## GENERATE RANDOM LUNCH

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**Dad's Breakfast Polenta** 



The ingredients and preparation steps will be displayed here.

## Ingredients:

chicken stock, polenta, bacon, bell pepper, green onions, turkey sausage, feta, salt, bell pepper, bell pepper

- 1. Prepare polenta according to package directions. (Be sure to season with some salt and pepper as well!)
- 2. Meanwhile, cut bacon into small pieces and brown in a skillet with 1 tablespoon olive oil, on medium-high heat, until brown and crispy.
- 3. Remove the bacon and reserve for later.
- 4. Depending on your preference, you can either clean the pan and use 1 tablespoon olive oil, or you can cook the remaining veggies with a tablespoon of the bacon fat.)
- 5. Add turkey sausage and bell pepper and saut until sausage is browned and cooked through.
- 6. Add green onions, bacon, salt and pepper and saut for 5 more minutes.
- 7. Add polenta to the meat and vegetables and stir to combine. Slowly stir in feta.
- 8. Serve warm.