

Name	Symbol	Description	Rules & Time
Downbeat 2 beat measure	DRM01	The first beat in the measure. Preceded by the upbeat. Differs depending on how many beats there are in the measure. In measures with only 2 beats, the downbeat is indicated by a downward motion that follows an upward-facing parabola. The lowest point in the motion, indicated by the bounce of the hand, is the ictus of the beat and the lowest point in the entire conducting pattern.	Can be start of pattern or preceded by upbeat.
Upbeat	ULR00	The last beat in a measure. Starts from the right, followed by a small downwards motion then a flicking motion upwards and to the left in a parabola. Ictus of beat is at the vertex of the parabola.	Can be start of pattern. Always followed by the downbeat
Downbeat other	DDM01	The first beat in the measure. Preceded by the upbeat. The downbeat consists of a straight downwards motion with a small bounce or flick of the wrist where the ictus of the beat is located. The lowest point in the motion, indicated by the bounce of the hand, is the ictus of the beat and the lowest point in the entire conducting pattern.	Can be start of pattern or preceded by upbeat.
Second beat of measure with 4 beats	LDL42	The second beat of a measure with 4 beats. The hand is pointing and moving to the left. Following the bounce of the downbeat, the hand dips downwards and flicks back up where the ictus is desired to be. The ictus of the beat is once again the lowest point in the motion, which is located on the same horizontal plane as the downbeat.	Always preceded by downbeat. Followed by third beat

Third beat of measure with 4 beats	RDR43	<p>The third beat of a measure with 4 beats. Following the second beat, the hand moves to the right side of the downbeat until it is equidistant from the downbeat as the ictus of the second beat. Then, the hand dips downwards and flicks back up. The lowest point in the motion is the ictus of the beat and lies along the same horizontal plane as both the downbeat and the second beat.</p>	<p>Always preceded by second beat. Followed by upbeat</p>
Second beat of measure with 3 beats	RDR32	<p>The second beat of a measure with 3 beats. It follows the downbeat of the measure and precedes the upbeat of the measure. After the bounce of the downbeat, the hand moves and points to the right. Then, it dips downwards and flicks back up. The lowest point in the motion is the ictus of the beat and lies along the same horizontal plane as the downbeat. The ictus of the second beat and the ictus of the upbeat lie in the same vertical plane.</p>	<p>Always preceded by downbeat. Followed by upbeat</p>