

CHANCO

CHICHEWA

FOMU 3

BUKU LA OPHUNZIRA



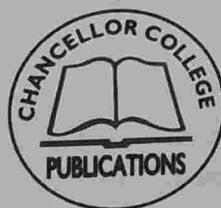
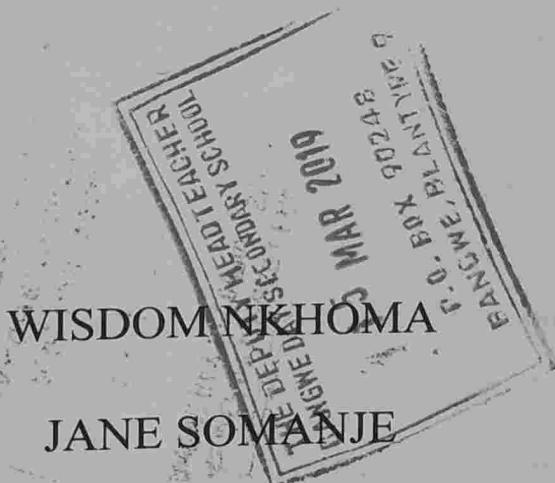
**WISDOM NKHOMA
JANE SOMANJE**

CHANCO

CHICHEWA

FOMU 3

BUKU LA OPHUNZIRA



240040

ZAM'KATIMU

Mawu oyamba

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MUTU 1

1

Kumva, kuyankhula

- Malonje: Apamatenda kunyumba
- Malangizo: Amakhalidwe abwino m'banja
- Mauthenga: Katemera wa ana

Kuwerenga

- Kumvetsa nkhani: 'Uchembere wabwino'
- Kusanthula chiyankhulo: Zifanifani

Kulemba

- Chimangirizo chopeka: Matenda a edzi ndi ena opatsirana
- Chimasuliro: Kusamalira zachilengedwe
- Chifupikitso: Maphunziro

Kuganiza mozama

- Mtsutso: Kulera
- Zina zam'chiyankhulo: Zining'a zotsutsana matanthauzo

Malamulo a chiyankhulo: Kapangidwe ka mayina

MUTU 2

17

Kumva, kuyankhula

- Malonje: Apamatenda kuchipatala
- Malangizo: Amakhalidwe abwino pasukulu
- Mauthenga: Amatenda a malungo

Kuwerenga

- Kumvetsa nkhani: 'Kodi azamba akulakwa?'
- Kusanthula chiyankhulo: Zifanifani

Kulemba

- Chimangirizo chopeka: Matenda a edzi ndi ena opatsirana
- Chimasuliro: Kusamalira zachilengedwe

Chifupikitso: Maphunziro

Kuganiza mozama

Mtsutso: Kutaya mimba

Zina zam'chiyankhulo: Zining'a zotsutsana matanthauzo

Malamulo a chiyankhulo: Kapangidwe ka mayina

MUTU 3

33

Kumva, kuyankhula

Malonje: Apakati pa wodwala ndi sing'anga

Malangizo: Amakhaldwe abwino m'dera

Mauthenga: Amatenda opatsirana

Kuwerenga

Kumvetsa nkhani: 'Kuchotsa mimba ndi koopsa'

Kusanthula chiyankhulo: Zifanifani

Kulemba

Kalata yamchezo: Kupereka magazi

Chimasuliro: Kusamalira zachilengedwe

Chifupikitso: Maphunziro

Kuganiza mozama

Mtsutso: Ntchito za azamba

Zina zam'chiyankhulo: Zining'a zotsutsana matanthauzo

Malamulo a chiyankhulo: Kapangidwe ka afotokozi

MUTU 4

51

Kumva, kuyankhula

Malonje: Apakati pa wodwala ndi dokotala

Malangizo: Amakhaldwe abwino m'dziko

Mauthenga: Amatenda a edzi

Kuwerenga

Kumvetsa nkhani: 'Mfumu Tandwe itenga chikho cha uchembere wabwino'

Kusanthula chiyankhulo: Zifanifani

Kulemba

Kalata yamchezo: Kupereka magazi

Chimasuliro: Kusamalira zachilengedwe

Chifupikitso: Maphunziro

Kuganiza mozama

Mtsutso: Kuberekera kuchipatala

Zina zam'chiyankhulo: Zining'a zotsutsana matanthauzo

Malamulo a chiyankhulo: Kapangidwe ka aonjezi

MUTU 5

69

Kumva, kuyankhula

Malonje: Kuchereza wodwala kunyumba

Malangizo: Makhalidwe abwino pasukulu

Mauthenga: Azamatenda a edzi

Kuwerenga

Kumvetsa nkhani: Uchembere wabwino

Kulemba

Chimangirizo chopeka: Kusamalira anthu odwala matenda a edzi

Kalata yamchezo: Kupereka magazi kuchipatala

Chimasuliro: Kusamalira zachilengedwe

Chifupikitso: Maphunziro

Kuganiza mozama

Mtsutso: Kugwiritsa ntchito njira za kulera

Malamulo a chiyankhulo: Kapangidwe ka mayina, afotokozi ndi aonjezi

MUTU 6

79

Kumva, kuyankhula

Malonje: Pokanena uthenga wamaliro

Malangizo: Akusamala mbewu m'munda

Mauthenga: Akasamalidwe ka munthu wodwala kunyumba

Kuwerenga

Kumvetsa nkhani: 'Kabaza atukula moyo wa Limbika'

Kusanthula chiyankhulo: Zining'a

Kulemba

Chimangirizo chamtsutso: Zikhulupiriro

Chimasuliro: Ngozi zachilengedwe

Chifupikitso: Ulimi wamakono

Kuganiza mozama

Mtsutso: Kupirira pamaphunziro

Zina zam'chiyankhulo: Zining'a zotsutsana matanthauzo

Malamulo a chiyankhulo: Mitundu ya aneni, athandizanthawi

MUTU 7**Kumva, kuyankhula**

Malonje: Panthawi yamaliro

Malangizo: Akusamala chimanga

Mauthenga: Akasamalidwe ka wophunzira wodwala khunyu pasukulu

Kuwerenga

Kumvetsa nkhani: 'Margaret Chikwembeya: Nyenyezi yasisudzo ku Malawi'

Kusanthula chiyankhulo: Zining'a

Kulemba

Chimangirizo chamtsutso: Zikhulupiro

Chimasuliro: Ngozi zachilengedwe

Chifupikitso: Ulimi wamakono

Kuganiza mozama

Mtsutso: Kupirira pa sukulu

Zina zam'chiyankhulo: Zining'a zotsutsana matanthauzo

Malamulo a chiyankhulo: Athandizanthawi a nthawi za aneni

MUTU 8**Kumva, kuyankhula**

Malonje: Pokapepesa mfedwa

Malangizo: Akudya chakudya mosamala

Mauthenga: Akasamalidwe ka yemwe wamwa mankhwala mobzola muyeso pasukulu

Kuwerenga

Kumvetsa nkhani: 'Miriele Twayigira'

Kusanthula chiyankhulo: Zining'a

Kulemba

Kalata yamchezo: Zikhulupiro

Chimasuliro: Ngozi zachilengedwe

Chifupikitso: Ulimi wamakono

Kuganiza mozama

Mtsutso: Kupirira pa moyo wachinyamata pamaphunziro

Zina zam'chiyankhulo: Zining'a zofanana matanthauzo

Malamulo a chiyankhulo: Athandizanthawi

Kumva, kuyankhula

Malonje: Panthawi yobalalika pasiwa

Malangizo: Akudya zakudya zina

Mauthenga: Akasamalidwe ka mwana wobadwa masiku asanakwane kuchipatala

Kuwerenga

Kumvetsa nkhani: 'Khama la Okonkwo'

Kusanthula chiyankhulo: Zining'a

Kulemba

Kalata yamchezo: Zikhulupiriro

Chimasuliro: Ngozi zachilengedwe

Chifupikitso: Ulimi wamakono

Kuganiza mozama

Mtsutso: Kupirira umphawi pamaphunziro

Zina zam'chiyankhulo: Zining'a zofanana matanthauzo

Malamulo a chiyankhulo: Kachitidwe ka mneni

Kumva, kuyankhula

Malonje: Pamaliro

Malangizo: Kusagulitsa zokolola zonse

Mauthenga: Akuopsa kusakhala ndi zimbudzi

Kuwerenga

Kumvetsa nkhani: Kupirira

Kulemba

Chimangirizo chamtsutso: Zikhulupiriro

Kalata yamchezo: Zikhulupiriro

Chimasuliro: Ngozi zachilengedwe

Chifupikitso: Ulimi wamakono

Kuganiza mozama

Mtsutso: Kupirira pamaphunziro

Kumva, kuyankhula

Malonje: Apamilandu kwa mfumu

Malangizo: Akuchulukana kwambiri m'banja

Mauthenga: Akusamalira zinthu zachilengedwe

Kuwerenga

Kumvetsa nkhani: 'Banja la a Chithodwe'

Kusanthula chiyankhulo: Mikuluwiko

Kulemba

Chimangirizo chofotokoza: Ulamuliro wabwino

Chimasuliro: Mtendere

Chifupikitso: Kusasiyanitsa akazi ndi amuna pazochita

Kuganiza mozama

Mtsutso: Kusasalana kaamba ka matenda

Zina zam'chiyankhulo: Kusintha mikuluwiko kuti ikhale zifanifani

Malamulo a chiyankhulo: Misintho ya mneni

Kumva, kuyankhula

Malonje: Apamilandu m'banja

Malangizo: Akuchulukana kwambiri m'dera

Mauthenga: Amalo achilengedwe okoperako alendo

Kuwerenga

Kumvetsa nkhani: 'Mikangano yaufumu'

Kusanthula chiyankhulo: Mikuluwiko

Kulemba

Chimangirizo chofotokoza: Ulamuliro wabwino

Chimasuliro: Mtendere

Chifupikitso: Kusasiyanitsa akazi ndi amuna pazochita

Kuganiza mozama

Mtsutso: Kusasalana chifukwa cha zikhulupiriro zaufiti

Zina zam'chiyankhulo: Kusintha mikuluwiko kuti ikhale zifanifani

Malamulo a chiyankhulo: Mfuwu

Kumva, kuyankhula

Malonje: Apamilandu mu ofesi

Malangizo: Akuchulukana kwambiri m'mzinda

Mauthenga: Akusamalira nyama zam'tchire zazikuluzikulu m'dziko

Kuwerenga

Kumvetsa nkhani: 'Mikangano kaamba ka malo'

Kusanthula chiyankhulo: Mikuluwiko

Kulemba

Kalata yantchito: Ulamuliro wabwino

Chimasuliro: Mtendere

Chifupikitso: Kusasalana

Kuganiza mozama

Mtsutso: Kusasalana chifukwa cha mitundu

Zina zam'chiyankhulo: Kusintha mikuluwiko kuti ikhale zifanifani

Malamulo a chiyankhulo: Mvekero**Kumva, kuyankhula**

Malonje: Apamilandu ku bwalo lamilandu la boma

Malangizo: Akuchulukana kwambiri m'dziko

Mauthenga: Kusamalira zachilengedwe popewa kusintha kwa nyengo

Kuwerenga

Kumvetsa nkhani: 'Akanganirana ana'

Kusanthula chiyankhulo: Mikuluwiko

Kulemba

Kalata yantchito: Ulamuliro wabwino

Chimasuliro: Mtendere

Chifupikitso: Kusasalana

Kuganiza mozama

Mtsutso: Kusasalana pantchito kaamba ka chilema

Zina zam'chiyankhulo: Kusintha mikuluwiko kuti ikhale zifanifani

Malamulo a chiyankhulo: Zizindikiro zam'kalemedwe

Kumva, kuyankhula

Malonje: Apamilandu

Malangizo: Kuipa kwa kuchulukana kwambiri m'banja

Mauthenga: Kuteteza zachilengedwe

Kuwerenga

Kumvetsa nkhani: Mikangano

Kulemba

Chimangirizo chofotokoza: Ulamuliro wabwino pantchito

Kalata yantchito: Ulamuliro wabwino pantchito

Chimasuliro: Mtendere

Chifupikitso: Kusasalana pamaphunziro

Kuganiza mozama

Mtsutso: Kupirira pamaphunziro

Malamulo a chiyankhulo: Msintho wa mneni, mfuwu, mvekero, zizindikiro zam'kalembedwe

MAWU OYAMBA

CHANCO Chichewa Fomu 3 ndi chipangizo chophunzirira ndi chophunzitsira phunziro la Chichewa mu Fomu 3. Bukuli lalembedwa ndi cholinga chofunga kuthandiza ophunzira Chichewa kuti aphunzire phunziro la Chichewa mwadongosolo komanso mwakuya potsatira zomwe silabasi yamakono ya Chichewa ikunena. Buku lino lili ndi mitu khumi ndi isanu.

Bukuli likufotokoza mwatsatanetsatane mitu ndi maluso onse opezeku mu silabasi ya Chichewa ya Fomu 3. Maphunziro a mu buku la Chichewa lino achokera pa mitu komanso maluso achiyankhulo asanu ndi limodzi omwe ali mu silabasi yamakono ya Chichewa. Malusowo ndi awa: kumva, kuyankhula, kuwerenga, kulemba, kuganiza mozama, ndi kugwiritsa ntchito malamulo a chiyankhulo.

Mu silabasi komanso mu buku lino ntchito zinagawidwa mu maluso achiyankhulo paokhapaokha.

Luso lililonse lili ndi cholinga chake chachikulu. Malusowo ndi zolingazo zili motere:

1 Kumva

Ophunzira mumve mwatcheru zomwe mwauzidwa kuti muchitepo kanthu.

Mu buku lino, lusoli lili ndi chizindikiro ichi: 

2 Kuyankhula

Ophunzira muyankhule mwaluntha kuti zomwe mwayankhulazo zimveke bwino.

Mu buku lino, lusoli lili ndi chizindikiro ichi: 

3 Kuwerenga

Ophunzira muwerenge nkhani zosiyanasiyana mosadodoma ndi mwachidwi kuti mumvetse ndi kuyankhapo pa zomwe mwawerenga.

Mu buku lino, lusoli lili ndi chizindikiro ichi: 

4 Kulemba

Ophunzira mulembe mwaluso ndi molondola nkhani zosiyanasiyana.

Mu buku lino, lusoli lili ndi chizindikiro ichi: 

5 Kuganiza mozama

Ophunzira muganize mozama pogwiritsa ntchito chiyankhulo.

Mu buku lino, lusoli lili ndi chizindikiro ichi: 

6 Kugwiritsa ntchito malamulo a chiyankhulo

Ophunzira mudziwe ndi kutsatira malamulo a chiyankhulo poyankhula ndi polemba.

Mu buku lino, lusoli lili ndi chizindikiro ichi: 

Kufunika kwa maluso onsewa kwafotokozedwa momveka bwino mu chiyambi cha buku lino mu Mutu 1

KUTHOKOZA

Mlembi akuthokoza eni nkhani komanso zinthu zotsatirazi pomupatsa chilolezo kuti azigwira ntchito mu buku lino:

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MUTU 1

CHIYAMBI

Limodzi mwa maphunziro omwe mupitirize kuphunzira muno mu Fomu 3 ndi la Chichewa. Mupitiriza kuphunzira phunziroli kupyolera mu maluso asanu ndi limodzi omwe aja: kumva, kuyankhula, kuwerenga, kulemba, kuganiza mozama, ndi kugwiritsa ntchito malamulo a chiyankhulo.

Kumva

Nthawi zina mumalephera kutola mfundo kuchokera pa zomwe mwamva. Mupitiriza kuphunzira momwe mungamvetsere mwatcheru zomwe zikuyankhulidwa kapena zikuwerengedwa kuti muthe kuchitapo kanthu moyenera. Muphunzira lusoli kupyolera mu malonje, malangizo ndi mauthenga.

Kuyankhula

Munaphunzirapo kuti munthu yemwe amatha kuyankhula chiyankhulo, amafotokoza nkhani mu njira yoti ena atha kutolamo mfundo kapena tanthauzo loyenera. Mupitiriza kuphunzira lusoli kupyolera mu malonje, malangizo ndi mauthenga.

Kuwerenga

Munaphunzira zoti kuwerenga si kungotchula mawu moyenera koma kutha kumvetsa zomwe zikukambidwazo. Mupitiriza kuphunzira momwe mungawerengere nkhani mosadodoma ndi mochititsa chidwi.

Kulemba

Kulemba ndi kusanja maganizo kapena mfundo mwadongosolo kuti omwe tikuwalemberawo amve zomwe talemba. Kupyolera mulusoli, mupitiriza kuphunzira momwe mungalembere nkhani mwaluso ndi molondola. Muphunzira kalembedwe koyenera ka chimangirizo, kalata, chimasuliro ndi chifupikitso.

Kuganiza mozama

Mupitiriza kuphunzira njira zosiyanasiyana zomwe zingakuthandizeni kuganiza mozama. Muphunzira lusoli pochita mtsutso moyenera ndi zina zam'chiyankhulo.

Kugwiritsa ntchito malamulo a chiyankhulo

Munaphunzirano kuti kuyankhula, kuwerenga ndi kulemba mawu molakwitsa, kumasokonezetsa tanthauzo la zonenedwa. Mupitiriza kuphunzira lusoli mwakuya kuti mudziwe ndi kutsatira malamulo a chiyankhulo omwe moyenera kugwiritsa ntchito pamene mukuyankhula kapena mukulemba.

MALUSO ACHIYANKHULO

- Kumva
- Kuyankhula
- Kuwerenga
- Kulemba
- Kuganiza mozama
- Kugwiritsa ntchito malamulo a chiyankhulo



ZIZINDIKIRO ZA KAKHOZEDWE

Pakutha pa mutu uno:

- ✓ Muchita moyenera malonje apamatenda kunyumba
- ✓ Mutchula ndi kukambirana moyenera malonje apamatenda kunyumba
- ✓ Mutsatira malangizo omwe mwamva pamakhalidwe abwino m'banja
- ✓ Mufotokoza molondola malangizo omwe mwamva pa makhalidwe abwino m'banja
- ✓ Musonyeza zomwe mwatola mu mauthenga a katemera wa ana
- ✓ Mufotokoza moyenera mauthenga a katemera wa ana
- ✓ Muwerenga nkhani mosadodoma ndi kuyankha mafunso molondola pa nkhani ya 'Uchembere wabwino'
- ✓ Musanthula chiyankhulo molondola pofuna kupeza zifanifani m'nkhani
- ✓ Mupeza mfundo ndi kulemba chimangirizo chopeka za matenda a edzi
- ✓ Mumasulira kankhani kokhudza kusamalira zachilengedwe molondola
- ✓ Mufupiktsa kankhani kokhudza maphunziro molondola
- ✓ Mupeza mfundo ndi kuchita mtsutso moyenera pa nkhani ya kulera
- ✓ Mupeza zining'a zotsutsana matanthauzo
- ✓ Mutchula njira zopangira mayina



KUMVA NDI KUYANKHULA: Zachikhaldwe

Malonje: Apamatenda kunyumba



- 1 Kodi mudamvapo malonje otani okhudza kuchereza munthu yemwe ankadwalira kunyumba?
- 2 Kodi mudachitapo malonje otani pochereza munthu yemwe ankadwalira kunyumba?

Pamene tikuchereza (kuona) wodwala, timachita malonje. Cholinga chachikulu cha malonjewa ndi kufuna kudziwa momwe wodwalayo akupezera. Mu malonjewo timatha kumufunsa wodwalayo matenda omwe akudwala, momwe matenda adayambira ndi momwe akupezera.

Mu gawo lino mumva malonje okhudza kuchereza munthu yemwe akudwalira kunyumba.

NTCHITO

珥 Kumva

Mvetserani mwatcheru malonje omwe mmodzi wa inu kapena aphunzitsi anu awerenge kapena afotokoze. Malonjewo adachitika pakati pa wochereza ndi mnzake wodwala yemwe ankadwalira kunyumba.

Muli awiriawiri, kambiranani ntchito yotsatirayi:

- 1 Fotokozani mwachidule momwe malonje omwe mwamvavo adachitikira.
- 2 Tchulani zitsanzo za mawu apadera, omwe mwamva, ogwirizana ndi malonje amtunduwu.
- 3 Kodi malonjewa ndi ofunikira bwanji?

Magulu angapo afotokozere kalasi lonse zomwe amva ndi kukambirana.

ঁ Kuyankhula

Fotokozani zomwe zikuchitika pa chithunzipo.

Khalani m'magulu ndipo yerekezani kuti mwapita ku nyumba komwe munthu wina akudwala. Wina wa inu akhale wodwala ndipo ena akhale omuchereza wodwalayo. Patha kukhalanso ena odwazika wodwalayo.

M'magulumo mukambirane mfundo zoyenera kukamba pamene mukuona wodwala. Mukonze kasewero kosonyeza momwe mungalonjererane ndi wodwalayo.

Ena mwa mafunso ofunikira kwambiri pa malonjewa:

- Kaya mukupezako bwanji?
- Kodi chikukuvutani kwambiri ndi chiyani?
- Nanga munapita kuchipatala?
- Kodi mukutha kudya chakudya bwinobwino?

Aphunzitsi anu asankha magulu angapo kuti achite timasewero tawo m'kalasi mwanu kuti a magulu ena aonere.

Malangizo: Amakhalidwe abwino m'banja

- 1 Perekani zitsanzo za malangizo omwe makolo anu amakupatsani.
- 2 Ndi chifukwa chiyani makolo anu amakulangizani?

Mukamakhala m'banja, makolo anu kapena anthu ena omwe mumakhala nawo amakupatsani malangizo abwino osiyanasiyana kuti mukhale ana amakhalidwe abwino. Mwana yemwe samvera malangizo abwino a makolo kapena anthu omwe amakhala nawo amakula ndi makhalidwe oipa ndipo kawirikawiri amapulukira.

NTCHITO

Kumva

Mvetserani mwatcheru malangizo omwe mmodzi wa inu kapena aphunzitsi anu awerenge kapena afotokoze. Malangizowo ndi okhudza mfundu monga mavalidwe abwino, ubwino wa ulemu, kuipa kwa kumwa mankhwala ozunguza bongo ndi kuipa kochita chiwerewere.

Muli awiriawiri, kambiranani ntchito yotsatirayi:

- 1 Fotokozani mwachidule zomwe malangizowo akunena.
- 2 Tchulani zitsanzo za zinthu zoipa zomwe zingachitike kaamba konyozera malangizowo.
- 3 N'chifukwa chiyani anyamata ndi atsikana ambiri amanyozera malangizo a makolo?

Magulu angapo afotokozere kalasi lonse zomwe amva ndi kukambirana.

Kuyankhula

Khalani m'magulu ndipo mukambirane malangizo abwino osiyanasiyana omwe makolo kapena anthu omwe mumakhala nawo amakupatsani. Mukambiranenso ubwino wa malangizowo.

Aphunzitsi anu asankha magulu angapo kuti afotokozere kalasi lonse zomwe akambirana.

Mauthenga: Katemera wa ana

- 1 Kodi katemera ndi chiyani?
- 2 Fotokozani mwachidule za uthenga womwe mudamvapo wokhudza katemera.

Katemera ndi mankhwala omwe anthu amalandira, maka pobayidwa, pofuna kuwateteza kumatenda. Akulu ndi ana omwe amalandira katemera koma kawirikawiri amalandira ndi ana.

Ana, maka osaposa zaka zisanu, amalandira akatemera osiyanasiyana kuchipatala pofuna kuwateteza ku matenda osiyanasiyana monga poliyo, kafumbata, chikuku ndi chifuwa chachikulu.

Kumva

Mvetserani mwatcheru uthenga wotsatira womwe mnzanu kapena aphunzitsi anu awerenge.

KATEMERA WA POLIYO

- Poliyo ndi matenda opuwalitsa ziwalo omwe kawirikawiri amagwira ana. Ana amatetezedwa ku matendawa polandira katemera.
- Mwana amamudonthezera katemerayu m'kamwa kamodzi pamwezi kwa miyezi itatu.
- Katemera wa poliyo amatha kuperekedwa nthawi yomwe mwana akulandiranso katemera wowateteza ku zilonda zakukhosí.
- Pamene mukufuna kumulandiritsa mwana katemera wa poliyo, mwanayo asayamwe kwa maola awiri asanalandire katemerayo komanso atalandira katemerayo.
- Tiyeni titeteze ana ku matenda a poliyo powalandiritsa katemera.

- 1 Fotokozani mfundo zazikulu zomwe mwatola mu uthengawu.
- 2 Kodi uthengawu ndi wofunikira bwanji kwa makolo?
- 3 Mukuganiza kuti ndi unduna uti wa boma womwe udfalitsa uthengawu?

Kuyankhula

Khalani m'magulu ndipo mukambirane ndi kukonza mauthenga okhudza katemera wa matenda omwe angogwa mwadzidzidzi mu dera lina.

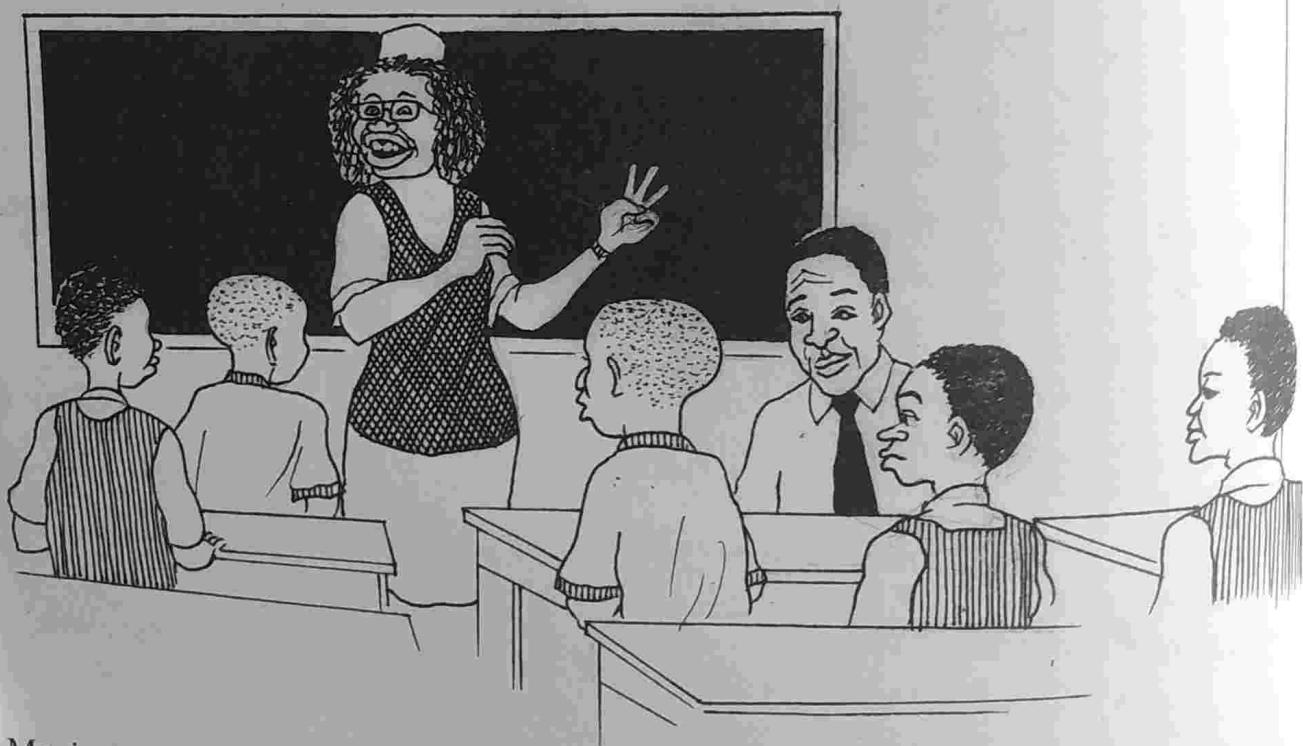
Aphunzitsi anu asankha magulu angapo kuti afotokozere kalasi lonse zomwe akambirana.

Mu gavo lino muphunzira luso la kuwerenga kupyolera mu kumvetsa nkhanzi. Musanthulanso chiyankhulo koma musanatero, chitani kaye ntchito yotsatira.

- 1 Kodi mawu woti ‘ntchembere’ amatanthauzanji?
- 2 Ndi zinthu ziti zomwe zikuchititsa amayi ambiri oyembekezera kuti azimwalira nthawi yobereka muno mu Africa?
- 3 Mukuganiza kuti mawu oti ‘uchembere wabwino’ amatanthauzanji?

Werengani nkhanzi yotsatira ndipo mukatsiriza muyankhe mafunso koma musanatero fotokozani zomwe zikuchitika pa chithunzipo.

UCHEMBERE WABWINO



Moni nonse. Poyamba ndithokoze aphunzitsi anu a phunziro la Chichewa, Bambo Mlambala, pondiitana kuti ndidzacheze nanu. Monga mwamvera kale m'malonje, dzina langa ndi Mayi Chamba. Ndine namwino komanso mzamba. Ndimadwazika odwala komanso ndimathandiza amayi oyembekezera kuti achire.

Ndimagwira ntchito ku chipatala cha St. Luke's konkuno ku Malosa. Pakadali pano, nthawi zambiri ndikugwira ntchito yauzamba. Ntchito yanga ndimaikonda kwambiri chifukwa ndi utumiki. Ndine wotumikira ena. Ndimatumikira anthu odwala omwe agonekedwa m'chipatala kuti achire n'kukhalanso angwiyo komanso athanzi. Dziko lathu silingatukuke ngati anthufe tikhala abwenzi a mphasa kapena achisoni ndi oliralira kaamba ka imfa za abale athu zomwe tingathe kuzipewa.

