TUESDAY, FEBRUARY 22, 2005

SOUTHERN ILLINOIS UNIVERSITY EDWARDSVILLE

Vol. 57, No. 41 ◆

Ciueless about financial aid? See Lifestyles

student senate

News Stringer

Applications are now available in the Student Student Senate.

Applications must be semesters. returned by 4:15 p.m. Friday, March 4.

Commissioner Charmaine Baines summer. Candidates also must

The elections will be Monday, April 4, and Tuesday.

To run for office, students must have completed at least 12 Government Office of the credit hours at SIUE prior to this Kimmel Leadership Center for semester. Also, all officers must students wishing to run for the also be enrolled full time during fall 2005 and spring 2006

President, vice-president and student trustee candidates must "We already have about have a 2.5 grade point average 20 applications in," Election and be enrolled part time in the

see ELECTIONS, page 3

New e-mail virus on campus

CORY FREEMAN **News Stringer**

A new virus known as W32/MyDoom-BC was sent to SIUE student e-mail accounts as an attachment at about noon

"Hopefully nobody opened it Information Technology technician Dave Mueller said. "We haven't received any calls attachments.

about it yet."

By 3:30 p.m., the infected attachment in the letters was being cleaned at the OIT antivirus/anti-spam server, according to an e-mail sent by OIT. The source of the virus has not been determined.

OIT suggests all students and was infected by it," Office of receiving an e-mail from an unexpected or unknown sender never open any enclosed

Apply to join the Magic showcase in the Goshen



DREW WILKE /ALESTLE

Magician Jesse Gernigin performs a card trick Monday in the Goshen Lounge of the Morris University Center for Goshen Showcase.

Help raise money for the Red Cross' tsunami relief effort at a Walk-a-thon

SCHALENE HOUSTON News Stringer

Marketing Research Student donations as possible. Association and the American Marketing Association in a walka-thon to raise money for the tsunami relief.

The walk-a-thon will be from 2 to 5 p.m. Sunday at Korte Stadium.

MMRSA Vice President Heather Schulte said this is a chance for everyone participate and help a good

"It is every student's, faculty member's, etc. chance to participate in (or donate to) an event that can help provide relief to those suddenly struck by disaster," Schulte said.

Schulte said those not in the AMA or MMRSA can obtain a pledge sheet from her or from the

department is asking each Cross for the tsunami relief. Join the Masters of individual to collect as many

> "Pledges can be based on the miles walked or an upfront donation," Schulte said.

> Anyone who does not want to walk may still donate money to any member of AMA or MMRSA who is participating in the event. Schulte said a list of those names can be provided if necessary.

thought of as an individual event, are that we are not in such a but people can also choose to walk in teams.

"We never discussed the idea of having teams. However, it is perfectly fine for those individuals who desire to walk with friends, co-workers, etc.," Schulte said.

The money collected will be

Management and Marketing credited to an SIUE account, and Department. She said the then, it will be donated to the Red

> Schulte said if inclement weather occurs, the walk-a-thon will be moved to the Student Fitness Center's

> Schulte said no donation is too little and wanted everyone to put himself or herself in the situation the tsunami victims are

"I think that we need to Schulte said the idea was remember how fortunate we all disastrous situation and, for a minute, contemplate the fact that if we were, we would pray that others all over the world would be willing to help in any way possible," Schulte said.

For more information, Schulte hmlschulte@yahoo.com.

SIUE graduate is suing producers of "The Apprentice"

CORY FREEMAN **News Stringer**

A paraplegic filed suit Apprentice' producers for allegedly discriminating against disabled

James Schottel, a St. Louis lawyer and a 1996 SIUE graduate, filed suit against producers of Donald Trump's NBC show, "The Apprentice," Feb. 4. Schottel claims the producers are discriminating against would-be contestants like himself and violating the Americans with Disabilities Act. Schottel is paralyzed from the waist down by a spinal cord injury.

"People say it's just a TV show, but the producers say it's a 15-week interview, it is what it is," Schottel said. "If you can't walk, that tends to exclude a lot of other people who are restricted as I am."

The suit says the Americans with Disabilities Act covers potential candidates for the show because the program is billed as a "15-week job interview," according to a Reuters article.

The show depicts players competing for a high-paying executive position in Trump's business empire by completing tasks given to them by Trump. Trump eliminates a player at the end of each episode with his signature phrase, "You're fired."

A requirement for the show is that the contestants must be in "excellent physical ... health." Schottel said he could participate in the show's activities, in one way or another, despite being

see SUIT, page 3

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Poll workers for the 2005 Spring Elections

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Monday, April 4

Tuesday, April 5

Apply online at the Student Job Finder

www.stuemp.siue.edu

Job #1193



Emeritus marketing professor dies

CORY FREEMAN News Stringer

Johnston Luck, emeritus professor of marketing at SIUE, died Jan. 2 at his home in Hockessin, Del., after a long illness. He was 92.

Luck came to SIUE after teaching at SIUC where he had been a part of the business faculty 1963. In Luck was assigned to SIUE chairman of marketing faculty in what was then known as the Business Division.

He retired from the SIUE School of Business in 1978 and was named a distinguished professor at the University of including Delaware.

During World War II, Luck was stationed Washington, D.C. for three years with the War Production Board where he helped develop the wartime rationing system.

Luck also served as a director of the American Marketing Association and the Product Development Management Association, and as vice president of the Southern Marketing Association.

Luck was a prolific author, writing texts such as Research" "Market journals contributing to

Marketing" of and "Harvard Business Review."

According to a press release, Luck consistently stressed in the classroom and in his writings the importance of practicality and realism, bridging the realms of theory and experience. Through his corporate leaders, Luck seminal contributions product management and to strategies product development.

Memorials may be made to the PUMH Foundation, 726 Loveville Road, Hockessin, 3000, 19707

Business students prepare taxes

ALESTLE STAFF REPORT

Students and low-income citizens are eligible to receive free tax preparations through the SIUE School of Business.

Taxes will be prepared by students in the accounting



accounting professor James Dixon.

The tax preparation is made possible by the Volunteer Income Tax Assistance Program, which has helped hundreds of local taxpayers over the past several

To be eligible for assistance, people must file a 1040EZ form or a 1040A form. IRS forms 1040 and dual-state income tax returns will be prepared. A state return can only be prepared if the individual worked and resided in the same state for the entire year.

