Ideation Phase Brainstorm & Idea Prioritization Template

Date	19 September 2022
Team ID	612000
Project Name	Mental health prediction using machine learning
Maximum Marks	4 Marks

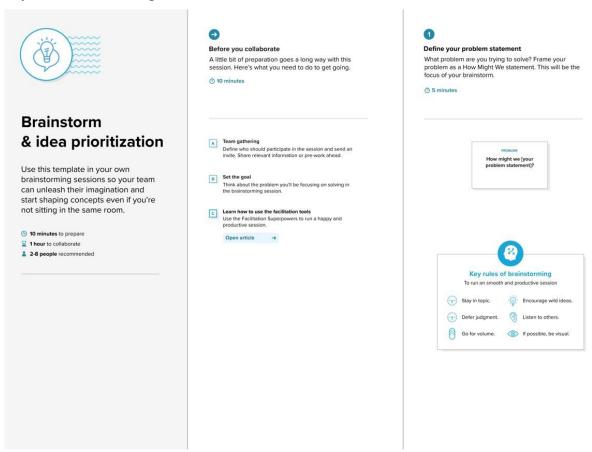
Brainstorm & Idea Prioritization Template:

Brainstorming provides a free and open environment that encourages everyone within a team to participate in the creative thinking process that leads to problem solving. Prioritizing volume over value, out-of-the-box ideas are welcome and built upon, and all participants are encouraged to collaborate, helping each other develop a rich amount of creative solutions.

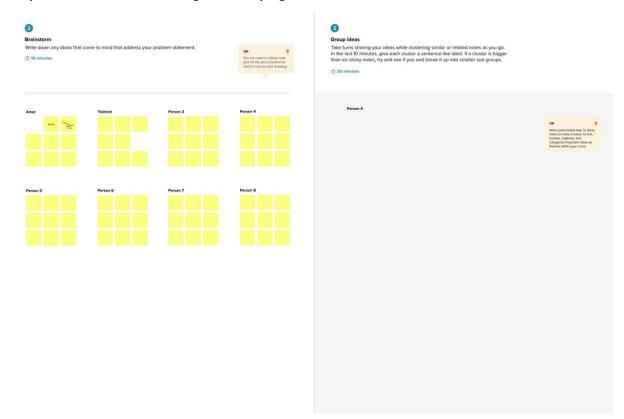
Use this template in your own brainstorming sessions so your team can unleash their imagination and start shaping concepts even if you're not sitting in the same room.

Reference: https://www.mural.co/templates/empathy-map-canvas

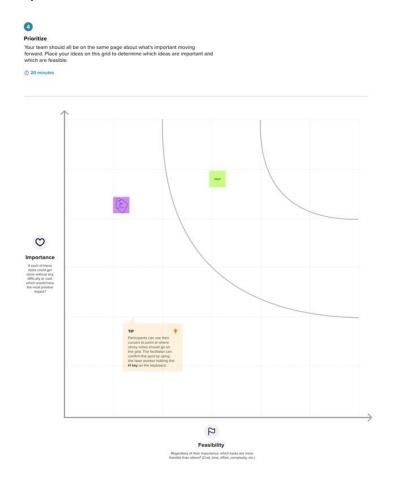
Step-1: Team Gathering, Collaboration and Select the Problem Statement



Step-2: Brainstorm, Idea Listing and Grouping



Step-3: Idea Prioritization



Mental health prediction using Machine Learning

Problem Description: Early identification and intervention are crucial for managing mental health conditions. However, traditional methods often rely on self-reporting or clinical assessment, which can be limited by stigma, accessibility, and individual biases. Machine learning presents a potential solution by analyzing data to predict the risk of developing mental health issues.

Project Objectives:

- Develop a machine learning model to predict the likelihood of individuals experiencing specific mental health conditions (e.g., depression, anxiety).
- Identify crucial data features associated with increased mental health risk.
- Explore the ethical implications and limitations of using machine learning for mental health prediction.