Monga mwamvera kale m'malonje, ndabwera kuti ndidzakufotokozereni za uchembere wabwino. Aphunzitsi anu anandipempha kuti ndikukambiren i nkhan i yomwe ili m'kamwam'kamwayi pa wayilesi, wayilesi yakanema, nyuzipepala komanso pa intaneti. Ndikupatsani mpata wa mafunso ndikatsiriza kuyankhula. Khalani omasuka.

Pamene ndinangotchula mawu oti 'uchembere wabwino', ndinaona ena a inu akuipitsa nkhop e zawi ngati kuti adya zowawa. Ndikudziwa kuti ambirinu mukudabwa kuti mpaka aphunzitsi kuitana namwino kuti adzakambe za uchembere wabwino. Ena mukudzifunsa mafunso osiyanasiyana monga awa: kodi ine ngati wophunzira wa Fomu 3, nkhan i ya uchembere wabwino indipindulira chiyani? Kodi ine ndilowa m'banja posachedwapa kuti andiuze za uchembere wabwino? Kodi namwinoyu satilaulapo pano?

Inu mufatse ngati nkhosta; mukhale tcheru pomvetsera zomwe ndakutengerani. Mayankho a mafunsowa komanso ena owonjezerapo, apezeka.

Inu ngati ophunzira, nkhan iyi ikukukhudzani kwambiri. Ena a inu mudamvapo kapena mudaonapo atsikana ena akusiyira sukulu panjira chifukwa choti adatenga pakati. Enanso a inu mudamvapo kapena mudaonapo atsikana kapena amayi ena oyembekezera atalumala kapena atagonera dzanja kumene kaamba kotaya mimba kapena kusathandizidwa bwino nthawi yochira. Zikukhala ngati nkhan iyi ndi ya anthu aakazi okha; komatu amene amaperek a mimba ndi anyamata kapena abambo, choncho anthu aamuna nawonso nkhan iyi ikuwakhudza zedi.

Mukulongosola kwanga ndiyang'ana kwambiri m fundo izi: Kodi uchembere wabwino n'chiyani? Kodi uchembere woipa umasokoneza bwanji chitukuko cha dziko? Ndi udindo wanji womwe achinyamata ali nawo pa uchembere wabwino?

Kodi uchembere wabwino n'chiyani? Uchembere wabwino ndi ntchito yazaumoyo yomwe cholinga chake chachikulu ndi kuonetsetsa kuti amayi oyembekezera sakumwalira ali ndi mimba kapena nthawi yomwe akuchira kapenanso pakangopita masiku owerengeka akachira. Ntchitoyi imaonetsetsanso kuti makanda omwe abadwa kumene, sakumwalira.

Uchembere wabwino umayamba tsiku loyamba lomwe munthu wamkazi waima. Musaseke, ndi zonna ndithu; tsiku loyamba. Mayi woyembekezera amayenera kukhala wathanzi nthawi yonse yomwe iye akuyembekezera mpaka tsiku lotula mtolo wake. Pali zinthu zina zomwe mayiyo ayenera kuchita kapena sayenera kuchita nthawi yomwe iye ali ndi mthunzi. Mayi wodwala ayenera kudya chakudya chamagulu onse, ayenera kupewa kusuta fodya kapena kumwa mowa kapenanso mankhwala ozunguza mutu. Mayiyo ayeneranso kupewa kugwira ntchito zolemetsa. Mayiyo amayenera kupita kuchipatala kuti azikayesedwa kuchipima cha amayi pafupipafupi ndipo nthawi yake yochira ikayandikira, iye ayenera kukadikirira kuchipatala. Si bwino kuti mayi woyembekezera azipita kuchipatala matenda atamuyamba. Kuchipatala timayesetsa kumuthandiza mayi kuti asamwalire msipu uli kukamwa. Choncho si bwino kuti mayi oyembekezera azichirira kwa azamba.

Kodi uchembere woipa umasokoneza bwanji chitukuko cha dziko? Uchembere woipa wakhala ukuvulazitsa kapena kuphetsa atsikana ndi amayi ambiri oyembekezera. Atsikana ndi amayi ambiri omwe analumala kapena anamwalira kaamba ka nkhani za uchembere anali odalirika pa ntchito zachitukuko pabanja pavo, m'mudzi mwawo, m'dera, m'mipingo komanso m'dziko. Amayi ambiri anasiya ana amasiye omwe akusowa owayang'anira ndipo ana ambiri otero akungopemphapempha m'mizinda. Boma likuwononga ndalamu zambiri pofuna kuthandiza amayi omwe anavulala kaamba ka uchembere woipa.

Nanga achinyamatanu muli ndi undindo wanji pa ntchito ya uchembere wabwino? Udindo wanu waukulu, maka atsikananu, ndi woonetsetsa kuti mudikire kaye. Pafupifupi nonse apa matupi anu ndi anthete. Musathamangire chiwerewere chifukwa ndinu ana. Wina akatenga mimba pa msinkhu umenewu, zotsatira zake zitha kukhala zoopsa kwambiri – zitha kukhala kulumala kapena imfa. Dikirani kaye; si bwino kutengeka ngati khope. Muli ndi udindo wofotokozena ena zomwe ndakuuzanizi.

Zomwe ndinakutengerani ndi zomwezi. Zikomo kwambiri chifukwa cha chidwi chanu pomvetsera. Ndikuthokozeninso kaamba ka mafunso anu anzeru; ndinu anzeru ngati chitute. Ndiyamike aphunzitsi anu, Bambo Mlambala, kaamba kondiitana. Zikomo aphunzitsi. Mukadzandifunanso kuti ndidzafotokoze zina za umoyo kapena za uchembere wabwino, mudzandiitananso. Pali zambiri zomwe sindinafotokoze kaamba ka nthawi. Zikomo kwambiri, Mulungu akudalitseni.

NTCHITO

- 1 Pali kusiyana kwanji pakati pa 'namwino' ndi 'mzamba'?
- 2 Tchulani zotsatira zoipa ziwiri za uchembere woipa.
- 3 Pakati pa akazi ndi amuna, ndani amene nkhani ya uchembere wabwino ikuwakhudza kwambiri? Tsimikizirani yankho lanu.
- 4 Kodi n'zotheka kukwaniritsa ntchito ya uchembere wabwino mu Malawi? Tsimikizirani yankho lanu.
- 5 Perekani matanthauzo a mawu otsatirawa:
 - a agagonera dzanja
 - b msipu uli kukamwa
 - c anthete

Kusanthula chiyankhulo: Zifanifani

Chifanifani ndi gulu la mawu kapena kapandamneni wofananitsa zinthu ziwiri. Chifanifani chimagwiritsa ntchito mawu woti 'ngati' kapena 'monga' pofananitsa zinthu.

Zitsanzo za zifanifani

- 1 Kuwawasa monga bwemba.
- 2 Kuchenjera ngati kalulu.
- 3 Kuyenda mokayika monga birimankhwe.
- 4 Kuda ngati mdzodzo.

Kuchokera mu nkhani yomwe mwawerenga ya ‘Uchembere Wabwino’, pezani zitsanzo za zifanifani.

Mitundu ya zifanifani

Zifanifani zimaikidwa mitundu yosiyanasiyana. Mitundu yaikulu ya zifanifani ilipo inayi ndipo ndi yotsatirayi: zamamvekedwe, zamakhalidwe, zamchitidwe ndi zamaonekedwe.

Mu gawo lino muphunzira zifanifani zamamvekedwe. Zifanifani za mtunduwu zimanena za momwe zinthu zimamvekera m’makutu, m’kamwa (palirime) ndi pathupi (pakhungu).

Zitsanzo za zifanifani zamamvekedwe

- Kuipa mawu ngati chiyendayekha
Kuipa mawu ngati fisi
Kukhakhala ngati pamsana pa ng’ona
Kununkha ngati kanyimbi
Kununkha ngati mnunkhadala
Kununkha ngati swiswiri
Kusalala ngati dzira
Kusalala ngati galasi
Kusalala ngati thupi la mwana
Kuwawa ngati chipwete chalunda
Kuwawa ngati mankhwala a dzino
Kuwawa ngati muwawani
Kuwawa ngati tsabola
Kuwawasa ngati bwemba
Kuwawasa ngati kholowa wothira matsukwa

NTCHITO

Tsirizani zifanifani zotsatirazi ndi mawu oyenera.

- Kuwotcha ngati _____
Kuwawasa ngati _____
Kuyabwa ngati _____

Kuzizira ngati _____
Kuzuna ngati _____
Kugonthetsa m'khutu ngati _____
Kubaya ngati _____
Kukhakhala ngati _____
Kuipa mawu ngati _____
Mtima thi thi thi ngati _____



KULEMBA: Chimangirizo, chimasuliro ndi chifupikitso

Chimangirizo chopeka: Matenda a edzi ndi ena opatsirana

Mu gawo lino mupeza mfundo ndipo mulemba chimangirizo chokhudza kusamalira anthu odwala matenda a edzi.

NTCHITO

Lembani chimangirizo chopeka pa mutu wotsatirawu: "Zomwe ndingachite nditakhala khansala pofuna kulimbikitsa ntchito zosamalira anthu odwala matenda a edzi mu dera langa."

Musanalembe chimangirizicho, pezani:

- 1 mfundo zazikulu zosachepera zisanu ndi momwe mungatambasulire mfundozo. Mfundozo zitha kukhala monga izi: kukhazikitsa mabungwe, ndi kupempha chithandzizo cha mankhwala ndi chakudya.
- 2 nsinjiro zachiyankhulo (monga mikuluwiko, zining'a ndi zifanifani) zosachepera zisanu zogwirizana ndi mfundo zomwe mufuna kulemba

Chimasuliro: Kusamalira zachilengedwe

Mu Fomu 1 ndi 2 mudaphunzira momwe mungamasulire mawu ndi tiziganizo. Mu fomu 3 muno mupitiriza kuphunzira chimasuliro mwakuya pomasulira ndime ndi tinkhani.

Kambiranani momwe mungamasulire mawu ndi ziganizo zotsatirazi:

- 1 Cheapest source of energy
- 2 Charcoal trade is booming.
- 3 Electricity and other energy options are very expensive.

Masulirani nkhani yotsatirayi mu Chichewa chomveka bwino.

CHARCOAL IS DEPLETING FORESTS

In Malawi charcoal is the cheapest source of energy for heating and cooking. However, over dependency on charcoal fuel is stripping the country's natural forests. The government of Malawi and environmental groups are struggling to find alternative forms of energy for heating and cooking in order to save the forests.

Environmentalists argue that charcoal trade is responsible for the loss of 50,000 hectares of natural forests in Malawi. Although charcoal trade is booming, it is illegal in Malawi. However, a shift from charcoal to other alternative forms of energy seems impossible for many residents in Malawi, where electricity and other energy options are very expensive.

Chifupikitso: Maphunziro

Werengani nkhani yotsatirayi ndipo mukatsiriza muifupikitse. Aphunzitsi anu akuuzani chiwerengero choyenera cha mawu a chifupikitso chanu.

JENDA PAMAPHUNZIRO

Mawu woti jenda ali m'kamwa pafupifupi mwa munthu aliyense masiku ano. Mawu woti jenda akumveka pena paliponse monga ku malo achipembedzo, amalonda, antchito ndi amaphunziro.

Kodi 'jenda' ndi chiyani kuti izichita kutchuka kuposa dzina la mtsogoleri wa dziko? Kodi kalelo jenda idali kuti? Nanga jenda idabwera ndi yani? Ndipo cholinga cha jenda ndi chiyani? Tinene kuti jendayi ndi yotchukanso chotere mu maiko onse kapena kuno kwathu ku Malawi tangonyanyira kuikambakamba?

Mawu woti 'jenda' ndi dzina lobwerekera ku mawu a Chingerezi. Tanthauzo la mawu awa ndi lapafupi kwambiri. Mawu awa amatanthauza kuchita zinthu kapena kugwira ntchito mosasiyanitsa kuti uyu ndi mkazi kapena uja ndi mwamuna. Mwachitsanzo pamaphunziro, amuna ndi akazi sayenera kusiyana. Iwo ayenera kupatsidwa mwayi wofanana pamaphunziro. Amuna ndi akazi ayenera kuphunzira maphunziro ofanana monga masamu, sayansi ndi zaluso.

Mulungu sanalakwe polenga anthu kukhala aakazi ndi aamuna. Nkhani ya jenda si yachilengedwe koma ndi nkhani yachikhalidwe. Pa chikhalidwe chathu, munthu akakhala mwamuna amayenera kugwira ntchito zina zomwe mkazi sayenera kugwira ndipo akazi nawo amakhala ndi ntchito zomwe chikhalidwe chimati si koyenera kuti mwamuna agwire. Maganizidwe otere alibe mbali pamaphunziro.

Kodi ndi zonna kuti akazi sangathe kuchita maphunziro a zowotcherera, zomanga ndi zokhoma zinthu? Moti amuna sangakwanitse kuphunzira maphunziro a zophika, zosoka ndi zolera ana? Kafukufuku waonetsa kuti mu mafuko ambiri amuna amakonda kuphangira maphunziro abwino ndi kumawapsinja akazi.

Mtsutso: Kulera

- 1 Kodi mutakhala pabanja mungakonde kukhala ndi ana angati?
- 2 N'chifukwa chiyani mungakonde kukhala ndi chiwerengero cha ana omw
mwatchula mu 1?

Khalani m'magulu ndipo muchite mtsutso pa mutu uwu: "Kulera sikungalimbikits
uchembere wabwino."

M'magulumo ena akhale ovomereza mutuwo pamene ena akhale otsutsa.

Aphunzitsi anu asankha magulu angapo kuti achite mtsutso pa mutuwo m'kalasi mwangu.

Zina zam'chiyankhulo: Zining'a zotsutsana matanthauzo

Mudaphunzirapo tanthauzo la mawu woti 'chinging'a' komanso zitsanzo zosiyanasiyana
za zining'a. Mu gawo lino mupitiriza kuphunzira za zining'a. Mupeza zining'a zotsutsana
matanthauzo.

NTCHITO

Pezani zining'a zotsutsana matanthauzo kuchokera mu mtancho wa mawu wotsatirawu.

k		c	h	i	p	h	a	p	h	a
u		h		t						
c	h	i	b	e	n	g	a		u	
h		l								
b	a	n	o		k	a	l	l	g	
			m	a			u	l	u	
			b	m			m	a	m	e
k	u	g	o	n	a	s	a	s	a	
										a

Kafukufuku

Mu nthawi yanuyanu, kafufuzeni ndi kupeza zining'a zotsutsana matanthauzo.
Mudzafotokozerwa anzalu mu kalasi lanu zomwe mukapeze.



Mu fomu 1 ndi 2 mudaphunzira mfundo zambiri zokhudza mayina monga tanthauzo, mitundu, ntchito, magulu, chachimuna ndi chachikazi, ndi chimodzi ndi zambiri.

Mu gawo lino muphunzira njira zina zopangira mayina mu Chichewa. Mayina ambiri amachita kupangidwa potsata njira zosiyanasiyana. Njira zinazo ndi izi: kuchokera ku masinde opangira mayina, masinde enieni a mfotokozi, mayina ena komanso njira ya mtembenuzo.

1 Kuchokera ku masinde opangira mayina

Potsata njirayi, aphatikiram'mbuyo osiyanasiyana amaphatikizidwa ku masinde othandiza kupanga mayina.

Zitsanzo

a	chi-	ku	-nthu	(chinthu)
b	zi-	ku	-nthu	(zinthu)
c	mu-	ku	-nthu	(munthu)
d	a-	ku	-nthu	(anthu)
e	m-	ku	-tengo	(mtengo)
f	mi-	ku	-tengo	(mitengo)
g	mu-	ku	-dzi	(mudzi)
h	mi-	ku	-dzi	(midzi)
i	mwa-	ku	-na	(mwana)
j	a-	ku	-na	(ana)
k	dzi-	ku	-no	(dzino)
l	ma-	ku	-no	(mano)

2 Kuchokera ku masinde enieni a mfotokozi

Potsata njirayi, aphatikiram'mbuyo osiyanasiyana amaphatikizidwa ku masinde enieni a mfotokozi.

Zitsanzo

a	m-	ku	-kazi	(mkazi)
b	a-	ku	-kazi	(akazi)
c	mwa-	ku	-muna	(mwamuna)
d	cha-	ku	-muna	(chamuna)
e	m-	ku	-kulu	(mkulu)
f	li-	ku	-kulu	(likulu)
g	u-	ku	-kulu	(ukulu)
h	m-	ku	-ng'ono	(mng'ono)

i	u-	ku	-fupi	(ufupi)
j	li-	ku	-tali	(litali)
k	chi-	ku	-wisi	(chiwisi)
l	u-	ku	-kali	(ukali)

3 Kuchokera ku mayina ena

Potsata njirayi, aphantikiram'mbuyo osiyanasiyana amaphatikizidwa ku mayina ena opangidwa kale.

Zitsanzo

a	u-	ku	munthu	(umunthu)
b	chi-	ku	mwana	(chimwana)
c	cha-	ku	mlomo	(chamlomo)
d	ma-	ku	ndevu	(mandevu)
e	m-	ku	Malawi	(Mmalawi)
f	a-	ku	Malawi	(Amalawi)
g	ka-	ku	litsiro	(kalitsiro)
h	ka-	ku	liwende	(kaliwende)
i	ku-	ku	mitu	(kumitu)
j	tsa-	ku	bwalo	(tsabwalo)

4 Kuchokera ku mitundu ina ya mawu pogwiritsa ntchito njira ya mtembenuzo.

Potsata njira ya mtembenuzo, mitundu ina ya mawu imangosinthidwa mitundu ndi ntchito zaho koma kalembedwe kaho sikasinha komabe nthawi zina katchulidwe ka mawu opangidwawo kamatha kusintha.

Zitsanzo

a	gogoda	(mneni)	gogoda	(dzina)
b	tchinga	(mneni)	tchinga	(dzina)
c	thangata	(mneni)	thangata	(dzina)
d	sosa	(mneni)	sosa	(dzina)
e	patapata	(mvekero)	patapata	(dzina)
f	lende	(mvekero)	lende	(dzina)
g	psololo	(mvekero)	psololo	(dzina)

Mawu amatanthauzo angapo monga 'mtengo', 'changa', 'chitete', 'nyenje' ndi 'chikuku' asasokonezedwe ndi njirayi chifukwa sadapangidwe motere. Mawuwa ndi ongofanana m'kalembedwe ndipo sachokera pa tsinde limodzi.

Fototokozani momwe mayina omwe atsekeda mzere kunsi kwawo mu kandime kotsatiraka adapangidwira.

Mkulu wa bungwelo, yemwe ndi mkazi, anati iye ndi wokondwa kwambiri chifukwa cha maphunziro okhudza mbewu ya mtedza. Iye adati maphunzirowo adzathandiza anthu wamba kudziwa mitengo yoyenera ya mtedza. Iye adalongosola kuti mtedza ndi wofunikira kwambiri chifukwa amapangira mafuta ophikira monga a Kazinga. Iye adanenanso kuti masangwe amtedza ndi chakudya cha zifuyo choncho alimi atha kupuma kupita ndi zifuyo ku busa atamazidyetsa masangwe.

// MATHERO A MUTU UNO //

Mutu uno unali ndi magawo asanu ndi limodzi. Mu gawo loyamba ndi lachiwiri mwaphunzira maluso a kumva ndi kuyankhula kupyolera mu malonje apamatenda, malangizo okhudza makhalidwe, ndi mauthenga okhudza zaumoyo. Mu gawo lachitatu mwaphunzira luso la kuwerenga kupyolera mu kumvetsa nkhani ya ‘Uchembere wabwino’ ndi kusanthula chiyankhulo pa zifanifani. Mu gawo lachinayi mwaphunzira luso la kulemba kupyolera mu chimangirizo chopeka pa matenda a edzi, chimasuliro chokhudza kusamalira zachilengedwe, ndi chifupikitso chokhudza maphunziro. Mu gawo lachisanu mwaphunzira luso la kuganiza mozama kupyolera mu mtsutso pa nkhani ya uchembere wabwino, ndi zining’ a zotsutsana matanthauzo. Mu gawo lachisanu ndi chimodzi mwaphunzira luso la kugwiritsa ntchito malamulo a chiyankhulo pa kapangidwe ka mayina

Mabuku omwe tinagwiritsa ntchito



Mu mutu uno tagwiritsa ntchito mabuku omwe ali m'munsimu. Mu nthawi yanuyanu muyenera kuwerenga mabukuwa kuti mupititse patsogolo nzeru zanu komanso maluso anu a chiyankhulo.

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MUTU 2

CHIYAMBI

Mu Mutu 1 wa buku lino munaphunzira mitu yosiyana siyana ya phunziro la Chichewa. Ina mwa mitu yomwe munaphunzira ndi monga iyi: ‘malonje’, ‘malangizo’, ‘kumvetsa nkhani’, ‘chimasuliro’ ndi ‘chimangirizo’.

Tchulani mfundo zazikulu zina zilizonse zomwe munaphunzira pa mitu iyi:

- 1 Chimasuliro
- 2 Malangizo
- 3 Mtsutso

Mu mutu uno mupitiriza kuphunzira mitu yomwe munaphunzirapo kale koma pa mfundo ndi zitsanzo zatsopano. Muphunzira mfundo zatsopano kupyolera mu maluso asanu ndi limodzi omwe aja a kumva, kuyankhula, kuwerenga, kulemba, kuganiza mozama, ndi kugwiritsa ntchito malamulo a chiyankhulo.

MALUSO ACHIYANKHULO

- Kumva
- Kuyankhula
- Kuwerenga
- Kulemba
- Kuganiza mozama
- Kugwiritsa ntchito malamulo a chiyankhulo



Pakutha pa mutu uno:

- ✓ Muchita moyenera malonje apamatenda kuchipatala
- ✓ Mutchula ndi kukambirana moyenera malonje apamatenda kuchipatala
- ✓ Mutsatira malangizo omwe mwamva pa makhalidwe abwino pasukulu
- ✓ Mufotokoza molondola malangizo omwe mwamva pa makhalidwe abwino pasukulu
- ✓ Musonyeza zomwe mwatola mu mauthenga a matenda amalungo
- ✓ Mufotokoza moyenera mauthenga a matenda amalungo
- ✓ Muwerenga nkhanzi mosadodoma ndi kuyankha mafunso molondola pa nkhanzi ya ‘Kodi azamba akulakwa?’
- ✓ Musanthula chiyankhulo molondola pofuna kupeza zifanifani m’nkhanzi
- ✓ Mupeza mfundo ndi kulemba chimangirizo chopeka chokhudza matenda a edzi
- ✓ Mumasulira kankhani kokhudza kusamalira zachilengedwe molondola
- ✓ Mufupikitsa kankhani kokhudza maphunziro molondola
- ✓ Mupeza mfundo ndi kuchita mtsutso moyenera pa nkhanzi ya kutaya mimba
- ✓ Mupeza zining’ a zotsutsana matanthauzo
- ✓ Mutchula njira zopangira mayina



KUMVA NDI KUYANKHULA

Malonje: Apamatenda kuchipatala



- 1 Mudamvapo malonje otani pochereza munthu yemwe akudwalira kuchipatala?
- 2 Kodi mumachita malonje otani pochereza munthu yemwe akudwalira kuchipatala? N'chifukwa chiyani mumatero?

Tikamachereza wodwala kuchipatala, timachitanso malonje. Cholinga chachikulu cha malonjewa ndi kufuna kudziwa momwe wodwalayo akupezera. Mu malonjewo timatha kumufunsa wodwalayo matenda omwe akudwala, momwe matenda adayambira, momwe akupezera ndi momwe achipatala akumuthandizira kuchipatalako.

Mu gawo lino mumva ndi kuchita malonje okhudza kuchereza munthu yemwe akudwalira kuchipatala.

Kumva

Mvetserani mwatcheru malonje omwe mnzanu kapena aphunzitsi anu awerenge. Malonjewo adachitika pakati pa wochereza ndi munthu wodwala yemwe ankadwalira kuchipatala.

Muli awiriawiri, kambiranani ntchito yotsatirayi:

- 1 Fotokozani mwachidule momwe malonje omwe mwamvavo adachitikira.
- 2 Tchulani zitsanzo za mawu apadera, omwe mwamva, ogwirizana ndi malonje amtunduwu.
- 3 Kodi malonjewa ndi ofunikira bwanji?

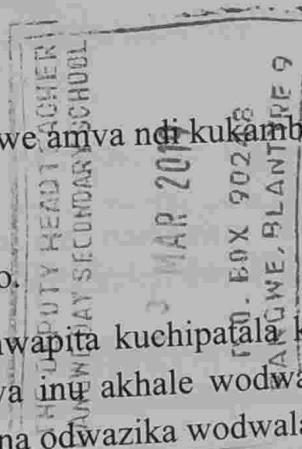
Magulu angapo afotokozeré kalasi lonse zomwe amva ndi kumambirana.

Kuyankhula

Fotokozani zomwe zikuchitika pa chithunzipo.

Khalani m'magulu ndipo yerekezani kuti mwapita kuchipatala komwe munthu wina adagonekedwa chifukwa akudwala. Wina wa inu akhale wodwala ndipo ena akhale omuchereza wodwalayo. Patha kukhalanso ena odwazika wodwalayo.

M'magulumo mukambirane mfundu zoyenera kukamba pamene mukuona wodwala. Mukonze kasewero kosonyeza momwe mungalonjererane ndi wodwalayo.



Ena mwa mafunso ofunikira kwambiri pa malonjewa:

Ena mwa mafunso ofunikira kwambiri pa malonjewa omwe munthu wochereza wodwala atha kumufunsa wodwala ndi monga awa:

- Kaya mukupezako bwanji?
- Kodi chikukuvutani n'chiyani?
- Kodi pali kusintha kwina kulikonse?
- Nanga chakudya mukudyako?

Aphunzitsi anu asankha magulu angapo kuti achite timasewero tawo m'kalasi mwani kuti a magulu ena aonere.

Malangizo: Amakhalidwe abwino pasukulu

- 1 Perekani zitsanzo za malangizo omwe aphunzitsi anu amakupatsani.
- 2 N'chifukwa chiyani aphunzitsi anu amakulangizani?

Pasukulu aphunzitsi anu ndi alangizi a mabungwe ena amakupatsani malangizo osiyanasiyana kuti mukule ndi makhalidwe abwino. Wophunzira yemwe samvera malangizo a aphunzitsi amakula ndi makhalidwe oipa ndipo kawirikawiri amachotsedwa sukulu akaphwanya malamulo.

NTCHITO

Kumva

Mvetserani mwatcheru malangizo omwe aphunzitsi anu awerenge. Malangizowo ndi okhudza momwe ophunziranu muyenera kukhalira bwino pasukulu.

Muli awiriawiri, kambiranani ntchito yotsatirayi:

- 1 Fotokozani mwachidule zomwe malangizowo akunena.
- 2 Ikani malangizowo m'magulu molingana ndi zomwe akunena.
- 3 N'chifukwa chiyani ophunzira ena amanyozera malangizo a aphunzitsi pasukulu?

Magulu angapo afotokozerere kalasi lonse zomwe amva ndi kukambirana.

Kuyankhula

Khalani m'magulu ndipo mukambirane malangizo abwino osiyanasiyana omwe inu mungathe kupereka kwa anzau omwe ali ndi makhalidwe oipa pasukulu.

Aphunzitsi anu asankha magulu angapo kuti afotokozerere kalasi lonse zomwe akambirana.

Mauthenga: Amatenda a malungo

- 1 Kodi matenda a malungo amayamba bwanji?
- 2 Fotokozani mwachidule momwe mungapewere matenda a malungo.

Malungo ndi matenda oopsa kwambiri ndipo amapha anthu, maka ana aang'ono, ambiri chaka chilichonse kuposa matenda a edzi muno mu Africa. Matendawa amayamba munthu akalumidwa ndi udzudzu womwe umatenga kachilombo komwe kamayambitsa malungo.

NTCHITO

Kumva

Mvetserani aphunzitsi anu kapena mnzanu akuimba nyimbo yokhudza matenda amalungo.

Muli awiriawiri, kambiranani ntchito yotsatirayi:

- 1 Fotokozani mwachidule zomwe nyimboyoye ikunena.
- 2 Tchulani malangizo atatu ofunikira kwambiri omwe mwatola mu nyimboi.
- 3 N'chifukwa chiyani matenda a malungo ndi oopsa kwambiri kuposa matenda a edzi?

Magulu angapo afotokozere kalasi lonse zomwe amva ndi kukambirana.

Kuyankhula

Khalani m'magulu ndipo mukambirane mauthenga osiyanasiyana omwe ophunziranu mungakonze pofuna kulimbana ndi matenda a malungo mu dera lanu.

Aphunzitsi anu asankha magulu angapo kuti afotokozere kalasi lonse zomwe akambirana.

KUWERENGA: Kumvetsa nkhani – Uchembere wabwino

Mu gawo lino mupitiriza kuphunzira luso la kuwerenga kupyolera mu kumvetsa nkhani. Musanthulanso chiyankhulo koma musanatero, chitani kaye ntchito yotsatira.

- 1 N'chifukwa chiyani amayi ena oyembekezera amachirira kwa azamba akumudzi?
- 2 Kodi ndi bwino kuti azamba akumudzi asamachiritse amayi oyembekezera? Tsimikizirani yankho lanu.
- 3 Pekani kankhani kanukanu mwamsangsanga pogwiritsa ntchito mawu awa: kumudzi, lets, boma, mavuto ndi mzamba.

