WEATHER

Today: Showers Likely 68/76^o

Wednesday: Partly Cloudy 64/82^o SOUTHERN ILLINOIS UNIVERSITY EDWARDSVILLE

Aleste SPORTS Aleste 1 Aleste 1 ALTON, EAST ST. LOUIS & EDWARDSVILLE



Dead Heat
Sammy Sosa makes it a race
for the record with Mark
McGwire. For story,
see page 7.

TUESDAY, SEPTEMBER 15, 1998

SOUTHERN ILLINOIS UNIVERSITY EDWARDSVILLE

Vol. 51, No. 6 ♦

Mixed views offered on crime report

BY ELAINE GRUNER, CHRIS BANOCY and ANTOINETTE BERNICH

FOR THE ALESTLE

Editor's Note: SIUE police recently issued the annual report on crime. Reported crimes such as burglary, theft and assault totaled 203 in 1997. That compares to 193 in 1996 and 335 in 1995. The largest single category of crime in all years is theft, followed by vehicular break-ins. There were 64 arrests on campus last year compared to 95 in 1996.

The information that follows was collected by mass communications students who interviewed classmates and friends on campus.

Students who live on the campus are concerned with their safety even though the latest report shows that crime is declining.

Parking and long walks to cars at night are major concerns among students interviewed.

Jennifer Ball, a 21-year-old nursing major from Addison, worries about getting around at night. "I have to park my car really far away from my night classes, and I feel very uncomfortable walking through the parking lot alone. No one is around, so it would be really easy to get mugged or hurt because no one is there to help," she said.

Another student who shared Ball's concern is Ryan Boosinger, a 20-year-old theater performance major from Springfield.

"You have to park too far away from your classes at night. They should allow night parking behind Founders' and Alumni Hall," he said.

Angie Carreras, 18, of Park Forest, lives on campus in the new residence facility, Prairie Hall.

"I have no real concerns, but I am a little afraid to walk by myself at night, " she said.

see CRIME, page 2



Bob Fehringer/Alestle

The Metro-East Chapter of Mothers Against Drunk Driving present SIUE Police Chief Richard Harrison with an Alco-Sensor IV pocket-sized breath-alcohol tester Monday. The \$700 piece of equipment is a first for the SIUE police force. "It will give us quite a bit of diversity in the field that we haven't had before," Harrison said, adding that the tester is one more tool in the police arsenal in the fight against drunken driving. From left to right are: MADD member Daniel Morton; Kathie Morton, victim advocate; MADD Executive Director Brad Fralick; and Harrison.

A little history lesson on the SIUE mascot

BY LISA GULICK NEWS STRINGER

The well-known cougar mascot of Southern Illinois University Edwardsville has a lively, but little-known past.

On July 31, 1967, SIUE held an official election to decide what the mascot would be. Originally, there were five nominations: the Pioneer, Eagle, Ranger, Titan and Cougar. Through a democracy of student votes, the choices were reduced to either Titan or Cougar.

To select a final mascot, a second election resulted in 1,446 votes for Titan and 5,285 votes for Cougar. The Cougar became the official mascot in October 1967.

The cougar got its nomination as mascot because, during the early construction of SIUE, a construction worker claimed to have seen a cougar on the campus.

The cougar did once inhabit the state of Illinois, but no valid sightings have been reported in the recent past. The cougar does possess many honorable qualities, which constitutes its worthiness as an SIUE mascot.

"Among the cougar's most promising characteristics are

grace, movement, strength, stamina and endurance ... The cougar is compelled by nature to live within the exercises of the talents with which he is endowed. Being a wild animal, the cougar, oddly enough, seeks the society of man," according to a 1967 Alestle article.

SIUE once housed two live cougar mascots. From 1968 to 1985, the female cougar, Chimaga, was the official mascot.

Chimaga belonged to a man in Houston who was killed in a plane crash. The University of Houston became aware of SIUE's desire to obtain a live mascot and informed the mother of the deceased man. The mother volunteered the cub to the university

university.
Initially, the cub's name was Danielle, but S1UE officials thought the name did not adequately characterize the school. A contest was held to find a more suitable name for the new mascot. Mary Ann Kucinick, a 1970 graduate, won the contest with the suggestion of utilizing the American Indian word for cougar, Chimaga.

