

Block 10

Dear Potential Participant,

You are invited to participate in a valuable research study designed to help us better understand factors that may support or impede the successful community re-entry of formerly incarcerated individuals. This message describes what your participation would entail, the risks associated with participating in the study, and contact information if you have questions.

Your participation in this study is voluntary and will involve completing an online survey questionnaire with information about you and your experiences during and/or after your incarceration ended, including support you may have received for mental health, substance abuse, or other types of personal recovery. There will also be questions about your childhood and the household you grew up in, including whether you experienced physical or sexual abuse. You will complete the survey anonymously using an online platform called Qualtrics. Your responses will be kept confidential and only aggregate statistics and trends will be reported. The amount of time required to finish the survey will vary but we estimate that it should take no longer than 30 minutes to complete.

Your participation in the survey is voluntary. Participating in this study will not benefit you directly. However, your participation may benefit other individuals exiting incarceration in the future by informing policy makers and program developers about factors that help to facilitate successful community re-entry.

The results of this study may be published in academic and scientific research journals or presented at conferences. However, your name and identity will not be revealed and your responses will remain anonymous.

The risks to you as a participant in this study are minimal. They may include emotional discomfort or embarrassment when answering some questions. If you do not feel comfortable answering a specific question, you may choose not to respond and move on to the next question. Loss of anonymity is also a minimal risk as we have chosen to collect as little personally identifying information that can be tied to your responses as possible. The survey itself does NOT ask for any personal identifying information (for example, name, date of birth, etc).

You can choose not to participate. If you decide not to participate, there will not be a penalty to you or loss of any benefits to which you are otherwise entitled. You may withdraw from this study at any time.

This study is being conducted by students at Saint Louis University (SLU) under the guidance of SLU faculty member Dr. Hisako Matsuo. If you have any questions about this study, please contact Jacob Eikenberry at 217-720-0681. If you have questions about your rights as a research participant in this study, you can contact the SLU Institutional Review Board at 314-977-7744 and reference IRB #30699.

To complete the survey, please check "yes" below and continue. Please complete the survey at your earliest convenience but no later than November 16, 2019. There is not an option to save your responses and return at a later time to complete the survey. We encourage respondents to plan to spend approximately thirty minutes completing the survey.

Thank you very much for your cooperation,

Jacob Eikenberry, Ph.D. student, Public Health and Social Justice

Malcolm Townes, Ph.D. student, Public and Social Policy

Daniel Ferris, Ph.D. student, Public and Social Policy

Nicholas Sokolis, B.S. student, Civil Engineering

Do you agree to participate in the survey?

☐ Yes

☐ No

Screening Questions

Browser Meta Info

This question will not be displayed to the recipient.

Browser: **Chrome**

Version: **77.0.3865.120**

Operating System: **Windows NT 10.0**

Screen Resolution: **1368x912**

Flash Version: **-1**

Java Support: 0

User Agent: **Mozilla/5.0 (Windows NT 10.0; Win64; x64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/77.0.3865.120 Safari/537.36**

Are you currently incarcerated (i.e., in prison, jail, or under house arrest)? (select only one)

- ☐ Yes
- ☐ No

Are you currently detained in a residential facility for court-ordered substance abuse treatment as a form of sentencing? (select only one)

- ☐ Yes
- ☐ No

Are you currently in a residential treatment facility as a condition of parole or probation? (select only one)

- ☐ Yes
- ☐ No

Are you currently an involuntarily committed patient at a mental health treatment facility? (select only one)

- ☐ Yes
- ☐ No

Demographics

What is your gender? (select only one)

- ☐ Male
- ☐ Female
- ☐ Prefer to self-describe
- ☐ Prefer not to say

Do you identify as transgender? (select only one)

- ☐ Yes
- ☐ No
- ☐ Prefer not to say

What racial or ethnic group do you **primarily** identify with? (select only one)