Werengani nkhani yotsatirayi ndipo mukatsiriza tuyankhe mafunso koma musanatero fotokozani zomwe zikuchitika pa chithunzipo.

KODI AZAMBA AKULAKWA?



Ntchito yomwe idagwiridwa pa 21 September 2010 ndi Mayi Rhoda Lameck, pobereketsa Mayi Aida Lusiyano a kwa Gawaza, mu boma la Ntcheu, ndi umboni womwe ukutsimikiza kuti azamba akugwirabe ntchito yaho ngakhale boma lidawaletsa kuteru.

Mayi wina wochokera kwa Gawaza komweko adaberekera panjira tsiku lomwe Mfumu Gawaza idauza abambo ena kuti anyamule mayiyo pamachira kuti apite naye kuchipatala kuti akachire koma ali m'njira zinthu zidavuta. Nthawi yoti mayiyo achire idamukwanira ali m'njira ndipo abambo aja adapita kukaitana amayi ena omwe adathandiza kubereketsa mayi wotopayo.

Kodi zochitika ngati zotere ndi zina mwa zomwe zikuchititsa Mayi Rhoda Lameck kuti azigwirabe ntchito yauzamba ngakhale boma lidawaletsa kugwira ntchitoyo?

Mayi Jowako a komweko kwa Gawaza ali ndi nkhanini. Mayiwa akuti ali ndi mwana wa zaka zinayi yemwe adakaberekera kwa mzamba ndipo mwanayo ndi wathanzi. Iwo akuti ana awo atatu omwe adakaberekera kuchipatala adamwalira akadali makanda koma yemwe adakaberekera kwa mzamba ndi wamoyo. Kodi ichi chingakhale chifukwa china mwa zifukwa zomwe amayi ena oyembekezera akumakaberekere kwa azamba ngakhale amadziwa kuti boma lidaletsa ntchito za azamba?

Mzamba Rhoda Lameck adafotokoza mbiri yake motere:

"Ntchito yanga yauzamba ndidaiyamba mu chaka cha 1990 chifukwa cha mavuto omwe amayi apakati ankakumana nawo. Mpaka pano mavutoto alipobe. Amayi ambiri oyembekezera amachirira panjira akamapita kuchipatala. Ine amene mu chaka cha 2003, pathupi panga pachisanu ndi chimodzi ndidachirira panjira pomwe ndinkapita

ku chipatala cha Senzani ndipo mayi anga ndiwo adandithandiza kubereka. Chomwe chidachitika ndi chakuti miyendo idalema ndikuyenda popita kuchipatalako chifukwa ndi kutali.”

Mayi Rhoda Lameck akuti adakhudzidwa kwambiri ndi zomwe zidawachitikirazo komanso zomwe zakhala zikuwachitikira amayi ena oyembekezera choncho adaganiza zoyamba ntchito yauzamba.

“Apa ndi pomwe ndidaganiza zoyamba ntchito ya uzamba. Ndinkalota ndikugwira ntchitoyo. Ndimakhulupirira kuti ndi Mulungu yemwe adandiitana ndi kundiphunzitsa kuti ndimutumikire pogwira ntchito ya uzambayi. Kuchokera nthawi yomwe ndidayamba kugwira ntchitoyi, amayi oyembekezera ambiri akhala akubwera kunyumba kwanga kuno. Amayi ena amangosokoloka ngati mamina achimfine ndipo ine ndimawathandiza.”

Mu chaka cha 2007 boma lidaletsa azamba kuchiritsa amayi oyembekezera. Nanga ndi chifukwa chiyani Mayi Rhoda Lameck akupitirizabe kugwira ntchito yawo? Kodi iwo ndi aliuma ngati wofula agalu?

“Mu chaka cha 2007 boma lidandiletsa kuti ndisadzachisenso amayi. Mavuto omwe amayi oyembekezera ankakumana nawo adayambiranso. Amayi ambiri ankachirira m’njira komanso ena patchire akamapita kuchipatala. Apa mpomwe ena adayambiranso kumabwera kunyumba kwanga n’kumandivutitsa kuti ndiwathandize koma ndinkakana. T/A Phambala ataona kukula kwa mavutowo adapempha akuluakulu kuchipatala cha Ntcheu kuti andilole kuti ndiyambirenso kuthandiza amayi apakati. Adandichititsa maphunziro azaubereki ndipo ndidakhoza mpaka kulandira satifiketi. Pasanathe nthawi ndidauzidwanso ndi boma kuti ndisiye kubereketsa. Ndidasiya koma amayi oyembekezera amandivutitsabe ngati ntchentche pachilonda zinthu zikawathina. Kodi ndizikana kumuthandiza mayi yemwe wafika panyumba panga matenda atamuyamba kale?”

Amayi ambiri akumudzi omwe amakhala kutali ndi zipatala akudandaula kwambiri chifukwa cha zomwe boma lidachita poletsa azamba kugwira ntchito zaho. Mayi Lusiyano, wazaka 19, yemwe tidamupeza akuyembekezera pa chipatala cha Mzamba Rhoda Lameck adafotokoza mavuto omwe amayi akukumana nawo.

“Amayi otopa timakumana ndi mavuto ambiri kuchipatala. Ife amayi apakati sitingalole kuti tizivutika mu njira yotero choncho timapita kwa mzambayu chifukwa mbiri yake ndi yabwino. Iye sadamwaliritsepo mayi otopa kapena mwana wongobadwa kumene chiyambireni ntchito yake. Kunotu ndi kutchire koteru kuli mavuto ambiri chifukwa kulibe misewu yabwino moti munthu sungathe ngakhale kukwera njinga kupita kuchipatala. Tikadakondwa boma likadalola mayiyu kuti apitirize ntchito yake,” Mayi Lusiyano adafotokoza motere.

Malangizo azaubereki amati mayi woyembekezera azipita ku chipima cha amayi kuchipatala komanso kuti azikadikirira kuchipatala nthawi yomwa madzi ikayandikira. Nanga chikulepheretsa amayi a kwa Gawaza kutsata malangizowa n’chiyani?

“Zipatala zili kutali. Palibe msewu wabwino woti n’kudutsa ngakhale ndi njinga.

Timadutsa mapiri okhaokha asanu ndiye zimakhala zovuta kuti mayi wotopa kale agande makande n'kupita kuchipatala. Tikati tayenda kupita kumeneko, limakhala tsiku lonse lathunthu ndiye kuti munthu akafike kumeneko ndi mmawa wa tsiku lotsatira. Munthu utati waberekera kuchipatala sungakwanitse kuyenda mtunda ngati umenewu khanda lili m'manja pobwerako," Mayi Jowako adalongosola motere.

Mudzi wa Gawaza udazunguliridwa ndi mapiri asanu awa: Nachakwa, Tsangano, Matanda, Gawaza 1 ndi Gawaza 2. Anthu akumeneko amapita ku chipatala cha Phalula chomwe akuti chili pa mtunda wa makilomita 35.

Kodi Mayi Rhoda Lameck ukatswiri wawo ndi wotani kuti azitamandidwa pa nkhanzi yaubereki?

"Ndimadziwa kutembenuza mwana ngati wakhala moipa m'mimba mwa mayi ndipo ngakhale njira ya mayiyo ikhale yaing'ono ndimatha kumuthandiza kubereka popanda vuto lina lililonse. Mwachitsanzo, achipatala cha Senzani adandiitanapo kuti ndikathandize kuchiritsa mayi wina. Ndidamuthandiza mosavuta iwo akuona ndipo adazizwa nane chifukwa achipatalawo ankati mayiyo apangidwe opaleshoni," Mayi Rhoda Lameck adafotokoza motere uku akuthandiza mayi wina mu chipatala chawocho.

Ngakhale boma lidaletsa azamba kugwira ntchito zaho, Mfumu Kamchila wa kwa T/A Phambala, amalimbikitsa amayi oyembekezera a m'mudzi mwake kukalandira thandizo kwa Mayi Rhoda Lameck. Mfumuyo idati si kuti ndi yosamvera ngati ana a ngoma koma n'chifukwa cha mavuto omwe amayi amakumana nawo m'mudzi mwake.

(Nkhaniyi idalembedwa ndi Bobby Kabango mu nyuzipepala ya *Fuko* ya pa 26 October, 2010 koma tidaisintha mwina ndi mwina.)

Mafunso

- 1 Kodi mzamba Rhoda Lameck amadziwadi ntchito yake? Tsimikizirani yankho lanu popereka mfundo zazikulu ziwiri.
- 2 N'chifukwa chiyani amayi ena oyembekezera amakachirira kwa azamba ngakhale akhale pafupi ndi chipatala?
- 3 Boma liyenera kuchita chiyani kuti ntchito ya uchembere wabwino itheke?
- 4 Kodi azamba akulakwa kuthandiza amayi oyembekezera? Tsimikizirani yankho lanu.
- 5 Perekani matanthauzo a mawu otsatirawa:
 - a agande makande
 - b amayi otopa
 - c nthawi yomwa madzi

Kusanthula chiyankhulo: Zifanifani

Kuchokera mu nkhani yomwe mwawerenga ya ‘Kodi Azamba Akulakwa?’, pezani zitsanzo za zifanifani.

Mu Mutu 1 munaphunzira zifanifani mamvekedwe. Mu gawo lino mupitiriza kuperunzira zifanifani ndipo muphunzira zifanifani zamakhalidwe. Zifanifani za mtunduwu zimanena za makhalidwe a zinthu zosiyanasiyana.

Zitsanzo za zifanifani zamakhalidwe

Chiloli ngati nkhosa
Chisoni ngati pamaliro
Khama ngati galu wothena
Kuchenjera ngati kalulu
Kuchenjera ngati nkhwali
Kudekha ngati madzi a pachitewerende
Kudzitukumula ngati finye
Kudziwika ngati imfa
Kufatsa ngati nkhunda
Kufera chisoni ngati msema mitondo
Kufera chisoni ngati nkhwali
Kuipa ngati mankhwala a dzino
Kulemekeze ka ngati mtembo
Kulibwidika ngati nsalu yabafuta
Kulimba mtima ngati kafanikhale

NTCHITO

Tsirizani zifanifani zotsatirazi ndi mawu oyenera.

Kupanda chisoni ngati _____

Kupanda manyazi ngati _____

Kutengera ngati _____

Kuperewera ngati _____

Kupusa ngati _____

Kusamva ngati _____

Kusapanganika ngati _____

Kusayankhula ngati _____

Mantha ngati _____

Kusazoloweka ngati _____

Chimangirizo chopeka: Matenda a edzi ndi ena opatsirana

Mwakhala mukulemba zimangirizo. Mu fomu 3 muno mupitiriza kulemba zimangirizo Lembani chimangirizo chopeka pa mutu wotsatirawu: "Mfumu ili ndi udindo waukulu pohtesa zikhulupiro zoipa pa matenda a edzi."

Musanalembe chimangirizicho, pezani:

- 1 mfundo zazikulu zosachepera zisanu ndi momwe mungatambasulire mfundozo. Mfundozo zitha kukhala monga izi: zitsanzo za zikhulupiro zoipa ndi zomwe mfumu ingachite.
- 2 nsinjiro zachiyanhulo (monga mikuluwiko, zining'a ndi zifanifani) zosachepera zisanu zogwirizana ndi mfundo zomwe mufuna kulemba

Chimasuliro: Kusamalira zachilengedwe

Kambiranani momwe mungamasulire mawu ndi ziganizo zotsatirazi:

- 1 Kasungu National Park
- 2 It was gazetted as a game reserve.
- 3 Tremendous strides have been made.

Masulirani nkhani yotsatirayi mu Chichewa chomveka bwino.

KASUNGU NATIONAL PARK

Kasungu National Park is Malawi's second largest game park. It is situated in Kasungu District in the Central Region, approximately 165 km north of Lilongwe, the capital city of Malawi. The western side of the park shares borders with Zambia.

Kasungu was established as a national park in 1970 when it was seen as the best game park in Malawi. The history of the park dates back to 1922, when it was declared a forest reserve. No efforts were made to develop it until 1963, though it was gazetted as a game reserve in 1930. Tremendous strides have been made in building suitable and comfortable tourist accommodation facilities.

Chifupikitso: Maphunziro

Werengani nkhani yotsatirayi ndipo mukatsiriza muifupikitse. Aphunzitsi anu akuuzani chiwerengero choyenera cha mawu a chifupikitso chanu.

KUSAMVETSETSA ZA JENDA NDI EDZI

Mkulu woimira bungwe loona zachakudya pa dziko lonse lapansi la Food and Agriculture Organisation (FAO) kuno Malawi, a Pinit Korsiepor, adati kupititsa patsogolo ntchito zakusasiyanitsa akazi ndi amuna pantchito kungachepetse umphawi wa anthu oposa 100 miliyoni pa dziko lapansi.

Mkuluyu adanena izi ku Salima pamene bungwe lake lidali kuchititsa maphunziro a zakusasiyanitsa akazi ndi amuna pantchito komanso a za matenda a edzi.

Maphunzirowo adali a akuluakulu oyendetsa nthambi zosiyansiyana za Unduna wa zamalimidwe, achiwiri awo komanso alangizi aakulu ndi achiwiri awo ochokera mu zigawo zisanu ndi ziwiri zaulimi mu dziko muno.

A Pinit Korsiepor adati kusamvetsetsa pa nkhani zakusasiyanitsa akazi ndi amuna pantchito komanso nkhani za matenda a edzi kukubwezeretsa m'mbuvo chitukuko m'dziko muno. Iwo adati ali ndi chikhulupiro kuti maphunzirowo athandiza kulimbikitsa upangiri wa akuluakuluwo pofuna kuzindikiritsa alimi zinthu zambiri zokhudza nkhanizi.

Iwo adapereka chitsanzo cha ulimi wamakono. Iwo adalongosola kuti kusala akazi pantchito kumachititsa amayi kuti azipanikizidwa paulimi ndipo izi zimalowetsa pansi ntchito zaulimi chifukwa chiwerengero cha amayi pa dziko lapansi ndi choposa cha a bambo.

Mlembi wamkulu mu Unduna wa zamalimidwe adati ndi wokondwa kwambiri chifukwa cha maphunziro omwe akuti angathandizedi anamandwawo. Iye adavomereza kuti matenda a edzi komanso kusamvetsetsa pa nkhani zajenda kwabwezeretsadi m'mbuvo ulimi. Iye adati maphunzirowo athandiza kusula luso komanso kusintha maganizo olakwika omwe ambiri ali nawo pa nkhanizi.

(Nkhaniyi inalembedwa ndi Samuel Chibaya, mu *The Weekend Nation*, ya pa 4 June 2011)

KUGANIZA MOZAMA: Mtsutso ndi zina zam'chiyankhulo

Mtsutso: Kutaya mimba

- 1 Kodi kutaya mimba n'kutani?
- 2 Ndi zovuta zanji zomwe amayi omwe amataya mimba amakumana nazo. Khalani m'magulu ndipo muchite mtsutso pa mutu uwu: "Kutaya mimba kumasokoneza ntchito za uchembere wabwino."

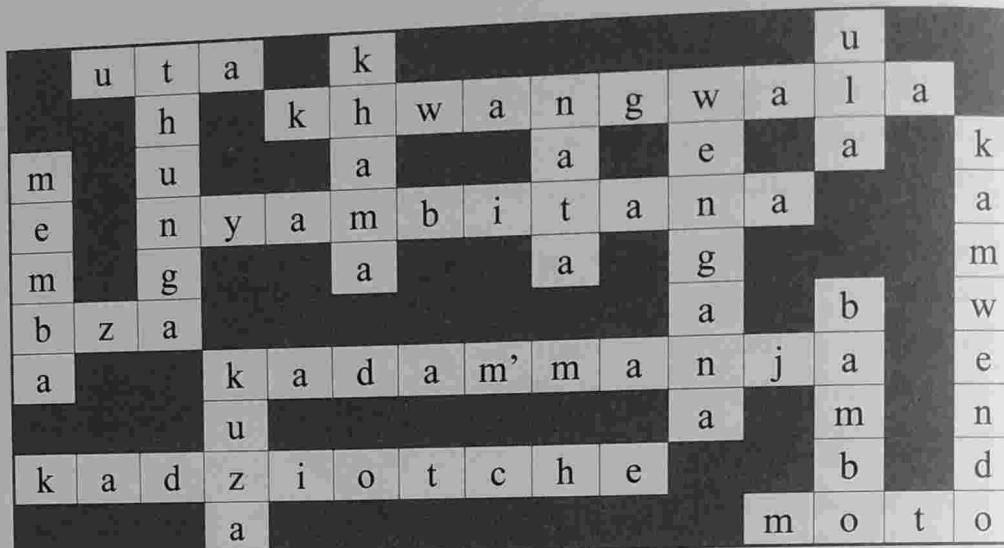
M'magulumo ena akhale ovomereza mutuwo pamene ena akhale otsutsa. Aphunzitsi anu asankha magulu angapo kuti achite mtsutso pa mutuwo m'kalasi mwani.

Zina zam'chiyankhulo: Zining'a zotsutsana matanthauzo

Mu gawo lino mupitiriza kuphunzira za zining'a zotsutsana matanthauzo.

NTCHITO

Pezani zining'a zotsutsana matanthauzo kuchokera mu mtantho wa mawu wotsatirawu.



Kafukufuku

Mu nthawi yanuyanu, kafufuzeni ndi kupeza zining'a zotsutsana matanthauzo. Mudzafotokozerwa anzalu mu kalasi lanu zomwe mukapeze.



MALAMULO A CHIYANKHULO: Kapangidwe ka mayina

Mu gawo lino mupitiriza kuphunzira njira zosiyanasiyana zopangira mayina mu Chichewa. Muphunzira momwe mungapangire mayina kuchokera ku aneni, aonjezi, mitundu ingapo ya mawu komanso kubwerekera kuchokera ku ziyankhulo zina.

Njirazo zili motere:

- 1 Kuchokera ku aneni pophatiza aphatikiram'mbuvo osiyanasiyana ku masinde a aneni

Zitsanzo

a	chi-	ku	-gwa	(chigwa)
b	u-	ku	londa	(ulonda)
c	m-	ku	mera	(mmera)
d	ma-	ku	mina	(mamina)

- 2 Kuchokera ku aneni posintha lembo ‘a’ lotsiriza la tsinde la mneni kuti likhale ‘e’, kapena ‘i’ kapenanso ‘o’

Zitsanzo

a	gwiriza	gwiriz-	(gwirize)
b	gogomola	gogomol-	(gogomole)
c	biba	bib-	(bibi)
d	shisha	shish-	(shishi)
e	funsa	funs-	(funso)
f	lamula	lamul-	(lamulo)

- 3 Kuchokera ku aneni pophatikiza aphantikiram’mbuyo osiyanasiyana ku masinde a aneni ndi kusintha lembo ‘a’ lotsiriza la tsinde kuti likhale ‘e’, ‘i’ kapena ‘o’

Zitsanzo

a	ka-	zonda	zond-	(kazonde)
b	m-	lima	lim-	(mlimi)
c	chi-	tseka	tsek-	(chitseko)

- 4 Kuphatikiza aphantikiram’mbuyo osiyanasiyana ku aonjezi

Zitsanzo

a	u-	bwino	(muonjezi)	ubwino
b	u-	kale	(muonjezi)	ukale
c	chi-	kale	(muonjezi)	chikale
d	cha-	lero	(muonjezi)	chalero
e	bwa-	lero	(muonjezi)	bwalero

- 5 Pophatikiza mitundu ingapo ya mawu

Mitundu ingapo ya mawu imaphatikizidwa ndi kupanga dzina limodzi potsata njira monga zotsatirazi:

- a Kuphatikiza mayina awiri

Zitsanzo

i	njoka	luzi	njokaluzi
ii	mwana	bere	mwananbere
iii	utaka	fumbi	utakafumbi
iv	mwini	mphale	mwini mphale

b *Kuphatikiza mneni ndi mlowam'malo*

Zitsanzo

i	konda	(mneni)	ine	(mlowam'malo)	kondaine	(dzina)
ii	funda	(mneni)	wekha	(mlowam'malo)	fundawekha	(dzina)
iii	simba	(mneni)	zako	(mlowam'malo)	simbazako	(dzina)

c *Kuphatikiza aphantikiram'mbu yo osiyanasiyana ku aneni omwe aphantikizidwa na mayina*

Zitsanzo

i	chi-	-pha	dzuwa	(chiphadzuwa)
ii	m-	komba	phala	(mkombaphala)
iii	ka-	lavula	gaga	(kalavulagaga)
iv	ka-	siya	goli	(kasiyagoli)

6 Kubwerekera ku ziyankhulo zina

Mu Chichewa muli mayina ambiri ochokera ku ziyankhulo zina. Potsata njirayi, mayina a ziyankhulo zina amabwerekedwa ndi kuwasandutsa kuhala mayina a Chichewa.

Zitsanzo

a	kachasu	(kuchokera ku Chipwitikizi)
b	ndege	(kuchokera ku Chiswahili)
c	gomo	(kuchokera ku Chishona)
d	shasha	(kuchokera ku Chishona)
e	thaulo	(kuchokera ku Chingerezi)
f	langwani	(kuchokera ku Chingerezi)
g	mdala	(kuchokera ku Chizulu)
h	mferekazi	(kuchokera ku Chingoni)
i	chikepe	(kuchokera ku Chiafirikanzi)
j	gombeza	(kuchokera ku Chiafirikanzi)

1 Fototokozani momwe mayina omwe atsekedwa mzere kunsi kwavo mu zigano zotsatirazi adapangidwira.

- a Dzina lina la mthebankhuni ndi kansatsi.
- b Kafadala amadziteteza ponamizira kufa.
- c Ng'ambatchika ndi munthu wosaphonya polasa nyama.
- d Ku Dwangwa kuli fakitale yopanga shuga.
- e Mwanamphepo ndi matenda.

- 2 Fotokozani momwe mayina omwe atsekeda mzere kansi kwawo mu kandime kotsatiraka adapangidwira.

Kuchepa kwa zokolola m'dziko muno ndi chitsimikizo chachikulu choti nyengo ikusinthadi ndipo kungodalira mvula yokha sikungatithandize. Kusintha kwa nyengo ndi vuto lalikulu ndipo mpofunika kuti alimi akangalike pa njira zina zaulimi zopindulitsa monga mthirira ndi mtayakhasu.

MATHERO A MUTU UNO

Fotokozani mwachidule zomwe mwaphunzira mu mutu uno pa:

- 1 Malonje apamatenda
- 2 Malangizo okhudza makhalidwe
- 3 Mauthenga azaumoyo
- 4 Kumvetsa nkhani ya ‘Kodi azamba akulakwa?’, ndi kupeza zifanifani
- 5 Chimangirizo chopeka chokhudza matenda a edzi
- 6 Chimasuliro cha nkhani yazachilengedwe
- 7 Chifupikitso cha nkhani zamaphunziro
- 8 Kuganiza mozama kupylera mu mtsutso pa nkhani ya kutaya mimba, ndi zining’ a zotsutsana matanthauzo
- 9 Malamulo a chiyankhulo pa kapangidwe ka mayina

Mabuku ndi nyuzipepala zomwe tinagwiritsa ntchito



Mu mutu uno tagwiritsa ntchito mabuku komanso nyuzipepala zomwe zili m'munsimu. Mu nthawi yanuyanu muyenera kuwerenga mabukwa komanso nyuzipepalazi kuti mupititse patsogolo nzeru zanu komanso maluso anu a chiyankhulo.

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MUTU 3

CHIYAMBI

Mu Mutu 2 wa buku lino munaphunzira mitu yosiyanasiyana ya phunziro la Chichewa. Ina mwa mitu yomwe munaphunzira ndi monga iyi: ‘malangizo’, ‘chifupikitso’, ‘mtsutso’, ‘chimasuliro’ ndi ‘kugwiritsa ntchito malamulo a chiyankhulo’.

Tchulani mfundo zazikulu zina zilizonse zomwe munaphunzira pa mitu iyi:

- 1 Chimangirizo
- 2 Kumvetsa nkhani
- 3 Malonje

Mu mutu uno *mupitiriza* kuphunzira mitu yomwe munaphunzirapo kale koma pa mfundo ndi zitsanzo zatsopano. Muphunzira mfundo zatsopano kupyolera mu maluso asanu ndi limodzi omwe aja a kumva, kuyankhula, kuwerenga, kulemba, kuganiza mozama, ndi kugwiritsa ntchito malamulo a chiyankhulo.

MALUSO ACHIYANKHULO

- Kumva
- Kuyankhula
- Kuwerenga
- Kulemba
- Kuganiza mozama
- Kugwiritsa ntchito
malamulo a chiyankhulo

Pakutha pa mutu uno:

- ✓ Muchita moyenera malonje a pakati pa wodwala ndi sing'anga
- ✓ Mutchula ndi kukambirana moyenera malonje a pakati pa wodwala ndi sing'anga
- ✓ Mutsatira malangizo omwe mwamva pamakhalidwe m'dera
- ✓ Mufotokoza molondola malangizo omwe mwamva pamakhalidwe m'dera
- ✓ Musonyeza zomwe mwatola mu mauthenga a matenda opatsirana
- ✓ Mufotokoza moyenera mauthenga a matenda opatsirana
- ✓ Muwerenga nkhani mosadodoma ndi kuyankha mafunso molondola pa nkhani ya 'Kuchotsa mimba ndi koopsa'
- ✓ Musanthula chiyankhulo molondola pofuna kupeza zifanifani m'nkhani
- ✓ Mupeza mfundo ndi kulemba kalata yamchezo yokhudza kupereka magazi
- ✓ Mumasulira kankhani kokhudza kusamalira zachilengedwe molondola
- ✓ Mufupikitsa kankhani kokhudza maphunziro molondola
- ✓ Mupeza mfundo ndi kuchita mtsutso moyenera pa nkhani ya ntchito za azamba
- ✓ Mupeza zining'a zotsutsana matanthauzo
- ✓ Mutchula njira zopangira afotokozi

KUMVA NDI KUYANKHULA: Zachikhaldwe

Malonje: Apakati pa wodwala ndi sing'anga

- 1 N'chifukwa chiyani anthu ena akadwala amapita kwa asing'anga azitsamba?
- 2 Kodi mudamvapo malonje otani pakati pa wodwala ndi sing'anga wazitsamba?
- 3 Fotokozani mwachidule zomwe zikuchitika pa chithunzi chotsatirachi.



Anthu ena akadwala amapita kwa asing'anga azitsamba. Ambiri amakonda kukalandira mankhwala kwa asing'anga akaona kuti akudwala matenda odabwitsa kapena ngati akudwala matenda amgonagona omwe sakuchizika ndi mankhwala akuchipatala.

Asing'anga azitsamba nawo amachita malonje ndi wodwala kapena omwe amuperekeza wodwala kwa sing'angayo. Asing'angawo amachita malonjewo pofuna kudziwa zambiri zokhudza wodwalayo. Ngakhale asing'anga ena omwe amati amalosera, amachitabe malonje.

Mu gawo lino mumva ndi kuchita malonje okhudza munthu wodwala yemwe akufuna kulandira thandizo lamankhwala kwa sing'anga wazitsamba.

NTCHITO

珥 Kumva

Mvetserani mwatcheru malonje omwe awiri a inu awerenge molandizana. Wina awerenga gawo la sing'anga wazitsamba ndipo wina awerenga gawo la munthu yemwe akufuna mankhwala.

Muli awiriawiri, kambiranani ntchito yotsatirayi:

- 1 Fotokozani mwachidule momwe malonje omwe mwamvawo adachitikira.
- 2 Tchulani zitsanzo za mawu apadera, omwe mwamva, ogwirizana ndi malonje amtunduwu.
- 3 Kodi malonjewa ndi ofunkira bwanji?

Magulu angapo afotokozere kalasi lonse zomwe amva ndi kukambirana.

Kuyankhula

Fotokozani zomwe zikuchitika pa chithunzipo.

Khalani m'magulu ndipo yerekezani kuti mukudwala ndipo mwapita kwa sing'anga wazitsamba kukalandira thandizo lamankhwala. Wina wa inu akhale wodwala ndipo wina akhale sing'anga.

M'magulumo mukambirane mfundo zoyenera zomwe zingakambidwe pakati pa wodwala ndi sing'anga wazitsamba. Mukonze kasewero kosonyeza malonje omwe angachitike.

Ena mwa mafunso ofunikira kwambiri pa malonjewa

Ena mwa mafunso ofunikira kwambiri pa malonjewa omwe sing'anga wazitsamba atha kumufunsa wodwala ndi monga awa:

- Kodi chikukuvutani ndi chiyani?
- Mudayamba liti kudwala?
- Nanga mudapitapo kwa sing'anga wina ndi matendawa?

Aphunzitsi anu asankha magulu angapo kuti achite timasewero tawo m'kalasi mwanu kuti a magulu ena aonere.

Malangizo: Amakhaldwe abwino m'dera

- 1 Perekani zitsanzo za anthu omwe amapereka malangizo mu madera omwe mumakhala.
- 2 N'chifukwa chiyani anthuwo amapereka malangizo?

M'maderamomwe timakhala timamva malangizo osiyanasiyana. M'midzi, m'mataunindi m'mizinda mumakhala malangizo osiyanasiyana monga okhudza ufulu wachibadwidwe, ntchito zachitukuko, zaumoyo, zamaphunziro, kusamalira zachilengedwe ndi zaulimi.

Anthu omwe samvera malangizo a boma pa zinthu zosiyanasiyana amakhala nzika zosadalirika m'dera popeza amabwezera m'mbuyo chitukuko cha dera.