Chimaga was caged in the rear of the University Center at SIUE and benevolently cared for by an organized group of students.

On one particular occasion, Chimaga was brought to an SIUE soccer game to encourage team

Chimaga's reign at SIUE was a long and cherished one. She remained the mascot here for 17 years, until March 18, 1985, when she died of old age.

In commemoration of her importance to SIUE, Chimaga was buried behind Alumni Hall, beside a small tree near the pond. At the base of the tree is a tombstone.

Chimaga was not the only live mascot at SIUE. In July of 1982 yet another cougar, Kyna, became an official mascot of SIUE. Kyna, however, was considerably more feisty and dangerous than Chimaga. The insurance liability had greatly escalated and her cage needed repair, but no money had been volunteered. After only five years at SIUE, Kyna was sent away to a Wildlife Preserve in Southern Illinois near Metropolis.

SIUE may no longer possess a live mascot, but it does own four stuffed cougars. Collector Milton Harrington donated them to SIUE along with thousands of other various items, but the stuffed cougars are locked away in a storage room.

Library has more stuff in less area

BY RICHARD BINNINGTON NEWS STRINGER

Lovejoy Library recently added 7,000 periodicals to its collection without adding a single shelf.

New databases and two new interfaces to the ILLINET system are just some of the new things added to the library.

ILLINET is the online catalog system that allows users to search for books in the 45 member libraries of the Illinois Library Computer Systems Organization.

ILSCO will let users request books from other libraries without filling out paperwork and check on the status of their requests. The system will even let users know if they have any overdue books or fines. Lovejoy Library officials said the index is expected to soon add periodicals and government publications.

There are two new interfaces to the ILLINET. The first way of seeing the data is through a telnet session. This has been revamped and menus have been added. The second interface is from the World Wide Wcb. The WWW interface isn't fully functional yet, but as services are expanded it will become the primary access method, Lovejoy Library officials said.

There are several ways to access the new system. It is available at workstations at the library. Access can also be gained through the Web at any of the computers on campus. The Web address is http://www.library.siue.edu/ioannounce.html. Users may also start a telnet session at http://www.pac.ilcso.uiuc.edu.

In addition to the catalog, the SIUE library offers a wide variety of electronic resources. Rather than storing periodicals and journals on paper or microfiche, many are storing them in databases. Some databases have just an abstract of the article; others have the full text

see LIBRARY, page 2



Join the latest Click...
http://www.siue.edu/ALESTLE/Alestle.html

CRIME

This was a common theme among many SIUE students. Stephanie Arbogast, a sophomore civil engineering major from Granite City commutes to classes. She agreed with Carreras, also saying that she feels safe on campus, but at nighttime she doesn't like to walk by herself.

"The crime is lower than I expected, but then again, I guess, it is pretty tame around here," she said after reading the crime report.

Parking at Cougar Village is another problem for students.

Robin Judy, a 19-year-old from Danville lives in Cougar Village.

"In Cougar Village at night, when I'm walking from my car, it's awful. The parking lots aren't big enough, and I can't park near my apartment," Judy said.

my apartment," Judy said.

"Cougar Village could be a lot safer. The sliding glass door in my apartment doesn't lock, and we don't have the stop blocks to put behind the doors like we're supposed to," Stephanie Walker said. "The parking at Cougar Village is bad. There are not enough spots for everyone, so you have to park far away from your building. This makes it easier for someone to break into your car," she said.

Megan Lindsey, 18, and Kari

Bouse, 20, both from Collinsville, have a major concern.

While some students are concerned, others feel safe. Janine Kleeman, 18, from Staunton said she has no safety concerns whatsoever.

Shaun Heidke, an 18-yearold theater major from Worden had the same response." I have no safety concerns on campus," he said

Theft, although it has declined in recent years, is also of great concern for some students,

Craig Evans, a 17-year-old freshman from Decatur said he is not concerned about crime. Evans summed up the safety situation at SIUE:

"Most students agree that this is a pretty safe campus. Just make sure you have a friend along with you when walking at night and protect your personal belongings and you'll be all right. It's better to be safe than sorry."

Campus safety is not only a concern for students, but for faculty.