Taxes will be prepared from 11 a.m. to 4 p.m. Mondays and Wednesdays and from 10 a.m. to contact Dixon at 650-2622.

program under the supervision of noon Fridays now through April 9 in Founders Hall, Room 2114. Taxes will also be prepared from 9 a.m. to 1 p.m. Saturdays at the Edwardsville Library. Services will not be available March 6 through March

> For volunteers to prepare taxes, the participant will need to bring all W-2 forms and all 1099s. The volunteers will also need a copy of the participant's social security card, driver's license and identification for all dependents. A copy of the previous year's tax return is recommended but not required.

For more information,

Bowl for kids' sake at Cougar Lanes

SCHALENE HOUSTON **News Stringer**

Bowling just got better now that students and student organizations can bowl for a good cause in the Big Brothers Big Sisters Bowl for Kids' Sake. The event will take place at Cougar Lanes in the basement of the Morris University Center.

The organization is looking forward to having as many student organizations and individual students participate as possible.

BBBS Director of Special Events Deanna Christie said people should participate in this event if they want to help a positive cause.

"Any organizations or students that want to make a difference in the life of a child are encouraged to participate," Christie said.

Christie said there are 32 spaces open for teams or 160 bowlers. She hopes to have enough students participate that there is a need for a second day.

Christie added that participants do not have to be a participate.

"Any student, staff or employee can participate. Anyone can grab four friends (to make a team of five) take a sponsor sheet, sign up pledges and bowl," Christie said.

If a group has more than one team, BBBS can schedule the two teams in lanes next to one

All money raised from the event will support the BBBS and will help match youth in local communities with a positive role

Christie said this event is very important to the BBBS because it is the most important fundraiser the organization has.

"Bowl For Kids' Sake is not about bowling, it's about doing something fun that benefits kids." Christie said.

Christie added there are prizes available for winners in the event. For every \$100 raised, each bowler receives a Bowl For Kids' Sake T-shirt.

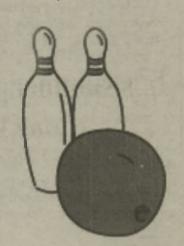
For \$150 raised, bowlers will receive a \$10 AT &T phone card and a T-shirt. For \$250 raised, each bowler will receive a

member of an organization to \$10 Schnucks gift card in addition to the phone card and the

For every \$50 in pledges, the bowler is entitled to one entry into a raffle for prizes from area businesses such as Kerasotes Theatres, Starbucks, Sundazzlers, various hair salons and gift certificates to local restaurants.

Bowl For Kids' Sake will take place at 6 p.m. and 8 p.m. on Thursday, March 31, at Cougar Lanes. Participants can sign up for either time.

For more information, contact Christie at 398-3162 or e-mail deannac@peaknet.net.



Alestle staff wins awards

ALESTLE STAFF REPORT

The Alestle staff won four awards during the 23rd annual Illinois College Press Association convention in Chicago over the weekend.

Former Assistant Sports Editor Travis Ross earned second place for his humorous column on computer viruses. Ross graduated in December.

Sports Editor Zach Groves won third place for sports feature writing with his story on the women's volleyball team.

ELECTIONS

from page 1

maintain a 2.4 GPA during terms in office.

Students running for the 12 student senator positions must have a 2.4 GPA but do not have to be enrolled over the summer. Senators must maintain a 2.25 GPA throughout office terms.

A mandatory meeting for all candidates will be at 4:30 p.m. Tuesday, March 15, in the Morris University Center's International Room, marking the beginning of the campaign period. Campaign statements and photographs will be taken at the meeting.

There also will be a candidate forum from 11 a.m. to 1 p.m. Wednesday, March 30, in the Goshen Lounge of the Morris University Center. At the forum, candidates will have a chance to speak and students will have a

Mass Communications senior Shaun Pilat earned an honorable mention for his feature about how to stay safe at parties.

Former Sports Editor Eric Crain won an honorable mention for sports page design.

The Alestle competes with 11 other schools that publish non-daily newspapers and have more than 4,000 students.

The convention included seminars and discussions by media professionals from the area.

chance to ask questions.

"This is a great chance for candidates to get their names out there," Baines said.

Students wishing to vote in the elections will be required to have an active student identification card and must present the ID to be swiped by election officials.

"We will have a complete list of all 13,000 students in case there are any problems with the IDs," Baines said.

The elections, as well as the campaign process, will be overseen by Baines and Kimmel Leadership Center Director Steve Sperotto.

For more information, visit the Student Government Office or contact Baines at 650-3818.

Campus Scanner

Cosby's Comments: Join Campus Activities Board from 11:30 a.m. to 1 p.m. Tuesday in the Morris University Center's Goshen Lounge for a discussion panel on the recent controversial remarks by Bill Cosby. For more information, call the Kimmel Leadership Center at 650-2686.

Keepers of the Dream, Part III: Carl Mack, president of the Seattle Chapter of the NAACP, will speak on the importance of cultural awareness from 6 to 9:30 p.m. Tuesday in the Morris University Center's Meridian Ballroom. The event is sponsored by the National Society of Black Engineers. Contact Michael Turpeau at turpeaujr@hotmail.com for more information.

Food Chat: Join Campus Activities Board from 11:30 a.m. to 1 p.m. Wednesday in the Morris University Center's University Club for Food Chat. The latest installment of Food Chat will focus on the conflict between Israel and Palestine

and, as always, will offer a free lunch. For more information, contact Christine Williams at dowilli@siue.edu or Alyssa Bodeux at abodeux@siue.edu.

Blacks, Bullets and Brigades: Campus Activities Board is sponsoring a panel discussion from 11:30 a.m. to 1 p.m. Thursday in the Morris University Center's Goshen Lounge. It will focus on the current and historical roles played by African Americans in the U.S. Military. Call the Kimmel Leadership Center at 650-2686 for more information.

Free Friday Flicks: Join Campus Activities Board from 6 to 9 p.m. Friday in the Lovejoy Library's Abbot Auditorium for a free showing of "Breakfast at Tiffany's." For more information, contact Joe Gibbons at jgibbon@siue.edu or Jennifer Barbour at jbarbou@siue.edu.