Kumva

Aphunzitsi anu kapena ophunzira angapo asankhidwa kuti aimbe nyimbo ya gulu loimba. Nyimboyo ndi yokhudza matenda a edzi. Mumvetsere mwachidwi.

- 1 Fotokozani mwachidule zomwe nyimboyo ikunena.
- 2 Kodi mu nyimboyo muli malangizo? Tsimikizirani mayankho anu.
- 3 Kodi malangizo omwe ali mu nyimboyo ndi ofunikira bwanji pa moyo wanu?

Kuyankhula

Khalani m'magulu ndipo mukambirane malangizo osiyanasiyana okhudza makhalidwe abwino mu dera lanu.

Mulongosole momveka bwino momwe mungagwiritsire ntchito malangizowo pofuna kulimbana ndi makhalidwe oipa mu dera lanu.

Aphunzitsi anu asankha magulu angapo kuti afotokozere kalasi lonse zomwe akambirana.

Mauthenga: Amatenda opatsirana

- 1 Kodi matenda opatsirana ndi matenda anji?
- 2 Perekani zitsanzo zitatu za matenda opatsirana.

Matenda opatsirana ndi matenda omwe tikhoza kutenga kuchokera ku tizilombo tosaoneka ndi maso komanso tooneka ndi maso (monga udzudzu ndi ntchentche), nyama (monga mbewa, amphaka, nkhumba ndi ng'ombe) kapena kwa anthu anzathu. Matendawa timatha kupatsirana ndi anthu anzathu.

Akatswiri azaumoyo amati matenda opatsirana ndi vuto lalikulu pa dziko lapansi maka mu mayiko amene akutukuka kumene. Ena mwa matenda oopsa kwambiri opatsirana ndi otsatirawa: chimfine, edzi, kolera, mpHERE, kamwazi ndi malungo.

Ngakhale pali njira zambiri zopewera matenda opatsirana, matendawa akupitirira kufala. Uthenga otsatirawu ukufotokoza zina mwa zifukwa zomwe zikuchititsa kuti matenda opatsirana apitirire kufala.

Mvetserani aphunzitsi anu kapena mnzanu akuwerenga uthenga wotsatirawu.

Zomwe zikuchititsa matendawa kuti azifalabe

- Ambiri sadziwa kuti matendawa titha kuwapewa
- Ambiri sadziwa njira zopewera matendawa
- Kusowa kwa mankhwala omwe amathandiza kuchepetsa ndi kuchiza matendawa
- Kuchepa kwa maphunziro choncho ambiri samatha kuwerenga mauthenga okhudza matendawa
- Kukwera mtengo kwa mankhwala otetezera ndi kuchiza matendawa
- Kukhala mu malo omwe si aukhondo
- Kumwa madzi ndi kudya zakudya zomwe si zaukhondo
- Zikhulupiriro ndi miyambo ya makolo yoipa
- Zikhulupiriro za zipembedzo zina

NTCHITO



Kumva

- 1 Fotokozani mwachidule zomwe uthengawu ukunena.
- 2 Sanjani mfundo zomwe mwamva kuti zikhale mu magulu aakulu atatu.
- 3 Kodi uthengawu ndi wofunikira bwanji pa moyo wanu?



Kuyankhula

Khalani m'magulu ndipo mukambirane ndi kukonza mauthenga odziwitsa anthu za matenda opatsirana omwe agwa mwadzidzidzi mu dera lanu.

Aphunzitsi anu asankha magulu angapo kuti afotokozere kalasi lonse zomwe akambiranana.



KUWERENGA: Kumvetsa nkhani – Uchembere wabwino

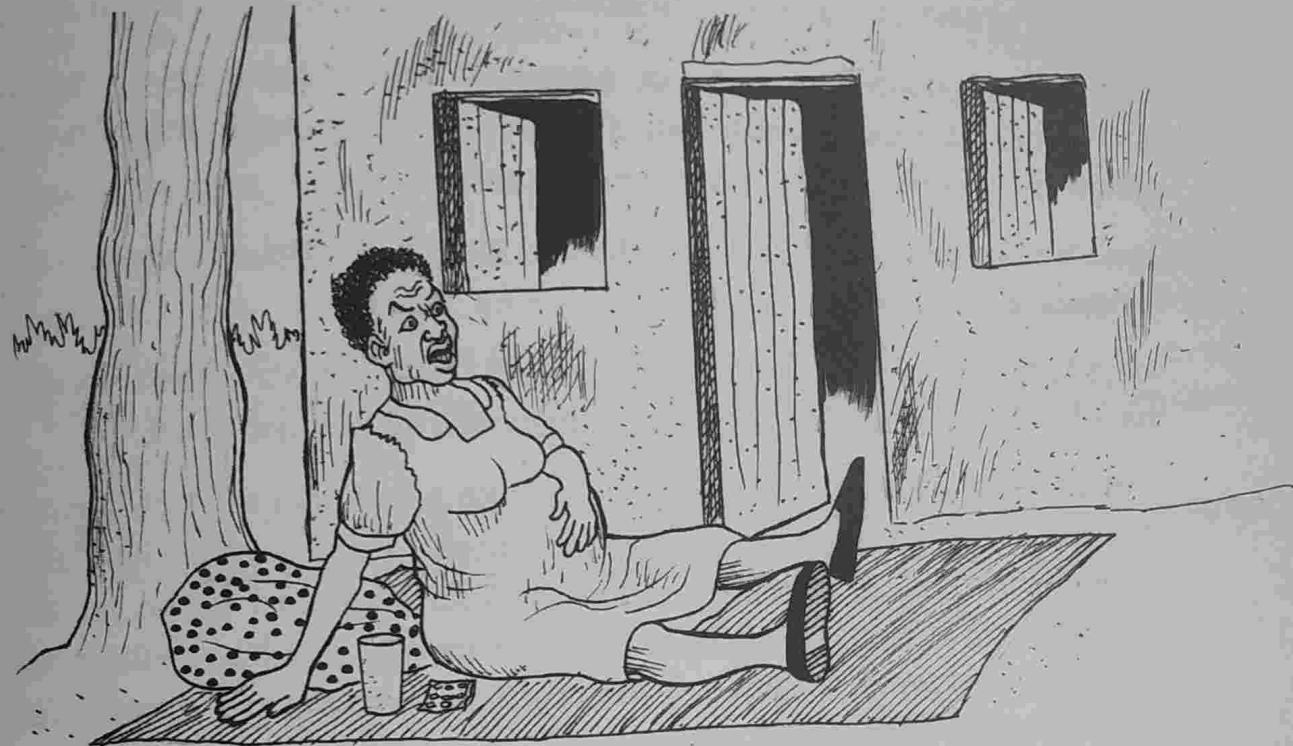
Mu gawo lino mupitiriza kuphunzira luso la kuwerenga kupyolera mu kumvetsa nkhani. Musanthulanso chiyankhulo koma musanatero, chitani kaye ntchito yotsatira.

- 1 Kodi kutaya mimba n'kutani?

- 2 N'chifukwa chiyani atsikana komanso amayi ena amataya mimba?
 3 Kodi kutaya mimba n'kulakwa? Tsimikizirani yankho lanu.

Werengani nkhani yotsatirayi ndipo mukatsiriza muyankhe mafunso koma musanatero fotokozani zomwe zikuchitika pa chithunzipo.

KUCHOTSA MIMBA NDI KOOPSA



Miyezi itatu yathayi bungwe lina lomwe limaona za uchembere wabwino lidakonza maphunziro a atolankhani okhudza nkhani za kuchotsa pathupi. Anthu ambiri adadzidzimuka kwambiri bungweli litatulutsa zotsatira za kafukufuku wake zomwe zikuonetsa kuti amayi osachepera anayi akumwalira tsiku ndi tsiku chifukwa chochotsa pathupi mosayenera m'dziko muno.

Mayi Jean Mphonda (dzina lopeka) adafotokoza momvetsa chisoni nkhani ya mwana waho yemwe adamwalira kaamba kochotsa mimba.

"Adali mwana wanzeru. Sitidakhulupirire kuti zingakhale choncho koma basi tidazilandira zitagwa poti pofera salambula. Chomvetsa chisoni ndi choti adachita kugwiriridwa choncho ankachita manyazi ndi pathupipo."

Mayi Mphonda adadandaula motero misozi ili payipayi m'maso ngati mvula, atakumbukira imfa ya mwana waho, Ndazona (dzina lopeka), yemwe adamwalira mu chaka cha 1984.

Ndazona, msungwana yemwe adali wophunzira mu Fomu 3 pa sekondale ina adamwalira atachotsa pathupi mosayenera. Imfa ya Ndazona idzakhala yosaiwalika malinga ndi momwe msungwanayo adamwalirira. Mayi Mphonda akuti zidzamuvuta kuiwala imfayo chifukwa mwana wawoyo adali bwenzi wake wa ponda apa nane mpondepo.

Mtsikanayo akuti adamwalira atamwa sopo wa safu ndi cholina choti ataye mimba. Mtsikanayo adaganiza zochotsa pathupipo chifukwa makolo ake ankamudzudzula kwambiri chifukwa cha pathupi pomwe adatengapo ndipo iye adachiona chabwino kungochotsa pathupipo kuti ayanjane ndi makolo akewo.

Nyakwawa Mtalimanja ya mu boma la Chiradzulu, T/A Likoswe idavomereza kuti mu dera lake atsikana ambiri akutaya pathupi pogwiritsa njira zosayenera. Iye adati atsikana, maka a zaka za pakati pa 13 ndi 18, ndiwo akuchulukira kutaya mimba ngati zinyalala kudzala. Iye adati ambiri mwa atsinakawa ndi ophunzira omwe ali mu sitandade 6, 7 ndi 8.

“Atsikanawa amagwiritsira ntchito zisongole kapena mitengo ya chinangwa pochotsa mimbazo. Ena amamwa safu ndi alovela kuti ataye pathupipo. Izi ndi njira zimene zachulukira kwathu kuno,” idatero mfumuyo.

Mtalimanja akuganiza kuti mu dera lake pa mwezi umodzi, asungwana osachepera anayi akumataya pathupi.

Mayi Mphonda adalongosola momwe amayi ofuna kutaya mimba amagwiritsira ntchito mankhwala a alovela. Mankhwalawa amawawa ngati muwawani.

“Amatenga alovela ndi kumuduladula kenako amamuika m’kapu momwe muli madzi. Amamwa madziwo katatu patsiku: m’mawa, masana ndi madzulo. Akangomwa mankhwalawo, akuti m’mimba mumapotokola kwambiri ndipo izi zimachititsa kuti chomwe chili m’mimbacho chife. Akachita mwayi mimba imatha kuchoka usiku wa tsiku lomwe wayamba kumwa mankhwalawo. Komabe ena zimatha kuwavuta ndipo amatha masiku atatu mimba isanachoke.”

Ngakhale Nyakwawa Mtalimanja idakhazikitsa lamulo m’dera mwake kuti yemwe wataya mimba azilipira mbuzi akuti sizikuphula kanthu chifukwa ochotsa mimba amachita zinthu mobisa ngati wotcha msampha. Kutaya pathupi mosayenera ndi chinthu chomwe chikuvulaza amayi ambiri koma nkhanzi zake sizimakambidwa poyerina monga timakambira nkhanzi za matenda amalungo.

Dokotala yemwe amagwira ntchito ku chipatala cha Mwaiwathu, Dr Edgar Kuchingale, adauza atolankhani pamaphunzirowo za momwe kuchotsa pathupi mosayenera kumavulazira amayi ambiri m’dziko muno.

“Pafupifupi amayi khumi ndi awiri amamwalira m’dziko muno tsiku lililonse pobereka. Amayi atatu kapena anayi pa chiwerengerochi amamwalira chifukwa chotaya pathupi mosayenera. Izi zikusautsa kwambiri koma chomvetsa chisoni n’choti nkhanizi sizikukambidwa kwambiri,” Dokotala Kuchingale adatero.

Dokotala Kuchingale adaululanso kuti mwa amayi 100,000 omwe amachotsa pathupi mosasamala, amayi 750 amamwalira kuno ku Africa, maka kumwera kwa chipululu cha Sahara.

Timothy Bonyonga, yemwe amalangiza za uchembere wabwino, adati amayi akuyenera kutsata njira zojenera akafuna kuchotsa pathupi.

“Ku zipatala zina kumakhala dokotala yemwe adaphunzira za kachotsedwe ka pathupi. Inenso ndimadziwa kachotsedwe ka pathupi koyenera. Ngati wina akufuna kuchotsa pathupi amayenera kupita kuchipatala ndipo akafotokozerere dokotalayo chifukwa chomwe afunira kuchotsera pathupipo. Ngati zifukwazo ndi zomveka, dokotalayo amamuthandiza mayiyo,” Timothy Bonyonga adatero.

Timothy Bonyonga adalongosola zina mwa zifukwa zomwe achipatala amavomerezera mayi kuti ahotse mimba.

“Pamakhala zifukwa zomveka zomwe achipatala atha kulolera kuti mayi ahotse mimba monga matenda omwe atha kumupha mayiyo. Nthawi zina mwina mayiyo amakhala wachichepere woti sangakwanitse kubereka. Nthawi zinanso timaonanso vuto lomwe lingadze, mwanayo atati abadwe.”

Ndi chachidziwikire kuti atsikana ndi amayi ambiri akupitirizabe kuchotsa mimba. Mpofunika kuti magulu a anthu osiyanasiyana omwe amakhudzidwa ndi nkhani zauchembere achitepo kanthu msanga madzi asadafike m’khosi pofuna kuteteza miyoyo ya atsikana ndi amayi yomwe ili pachiswe kaamba kochotsa pathupi pogwiritsa ntchito njira zoopsa.

(Nkhaniyi idalembewa ndi Bobby Kabango mu nyuzipepala ya *Fuko* ya pa 25 July, 2011 koma tidaisintha mwina ndi mwina.)

NTCHITO

Mafunso

- 1 Ndi chifukwa chiyani nkhani zochotsa mimba sizikukambidwa kwambiri pakati pathu?
- 2 Perekani chifukwa chachikulu chomwe chimachititsa atsikana ena oyembekezera kuchotsa mimba.
- 3 Ndi mimba zingati zomwe zimachotsedwa pa chaka mu dera la nyakwawa Mtalimanja?
- 4 Ndi chifukwa chiyani kuchotsa mimba mosatsata njira zoyenera ndi mdani wa ntchito ya uchembere wabwino?
- 5 Perekani matanthauzo a mawu awa:
 - a ataye mimba
 - b bwenzi wake wa ponda apa nane mpondepo
 - c madzi asadafike m’khosi

Kusanthula chiyankhulo: Zifanifani

Kuchokera mu nkhani yomwe mwawerenga ya ‘Kuchotsa Mimba ndi Koopsa’, pezani zitsanzo za zifanifani.

Mu Mutu 2 munaphunzira zifanifani zamakhalidwe. Mu gawo lino mupitiriza kuphunzira zifanifani ndipo muphunzira zifanifani zamchitidwe. Zifanifani za mtunduwu zimakamba za momwe ntchito imachitikira.

Zitsanzo za zifanifani zamchitidwe

Kubuula monga nkhumba
Kudzikandakanda ngati wayabwidwa ndi chitedze
Kudzuma monga kadzidzi
Kufwamphuka monga msampha
Kugonera kumodzimodzi monga dzungu
Kukola monga kapinga
Kukumana pansi ngati mizu ya kachere
Kulenda monga dovu
Kulumpha monga insa
Kumata monga ulimbo
Kuonera m'mbali ngati tonkhwetonkhwe
Kupanda mgugu ngati mphaka
Kupekesa ngati mkazimpheko
Kusankha moponda ngati birimankhwe
Kusinthasintha mawanga ngati birimankhwe

NTCHITO

Tsirizani zifanifani zotsatirazi ndi mawu oyenera.

Kuswana ngati _____
Kuthawathawa ngati _____
Kutolatola ngati _____
Kuwenda monga _____
Kuyambiza ngati _____
Kuyenda chojowa monga _____
Kuyenda m'chigulu ngati _____
Kuyenda pang'onopang'ono ngati _____
Kuzengereza ngati _____
Kunjjonjola ngati _____



Kalata yamchezo: Kupereka magazi
Lembani kalata amani

Lembani kalata yamchezo kwa mnzanu yemwe amakhala m'dziko momwe muno yomufotokozena kufunika kopereka magazi kuchipatala.
Musanalembe kalatayo, pezanj:

- 1 mfundo zazikulu zosachepera zisanu ndi momwe mungatambasulire mfundozo. Mfundozo zitha kukhala monga izi: kuthandiza anthu ovulala pangozi, ndi kuthandiza amayi oyembekezera omwe amataya magazi kwambiri nthawi yochira.

2 nsinjiro zachiyankhulo (monga mikuluwiko, zining'a ndi zifanifani) zosachepera zisanu zogwirizana ndi mfundo zomwe mufuna kulemba.

Kalata yanu muiyale motere: keyala yanu, tsiku lolembera kalata, malonje, ndime ndi kutsiriza monga mu chitsanzo chitsatirachi.

Malosa Secondary School,
Private Bag 3,
Chilema

9 September, 2015.

Wokondedwa Taliona,

Ndine mnzako,

Mayamiko.

Chimasuliro: Kusamalira zachilengedwe

Kambiranani momwe mungamasulire mawu ndi ziganizo zotsatirazi:

- 1 Soil erosion
 - 2 It occurs when wind or water washes away the top soil.
 - 3 It takes with it nutrients that plants need.

Masulirani nkhanu yotsatirayi mu Chichewa chomveka bwino.

PREVENTION OF SOIL EROSION

Soil erosion is the washing away of soil. It occurs when wind or water washes away the top soil from a surface area of a land. The amount of soil erosion that occurs in an area depends on two major factors: the speed with which water or wind travel across the area, and the amount of plant life in a particular area.

It is important to prevent soil erosion, because any land that has been stripped of its top soil does not support plant life. When the top soil is washed away, it takes with it nutrients that plants need to grow well. The soil that is left in an area affected by erosion is generally very hard and makes it difficult for seeds to break through.

Chifupikitso: Maphunziro

Werengani nkhani yotsatirayi ndipo mukatsiriza muifupikitse. Aphunzitsi anu akuuzani chiwerengero choyenera cha mawu a chifupikitso chanu.

ANYAMATA ASAIWALIDWE PAMAPHUNZIRO

Kutsalira kwa atsikana pamaphunziro kudabweretsa mapologalamu osiyanasiyana oti apititse patsogolo maphunziro a atsikanawo m'dziko muno. Mwachitsanzo, boma lidaika malamulo ndi mfundo zoonetsetsa kuti anyamata ndi atsikana apatsidwe mwayi ofanana pamaphunziro.

Boma lakhala likumanga zipinda zogonamo atsikana mu sukulu zosiyansiyana m'dziko muno. Izi ndi zina mwa zinthu zingapo zomwe mabungwe osiyanasiyana komanso boma akuchita poyesetsa kuchepetsa zokhoma zomwe zakhala zikubwezera m'mbuyo maphunziro a atsikana.

Kuonjezera apo, mabungwe ena ali pakalikiliki kupeza njira zoti atsikana asasiyire sukulu panjira komanso kulimbikitsa omwe adasiyira sukulu panjira kuti abwererenso kusukulu.

Ngakhale ndondomekozi zikuchita zazikulu poyesetsa kuti atsikana aphunzire, kutsindika maphunziro a atsikana okha kungathe kuiwalitsa maphunziro a anyamata.

Kafukufuku okhudza maphunziro a anyamata ndi atsikana m'dziko muno, yemwe adachita a Sheila Mziray m'dziko muno mu chaka cha 2007, adapeza kuti chiwerengero cha anyamata omwe amasiyira sukulu panjira chidali chokwererapo poyerekeza ndi cha atsikana.

Mai Mziray, omwe amagwira ntchito ku Eastern and Southern African Management Institute, adapeza kuti anyamata ambiri amasiyira sukulu panjira chifukwa cha umphawi omwe umawachititsa kuti asiye sukulu ndi kumakafuna ntchito. Komabe ena amangosowa chidwi pa maphunziro.

Pa msinkhu umene atsikana ambiri amasiya sukulu akatenga pathupi kapena kulowa m'banja, anyamata ambiri amakhala akutangwanika ndi zinthu zomwe zimasokoneza maphunziro awo. Mwachitsanzo, makhalidwe monga kumwa mowa, kusuta chamba ndi kumwa mankhwala ozunguza bongo zimaika maphunziro a anyamata pachiswe ndi kuopseza tsogolo lawo.

(Nkhaniyi idalembewa ndi Rabecca Theu mu nyuzipepala ya The Weekend Nation, ya pa 10 September 2011 koma tidaisintha mwina ndi mwina.)

KUGANIZA MOZAMA: Mtsutso ndi zina zam'chiyankhulo

Mtsutso: Ntchito za azamba

- 1 Kodi mzamba ndani?
 - 2 Mzamba angalimbikitse bwanji ntchito zaumoyo kumudzi?

Khalani m'magulu ndipo muchite mtsutso pa mutu uwu: "Si bwino kuti boma lithetseretu ntchito za azamba."

M'magulumo ena akhale ovomereza mutuwo pamene ena akhala otsutsce

Aphunzitsi anu asankha magulu angapo kuti achite mtsutso pa mutiwo m'kelesi myewo.

Zina zam'chivankhulo: Zining'a zotsutsana matanthauze

Mu gawo lino mupitiriza kiphunzira za zining'a zotsutsana matanthauzo.

Pezani zining'a zotsutsana matanthauzo kuchokera mu mtantho wa mawu wotsatirawu.

			p		k									k	
c	h	i	s	a	m	b	a		m	a	t	a	y	a	
h				d			l		a		s			f	
i			m	z	i	m	e		m	p	h	u	n	g	u
p		p	u						a		k			l	
h		u	w						z		h			a	
a		n	z	a	n	g	w	a	l	i		u	m	a	
l		a						n			l				
a			m	w	a	n	a	a	l	i	r	e	n	j	i



// MALAMULO A CHIYANKHULO: Kapangidwe ka afotokozi //

Mu gawo lino muphunzira njira zosiyansiyana zopangira afotokozi mu Chichewa. Afotokozi amapangidwa pophatikiza aphantikram'mbuyo ku masinde kapena mawu osiyanasiyana motere:

- 1 Pophatikiza aphantikram'mbuyo ku masinde osiyanasiyana
Potsata njirayi, aphantikram'mbuyo osiyanasiyana amaphatikizidwa ku masinde osiyanasiyana.

Mawu opangidwawo amayenera kugwiritsidwa ntchito mu ziganizo pokamba zambiri za dzina kuti akhaledi afotokozi chifukwa akakhala paokha amakhala alowam'malo.

Zitsanzo

a	zi-	ku tsinde lamawerengo monga '-tatu'	(Zinthu <u>zitatu</u> zasowa.)
b	a-	ku tsinde lamawerengo monga '-sanu'	(Ana <u>asanu</u> akuseka.)
c	cha-	ku tsinde laumwini monga '-thu'	(Chinthu <u>chathu</u> chilipo.)
d	wa-	ku tsinde laumwini monga '-ke'	(Ndamuona mwana <u>wake</u> .)
e	ka-	ku tsinde lolozera monga '-ja'	(Ndifuna kanthu <u>kaja</u> .)
f	i-	ku tsinde lolozera monga '-no'	(Akumanga nyumba <u>ino</u> .)
g	li-	ku tsinde lofunsira monga '-ti'	(Ukufuna buku <u>iti</u> ?)
h	ko-	ku tsinde lofunsira monga '-tani'	(Mwagula kanthu <u>kotani</u> ?)
i	ye-	ku tsinde laubale monga '-mwe'	(Agula kapu <u>yomwe</u> umafuna.)
j	li-	ku tsinde laubale monga '-mene'	(Ndione khasu <u>limene</u> wagula.)
k	a-	ku tsinde lopatula monga '-ngapo'	(Anthu <u>angapo</u> avulala pangozi.)
l	e-	ku tsinde lopatula monga '-na'	(Amalawi <u>ena</u> alibe mwambo.)

- 2 Pophatikiza aphantikram'mbuyo ku masinde enieni a mphotokozi

Potsata njirayi, aphantikram'mbuyo amaphatikizo awiri osiyanasiyana amaphatikizidwa ku masinde enieni a mphotokozi awa: -kazi, -muna, -fupi, -tali, -ng'ono, -kulu, -kali ndi -wisi.

Zitsanzo

a	wam-	ku	-kazi	(wamkazi)
b	kaka-	ku	-muna	(kakamuna)
c	zazi-	ku	-fupi	(zazifupi)
d	lali-	ku	-tali	(lalitali)
e	tati-	ku	-ng'ono	(tating'ono)
f	aa-	ku	-kulu	(aakulu)
g	wau-	ku	-kali	(waukali)
h	chachi-	ku	-wisi	(chachiwisi)

- 3 Pophatikiza aphantikiram'mbuyo osiyanasiyana ku mayina
 Potsata njirayi, aphantikiram'mbuyo osiyanasiyana amaphatikizidwa ku mayina.

Zitsanzo

a	wa-	ku	nkhuli	(wankhuli)
b	a-	ku	chitsulo	(achitsulo)
c	cha-	ku	litsiro	(chalitsiro)
d	za-	ku	ukhondo	(zaukhondo)
e	ya-	ku	ulesi	(yaulesi)
f	ka-	ka	mwano	(kamwano)
g	ta-	ku	ulere	(taulere)
h	la-	ku	mphamvu	(lamphamvu)

- 4 Kuchokera ku mneni, pophatikiza aphantikiram'mbuyo ku mneni wosasinta nthawi (yemwe amapangidwa pophatikiza mphatikiram'mbuyo 'ku-' ku mneni) kenako aphantikiram'mbuyo ena amalowererana n'kupanga lembo 'o'.

Chitsanzo

Kuphatikiza mphatikiram'mbuyo 'wa-' ku mneni wosasinta nthawi 'kuyera' tipanga mfotokozi 'wakuyera' yemwe amasanduka 'woyera'.

Komabe kuti zinthu zimveke mosavuta, potsata njirayi timangoti timaphatikiza aphantikiram'mbuyo osiyanasiyana ku aneni n'kupanga afotokozi.

Zitsanzo

a	wo-	ku	yera	(woyera)
b	o-	ku	kongola	(okongola)
c	cho-	ku	vuta	(chovuta)
d	zo-	ku	phika	(zophika)
e	yo-	ku	phweka	(yophweka)
f	ko-	ku	limba	(kolimba)
g	to-	ku	fewa	(tofewa)
h	lo-	ku	pyapyala	(lopyapyala)

- 5 Kuphatikiza aphantikiram'mbuyo osiyanasiyana ku aonjezi
 Potsata njirayi, aphantikiram'mbuyo osiyanasiyana amaphatikizidwa ku aonjezi.

Zitsanzo

a	la-	ku	dzana	(ladzana)
b	a-	ku	m'kati	(am'kati)
c	ka-	ku	kuno	(kakuno)
d	za-	ku	panja	(zapanja)

e	wa-	ku	bwino	(wabwino)
f	ya-	ku	msanga	(yamsanga)
g	cha-	ku	kale	(chakale)
h	za-	ku	lero	(zalero)

6 Kuphatikiza aphantikiram'mbuyo osiyanasiyana ku mimvekero

Potsata njirayi, aphantikiram'mbuyo osiyanasiyana amaphatikizidwa ku mimvekero.

Zitsanzo

a	ka-	ku	mbuu	(kambuu)
b	la-	ku	see	(lasee)
c	za-	ku	zii	(zazii)
d	cha-	ku	gwede	(chagwede)
e	ka-	ku	yeziyezi	(kayeziyezi)
f	a-	ku	psuu	(apsuu)
g	ya-	ku	noninoni	(yanoninoni)
h	wa-	ku	wofuwofu	(wawofuwofu)

NTCHITO

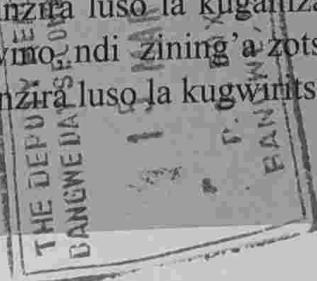
- 1 Fototokozani momveka bwino, popereka chitsanzo, momwe mungapangir afotokozi:
 - a pophatikiza aphantikiram'mbuyo ku masinde osiyanasiyana
 - b pophatikiza aphantikiram'mbuyo ku masinde enieni a mfotokozi
 - c pophatikiza aphantikiram'mbuyo osiyanasiyana ku mayina
- 2 Pangani afotokozi kuchokera ku masinde ndi mawu otsatirawa ndipo mulemb ziganizo pogwiritsa ntchito afotokoziwo.
 - a -modzi
 - b -yani?
 - c -kulu
 - d -fupi
 - e nzeru
 - f ufulu
- 3 Fototokozani momveka bwino, popereka chitsanzo, momwe mungapangir afotokozi kuchokera ku:
 - a aneni
 - b aonjezi
 - c mimvekero

- 4 Pangani afotokozi kuchokera ku mawu otsatirawa ndipo mulembe ziganizo pogwiritsa ntchito afotokoziwo.
- salala
 - lero
 - pendapenda
- 5 Fotokozani momwe afotokozi omwe atsekedwa mzere kunsi kwavo mu kandime kotsatiraka adapangidwira.

Mu dziko lathu la Malawi muli nkhani zina zambiri zodabwitsa zomwe anthu ena anzeru akazimva amaganiza kuti ndi nkhambakamwa zawedewede komanso zakale. Kodi wina atakufotokozerani nkhani yoona yoti mwala unayendapo wokha mungakhulupirire? Mwina simungakhulupirire, komatu mwala wina waung'ono udayendapo n'kuimitsa mitu ya anthu aluso. Ku Thyolo kuli mwala umodzi wodabwitsa kwambiri.