Kathy Haberer is a reading and study skills instructor from Highland. When asked if she was concerned about her safety on campus, Haberer replied, "No. But I do lock my office door even if I step out for a second." The office that is now hers was burglarized a few years ago, she said.

LIBRARY — from page 1

Many of the databases are general in nature, including periodicals and journals from different areas, but there are many databases that are specialized. There are 54 databases currently available, 10 of which are new.

"The databases available on our system are sources that are authoritative and would otherwise not be available to the casual web surfer," director of User Services Charlotte Johnson said. Many of the sources available require subscriptions for which the library pays thousands of dollars.

Many of these databases change and may look different the next time users log in, so the library is preparing on-line tutorials which will change as the databases change.

"Electronic resources are changing daily. We offer classes to keep you up to date," Johnson said. Check the library for an updated schedule of classes.

Scholarship set up to honor former SIUE Housing official

Former SIUE Assistant Housing Director James R. Anderson died of cancer Sept. 5, 1998, at his home in Oxford, Miss. He was 40 years old.

Anderson, who is survived by his wife, Karen, and three children, was the director of Anderson Houstudent Housing at the in his memory.

University of Mississippi. Anderson, a native of Wheaton, Ill., worked at SIUE from 1990 to 1997 before accepting the job at Ole Miss.

SIUE Foundation officials have established the James R. Anderson Housing Scholarship in his memory.



Country of the lowest



Danielle Belton

I tried to avoid it, I really did. But it's worse than the O.J. trial. It seems to be everywhere, and I guess I can no longer ingore the issue.

I couldn't avoid the Starr Report if I tried. It hit the Midwest like the Holy Ghost. News outlets jumped on the chance to report on the hotest new soap opera of the season. All this, and we've never even heard Monica utter a word on the subject.

Personally, I'm one of the 60 percent who would like to see the whole matter dropped, but I know that's not going to happen. It's funny and all to laugh at the supermarket tabloid headlines, but sometimes it's been hard to tell the difference between them and the Post-Dispatch. One tabloid's headline read, "Tell Bill I'm sorry" and "I've ruined the man I love," with a picture of a sullen Monica Lewinsky. Another told of Monica's secret abortion heartbreak. Far-fetched as these stories may seem, the national news doesn't do much better. I really didn't need to know about that stained dress, and I really, really didn't want to know what they did with that cigar that both CBS and NBC told me about.

I'm really tired of it and unlike some who blame one side and not the other, I blame them all. I blame Bill Clinton for listening to the wrong part of his anatomy, I blame Monica Lewinsky for chasing a married man, I blame the Republicans for being so zealous about the whole thing, I blame the Democrats for being so pensive and I blame Kenneth Starr for writing out 400 pages of it. This is the stupidest waste of time and space I've ever witnessed. There are children dying in the streets and people in this country who still live in houses without plumbing and

everyone is all up in arms about this tawdy piece of supermarket romance trash.

I'm not in love with Bill Clinton, but I did vote for the man. He is walking, talking proof that anyone in this country could be president if they put their mind to it. He was born poor, his mother's been married five times and his father was a drunk. It's a miracle he didn't just end up another panelist on the Jerry Springer Show. One twist of fate and you can go from being to lowest common denominator of American society to leader of the free world. Some would argue that Bill Clinton is now both, but after reading his life history, wasn't he always?

The saddest part is that many conservative writers and commentators appear to be so happy about this. It's like one big "I told you so" party. As if watching someone ruin their life is something to relish in. Sure, many people feign pity and interest for the first lady and her family, but they liked her and Chelsea about as much as they liked the president. Hillary was often painted as a "femi-nazi" and I remember a lot of comparisons with Chelsea and Buddy, the White House dog.

Maybe I would get upset if polititians didn't already have a reputation for lying, covering up things and chasing women. I'm not condoning it; I'd like it if we had some politicians that tell the truth, but they'd never get elected. People hate being told the truth when it's bad. How many people would vote for a man who got up and said, "Well, if you elect me it will be hard to get bills passed because I have too many enemies throughout the opposition, but with some careful lobbying I might be able to raise some funds for my party so I can run again to encounter the same gridlock next time Congress is in session." We're a

country of mixed motives and morals.

