3 Press the focus stick (focus lever) up or down to highlight a frame rate ((2)) and press the stick right.

Options					
23.98P	24P	25P	29.97P	50P	59.94P

4 Press the focus stick up or down to highlight a bit rate (3) and press MENU/OK.

Options				
50Mbps	100Mbps	200Mbps		

The choice of frame and bit rates varies with the movie mode.

FULL HD HIGH SPEED REC

Record high-frame-rate Full HD movies. High-frame-rate movies can be played back in slow motion, giving you time to view fast-moving subjects or details too fleeting for the naked eye.

Option	Description		
2x ▶ 59.94P 🕰 120P	Record Full HD footage at frame rates of 120 or 100 fps.		
2X 🕑 3VP 🗯 10VP	The movies play back at $\frac{1}{2}$, $\frac{1}{4}$, or $\frac{1}{5}$ speed. Maximum re-		
4X 🕑 29.9/P 🗯 120P	cording length is 6 minutes. The footage recorded to the		
4X 🕑 25P 😭 100P	memory card is compressed with the goal of keeping the amount of data recorded to 200 Mbps per second.		
5x 🕒 24P 🔀 120P			
5x ▶ 23.98P 🕰 120P			
OFF	High-speed recording off.		



Nigh-speed movies are recorded with no sound.