African Night: The African Student Association is sponsoring the 12th annual

African Night Celebration from 6 to 10 p.m. Saturday in the Morris University Center's Meridian Ballroom. African Night will feature dance, African cuisine, music and a fashion show. Tickets may be purchased at the Morris University Center Information Center and are \$10 for students and \$12 for faculty and staff. For more information, contact Barthemeus Owen at 792-6086.

Tobacco Counseling: The American Lung Association of Illinois is providing the Illinois Tobacco Quitline. Registered nurses, respiratory therapists and addiction counselors staff the toll-free line. Counseling is free to residents of Illinois. Those interested should call (866) QUIT-YES. Hot line hours are from 7 a.m. to 6 p.m. Monday through Friday.

Alcoholics Anonymous: The Gut Level Group meets at 7 p.m. Saturday in the Religious Center. This is an open meeting of Alcoholics Anonymous and Al-Anon.

SUIT - from page 1

confined to a wheelchair.

The law in question defines discrimination as including "qualification standards," "employment tests" or other criteria that "screen out or tend to screen out" job applicants whose

physical disability is not jobrelated, Schottel's suit says.

"I hope (the suit) will at least bring attention to what (the producers) are doing is not right," Schottel said. "The Apprentice," now in its third season, is averaging 15.3 million viewers per week, ranking No. 17 among all prime time programs this season, according to Nielson Media Research.



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SIUE PRESENTS ITS 7th Annual Black Heritage Month Talent Show Thursday, February 24, 2005 Meridian Ballroom 7:00 pm

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LETTERS TO THE EDITOR POLICY:

The editors, staff and publishers of the Alestle believe in the free exchange of ideas, concerns and opinions and will publish as many letters to the editor as possible. Letters may be turned in at the Alestle office located in the Morris University Center, Room 2022 via e-mail alestle_editor@hotmail.com. All hard copy letters should be typed and double-spaced. All letters should be no longer than 500 words. Please include your phone number, signature (or name, if using e-mail) and student identification number.

We reserve the right to edit letters for grammar and content. However, great care will be taken to ensure that the message of the letter is not lost or altered.

Letters to the editor will not be printed anonymously except under extreme circumstances.

The Alestle is a member of the Illinois College Press Association, the Associated Collegiate Press and U-WIRE.

The name Alestle is an acronym derived from the names of the three campus locations of SIUE: Alton, East St. Louis and Edwardsville.

The Alestle is published on Tuesdays and Thursdays during fall and spring semesters, and on Wednesdays during summer semesters. For more information, call 650-3528.

Have a comment? Let us know! Send us an e-mail: alestle_editor@hotmail.com The Alestle Campus Box 1167

Edwardsville, Ill. 62026-1167

Opinions Editorial viewpoints Ecommentary

PAGE 4

Alestle

TUESDAY, FEBRUARY 22, 2005 +

Letters to the editor "Us and them" mentality at core of issue

Why wouldn't a person be offended when being compared to a group of militant dictators? Apparently, Christopher Holmes cannot deduce where the offense to Liberals would be in that. This whole argument of conservative versus liberal is pointless. All it does is anger one group, forcing them to retaliate and anger the other. We're going in circles,

idea of family - heaven forbid it Gates mad. Note: sarcasm intended. be a diverse family with possibly (gasp) a same-sex couple. And make sure that family loves Jesus because if not, that entire family is going to hell.

Also, the family can't support any socialist ideas like universal health care or governmentsponsored education because those might raise taxes for the top one percent of society, and we I'm a liberal and I enjoy the can't go around making Bill

I also like the idea of life. Now that also means I'm concerned about a person's quality of life. Say someone is born to a poverty-stricken family, has to join the armed forces to provide an opportunity to better his or her life, is shipped halfway around the world and then is killed in a war with no clear-cut meaning. That's not really a life filled with sunshine and

lollipops, huh?

And why not let people have freedom of speech; after all, it's a basic right to express ideas and opinions. But why does Holmes use that gift to hurt and bash people? The freedom of speech argument is just a cheap and easy way of not having to back up your opinion with facts.

I could say, "You're a jerk." And, when asked why I said that, see MENTALITY, page 5

Student says political parties should work together

This letter is in regards to Nate Jones' article about the flier made by the Conservative Students Organization.

This letter is also a response to Chris Holmes take on Jones article. It seems to me that Holmes didn't bother to respond to the main point of Jones' article, the flier. Instead of giving the CSO's reasoning for using such a powerful and out-of-context image on the flier, he attacks Jones instead. It is very apparent that Jones is not attacking the ideas of family values or freedom of religion.

As a matter of fact, I have a good friend, who has a family of his own and was also offended by the flier. Is this family man also going against family values because he doesn't agree with the CSO's poor and ill-informed use of such a powerful image?

Also, I am offended by the material and I have friends of all different ethnicities, religions, and opinions. The simple fact is, you don't have to be a

hardheaded zealot to be offended by this material.

Oh, this reminds me of another rather odd thing about Holmes' response.

In his letter, Holmes states that Jones is "...unable to respect others for their viewpoints." So the CSO flier that advocates standing up to liberalism, thus implying this is a conflict and only one side can be right, is being completely open-minded of others' opinions?

Oh please. When are we

going to get over this ridiculous "us or them" mentality? I am guilty of this as well but every time I forget about it, one side or another decides it's time to start another fight, as it seems in this case it is the Conservatives starting up with the Liberals. I seem to remember the Bush administration expressing that after the election, no matter who won, it would be a time for everyone to come together and heal.

see PARTIES, page 5

Ad debate doesn't get to root of problem, resident says

Hurray for Audrey Tallant and her friends for finally removing those naughty "Harold & Kumar Go to White Castle" posters from campus buildings. I

am sure it is the absolutely right thing to do since I am but a lowly grunt who works at her own business every day and not a tenured professor at an institution

of higher learning as she and her gang are. I sure am glad there are people like her out there who look out for the interests of boys, girls, men, women, children, dogs, cats, farm animals and society as a whole.

Did I find the poster offensive? Not really, although I do believe it was in very poor taste. But our society is rife with examples of poor taste and poor manners - obese people in tight clothes, fake cheese, talking on a cell phone in a restaurant or parents fighting at their children's soccer match. These are but a few examples.