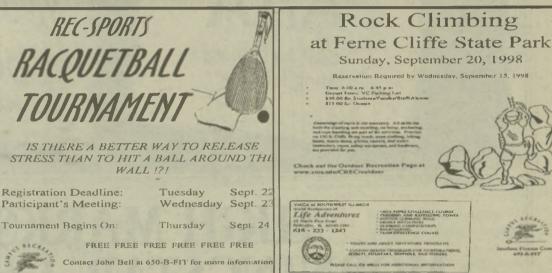
How does a man forget that he has enemies waiting on his impending doom and that he has a wife and daughter long enough to engage in the sluttiest affair I've ever read? Many people can claim this same affliction, a lot of you go to this school, maybe you can clear up my confusion.

Nevertheless, despite the fact that Clinton and many men I know are like this that does not make them less competent to do their jobs. Just because your surgeon has an adulterous affair, doesn't make him a bad surgeon, just a bad husband. There are people who say, "He's the president, and we should expect better behavior out of the president." This may be true, but normally the people who say this utter, "The president isn't above the law. He's like every other American citizen and should be treated the same," in the same breath. Is the president supposed

to be better than us or a reflection of us? I wish the pundits on CNBC would make up their

Either way, I'm done and I'm not writing about this again unless I'm forced to by the powers of idiocy that seem to be overflowing in Washington. Let's all pray for swift and sudden justice, although we'll probably get a lot more of what we've been getting.

> **Danielle Belton Editor In Chief**





Registration Deadline:

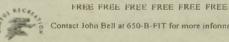
Wednesday Sept. 23

Participant's Meeting:

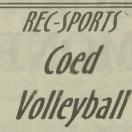
Thursday Sept. 24

Tournament Begins On:

Sept. 25



Contact John Bell at 650-B-FIT for more information





Games will be played on Monday & Tuesday evenings.

Registration Deadline

Wednesday, Sept. 9th

Manager's Meeting: Thursday, Sept. 10th (4:30pm / VC Room 2001) Official's Meeting: Friday, Sept. 11th (3:00pm / SFC Conf. Room)



Games begin Monday, Sept. 14th

Contact John Bell at 650-B-FIT for more information.

SIUE Wellness Program · Campus Recreation, Student Affairs · 650-B-FIT

Look us up on the NET at http://www.siue.edu/CREC • Campus Recreation, Student Affairs

Letters to the editor policy:

The editors, staff and publishers of the Alestle believe in the free exchange of ideas, concerns and opinions and will publish as many letters to the editor as possible. All letters should be typed and double-spaced and be no longer than 500 words. Please include your phone number, signature and social security number.

We reserve the right to edit letters for grammar and ntent. However, great care will be taken to ensure that the message of the letter is not lost or altered.

Letters to the editor will not be printed anonymously except under extreme circumstances.

The Alestle is a member of the Illinois College Press Association.

The name Alestle is an acronym derived from the names of the three campus locations of SIUE: Alton, East St. Louis and Edwardsville.

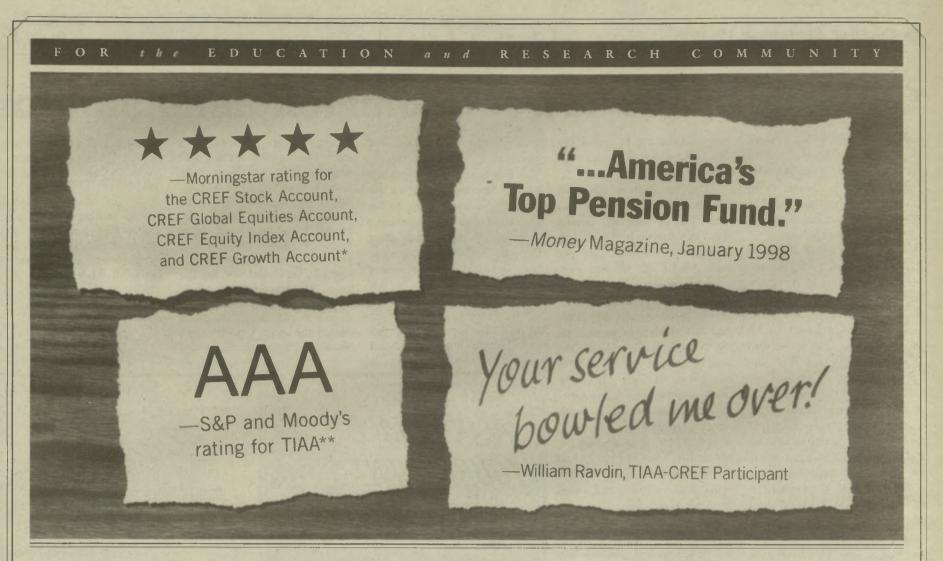
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|-----------------------------|--|---|---------------------------------------|--|---|--|
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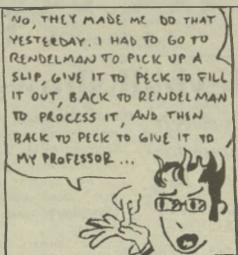
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Lay It On Me