MATHERO A MUTU UNO

Mutu uno unali ndi magawo asanu ndi limodzi. Mu gawo loyamba ndi lachiwiri mwaphunzira maluso a kumva ndi kuyankhula kupyolera mu malonje apamatenda, malangizo okhudza makholidwe, ndi mauthenga okhudza zaumoyo. Mu gawo lachitatu mwaphunzira luso la kuwerenga kupyolera mu kumvetsa nkhani ya ‘Kuchotsa mimba ndi koopsa’ ndi kusanthula chiyankhulo pa zifanifani. Mu gawo lachinayi mwaphunzira luso la kulemba kupyolera mu kalata yamchezo pa kuperekamagazi, chimasuliro chokhudza kusamalira zachilengedwe, ndi chifupikitso chokhudza maphunziro. Mu gawo lachisanu mwaphunzira luso la kuganiza mozama kupyolera mu mtsutso pa nkhani ya uchembere wabwino ndi zining’ a zotsutsana matanthauzo. Mu gawo lachisanu ndi chimodzi mwaphunzira luso la kugwiritsa ntchito malamulo a chiyankhulo pa kapangidwe ka mfotokozi.



Mabuku ndi nyuzipepala zomwe tinagwiritsa ntchito



Mu mutu uno tagwiritsa ntchito mabuku komanso nyuzipepala zomwe zili m'munsimu. Mu nthawi yanuyanu moyenera kuwerenga mabukuwa komanso nyuzipepalazi kuti mupititse patsogolo nzeru zanu komanso maluso anu a chiyankhulo.

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MUTU 4

CHIYAMBI

Mu Mutu 3 wa buku lino munaphunzira mitu yosiyanasiyana ya phunziro la Chichewa. Ina mwa mitu yomwe munaphunzira ndi monga iyi: ‘malonje’, ‘kumvetsa nkhani’, ‘chimasuliro’ ndi ‘zina zam’chiyankhulo’.

Tchulani mfundo zazikulu zina zilizonse zomwe munaphunzira pa mitu iyi:

- 1 Mauthenga
- 2 Chifupikitso
- 3 Kugwiritsa ntchito malamulo a chiyankhulo

Mu mutu uno mupitiriza kuphunzira mitu yomwe munaphunzirapo kale koma pa mfundo ndi zitsanzo zatsopano. Muphunzira mfundo zatsopano kupyolera mu maluso asanu ndi limodzi omwe aja a kumva, kuyankhula, kuwerenga, kulemba, kuganiza mozama, ndi kugwiritsa ntchito malamulo a chiyankhulo.

MALUSO ACHIYANKHULO

- Kumva
- Kuyankhula
- Kuwerenga
- Kulemba
- Kuganiza mozama
- Kugwiritsa ntchito malamulo a chiyankhulo



Pakutha pa mutu uno:

- ✓ Muchita moyenera malonje a pakati pa wodwala ndi dokotala
- ✓ Mutchula ndi kukambirana moyenera malonje a pakati pa wodwala ndi dokotala
- ✓ Mutsatira malangizo omwe mwamva pamakhaldwe m'dziko
- ✓ Mufotokoza molondola malangizo omwe mwamva pamakhaldwe m'dziko
- ✓ Musonyeza zomwe mwatola mu mauthenga a matenda a edzi
- ✓ Mufotokoza moyenera mauthenga a matenda a edzi
- ✓ Muwerenga nkhanzi mosadodoma ndi kuyankha mafunso molondola pa nkhanzi ya 'Mfumu Tandwe itenga chikho cha uchembere wabwino'
- ✓ Musanthula chiyankhulo molondola pofuna kupeza zifanifani m'nkhanzi
- ✓ Mupeza mfundo ndi kulemba kalata yamchezo yokhudza kuperekira magazi
- ✓ Mumasulira kankhani kokhudza kusamalira zachilengedwe molondola
- ✓ Mufupikitsa kankhani kokhudza maphunziro molondola
- ✓ Mupeza mfundo ndi kuchita mtsutso moyenera pa nkhanzi ya kuberekera kuchipatala
- ✓ Mupeza zining'a zotsutsana matanthauzo
- ✓ Mutchula njira zopangira aonjezi



KUMVA NDI KUYANKHULA: Zachikhaldwe

Malonje: Apakati pa wodwala ndi dokotala

- 1 Ndi chifukwa chiyani dokotala amamufunsa wodwala mafunso asanamulembere mankhwala?
- 2 Kodi dokotala ndi wodwala angachite malonje wotani?

Masiku ano anthu ambiri akadwala amapita kuchipatala kukalandira thandizo lamankhwala. Ambiri amakonda kukalandira mankhwala kuchipatala chifukwa ndiko kuli akatswiri ndi zipangizo zoyesera matenda.

Akatswiri ogwira ntchito kuchipatala amachita malonje ndi munthu wodwala asanapereke thandizo lamankhwala pofuna kudziwa zambiri zokhudza wodwalayo kuti amupatse thandizo loyenera.

Mu gawo lino mumva ndi kuchita malonje okhudza dokotala ndi munthu wodwala yemwe akufuna kulandira thandizo lamankhwala kuchipatala.

Kumva

Mvetserani mwatcheru malonje omwe awiri a inu awerenga molandizana. Wina awerenga gawo la dokotala wakuchipatala ndipo wina awerenga gawo la munthu yemwe akudwala.

Muli awiriawiri, kambiranani ntchito yotsatirayi:

- 1 Fotokozani mwachidule momwe malonje omwe mwamvawo adachitikira.
- 2 Tchulani zitsanzo za mawu apadera, omwe mwamva, ogwirizana ndi malonje amtunduwu.
- 3 Kodi malonjewa ndi ofunikira bwanji pa moyo wanu?

Magulu angapo afotokozerere kalasi lonse zomwe amva ndi kukambirana.

Kuyankhula

Khalani m'magulu ndipo yerekezani kuti mukudwala ndipo mwapita kuchipatala kukalandira thandizo lamankhwala. Wina wa inu akhale wodwala ndipo wina akhale dokotala wamkazi.

M'magulumo mukambirane mfundo zoyenera zomwe zingakambidwe pakati pa wodwala ndi dokotala. Mukonze kasewero kosonyeza malonje omwe angachitike.

Aphunzitsi anu asankha magulu angapo kuti achite timasewero tawo m'kalasi mwanu kuti a magulu ena aonere.

Malangizo: Amakhalidwe abwino m'dziko

- 1 Perekani zitsanzo za malangizo omwe mudamvapo okhudza makhalidwe abwino m'dziko.
- 2 Fotokozani kufunika kwa malangizowo.

M'dziko mwathu muno timamva malangizo osiyanasiyana kuchokera kwa akatswiri ndi atsogoleri osiyanasiyana monga a boma, andale, azipembedzo ndi a mabungwe omwe si a boma. Malangizowo amakhudza zinthu zosiyanasiyana monga kusasankhana mitundu, zaumoyo, kusamalira zachilengedwe ndi zaulimi.

Anthu omwe salabadira malangizo a boma pa zinthu zosiyanasiyana amakhala nzika zosadalirika m'dziko popeza amabwezera m'mbuyo chitukuko cha dziko.

Kumva

Aphunzitsi anu kapena ophunzira angapo aimba ndime zonse zitatu za nyimbo ya fuko la Malawi ndipo mumvetsere mwachidwi.

Muli awiriawiri, kambiranani ntchito yotsatirayi:

- 1 Fotokozani mwachidule mfundo zazikulu zomwe nyimbo ya fuko lathu imanena.
- 2 Ndi ndime iti ya nyimboyi yomwe ili ndi malangizo? Tsimikizirani yankho lanu.
- 3 Kodi malangizo omwe ali mu nyimboyi ndi ofunikira bwanji kwa nzika za Malawi?

Kuyankhula

Khalani m'magulu ndipo mukambirane nyimbo zitatu zilizonse za akatswiri oimba atatu aliwonse muno mu Malawi. Nyimbozo zikhale zomwe zikupereka malangizo osiyanasiyana.

Aphunzitsi anu asankha magulu angapo kuti afotokozere kalasi lonse malangizo omwe akupezeka mu nyimbo zomwe akambirana.

Mauthenga: Amatenda a edzi

- 1 Kodi ndi chifukwa chiyani matenda a edzi ndi woopsa?
- 2 Mudadziwa bwanji zoti m'dziko muno muli matenda a edzi?

Matenda a edzi agwedeza dziko lonse lapansi. Akatswiri azaumoyo akuti chaka chilichonse pafupifupi anthu okwana 50,000 akutenga kachilombo koyambitsa matenda a edzi ka HIV muno mu Malawi. Matenda a edzi ndi woopsa kwambiri chifukwa alibe mankhwala choncho sangachizike komabe pali mankhwala otalikitsa moyo otchedwa Antiretroviral (ARV).

Tsiku lililonse mauthenga okhudza matenda a edzi akufalitsidwa kupiyolera mu njira zosiyanasiyana.

Kumva

Mvetserani aphunzitsi anu kapena mnzanu akuwerenga uthenga wotsatirawu.

UTHENGA WA MATENDA A EDZI

Titha Kufalitsa Uthenga wa Matenda a Edzi Kupylolera mu Njira Monga Zotsatirazi:

- Zovala monga malaya, zitenje ndi zipewa
- Wayilesi ndi wayilesi yakanema
- Makina a kompyuta
- Nyuzipepala
- Zikwangwani

Tiyeni Tifalitse Uthenga Osati Kachilombo ka HIV

Muli awiriawiri, kambiranani ntchito yotsatirayi:

- 1 Fotokozani zomwe uthengawu ukunena.
- 2 Sanjani njira zofalitsira mauthenga a matenda a edzi zomwe mwamva kuti zikhale mu magula aakulu atatu.
- 3 Ndi njira ziti zomwe mukuganiza kuti zikuthandiza kwambiri pofalitsa mauthenga a matenda a edzi mu dera lanu? Tsimikizirani mayankho anu.

Kuyankhula

Khalani m'magulu ndipo mukambirane ndi kukonza mauthenga osiyanasiyana okhudza momwe mungapewere kutenga kachilombo koyambitsa matenda a edzi pasukulu panu. Aphunzitsi anu asankha magulu angapo kuti afotokozere kalasi lonse zomwe akambirana.

KUWERENGA: Kumvetsa nkhani – Uchembere wabwino

Mu gawo lino mupitiriza kuphunzira luso la kuwerenga kupyolera mu kumvetsa nkhani. Musanthulanso chiyankhulo koma musanatero, chitani kaye ntchito yotsatira.

- 1 Kodi udindo wolimbikitsa ntchito za uchembere wabwino m'dziko uli m'manja mwa yani? Tsimikizirani yankho lanu.
- 2 Ntchito za uchembere wabwino zingalimbikitsidwe bwanji m'dera?
- 3 Pekani kankhani kanukanu mwamsangamsanga pogwiritsa ntchito mawu awa: mfumu, chikho, uchembere wabwino, mtolankhani ndi azamba.

Werengani nkhani yotsatirayi ndipo mukatsiriza tuyankhe mafunso koma musatero fotokozani zomwe zikuchitika pa chithunzipo.

MFUMU TANDWE ITENGA CHIKHO CHA 'UCHEMBERE WABWINO'



Maliya Chiudzu:

Pepani mfumu ndangotulukira modzidzimutsa ngati chizimalupsa. Poyamba ndikuthokozeni amfumu; mwagwira ntchito.

Mfumu Tandwe:

Zikomo kwambiri.

Maliya Chiudzu:

Dzina langa ndi Maliya Chiudzu. Ndine mtolankhani wa nyuzipepala ya Kavumbu. Ndifuna kucheza nanu pa nkhani ya kupambana kwanu.

Mfumu Tandwe:

Zikomo kwambiri. Khalani womasuka.

Maliya Chiudzu:

Zikomo. Chisangalalo chanu ndi chotani pa kupambana kwanu?

Mfumu Tandwe:

Ndi chachikulu zedi. Ndi chisangalalo ngati paukwati. Ndi chodzadza tsaya. Ndine wokondwa kwambiri poganzira kuti tilipo mfumu zambiri mu dera lino koma ine n'kukhala woyamba mpaka kutenga chikho chimenechi (*aloza chikhcho*). Zingokhala ngati kutulo ndithu.

Maliya Chiudzu:

(*Aseka*) Ndangoyamba ndi kucheza nanu ndisanakudziweni bwino. Kodi Mfumu Tandwe ndi yani kwenikweni? Ndikudziweni ndithu.

Mfumu Tandwe:

(*Amwetulira*) Zikomo kwambiri. Mfumu Tandwe ndine. Inetu dzina langa lenileni ndi Musitafa Washali. Dzina la Tandwe ndi laufumu. Ndidabadwa pa 7 February, chaka cha 1988. Mukachita

masamu anu mudziwa zaka zanga. Ndidalowa ufumu chaka cha 2011.

Maliya Chiudzu:

Mukuoneka kuti ndinu wachinyamata. Kodi muli pabanja?

Mfumu Tandwe:

(Amwetulira) Ndili pabanja ndipo tili ndi ana awiri.

Maliya Chiudzu:

Ana awiri basi? Mfumu imalemekezekatu ndi ana ambiri.

Mfumu Tandwe:

Amenewo adali maganizo a makolo athu makedzana. Masiku ano tiyenera kuganizira za thanzi la amayi. Tiyenera kuganiziranso za kapezedwe ka zinthu zofunikira panyumba monga chakudya chokwanira, zovala ndi maphunziro a ana.

Maliya Chiudzu:

Chabwino. Nanga maphunziro mudafika nawo poti?

Mfumu Tandwe:

Sindidapite patali ndi maphunziro chifukwa cha imfa ya bambo anga. M'banja mwathu tilimo ana asanu ndi atatu. Ine ndi wachisamba. Bambo atatisiya, adandisiyira udindo waukulu wosamalira amayi ndi abale anga choncho ndidangosiyira sukulu panjira, mu fomu 1. Ndidasiya sukulu kuti ndizipeza chithandizo chapanyumba. Chikhala kuti tidalipo ana awiri kapena atatu, mwina sindikadasiyira sukulu panjira.

Maliya Chiudzu:

Simukadatha kupeza njira zina kuti mupitirize maphunziro?

Mfumu Tandwe:

Zidali zovuta kwambiri chifukwa cha umphawi womwe tidali nawo. Ndidayenera kusiya sukulu chifukwa munthu sungapite kusukulu ulibe chovala komanso uli ndi njala. Ndi nkhanji yaitali komanso yomvetsa chisoni. Zidachitika basi ndiye poti madzi akatayika sawoleka; ndi mmene mukundioneramu kuti ndidatulukira pawindo.

Maliya Chiudzu:

Pepani. Ndiye ufumu mudalowa bwanji?

Mfumu Tandwe:

Ufumuwu ndi wakumtundu. Ndidalowa ufumuwu malume anga womwe adali mfumu atamwalira. Inenso ndidzamusiyira muphwa wanga.

Maliya Chiudzu:

Chidwi chanu pa nkhanji ya uchembere wabwino chidayamba bwanji?

Mfumu Tandwe:

Chidachokera pa zoipa. Nthawi zina zinthu zabwino zimachokera pa zinthu zoipa.

Maliya Chiudzu:

Bwanji?

Mfumu Tandwe:

M'mudzi muno tidali ndi mtsikana wina wophunzira kwambiri. Iye adali kuphunzira ku yunivesite. Anthu a m'mudzi muno tinkamuona kuti iye ndi amene akadatha kudzatitsogolera pa chitukuko cha m'mudzi muno. Ine maganizo anga adali woti ndidzamupemphe kuti adzakhale phungu wa nyumba yamalamulo wamkazi woimira dera lino

- Maliya Chiudzu: Pepani mfumu, ndikudulani mawu m'kamwa. Ndiye kuti inu mumalimbiksano zoti amuna ndi akazi asamasiyane pantchito?
- Mfumu Tandwe: Kwambiri. Masiku ano kulibe zosiyanitsa. Ntchito zomwe makedzana tinkati ndi za amuna okha, tsopano akazi akugwiranso. Ntchito zomwe kalelo tinkaganiza kuti zidali za akazi okha, amuna akugwiranso. Tangoganizani za uzamba. Masiku ano tili ndi azamba aamuna.
- Maliya Chiudzu: Ndi zoona mfumu.
- Mfumu Tandwe: Mtsikana ndikunenayu adadumwa ali pasukulu. Adali wamng'ono. Chomvetsa chisoni kwambiri chidali choti adamwalira nthawi yochira chifukwa sadalandire thandizo loyenera matenda atamuyamba. Iye adamwalirira kwa mzamba. Kuno monga mukuonera, chipatala chili kutali kwambiri choncho amayi oyembekezera ankadalira kwambiri azamba akumudzi nthawi yochira.
- Maliya Chiudzu: Pepani kwambiri.
- Mfumu Tandwe: Nthumbi imeneyo idandiwawa ngati tsabola. Titaika maliro, ndidaitanitsa nduna zanga ndipo tidagwirizana zokhazikitsa gulu loona nkhani za uchembere wabwino m'mudzi muno. Wapampando wa gululo ndine.
- Maliya Chiudzu: Kodi isadachitike imfayo, munkadziwa za uchembere wabwino?
- Mfumu Tandwe: Ndinkangomva pawayilesi ndipo ndidalibe nazo chidwi kwenikweni. Ndinkalakwitsa. Ngati alipo anthu ena, maka mfumu, omwe amanyalanyaza nkhani za uchembere wabwino, ayenera kuyambapo kuchitapo kanthu msanga madzi asadafike m'khosi.
- Maliya Chiudzu: Kuyamba chinthu n'kovuta. Mudayamba bwanji ntchitoyi?
- Mfumu Tandwe: Tidayambira kukhazikitsa malamulo. Gulu lathu lidagwirizana kuti mayi aliyense woyembekezera azipita ku chipima cha amayi kuchipatala mwezi uliwonse ndipo nthawi yake yochira ikayandikira, azikakhalaratu kuchipatala konko. Tidagwirizananso kuti azamba asadzathandizenso kuchiritsa amayi oyembekezera pokhapokha zinthu zitavutitsitsa. Tidakhazikitsano zilango zoyenera anthu ophwanya malamulo. Mwachitsanzo, mayi akangonyalanyaza kupita kuchipima timamulipitsa nkhuku imodzi. Mzamba akachiritsa mayi woyembekezera mobisa, timamulipitsa mbuzi imodzi. Komabe timaona momwe zinthu zinakhalira chifukwa nthawi zina matenda amatha kuyamba modzidzimutsa choncho azamba amaloledwa kuthandiza.

- Maliya Chiudzu: Palinso malamulo ena?
- Mfumu Tandwe: Ee. Ndidaletseratu asing'anga azitsamba kuperekwa mankhwala kwa mayi woyembekezera. Ndidathetsa miyambo ya kusasa fumbi ndi kukwatitsa atsikana akadali aang'ono.
- Maliya Chiudzu: Kodi anthu sadadane nanu chifukwa cha malamulowo?
- Mfumu Tandwe: Titangoyamba kumene, anthu osazindikira adadana nane koma atayamba kuona zipatso zabwino adayamba okha kundiyamikira. Mwamva nokha nyimbo zonditamanda zija amayi adali kuimba nditalandira chikhochi.
- Maliya Chiudzu: Mwati kuchipatala ndi kutali. Amayi oyembekezera mumawathandiza bwanji pa mayendedewe?
- Mfumu Tandwe: Tidaika lamulo loti mwamuna aliyense aziperekeza mkazi wake kuchipatala panjinga. Mwamuna azindondozana ngati ngumbi ndi mkazi wake. Komabe poti, ena alibe njinga, gulu lathu lidachita mgwirizano ndi anyamata a m'mudzi muno omwe ali ndi njinga zobanduka ena amati zakabaza. Anyamata angapo amasankhidwa kuperekeza amayiwo kuchipatala.
- Maliya Chiudzu: Mwaulere?
- Mfumu Tandwe: Ee, mwaulere.
- Maliya Chiudzu: Ndamva kuti mfumu zina mu dera lino zidaonera ntchitoyi kwa inu. Kodi chidawakopa anzanuwo ndi chiyani?
- Mfumu Tandwe: Kuchepa kwa imfa zauchembere.
- Maliya Chiudzu: Kodi pali anthu ena kapena mabungwe okufunirani zabwino omwe amakuthandizani pa ntchitoyi?
- Mfumu Tandwe: Alipo. Titangokhazikitsa bungweli m'mudzi muno, tidali kukumana ndi zovuta zambiri choncho ndidapita kufotokozerwa khansala, phungu wa nyumba yamalamulo wa dera lino komanso mkulu wazaumoyo wa boma lino. Anthu onsewa adachita chidwi kwambiri ndipo akhala akutithandiza.
- Maliya Chiudzu: Amakuthandizani motani?
- Mfumu Tandwe: Phungu wathu wakhala akutipatsa malaya okhala ndi mauthenga a za uchembere wabwino. Khansala wathu amatipatsa mapepala ndi zolembera. Mkulu wazaumoyo mu boma lino amatitumizira anamwino kudzatiphunzitsa za uchembere wabwino sabata ziwiri zilizonse.
- Maliya Chiudzu: Kodi chikhochi ndi cha yani?
- Mfumu Tandwe: Ndi cha phungu wathu wa nyumba yamalamulo woimira dera lino.

Maliya Chiudzu:

Mwachita zotani kuti mpaka mukhale woyamba pakati pa mfumu khumi ndi zisanu?

Mfumu Tandwe:

Dongosolo lochitira zinthu komanso khama. Mwachitsanzo, ndidakhazikitsa kaundula wa amayi oyembekezera ndiponso ndimalimbikitsa ntchito yoyezetsa magazi. Gulu lathu limaperekwa mauthenga a zauchembere wabwino pa misonkhano monga yandale, yachitukuko ndi yachipembedzo. Chachikulu ndi choti tidakhala woyamba kaamba kopambana pa nkhondo yolimbana ndi imfa zauchembere.

Maliya Chiudzu:

Zikomo kwambiri mfumu kaamba kondilola kuti ndicheze nanu.

Mfumu Tandwe:

Zikomo kwambiri. Nanunso atolankhani muli ndi udindo waukulu pa ntchitoyi. Tiyen tonse tigwirane manja.

NTCHITO

Mafunso

- 1 Ndi chifukwa chiyani Maliya Chiudzu adakacheza ndi Mfumu Tandwe?
- 2 Kodi kulekera sukulu panjira kwa Musitafa Washali kukugwirizana bwanji ndi nkhani ya uchembere wabwino?
- 3 “Popanda imfa ya mtsikana woyembekezera, Mfumu Tandwe sikadayambitsa bungwe la uchembere wabwino”. Tsimikizirani mawuwa popereka mfundo yaikulu imodzi.
- 4 Ndi miyambo ya makolo iti yomwe imalimbikitsa imfa zauchembere?
- 5 Perekani matanthauzo a nsinjiro zachiyanhulo zotsatirazi:
 - a adadumwa
 - b nthumbi
 - c madzi akatayika sawoleka

Kusanthula chiyankhulo: Zifanifani

Kuchokera mu nkhani yomwe mwawerenga ya ‘Mfumu Tandwe Itenga Chikho cha ‘Uchembere Wabwino’, pezani zitsanzo za zifanifani.

Mu Mutu 3 munaphunzira zifanifani zamchitidwe. Mu gawo lino mupitiriza kuphunzira zifanifani ndipo muphunzira zifanifani zamaonekedwe. Zifanifani za mtunduwu zimakamba za momwe chinthu chimaonekera (mtundu kapana msinkhu).

Zitsanzo za zifanifani zamaonekedwe

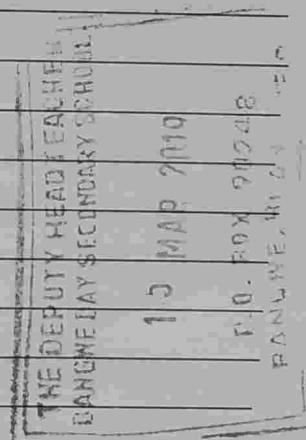
Kubiriwira ngati msipu

Kuda ngati khungubwe
 Kuda ngati kuseri kwa mphika
 Kuda ngati mnthengu
 Kuda ngati mtsiro
 Kuda ngati fulufute
 Kufiira ngati magazi
 Kufiira ngati kundwe
 Kufiira ngati phwetekere wakupsa
 Kufupika ngati kabwata
 Kufupika ngati kafula
 Kufupika ngati mchira wa mvuwu
 Kuipa nkhopo ngati chiboliboli
 Kunenepa ngati nkhumba
 Mdima ngati m'phanga

NTCHITO

Tsirizani zifanifani zotsatirazi ndi mawu oyenera.

- Kutuwa ngati _____
 Kutuzuka maso ngati _____
 Kuwala ngati _____
 Kunenepa ngati _____
 M'chiuno kuning'a ngati _____
 Tsitsi kufiira ngati _____
 Katalika ngati _____
 Mutu kukulungika ngati _____
 Makutu katalika ngati a _____
 Nkhongo katalika ngati ya _____



KULEMBA: Kalata, chimasuliro ndi chifupikitso

Kalata yamchezo: Kupereka magazi

Lembani kalata yamchezo kwa mnzanu yemwe amakhala kunja kwa dziko lino yomufotokozena zomwe dziko la Malawi likuchita polimbikitsa anthu kuti azipereka magazi kuchipatala. Musanalembe kalatayo, pezani:

- 1 mfundo zazikulu zosachepera zisanu ndi momwe mungatambasulire mfundozo. Mfundozo zitha kukhala monga izi: kufalitsa mauthenga osonyeza ubwino

- wopereka magazi, ndi kukhazikitsa bungwe lotolera magazi.
- 2 nsinjiro zachiyanhulo (monga mikuluwiko, zining'a ndi zifanifani) zosachepera zisanu zogwirizana ndi mfundo zomwe mufuna kulemba

Chimasuliro: Kusamalira zachilengedwe

Kambiranani momwe mungamasulire mawu ndi ziganizo zotsatirazi:

- 1 Saving the environment
- 2 There are several easy ways of saving the environment.
- 3 Trees provide food and habitation.

Masulirani nkhani yotsatirayi mu Chichewa chomveka bwino.

SAVING THE ENVIRONMENT

When we talk about saving the environment, we mean avoiding depleting natural resources. The natural resources include trees, water, soil and wild animals. There are several easy ways of saving the environment such as avoiding careless cutting of trees, proper use of water, protecting wild animals, using manure and creating awareness.

One of the most important natural resource is a tree. Trees provide food and habitation for wildlife, prevent erosion, cycle nutrients, trap atmospheric carbon, control surface temperatures, serve as windbreaks and provide aesthetic value. It is important to plant trees in order to replace those that have been cut down.

Chifupikitso: Maphunziro

Werengani nkhani yotsatirayi ndipo mukatsiriza muifupikitse. Aphunzitsi anu akuuzani chiwerengero choyenera cha mawu a chifupikitso chanu.

KUTHANA NDI NKHANZA ZOCHITIRA AMAYI

Chaka chilichonse pamakhala mwambo wodzudzula nkhanza zosiyanasiyana zomwe anthu ena amachita mu malo osiyanasiyana monga m'banja, m'mudzi, m'matauni ndi pa malo antchito. Kuyambira Lachiwiri pa 25 November chaka cha 2010 kufikira Lachisanu pa 10 December chaka cha 2010, dziko la Malawi pamodzi ndi maiko onse pa dziko lapansi akhala akukumbukira masiku khumi, asanu ndi limodzi olimbana ndi nkhanza kwa amayi.

Kafukufuku osiyanasiyana akuonetsa poyeru kuti amayi ndi atsikana ndi omwe amachitiridwa nkhanza kwambiri poyerekeza nkhanza kwa abambo ndi anyamata. Mwachitsanzo, amayi ambiri m'dziko muno akhala akugwiritsidwa ntchito mwankhalwe, amapeputsidwa, amanyozedwa kapena kumenyedwa kumene ndi anthu aamuna osiyanasiyana. Amuna ena amatha kumenya ndi kuvulaza akazi awo pa zifukwa zozizira kwambiri.

Amayi ndi atsikana ambiri akhala akugwiriridwa ndi abambo amakhalidwe oipa m'dziko muno. Masiku ano nkhani zogwirira ana aakazi osaposera zaka zisanu zangoti mbwee mu nyuzipepala, pa wayilesi ndi pa wayilesi zakanema. Kodi mwamuna wamkulukulu akamavulira ndi kugwirira kamtsikana ka zaka zisanu mwankhanza ndi kukanyengerera ndi ndalamu kuti kasakaulule, cholinga chake chimakhala chiyani? Izi ndi nkhanza chabe.

Pali abambo ena oipa mtima omwe amachitira amayi nkhanza zosiyansiyana pantchito. Mwachitsanzo, mabwana ena aamuna amapondereza amayi pantchito ndipo amafina kuti azigona ndi amayiwo ngati amayiwo afuna kuti akwezedwe pantchito mwamsanga. Amayi omwe amakana makhalidwe onyansawa amakumana ndi zovuta zambiri.

KUGANIZA MOZAMA: Mtsutso ndi zina zam'chiyankhulo

Mtsutso: Kuberekera kuchipatala

- 1 N'chifukwa chiyani amayi ena oyembekezera safuna kuberekera kuchipatala?
 - 2 Ndi zovuta zanji zomwe amayi oyembekezera omwe safuna kuberekera kuchipatala amakumana nazo?

Khalani m'magulu ndipo muchite mtsutso pa mutu uwu: "Boma likhazikitse lamulo loti mayi alivense woyembekezera azikaberekera kuchipatala."