Data:

- The specific data used will depend on the chosen mental health condition(s) and target population. Potential sources include:
 - Self-reported surveys on mood, sleep, and stress levels.
 - Social media activity analysis (with user consent).
 - Wearable device data on heart rate, sleep patterns, and activity levels.
 - Electronic health records (anonymized and ethically sourced).
- Data preprocessing and feature engineering will be crucial to prepare the data for machine learning algorithms.

Machine Learning Methods:

- Explore various supervised learning algorithms suitable for classification tasks, such as:
 - Support Vector Machines (SVM)
 - Random Forest
 - Logistic Regression
 - Neural Networks
- Compare the performance of different models and select the one with the best prediction accuracy and interpretability.

Evaluation and Results:

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- Employ cross-validation and other techniques to ensure generalizability of results.
- Interpret the model's predictions to understand which features contribute most to the risk assessment.

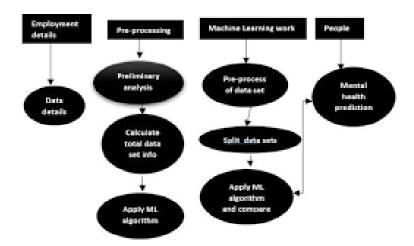
Ethical Considerations:

- Address privacy concerns surrounding data collection and usage.
- Ensure model fairness and avoid biases against specific demographics.
- Emphasize that the model is for prediction, not diagnosis, and encourage seeking professional help when needed.

Potential Applications:

- Early intervention programs for high-risk individuals.
- Personalized mental health resources and support.
- Public health initiatives to address mental health challenges.

Technical Architecture:



Project flow:

1. **Phase 1: Project Definition & Preparation Define Scope & Goals:** Clearly define the target mental health condition(s), target population, and specific objectives (e.g., prediction accuracy, interpretability).

- 2. **Ethical Considerations:** Establish ethical guidelines for data collection, privacy, and responsible use of predictions.
- 3. **Team Formation:** Assemble a team with expertise in mental health, data science, and machine learning.
- 4. **Data Acquisition:** Identify and source appropriate data (anonymized and ethically obtained), considering privacy regulations.

Phase 2: Data Preparation & Exploration

- 5. **Data Cleaning & Preprocessing:** Handle missing values, outliers, and inconsistencies in the data.
- 6. **Feature Engineering:** Create meaningful features from raw data relevant to mental health prediction.
- 7. **Exploratory Data Analysis:** Understand the data distribution, correlations, and potential risks of bias.
- 8. **Data Splitting:** Divide the data into training, validation, and testing sets for model evaluation.

Phase 3: Model Development & Training

- 9. **Model Selection:** Choose appropriate supervised learning algorithms based on data characteristics and task requirements.
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- 16. **Model Deployment:** Deploy the final model in a production environment accessible to authorized users.
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18. **Ethical Review & Continuous Improvement:** Regularly review the ethical implications of the system and make necessary adjustments.

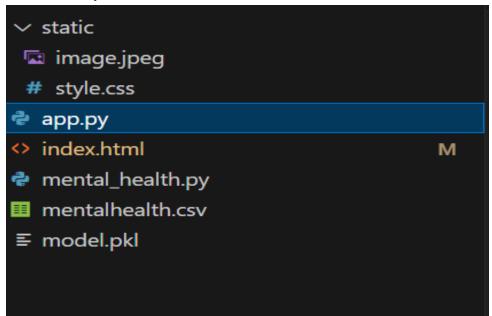
Prior knowledge:

- 1.CNN
- 2.Logistic Regression
- Flask: Flask is a popular Python web framework, meaning it is a third-party Python library used for developing web applications. Link: https://www.youtube.com/watch?v=lj4l_CvBnt0

Build python code:

Project Structure:

Create a Project folder which contains files as shown below:



- The Dataset folder contains the training and testing images for training our model.
- For building a Flask Application we needs HTML pages stored in the templates folder, CSS for styling the pages stored in the static folder and a python script app.py for server side scripting
- The IBM folder consists of a trained model notebook on IBM Cloud.

