	Normal Frame (64800 bits)					
PLFRAME	MAPPIN ®	LHEAD	Rithout Pilo:	#Pilot blocks	# Pilots	With Pilots
QPSK	32400	90	32490	22	792	33282
8SPK	21600	90	21690	14	504	22194
16APSK	16200	90	16290	11	396	16686
32APSK	12960	90	13050	8	288	13338