M'magulumo ena akhale ovomereza mutuwo pamene ena akhale otsutsa.

Aphunzitsi anu asankha magulu angapo kuti achite mtsutso pa mutuwo m'kalasi mwani.

Zina zam'chivankhulo: Zining'a zotsutsana matanthauzo

Mu gawo lino mupitiriza kuphunzira za zining'a zotsutsana matanthauzo.

NTCHITO

Pezani zining'a zotsutsana matanthauzo kuchokera mu mtantho wa mawu wotsatirawu.

Kafukufuku

Mu nthawi yanuyanu, kafufuzeni ndi kupeza zining'a zotsutsana matanthauzo.



MALAMULO A CHIYANKHULO: Kapangidwe ka aonjezi

Munaphunzira njira zosiyanasiyana zopangira mayina ndi afotokozi mu Chichewa. Mu gawo lino muphunzira njira zopangira aonjezi mu Chichewa.

Aonjezi ena ndi achikhaliire pomwe ambiri amachita kupangidwa. Pofuna kupanga aonjezi m'Chichewa, timatsata njira monga izi:

- 1 Kuphatikiza aphatikiram'mbuvo osiyanasiyana ku masinde enieni a mfotokozi

Zitsanzo

<i>Mphatikiri</i>	<i>Tsinde</i>	<i>Muonjezi m'chiganizo</i>
pa-	-ng'ono	Ndakhuta <u>pang'ono</u> .
ku-	-fupi	Timakhala <u>kufupi</u> ndi iye.
ku-	-tali	Mvula ili <u>kutali</u> .
mwau-	-kali	Musayankhule <u>mwaukali</u> .
mwachi-	-kulu	Iye amaganiza <u>mwachikulu</u> .

- 2 Kuphatikiza aphatikiram'mbuvo osiyanasiyana ku mayina

Zitsanzo

<i>Mphatikiri</i>	<i>Dzina</i>	<i>Muonjezi m'chiganizo</i>
mwa-	nzeru	Iye amayankhula <u>mwanzeru</u> .
pa-	tsanja	Mphiha uli <u>patsanja</u> .
mu-	madzi	Njoka yalowa <u>m'madzi</u> .
kwa-	thunthu	Wagonja <u>kwathunthu</u> .
pa-	nsalu	Abisa ndalama <u>pansalu</u> .

- 3 Kuphatikiza mphatikiram'mbuvo 'mwa-' ku aonjezi ena achikhaliire.

Zitsanzo

<i>Mphatikiri</i>	<i>Muonjezi</i>	<i>Muonjezi m'chiganizo</i>
mwa-	dala	Inu mwachita izi <u>mwadala</u> .
mwa-	chabe	Iye amamwa mowa <u>mwachabe</u> .
mwa-	msanga	Mwabwera <u>mwamsanga</u> .
mwa-	makono	Amavala <u>mwamakono</u> .

- 4 Kuphatikiza aphatikiram'mbuvo osiyanasiyana ku masinde osonyeza malo

Zitsanzo

Mphatikiri	Tsinde	<i>Muonjezi m'chiganizo</i>
pa-	-nsi	<u>Khala pansi.</u>
ku-	-mwamba	Ndayang'ana <u>kumwamba</u> .
pa-	-no	Bwera <u>pano</u> .
ku-	-seri	Tiye <u>kuseri</u> .

5 Kuphatikiza aphantikiram'mbu yo osiyanasiyana ku masinde a mawerengo

Zitsanzo

Mphatikiri	Tsinde	<i>Muonjezi m'chiganizo</i>
li-	-modzi	Tiyendera <u>limodzi</u> .
ka-	-tatu	Agogoda <u>katatu</u> .
ka-	-wiri	Ndamufunsa <u>kawiri</u> .
pa-	-nayi	Nzimbe yathyoka <u>panayi</u> .

6 Kuphatikiza aphantikiram'mbu yo osiyanasiyana ku mvekero.

Zitsanzo

Mphatikiri	Mvekero	<i>Muonjezi m'chiganizo</i>
cha-	gada	Iwo agwa <u>chagada</u> .
mwa-	dzidzidzi	Mwabwera <u>mwadzidzidzi</u> .
mwa-	pendapenda	Galimoto ikuyenda <u>mwapendapenda</u> .

7 Kuphatikiza aphantikiram'mbu yo osiyanasiyana ku aneni

Zitsanzo

Mphatikiram'mbu yo	Mneni	<i>Muonjezi m'chiganizo</i>
mo-	ipa	Amumenya wakubayo <u>moipa</u> .
ko-	opsa	Amayi amakalipa <u>koopsa</u> .
po-	yera	Iye wagwera <u>poyer</u> .
cho-	gwada	Amapempha ndalamu <u>chogwada</u> .

NTCHITO

1 Pangani aonjezi kuchokera ku mawu ndi masinde otsatira:

gona	fooka
nyada	-kulu
ulesi	-wiri

- 2 Longosolani momwe aonjezi omwe atsekeda mzere kensi kwawo adapangidwira:
- Chikondi sayenda mofulumira akamutuma.
 - Msada samayankhula mwaulemu.
 - Pusi adagwa chagada.
 - Tikakuitana uzivomera mwamsanga.
- 3 Fotokozani mmene aonjezi amapangidwira kuchokera ku mitundu ya mawu yotsatira ndipo mupereke chitsanzo chimodzi pa njira iliyonse.
- dzina
 - mfotokozi
 - mneni
 - mvekero

MATHERO A MUTU UNO

Fotokozani mwachidule zomwe mwaphunzira mu mutu uno pa:

- 1 Malonje apamatenda
- 2 Malangizo okhudza makhaldwe
- 3 Mauthenga azaumoyo
- 4 Kumvetsa nkhani ya ‘Mfumu Tandwe itenga chikho cha uchembere wabwino’, ndi kupeza zifanifani
- 5 Kalata yamchezo yokhudza kupereka magazi
- 6 Chimasuliro cha nkhani yazachilengedwe
- 7 Chifupikitso cha nkhani zamaphunziro
- 8 Kuganiza mozama kupyolera mu mtsutso pa nkhani ya kuberekera kuchipatala, ndi zining’ a zotsutsana matanthauzo
- 9 Malamulo a chiyankhulo pa kapangidwe ka aonjezi

Mabuku omwe tinagwiritsa ntchito



Mu mutu uno tagwiritsa ntchito mabuku omwe ali m'munsimu. Mu nthawi yanuyanu muyenera kuwerenga mabukuwa kuti mupititse patsogolo nzeru zanu komanso maluso anu a chiyankhulo.

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MUTU 5

CHIYAMBI

Mutu uno ndi wobwereza. Mubwereza kuphunzira zomwe munaphunzira mu mitu 1, 2, 3 ndi 4 ya buku lino. Mutuwu uli ndi magawo asanu ndi limodzi omwe ali ndi ntchito zokhazokha zochokera pa maluso achiyankhulo. Pa kumva ndi kuyankhula, mubwereza kuphunzira zachikhalidwe kupyolera mu malonje, malangizo ndi mauthenga. Pa kuwerenga, mubwereza kuphunzira kumvetsa nkhami. Pa kulemba, mubwereza kuphunzira chimangirizo, kalata, chimasuliro ndi chifupikitso. Pa kuganiza mozama, mubwereza kuphunzira kuchita mtsutso, ndi zina zam'chiyankhulo. Kenako mubwereza kuphunzira malamulo a chiyankhulo.

MALUSO ACHIYANKHULO

- Kumva
- Kuyankhula
- Kuwerenga
- Kulemba
- Kuganiza mozama
- Kugwiritsa ntchito
malamulo a chiyankhulo



Pakutha pa mutu uno:

- ✓ Muchita moyenera malonje apamatenda
- ✓ Mutchula ndi kukambirana moyenera malonje apamatenda
- ✓ Mutsatira malangizo omwe mwamva okhudza makhaldwe
- ✓ Mufotokoza molondola malangizo omwe mwamva okhudza makhaldwe
- ✓ Musonyeza zomwe mwatola mu mauthenga a matenda a edzi ndi ena opatsirana
- ✓ Mufotokoza moyenera mauthenga a matenda a edzi ndi ena opatsirana
- ✓ Muwerenga nkhani mosadodoma ndi kuyankha mafunso molondola pa nkhani yokhudza uchembere wabwino
- ✓ Mupeza mfundo ndi kulemba chimangirizo chopeka chokhudza matenda a edzi
- ✓ Mumasulira kankhani kokhudza kusamalira zachilengedwe molondola
- ✓ Mufupikitsa kankhani kokhudza maphunziro molondola
- ✓ Mupeza mfundo ndi kuchita mtsutso moyenera pa nkhani ya uchembere wabwino
- ✓ Mutchula njira zopangira mayina, afotokozi ndi aonjezi



KUMVA NDI KUYANKHULA: Zachikhaldwe

Malonje

Mudaphunzira malonje okhudza kuchereza odwala.

Khalani m'magulu ndipo yerekezani kuti mwapita kukachereza mnzanu yemwe akudwalira kunyumba kwavo. Wina wa inu akhale wodwala ndipo ena akhale omuchereza wodwalayo. Patha kukhalanso ena odwazika wodwalayo.

M'magulumo mukambirane mfundo zoyenera kukamba pamene mukuona wodwala. Mukonze kasewero kosonyeza momwe mungalonjererane ndi wodwalayo.

Aphunzitsi anu asankha magulu angapo kuti achite timasewero tawo m'kalasi mwani kuti a magulu ena aonere.

Malangizo

Mudaphunzira malangizo okhudza makhaldwe abwino.

Khalani m'magulu ndipo mukambirane malangizo osiyanasiyana omwe aphunzitsi anu amakupatsani pasukulu panu. Malangizowo atha kukhala monga okhudza kulimbikira maphunziro, ulemu, mavalidwe ndi kukhala mwamtendere. Mukambiranenso ubwino wa malangizowo.

Aphunzitsi anu asankha magulu angapo kuti afotokozere kalasi lonse zomwe akambirana.

Mauthenga

Mudaphunzira mauthenga azaumoyo.

Khalani m'magulu ndipo mulembe uthenga wokhudza matenda a edzi.

Pokonza uthengawo, ganizirani mfundo monga izi: Uthengawo ukamba zotani? Kodi apereke uthengawo ndani? Uthengawo ukupita kwa yani? Kodi olandira uthengawo achitepo chiyani?

Aphunzitsi anu asankha magulu angapo kuti afotokozere kalasi lonse zomwe akambirana.



KUWERENGA: Kumvetsa nkhani

M'mbuyomu mudawerengapo nkhani zina ziwiri zokhudza uchembere wabwino. Ndime zina za nkhani ina zalowetsedwa mu nkhani ina. Nkhani yotsatirayi sikumveka bwino chifukwa muli ndime zomwe zochokera mu nkhani ina.

NTCHITO

Werengani nkhani yotsatirayi ndipo muchotse ndime zonse zomwe zikuchititsa kuti nkhaniyi isamveke bwino.

Miyezi itatu yathayi bungwe lina lomwe limaona za uchembere wabwino lidakonza maphunziro a atolankhani okhudza nkhani za kuchotsa pathupi. Anthu ambiri adadzidzimuka kwambiri bungweli litatulutsa zotsatira za kafukufuku wake zomwe zikuonetsa kuti amayi osachepera anayi akumwalira tsiku ndi tsiku chifukwa chochotsa pathupi mosayenera m'dziko muno.

Mayi Jean Mphonda (dzina lopeka) adafotokoza momvetsa chisoni nkhani ya mwana wawo yemwe adamwalira kaamba kochotsa mimba.

“Adali mwana wanzeru. Sitidakhulupirire kuti zingakhale choncho koma basi tidazilandira zitagwa poti pofera salambula. Chomvetsa chisoni ndi choti adachita kugwiriridwa choncho ankachita manyazi ndi pathupipo.”

Ntchito yomwe idagwiridwa pa 21 September 2010 ndi Mayi Rhoda Lameck, pobereketsa Mayi Aida Lusiyano a kwa Gawaza, mu boma la Ntcheu, ndi umboni womwe ukutsimikiza kuti azamba akugwirabe ntchito yawo ngakhale boma lidawaletsa kutero.

Mayi Mphonda adadandaula motero misozi ili payipayi m'maso ngati mvula atakumbukira imfa ya mwana wawo, Ndaziona (dzina lopeka), yemwe adamwalira mu chaka cha 1984.

Ndaziona, msungwana yemwe adali wophunzira mu fomu 3 pa sekondale ina adamwalira atachotsa pathupi mosayenera. Imfa ya Ndaziona idzakhala yosaiwalika malinga ndi momwe msungwanayo adamwalirira. Mayi Mphonda akuti zidzamuvuta kuiwala imfayo chifukwa mwana wawoyo adali bwenzi wake wa ponda apa nane mpondepo.

Mtsikanayo akuti adamwalira atamwa sopo wa safu ndi cholina choti ataye mimba. Mtsikanayo adaganiza zochotsa pathupipo chifukwa makolo ake ankamudzudzula kwambiri chifukwa cha pathupi pomwe adatengapo ndipo iye adachiona chabwino kungochotsa pathupipo kuti ayanjane ndi makolo akewo.

Mayi wina wochokera kwa Gawaza komweko adaberekera panjira tsiku lomwe Mfumu Gawaza idauza abambo ena kuti anyamule mayiyo pamachira kuti apite naye kuchipatala kuti akachire koma ali m'njira zinthu zidavuta. Nthawi yoti mayiyo achire idamukwanira ali m'njira ndipo abambo aja adapita kukaitana amayi ena omwe adathandiza kubereketsa mayi wotopayo.

Nyakwawa Mtalimanja ya mu boma la Chiradzulu, T/A Likoswe idavomereza kuti mu dera lake atsikana ambiri akutaya pathupi pogwiritsa njira zosayenera. Iye adati atsikana maka a zaka za pakati pa 13 ndi 18 ndiwo akuchulukira kutaya mimba ngati zinyalala kudzala. Iye adati ambiri mwa atsinakawa ndi ophunzira omwe ali mu sitandade 6, 7 ndi 8.

“Atsikanawa amagwiritsira ntchito zisongole kapena mitengo ya chinangwa pochotsa mimbazo. Ena amamwa safu ndi alovela kuti ataye pathupipo. Izi ndi njira zimene zachulukira kwathu kuno,” idatero mfumuyo.

Mtalimanja akuganiza kuti mu dera lake pa mwezi asungwana osachepera atatu kapena anayi akumataya pathupi.

Kodi nkhani ngati iyi ndi imodzi mwa nkhani zomwe zikuchititsa Mayi Rhoda Lameck kuti azigwirabe ntchito yauzamba pofuna kuchepetsa mavuto ngati amenewa ngakhale boma lidawaletsa kugwira ntchito zauzamba?

Mayi Mphonda adalongosola momwe amayi ofuna kutaya mimba amagwiritsira ntchito mankhwala a alovela. Mankhwalawa amawawa ngati muwawani.

“Amatenga alovela ndi kumuduladula kenako amamuika m'kapu momwe muli madzi. Amamwa madziwo katatu patsiku: m'mawa, masana ndi madzulo. Akangomwa mankhwalawo, akuti m'mimba mumapotokola kwambiri ndipo izi zimachititsa kuti chomwe chili m'mimbacho chife. Akachita mwayi mimba imatha kuchoka usiku wa tsiku lomwe wayamba kumwa mankhwalawo. Komabe ena zimatha kuwavuta ndipo amatha masiku atatu mimba isadachoke.”

Ngakhale Nyakwawa Mtalimanja idakhazikitsa lamulo m'mudzi mwake kuti yemwe wataya mimba azilipira mbuzi akuti sizikuphula kanthu chifukwa ochotsa mimba

amachita zinthu mobisa ngati wotcha msampha. Kutaya pathupi mosayenera ndi chinthu chomwe chikuvulaza amayi ambiri koma nkhanzi zake sizimakambidwa poyerwa monga timakambira nkhanzi za matenda amalungo.

Mayi Jowako wa komweko kwa Gawaza ali ndi nkhanzi ina. Mayiwa akuti ali ndi mwana wazaka zinayi yemwe adakaberekera kwa mzamba ndipo mwanayo ndi wathanzi. Iwo akuti ana awo atatu omwe adakaberekera kuchipatala adamwalira akadali makanda koma yemwe adakaberekera kwa mzamba ndi wamoyo. Kodi ichi chingakhale chifukwa china mwa zifukwa zomwe amayi ena oyembekezera akumakaberekerabe kwa azamba ngakhale amadziwa kuti boma lidaletsa nchito za azamba?

Dokotala yemwe amagwira ntchito ku chipatala cha Mwaiwathu, Dr Edgar Kuchingale, adauza atolankhani pamaphunzirowo za momwe kuchotsa pathupi mosayenera kumavulazira amayi ambiri m'dziko muno.

“Pafupifupi amayi khumi asanu ndi awiri amamwalira m'dziko muno tsiku lililonse pobereka. Amayi atatu kapena anayi pa chiwerengererochi amamwalira chifukwa chotaya pathupi mosayenera. Izi zikusautsa kwambiri koma chomvetsa chisoni n'choti nkhanizi sizikukambidwa kwambiri,” Dokotala Kuchingale adatero.

Dokotala Kuchingale adaululanso kuti mwa amayi 100,000 omwe amachotsa pathupi mosasamala, amayi 750 amamwalira kuno ku Africa, maka kumwera kwa chipululu cha Sahara.

Mzamba Rhoda Lameck adafotokoza mbiri yake motere:

“Ntchito yanga yauzamba ndidaiyamba mu chaka cha 1990 chifukwa cha mavuto omwe amayi apakati ankakumana nawo.



KULEMBA: Chimangirizo, chimasuliro ndi chifupikitso

Chimangirizo chopeka

Lembani chimangirizo chopeka pa mutu wotsatirawu: “Zomwe ndingachite nditakhala phungu wa nyumba yamalamulo pofuna kusamalira anthu odwala matenda a edzi mu dera langa.”

Kalata yamchezo

Lembani kalata yamchezo kwa mnzanu yemwe amakhala kunja kwa dziko lino yomufotokoza zomwe boma la Malawi likuchita polimbikitsa anthu kuti azipereka magazi kuchipatala.

Chimasuliro

Masulirani nkhanzi yotsatirayi mu Chichewa chomveka bwino.

MAJETE GAME RESERVE IS BACK TO LIFE

Majete Game Reserve may have headed for extinction in the years gone by but today, that is where tourists are flocking to in order to have a feel of wonderful flora and fauna. The game reserve is located in Chikhwawa District along the main outlet of Lake Malawi, the Shire River. Majete Game Reserve is becoming a fast hotspot for tourists to Malawi.

The reserve was on the verge of extinction after large numbers of animals were either driven away by wild fires or mercilessly killed by poachers. Few years ago, Majete Game Reserve was completely shut down after poachers wiped out almost all the tourist attracting game. Bush fires and wanton cutting down of trees was also the order of the day. However, the reserve is back to life after a wise and timely decision by the new management of the reserve, African Parks, to replace a number of animal species which were killed.

Chifupikitso

Mudawerengapo ndi kufupikitsa nkhani yotsatirayi.

Werenganiso nkhaniyi ndipo musankhemo mfundo zazikuluzikulu zisanu. Lembani chifupikitso cha nkhaniyi pogwiritsa ntchito mfundo zazikuluzikulu zisanuzo mu mawu anuanu osachepera 50 ndipo osaposera 70.

NDIDANGOVUTIKA CHABE KUNDENDE

Ndidali kugwira ntchito ku banki yotchedwa Makwacha mu mzinda wa Kabula. Nditagwira ntchitoyo zaka zisanu adandikweza paudindo ndipole woyang'anira anzanga. Ndikhulupirira kuti zimenezi zidachitika chifukwa cha kugwira ntchito mokhulupirika osati chifukwa cha maphunziro. Ine sindidapite patali ndi maphunziro koma ndidali wolimbikira ntchito.

Tsiku lina chilakolako chofuna kukhala mmodzi wa akhumutcha chidandipsopsona. Inetu ndidangoyendera papsa tonola sudziwa mtima wa moto. Ndidasolola ndalamazambiri moti sindidapeze nthawi yoziwerengera. Ndidangozinyamula n'kukazikumbira padzenje pansi pa mtengo wa kachere mu khokhola lina limene lidali pafupi ndi manda a m'mudzi mwathu. Patangotha sabata imodzi, apolisi adandipeza ndikuchotsa matsire pa malo ena omwera mowa mu mudzi mwathu momwe umo. Adandinjata nawo unyolo n'kukandiponya m'chitokosi ku polisi ya ku Chiriri. Apa mpamene ndidadzidzimuka nditamva kuti ndalamazobedwazo zidali 5 miliyoni Kwacha.

Mlandu utakambidwa, zinthu sizidandiyendere ngakhale ndidakanitsitsa kuti sindidabe ndalamazo. Woweruza adagamula kuti ndikakhale ku ndende zaka khumi ndi zitatu. Atatero adanditumiza ku ndende ya Zoma kumene ndidakaliona dziko la chakwanuleka. Inu amene simudafikeko, musadzayerekeze kuziputa mwadala monga mmene adachitira mnyamata wina yemwe adatipeza komweko. Mnyamatayo adadula miyendo yonse ya mkazi wake ndi chikwanje ati kumulanga chifukwa chakuti mkaziyo adathetsa banja pa zifukwa zosamveka bwino.

Patangotsala masiku awiri kuti anditulutse, m'ndendemo mudafika mkulu wina. Iye adali bambo waulemu wake ndipo adalowa mu chipinda chathu ali wefuwefu, thukuta nalo lili kamukamu. Titafunsa chomwe chidatsitsa dzaye kuti njovu ithyoke mnyanga, tidamva kuti mkuluyo adapezeka kumanda. Akuti kumandako adali kufuna kukatengako zizimba zokhwimira utsogoleri wa ku mpingo kwake.

(Nkhaniyi idalembewa ndi Bright Tukhuwa mu *The Weekend Nation* ya pa 12 March 2011.)



KUGANIZA MOZAMA: Mtsutso

Mudaphunzira ndi kuchita mtsutso pa nkhani za uchembere wabwino.

Khalani m'magulu ndipo muchite mtsutso pa mutu uwu: "Si bwino kuti atsikana omwe akadali pasukulu azigwiritsa njira zakulera pofuna kupewa mimba."

M'magulumo ena akhale ovomereza mutuwo pamene ena akhale otsutsa.

Aphunzitsi anu asankha magulu angapo kuti achite mtsutso pa mutuwo m'kalasi mwanu.



MALAMULO A CHIYANKHULO

Mudaphunzirapo kapangidwe ka mayina, afotokozi ndi aonjezi.

NTCHITO

- 1 Fotokozani momveka bwino momwe mayina otsatirawa adapangidwira: mtengo, ugalu, sefa, abusa ndi pemphero.
- 2 Longosolani momwe afotokozi awa adapangidwira: waukali, chakale, yadzidzidzi, amwano ndi zofira.
- 3 Fotokozani momwe aonjezi otsatira adapangidwira: patali, mwamantha, mwadala, kasanu ndi chagada.

Kudziunika

Mu nthawi yanuyanu, koperani tebulo lotsatira m'makope mwanu ndipo mulembe mfundo zazikulu zokhudza ntchito zomwe mwakhala mukuchita kuchokera pa Mutu I mpaka pa Mutu 4. Musonyeze zomwe mumazidziwa kale, zomwe mwazidziwa kumene, ndi zomwe mufuna mutazidziwa. Bwerezani mwanokha zomwe simunachite bwino ndipo fufuzani zomwe mufuna mutazidziwa. Chonde musalembe mu mipata ya mu tebuloli.

Mutu	Zomwe ndimazidziwa kale	Zomwe ndaphunzira	Zomwe ndifuna nditazidziwa
Malonje pamatenda			
Malangizo pamakhalidwe			
Mauthenga azaumoyo			
Kumvetsa nkhani za uchembere wabwino			
Chimangirizo chopeka cha matenda a edzi ndi ena opatsirana			
Kalata yamchezo ya kuperekira magazi			
Chimasuliro cha kusamalira zachilengedwe			
Chifupikitso chokhudza nkhani zamaphunziro			
Zina zam'chiyankhulo <ul style="list-style-type: none"> • Mtsutso pa uchembere wabwino • Zining'a zotsutsana matanthauzo 			
Malamulo a chiyankhulo <ul style="list-style-type: none"> • Kapangidwe ka mayina • Kapangidwe ka afotokozi • Kapangidwe ka aonjezi 			

Mutu uno unali wobwereza. Mwabwereza kuphunzira zinā zomwe munaphunzira kale mu mitu 1, 2, 3 ndi 4 ya buku lino. Mutuwu unali ndi magawo asanu ndi limodzi omwe anali ndi ntchito zokhazokha. Mu gawo loyamba ndi lachiwiri mwabwereza zachikhalidwe kupyolera mu malonje, malangizo ndi mauthenga. Mu gawo lachitatu mwabwereza kumvetsa nkhani. Mu gawo lachinayi mwabwereza kalata, chimangirizo, chimasuliro ndi chifupikitso. Mu gawo lachisanu mwabwereza kuchita mtsutso. Mu gawo lotsiriza lachisanu ndi chimodzi mwabwereza kuphunzira malamulo a chiyankhulo.

MUTU 6

CHIYAMBI

Mu mitu yam'mbuyomu ya buku lino munaphunzira mitu yosiyana siyana ya phunziro la Chichewa. Ina mwa mitu yomwe munaphunzira ndi monga iyi: 'malonje', 'malangizo', 'kumvetsa nkhani', 'chimasuliro' ndi 'chimangirizo'.

Kodi munaphunzira chiyani pa izi?

- 1 Chimangirizo
- 2 Mauthenga
- 3 Mtsutso

Mu mutu uno mupitiriza kuphunzira mitu yomwe munaphunzirapo kale koma pa mfundo ndi zitsanzo zatsopano. Muphunzira mfundo zatsopano kupyolera mu maluso asanu ndi limodzi omwe aja a kumva, kuyankhula, kuwerenga, kulemba, kuganiza mozama, ndi kugwiritsa ntchito malamulo a chiyankhulo.

MALUSO ACHIYANKHULO

- Kumva
- Kuyankhula
- Kuwerenga
- Kulemba
- Kuganiza mozama
- Kugwiritsa ntchito malamulo a chiyankhulo



Pakutha pa mutu uno:

- ✓ Muchita moyenera malonje pokanena uthenga wamaliro
- ✓ Mutchula ndi kukambirana moyenera malonje pokanena uthenga wamaliro
- ✓ Mutsatira malangizo omwe mwamva akusamala mbewu m'munda
- ✓ Mufotokoza molondola malangizo omwe mwamva akusamala mbewu m'munda
- ✓ Musonyeza zomwe mwatola mu mauthenga a kasamalidwe ka munthu wodwala kunyumba
- ✓ Mufotokoza moyenera mauthenga a kasamalidwe ka munthu wodwala kunyumba
- ✓ Muwerenga nkhani mosadodoma ndi kuyankha mafunso molondola pa nkhani ya 'Kabaza atukula moyo wa Limbika'
- ✓ Musanthula chiyankhulo molondola pofuna kupeza zining'a m'nhhani
- ✓ Mupeza mfundo ndi kulemba chimangirizo chamtsutso chokhudza zikhulupiro
- ✓ Mumasulira kankhani kokhudza ngozi zachilengedwe molondola
- ✓ Mufupikitsa kankhani kokhudza ulimi wamakono molondola
- ✓ Mupeza mfundo ndi kuchita mtsutso moyenera pa nkhani ya kupirira pamaphunziro
- ✓ Mupeza zining'a zotsutsana matanthauzo
- ✓ Mutchula mitundu ina ya aneni komanso athandizanthawi a nthawi za aneni



KUMVA NDI KUYANKHULA

Malonje: Pokanena uthenga wamaliro

- 1 Tchulani njira zitatu zina zilizonse zomwe mungatumizire uthenga wamaliro.
- 2 Kodi mungakafotokoze bwanji mutatumidwa kukanena uthenga wa imfa yadzidzidzi?

Uthenga wamaliro, monga mauthenga a mitundu ina, umatumizidwa kupyolera mu njira zosiyanasiyana monga palamya, pawayilesi ndi kutuma munthu.

Munthu akatumidwa kukanena uthenga wamaliro, amayenera kuchita zinthu mwadongosolo ndi mwaulemu chifukwa maliro ndi chinthu chomvetsa chisoni kwambiri.

Munthu wotumidwa kukanena uthenga wamaliro akakumana ndi wolandira uthengawo amachita malonje. Malonjewo amachitika molingana ndi ubale womwe udalipo pakati pa womwalira ndi wolandira uthenga komanso momwe imfa yachitikira. Mwachitsanzo, ngati womwalirayo adali kudwala, uthengawo suvuta kwenikwensi kuufotokoza koma ngati ndi wa imfa yadzidzidzi, umavutirapo kuufotokoza kwa abale a womwalirayo.

Mu gawo lino mumva ndi kuchita malonje omwe angachitike pakati pa wokanena uthenga wamaliro wa imfa yadzidzidzi ndi munthu wachibale wolandira uthengawo.

Kumva

Mvetserani mwatcheru malonje omwe mnzanu kapena aphunzitsi anu awerenge. Malonjewo adachitika pakati pa munthu wonena uthenga wa maliro a imfa yadzidzidzi ndi mfumu yam'mudzi.

Muli awiriawiri, kambiranani ntchito yotsatirayi:

- 1 Fotokozani mwachidule momwe malonje omwe mwamvawo adachitikira.
- 2 Tchulani zitsanzo za mawu osonyeza kuti imfayo inali yomvetsa chisoni.
- 3 Kodi malonjewa ndi ofunikira bwanji?