Milestone 1:

Data Collection There are many popular open sources for collecting the data.

Eg: kaggle.com, UCI repository, etc.

Activity 1: Download the dataset

Collect various types of data from people based on respective names as shown in project structure.

In this project, we have collected names, age, family history of the respective people

Dataset: C:\Users\saiku\OneDrive\Desktop\AIML\mentalhealth.csv

Activity 2: Create training and testing dataset

To build a ML model we have to split training and testing data into two separate folders. But in this project dataset folder training and testing folders are not present. So, in this case we have to separate the data into train & test folders.

from sklearn.model selection import train test split

The input size is

(1258, 2)

Milestone 2:Data Preprocessing

In this milestone we will be improving the image data that suppresses unwilling distortions or enhances some image features important for further processing, although perform some geometric transformations of images like rotation, scaling, translation, etc.

Activity 1:

Importing the libraries

```
import numpy as np
import pandas as pd
from sklearn.linear_model import LogisticRegression
from sklearn.neighbors import KNeighborsClassifier
from sklearn.ensemble import RandomForestClassifier
from sklearn.naive_bayes import GaussianNB
from mlxtend.classifier import StackingClassifier
from sklearn.model_selection import train_test_split
import warnings
import pickle
warnings.filterwarnings("ignore")
```

Activity 2:

Replace mismatched data with correct data.

```
male_str = ["male", "m", "male-ish", "maile", "mal", "male (cis)", "make",
    "male ", "man", "msle", "mail", "malr", "cis man", "Cis Male", "cis male"]

trans_str = ["trans-female", "something kinda male?", "queer/she/they", "non-
binary", "nah", "all", "enby", "fluid", "genderqueer", "androgyne", "agender",
    "male leaning androgynous", "guy (-ish) ^_^", "trans woman", "neuter",
    "female (trans)", "queer", "ostensibly male, unsure what that really means"]

female_str = ["cis female", "f", "female", "woman", "femake", "female
    ","cis-female/femme", "female (cis)", "femail"]

for (row, col) in data.iterrows():

    if str.lower(col.Gender) in male_str:
        data['Gender'].replace(to_replace=col.Gender, value='male',
inplace=True)

if str.lower(col.Gender) in female_str:
```

```
data['Gender'].replace(to_replace=col.Gender, value='female',
inplace=True)

if str.lower(col.Gender) in trans_str:
    data['Gender'].replace(to_replace=col.Gender, value='trans',
inplace=True)
```

Activity 3: Apply mapping functionality to Train set and Test set

Let us apply mapping functionality to the Train set and Test set by using the following code. For Training set using flow_from_directory function. This function will return batches of images from the subdirectories Arguments:

- directory: Directory where the data is located. If labels are "inferred", it should contain subdirectories, each containing images for a class. Otherwise, the directory structure is ignored.
- batch_size: Size of the batches of data which is 64.
- target_size: Size to resize images after they are read from disk.
- class_mode:- 'int': means that the labels are encoded as integers (e.g. for sparse_categorical_crossentropy loss).- 'categorical' means that the labels are encoded as a categorical vector (e.g. for categorical_crossentropy loss).- 'binary' means that the labels (there can be only 2) are encoded as float32 scalars with values 0 or 1 (e.g. for binary_crossentropy).- None (no labels).

```
X = data[1:,1:-1]

y = data[1:, -1]

y = y.astype('int')

X = X.astype('int')

X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.3, random state=0)
```

Milestone 3:

Applying

KNeighboursclassifier,RandomForestClassifier,StackingClassifier,GuassianNB,LogisticRe gression

```
clf1 = KNeighborsClassifier(n_neighbors=1)

clf2 = RandomForestClassifier(random_state=1)

clf3 = GaussianNB()

lr = LogisticRegression()

stack = StackingClassifier(classifiers=[clf1, clf2, clf3],
meta_classifier=lr)

stack.fit(X_train, y_train)
```

Activity 3: Configure the Learning Process and save the model.