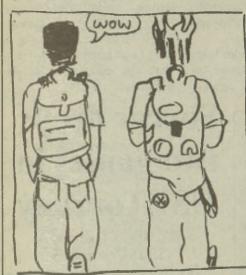
By Jim Shipley

















Extreme's "Low Dough Show": You only get what you pay for

BY SASHA **MASTROIANNI** LIFESTYLE STRINGER

Just a few short months ago, Extreme radio came to St. Louis. The station booted "Alice" out of her short-lived position on the dial (104.1 FM) and played everything from Black Sabbath to early Metallica; many songs never before heard on mainstream radio. Fans applauded the station's willingness to play heavier music that wouldn't receive much air time otherwise.

A recent promotion implemented by the station is the "Low Dough Show" — a \$1.04 music concert featuring local and national bands. "Low Dough Show Numero Uno" was a small flop for the station that had caused such a stir.

A small crowd showed: the under-21 section and the floor were practically empty compared to other shows at Mississippi Nights. Still, the bar areas were fairly full, giving the impression that an older audience was attracted to the station's events.

The main band of the evening was Drain STH, four hard-rocking females from Stockholm, Sweden. Extreme "talent" Woody introduced the band and alerted us to the fact that, although the band was female, this wasn't the Lilith Fair. Extreme has played their

catchy single, "Crack the Liar's Smile," on heavy rotation for weeks. Their set on the second stage at 1997's Ozzfest tour in St. Louis was exciting and received good audience attention for an unknown band. But their performance at the "Low Dough Show" was different.

The music was good, but their tempo was strange throughout the set. Nearly every song was performed at a very fast pace. A few were dragged out, such as the radio hit "Crack the Liar's Smile."

St. Louis band Full On Venus performed a dull set. Not only was their sound board not run well (bass drum and guitar could not be heard throughout half the show), but the music was boring. They seemed as though they were trying to be something they weren't, although it was hard to tell what. Three members took turns singing during what seemed to be a never-ending set.

Performing before Full On Venus was Southern Illinois' Eli Stone. Lots of screaming and jumping (by the band) paired with heavy guitar riffs and loud music bred a relatively small mosh pit during their first song.

Hopefully, future "Low Dough Shows" will be better.

"Low Dough Show Number Two" will be held Sunday at Mississippi Nights. Local bands Purge and Mesh will open for the Mayfield Four.

This WWWeek on the Web

BY JULIE ALBL

The Kenneth Starr report. http://report.yahoo.com/ext/ report/toc.html

Hilary's take. http://www.itn.co. uk/World/world0127/012702.htm Monica's Tale. http://www. coffeeshoptimes.com/monica.

Impeachment? http://broadcast. webpoint.com/bv/lewinski/

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Panel discussion on going to Law School at 7:30 P.M. to 8:15 P.M.

Food and refreshments will be served

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BER 15, 1998 •



News from the foul line

By Todd Spann

IAC & SAMMY

I was sitting in class Monday and once again the topic of Sammy Sosa and Mark McGwire came up in a class discussion.

Of course this was after the debate of whether or not the commander in chief should call it quits but that is a commentary for the editorial page.

The comment was made that Sammy should at least get the press attention that McGwire received when he hit 62 last week.