But, what do I know? I didn't even bust a button over the Janet Jackson wardrobe malfunction. If I was aghast at all, it was when Justin Timberlake ripped off her top. What brainy choreographer thought simulating a rape act was a good move?

If I find anything offensive in the "Harold & Kumar" poster, the Janet Jackson incident or the GoDaddy.com commercial at the Super Bowl, it is that debasing a woman is an acceptable marketing device. Just think for a minute. These ads begin in a conference room somewhere with advertising professionals tossing out their creative ideas. Someone approves those ideas, t

see ROOT, page 5



Political Cartoon

MENTALITY -

from page 4

I could say, "I can say whatever I want because I have freedom to do so."

That's not a very appealing situation, and it doesn't resolve anything. The only time I have heard an extreme Conservative shout free speech was when it was for something he or she believed in. If someone would want to promote a viewpoint the Conservative disagrees with, then that person needs to be shut up.

If I read Nate Jone's article in the Feb. 15 issue of the Alestle correctly, he isn't classifying all conservatives in this wide, hatemongering net whomever put up that flier falls into. There are moderate and extremists in every group. That's society for you. What Jones wanted to present was the

question I'd like to ask again. Why do we have to have this "us versus them" viewpoint? Groups like the Conservative Student Organization and the SIUE Democrats help further this issue by demonizing each other.

Hate breeds more hate, folks. In closing, I believe mostly any media can be skewed to support one side or the other, just look at Fox News and Bill O'Reilly. You can preach fair and balanced reporting all you want and not practice it. However, if the Alestle was so against Conservatives, does Holmes think it would have really printed his letter?

> Michael Palmer History Senior

PARTIES

from page 4

Apparently, as evidenced by the CSO's flier, that was a bunch of bull. "Will you Stand Up to Liberalism?" doesn't exactly seem like a statement made to unify people.

Holmes insists that he is offended by Jones' editorial and I insist that Holmes hardly read the article seeing as how he didn't even touch on the real subject of said article. As far as freedom of speech goes, the CSO got it.

I guess that freedom of speech also means people can't respond to you though. So, Holmes, is it only freedom of speech if someone else doesn't have a dissenting voice?

This must be how our current

President views protesting since his administration doesn't care for the opinions of protestors

I wish the President's words about coming together to heal would have been true because if we keep such a fractious attitude, and both parties are to blame, this country won't survive much longer.

I think we all, myself included, need to calm our butts down and think of how much we could accomplish if we stopped this petty squabbling and worked together.

> Matt Reichenbacher Freshman

ROOT from page 4

and by the time the ad is ready for models, actors and directors to shoot it, it has passed through several layers of executives who have looked at the idea and agreed it is a good one. Not just one person, but many are involved in this process. And they all thought an ad debasing and degrading women was a good

Don't get on the men about this. Many women are involved in this decision-making process, know? I am just a working stiff. I too. And I also understand that am sure the rights of the students sex sells; I am not against this, but it can be done tastefully and in a way that doesn't present women as sluts.

So, if it were up to me, I think I would not take a Band-Aid approach like ripping down posters. You don't kill a weed by pulling off its leaves - you pull it out by the roots. I think I would try to educate students and try to understand, maybe even research, the social issues underlying this tendency to disrespect women in our society. This is what I would expect from tenured professors at a university, not gang-mentality and mutilation of the First

But as I said, what do I will be fully protected under the watchful eye of Tallant and her covey. Just don't do anything to anger them.

> Pamela Moody Edwardsville resident

Read the Alestle online. www.thealestle.com

EDWARDSVILLE

Tuesday, February 1-27 Art Exhibit - Warriors, Dreamers. and Rhymers: An Extra-literary Exhibit from the Eugene B. Redmond Collection

Art Gallery, Morris University Center The exhibit focuses on the artistic and educational dimensions of cultural artifacts relating to African American literary art and performance. The exhibit will combine images with excerpts from African American writers and tribute poems by Eugene B. Redmond. Reception: Sunday, February 6, 2:00 PM-5:00 PM

Thursday, February 24 Blacks, Bullets, and Brigades 11:30 AM - 1:00 PM

Goshen Lounge, Morris University Center A panel discussion will review the historical and current role played by African Americans in the U.S. Military.

7th Annual Black Heritage Month Talent Show

7:00 PM - 10:00 PM

Meridian Ballroom, Morris University Center Come watch students perform their singing, dancing, poetic, and musical talents during this annual event featuring local performer "X-Man". Co-sponsored by R.A.M.

Friday-Saturday, February 25-26 Black Theater Workshop

Dunham Hall Theater

A showcase of the work of African American playwrights

Black Heritage Month 2005

Remembering Our Past:



Building Our Future



Saturday, February 26 African Night 6:00 PM - 10:00 PM

Meridian Ballroom, Morris University Center Enjoy an evening of African culture through dance, food, and entertainment. SIUE Students: \$10.00; SIUE Faculty/ Staff and General Public: \$12.00. Sponsored by the African Student Association

All events are free unless otherwise noted. Contact the Kimmel Leadership Center at 618.650.2686 for a detailed schedule of events, or go to the Campus Activities Board's website at www.siue.edu/CAB. All events are subject to change. Funded in whole or part by Student Activity Fee dollars.
Black Heritage Month is sponsored by the Campus Activites Board.



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PEOPLE, ENTERTAINMENT, & Arts

Time to file for financial aid

As the financial aid deadline draws near, the advising staff is preparing for a fiood of applications. File your FAFSA early and consult with an adviser to get your financial aid for the coming year.

THOMAS C. PHILLIPS III LIFESTYLES STRINGER

Sophomore Patricia Hearns is filing for financial aid for the first time, and is already a year behind, at least, according to the SIUE Financial Aid web site, at http://www.finaid.siue.edu.

Hearns is behind because the information on the web site was last updated on Nov. 22, 2004. This is frustrating to students like Hearns who are in search of answers in order to fill out the Free Application for Federal Student Aid by the preferred deadline of March 1, 2005.

"It's so difficult to fill out this stuff and find information on how to do it correctly, especially if it's not even updated," said Hearns. "I don't know if it's even worth it to go through all of it."

