

**First rule** is higher time frame trend, align yourself the higher timeframe.

That means you have to look for your trend on a higher timeframe.

For example if you are trading on 5Minutes chart you have to check for the market trend on 15 minutes timeframe.

**Second rule** look for the last major swing level that was broken

**Third rule** is rejection, and the way we look for rejection is by looking for the market to create a high, come to that high and then be rejected from the high by pushing lower this is known as a double top and it's extremely simple price pattern for entry reasons after this double top i want to see a red candle.

**Once a major swing** level is broken that is the level you want to look at for trend continuation.

### Entry Reasons. STEP1

1. Align on the correct side of the market based around trend, we do that by utilizing two time frames our first time frame. We need to be one time frame up from the time frame we plan to trade on. The second time frame is the time frame we actually place the trade on.
2. Identify the trend and the last major swing level that was broken on the higher time frame, then draw a zone near that last level of resistance or last major swing.

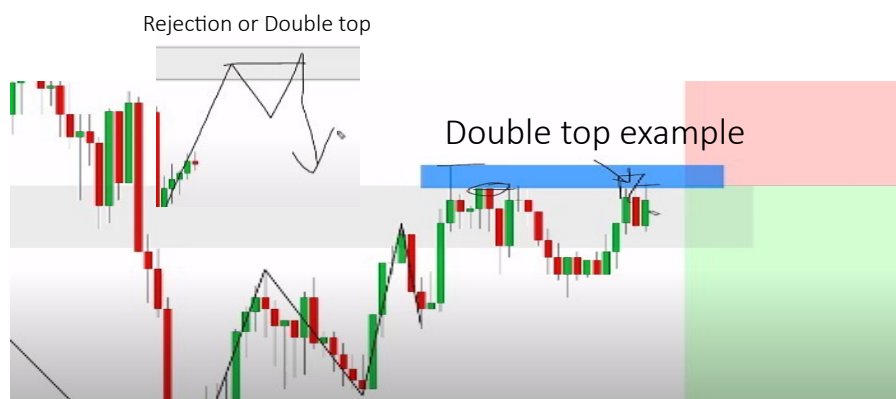
### 3. Rules for drawing zone area:

Zones are drawn between the highest bodies of the previous or last swing high and the highest wick of the previous or the last swing high.

Wicks of candles can touch the zone area, bodies of candles can close in the zone area, but the only thing that cannot happen is a candle closing above the zone area.

### STEP2.

3. Drop down to your actual trading time frame, wait on the market, asset, or whatever it is to come back up into the area or zone and then i want to see rejection.
4. Rejection: we are looking for the market to create a high, come to that high and then be rejected from it by Pushing lower this is known as a double top. It's extremely simple price pattern that i use for entry reasons. After the double top i want to see a red candle.



Zone area are drawn between the highest bodies of the previous swing high and the highest wick of the previous swing high.

# Bullish version.

If i'm trading on the **15 minute chart** i want to look up at the **one hour chart** for my trend identification

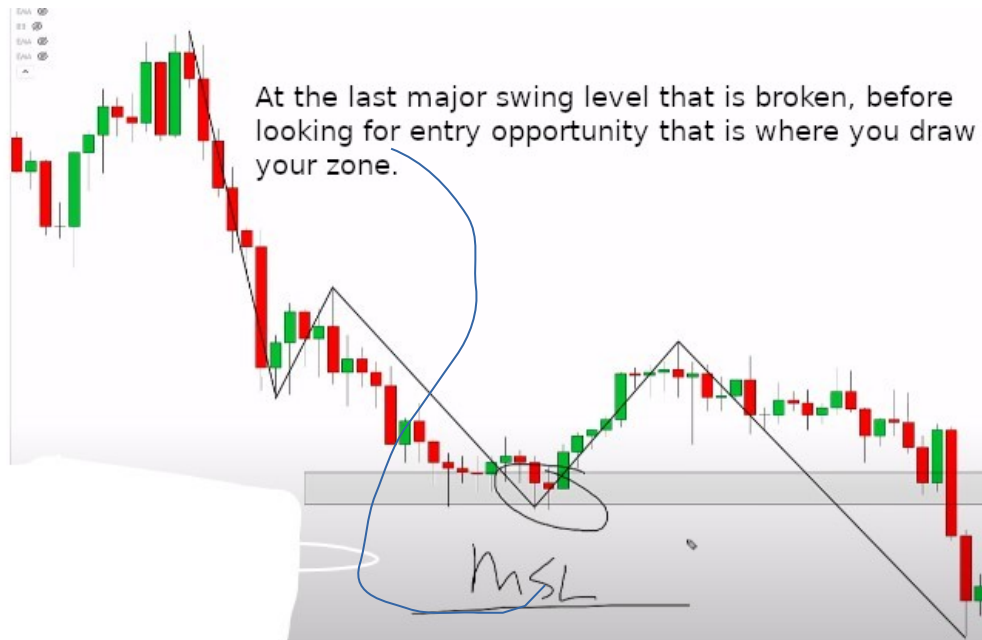
Steps

1. Identify trend direction
2. Identify the major swing level that was broken last.
3. Identify the **double bottom** for a **bullish trend**

## For a double bottom.

We have a **push down**, we have a **bottom**, we then have a **neckline**

We're looking for a **retest of this area without closing below it** that gives us **buying pressure** we then get a **green candle** followed by an even bigger green candle which is where our entry would be on that buying pressure candle for stop loss we would go below this low



**Zone area** are drawn between the **highest bodies** of the **previous swing high** and the **highest wick of the previous swing high**.



## NOTE:

1. For a **Rejection**, we are looking for the market to **create a high**, come to that **high** and then be **rejected from it** by Pushing lower this is known as a **double top**.
2. Once a **major swing level is broken** that is the level you want to look at for trend continuation.
3. **Zone area** are drawn between the **highest bodies** of the **previous swing high** and the **highest wick of the previous swing high**.  
**Wicks of candles** can touch the **zone area**, **bodies of candles** can **close in the zone area**, the only thing that cannot happen is a **candle closing above the zone area**.

Zones are drawn at the **last major swing level** that is **broken on the higher time frame** or any **other timeframe** before moving to the **lower time frame**, that is where you **draw your zone**.

4. In a **BULLISH trend**, we are looking for a **DOUBLE BOTTOM**.
5. In a **BEARISH trend**, we are looking for a **DOUBLE TOP**

## DOUBLE TOP RULES.

1. On retest, the **wick** must touch the **top** of the body of the previous structure.
2. The body of the retest cannot go above the wick of the previous structure.

## DOUBLE BOTTOM RULES.

1. The **lowest body** of the candle this **wick** must **touch**.
- 2, The **body of the retest**, cannot close below the **wick** of the initial test.

**Zone area** are drawn between the **highest bodies** of the **previous swing high** and the **highest wick of the previous swing high**.