- ☐ East Asian descent (Chinese, Korean, Japanese, Indonesian)
- ☐ Central Asian descent (Russian)
- ☐ Southern Asian descent (India)
- ☐ Black, African American, African descent
- ☐ Hispanic or Latino descent
- ☐ Middle Eastern or North African descent
- ☐ Native American or Alaska Native descent
- ☐ Native Hawaiian or Pacific Islander descent
- ☐ White, Caucasian, European descent
- ☐ Other descent

About how many people live in your city/town? (select only one)

- ☐ (Rural) Less than 2,500 people
- ☐ (Urban Cluster or Suburban) 2,500 to 50,000 people
- ☐ (Urban) 50,000 or more people

What is your religious affiliation? (select only one)

- ☐ Atheism (i.e., don't believe there is a God)
- ☐ Agnosticism (i.e., believe the existence of God is unknown and unknowable)
- ☐ Buddhist
- ☐ Eastern Orthodox
- ☐ Hindu
- ☐ Islam (Muslim)
- ☐ Jewish
- ☐ Latter Day Saints (i.e., LDS or Mormon)
- ☐ Non-Denominational

- ☐ Protestant (e.g., Baptist, Lutheran, Presbyterian, etc.)
- ☐ Roman Catholic
- ☐ Other
- ☐ Prefer not to answer

How old are you (i.e., years of age)?

How old were you when you were last released from prison or jail? (years of age)

About how much time in total have you spent incarcerated? (years, months)

	Years	Months
Total time incarcerated	<input type="text"/>	<input type="text"/>

What levels of education have you completed? (select all that apply)

- ☐ High school diploma or G.E.D.
- ☐ Trade school certificate
- ☐ Some college
- ☐ Associate degree from college
- ☐ Bachelor's degree from college
- ☐ Master's degree from college
- ☐ Doctorate degree from college

At what point did you complete your highest level of education? (select only one)

- ☐ Before being incarcerated
- ☐ During incarceration
- ☐ After being released from incarceration

When you were **last released** from jail or prison, what was your relationship status? (select only one)

- ☐ Single
- ☐ In a relationship
- ☐ Married
- ☐ Divorced
- ☐ Widowed

Financial Status

Including yourself, how many people live in your household?

In the first twelve months following release from your last incarceration, how did you financially support yourself? (check all that apply)

- ☐ Employment with a company or organization
- ☐ Self-employment or a business that you own
- ☐ Money received from family and friends
- ☐ Forms of Government Support (please specify):
- ☐ Other non-governmental support (please specify):
- ☐ Other (please specify):

About what percent of your total gross household income last year was attributable to self-employment or businesses that you owned? (select only one)

- ☐ 0 percent
- ☐ Between 1 and 25 percent
- ☐ Between 26 and 50 percent
- ☐ Between 51 and 75 percent
- ☐ Between 75 and 99 percent
- ☐ 100 percent

During the first twelve months after your last release from jail or prison, what was your approximate total gross household income? (select only one)

- ☐ Less than \$12,490
- ☐ Between \$12,490 and \$16,910
- ☐ Between \$16,911 and \$21,330
- ☐ Between \$21,330 and \$25,750
- ☐ Between \$25,751 and \$30,170
- ☐ Between \$30,171 and \$34,590
- ☐ Between \$34,591 and \$50,000
- ☐ Between \$50,001 and \$75,000
- ☐ Between \$75,001 and \$100,000
- ☐ Between \$100,001 and \$150,000
- ☐ Greater than \$150,000

In 2018, what was your total gross household income? (select only one)

- ☐ Less than \$12,490
- ☐ Between \$12,490 and \$16,910
- ☐ Between \$16,911 and \$21,330
- ☐ Between \$21,330 and \$25,750
- ☐ Between \$25,751 and \$30,170
- ☐ Between \$30,171 and \$34,590
- ☐ Between \$34,591 and \$50,000
- ☐ Between \$50,001 and \$75,000
- ☐ Between \$75,001 and \$100,000
- ☐ Between \$100,001 and \$150,000
- ☐ Greater than \$150,000

