



EXAMINATION NO.: _____

SOUTH EAST EDUCATION DIVISION

2024 MALAWI SCHOOL CERTIFICATE OF EDUCATION MOCK EXAMINATION

ENGLISH

Tuesday, 19th March

Subject Number: M052/II

Time Allowed: 1h 45min

11:00 – 12:45 pm

PAPER II (60 Marks)

INSTRUCTIONS

1. This paper contains 8 printed pages.
Please check.
2. This paper has **two** sections: **A** and **B**.
3. Answer **all** questions in **both** sections.
4. Use the spaces provided to answer questions in this paper.
5. Follow instructions for each section carefully.
6. Fill in your **Examination number** at the top of each page of the question paper.
7. In the table provided on this page, **tick against** the question number you have answered.

Question Number	Tick if answered	Do not write in these columns	
1			
2			

SECTION A (20 marks)**NOTE MAKING**

Read the following passage carefully and afterwards make a summary of it in

NOTE-FORM. In your summary:

- a. Provide a suitable title for the passage.
- b. Give the main points.
- c. Supply supporting points for each main point.

Marks will be awarded for content, note-style, and fair-copy layout. Candidates who simply copy will be penalised.

Maintaining a healthy body weight is very crucial as it impacts not only the physical health and mental but also the emotional wellness. In today's inactive lifestyle and with the prevalence of unhealthy dietary habits, it becomes necessary to adopt sustainable practices for weight management. Therefore, it is important to explore effective ways which individual's can pursue to achieve and sustain body weight.

Firstly, people should know that a balanced and nutrient-rich diet is a cornerstone of maintaining an optimal body weight. As such they should strive to adopt it in their day-to-day life. It includes a variety of fruits, vegetables, whole grains, lean proteins, and healthy fats. This helps to ensure a well-rounded intake of essential nutrients. For example, incorporating colourful vegetables not only adds vitamins, minerals and fibre but also it promotes a feeling of fullness and aids weight management. Portion control is equally vital and being mindful of serving sizes that is prevent overeating helps maintain a healthy weight all times.

Another factor of paramount importance in weight management is regular physical activities. Exercises apart from burning calories which greatly contribute to heavy body

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weight, also boosts metabolism. Exercises such as cardiovascular exercises, strength training, and flexibility exercises provide comprehensive benefits. For instance, activities like brisk walking, cycling or swimming aid weight loss leading to improved cardiovascular health. Engaging physical activities consistently and making it a routine enhances overall well-being and contributes to body weight maintenance.

Furthermore, we have a factor off course undermined by many, proper hydration. This plays yet another very important role in our struggle to maintain a healthy body weight. It involves drinking adequate amounts of water which contribute to a feeling of fullness, reducing the likelihood of overeating that is mindful eating and preventing mindless snacking. These activities help reduce overweight.

Finally, let us consider quality sleep as factor. You will agree with me that lack of sleep disrupts normal body functions especially the hormonal balance. Consequently, it leads to increased appetite and craving for high-caloric foods. Therefore, establishing consistent sleep of about seven to nine hours each night constitute quality sleep. This will help to keep the weight of the body at desirable level. However, sleeping for long itself is not enough, people have also to prioritise good sleeping hygiene such as creating a resting bedtime, put away your communication devises like phones away to avoid disturbances.

In summary, one's healthy is very important. Achieving healthy body weight is one way of ensuring good healthy. Therefore, it is important that we choose healthy lifestyles.

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SECTION B (40 marks)

COMPREHENSION

Read the passage below carefully and answer the questions that follow.

Pumani appeared to be in some haste but branched off to see Nabiyceni at the market. As he approached her table of stall, his voice boomed in the air;

'Nabiyceni! Nabiyceni! The chief said I should call you'

Nabiyceni looked at him with a feeling of guilt and remorse. In his simple scarlet shirt, Pumani was in every bit as manly and honest as any girl could desire. Nabiyceni could not deny that her parents had made a good choice, but she was afraid that after three years, things were still going wrong. No longer did she look at their marriage as inevitable.

'Why, is there something?'

Continued/...

‘No,’ said Pumani, ‘what else can there be? I was sent to call you and I’ve done so.’
‘Mm’ sighed Nabiyeni. ‘I wonder what the chief wants from me.’
‘I don’t know,’ he said, ‘Are you not the Masewe dancer, the best dancer in the village?’
Her eyes glinted resentfully. ‘But if it is to do with dancing, er... I promised someone...’