It is the time of year again where financial aid becomes a top priority for returning and incoming students thinking ahead to the fall semester.

Financial aid applications can be a huge stumbling block for students, and can result in a number of mishaps if done incorrectly, from receiving little to no aid to being scammed out of money by fake counselors or advisors promising larger amounts of financial aid in exchange for a monetary "service"

Fortunately, advisors in the Office of Financial Aid at SIUE are preparing students - and themselves - for the next few months when financial aid applications begin pouring in.

SIUE financial aid advisor Linda Hahn stressed the importance of the preferred deadline for applicants.

"The deadline for applications as a whole is not March 1st, but it does help students who get their applications in during that time," said Hahn. "We really want students to get as much funding as possible."

Although there is no official number of applications filed for this year available at press time, Hahn said that the number of applicants should not deter students from

"All are encouraged to apply for aid," said Hahn. "There are all kinds of funds available to students, no matter the situation. Only in rare instances do students not receive any financial assistance."

To encourage students to get their forms in early, the office is taking steps such as mailing postcard reminders to those who filed their forms late or not at all last year, and encouraging students to file the



DREW WILKE/ALESTLE

Freshman Sara Shoulders waits in line at the Financial Aid office.

electronic method over the traditional postal route.

However, those who think that counselors will fill out the form for students are misled, according to Hahn.

"We do not fill out the FAFSA for students," said Hahn. "That's one of the biggest misconceptions people have about financial aid advisers. We will offer advice, but that's about it."

Hahn said that the office is open on weekdays to help students by answering any financial aid related questions that they may have.

"We're also happy to offer

FAFSA online, using the quicker our services as counselors and advisors for those who need help filling out the forms," said Hahn. "Students who are interested should make an appointment with our advisors. We're available Monday through Friday during business hours."

After hearing about the services offered by Financial Aid, Hearns is "slightly relieved" by the news.

"At least it won't be so bad now that I can get some advice on what to do and what not to do," Hearns said. "It's a nice way to learn without having to miss out on the money."

For more information on financial aid, or to make an appointment, call 650-3880.

The FAFSA

All SIUE students are required to fill out the FAFSA in order to receive any type of financial aid. The financial aid office uses FAFSA results to determine eligibility for need-based federal and SIUE programs, as well as the Monetary Award Program for Illinois residents.

Completing the FAFSA is the first step in the financial aid process. Once it is submitted, the office will process the information. An electronic copy of information is made available to the schools listed on the application. The Student Aid Report, or SAR, is sent to the student. It is important to review the SAR to make sure all of your information is correct and to provide any necessary corrections or additional information.

Information is then entered into a formula from the Higher Education Act of 1965, as amended, and the result is the Expected Family Contribution, or EFC. The EFC measures the student's family's financial strength, and is used to determine eligibility for federal student aid. If the information is complete, the student's SAR will contain the EFC.

The schools listed on the student's application may request EFC along with the rest of the student's information. Schools use the EFC to prepare a financial aid package that meets students' financial need. Financial need is the difference between your EFC and the school's cost of attendance (which can include living expenses), as determined by the school. Special circumstances that may be taken into account are unusual medical or dental expenses or a significant change in income from one year to the next. Contact the financial aid administrator at the schools to discuss special circumstances.

Any financial aid a student is eligible to receive will be paid to the student through the school. Typically, a school will first use the aid to pay tuition, fees, and room and board (if provided by the school). Any remaining need is paid to the student for other expenses.

> Information courtesy of http://www.fafsa.ed.gov

Health Wise Pregnancy season is blooming on campus;

get the resources needed to stay healthy.

SARA WEST LIESTYLES REPORTER

After being cuddled up all winter due to the cold weather, signs of spring are beginning to arrive.

These signs, however, are not necessarily sunshine, warmer weather and blooming trees. The signs of spring showing up in many women on campus are mood swings, extreme fatigue, nausea and vomiting, frequent urination and food cravings.

It is pregnancy time. And, along with the stresses of being students, women who are part of the campus community and find themselves pregnant need to evaluate physical and emotional health.

M. Kelly Shanahan, a physician who writes and reviews for Yahoo! Health, said that women also need to realize the signs and symptoms predicting pregnancy may be varied among women. She added that a missed period is not always the first indicator of pregnancy.

"If you're pregnant, it's also possible for you to think you've had your period when you didn't," Shanahan said. "When a newly fertilized egg attaches to the wall of the uterus, sometimes it prompts a little bleeding.

"In other cases, wildly fluctuating hormone levels in the first week or two after conception may prompt some bleeding ... you might assume that this bleeding is your period," Shanahan added.

Further, Shanahan said a home pregnancy test may be the easiest indicator for a pregnancy.

Once a test has indicated pregnancy, a woman must get proper nutrients that are crucial to fetal development.

The National Institute Diabetes and Digestive and Kidney Diseases recommended that pregnant women eat foods rich in iron, calcium, folate, fiber and protein. The institute also said pregnant

women need to avoid raw fish, fish high in mercury such as tuna and swordfish, soft cheeses and anything that is not food.

The National Women, Infants and Children program reported pregnant women tend to crave nonfood items such as ice, chalk and clay, and these items may be harmful to the developing fetus.

WIC also said that there are counselors and nurses available to further assist pregnant women with low incomes in order for them to receive proper nutrients and emotional well-being during pregnancy.

As a pregnant college student, a woman may be more at risk for a challenging pregnancy due to the added stresses of schoolwork and possible financial strain.

The American Pregnancy Association and the Web site at www.pregnancy.org have provided a plethora of information regarding all aspects of pregnancy across all different types of women. Not only has the site offered solid prenatal advice, but the site provided anonymous submissions from other college students who have become pregnant while still completing

One student wrote, "I was a normal everyday teen going to college and trying to work a full-time job. Suddenly I was told that I was going to be a parent, too.

"I am writing this story for (other pregnant college students) that can't talk to their parents ... a baby doesn't make you want to give up, it only makes you stronger," she added.

The APA also indicated that pregnant women must get regular prenatal visits with a family physician or obstetrician as well as take prenatal

The association said the physician will be able to monitor and evaluate the pregnancy to make sure both the mother and the fetus are healthy; the physician will also



provide the pregnant woman with important information regarding fetal development during each of the three trimesters of pregnancy.

