Skills and Interests Reflection (Using STAR Technique)

S – Situation:

As part of my personal and professional development during my third year in the ICT: Applications Development program at Cape Peninsula University of Technology, I wanted to better understand which skills and interests align with the career path I want to pursue in the software development industry.

T – Task:

My goal was to reflect on the skills I've developed so far, identify my core interests, and determine how they could guide my future career decisions. This reflection was especially important as I began preparing to apply for internships and junior developer roles.

A – Action:

I started by listing the key skills I've gained from both coursework and projects, such as programming in Java and JavaScript, building interfaces with React, using Firebase for back-end integration, and collaborating in team projects. I also took time to reflect on what I genuinely enjoy doing: designing user-friendly interfaces, solving logical problems, and bringing ideas to life through code. To explore further, I used self-assessment tools and participated in a career counselling session, where I discovered that my strengths lie in creative problem-solving, teamwork, and communication. I also noticed I'm most engaged when I work on projects that involve real-world impact, especially ones related to food services, travel, or social apps. **R – Result:**

Through this reflection, I confirmed that I am not only technically capable but also genuinely passionate about building solutions that improve everyday life. My strongest technical skills, front-end development, UI/UX design, and Firebase integration, perfectly align with my interest in tech entrepreneurship. This has helped me focus my career direction on roles like Front-End Developer, UI/UX Designer, or

eventually launching my own tech-driven food business. I feel more confident in pursuing opportunities that combine creativity, technology, and user impact.

Evidence:

PROJECT PRESENTATION 3
Skills and Interests

SIBAHLE JOSLINE ANITA LOTTERING

Final Mark
Formative | Submitted 14/02/2025, 22:21 (UTC+2)

100 / 100

Time spent	Amount attempted	Status
01:59:57	100%	Complete

SCO Title	Status	Score	Student's Response	Result	Time
Skills and Interests	Complete	100%	N/A	N/A	01:59:57
SKILLS__amp;_INTERES_What_are_values__0	Complete	0%	c	Correct	00:00:01
SKILLS__amp;_INTERES_Skills_are:_0	Complete	0%	a	Correct	00:00:04
SKILLS__amp;_INTERES_Which_of_the_following_is_an_example_of_a_transferable_skill__0	Complete	0%	p	Correct	00:00:07
SKILLS__amp;_INTERES_Interests_can_be_described_as:_0	Complete	0%	t	Correct	00:00:08
SKILLS__amp;_INTERES_How_can_values_influence_your_career_choices__0	Complete	0%	t	Correct	00:00:07