Camping Cheatsheet

Equipment

- Tent (with stakes and guylines)
- · Sleeping bag
- Sleeping pad or air mattress
- Camp stove and fuel
- · Cookware (pots, pans, utensils)
- · Cooler and ice
- Headlamp or flashlight (with extra batteries)
- · Camp chairs or stools
- Water bottles or hydration system
- · First aid kit
- · Map and compass or GPS
- Multi-tool or knife

Setting Up Camp

- 1. Choose a campsite that is legal and safe to use.
- 2. Clear the site of any debris or hazards.
- 3. Set up the tent, making sure it is level and secure.
- 4. Stake down the tent and use guylines as needed.
- 5. Set up the sleeping bag and pad or air mattress inside the tent.
- 6. Set up the camp stove and cookware in a safe location away from the tent.
- 7. Store food in a cooler or bear-resistant container.
- 8. Hang food and trash bags from a tree or use a bear canister if necessary.

Campfire Safety

- Check for fire restrictions or bans in the area before starting a fire.
- Build fires in designated fire rings or pits.
- Clear the area around the fire of any debris or flammable materials.
- Keep a bucket of water or shovel nearby for emergencies.
- Never leave a fire unattended.
- Completely extinguish the fire before leaving the campsite.

Leave No Trace Principles

- Plan ahead and prepare for your trip.
- Travel and camp on durable surfaces.
- Dispose of waste properly.
- Leave what you find.
- Minimize campfire impact.
- · Respect wildlife.
- Be considerate of other visitors.

Resources

- REI Camping Checklist a comprehensive camping checklist
- Leave No Trace a nonprofit organization promoting responsible outdoor ethics
- National Park Service information on national parks and camping regulations

• <u>Campground Reviews</u> - reviews and information on campgrounds across the US