The point that was made is valid but has Sammy actually broken a record?

McGwire broke the record when it was 61 and Sammy on Sunday afternoon tied it when it is

But if Sammy happens to win the home run crown then he deserves a Maclike celebration.

Tout of 19

The streak is finally over for Illinois football as they beat up on Division II-A Middle Tennessee State University 48-20 for their first win in 19 tries.

Freshman halfback Rocky Harvey rushed for 215 yards and scored three touchdowns.

Junior Steve Havard rushed for 175 yards.

Quarterback Mark Hoekstra threw four interceptions.

Did Illini quarterback coach come from the St. Louis Rams?

The Rams and the Bears both had chances to win in the closing moments of their games.

Tony Banks came within inches of tying the game when he rushed for the goal line and the Bears had a pass intercepted with less than a minute to play.

Both are 0-2 and can't wait to play each other.

Volleyball shows no mercy

Cougars sweep three games to improve to 10-1

> **BY TODD SPANN SPORTS EDITOR**

During the pre-season the Cougar volleyball team was hoping to jump to the next level and win a conference title.

After the convincing threegame sweep in Michigan, which began with a victory

over Northwood University, ranked ninth nationally, the Cougars look like they are one step closer to their goal.

"We played extremely well," head coach Sandy Montgomery said Monday morning.

The Cougars started the early season going 10-1 overall, 8-1 in the region and 1-0 in conference.

But Montgomery thinks this is where the team should be.

"I always come into the season with high expectations.

We work hard and we don't let up," Montgomery said.

The weekend started in Midland, Mich., against Northwood where the Cougars won in straight sets 15-5, 15-5,

Staying in Midland, the Cougars fought Lake Superior State University and came back from two sets down to win 5-15, 6-15, 15-10, 15-9 and

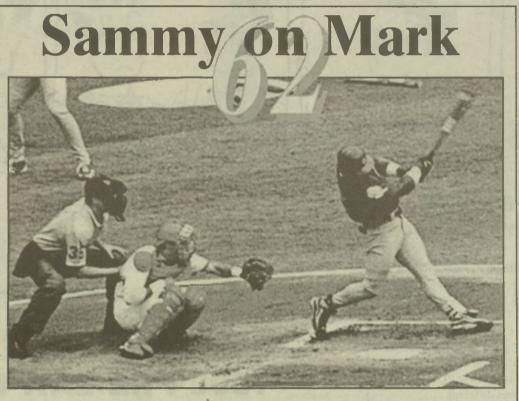
Then on Saturday the team packed up and played in Mich., Saginaw,

University.

In another five-set match, the Cougars were victorious 15-17, 6-15, 15-10, 15-9, 15-10.

Up next will be a trip to Kenosha, Wis., to battle inconference rival University of Wisconsin-Parkside.

"Our conference is very strong," Montgomery said. "We just can't let up. We have a tough schedule and so far we have been fortunate enough to start the season winning like we have."



Bob Fehringer/Alestle On Sunday, Sammy Sosa tied Mark McGwire for the most homeruns in a season at 62. Sosa is shown last week while in St. Louis.

Latest fad in physical fitness offers people a chance to strut their stuff

BY BARBARA DUMOULIN FOR THE ALESTLE

If fat burning, body sculpting and fitness are on your list of priorities, grab your walking shoes, rev up your engine and come learn about racewalking.

Racewalking is a walking style that will be taught at a seminar called "Walk Your Way to Fitness" from 9 a.m. until noon Saturday at the outdoor track at SIUE. Walk Masters and Co., a firm that trains people in proper walking techniques, is sponsoring the seminar.

Laurie Plocher, a certified walking coach and partner in Walk Masters Co., said there are many cardiovascular benefits derived from the sport, in addition to burning fat and building muscle. "Racewalking reduces cardiopulmonary risk factors by decreasing body fats and lowering blood pressure," Plocher said. "It also decreases anxiety and stress levels."

Although the name implies a sport of a competitive nature, racewalking, which is also called straight-leg walking, is an

advanced walking technique, and can be used as an everyday fitness tool.

There are two technical rules to racewalking. There must be contact with the ground at all times. A racewalker also has to keep the knee of the supporting leg stiff from the moment of foot contact with the ground until it passes under the body.