‘Who, you mean this university graduate, Gondo?’ Pumani laughed angrily.

‘But he is away now, isn’t he?’

‘When he comes back, he will know. You know how girls of our village run after him ... they’ll do anything to get him.’

‘Are you, my fiancée also chasing after him,’

Nabiyeni’s eyes became coy as she arranged her head tie, her fingers betrayed her. Suddenly, like somebody from a dream, her eyes lit up, ‘You’re just jealousy, that’s all! She pinched his forehead, ‘I won’t be long, sit there.’ She said hurrying away.

When she arrived, she knelt down and said, ‘Long may you live my chief.’

‘Daughter! Rise, my daughter,’ he said, ‘I sent for you, because I want you to know that there will be dancing tonight...’

‘But, chief...’

‘What is it? Are you taking words from my mouth? Is that all the training you’ve had?’

‘Forgive me chief.’

He went on as if nothing had happened, but she could see that her interruption had annoyed him. This was a wrong thing to do to a man, a chief for that matter.

‘An important man is coming here tonight,’ he said, ‘Mr Njumbula, our Member of Parliament is arriving today on a tour of inspection. For a long time I have been pressing for good water supply for the village and nothing has happened. Now I want to reach his heart. I want to exhibit your dance to influence him to give us the water. Your dance is the best in these parts and will put him in the mood to listen to me. It is important to me and the village that you dance your best. Do you hear me? Go now and gather your troupe together.’

‘Chief, I beg you, listen! I made a promise to my ... my ... never to dance again in public. I am betrothed.’

‘Who, Pumani? Don’t worry about him, I’ll ...’ Snarled the chief.

No, not him, I mean ... I mean Gondo, the boy from college.

‘Stop answering your seniors! Go gather your little girls. Leave this matter to me and your mother. Don’t waste any more time! In a moment, our guest will arrive.’

Continued/...

‘Chief, Gondo and his relatives are coming tonight to ask my mother for my hand. Oh, chief! Do you not see that I must keep myself decent and respectable till everything is settled?’

‘You are mad! Just go before I use my authority!’

‘Chief, I shan’t do it, I shan’t do it! ...’ she was weeping now. The chief glared at her for a moment before leaving the room.

In the forest, the sweepers were clearing away leaves that littered the dance square, women arranged chairs and girls were donning their bangles. Only Nabiyeni remained aloof from the throbbing excitement. The chief’s wives trooped towards the forest glade, colourful and excited.

Suddenly, the chief’s door opened and when Nabiyeni raised her head, ‘Oh! Gondo!’ She exclaimed with happiness. ‘What happened? Where are your relatives?’

‘Dear Nabi! Hear me! Dance, I permit you!’

‘What about ... seeing my people?’

‘That can wait! Your people need you to save them. Hurry up, girl! Don’t be late!’

Continued/...

Questions

- a. i. What was Nabiyeni doing at the market?

(1 mark)

- b. Why did Pumani follow her there?

(1 mark)

- c. What confirms that Nabiyeni did not love Pumani?

(2 marks)

Continued/...

d. How did Pumani know that Nabyeni was in love with Gondo?

(2 marks)

e. What made Nabyeni disobey the chief's order?

(1 mark)

f. Briefly explain how the chief made Nabyeni perform her dance?

(3 marks)

g. 'You are mad!' why did the chief call Nabyeni mad?

(1 mark)

h. Describe one character of the following

i. The chief

(2 marks)

ii. Gondo

(2 marks)

Continued/...

- i. How did Gondo help the chief achieve his plan?

(2 marks)

What evidence shows that people of the Village liked Nabiyeni's dance?

(2 marks)

- j. Give the meaning each of the following words

- i. troupe (paragraph 5) _____ (1 mark)
- ii. betrothed (paragraph 6) _____ (1 mark)
- iii. aloof (paragraph 7) _____ (1 mark)

- k. Explain the meaning each of the following expressions

- i. in every bit as manly and honest (paragraph 2)

(2 marks)

- ii. chasing after (paragraph 3)

(2 marks)

- iii. reach his heart (paragraph 5)

(2 marks)

1. Suggest the suitable title for the passage

(2 marks)

- m. Summarise the passage in your own words. The summary should be between 70 and 100 words.

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(10 marks)

END OF QUESTION PAPER

NB: This paper contains 10 printed pages.