The Web site incorporated a list of items a pregnant woman should not do, and these include avoiding drugs, alcohol and smoke, not taking prescription or over-thecounter medicine without physician approval, avoiding hot dogs, caffeine, x-rays, uncooked meat, water beds and electric blankets and trying not to expose oneself to reptiles, cat litter, tick bites and pesticides.

The Arms of Love Pregnancy Resource Center in Godfrey, Ill. said its doors are open for SIUE students who are pregnant. The center reported that it offers positive counseling in order to keep stress levels at a minimum. And, the center offers information about pregnancy and motherhood as well as provides referrals to physicians, churches and other supportive mothers in the local

For pregnancy testing, please contact SIUE Health Service at 650-

For more information about Arms of Love services, please call

For open discussion or supplemental information on pregnancy and motherhood as a college student or for moral support, please e-mail Sara West at sawest@siue.edu.

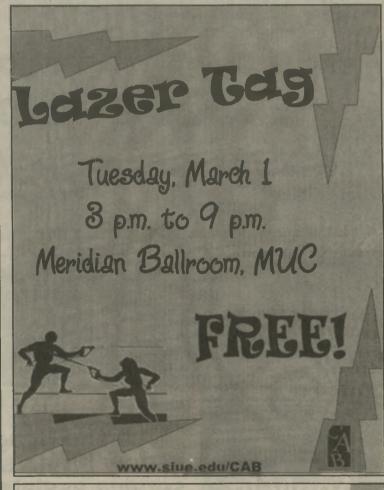


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Jazz band performing at Sheldon

EMILY TAUL LIFESTYLES STRINGER

The 18-piece SIUE Jazz Band is geared up to perform its fourth annual concert at Sheldon Concert Hall in St.

The concert will feature 10 pieces of music arranged by director Brett Stamps, an SIUE music professor, at 7:30 p.m. Tuesday. The band consists of five saxophones, five trumpets, four trombones and a percussion

"It is similar to a recital for my music, with the students performing the music along with some faculty members who will sit in and perform with the band,"

Stamps said.

The concert is part of the "Notes from Home" series that makes Sheldon Concert Hall available to local performers for concerts on Tuesday evenings.

"It will be an evening of big band jazz where we will perform half originals and half arrangements," Stamps said. "It will have a contemporary spin, with influence by other jazz faculty, and the audience can enjoy some unique twists on some very famous songs.

"For example, we are playing a rendition of Jerome Kerns' 'Yesterdays' and inserting part of the ballad 'Yesterday' by the Beatles," he added.

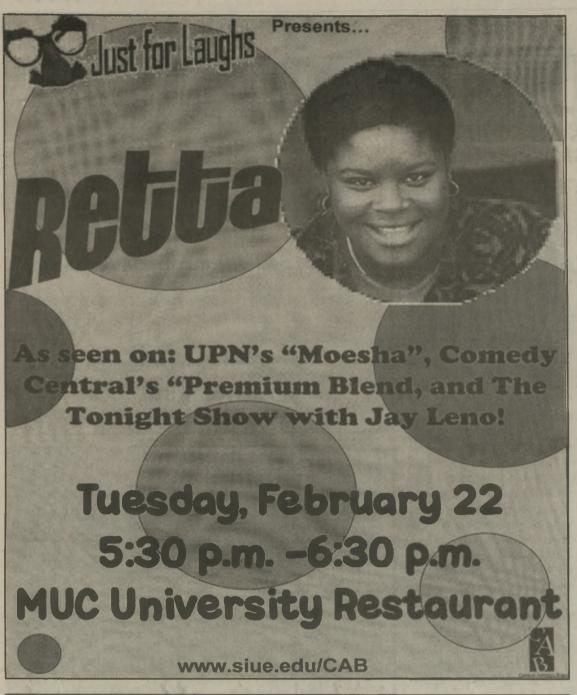
Tickets will be \$5 at the door

and limited parking is available at

"Everyone is encouraged to come," Stamps said. "We hope to have a broad audience of family, friends, faculty, people who love big band music and many more.

"The opportunity is a great deal for St. Louis performers in the area, especially at such a beautiful venue like the Sheldon," he added. "It is a highlight for the students to perform here each year and they truly enjoy playing and performing all of the music because it is more personal and unique."

more information, contact the Music Department at 650-3900.



Retta to entertain SIUE

THOMAS C. PHILLIPS III
LIFESTYLES STRINGER

Campus Activities Board continues the "Just For Laughs" series with up-and-coming comedian Retta, on Tuesday in the University Restaurant at 5:30 p.m.

Born and raised in Newark, N.J., and a graduate of Duke University, Retta gave up a career in pharmaceutical research for stand-up comedy.

Retta, who has been in the business for five years, has been featured on shows ranging from VH1's "The List" to Comedy Central's "Premium Blend" and her own half-hour special.

Although her comedy style revolves around sharing personal stories about family, friends and everyday life, Retta enjoys a good joke herself every now and then when she's not telling them.

"My new favorite is one by Jeffrey Ross," stated Retta in the Ojai Valley News. "He told this at Hugh Hefner's Friar's Club roast on Comedy Central. He said Hugh had introduced him to an adult film actress, a nice and very attractive girl. So, he said, he asked her out. The actress said she was working Tuesday and Wednesday, so 'how about Thursday?' His response was,



WWW.COMEDYCENTRAL.COM

Retta

'ooh, how 'bout Monday?""

Due to Retta's outgoing personality, many would think that stage fright wouldn't even be a factor in her performances.

"I used to get nauseated before shows," said Retta. "But that doesn't happen anymore. I'm pretty used to the nerves these days."

The "Just For Laughs" series marks one of several CAB-sponsored events during this week. Thursday continues the Late Night Expresso series at 8 p.m. in Starbucks, and Friday's "Friday Free Flicks" in the Lovejoy Library at 6 p.m. will feature a free showing of "Breakfast at Tiffany's."

For more information on CAB, call 650-2686.