The sport does require some training to achieve the proper technique, but the rewards are well worth it. "Racewalking is much easier on your body than power walking or jogging," Plocher said. "There is a much lower injury potential with racewalking. You use a lot of obliques and hip flex, everything is moving forward as opposed to power walking which has a lot of wasted energy."

Contrary to the image some may have of a widely exaggerated walking motion, the proper racewalking form is smooth and fluid. "When you have the proper form, you should look like you're gliding," Plocher said. "The whole body movement is in a

Soccer drops two games in **USI Tourney**

BY BRETT LICATA **SPORTS WRITER**

The smallest lapse in concentration can be the cause for disaster in the game of soccer because a single goal is

The SIUE men's soccer team fell victim to this mental error in both games this weekend and came away winless.

A slow start didn't help SIUE against West Virginia Wesleyan College on Friday in the Southern Indiana Tournament in Evansville, Ind.

The 12th minute of play is one the Cougars would like to forget. West Virginia Wesleyan scored two goals in a matter of 30 seconds to go up 2-0.

With their backs to the wall, the Cougars turned the advantage around and dominated the rest of the contest.

Freshman Brad Kroenig, of St. Louis, put the Cougars on the scoreboard at the 40:12 mark when he beat the West Virginia Wesleyan goalkeeper on a corner kick served up by Todd Hunter.

The Cougars threatened to tie the game numerous times in the second half but couldn't get the equalizer before time expired.

"We had trouble dealing with their pressure early, but we played well after that," head coach Ed Huneke said. "We just seemed to run out of time."

SIUE took the same intensity that it finished Friday's game with and carried it over into Saturday's matchup with the No. 7 ranked team in the country, the University of Charleston.

After a scoreless first half, senior Matt Little found the back of the net nine minutes into the closing half to give the Cougars a 1-0 lead.

Little found the ball on his foot, after a long throw-in from freshman Chris Knopp, and buried it past the





RUSHING

O Terrell Davis (Broncos) ran for 191 yards and three touchdowns. He had 134 yards on six carries in the first quarter.

O Barry Sanders (Lions) got back on track after failing to reach 100 yards last week with a 185 yard performance and three touchdowns.

O Robert Smith (Vikings) ran all over the Rams with a career-best 179 yards and two touchdowns. The bulk of his yards came from a 74-yard dash.

PASSING

O Neil O'Donnell (Bengals) connected 25-for-36 of his passes for 303 yards.

O Jeff George (Raiders) was 25-of-44 for 303 yards.

RECEIVING

O Isaac Bruce (Rams) caught 11 passes for 192 yards.

O Muhsin Muhammad (Panthers) caught nine passes for 192 yards.

O Darnay Scott (Bengals) caught five passes for 130 yards and two touchdowns.

DEFENSE

O Rod Woodson (Ravens) intercepted two passes, including one that he returned 60 yards for a clinching touchdown.

O Reggie White (Packers) led Green Bay with three of the teams six sacks.

O Corey Sawyer (Bengals) intercepted Scott Mitchell's pass during overtime and returned it 53 yards for a touchdown.

SPECIAL TEAM

O Jermaine Lewis (Ravens) returned a punt 69 yards for a touchdown.

O Jacquez Green (Bucs) returned a punt for a team record 95 yards for a touchdown.



Jill Stevens /Alestle
SIUE junior Megan
Beagles trys to dribble
through traffic Friday in
a 3-0 loss to Lynn
University. The Cougars
fall to 1-1 on the
season.

SOCCER

from page 7

keeper from eight yards out.

The momentum seemed to be in SIUE's favor, but a heartbreaking error turned the tide in the 74th minute. An attempted clearing kick by the SIUE defense deflected off a Charleston forward and past Cougar goalkeeper Chris Koenig to tie the game.

The Cougars failed to regroup and allowed Charleston to take the lead less than four minutes later. SIUE couldn't manage another shot on goal the rest of the contest and suffered a 2-1 loss.

"We were up against a good team and we hung with them," Huneke said. "We just can't get down on ourselves after we let up a goal. We have to stabilize ourselves physiologically."

Little leads SIUE with two goals in its first four games. He and defender Kividi Kikama were both named to the all-tournament team.

