

Knitting Cheatsheet

Materials

- Yarn (various weights and fibers)
- Knitting needles (various sizes)
- Scissors
- Tapestry needle
- Stitch markers
- Row counter
- Measuring tape
- Stitch holders or waste yarn

Basic Stitches

- Knit stitch (k): inserting the needle into the stitch from front to back, wrapping the yarn around the needle, and pulling the needle back through the stitch
- Purl stitch (p): inserting the needle into the stitch from back to front, wrapping the yarn around the needle, and pulling the needle back through the stitch
- Cast on: creating the first row of stitches on the needle
- Bind off: finishing the last row of stitches and removing them from the needle

Techniques

- Stockinette stitch: alternating rows of knit and purl stitches to create a smooth, flat fabric
- Garter stitch: knitting every row to create a bumpy, textured fabric
- Ribbing: alternating knit and purl stitches in a pattern to create a stretchy, elastic fabric
- Cables: crossing stitches over each other to create a braided effect
- Lace: creating patterns of holes and eyelets in the fabric
- Intarsia: knitting with multiple colors to create a picture or design
- Fair Isle: knitting with multiple colors in a pattern to create a colorwork design

Abbreviations

- k: knit stitch
- p: purl stitch
- CO: cast on
- BO: bind off
- st: stitch
- RS: right side
- WS: wrong side
- inc: increase
- dec: decrease
- yo: yarn over

Resources

- [Stitch 'n Bitch: The Knitter's Handbook by Debbie Stoller](#)
- [Ravelry](#): online community for knitters and crocheters with patterns, forums, and project sharing
- [KnittingHelp.com](#): video tutorials and forums for knitters of all levels