Overall, which of the following best describes how well you are managing financially these days? (select only one)

- ☐ Not able to pay all my household expenses each month
- ☐ Just able to pay all my household expenses each month
- ☐ Living comfortably but not able to save for the future
- ☐ Living comfortably and able to save for the future

Do you have enough savings to cover your expenses for at least 3 months if you're not able to work? (select only one)

- ☐ Yes
- ☐ No

Social Support

Multidimensional Scale of Perceived Social Support

Instructions: We are interested in how you felt about the following statements **immediately after returning from your last incarceration experience**. Read each statement carefully. Indicate how you felt about each statement.

	Very Strongly Disagree	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly Agree
There was a special person who was around when I was in need.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There was a special person with whom I could share my joys and sorrows.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My family really tried to help me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I received the emotional help and support I needed from my family.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I had a special person who was a real source of comfort to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My friends really tried to help me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I could count on my friends when things went wrong.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I could talk about my problems with my family.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I had friends with whom I could share my joys and sorrows.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Very Strongly Disagree	Strongly Disagree	Mildly Disagree	Neutral	Mildly Agree	Strongly Agree	Very Strongly Agree
There was a special person in my life who cared about my feelings.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My family was willing to help me make decisions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I could talk about my problems with my friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The following questions surround instrumental social support immediately after returning from your last incarceration experience. Please mark one answer to each question as it relates to the following statements.

Upon release from your last jail or prison experience, you had **someone in your family** who would provide...

	Strongly Disagree	Disagree	Agree	Strongly Agree
Help or advice on finding a place to live...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Help or advice on finding a job...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Support for dealing with a substance abuse problem if you had one...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Transportation to work or other appointments if needed...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Financial support...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Upon release from your last jail or prison experience, you had **a friend** who would provide...

	Strongly Disagree	Disagree	Agree	Strongly Agree
Help or advice on finding a place to live...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Strongly Disagree	Disagree	Agree	Strongly Agree
Help or advice on finding a job...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Support for dealing with a substance abuse problem if you had one...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Transportation to work or other appointments if needed...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Financial support...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Use of Public Services

Which of the following have you used at any time **after you were last released from prison or jail** (check all that apply)?

- ☐ Public transportation
- ☐ Housing Assistance (i.e. public housing or housing vouchers)
- ☐ Supplemental Nutrition Assistance Program (SNAP), food stamps
- ☐ Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)
- ☐ Temporary Assistance for Needy Families (TANF)
- ☐ Earned Income Tax Credit (EITC)
- ☐ Job training programs
- ☐ Medicaid or Medicare
- ☐ Education grants, loans, and scholarships

How important were the following for your reintegration into the community **following your last release from prison or jail**?

	Not Important	Somewhat Important	Very Important
Public transportation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Housing Assistance (i.e. public housing or housing vouchers)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Supplemental Nutrition Assistance Program (SNAP)/Food stamps	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Not Important	Somewhat Important	Very Important
Temporary Assistance for Needy Families (TANF)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Earned Income Tax Credit (EITC)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Job training programs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Medicaid or Medicare	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Education grants, loans, and/or scholarships	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Mental Health

The following ten questions are going to gauge adverse experiences you may have had while growing up. They may arouse discomfort. For the following questions, please choose yes or no for each of the statements, or if you are not comfortable answering a question, skip to the next question..