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Cougars sweep weekend series

Seniors pick up pace in final home games to beat Kentucky Wesleyan and Bellarmine

ZACH GROVES SPORTS EDITOR

It was "senior weekend" at the Vadalabene Center for the SIUE men's basketball team, and the seniors responded with two Great Lakes Valley Conference

The Cougars buried the Bellarmine Knights Saturday 83-53, but not before they picked up their 20th win of the season against the Kentucky Wesleyan College Panthers 68-56 in the last home games of the 2004-05

While the game appeared to be in Bellarmine's hands early leading 11-4, SIUE persevered and took a 21-20 lead on senior forward Joel Jaye's 3-pointer with 9 minutes, 43 seconds to go in the first half, a significant part into the flow as the game went

of his team-leading 17 points.

That shot proved to be the launch pad for the Cougars' explosive drive. After a 22-8 run to close out the period, there was nowhere to look but up for the rest of the game.

"It was senior day and there was quite a bit of emotion," head coach Marty Simmons said. "We seemed to get out pretty slow, but I give our guys credit. They made the adjustments and picked up the intensity."

The Cougars also held the Knights to a stingy 30 percent from the field, which Simmons believed was the key to their

"I think once we started getting some stops on defense, we were able to get some transition baskets and just got

on," Simmons said.

Seniors center Kris Crosby put up a career-high 15 points to complement Jaye, and forward Tim Bauersachs scored 14 points to go with his career-high six assists. Senior center Dan Heimos also took part in the Cougars 58.3 percent shooting effort with 12 points.

"Kris gave us a huge lift off the bench," Simmons said. "(He) came in there, got a couple dunks and really guided us, giving us that shot in the arm that we needed."

Thursday looked to be the warm-up the Cougars needed for Saturday, downing the Panthers after a double-double effort from Bauersachs and a major 27-5 run to stay ahead.

> Bauersachs notched 16 see MENS, page 11



DREW WILKE /THE ALESTLE Senior forward Kris Crosby goes for a layup against Bellarmine University. The Cougars knocked out the Knights 83-53 Saturday.

Women struggle in weekend home games

RYAN PEEBLES SPORTS STRINGER

Just when the SIUE women's basketball team looked to finish strong at the end of the home stretch, Bellarmine University and Kentucky Wesleyan College slowed it down over the

Despite a valiant effort by freshman guard Whitney Sykes Saturday, the women's basketball team fell to the Bellarmine Knights 78-55.

The Cougars trailed most of the game, except when they tied the game at 20-20 midway through the first half. After a missed free throw from the Knights, Whitney Sykes shot a 3pointer to take the lead. It was the only time the Cougars led the game, but the Knights answered right back and finishedup the half

The Knights extended their lead on a 30-10 run against the Cougars. The Cougars were not able to cut the lead as the game

Sykes finished the day with 17 points and four assists. She also hit five of nine 3-pointers. Also adding to the score was sophomore forward Julianne McMillen who scored 12 points and made three steals and junior forward Alisa Carrillo who notched 12 points as well, along with five rebounds.

The Cougars came home Thursday after a key win against the University of Missouri-St. Louis Riverwomen the previous weekend, but fell to the KWC Panthers 64-50.

Head coach Wendy Hedberg said the culprit of this game was building a lead and not hanging on to it.

see WOMENS, page 11



ANDY RATHNOW /THE ALESTLE Freshman guard Whitney Sykes dribbles around her opponent against Kentucky Wesleyan. The Cougars fell to the Panthers 64-50 Thursday.

Track continues reign of records at Eastern Illinois

JANELLE DOBSON SPORTS REPORTER

The SIUE track teams notched another performance at the Eastern Illinois University Friday Night Special over the weekend.

The meet prepared the Cougars track teams for the Great Lakes Valley Conference Indoor Championship this coming weekend at Wabash College in Crawfordsville, Ind.

"On paper, the men's and women's team are both favored in the top two to win conference," track coach Ben Beyers said. defending both teams know what we need to do. We have a target on our back."

The track teams had a last opportunity to practice for conference championship at the Friday Night Special.

The men's team took full advantage of this opportunity and had a successful weekend. Sophomore Cody Ellermeyer strong placed first in the 800-meter run with a time of 1 hour, 55 minutes, 28 seconds.

> The men's 400-meter relay sqaud placed third in the competition and broke its provisional national qualifying time. The men's distance medley relay squad placed second at the

> Sophomore Anthony Weber placed first in the pole vault and tied the school record with a height of 15 feet, 5.75 inches.

The women had a triumphant performance as well.

Senior Lee Ann Lomax won the 800 with a 2:18.75 time, and the women's 400-meter relay crew placed first and broke its national qualifying time record

see TRACK, page 11

Baseball opens season on rough note

MATTHEW BRUCE SPORTS REPORTER

The SIUE baseball team opened the season with two losses this weekend at the TVA Federal Credit Union Invitational in Florence, Ala.

The Cougars traveled down to the University of North Alabama Saturday and fell to boththe Lions 7-1 and the No. 2 ranked Delta State University Statesmen 8-1.

In the first game of Saturday's tripleheader, the Cougars managed just one run on

two hits against the hosting

Lions. UNA was solid at

University Field in 2004,

bats well," head coach Gary

Collins said of his team's

performance. "I was (more)

encouraged by the pitching. I

think our pitching was better than

Patrick Keller had a rough outing

in his first collegiate start, lasting

just less than two innings. Keller

surrendered five earned runs and

SIUE freshman pitcher

"We just did not swing the

notching a 26-9 record.

the score(s) indicated. "

"We found out what

we've got to work on"

seven hits before he left in the middle of the second inning with his team down 6-0.

"(Keller) learned more from this than if he would have been successful," Collins said of the young left-hander. "Now he knows it'll be harder, but I'm sure he'll be better."

SIUE junior relief pitcher Cameron Cheek took the mound in the bottom of the second inning with two outs and a runner on and finished with three 1/3 solid innings pitched, silencing the Lions' bats on one run and two hits.

> UNA pitcher Bryant Thompson was stellar as

he held SIUE

hitless through five innings, finishing the day with six scoreless innings and five strikeouts.

SIUE Sophomore utility player Michael DalPozzo singled in the sixth inning for the Cougars' first hit of the game, followed by a solo home run by SIUE junior designated hitter Robert Rahn in the seventh in the offensive effort.

"We found out what we've got to work on," said Collins. "And we've got to get better with our offense."



AUBREY WILLIAMS /THE ALESTLE The Cougar pitching staff delivers at home in a game last season. SIUE opened up the 2005 season with two road losses.