Magulu angapo afotokozere kalasi lonse zomwe amva ndi kukambirana.

Kuyankhula

Khalani m'magulu ndipo yerekezani kuti mwatumidwa kukafotokoza uthenga wa maliro a imfa yadzidzidzi. Wina akhale wokafotokoza uthenga pomwe ena akhale olandira uthengawo.

M'magulumo mukambirane mfundu zoyenera kukamba pamene mukukafotokoza uthenga wamalirowo kwa abale a munthu womwalirayo. Mukonze kasewero kosonyeza momwe malonje a pakati pa wofotokoza uthenga wamaliro ndi wolandira uthengawo angachitikire.

Ena mwa mawu ofunikira kwambiri pa malonjewa:

Ena mwa mawu ofunikira kwambiri pa malonjewa ndi monga awa:

- Pepani, si kwabwino
- Pepani a Uje achita ngozi
- Pepani kwambiri; atisiya
- Zomvetsa chisoni kwambiri

Aphunzitsi anu asankha magulu angapo kuti achite timasewero tawo m'kalasi mwanu kuti a magulu ena aonere.

Malangizo: Akusamala mbewu m'munda

- 1 Perekani zitsanzo za malangizo omwe mudamvapo okhudza ulimi.
- 2 Fotokozani kufunika kwa malangizowo.

Alimi amakumana ndi zovuta zambiri pa ntchito yawo. Adani a alimi pa ulimi wawo alipo ambiri monga udzu, matenda a mbewu, tizilombo towononga mbewu, nyengo yoipa, anyani, mbalame ndi anthu akuba.

Mlimi wa mbewu amayenera kusamala mbewu zake m'munda kuti adzakolole molingana ndi momwe wakhetsira thukuta. Mbewu ndi zofunika kuzisamalira nthawi zonse chifukwa zitha kuwonongeka zikadali zazing'ono, zitakhwima, nthawi yotuta ndi nthawi yosunga.

NTCHITO

Kumva

Mvetserani mwatcheru malangizo a kasamalidwe ka mbewu zina, omwe mnzanu kapena aphunzitsi anu afotokoze. Malangizowo ndi okhudza kasamalidwe ka mbewuzo kuchokera nthawi yobzala mpaka nthawi yokolola.

Muli awiriawiri, kambiranani ntchito yotsatirayi:

- 1 Kodi malangizowo ndi okhudza mbewu ziti?
- 2 Fotokozani mwachidule momwe mungasamalire mbewu imodzi, kuchokera nthawi yobzala mpaka nthawi yokolola.
- 3 Kodi malangizowa ndi ofunikira bwanji kwa mlimi?

Magulu angapo afotokozere kalasi lonse zomwe amva ndi kukambirana.

Kuyankhula

Khalani m'magulu ndipo mukambirane malangizo omwe mungapereke kwa mlimi wa chimanga, mpunga ndi nthochi kuti aziteteze mbewu zake kwa adani ake pamene zakhwima ndipo akukonzekera kuzikolola.

Aphunzitsi anu asankha magulu angapo kuti afotokozere kalasi lonse zomwe akambirana.

Mauthenga: Akasamalidwe ka munthu wodwala kunyumba

- 1 Perekani zitsanzo za matenda omwe anthu ambiri amadwalira kunyumba.
- 2 Tchulani njira zomwe anthu amatha kusamalirira wodwala kunyumba.

Munthu wina aliyense amatha kudwala. Masiku ano matenda akakula, odwala ambiri amagonekedwa kuchipatala. Komabe pali matenda ena, maka amgonagona, omwe wodwala amadwalira kunyumba.

Munthu aliyense wodwala, kaya akudwalira kuchipatala kapena kunyumba, amafunika chisamaliro chapadera.

Mu gawo lino muphunzira momwe mungasamalire wodwala kunyumba.

Kumva

Mvetserani aphunzitsi anu kapena mnzanu akuwerenga uthenga wotsatirawu.

KUSAMALIRA MUNTHU WODWALA KUNYUMBA

Kudwazika munthu wodwala kumafunika chikondi, kudekha, kupirira komanso kulimba mtima.

Munthu aliyense yemwe akudwazika wodwala kunyumba, ayenera kudziwa:

- gwero la matenda womwe wodwalayo akudwala
- ngati matendawo ndi wopatsirana kapena ayi
- mankhwala ena omwe amatha kuthandiza wodwala matendawo

Wodwazika wodwala kunyumba ayenera kuonetsetsanso kuti wodwala:

- sakusungulumwa komanso akupatsidwa chilimbikitso
- akugona pa malo abwino komanso kuvala zovala zaukhondo
- akugwiritsa ntchito ziwiya zaukhondo
- akupatsidwa mankhwala motsatira malangizo
- akupatsidwa chakudya chabwino komanso akulimbikitsidwa kudya

Muli awiriawiri, kambiranani mayankho a mafunso awa:

- 1 Kodi uthenga mwamvawu, ndi wofunikira kwa yani? Tsimikizirani yankho lanu.
- 2 Pogwiritsa ntchito zomwe mwamva, fotokozani mwachidule momwe mungasamalire munthu wodwala matenda a edzi yemwe akudwalira kunyumba.
- 3 Mukuganiza kuti n'chifukwa chiyani anthu ena safuna kusamalira munthu yemwe akudwalira kunyumba?

Magulu angapo afotokozere kalasi lonse zomwe amva ndi kukambirana.

Kuyankhula

Yerekezani kuti mwapemphedwa kuti mukonze uthenga wokhudza kasamalidwe ka munthu yemwe anafa ziwalo ndipo akudwalira kunyumba.

Khalani m'magulu ndipo mukambirane uthenga woyenera.

Aphunzitsi anu asankha magulu angapo kuti afotokozere kalasi lonse zomwe akambirana.



KUWERENGA: Kumvetsa nkhani – Kupirira

Mu gawo lino mupitiriza kuphunzira luso la kuwerenga kupyolera mu kumvetsa nkhani. Musanthulanso chiyankhulo koma musanatero, chitani kaye ntchito yotsatira.

- 1 N'chifukwa chiyani anthu ena amapemphetsa m'matauni?
- 2 Kodi munthu wopemphetsa angathe kuima payekha mpaka kutukuka? Tsimikizirani yankho lanu.
- 3 Pekani kankhani kanukanu mwamsangamsanga pogwiritsa ntchito mawu awa: mwana wamasiye, kagolosale, kupemphetsa, maganyu ndi kupirira.

Werengani nkhani yotsatirayi ndipo mukatsiriza muyankhe mafunso koma musanatero fotokozani zomwe zikuchitika pa chithunzipo.

KABAZA ATUKULA MOYO WA LIMBIKA



Ndidali pa ulendo wokatola nkhani ku nyanja ya Chilwa nditamva kuti nyanjayo ikuphwera. Ndidatsika minibasi pa siteji ya Domasi Police ku Zomba. Anyamata a njinga zakabaza alibe chidodo ndipo atangondiona adayambiratu kundiitanira njinga zawo ngati kuti ndidawauza kuti ndidali paulendo ndipo ndinkafuna kukwera njinga. Aliyense adali kuchemerera njinga yake ngati kuti idali galimoto yapamwamba.

Sindidathamangire kusankha njinga ina iliyonse chifukwa pa chinthu china chilichonse chomwe ndifuna kuchita, ndimakhulupirira kuti kuona maso a nkhono n'kudekha. Ndidafuna kukwera yodalirika komanso yoti mwini wake akadatha kukandifikitsa popanda vuto chifukwa ku Chilwa ndi kutali. Ndikumwazamwaza maso anga kuti ndione yabwino, ndidaona kuti njingazo zidali ndi nambala ndi mayina. Adali mayina ochititsa chidwi monga awa: 'AXA', 'UDK', 'City Tours', 'Chombo Chapansi', 'Chinsinsi', 'Kwende' ndi 'Abale Sakondwera'. Ndikukudziwa kuti ena mwa mayinawo ndi a basi zazikuluzikulu za ku Zomba. Tsopano ndidazindikira chifukwa chomwe anyamatawo adali kuchemererera njingazo ngati kuti zidali galimoto.

Ndidasankha 'Chinsinsi'. Nditakwera njingayo, ndidamufotokozena wopalasa za malo enieni omwe ndidali kupita ndi cholinga changa. Ndidamufunsa dzina lake ndipo adandiyankha kuti adali Limbani Chigaza. Kenako tidayamba kucheza momasukirana.

Ndidamuona kuti adali mnyamata woyenera kukhala pasukulu. Ndidamufunsa ngati adali pasukulu. Iye adandiua kuti sadali pasukulu. Iye adati adatulukira pawindo pa sitandade 7. Mnyamatayo adandifotokozena mbiri yake mwatsatanetsatane. Ndidamva chisoni atandiululira kuti adasiya sukulu chifukwa cha imfa yomvetsa chisoni ya makolo ake.

"Makolo anga onse adatisiya tsiku limodzi pa ngozi ya galimoto. Ankapita ku msonkhano wachipani ku Chingale ndipo galimoto yomwe adakwera idagubuduzika. Makolo anga okha ndiwo adamwalira pangoziyo. M'banja mwathu tilimo ana atatu. Ngakhale abale athu adatitenga, sakadatha kutisamalira moyenera chifukwa adali osauka kwambiri. Abalewo atatitenga timangokhalira kuchita maganyu kuti tipeze chakudya," Limbani adatero.

Ndidamufunsa chifukwa chomwe iye adalepherera kuvalira nguwo ya kasenye kuti apitirize maphunziro popeza sukulu yakupulayimale ndi yaulere. Iye adanditsekula maso atandiua kuti kusukulu sungapiteko mosangalala utavala zovala zosachapa komanso ndi njala. Iye adatinso ngakhale sukulu ndi yaulere, pa sukulu yawo ankareka ndalamza chitukuko zomwe iye ankalephera kupereka.

"Chifukwa cha mbonaona zomwe ndinkakumana nazo, ndidasiya sukulu ndipo ndidalowerera kutauni komwe ndidayamba kupemphetsa. Moyo wopemphetsa ndi wovuta kwambiri moti ndidachokako ndisadathe ndi mwezi umodzi womwe."

Limbika adandifotokozerano kuti atachoka kutauni adayamba kugwira maganyu. Iye adati apa mpomwe moyo wake udayamba kusinthika.

"Ndidayamba kugwira maganyu ku nyumba za mabwana. Ndalamza zomwe ndinkapeza, ndinkagulira zinthu zofunikira kwambiri monga chakudya ndi sopo ndipo zina ndinkasungako pang'onopang'ono."

Ndidadabwa atandiuzza kuti ankasunga ndalamu. Ndidachita naye chidwi kwambiri chifukwa ambirife ngakhale tili pa ntchito zolozeka, sititha kusunga ndalamu. Ambirife kubanki ndi kongolandirirako ndalamu basi.

"Ndidakhala ndikusunga ndalamu kwa miyezi isanu ndi itatu. Nditaona kuti ndidali ndi tindalamu tokwanira kugula njinga yakale, ndidagula. Njingayo ndi imene ndidayambira ntchito yakabaza. Zinthu zakhala zikundi yendera bwino kwambiri moti njingayo yabereka zinzake zisanu. Pano ndili ndi njinga zisanu ndi imodzi. Ndidalembo anyamata anga antchito omwe amandigwirira ntchito yakabazayi ku Songani, ku Domasi Works, kwa Nsomba, ku Namwera Turn Off ndi ku Malosa. Mwini wakene ndimakhala pa Domasi Police pompaja."

Kenako adayankhula monyadira ngati kuti sindidamve zomwe adanena.

"Ndili ndi njinga zangazanga zisanu ndi imodzi. Ku Songani kuli Chinsinsi 1, ku Domasi Works kuli 'Chinsinsi 2', kwa Nsomba kuli 'Chinsinsi 3', ku Namwera kuli 'Chinsinsi 4' ndipo ku Malosa kuli 'Chinsinsi 5'. Mwini wakene ndimakhala pa Domasi Police pompaja ndi ino takwerayi – 'Chinsinsi 6'. Ntchito yangayi ndidaipatsa dzina loti 'Chinsinsi' chifukwa ndi chinsinsi cha Mulungu kuti ndifike pomwe ndilipa."

Ndidayamba kuchita chidwi ndi mnyamatayo poganizira kuti adakula ali mwana wamasiye koma adayesetsa kugwira ntchito molimbika mpaka kuyamba kupeza bwino. Komabe ndidali ndi chikayiko poganizira kuti mwina adali kungondimata phula m'maso pofuna kuti apeze nkhani yopeputsira ntchito yakalavula gaga yopalasa njinga.

Ndidakhulupirira kuti zomwe ankandiuzazi zidali zoona titakumana ndi mnyamatayo wina yemwe adali kupalasa njinga yakabaza. Adaimbirana maberu ndipo Limbika adandipempha kuti aime kaye apang'ono. Ndidavomera. Iye adacheza ndi mnyamatayo pang'ono. Ndidamva ndi makutu anga mnyamatayo akumufotokozeria Limbika mwaulemu momwe ntchito yake idayendera mmawawo. Limbika adandiuza yekha, mnzakeyo akumva, kuti dzina la mnyamatayo lidali Kumalembe ndipo adali wantchito wake. Nditaonetsetsa njinga ya mnyamatayo ndidaona mawu woti 'Chinsinsi 2'.

Titayambanso ulendo ndidamufunsa ngati adali wokwatira.

"Ndidapeza nthiti yanga chaka chathachi. Mkazi wangayo amakhala mu kagolosale kathu; kali pompaja pa Domasi Polisi. Tsiku lina mudzaime kuti mudzazizirite kukhosu mu 'Chinsinsi Grocery Shop'."

Ndidadfuna kumupala m'kamwa pomufunsa kuchuluka kwa ndalamu zomwe amapeza patsiku.

"Anthu ambiri amalonda sangakuuzeni ndalamu zomwe amapeza koma ine ndimanena chifukwa ndimaona ngati kutulo momwe Mulungu adandikwezera kuti ndikhale bwana. Njingga iliyonse imandipangira ndalamu zosachepera K1,000 patsiku. Pasabata ndimakhala ndi ndalamu zosachepera K30,000. Nanga pa mwezi? A Chibwe, mutha kuchita nokha masamu. Chaka chamawa musadzadabwe mukadzakwera 'Chinsinsi Minibus 1' m'taunimu."

Ndidadzidzimuka ndi masomphenyawo. Ndidachita naye chidwi kwambiri. Ndidaphunzira zinthu zambiri kuchokera kwa iye. Ndidaphunzira phunziro lalikulu

loti kupirira ndi kugwira ntchito molimbika kumathandiza. Ndita fika ku Chilwa, ndidamulipira K1,000 ngakhale iye adandi uza kuti ndimupatse K750 yokha. Ndidi amuyamikira ndipo ndidamulimbikitsa kuti apewe mapenyapenya, mamveramvera ndi magwiragwira chifukwa zitha kumuphumitsa masomphenya ake.

NTCHITO

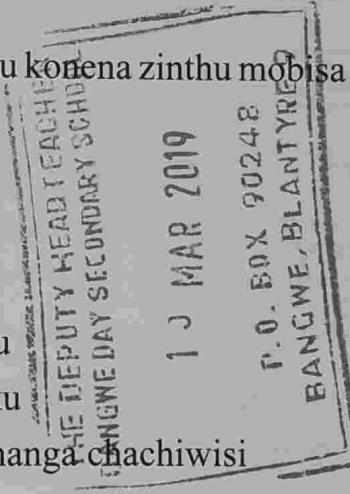
- 1 Ndi mnyamata uti ankakhala pa Domasi Works ndi njinga ya Limbika?
- 2 N'chifukwa chiyani Limbika sadapitirize maphunziro ake?
- 3 'Popanda Nyanja ya Chilwa kuphwerwa, nkhani ya Limbika sitikada idziwa'. Tsimikizirani mawuwa.
- 4 Tchulani phunziro lalikulu lopezeka mu nkhaniyi.
- 5 Perekani matanthauzo a mawu otsatirawa:
 - a chidodo
 - b mbonaona
 - c kumupala m'kamwa

Kusanthula chiyankhulo: Zining'a

Chining'a ndi mawu kapena kagulu ka mawu konena zinthu mobisa kapena mopsipsirtsat anthauzo.

Zitsanzo

Chining'a	Tanthauzo
siya fumbi	thawa
uma mutu	sowa nzeru
vala mdima	yenda usiku
waula mavu	otcha chimanga chachiwisi
ziziritsa	nyozera



Kuchokera mu nkhani ya 'Kabaza atukula moyo wa Limbika', pezani zitsanzo za zining'a.

Zining'a zilipo za mitundu ingapo koma mitundu yodziwika bwino ndi yotsatirayi: zining'a zonena mayina a anthu, zonena za matenda, zonena za imfa, zonena za nthawi, zonena za malo ndi zonena za zinthu wamba.

Mu gawo lino muphunzira zining'a zonena za mayina a anthu.

Zining'a zonena mayina a anthu

Awa ndi mawu otchulira anthu molingana ndi ntchito, maonekedwe kabenanso makhalidwe awo.

Zitsanzo

Chining'a	Tanthalauzo
bwize	wakuba
chitsulo	wamphamvu
fisi	wamantha
fisi	wankhuli
fukizi	wovutitsa
kadam'manja	wosauka
kadzanja	wakuba
kafanikhale	wolimba mtima
kangandiwamba	womana
kodyakokha	mbeta

NTCHITO

Kuchokera mu B, pezani matanthauzo olondola a zining'a zomwe zili mu A.

A	B
zanga zili paphiri	wokongola koma woipa mtima
mbiya	wandevu zobisa pakamwa
songo	wodanitsa
patsemtedza	waliuma kapena womva zake zokha
mvundula madzi	wosatha kusambira



KULEMBA: Chimangirizo, chimasuliro ndi chifupikitso

Chimangirizo chamtsutso: Zikhulupiriro

Lembani chimangirizo chamtsutso pa mutu wotsatirawu: "Ubwino ndi kuipa kosala zakudya zina kaamba ka zikhulupiriro."

Musanalembe chimangirizicho, pezani:

- 1 mfundo zazikulu zosachepera zisanu ndi momwe mungatambasulire mfundozo. Mfundozo zitha kukhala monga izi: zitsanzo za zakudya zomwe anthu ena amasala, zifukwa zomwe anthuwo amasalira zakudyazo, ndi ubwino ndi kuipa kosala zakudyazo.
- 2 nsinjiro Zachiyankhulo (monga mikuluwiko, zining'a ndi zifanifani) zosachepera zisanu zogwirizana ndi mfundo zomwe mufuna kulemba

Chimasuliro: Ngozi zachilengedwe

Kambiranani momwe mungamasulire mawu ndi ziganizo zotsatirazi:

- 1 Natural disasters
- 2 Great natural changes happen deep inside.
- 3 An earthquake is a violent shaking of the ground.

Masulirani nkhani yotsatirayi mu Chichewa chomveka bwino.

NATURAL DISASTERS

Natural disasters are strong natural changes which cause great damage to the shape of the land, infrastructure, lives of people and other natural resources.

Great natural changes happen deep inside the earth and on its surface. The natural changes on the outer parts of the earth happen because of changing climatic and weather patterns. Examples of natural disasters include earthquakes, drought, floods and bushfires.

An earthquake is a violent shaking of the ground. Sometimes the shaking is so strong that the ground splits apart. It is caused by movements of earth's parts called 'plates'. When plates move against each other, giant shock waves move upwards towards the surface causing the earth to tremble.

Chifupikitso: Ulimi wamakono

Werengani nkhani yotsatirayi ndipo mukatsiriza muifupikitse. Aphunzitsi anu akuuzani chiwerengero choyenera cha mawu a chifupikitso chanu.

KUFUNIKA KWA SAYANSI PA ULIMI

Maphunziro aukachenjede ndi ofunika kwambiri pa chitukuko cha dziko. Ophunzira zaukachenjede amayenera kuphunziranso ntchito zamanja ndi luso pamene akuphunzira zina ndi zina m'kalasi. Ichi ndi chifukwa chake sukulu yaukachenjede ya Bunda College of Agriculture idakonza maphunziro apadera a aphunzitsi a ntchito zamanja ndi luso.

Mkulu wa Bunda College of Agriculture, Pulofesa Moses Kwapata, adafotokozeria aphunzitsi a ntchito zamanja ndi luso kuti izi ndi zofunika kwambiri pa ntchito yaho. Iye adati wophunzira amakhala waphindu akadziwa ntchito zamanja ndi luso pamwamba pa maphunziro aukachenjede. Bambo Kwapata adayankhula izi potsekulira maphunziro a ulimi wasayansi kwa aphunzitsi a ntchito zamanja ndi luso a pa Bunda College.

Bambo Kwapata adapempha aphunzitsiwo kuti akagwiritse ntchito bwino maluso omwe adaphunzirawo. Iye adatinso aphunzitsi a ntchito zamanja ndi luso ndi ofunikira kwambiri pa maphunziro aulimi chifukwa ophunzira awo amasulidwa moyenera kuti akathe kuthandiza pa chitukuko cha dziko pogwiritsa ntchito luso lamakono ndi nzeru za m'kalasi. Maphunziro a ulimi wasayansiwa adachitika chifukwa boma lidapereka

chilolezo chakuti Bunda College of Agriculture iyambe kafukufuku wa ulimi wasayansi makamaka pa mbewu ya thonje. Maphunzirowa adzathandiza aphunzitsiwo kuphunzitsa bwino ntchito zamanja ndi luso la alimi pogwiritsa ntchito mfundo zasayansi. Maphunzirowo adakonzedwa ndi nthambi ya zankhalango ndi mbewu pa Bunda College of Agriculture. Mkulu wa nthambiyo yemwenso adatsogolera ntchito yokonza maphunzirowo ndi Dr Weston Mwase.

(Nkhaniyi idalembedwa ndi Willie Chimombo mu nyuzipepala ya *The Weekend Nation*, ya pa 5 May, 2012 koma tidaisintha mwina ndi mwina.)

KUGANIZA MOZAMA: Mtsutso ndi zina zam'chiyankhulo

Mtsutso: Kupirira pa maphunziro

- 1 Ndi zovuta zanji zomwe ophunzira ena amakumana nazo pasukulu?
- 2 Kodi inu mutakumana ndi zovuta zomwe mwatchula mu (1) mungatani?

Khalani m'magulu ndipo muchite mtsutso pa mutu uwu: "Ndi bwino kupirira pa mavuto apasukulu?"

M'magulumo ena akhale ovomereza mutuwo pamene ena akhale otsutsa.

Aphunzitsi anu asankha magulu angapo kuti achite mtsutso pa mutuwo m'kalasi mwanu.

Zina zam'chiyankhulo: Zining'a zotsutsana matanthauzo

Mu mitu 1, 2, 3 ndi 4 munaphunzira zining'a, maka za mawu amodzi, zotsutsana matanthauzo kupyolera mu mitantho ya mawu. Mu mutu uno mupitiriza kuphunzira zining'a zina, za mawu angapo, zotsutsana matanthauzo.

Perekani zitsanzo za zining'a za mawu angapo zomwe mukuzidziwa.

Pali zining'a za mawu angapo zomwe zili ndi zinzake zotsutsana nazo matanthauzo. Zining'a zotsutsana zimenezo zitha kukhala za mawu amodzi.

Zitsanzo

- 1 a Sambira m'nkhali
b Sambira m'mkhate
- 2 a Kangandiwamba
b Mataya
- 3 a Kapondamzichiri
b Thunga

Pezani zining'a zotsutsana matanthauzo ndi izi:

- 1 Mphungu satayanthenga
- 2 Gona mphika wapserera
- 3 Moyo wamphale
- 4 Madzi ali m'khosi
- 5 Chikwangula mawere

// MALAMULO A CHIYANKHULO: Mitundu ya mneni

Mu fomu 2 mudaphunzira mitundu iwiri ya aneni: mneni woyambukira ndi mneni wosayambukira. Mu gawo lino mupitiriza kuphunzira za mitundu ina ya aneni.

Mu gawo lino muphunziranso za athandizanthawi a nthawi za aneni.

Mitundu ina ya aneni yomwe muphunzire mu gawo lino ndi mneni wothandizira ndi mneni wodalira.

1 Mneni wothandizira

Mneni wothandizira ndi mneni yemwe amathandizira mneni wina kuti apereke tanthauzo lomveka bwino. Mneni wothandizira ndi ‘-li’.

Zitsanzo

- a Iye anali kuyendetsa galimoto.
- b Ife tili kuphunzira Chichewa.

Komabe mneni ‘-li’ amathanso kuima payekha ndi kuperekwa ganizo.

Zitsanzo

- a Ine ndili bwino.
- b Mwanayo sali kuno.

2 Mneni wodalira

Mneni wodalira ndi mneni yemwe saima payekha ndipo amadalira mawu ena kuti aperekwa ganizo. Mneniyu ndi waphatikizo limodzi. Kalelo mneni wodalira ankatchedwa kuti ‘mneni wophatikizika’. Pali zitsanzo ziwiri za mneni wodalira: ‘ndi’ ndi ‘si’.

Zitsanzo

- a Edzi ndi matenda osachiritsika.
- b Ngozi zachilengedwe ndi zoopsa.
- c Kumenya mkazi si chamuna.
- d Si bwino kulemba ntchito ana.

Athandizanthawi a nthawi za aneni

Mu fomu 2 mudaphunzira mitundu ya nthawi za aneni izi: nthawi yatsopano, nthawi yakale ndi nthawi yam'tsogolo. Mu gawo lino muphunzira za athandizanthawi omwe amachokera pa mitundu ya nthawi za aneni zomwe mudaphunzira. Muphunzira za athandizanthawi a nthawi yatsopano.

Nthawi yatsopano

Mudaphunzirapo za nthawi yatsopano. Nthawi yatsopano ili ndi athandizanthawi otsatirawa:

1 *Nthawi yatsopano yathayi*

Nthawiyi imasonyeza kuti ntchito yachitika ndipo yatha.

Zitsanzo

- a Galu wapha bakha.
- b Ife taphunzira Chichewa.

2 *Nthawi yatsopano yopitirira*

Nthawiyi imasonyeza kuti ntchito yomwe ikuchitika tsopano ndi yopitirira.

Zitsanzo

- a Mphepo ikuwomba.
- b Mwana akulira.

3 *Nthawi yatsopano yathayi yopitirira*

Nthawiyi imasonyeza kuti ntchito yomwe yathayi inali yopitirira.

Zitsanzo

- a Nthawi yonseyi takhala tikusewera mpira.
- b Ndakhala ndikulima kuchokera mmawa.

4 *Nthawi yatsopano yakawirikawiri*

Nthawiyi imasonyeza kuti ntchito imachitika nthawi zonse.

Zitsanzo

- a Dziko limazungulira duwa.
- b Akuluakulu ndi m'dambo mozimira moto.

- 1 Tchulani mitundu ya aneni omwe atsekeda mzere kunsi kwawo mu mikuluwiko ndi ziganizo zotsatirazi.
 - a Iwo analı kuthamanga.
 - b Akuluakulu ndi m'dambo mozimira moto.
 - c Mtsinje wa tinkanena udathira mu si izi.

- d Iye adali kuimba nyimbo.
 - e Mayamiko ndi mnzanga.
- 2 Lembani ziganizo zanuzanu zomveka bwino zomwe zili mu athandizanthawi a nthawi zatsopano zotsatirazi:
- a Nthawi yatsopano yathayi
 - b Nthawi yatsopano yopitirira
 - c Nthawi yatsopano yathayi yopitirira
 - d Nthawi yatsopano yakawirikawiri

MATHERO A MUTU UNO

Mutu uno unali ndi magawo asanu ndi limodzi. Mu gawo loyamba ndi lachiwiri mwaphunzira maluso a kumva ndi kuyankhula kupiyolera mu malonje pamaliro, malangizo okhudza kusamala chakudya, ndi mauthenga okhudza kusamala odwala. Mu gawo lachitatu mwaphunzira luso la kuwerenga kupiyolera mu kumvetsa nkhani ya ‘Kabaza atukula moyo wa Limbika’ ndi kusanthula chiyankhulo pa zining’ a. Mu gawo lachinayi mwaphunzira luso la kulemba kupiyolera mu chimangirizo chamtsutso pa zikhulupiro, chimasuliro chokhudza ngozi zachilengedwe, ndi chifupikitso ulimi wamakono. Mu gawo lachisanu mwaphunzira luso la kuganiza mozama kupiyolera mu mtsutso pa kupirira pamaphunziro, ndi zining’ a zotsutsana matanthauzo. Mu gawo lachisanu ndi chimodzi mwaphunzira luso la kugwiritsa ntchito malamulo a chiyankhulo pa mitundu ina ya aneni komanso athandizanthawi a nthawi za aneni.

Mabuku ndi nyuzipepala zomwe tinagwiritsa ntchito



Mu mutu uno tagwiritsa ntchito mabuku komanso nyuzipepala zomwe zili m'munsimu. Mu nthawi yanuyanu muyenera kuwerenga mabukuwa komanso nyuzipepalazi kuti mupititse patsogolo nzeru zanu komanso maluso anu a chiyankhulo.

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CHIYAMBI

Mu Mutu 6 wa buku lino munaphunzira mitu yosiyanasiyana ya phunziro la Chichewa. Ina mwa mitu yomwe munaphunzira ndi monga iyi: ‘malangizo’, ‘chifupikitso’, ‘mtsutso’, ‘chimasuliro’ ndi ‘kugwiritsa ntchito malamulo a chiyankhulo’.