The compilation is the final step in creating a model. Once the compilation is done, we can move on to the training phase. The loss function is used to find errors or deviations in the learning process. Keras requires a loss function during the model compilation process. Optimization is an important process that optimizes the input weights by comparing the prediction and the loss function. Here we are using adam optimizer Metrics are used to evaluate the performance of your model. It is similar to the loss function, but not used in the training process

```
pickle.dump(stack,open('model.pkl','wb'))
model=pickle.load(open('model.pkl','rb'))
```

Milestone 4: Application Building In this section

, we will be building a web application that is integrated to the model we built. A UI is provided for the uses where he has to enter the values for predictions. The enter values are

given to the saved model and prediction is showcased on the UI. This section has the following tasks

- Building HTMLPages
- Building python code
- Runtheprogramme

Activity1: Building HTML Pages:

For this project create one HTML file namely

• index.html

Let's see how our index.html page looks like: predict section



Predict the probability whether the person wants mental health treatment or not

Here are the instructions to fill the form

- 1. For Gender: Enter 0 for male, 1 for female and 2 for transgender
- 2. For Family Hqistory: Enter 0 for No and 1 for Yes

Gender:	
Gender	
Family History:	
Family History	
	Predict Probability

Activity 2: Build Python code:

Import the libraries

from flask import Flask, request, url_for, redirect, render_template
import pickle

import numpy as np

Loading the saved model and initializing the flask app

```
app = Flask(__name__,
template_folder=r'C:\Users\saiku\OneDrive\Desktop\AIML')
model=pickle.load(open('model.pkl','rb'))
```

Render HTML pages

```
@app.route('/')
def hello_world():
    return render_template("index.html")
```

Once we uploaded the file into the app, then verifying the file uploaded properly or not. Here we will be using declared constructor to route to the HTML page which we have created earlier. In the above example, '/' URL is bound with index.html function. Hence, when the home page of the web server is opened in browser, the html page will be rendered. Whenever you enter the values from the html page the values can be retrieved using POST Method.

```
@app.route('/predict',methods=['POST','GET'])

def predict():
    int_features=[int(x) for x in request.form.values()]
    final=[np.array(int_features)]
    print(int_features)
    print(final)
    prediction=model.predict_proba(final)
    output='{0:.{1}f}'.format(prediction[0][1], 2)

    if output>str(0.5):
        return render_template('index.html',pred ='You need a treatment.\nProbability of mental illness is {}'.format(output))
    else:
        return render_template('index.html',pred ='You do not need treatment.\n Probability of mental illness is {}'.format(output))
```

Here we are routing our app to predict function. This function retrieves all the values from the HTML page using Post request. That is stored in an array. This array is passed to the model.predict() function. This function returns the prediction. And this prediction value will rendered to the text that we have mentioned in the index.html page earlier

Main function:

```
if __name__ == '__main__':
    app.run(debug=True)
```

Activity 3: Run the application

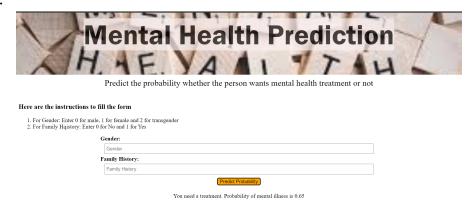
- Open Spyder
- Navigate to the folder where your Python script is.
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- * Running on http://127.0.0.1:5000

Press CTRL+C to quit

- * Restarting with stat
- * Debugger is active!
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The home page looks like this. When you click on the Predict button, you'll be redirected to the predict section

Input 1:



ental Health Prediction

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Gender:	
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You do not need treatment. Probability of mental illness is 0.33



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Gender:		
Gender		
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You need a treatment. Probability of mental illness is 0.80