"Matt continues to play all-around great soccer," Huneke said.
"Kividi is doing a great job for us on defense. Everyone on defense did a great job, but Kividi stands out in a more noticeable way."

SIUE will travel to Kenosha, Wis. this weekend to kick off its conference schedule against the University of Wisconsin-Parkside and Lewis University.

RACEWALKING

from page 7

forward motion, so it's graceful. It is very relaxing and comforting to the body."

Racewalking is a sport that can be learned at any age or any fitness level. "Anyone at any age can do this sport," Plocher said. "It's good exercise, it's fun and it's great for your posture."

People participate in racewalking for a variety of reasons: for fitness, for health or competitive reasons. "It really depends on the goals of the individual and how much time they are willing to put into it," Plocher said.

If performance is your thing, there are many competitive events held in the St. Louis area. "Every month you can go to a race," Plocher said. "Races can be used for goal setting. And your chances of winning are better than in runs because there are fewer participants."

Goals, training habits and proper walking techniques are topics that will be covered at the seminar. Walk Masters and Co. will also provide health and nutritional information.

The cost of the seminar is \$45 or \$40 for members of the American Walking Association. Pre-registration is encouraged because class size is limited. In case of rain, the event will be held at the Edwardsville YMCA.

For more information or to register for the seminar, call Plocher or Kathy Southwick at 651-WALK, or 651-9254.

Cougar Den T.G.I.F. Specials!

September 18th September 25th Bacon, Lettuce, & Tomato Sandwich for only \$1.80 Kilo with Cheese Combo, large fry and large drink for just \$3.00

Center Court Events

September 22nd Center Court

Rock 'n' Roll - From 11:30am to 1:00pm get into the groove as a DJ spins your favorite tunes. Center Court is located on the lower level of the University Center.

September 24th Center Court

Johnny Appleseed Day - A variety of tantaliz ing apple delights for you to devour.

Center Court

September 28th Founders Hall Cart

Today only! By popular demand. 30¢ off salads at the Founders Hall Hot Dog Mobile Cart. Located on the first floor of Founders Hall.

September 28th Deli Express

Good Neighbor Day - Get to know a new friend, share a foot-long sub. Purchase a 12" sub and receive 50¢ off. Center Court

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PHOTOGRAPHER will trade photos 5" x 7" color proofs for modeling time. Females, all sizes and types. http://members.aol.com/SnstPhoto or 314-647-1960 for information. 9/15/98

SORORITY RUSHI- It's not too late. Rush Orientation Thursday, September 10th, 5pm, University Center. 9/10/98

ΔΦΕ **Christy**, what an honor it truly is to work with you at the..."University Museum!" Love Always, Becky 9/15/98 ΔΦΕ new members, we're so glad you've joined us!! We're looking forward to great memories! You've made a great choice! Love Always, Gamma Alpha Chapter 9/15/98

Attention!! Tryouts for the SIUE Pom Squad will be held on Saturday Sept. 11 at 9:00 a.m. There will be a mandatory workshop on Wednesday Sept. 16 from 3-5p.m. Vadalabene Center Gym. Center Gym.

ΣΠ Burro of the week is Donk. Hey Beavis, look at that girl's butt! 9/15/98

Congratulations to \$\Sigma\Pi\$ James H. Brother of the week. You've been a great second counselor. Thanks for putting up with all our B.S.

Greek Week '98 t-shirts on sale now! Order forms are available in the Kimmel Leadership Center. Call 650-2686 for more information 9/15/98

All Campus Moonball tournament Monday September 21, 8:00pm. Sign up your team in the Kimmel Leadership Center. Call 650-2686 for more information

Greek Week '98 September 21-27. Are you ready? Come to Kimmel Leadership Center or call 650-2686 for more information 9/17/98

The Ladies of ZAB give our support and love to our brothers of Al'might Phi Beta sigma during Sigma Week! 9/15/98



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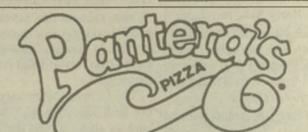
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Today, September 15, 1998

7:30 P.M.

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(8 - 12 - 15 Passenger)

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Wednesday, September 16, 1998

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