SIUE had no time to sulk as just four hits. it hit the field later that day for a night game against Delta State.

Once again, the Cougar bats had trouble finding hits. DSU pitcher Justin Smith pitched a complete game, giving up one earned run and allowing

SIUE junior Kyle Jones started off well through the first two innings, striking out four batters and allowing one unearned run.

The Statesmen then blew the game open in the third inning, scoring four runs off three hits and two throwing errors by junior catcher Jake Smith.

"We got some bad hops that cost us about seven runs," Collins said of the Cougars' fielding over the weekend.

DSU tacked on three more runs in the fourth inning off junior relief pitcher Clay Zavada.

Cougars junior second baseman Jeremy Bond drove in his first RBI of the year in the fifth inning off a base hit up the

SIUE lost for the second time on the day, 8-1. They sit at 0-2 on the season.

Sunday's games were called off as a result of the rain. The Cougars were scheduled for a noon rematch against Delta State and do not yet have any dates for the make-up games.

Collins admits that his team will need a few weeks to find its stride after the cold weather has forced the team to hold practices in the Vadalabene Center.

"We've been stuck inside for a while," Collins said. "A lot of these team have been outside practicing, and some have even been playing games."

The Cougars return to action this weekend when they travel to take on Winona State University at 1 p.m. Friday in Warrensbourg,

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20 Applications are available in the Kimmel Leadership Center and are due on February 25. For more information, call x3371 or e-mail cab@slue.edu.

MENS from page 9

points and took down 11 rebounds in the game, the 107th of his career. The game was also a record for most games and starts as a Cougar.

"I thought he played an outstanding game," Simmons said.

Throughout the first half, both sides battled with SIUE responding to every shot, including a tiebreaker from Tyson Martin of KWC with 7 minutes, 59 seconds left in the half. A free throw by Heimos and a jumper, as part of his 17-point night, by freshman guard J.B. Jones started the Cougars' biggest run of the game. Not even the Panthers could stop the Cougars at this

Simmons noted that there was not much difference between both teams at home than there was on Jan. 22 at KWC, when SIUE edged for the 66-64 win.

"I thought we guarded just a little bit better and we were able to get better control of the game," Simmons said. "As the second half went on, we just did a good

job making decisions and on the spots we needed on offense."

Junior forward Justin Ward picked up 12 points off the bench and Heimos recorded all sixes with six points, rebounds and blocks.

With now just two games to go in the season, Simmons hopes to avenge the team's home loss to Indianapolis University Jan. 29 and attempt 22 wins there.

The Cougars already made a mark with 20 wins Thursday for the first time since the 1989-90

"I think our guys are excited," Simmons said. "(Indianapolis) is a good team, well-coached and has got one of the best players in the GLVC and maybe in the country in (senior All-American) David Logan.

"Hopefully we can set things up and do a better job containing him," he said.

The 25th-ranked Cougars start their last road trip of the season at 7:30 p.m. Thursday in Indianapolis, Ind.

WOMENS: from page 9

"We started off really good with a 19-8 run on (KWC)," Hedberg said. "Then we went for a long stretch of (no

scoring)."

The Cougars fell into a slump and only scored two points in five minutes late in the first half while the Panthers caught up to them. A foul by KWC sent Carrillo to the foul line where she made both free throws to jump-start the rest of the team. Additional free throws by Sykes put the Cougars up 27-24 entering halftime.

The first-half results motivated Hedberg and the Cougars to continue forward the rest of the game.

"We were up at half and felt like we could make good adjustments in the second half," Hedberg said.

However, within the first minute of the second half, KWC hit a game tying 3-pointer. Minutes later the Panthers took not recover.

The Cougars were, at one point, down by 14 while only shooting 32 percent from the

Carrillo was the leading scorer, notching 11 points and nabbing two blocks. Sykes complemented Carrillo with seven points and seven rebounds. Junior guards Amber Wisdom and Lindy Carey and sophomore guard Jamie Kennedy each had six points.

Hedberg said she felt the game could have gone the Cougars' way with more coverage on defense.

"Only two kids really hurt us the whole game," Hedberg said. "(KWC center Mary Czarnecki) had 23 and (KWC forward LaTasha Henry) had 17. We really needed to stop them."

SIUE moves to 6-12 in the Great Lakes Valley Conference, 11-16 overall, and remains tied with Southern Indiana University in eighth place after defeating UMSL Saturday.

The Cougars hit the road next week for the final two games the lead and the Cougars could of the regular season, visiting the Indianapolis University Greyhounds at 5:30 p.m. Thursday in Indianapolis.

TRACK from page 9

with a time of 3:50.33.

left to do is work on our school record with a time of handoffs," freshman Jessica 12:30.46, earning the squad third Levy, a member of the record- place in the meet. breaking relay team, said.

all season, and this weekend weekend," Levy said. "I think we was no exception. She placed still have great unity, athletes and second in the meet and broke the school record in the 400-meter dash with a

time of 57.14.

"Everyone has brought their The women's distance time down, so now all we have to medley also broke the

"I am excited about Levy has shattered records (conference championship) this talent, which is why I think we will be able to win (conference) again this year."

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PERSONALS

The men of $\Sigma\Pi$ would like to thank $\Sigma\Phi E$ for participating in the toilet bowl... better

 $\Sigma\Pi$ brother of the week-Reeves for his hard work in getting the Mardi Gras buses together. Thanks again Reeves. 2/22/05

ΣΠ burro of the week-Chalk for his wonderful first impression with the AΦ's... better luck next year! 2/22/05

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5 runs: \$.90/line 20 runs: \$.85/line Personals: \$.50 (2 line minimum) 3 runs: \$.95/line

Deadlines

Tuesday Publication: Noon Friday Thursday Publication: Noon Tuesday

Adjustments

Read your ad on the first day it appears. If you cannot find your ad or discover an error in your ad, call 650-3528 or come into the office. Positively no allowance made for errors after the first insertion of advertisement. No allowance of correction will be made without a receipt.

Placing Ads

To place a classified ad, come to the Office of Student Publications, located in the UC, Rm. 2022, and fill out a classifieds form.

> **Alestle Office Hours:** Monday thru Friday: 8am - 4:30pm