Mental health prediction using Machine Learning

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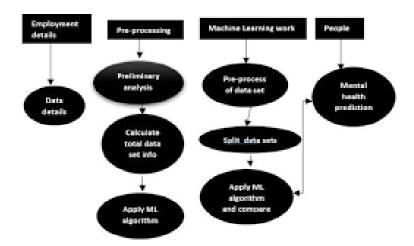
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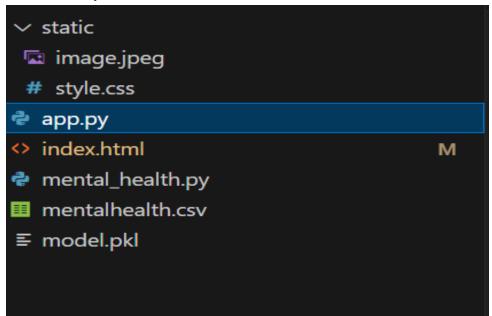
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y = y.astype('int')

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KNeighboursclassifier,RandomForestClassifier,StackingClassifier,GuassianNB,LogisticRe gression

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clf3 = GaussianNB()

lr = LogisticRegression()

stack = StackingClassifier(classifiers=[clf1, clf2, clf3],
meta_classifier=lr)

stack.fit(X train, y train)
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The compilation is the final step in creating a model. Once the compilation is done, we can move on to the training phase. The loss function is used to find errors or deviations in the learning process. Keras requires a loss function during the model compilation process. Optimization is an important process that optimizes the input weights by comparing the prediction and the loss function. Here we are using adam optimizer Metrics are used to evaluate the performance of your model. It is similar to the loss function, but not used in the training process

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pickle.dump(stack,open('model.pkl','wb'))
model=pickle.load(open('model.pkl','rb'))
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Milestone 4: Application Building In this section

, we will be building a web application that is integrated to the model we built. A UI is provided for the uses where he has to enter the values for predictions. The enter values are

given to the saved model and prediction is showcased on the UI. This section has the following tasks

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- Building python code
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For this project create one HTML file namely

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Let's see how our index.html page looks like: predict section



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Gender:		
Gender		
Family History:		
Family History		
	Predict Probability	

Activity 2: Build Python code:

Import the libraries

from flask import Flask, request, url_for, redirect, render_template
import pickle

import numpy as np

Loading the saved model and initializing the flask app

```
app = Flask(__name__,
template_folder=r'C:\Users\saiku\OneDrive\Desktop\AIML')
model=pickle.load(open('model.pkl','rb'))
```

Render HTML pages

```
@app.route('/')
def hello_world():
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```

Once we uploaded the file into the app, then verifying the file uploaded properly or not. Here we will be using declared constructor to route to the HTML page which we have created earlier. In the above example, '/' URL is bound with index.html function. Hence, when the home page of the web server is opened in browser, the html page will be rendered. Whenever you enter the values from the html page the values can be retrieved using POST Method.

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@app.route('/predict',methods=['POST','GET'])

def predict():
    int_features=[int(x) for x in request.form.values()]
    final=[np.array(int_features)]
    print(int_features)
    print(final)
    prediction=model.predict_proba(final)
    output='{0:.{1}f}'.format(prediction[0][1], 2)

    if output>str(0.5):
        return render_template('index.html',pred ='You need a treatment.\nProbability of mental illness is {}'.format(output))
    else:
        return render_template('index.html',pred ='You do not need treatment.\n Probability of mental illness is {}'.format(output))
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Main function:

```
if __name__ == '__main__':
    app.run(debug=True)
```

Activity 3: Run the application

- Open Spyder
- Navigate to the folder where your Python script is.
- Now click on the green play button above.
- Click on the predict button from the top right corner, enter the inputs, click on the Classify button, and see the result/prediction on the web.

* Running on http://127.0.0.1:5000

Press CTRL+C to quit

- * Restarting with stat
- * Debugger is active!
- * Debugger PIN: 216-398-786

The home page looks like this. When you click on the Predict button, you'll be redirected to the predict section

Input 1:

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You do not need treatment. Probability of mental illness is 0.33

You need a treatment. Probability of mental illness is 0.80

Project Design Phase-I

Solution Architecture

Date	06-11-2023 (06 November 2023)
Team ID	Team-612000
Project Name	Mental Health Prediction using Machine Learning
Max marks	5 marks

Solution Architecture

The basic architecture of the proposed solution revolves around the fundamental machine building using Machine Learning Algorithm, which is Random Forest in our project.

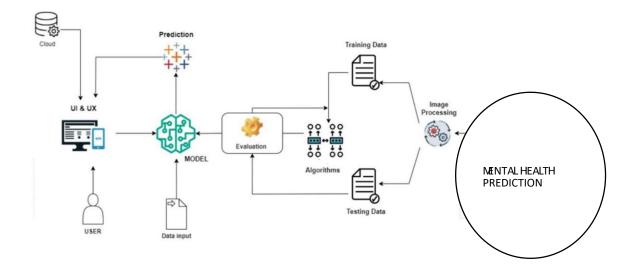
Building blocks

- ✓ Data Set
- ✓ Model (Built using scikit Learn library (Python))
- ✓ Front-End interface
- ✓ Back-End support (To host the application)

Work Flow

- ✓ Collect the data
- ✓ Data Preprocessing
- ✓ Splitting the data into
 - > Train Data
 - > Test Data
 - Validation Data
- ✓ Initializing the model
- ✓ Training the model
- ✓ Testing the model

- ✓ Saving the model
- ✓ Integrating Flask with the ML model
- ✓ Hosting the application



Project Design Phase-I

Proposed Solution

Date	06 November 2023	
Team ID	Team-612000	
Project Name	Mental Health Prediction using machine learning	
Maximum Marks	2 Marks	

Proposed Solution

S.No	Parameter	Description
1	Problem Statement(Problem to be Solved)	Develop a model for the automated classification of mental health prediction into distinct diagnostic categories, aiming to improve the efficiency and accuracy of system.
2	Idea/Solution Description	Develop a Machine Learning model for the classification of collected data into different diagnostic categories. Using Random Forest as the base classifier
3	Novelty/Uniqueness	Provide the dataset of the collected data of distinct people
4	Social Impact/Customer Satisfaction	The percentage for incorrect treatment is quite less when

		compared with other existing classification methods. Speedy and precise results		
5	Business Model(Revenue Model)	Collaboration with Health care and mental health of people		
6	Scalability of the Solution	Proposed solution is platform independent and can easily be integrated with any cloud based solution to scale at any order.		

Project Planning Phase

Project Planning Template (Product Backlog, Sprint Planning, Stories, Story points)

Date	15 November 2023
Team ID	Team 612000
Project Name	Mental Health Prediction using Machine Learning
Maximum Marks	8 Marks

Product Backlog, Sprint Schedule, and Estimation:

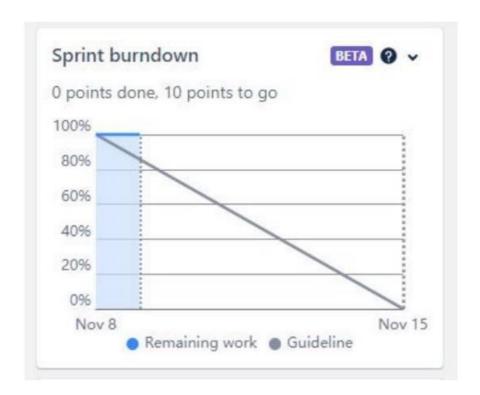
Sprint	Functional Requirement (Epic)	User Story Number	User Story / Task	Story Points	Priority	Team Memebers
Sprint-1	Interface	US1	Need a friendly interface with proper labels	2	High	Saikumar
		US2	Expects fields to enter information	1	High	Saikumar
	Prediction	US3	Needs prediction any number of times in a single page session	1	High	Siva
Sprint 2		US4	Expects a clear result on the type of Eye	1	High	Chandu

		Disease, if any			
	US5	Needs a clear description of the predicted disease	1	High	Teja

Project Tracker, Velocity & Burndown Chart:

Sprint	Total Story Point s	Durati on	Sprint Start Date	Sprint End Date (Planned)	Story Points Completed (ason Planned End Date)	Sprint Release Date (Actual)	Team Members
Sprint-1	3	5 Days	03 Nov 2023	07 Nov 2023	3	07 Nov 2023	Saikumar
Sprint-2	3	3 Days	08 Nov 2023	10 Nov 2023	3	10 Nov 2023	Sivanadh
Sprint-3	5	5 Days	11 Nov 2023	15 Nov 2023	5	15 Nov 2023	Teja
Sprint-4	6	4 Days	16 Nov 2023	19 Nov 2023	6	19 Nov 2023	Chandu
Sprint-5	4	2 Days	17 Nov 2023	18 Nov 2023	4	18 Nov 2023	siva

Burn-Chart:



Sprint Delivery Schedule:

	т	NOV	DEC	JAN '24
Sprints		SCRUM! SCR		
VDSPRINT-4 Designing User Interface				
VDSPRINT-7 Data Collection				
VDSPRINT-10 Data preprocessing				
VDSPRINT-15 Model building and Training				
☑ VDSPRINT-24 Model integration with UI and hostin	5			

Project-Performance

Model Performance Test

Date	16 November 2023	
Team ID	Team-612000	
Project Name	Mental Health Prediction using Machine Learning	
Maximum Marks	10 Marks	

Metrics:

data:

Kneighbour and Random forest classifier:

```
clf1 = KNeighborsClassifier(n_neighbors=1)
clf2 = RandomForestClassifier(random_state=1)
```

Logistic Regression and stack classifier

lr = LogisticRegression() stack = StackingClassifier(classifiers=[clf1, clf2, clf3], meta_classifier=lr)

Ideation Phase

Empathize & Discover

Date	06 November 2023	
Team ID	Team-612000	
Project Name	Mental Health Prediction using Machine Learning	
Maximum Marks	2 Marks	

Empathy Map:

An empathy map is a simple, easy-to-digest visual that captures knowledge about a user's behaviours and attitudes.



Project Design Phase - II
Technology Stack (Architecture & Stack)

Date	13 November 2023
Team ID	Team - 612000
Project Name	Mental Health Prediction using Machine Le arning
Maximum Marks	4 Marks

Technical Architecture

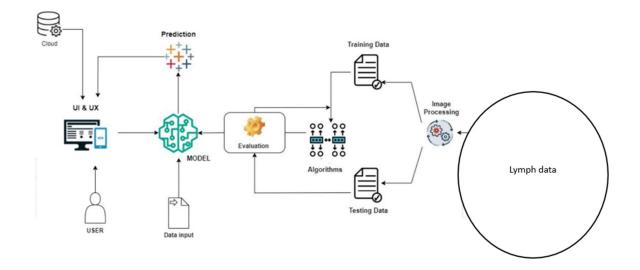


Table-1
Components & Technologies

SNO	Component	Description	Technology
1	User Interface	Web UI	HTML, CSS, JavaScript
2	Application Logic-1	Data Preprocessing	Python, Numpy
3	Application Logic-2	Creating ML model	Necessary Python Libraries
4	Application Logic-3	Web application	Flask
5	Machine Learning Model	ML model using Random Forest	Machine learning algorithm (Random Forest) from scikit learn
6	Infrastructure (Server / Cloud)	Application Deployment on Cloud Server	AWS EC2

Table-2
Application Characteristics

SNO	Characteristics	Description	Technology
1	Open-Source Frameworks	Flask	Technology of Open Source framework
2	Security Implementations	CSRF Protection, Secure Flag For Cookies	SHA-256, Encryptions, IAMControls, OWASP etc.
3	Scalable Architecture	3 – tier, Micro-services	Micro Web Application by Flask.
4	Availability	U se of load balancers (ALB), distributed servers etc,	Application Load balancer Werkzeug,Jinja2,Sinatra RubyFramework
5	Performance	Orm-Agnostic, Web Framework,Wsgi 1.0Compliant, Http Request Handling Functionality High Flexibility	SQLAlchemy,Extensions, Werkzeug,Jinja2,Sinatra RubyFramework