think that you may be pregnant
- are breastfeeding or plan to breastfeed. It is not known if tolvaptan passes into your breast milk. Do not breastfeed during your treatment with JYNARQUE. Talk to your healthcare provider about the best way to feed your baby during this time

IMPORTANT SAFETY INFORMATION for JYNARQUE® (tolvaptan) continued

Tell your healthcare provider about all the medicines you take, including prescription medicines, over-the-counter medicines, vitamins, and herbal supplements.

- Taking JYNARQUE with certain medicines could cause you to have too much tolvaptan in your blood. JYNARQUE should not be taken with certain medications. Your healthcare provider can tell you if it is safe to take JYNARQUE with other medicines
- Do not start taking a new medicine without talking to your healthcare provider

JYNARQUE may cause serious side effects, including:

• Too much sodium in your blood (hypernatremia) and loss of too much body fluid (dehydration). In some cases, dehydration can lead to extreme loss of body fluid called hypovolemia. You should drink water when you are thirsty and throughout the day and night. Stop taking JYNARQUE and call your healthcare provider if you cannot drink enough water for any reason, such as not having access to water, or vomiting or diarrhea. Tell your healthcare provider if you get any of the following symptoms:

- dizziness
- fainting
- weight loss
- a change in the way your heart beats
- feeling confused or weak

What should you avoid while taking JYNARQUE?

Do not drink grapefruit juice during treatment with JYNARQUE. This could cause you to have too much tolvaptan in your blood.

The **most common side effects** of JYNARQUE are:

- thirst and increased fluid intake
- making large amounts of urine, urinating often, and urinating at night

These are not all the possible side effects of JYNARQUE. Talk to your healthcare provider about any side effect that bothers you or that does not go away. For more information, ask your healthcare provider or pharmacist.

If you have any questions about your health or medicines, talk to your healthcare professional.

To report SUSPECTED ADVERSE REACTIONS, contact Otsuka America Pharmaceutical, Inc. at 1-800-438-9927 or FDA at 1-800-FDA-1088 (www.fda.gov/medwatch).

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