While you were growing up, during your first 18 years of life:

	Yes	No
Did a parent or other adult in the household often... Swear at you, insult you, put you down, or humiliate you? OR Act in a way that made you afraid you might be physically hurt?	<input type="radio"/>	<input type="radio"/>
Did a parent or other adult in the household often...Push, grab, slap, or throw something at you? OR Ever hit you so hard that you had marks or were injured?	<input type="radio"/>	<input type="radio"/>
Did an adult or person at least 5 years older than you ever...Touch or fondle you or have you touch their body in a sexual way? OR Try to actually have oral, anal, or vaginal sex with you?	<input type="radio"/>	<input type="radio"/>
Did you often feel that...No one in your family loved you or thought you were important or special? OR Your family didn't look out for each other, feel close to each other, or support each other?	<input type="radio"/>	<input type="radio"/>
Did you often feel that...You didn't have enough to eat, had to wear dirty clothes, and had no one to protect you? OR Your parents were too drunk or high to take care of you or take you to the doctor if you needed it?	<input type="radio"/>	<input type="radio"/>
Were your parents ever separated or divorced?	<input type="radio"/>	<input type="radio"/>

Yes

No

Was your mother or stepmother...Often pushed, grabbed, slapped, or had something thrown at her?

OR

Sometimes or often kicked, bitten, hit with a fist, or hit with something hard?

OR

Ever repeatedly hit over at least a few minutes or threatened with a gun or knife?

Did you live with anyone who was a problem drinker or alcoholic or who used street drugs?

Was a household member depressed or mentally ill or did a household member attempt suicide?

Did a household member go to prison?

☐☐☐☐☐☐☐☐

During your last incarceration, did you receive help for things like emotional problems, substance abuse, personal recovery-oriented services, or other similar activities?

☐ Yes

☐ No

☐ Don't Know

What type of help did you receive? (check all that apply)

☐ Counseling Services

☐ Psychiatry Services

☐ Substance Abuse Treatment Services (Outpatient)

☐ Substance Abuse Treatment Services (Inpatient)

☐ Hospitalization

☐ Support Group

☐ Peer Support

☐ Other (Please Specify):

After being released from your last incarceration, have you received help for things like emotional problems, substance abuse, personal recovery-oriented services, or other similar activities?

☐ Yes

☐ No

☐ Don't Know

What type of help did you receive? (check all that apply)

- ☐ Counseling Services
- ☐ Psychiatry Services
- ☐ Substance Abuse Treatment Services (Outpatient)
- ☐ Substance Abuse Treatment Services (Inpatient)
- ☐ Hospitalization
- ☐ Support Group
- ☐ Peer Support
- ☐ Other (Please Specify):

Grit Scale

For the following items, please select one answer that you feel best reflects how much each statement describes you. There are no right or wrong answers.

	Not like me at all	Not much like me	Somewhat like me	Mostly like me	Very much like me
New ideas and projects distract me from previous ones...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Setbacks don't discourage me ...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have been obsessed with a certain idea or project for a short time but later lost interest...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am a hard worker...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I often set a goal but later choose to pursue a different one...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have difficulty maintaining my focus on projects that take more than a few months to complete...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I finish whatever I begin...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am diligent (persistent in anything I do)...	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Housing/Homelessness

Where did you stay for the first twelve months following your release from prison or jail?
(select all that apply)

- ☐ In an emergency shelter, safe haven or transitional housing project
- ☐ In a place not meant for human habitation (including in a car, unsheltered on the street, a hallway or stairwell, or under a bridge, etc.)
- ☐ In housing you share with others, but do not own
- ☐ In housing you rent
- ☐ In housing you own
- ☐ Other (please specify)

Food Security

For the following statements, please indicate whether the statement was often true, sometimes true or never true **for your household in the first twelve months following your release from prison or jail.**

	Never True	Sometimes True	Often True
"We worried whether our food would run out before we got money to buy more."	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
"The food that we bought just didn't last, and we didn't have money to get more."	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Open Ended Questions

What contributed the most to helping you re-enter the community after your last incarceration ended?

What were the greatest obstacles to your community re-entry after your last incarceration ended?

What kind of help did you receive after your last incarceration ended?

Since your last release, how have interactions with the criminal justice system affected your reintegration (Probation, parole, etc.)?

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