## **FINAL**

Nathan Elsensohn Phosepenenimita 2018

The driving inspiration behind this project was phosphenes. Those lights; visual hallucinations that one sees when they close their eyes and may either be induced through forcefully pressing on the eyes, or achieving a highly relaxed state of existence which would enable one to reach a different brainwave level. Scientifically, they're known as "phosphenes." Spiritually, they're known as "nimita." They're those things your brain sees but it craves a constant flux of stimulation, and aims to keep the emptiness of the void at bay. This work references perception—i.e. one's personal sense of reality—and, to a degree, sensory deprivation and how that correllates to visions. All of the shapes, textures, patterns, are meant to be a visualization of similar phosphenes that I experience. In short, this is a work about bringing my very-personal inner-reality into the world, even if only in the very loosest and fallible of ways.