Kodi munaphunzira chiyani pa izi:

- 1 Chimangirizo
- 2 Kumvetsa nkhani
- 3 Malonje

Mu mutu uno mupitiriza kuphunzira mitu yomwe munaphunzirapo kale koma pa mfundo ndi zitsanzo zatsopano. Muphunzira mfundo zatsopano kupyolera mu maluso asanu ndi limodzi omwe aja a kumva, kuyankhula, kuwerenga, kulemba, kuganiza mozama, ndi kugwiritsa ntchito malamulo a chiyankhulo.

MALUSO ACHIYANKHULO

- Kumva
- Kuyankhula
- Kuwerenga
- Kulemba
- Kuganiza mozama
- Kugwiritsa ntchito malamulo a chiyankhulo



Pakutha pa mutu uno:

- ✓ Muchita moyenera malonje pa nthawi yamaliro
- ✓ Mutchula ndi kukambirana moyenera malonje pa nthawi yamaliro
- ✓ Mutsatira malangizo omwe mwamva akusamala chimanga
- ✓ Mufotokoza molondola malangizo omwe mwamva akusamala chimanga
- ✓ Musonyeza zomwe mwatola mu mauthenga a kasamalidwe ka wophunzira wodwala khunyu pasukulu
- ✓ Mufotokoza moyenera mauthenga a kasamalidwe ka wophunzira wodwala khunyu pasukulu
- ✓ Muwerenga nkhanzi mosadodoma ndi kuyankha mafunso molondola pa nkhanzi ya ‘Margaret Chikwembeya: Nyenyezi yasisudzo ku Malawi’
- ✓ Musanthula chiyankhulo molondola pofuna kupeza zining’ a m’nkhanzi
- ✓ Mupeza mfundo ndi kulemba chimangirizo chamtsutso chokhudza zikhulupiro
- ✓ Mumasulira kankhani kokhudza ngozi zachilengedwe molondola
- ✓ Mufupikitsa kankhani kokhudza ulimi wamakono molondola
- ✓ Mupeza mfundo ndi kuchita mtsutso moyenera pa nkhanzi ya kupirira pasukulu
- ✓ Mupeza zining’ a zotsutsana matanthauzo
- ✓ Mutchula athandizanthawi a nthawi za aneni



KUMVA NDI KUYANKHULA

Malonje: Pa nthawi yamaliro

- 1 Tchulani magulu a anthu omwe amayankhula pa mwambo wamaliro.
- 2 Ndi chifukwa chiyani pa nthawi yamaliro pamakhala zoyankhula?

Nthawi yokonzekera kuika maliro pamakhala zochitika zambiri monga kuimba, mapemphero ndi zoyankhula. Pamakhala magulu ambiri a anthu omwe amayankhula pamaliro molingana ndi msinkhu kapena ndi udindo wa womwalirayo. Anthu monga akuchimuna, akuchikazi, (akuntchito ngati womwalirayo adali pantchito yolembedwa), anzake, ampingo ndi amfumu amayankhula pa mwambowo.

Zoyankhulazo zimakhala zofunikira kwambiri chifukwa ndi njira yomwe anthu ena

amatha kudziwira zambiri zokhudza womwalirayo monga mbiri yake, gwero la imfa ndi momwe kumwalira kwake kwawakhudzira. Pamakhala munthu yomwe amawongolera zochitikazo.

Mu gavo lino mumva ndi kuchita malonje omwe akuntchito angathe kuyankhula pa nthawi ya mwambo wamaliro.

NTCHITO

珥 Kumva

Yerekezani kuti muli pa mwambo wamaliro. Mmodzi wa inu ayerekeze kuti ndi bwana wakuntchito komwe malemuyo ankagwirako ntchito. Bwanayo aime ndipo ayankhule ngati wakuntchito.

Mvetserani mwatcheru zomwe bwanayo ayankhule.

Muli awiriawiri, kambiranani ntchito yotsatirayi:

- 1 Fotokozani mwachidule mbiri ya malemu molingana ndi zomwe bwana wafotokoza.
- 2 Tchulani zitsanzo za mawu osonyeza kuti malonjewa ndi apamaliro.
- 3 Kodi malonje otene ndi ofunikira bwanji kwa anthu osonkhana pamaliro?

Magulu angapo afotokozere kalasi lonse zomwe amva ndi kukambirana.

ଓ Kuyankhula

Khalani m'magulu ndipo yerekezani kuti mnzanu wophunzira naye wamwalira ndipo muli pa mwambo wa maliowo. Mmodzi wa inu wapemphedwa kuti ayankhule mmalo mwa ophunzira onse.

M'magulumo mukambirane mfundu zoyenera kuyankhula pa mwambo wa maliowo. Mukonze kasewero kosonyeza momwe mungachitire malonjewo.

Aphunzitsi anu asankha magulu angapo kuti achite timasewero tawo m'kalasi mwanu kuti a magulu ena aonere.

Ena mwa mawu ofunikira kwambiri pa malonjewa:

- Pepani olira nonse
- Pepani amfumu a mudzi uno
- Pepani ophunzira anzanga.
- Ife ophunzira ndife olira kwambiri.

Malangizo: Akusamala chimanga

- 1 Perekani zitsanzo za malangizo omwe mudamvapo okhudza kasamalidwe ka zokolola.
- 2 Fotokozani kufunika kwa malangizowo.

Kumva

Mvetserani mwatcheru malangizo a kasamalidwe ka chimanga omwe makolo ankatsata kalelo. Mnzanu kapena aphunzitsi anu awerenga malangizowo.

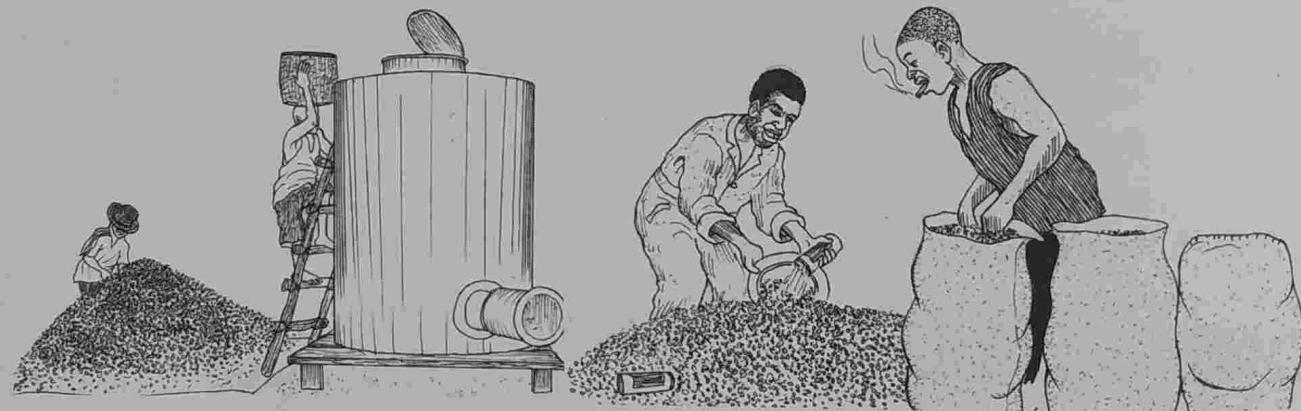
Muli awiriawiri, kambiranani ntchito yotsatirayi:

- 1 Fotokozani mwachidule njira zomwe makolo kalelo ankatsata posamalira chimanga chawo akakolola.
- 2 Longosolani ubwino ndi kuipa kwa njira zomwe makolo ankatsata posamalira chimanga.
- 3 Ndi malangizo anji omwe mungapereke kwa alimi omwe akutsatirabe njira za makolo zosamalirira chimanga chawo.

Kuyankhula

Pali njira zamakono zambiri zomwe timagwiritsa ntchito pofuna kuteteza zokolola, monga chimanga, kuti zisawonongeke.

Zithunzi zotsatirazi zikuonetsa zina mwa njira zotetezera chimanga kuti chisawonongeke.



Khalani m'magulu ndipo mukambirane malangizo omwe mungapereke kwa munthu yemwe afuna kuteteza chimanga chake kuti chisawonongeke, potsata njira zomwe zili pazithuzipa. Mukambiranenso ubwino ndi kuipa kwa njirazi.

Aphunzitsi anu asankha magulu angapo kuti afotokozerere kalasi lonse malangizo omwe akambirana.

Mauthenga: Akasamalidwe ka wophunzira wodwala khunyu pasukulu

- 1 Kodi khunyu ndi matenda anji?

2 N'chifukwa chiyani muyenera kumusamala munthu wodwala khunyu?

Khunyu ndi matenda okhudza bongo. Wodwala matendawa amakomokakomoka. Matenda akhunyu si opatsirana koma ena amatha kutengera kuchokera kwa makolo mwachibadwa. Anthu ena amayamba kudwala matendawa chifukwa cha vuto la bongo.

Munthu wodwala khunyu amafunika kumusamalira kwambiri chifukwa matendawa akamugwira, wodwalayo amatha kugwera pena paliponse monga pamoto. Odwala ena asadakomoke, amakunyuka ndipo amadzigudubuzagudubuza ndi kudzibwanyizabwanyiza mwamphamvu ku zinthu zomwe zili pafupi.



Kumva

Mvetserani aphunzitsi anu kapena mnzanu akuwerenga uthenga wotsatirawu.

KUSAMALA WODWALA KHUNYU PASUKULU

Pamene wodwala khunyu wagwidwa ndi matendawo, titha kumusamala motere:

- Kumuchotsera zinthu zoti zitha kumuvulaza
- Kumugwira mosamala kuti agone bwino ngati sakukunyuka mwamphamvu
- Kumugwira mwamphamvu mpaka atakomoka ngati akukunyuka mwamphamvu
- Ngati waluma mano, osamukakamiza kuti ayasamule pokhapokha ngati wadziluma lirime
- Akakomoka, musiyeni kuti agone mpaka adzuke yekha
- Ngati sizikusintha, pitani kuchipatala ndi wodwalayo

Muli awiriawiri, kambiranani ntchito yotsatirayi:

- 1** Fotokozani mwachidule zomwe uthengawu ukunena.
- 2** Fotokozani momwe mungasamalire mnzanu wodwala khunyu yemwe wangogwa kumene.
- 3** Kodi uthengawu ndi wofunikira kwa kwa inu ngati ophunzira? Tsimikizirani yankho lanu.

Magulu angapo afotokozere kalasi lonse zomwe amva ndi kukambirana.

Kuyankhula

Yerekezani kuti mwapemphedwa kuti mukonze uthenga wokhudza kasamalidwe ka ophunzira odwala matenda a khunyu m'kalasi mwanu, molingana ndi momwe kalasilo lili.

Khalani m'magulu ndipo mukambirane uthenga woyenera.

Aphunzitsi anu asankha magulu angapo kuti afotokozere kalasi lonse zomwe akambirana.



KUWERENGA: Kumvetsa nkhani – Kupirira

Mu gawo lino mupitiriza kuphunzira luso la kuwerenga kupyolera mu kumvetsa nkhani. Musanthulanso chiyankhulo koma musanatero, chitani kaye ntchito yotsatira.

- 1 Tchulani dzina la munthu wina aliyense wotchuka wochita zisudzo yemwe amakusangalatsani. Fotokozani chifukwa chomwe munthuyo amakusangalatsirani.
- 2 Kodi zisudzo ndi zofunika pa moyo wathu? Tsimikizirani yankho lanu.
- 3 Pekani kankhani kanukanu mwamsangamsanga pogwiritsa ntchito mawu awa: kuchita zisudzo, mayi, masewero ambiri, mlangizi ndi nthabwala.

Werengani nkhani yotsatirayi ndipo mukatsiriza tuyankhe mafunso.

MARGARET CHIKWEMBEYA: NYENYEZI YAZISUDZO KU MALAWI

Mayi Margaret Beata Chikwembeya ndi mmodzi wa amayi odziwika kwambiri m'dziko muno pa nkhani yatisudzo. Margaret, womwe amadziwika ndi dzina loti 'Azakhali' pa nkhani yatisudzo, amachokera m'mudzi wa a Ng'ona mu boma la Dedza. Iwo ndi mayi yemwe amadziwa chomwe akuchita pa nthawi yomwe akuchita zisudzo ndipo amayankhula modekha. Iwo amadziwika kaamba ka ulemu, kufatsa, malangizo ndiponso kupemphera. Izi ndi zinthu zomwe iwo akuti adaphunzira pomwe ankakhala ndi makolo awo. Kungowaona chabe, iwo amakhala ngati akuchita kukakamizidwa kuti ayankhule ndipo kwa anthu osawadziwa, atha kuona ngati kuti mayiwa ndi amatama.

Mayi Chikwembeya adabadwa mu banja la ana anayi ndipo iwo ndi chitsitsamsepe. Iwo ali ndi ana asanu ndi mmodzi. Iwo adaphunzira maphunziro a sukulu yapulayimale pa Bembeke ku Dedza ndipo adamalizira ku Mzama mu boma la Ntcheu. Iwo akuti adapita kukaphunzira kusukulu yakutali chifukwa ankasirira ophunzira omwe ankanyamula sutukesi akamapita ndi kuchokera ku sukulu zogonera konko.

Ali pasukulu akuti ankakonda kuchita zisudzo. Imeneyo idali nthawi yomwe adazindikira kuti adali ndi luso pochita zisudzo. Iwo adali mtsikana wokonda nthabwala ndipo nthawi imeneyo adadzipatsa dzina loti 'Sister Margaret'. Ngakhale anzawo ambiri ankawanyoza chifukwa chokonda kuchita zisudzo, akuti iwo adapirira popeza adazindikira kuti lusolo lidali mphatso yayo yachibadwidwe.

“Margaret ndi dzina lomwe ndidangodzipatsa ndili mtsikana chifukwa ndinkakonda kuwauza anzanga kuti ine ndidzakhala ‘Sister Margaret’. Dzina langa lenileni ndi Beata komabe pano ndimagwiritsa ntchito la Margaret ndikamachita zisudzo,” a Chikwembeya adatero.

Iwo adati khumbo lawo lidali loti adzakhale namwino akadzatsiriza maphunziro. Atamatila maphunziro a Sitandade 8 yakale, iwo adaganiza zokaphunzira unamwino ku sukulu yaunamwino ku Nguludi. Atafika chaka chomaliza adakanika kugwira ntchito kaamba ka ukhondo womwe azakhaliwa ali nawo. Iwo adati atawauza kuti atsuke chilonda chaesmgonagona cha mkulu wina, adachiona ngati chinthu cholemera kwambiri ndipo zimenezo zidawachititsa kulephera kupirira kuti apitirize maphunziro a ntchito yomwe iwo ankaikhumba m’moyo mwawo.

“Kuyambira nthawiyo ndidayamba kuona unamwino ngati ntchito ya amkangaziwisi, ngakhale si choncho, moti mpaka pano nyama imandivuta kudya chifukwa cha chilonda chomwe ndidachiona nthawi imeneyo,” adapitiriza motero a Chikwembeya kwinaku akuseka.

Mu chaka cha 1974 iwo adayamba kuchita zisudzo pa wayilesi ya Malawi Broadcasting Corporation (MBC) mu sewero la ‘Kapalepale’ (lomwe limatchedwanso ‘Sewero la Sabata Ino’) komanso mu sewero la ‘Pamajiga’.

“Ngakhale ndinkafuna ntchito yaunamwino, chidwi changa chidali pa zisudzo moti nthawi yomwe ndidachoka ku Nguludi ndidayamba kuchita zisudzo ngakhale sindinkadziwa kwenikweni. Nthawi imeneyo ndidali nditakwatiwa ndi a Chikwembeya. Mwamuna wanga ndi bambo womvetsetsa zinthu kwambiri moti sadandiletse kugwira ntchito yassisudzo chifukwa amadziwa kuti Ambuye Mulungu amapereka luso losiyansasiyana kwa anthufe. Anthu ankayankhula zambiri koma mwamuna wanga sankazitengera poti ndi wopirira komanso sakonda mamveramvera,” Mayi Chikwembeya adatero.

Mayiwa adafotokozanso momwe anthu adawayamikira attachita koyamba chisudzo.

“Sewero lomwe ndidachita nawo nthawi imeneyo koyamba ndilo lidandionetsa kuti ndidali ndi luso. Pafupifupi aliyense adandiyamikira. Mu sewerolo tinkakamba nkhani yamavalidwe. Anthu ambiri omwe ndinkakumana nawo ankachita nane chidwi. Ena ankandikumbutsa za sewerolo ngakhale mwini wakene ndidali nditaiwala. Nthawi zambiri ndikapita kumsika anthu ambiri ankandizungulira kuti andione ndipo nthawi zina ndikakanika kugula zomwe ndinkafuna. Anthu ambiri ankafuna kumangondipatsa moni. Izi si zachilendo chifukwa ngakhale anzathu ochita mafilimu akunja amakumana ndi zoterezi,” a Chikwembeya adatero.

Iwo adayankhula motsimikiza kuti ntchito yaunamwino yomwe ankaisirira sidali yawo. Iwo adati akamalingalira masiku ano, amakhutira kuti ntchito yochita zisudzo ndiyo yawo chifukwa atabwereranso ku Nguludi adakayamba zaulembi koma sadakafike nazo patali.

“Ndikupempha makolo omwe amaletsa ana awo kuchita zisudzo kapena kusewera mpira kapenanso kuimba kuti asamawakanize chifukwa aliyense ali ndi mbali yake. Makolo ambiri amaona ngati ntchitoyi si yabwino komatu enafe tikudyera momwemu. Ena ndi akhumutcha chifukwa cha ntchitoyi,” Mayi Chikwembeya adatero.

Mu masewero ambiri, Mayi Chikwembeya amakhala mlangizi. Masiku ano iwo amakhala ngati mkazi wa Augustine Mauwa mu sewero la ‘Tikuferanji’ la pa wayilesi yakanema ya Malawi Broadcasting Corporation. Anthu omwe amaonera komanso anzawo omwe amachita nawo sewero la ‘Tikuferanji’ amawayamikira Mayi Chikwembeya kaamba ka luso lawo. Mu sewerolo iwo amayesetsa kumulangiza Manganya akayambana ndi mkazi wake, mayi ake a Sikono, ndipo kawirikawiri amatenga gawo logwirizanitsa awiriwa.

“Mukudziwa mmene amachitira Manganya akakhala mu sewero la ‘Tikuferanji’. Nthawi zina khaliidwe lake limakhala lovuta kwambiri choncho imakhala ntchito komanso udindo wanga, ine ngati kholo kulilangiza banjalo kuti likhale lolongosoka. Ndimawapirira kwambiri awiriwo mpaka ndimakwanitsa kuwayanjanitsa,” adawonjezera motero Mayi Chikwembeya.

Iwo adati sewero lomwe samaliiwala mpaka pano ndi lomwe adachita mu ‘Tikuferanji’. Mu sewerolo mwana wavo adawatumizira zovala pa tsiku la Anakubala. Iwo adati sewerolo lidawaphunzitsa zambiri zomwe zikuwachitikira makolo ambiri. Iwo adati nthawi zambiri makolo ena amangolandira zinthu kwa mwana wavo wamkazi osadziwa komwe zinthuzo zachokera ndipo mwina mwanayo amangowanamiza kuti wawagulira ndi mkamwini wavo.

(Nkhaniyi idalembedwa ndi Rose Chipumphula Chalira mu nyuzipepala ya *Mkwaso* ya pa 29 June mpaka pa 12 July, 2012 koma tidaisintha mwina ndi mwina.)

NTCHITO

- 1 Ndani adawapatsa Mayi Chikwembeya dzina loti ‘Margaret’?
- 2 N’chifukwa chiyani Mayi Chikwembeya sadatsirize maphunziro awo aunamwino?
- 3 Fotokozani makhalidwe atatu ena aliwonse a Mayi Chikwembeya omwe afotokozedwa mu nkhanziyi.
- 4 Tchulani maluso ena awiri omwe atchulidwa mu nkhanziyi omwe anthu ena amawaona ngati onyozeke.
- 5 Perekani matanthauzo a nsinjiro za chiyankhulo zotsatirazi:
 - a amatama
 - b chitsitsamsepe
 - c akhumutcha

Kusanthula chiyankhulo: Zining’ a

Mu Mutu 6, munaphunzira zining’ a zonena mayina a anthu,

Kuchokera mu nkhanziyi ‘Margaret Chikwembeya: Nyenyezi ya zisudzo ku Malawi’, pezani zitsanzo za zining’ a.

Mu gawo lino muphunzira zining’ a zonena za mayina a matenda.

Kusanthula chiyankhulo: Zining'a

Zitsanzo

Chining'a

bwenzi wa mphasa
bwerera lili pulululu
lowa chamwaka
lowa m'thengo
moyo wa nkhumba
nthenda yakumwezi
phuka
ponda njati
soka mphasa
yetsemula

Tanthauzo

munthu wodwaladwala
dwala kwambiri n'kuchira
khala wodwaladwala
chita misala
moyo wobuwulabuwula
khunyu
chira utadwala
tenga matenda m'chiwerewere
gona chifukwa cha matenda
chira utadwala matenda aakulu

NTCHITO

Fufuzani ndipo mupeze zining'a zosachepera khumi zokamba za matenda komanso matanthauzo ake.



KULEMBA: Chimangirizo, chimasuliro ndi chifupikitso

Chimangirizo chamtsutso: Zikhulupiriro

Lembani chimangirizo chamtsutso pa mutu wotsatirawu: "Ubwino ndi kuipa kokhulupirira mankhwala a asing'anga."

Musanalembe chimangirizicho, pezani:

- 3 mfundo zazikulu zosachepera zisanu ndi momwe mungatambasulire mfundozo. Mfundozo zitha kukhala monga izi: mankhwala a asing'anga ndi achilengedwe choncho alibe zoopsa zambiri; asing'anga ena ndi abodza
- 4 nsinjiro zachiyankhulo (monga mikuluwiko, zining'a ndi zifanifani) zosachepera zisanu zogwirizana ndi mfundo zomwe mufuna kulemba

Chimasuliro: Ngozi zachilengedwe

Kambiranani momwe mungamasulire mawu ndi ziganizo zotsatirazi:

- 1 Hailstorm
- 2 We have made assessments.
- 3 The number is expected to rise.

Masulirani nkhani yotsatirayi mu Chichewa chomveka bwino.

HAILSTORM HITS MWANZA

A hailstorm has hit Mwanza District and has destroyed property of over three hundred families. The government has already rushed in with relief items in order to assist the victims. The hailstorm has blown away rooftops of houses, schools and churches. The District Commissioner for the district has confirmed that there were no deaths reported.

"We are still receiving reports on the affected households but so far over three hundred families from Mchoseni and Chikolosa areas were most affected. We have made assessments but as of Thursday, the actual figure we had recorded was three hundred and thirteen families but the number is expected to rise," the District Commissioner said.

Chifupikitso: Ulimi wamakono

Werengani nkhani yotsatirayi ndipo mukatsiriza muifupikitse. Aphunzitsi anu akuuzani chiwerengero choyenera cha mawu a chifupikitso chanu.

PATSOGOLO NDI ULIMI WOTHIRIRA

Pofuna kupha makwacha, alimi anyemba ku Dedza ali kalikiliki kulima nyemba zamthirira. Alimiwo akuti akalima nyembazo amapeza phindu lochuluka kusiyana ndi nyemba zomwe amalima nthawi yadzinja chifukwa ndi alimi ochepe omwe amalima nyemba zamthirira.

Akuti nthawi yamvula alimi ambiri amalima nyemba ndiye kaamba kochuluka kwa nyembazo, mitengo yake imakhala yotsika kusiyana ndi zomwe amakolola akalima paulimi wamthirira. Alimi ochepe okha ndiwo amalima nyemba nthawi yachilimwe. Mayi Jennifer Yasini yemwe ndi mlembi wa gulu la amayi pa nkhani zachitukuko la Study Cycle wati bungwe lawo layamba ulimi wamthirira polima nyemba ndi cholinga choti adzaphe makwacha. Gulu lawolo lili ndi anthu khumi ndi asanu.

Iwo adanena kuti nyemba zomwe amakolola pa ulimi wadzinja amazigulitsa pa mtengo wa K10 kapena K15 pa mbale yakhofi pamene zamthirira anthu amazigulitsa pa mtengo wa K20 kapenanso K30 pa mbale yakhofi. Uwu ndi umboni waukulu woti anthu akuphadhi makwacha ndi nyemba zamthirira.

"Apa ndiye kuti thumba lolemera makilogalamu 50 tizidzagulitsa pa mtengo wa K20,000 kusiyana ndi nyemba zomwe tidalima m'dzinja zomwe tikuzigulitsa pa mtengo wa K15, 000 mwinanso kutsika pamenepa," adatero Mayi Yasini.

Bungwe lawo lomwe lili m'mudzi mwa Maganga kwa T/A Tambala lalima munda waukulu wokwanira ekela imodzi ndipo akuti akuyembekezera kudzakolola matumba osachepera khumi. Iwo alima mtundu wa nyemba zotchedwa 'Kholophethe' zomwe akuti adzakolola mu mwezi wa Okutobala.

(Nkhaniyi idalembedwa ndi Boby Kabango mu nyuzipepala ya *The Weekend Nation* ya pa 1 September, 2012 koma tidaisintha mwina ndi mwina.)



Msutso: Kupirira pa sukulu

- 1 N'chifukwa chiyani ophunzira ena amasiyira maphunziro panjira?
- 2 Ndi zinthu ziti zomwe inu mumaona kuti zitha kukusiyitsani maphunziro panjira? Khalani m'magulu ndipo muchite mtsutso pa mutu uwu: "Ndi bwino kungoisiya sukulu ikavuta."

M'magulumo ena akhale ovomereza mutuwo pamene ena akhale otsutsa.

Aphunzitsi anu asankha magulu angapo kuti achite mtsutso pa mutuwo m'kalasi mwanu.

Zina zam'chiyankhulo: Zining'a zotsutsana matanthauzo

Mu Mutu 6 munaphunzira zining'a zotsutsana matanthauzo. Mu mutu uno mupitiriza kuphunzira zining'a zina zotsutsana matanthauzo.

Zitsanzo

- 1 a Madzi ali m'nkhongono
 b Madzi ali m'khosi
- 2 a Kwatiwa pantchafu
 b Kwatiwa n'kumbuyo komwe
- 3 a Gona mphika wapserera
 b Gona ndi make khutu yemwe

NTCHITO

Pezani zining'a zotsutsana matanthauzo ndi izi:

- 1 Kafanikhale
- 2 Bowa bwanga
- 3 Moyo wa nkhumba
- 4 Chatham'thumba
- 5 Mphemvu mdyerakumthiko



MALAMULO A CHIYANKHULO: Athandizanthawi

Mupitiriza kuphunzira za athandizanthawi a nthawi za aneni zomwe mudaphunzira. Mu gawo lino muphunzira za athandizanthawi a nthawi yakale.

Nthawi yakale

Nthawi yakale ili ndi athandizanthawi otsatirawa:

1 *Nthawi yakale yathayi*

Nthawiyi imasonyeza kuti pamene ntchito imachitika, ina idali itatha.

Zitsanzo

- a Pamene ankafika, tidali titadya kale.
- b Tambala woyamba asanalire, tinali titadzuka.

2 *Nthawi yakale yopitirira*

Nthawiyi imasonyeza kuti ntchito yochitika kalelo idali yopitirira.

Zitsanzo

- a Mvula idali kugwa pang' onopang' ono.
- b Musanabwere kuno, ndinali kukhala movutika.

3 *Nthawi yakale yathayi yopitirira*

Nthawiyi imasonyeza kuti nthawi yakale yathayi idali yopitirira.

Zitsanzo

- a Tidakhala tikuyembekeza galimotoyo.
- b Anakhala akundinamiza mpaka ndidazindikira.

4 *Nthawi yakale yakawirikawiri*

Nthawiyi imasonyeza kuti ntchito yomwe inkachitika kalelo idali yakawirikawiri.

Zitsanzo

- a Makolo athu amavala nyanda.
- b Tinkakhala movutika tisadalandire ufulu.

NTCHITO

Lembani ziganizo zanuzanu zomveka bwino zomwe zili mu athandizanthawi a nthawi zakale zotsatirazi:

- 1 Nthawi yakale yathayi
- 2 Nthawi yakale yopitirira
- 3 Nthawi yakale yathayi yopitirira
- 4 Nthawi yakale yakawirikawiri

MATHERO A MUTU UNO

Fotokozani mwachidule zomwe mwaphunzira m'mutu uno pa:

- 1 Malonje apamaliro
- 2 Malangizo okhudza kusamala chakudya
- 3 Mauthenga akusamala odwala
- 4 Kumvetsa nkhani ya 'Margaret Chikwembeya: Nyenyezi ya zisudzo ku Malawi?', ndi kupeza zining'a
- 5 Chimangirizo chamtsutso chokhudza zikhulupiriro
- 6 Chimasuliro cha nkhani ya ngozi zachilengedwe
- 7 Chifupikitso cha nkhani za ulimi wamakono
- 8 Kuganiza mozama kupylera mu mtsutso pa nkhani za kupirira, ndi zining'a zotsutsana matanthauzo
- 9 Malamulo a chiyankhulo pa athandizanthawi a nthawi za aneni

Mabuku ndi nyuzipepala zomwe tinagwiritsa ntchito



Mu mutu uno tagwiritsa ntchito mabuku komanso nyuzipepala zomwe zili m'munsimu. Mu nthawi yanuyanu moyenera kuwerenga mabukuwa komanso nyuzipepalazi kuti mupititse patsogolo nzeru zanu komanso maluso anu a chiyankhulo.

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